

KFLT-FM
Issues and Programs Report
2021-Q4
October - November - December

Report Prepared and Submitted by Amy Rollins

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This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note:
All times listed are Mountain Standard Time

Summary

In this Quarter the station spent at least the amount of time indicated on the issues that are listed. We have likely dedicated more time, and in some cases much more time than is documented.

ISSUE	Total MINUTES On-Air
Relationships	755
Finances	241
Mental Health	241
Covid	1
Faith	804
Parenting	406
Health	178
Work	61
Marriage	1021
Education	1
Addiction	56
Blended Families	56
Grief	63
Single Parenting	63
Poverty	1379

Issues and Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative Minutes for all airings in that day	How program addressed Issue
Relationships	Mid-Day	10/01/2021	12p	1	Dad protects his family by trapping an alligator in a trash can and wheeling it to a nearby pond.
Mental Health	Morning Show	10/01/2021	8:40 AM	2	Caller shared how FLR provides encouragement when life is routine
Addiction	Intentional Living	10/01/2021	11a & 7p	56 Minutes	Dr. Randy and Dr. Gregg Jantz help you overcome your addiction
Relationships	News	10/04/2021	6a	1	Study shows most of us have done a favor for a neighbor within the last year. Discussed how we can serve our community and neighbors.
Relationships	News	10/04/2021	7a	1	Study says women apologize more than men on average. Discussed the differences and why.
Relationships	Morning Show	10/04/2021	6:10a	2	Sally unexpectedly had to take on a neighbor's plant. Talked about how to accept unexpected tasks with grace.
Marriage	Intentional Living	10/04/2021	11a & 7p	56 Minutes	Dr. Randy helps you be mature in your marriage
Relationships	Morning Show	10/05/2021	6:40a	2	Morning Crew talked about how we can use our talents and passions to share about Jesus.
Health	Intentional Living	10/05/2021	11a & 7p	56 Minutes	Dr. Randy helps you deal with chronic illness
Covid	News	10/06/2021	8a	1	Reported on new pill that helps mitigate COVID symptoms.
Relationships	Morning Show	10/06/2021	7:40a	3	KNF crew discussed this statement: "You are not for everyone". Talked about how it's more important to be yourself than conform to somebody else's perspective.
Relationships	Morning Show	10/06/2021	8:10a	2	Caller shared about how he resolves disagreements with his family and keep things amiable.
Marriage	Intentional Living	10/06/2021	11a & 7p	56 Minutes	Dr. Randy helps you to have a realistic view and vision for your marriage
Relationships	Morning Show	10/07/2021	6:30a	2	Talked about dealing with church hurt and the struggles with our view on others.
Faith	Morning Show	10/07/2021	7 - 9:00am	6	Focused on a verse talking about the brevity of life and how we can keep God in the forefront of our minds while also cherishing life.
Mental Health	Intentional Living	10/07/2021	11a & 7p	56 Minutes	Dr. Randy helps you deal with regrets
Marriage	Intentional Living	10/08/2021	11a & 7p	56 Minutes	Dr. Randy shows you how to have an intimate marriage
Poverty	Community Calendar Spots	10/02/2021-10/08/2021	12am - 11:59pm	7	Fundraiser for local pregnancy center in Tucson supporting women expecting.
Relationships	Afternoon Show	10/11/2021	5:40p	1	McDonald is offering a Thank you meal to teachers this week.
Relationships	Intentional Living	10/11/2021	11a & 7p	56 Minutes	Dr. Randy shows you how to be friendly to your neighbors
Finances	Afternoon Show	10/12/2021	1:15p	1	An App that pairs diners with to go restaurant food at a discounted rate before it is thrown out.

