

QUARTERLY LIST OF PROGRAMMING PROVIDING THE MOST SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

July 1, 2016-September 30, 2016

The following issues were identified as significant and addressed by WXTX in order to serve the community and act in the public interest as set forth by the Federal Communications Commission:

- 1. Community Involvement including volunteerism, blood drives and increased pride in the community
- 2. Crime/Safety including crime prevention, fire safety and police conduct.
- 3. Economic Development including local government issues, job opportunities and state of the economy.
- 4. Education including education standards, school safety, efforts to keep up with growth in the area and budget changes.
- 5. Environment I including news about air and water quality, litter issues and pollution in our DMA
- 6. Health Services and Medical Care including health education and awareness, healthcare for the elderly, parenting and family issues and affordable healthcare.

- 7. Military including news about and news of interest to our vast military audience.
- 8. Minority Issues including news about racial issues, diversity efforts and opportunities available to our minority viewers.

DESCRIPTION OF PROGRAMS PROVIDING MOST SIGNIFICANT TREATMENT OF COMMUNITY ISSUES

| <u>PROGRAM</u> | <u>DAYS</u> | <u>TIMES</u> |
|-----------------|-----------------|-------------------|
| WXTX Fox54 News | Monday – Friday | 10:00PM - 11:00PM |
| WXTX Fox54 News | Saturday–Sunday | 10:00PM - 10:30PM |
| WXTX Fox54 News | Monday -Friday | 7:00PM - 7:30PM |

All of the above programs are locally produced news programs presenting a mix of news, weather, sports, and issue-related features stories. Issue-responsive program segments are usually one to three minutes in duration, unless otherwise indicated.

For Men Only

We examine health, social, and consumer issues that can improve the lives of men.

The Real Monday - Friday 2:00PM - 3:00PM

The Reel has daily discussion of issues of Community Involvement, Crime/Safety, Health Services and Medical Care, Minority Issues. "The Real" is hosted by five bold, diverse and outspoken women -- Tamar Braxton,

Tamera Mowry-Housley, Loni Love, Jeannie Mai and Adrienne Bailon. They reflect the home audience and unapologetically say what women are actually thinking.

Their unique perspectives are brought to life in their candid conversations about topics ranging from their own personal lives to the news of the day, to beauty, fashion and relationships.

The hosts are all going through varied life experiences, including new motherhood, new marriages, dating and single life, which relate to every woman's own trials and tribulations. Unlike other talk shows, each of the hosts is admittedly a "work in progress" and fearlessly invites the home audience into their lives. Their fresh point of view, youthful energy and passion turn the traditional talk show on its head.

Dr. Oz Show

Monday - Friday 1:00PM - 2:00PM

Dr. Oz has daily discussion of issues of Medical Interest, and this show that contains daily discussion of issues of Community Involvement, Crime/Safety, Health Services and Medical Care, Minority Issues.

Crime Watch Daily

Monday - Friday 4:00PM - 5:00PM

We air this show that contains daily discussion of issues of Community Involvement, Crime/Safety, Health Services and Medical Care, Minority Issues.

Public Service Announcements Any Day Any Time

The station broadcasts local and non-local public service announcements varying in length throughout

Program: The Real

Air Time: 2:00p - 3:00 pm

Air Days: Monday – Friday

Approx. Program Length: One Hour

Program Synopsis:

About "The Real"

The Real is a new one-hour, daily talk show hosted by the dynamic team of Tamar Braxton, Tamera MowryHousley, Loni Love, Jeannie Mai and Adrienne Bailon, that debuts Monday, September 15, 2014, on Fox Television Stations and in national syndication (check local listings), with a rebroadcast in primetime on cable network BET. Led by five bold, diverse and outspoken hosts, these women reflect the home audience and unapologetically say what women are actually thinking. Their unique perspectives are brought to life through their candid conversations about topics ranging from their own personal lives to the news of the day to beauty, fashion and relationships. Produced by Telepictures Productions and distributed by Warner Bros. Domestic Television Distribution, *The Real* originates from Los Angeles. SallyAnn Salsano (*Jersey Shore, Party Down South, HGTV Design Star, The Bachelor*) is executive producer.

Airs: Monday, July 4th

Show #2056(R)

DEON COLE (Actor, Angie Tribecca)

JODIE SWEETIN: Jodie Sweetin guest co-hosts.

"Fashion Fountain of Youth": Tips to make old fashion items current.

"Heel of Fortune": One lucky audience member races against the clock to grab as many pairs of shoes as possible while not going over or under a set price range.

"Double Duty Beauty": Beauty items that have two uses.

Airs: Tuesday, July 5th

Show #2083(R)

TYLER PERRY (writer/director/producer *The Have and the Have Nots*)

"Hostess with the Mostess": An audience member gets the chance to win up to \$500 if they can correctly guess which host is holding a hidden amount of money from \$1-\$500.