Parenting	Intentional Living	10/12/2021	11a & 7p	56 Minutes	Dr. Randy helps you develop healthy parenting habits
Blended Family	Intentional Living	10/13/2021	11a & 7p	56 Minutes	Dr. Randy and Ron Deal help you have great relationships in your blended family
Finances	Afternoon Show	10/14/2021	5:40p	1	Teachers get a free meal this week at McDonalds
Finances	News	10/14/2021	6a	1	A company is willing to pay \$2500 to anyone who can quit all social media for 25 days. Discussed how to get "unplugged".
Faith	Morning Show	10/14/2021	4-8am	4	Good News: Caller shared story of almost taking his own life and how encountered Jesus in the darkest part of his life.
Relationships	Morning Show	10/14/2021	8:40a	3	Mysti and Sally talked about how being forgiving doesn't always mean restoring a relationship
Marriage	Intentional Living	10/14/2021	11a & 7p	56 Minutes	Dr. Randy and Dr. Todd Linaman share with you when NOT to get married
Faith	News	10/15/2021	7a	2	Talked about how product shortages and shipping problems are causing many to think "Christmas is in jeopardy". We discussed the true meaning of Christmas
Faith	Morning Show	10/15/2021	7:40a	2	Mysti shared about visiting new churches and how intimidating that can feel. Discussed how to make it less awkward.
Parenting	Intentional Living	10/15/2021	11a & 7p	56 Minutes	Dr. Randy shows you how things are caught rather than taught with your kids
Relationships	Community Calendar Spots	10/09/2021 - 10/15/2021	12am - 11:59pm	7	Fall festival in Tucson.
Faith	News	10/18/2021	5-9a	2	The average person wakes up grumpy 300 times out of the year, says survey. Talked about changing focus by having perspective of Jesus.
Marriage	Intentional Living	10/18/2021	11a & 7p	56 Minutes	Dr. Randy shares good communication skills for your marriage
Faith	News	10/19/2021	7a	1	Shared story of Tampa Bay Rays player who had a tumor in his chest but turned it into a testimony of God's glory.
Marriage	Intentional Living	10/19/2021	11a & 7p	56 Minutes	Dr. Randy helps you have healthy relationships with your in-laws
Faith	Morning Show	10/20/2021	6:40a	2	"Your comfort zone is not a good benchmark" - Talked about how God will call us out of our comfort zone to do His will.
Finances	Afternoon Show	10/20/2021	6:10p	1	Taco Bell is giving away free breakfast burritos tomorrow.
Grief	Intentional Living	10/20/2021	11a & 7p	56 Minutes	Dr. Randy and Bobbi Rill help you deal with the grief and loss
Faith	Intentional Living	10/21/2021	11a & 7p	56 Minutes	Dr. Randy helps you have an intentional hope
Relationships	News	10/22/2021	6a	1	With blogs, social media, and TV chefs, studies show that the secret family recipe is fading away. Talked about our favorites and the importance of keeping them alive.
Relationships	Intentional Living	10/22/2021	11a & 7p	56 Minutes	Dr. Randy shares how to have healthy relationships with the opposite sex
Parenting	News	10/25/2021	8a	2	59% of moms told their kids when they were little not to cross their eyes or they'd get stuck that way. Talked about the strangest things we believed or were told as children.

Faith	Morning Show	10/25/2021	6:30a	3	"The waiting room isn't punishment" - talked about how waiting for God can feel like punishment at times, but it's really a time of waiting so that God is positioning you in the best place to receive the most blessing.
Health	Morning Show	10/25/2021	4-8am	4	Good News - Caller shared about son's kidneys being miraculously healed.
Faith	Intentional Living	10/25/2021	11a & 7p	56 Minutes	Dr. Randy and Sue Bohlin help you face the challenge of a child who has left the faith
Relationships	Morning Show	10/26/2021	8:40a	2	Discussed story of teacher illustrating how fairness is more about giving everyone what they need, not giving everyone the same thing. Then connected this to Christian thinking in how God blesses us according to our need which may differ between people. We shouldn't envy others' blessings either.
Faith	Morning Show	10/26/2021	4-8am	4	Good News - Caller shared how she started healing in an AA to becoming church leadership.
Marriage	Intentional Living	10/26/2021	11a & 7p	56 Minutes	Dr. Randy answers your questions on marriage
Relationships	News	10/27/2021	6a	1	Study shows that even though women are thought of as more emotional, men have shown they are just as emotional. Discussed differences in emotionality between the genders.
Work	News	10/27/2021	7a	1	Study shows that we are most productive during our 60s, 70s, and 80s. Talked about what we would want to have accomplished at that age.
Finances	Morning Show	10/27/2021	7:10a	2	Caller shared how she has balanced saving money with using it wisely.
Relationships	Intentional Living	10/27/2021	11a & 7p	56 Minutes	Dr. Randy helps you to know when to confront and when not to confront
Finances	Afternoon Show	10/28/2021	3:40p	1	Black Friday deals are starting in early November at Walmart
Finances	Afternoon Show	10/28/2021	3:10p	1	Small businesses are concerned over supply chain issues for Christmas shopping
Parenting	News	10/28/2021	5a	1	Mom in the UK developed dolls that are designed with cleft palates, feeding tubes, cochlear implants, and so on to help teach kids how to treat those with disabilities and to help those with disabilities feel like they aren't alone.
Relationships	News	10/28/2021	6a	1	Research shows natural disasters help bring couples closer together. Talked about how God has used certain events, like Covid, to help us improve in other ways.
Parenting	Morning Show	10/28/2021	4-8am	4	Good News: Caller shared how that, even though she doesn't have a lot of money, she is "rich in God's love" and she uses that to share optimism and hope with her daughter.
Marriage	Morning Show	10/28/2021	8:40a	2	Talked with Dr. Randy Carlson about dealing with a marriage falling apart. Main thing to do is to focus on what you can change about yourself, not the other person: getting with God, setting up personal counseling, so on.
Relationships	Intentional Living	10/28/2021	11a & 7p	56 Minutes	Dr. Randy helps you to be intentional in your relationships
Work	News	10/29/2021	5-9a	2	90% of people agree the most embarrassing thing to happen in a meeting is for our stomach

					to growl loudly. Discussed how to deal with embarrassing situations at work.
Faith	Morning Show	10/29/2021	6:30a	2	"Judas Ate, too" - Talked about how Jesus is so kind to us and will always be, even if we directly betray Him.
Faith	Morning Show	10/29/2021	4-8am	4	Good News: Caller shared about how she received peace during a stressful time in her life dealing with some medical issues.
Faith	Morning Show	10/29/2021	5-9a	4	Joy Report: Caller shared how he went to jail randomly and was able to help lead a prisoner there to salvation.
Marriage	Intentional Living	10/29/2021	11a & 7p	56 Minutes	Dr. Randy and Dr. Todd Linaman share examples of when not to get married
Faith	Spots	10/18/21 - 10/31/21	12am - 11:59pm	364	Prayer for Local Community Issues in Tucson
Health	News	11/01/2021	6a	1	Reported on Army Specialist who saved a cat overseas through a program called "Paws of War".
Parenting	News	11/01/2021	7a	1	Most parents admit to taking at least a third of their kid's candy haul from Halloween.
Health	Morning Show	11/01/2021	8:10a	2	Kank says he feels older based on conversations about health issues he'll have with his neighbor.
Marriage	Morning Show	11/01/2021	8:40a	2	Talked with Dr. Randy about the 5 stages of a relationship and the importance of self-awareness in the relationship.
Marriage	Intentional Living	11/01/2021	11a & 7p	56 Minutes	Dr. Randy shows you the necessity of love and respect in marriage
Work	Morning Show	11/02/2021	8:10a	2	Caller shared the importance of taking vacation and getting rest but acknowledging that leaving can be difficult depending on your profession.
Finances	Intentional Living	11/02/2021	11a & 7p	56 Minutes	Dr. Randy asks what advice you'd give to a younger self
Parenting	News	11/03/2021	5-9a	4	Teen screen time more than doubled during the pandemic. Talked about ways to monitor and manage for kids.
Marriage	Intentional Living	11/03/2021	11a & 7p	56 Minutes	Dr. Randy talks about expectations in marriage
Relationships	News	11/04/2021	6a	1	Reported on new trend that takes leftover Halloween candy to give to people in service industries.
Faith	Morning Show	11/04/2021	4-8am	2	Good News: Caller shared how her son is a recovering addict and recently received Jesus.
Marriage	Morning Show	11/04/2021	8:10a	2	Dr Randy Carlson joined us to talk about perceptions in marriage and how unrealistic expectations can damage a relationship.
Marriage	Intentional Living	11/04/2021	11a & 7p	56 Minutes	Dr. Randy helps you to have a lasting marriage
Relationships	News	11/05/2021	5-9a	3	Shared story of others footing the bill for strangers' needs.
Mental Health	Morning Show	11/05/2021	6:40a	2	Talked about the common habits of happy people.
Marriage	Morning Show	11/05/2021	7:40a	2	Dr. Randy Carlson joined us to talk about good love habits; pouring into one another to foster a better relationship.
Parenting	Intentional Living	11/05/2021	11a & 7p	56 Minutes	Dr. Randy helps you and your spouse to be on the same page when it comes to parenting