Airs: Wednesday, July 6th

Show #2107(R)

"The Real Golden Girls of Daytime"

"Tamar to the Grammys": Co-host Tamar Braxton gives viewers a sneak peak of preparing her Grammy look.

"Grandma Knows Best": Best life advice from the person who's seen it all – Grandma! "Spoiler Alert (Grandma Race)": The ladies compete against one another as their "Golden Girls of Daytime" alter egos, to win a prize for the audience.

Airs: Thursday, July 7th

Show #2113(R)

MARSAI MARTIN & MILES BROWN (Actors, black-ish)

"60 Minutes to Glam": The Real glam squad surprises a fan with a makeover during the length of the show.

"Library Surprise": The Real gives an elementary school's library and its students a big surprise.

Airs: Friday, July 8th

Show #2117(R)

"Disguised Foods": How to disguise the foods you hate inside the foods you love.

"Makeup Dupes": Comparing high end makeup to drugstore bargain brands, can you tell which is which?

"Down to the Wire": Fans o the show are challenged by the hosts to see who knows more about the show in the quickest amount of time.

"You Tried It!": Co-host Tamar Braxton offers advice on relationships

Airs: Monday, July 18th

Show #2164(R)

JAMAL BRYANT, JOHN GRAY, DR. DEWEY SMITH, ORRICK QUICK (Co-hosts, *The Preachers*)

"Not Your Average Braids": Everything you need to know about braids, twists and locks

"Teacher Story": The Real surprises a deserving elementary school teacher with a gift.

"Mega Gab Bag". The ladies give away a fabulous designer bag.

Airs: Tuesday, July 19th

Show #2115(R)

MATT MCGORRY (Actor, How To Get Away With Murder, Orange is the New Black)

"Nail Trends": Tips to do the latest and greatest nail art on yourself at home.

"Glam Safety": A peak at the newest gadgets out there that keep you safe in style.

"Dimestore to Deluxe": An audience member plays a game to win fabulous shoes.

Airs: Wednesday, July 20th

Show #2098(R)

"Black HERStory": Celebrating amazing women who inspire: Dr. Mae Jemison, physician and NASA astronaut.

"Pastry Chef Surprise": A hunky chef surprises one of the co-hosts and teaches her how to make a decadent dessert.

"Fake It or Take It with a Fan": Audience members determine the real product from the knockoff for a chance to win designer pieces.

Airs: Thursday, July 21st

Show #2118(R)

TAMELA & DAVID MANN (Stars, It's a Mann's World)

"Who Am I?": The hosts take a DNA test and the results will be revealed on the air.

Airs: Friday, July 22nd

Show #2043(R)

ISAIAH MUSTAFA (Actor, *Shadowhunters*) **BEVY SMITH:** Bevy Smith guest co-hosts.

"Bangin' Biscuits": Remake recipes on the classic biscuit.

"No Filter": Viewers and audience members ask the hosts their most burning

questions.

Airs: Monday, August 1st

Show #2158(R)

RYAN GUZMAN (Actor, Everybody Wants Some)

JACK HANNA (Animal Expert)

Hot Dogging Around the Country": How different cities around the U.S. make their hot dogs taste great!

"Makeup Wonders": New makeup must have that will change how you do your makeup.

Airs: Tuesday, August 2nd

Show #2144(R)

EVE (Musician, Co-star, *Barbershop: The Next Cut*)

"You Tried It!": Co-host Tamar Braxton offers advice on relationships.

"Make the Cut": Two contestants compete in a game of trivia questions about the Barbershop movie franchise.

Airs: Wednesday, August 3rd

Show #2103(R)

"Rumor Mill": YBF.com Founder Natasha Eubanks joins the table and dishes on the latest tea in pop culture.

"Pinterest Wars": The ladies square off in two teams to complete a surprise project in 90 seconds.

"Powder Puff Game": Fun activities to do instead of watching the Super Bowl.

"Catch Your Coin with Home Fan": Contestant must answer trivia questions to get more time in the money booth for each correct answer.

Airs: Thursday, August 4th

Show #2100(R)

JUDGE MATHIS (Host, Judge Mathis)

"Makeup Miracle": Tips to get more life and use out of your favorite cosmetics.

"9 Year-old Scientist": Young scientist leads the ladies in a foamy experiment.

"Trivia Purse-Loot with Fan": Contestants answer trivia questions for a chance to win cash and prizes.

Airs: Friday, August 5th

Show #2137(R)

STEVE HOWEY (Actor, *Shameless*)

"Adrienne's Lux Life": Co-host Adrienne Bailon offers up her favorite tips related to beauty, fashion and accessories.

"Hunger Hotline Late Night Edition": Healthier alternatives to commonly eaten foods late at night.

Monday, August 15^h

Show #2010(R)

KAITLIN DOUBLEDAY (Actress, Empire)

BRANDI & MAX LUX (Stars, Love & Hip Hop Hollywood)

"The Real Emmys": Co-host Loni Love reports from the Primetime Emmy Awards Red Carpet.