Relationships	Community Calendar Spots	10/30/2021 - 11/05/2021	12am - 11:59pm	7	Marana Farm Fair with food trucks, petting zoo, and vendors for the whole family.
Marriage	Intentional Living	11/08/2021	11a & 7p	56 Minutes	Dr. Randy answers your questions on marriage
Finances	News	11/09/2021	6a	1	Shared story of family that downsized by giving up more than half of what they had. Discussed minimalist lifestyle.
Marriage	Morning Show	11/09/2021	5-9a	4	Joy Report: Caller shared how he is soon to be married and how God directed him to his soon-to-be bride.
Parenting	Intentional Living	11/09/2021	11a & 7p	56 Minutes	Dr. Randy has advice on how to be an intentional parent with your adult kids
Work	News	11/10/2021	5a	1	Study shows that women are less likely to ask for a deadline extension at work and it causes burnout. Discussed the stigma against asking for help
Mental Health	Morning Show	11/10/2021	6:30a	2	Talked about ways to reduce stress during holidays such as enjoying the imperfection and finding rest in duty delegation.
Faith	Morning Show	11/10/2021	8:40a	2	Talked about difficulties of entering worship at church and the importance of engaging with God.
Finances	Intentional Living	11/10/2021	11a & 7p	56 Minutes	Dr. Randy and Parkey Thompson help you to be intentional with your finances
Relationships	Intentional Living	11/11/2021	11a & 7p	56 Minutes	Dr. Randy shows you the necessity of forgiveness
Marriage	Intentional Living	11/12/2021	11a & 7p	56 Minutes	Dr. Randy answers your questions on marriage
Mental Health	Community Calendar Spots	11/06/2021 - 11/12/2021	12am - 11:59pm	7	Virtual seminar on Alzheimer's and dementia based in Tucson.
Relationships	News	11/15/2021	5-9a	2	A new study says we are twice as likely to be happy with our lives if we find some way to give back.
Relationships	News	11/15/2021	7a	1	A new study confirms that making friends as an adult is extremely difficult because it no longer happens organically.
Education	News	11/15/2021	8a	1	Shared story of a teacher who has a mirror and has students use it as a tool for self-affirmation.
Marriage	Intentional Living	11/15/2021	11a & 7p	56 Minutes	Dr. Randy helps you to make wise decisions when it comes to getting married
Relationships	News	11/16/2021	6a	1	With all the division happening in our country, 3 in 5 families are banning family members from the Thanksgiving and Christmas gatherings this year, for one reason or another. Rather than banning people, focus on commonalities
Parenting	Intentional Living	11/16/2021	11a & 7p	56 Minutes	Dr. Randy helps you parent up and power down
Mental Health	News	11/17/2021	5-9a	2	New research says that people who decorate for Christmas early are happier people.
Health	Intentional Living	11/17/2021	11a & 7p	56 Minutes	Dr. Randy and King Hoover help you to be intentional about your health
Relationships	Afternoon Show	11/17/2021	5:10p	2	Tucson high schools help a local elderly woman decorate for Christmas
Parenting	Intentional Living	11/18/2021	11a & 7p	56 Minutes	Dr. Randy and Sue Bohlin help you face the challenge of a prodigal child
Relationships	Intentional Living	11/19/2021	11a & 7p	56 Minutes	Dr. Randy helps you to be intentional in your relationships

Poverty	Spots	11/01/21 - 11/21/21	12am - 11:59pm	588	Aired locations for listeners to drop off a toy for a disadvantaged child in the Valley and Tucson.
Finances	News	11/22/2021	6a	1	63% of parents say they are all about saving money by purchasing knock-off toys. Discussed pros and cons of choosing either the name brand or knock-off.
Relationships	Intentional Living	11/22/2021	11a & 7p	56 Minutes	Dr. Randy asks about the person with the greatest impact on your life.
Parenting	Intentional Living	11/23/2021	11a & 7p	56 Minutes	Dr. Randy answers your questions on parenting
Faith	Intentional Living	11/24/2021	11a & 7p	56 Minutes	Dr. Randy asks what it means to be thankful
Relationships	Intentional Living	11/25/2021	11a & 7p	56 Minutes	Dr. Randy helps you to celebrate Thanksgiving
Finances	Intentional Living	11/26/2021	11a & 7p	56 Minutes	Dr. Randy and Parkey Thompson give you budgeting advice
Relationships	Community Calendar Spots	11/20/2021 - 11/26/2021	12am - 11:59pm	14	Christmas festival in Tucson
Poverty	Spots	11/01/21 - 11/28/21	12am - 11:59pm	784	Aired locations for listeners to drop off a toy for a disadvantaged child in San Luis Obispo, Santa Maria, Flagstaff, Chattanooga, Warner Robins, Tucson and Phoenix.
Health	Morning Show	11/29/2021	7:40a	2	Talked about how long to keep Thanksgiving leftovers.
Health	Intentional Living	11/29/2021	11a & 7p	56 Minutes	Dr. Randy helps you to be intentional in making changes in your life
Marriage	Intentional Living	12/06/2021	11a & 7p	56 Minutes	Dr. Randy helps you have healthy relationships with your in-laws
Marriage	Intentional Living	12/07/2021	11a & 7p	56 Minutes	Dr. Randy helps you have an intentional marriage
Marriage	News	12/08/2021	7a	1	65% of couples say that on their last vacation, they fought because one of them wouldn't stop checking work emails. How do you unplug from work when you're not there?
Relationships	News	12/08/2021	8a	1	A new study says we disengage from a conversation after three minutes. How have you found a way to stay focused on the person you're talking to, and really investing yourself in the conversation and in them?
Faith	Morning Show	12/08/2021	7:40a	2	"Your calling is calling" - Talked about ways to find the calling that God has put on your life through personal interests and other avenues.
Mental Health	Intentional Living	12/08/2021	11a & 7p	56 Minutes	Dr. Randy and Dr. Gregg Jantz help you to have better mental health
Faith	Morning Show	12/09/2021	7:40a	2	Mysti shared about struggling to pray over a scary health situation but shared how her mom reframed things for her.
Mental Health	Intentional Living	12/09/2021	11a & 7p	56 Minutes	Dr. Randy helps you to face the stresses of life
Health	Morning Show	12/10/2021	7:10a	2	Caller shared that drinking Hot Ginger Ale was and is still used commonly to soothe stomachaches.
Faith	Morning Show	12/10/2021	8:10a	2	"I want to reach for God like I reach for my phone" - Talked about statement FLR Artist

					made and discussed the importance of reaching out to God and want to be with Him.
Faith	Intentional Living	12/10/2021	11a & 7p	56 Minutes	Dr. Randy helps you to experience hope in your life
Relationships	Morning Show	12/13/2021	6:40a	2	Mysti talked about experience she had with fast food worker and led to discussion about the importance of treating those in the service industry with grace and kindness.
Faith	Morning Show	12/13/2021	7:40a	2	"Fitting in" - Talked about how Mary must've had a hard time fitting in, being an outcast from religious people, her community, and so on, but found that she belonged with Jesus.
Finances	Evening Show	12/13/2021	8p	1	Listener shares how to avoid marketing traps during the Christmas shopping season by having all shopping done before Thanksgiving.
Relationships	Intentional Living	12/13/2021	11a & 7p	56 Minutes	Dr. Randy helps you to establish healthy boundaries in difficult relationships
Finances	Morning Show	12/14/2021	8a	5	Lisa Anderson of "The Boundless Show" shared holiday budgeting tips.
Relationships	Afternoon Show	12/14/2021	4:40p	2	A widow buys a gift card for the amount his late wife would've spent in the days since her passing at coffee shop and the man gives the card to the cashier and tells him to pay for everyone in lines until it runs out.
Relationships	News	12/14/2021	6a	1	Talked about opportunities to pay it forward for someone else.
Single Parents	Intentional Living	12/14/2021	11a & 7p	56 Minutes	Dr. Randy helps you to be an intentional single parent
Relationships	Afternoon Show	12/15/2021	5:40p	2	A company sending their annual Christmas cards sent one to a wrong address but it became an opportunity to love on a neighbor
Parenting	Morning Show	12/15/2021	7:10a	2	"You're still a good mom" - Talked about the stress of the holiday season and how that can pressure moms to feel like they should do so many things to make Christmas perfect. Rather, it's better not to compare and just enjoy each other.
Faith	Intentional Living	12/15/2021	11a & 7p	56 Minutes	Dr. Randy and Kerby Anderson examine the condition of faith in the church
Relationships	Morning Show	12/16/2021	7-9am	2	Matthew West Interview - Talked about the joy of family time
Marriage	Intentional Living	12/16/2021	11a & 7p	56 Minutes	Dr. Randy asks what one thing you have done to make your marriage successful
Relationships	Morning Show	12/17/2021	6-9a	10	Matthew West Interview - Talked about having compassion despite suffering.
Work	Intentional Living	12/17/2021	11a & 7p	56 Minutes	Dr. Randy helps workaholics establish a healthy balance in their marriage
Single parents	Community Calendar Spots	12/11/2021 - 12/17/2021	12am - 11:59pm	7	Single moms support group with free dinner for moms and kids in Tucson.
Relationships	Intentional Living	12/20/2021	11a & 7p	56 Minutes	Dr. Randy shares the importance of forgiving others.
Finances	Afternoon Show	12/21/2021	2:10p	1	American spend an average of a weekly wage for Christmas.
Finances	Intentional Living	12/21/2021	11a & 7p	56 Minutes	Dr. Randy helps you to make healthy financial decisions.
Mental Health	Intentional Living	12/22/2021	11a & 7p	56 Minutes	Dr. Randy helps you to make sense out of life

Relationships	Intentional Living	12/23/2021	11a & 7p	56 Minutes	Dr. Randy asks for your favorite childhood Christmas memory
Faith	Intentional Living	12/24/2021	11a & 7p	56 Minutes	Dr. Randy reveals the Biblical history behind Christmas
Grief	Community Calendar Spots	12/18/2021 - 12/24/2021	12am - 11:59pm	7	Grief share meetings for those who have lost a loved one in Tucson.
Relationships	Afternoon Show	12/27/2021	6:10p	2	A group of people got together to bless a single mom waitress with a \$1500 tip allowing her to get Christmas presents for her kids.
Relationships	Intentional Living	12/27/2021	11a & 7p	56 Minutes	Dr. Randy helps you to establish healthy boundaries
Marriage	Intentional Living	12/28/2021	11a & 7p	56 Minutes	Dr. Randy helps you to have an Intentional marriage through better communication
Mental Health	News	12/29/2021	5-9a	2	Bummed you must take down your holiday decorations? This might cheer you up: Psychologists say decorations can be kept all year long. This may just be an effective strategy for helping you deal with 2022.
Faith	Intentional Living	12/29/2021	11a & 7p	56 Minutes	Dr. Randy asks; “what is the one word you’ve chosen for the new year?”
Health	Evening Show	12/30/2021	8p	1	A study from Duke University says dust buildup in your house can cause weight gain.
Faith	Intentional Living	12/30/2021	11a & 7p	56 Minutes	Dr. Randy asks you to declare your intention for your faith journey.