"Empire Fashion": Fashion looks inspired by the television series Empire.

Tuesday, August 16th

Show #2024(R)

KELIS (Musician and Chef, My Life on a Plate: Recipes From Around the World)

"Lies You Tell": Audience members have to determine which host is telling them a truth or a lie.

"#Laughing While Black": The women kicked off the Napa Valley Wine Train for laughing share their experience.

Wednesday, August 17h

Show #2126(R)

ANTHONY HAMILTON (Musician)

"One Simple Wish": Organization that grants small wishes to children in the foster care system is given a gift of their own by the hosts.

"What Would Tamera Do?": Co-host Tamera Mowry-Housley gives advice to the viewers.

Thursday, August 18th

Show #2017(R)

- "Tamar's Cooking Course": Co-host Tamar Braxton teaches us how to make her famous spaghetti dish.
- "Matchmaking Mixer": The ladies put together a group of single men and women to see how they mingle.
- "Steals on The Real": The hosts offer highly discounted fashionista finds.

Friday, August 19th

Show #2020(R)

MALIKA AND KHADIJAH HAQQ (Television Personalities, Dash Dolls)

- "Stroller Snap-back": The hosts give tips on how to lose the baby weight.
- "Down to the Wire": Fans of the show are challenged by the hosts to see who knows more about the show in the quickest amount of time.
- "Real News": Off the wall stories and other oddities that have made the recent news.

Airs: Monday, August 29th

Show #2033(R)

CHRIS D'ELIA, RON FUNCHES, RICK GLASSMAN, BRENT MORIN (Cast,

Undateable)

"60 Min to Glam": The Real glam squad makeover a fan head to toe during the length of the show.

Airs: Tuesday, August 30th

Show #2052(R)

JIDENNA (Musician)

"Big Hair, Don't Care": Teen targeted by her school and bullied for refusing to cut her naturally big, beautiful hair, created a hair care line.

"You Go Curl": Tips to care for natural curly hair.

Airs: Wednesday, August 31st

Show #2060(R)

JOHN O'HURLEY (Host, *The National Dog Show*)

- "TAHJ MOWRY": Tahj Mowry guest co-hosts.
- "Mega Trivial Purse-Loot": Contestants answer trivia questions for a chance to win cash.
- "Single Girls Guide to the Holidays": Tips for singles to flourish during holiday events.

Airs: Thursday, September 1st

Show #2031(R)

MARK-PAUL GOSSELAAR, VANESSA LACHEY, TONE ELL, BRESHA WEBB (Cast, Truth Be Told)

"Kids Caring About Costumes": 9 year-old Shelby Philion's crusade to insure every child has a Halloween costume.

"Closet Cash": Easy ideas to make money from clothes in the back of your closet.

Airs: Friday, September 2nd

Show #2050(R)

BIG BOY (Radio Personality)

MEL B.: Mel B. guest co-hosts.

"Attacking Adult Acne": Causes of and how to combat adult acne.

"Hack Attack": The ladies demonstrate simple solutions for some everyday problems.

Airs: Monday, September 12th

Show #3003

MONICA (Singer/Songwriter)

ISRAEL HOUGHTON (Singer/Songwriter/Worship Leader)

"So Gone Challenge": Contestants compete with their own rhymes to the beat of singer Monica's hit song "So Gone" to win a cash prize and a surprise judge weighs in. "The Real Claw:" The debut of a gigantic version of the popular claw arcade game The Real Fan-Cash-tic Giveaway:" In the first giveaway, the ladies surprise a deserving fan with a much needed \$10,000.

Airs: Tuesday, September 13th

Show #3005

NAYA RIVERA (Actress/Singer/Author, *Sorry, Not Sorry*) in her first television interview about her memoir.

"We Tried It!:" the hosts put the cupping treatment to the test to see if it really works "I Second That Emoji": The ladies and audience members team up and square off to decipher the meaning of emojis.

Airs: Wednesday, September 14th

Show #3007

TOYA WRIGHT (Reality Star/Author)

"Gab Bag": The ladies give away a fabulous designer bag.

"ESSENCE": The ladies give viewers a behind-the-scenes look at their trip to New Orleans and *The Real*'s very first LIVE show.

Airs: Thursday, September 15th

Show #3009

"Style File:" The Real glam squad makes over a deserving individual.

"Fake It or Take It:" Audience members determine the real product from the knockoff for a chance to win designer pieces.

Airs: Friday, September 16th

Show #3008

BRYSHERE YAZZ GRAY (Actor, *Empire*)

"Bright Lights Big Money:" Contestants must match lighting sequences with previous ones to win cash prizes.

"Loni Hunts for Poke-Men:" Co-host Loni Love tracks down the elusive popular characters with comedic results.

Program: Dr. Oz

Air Time: 1:00 - 2:00 pm

Air Days: Monday – Friday

Approx. Program Length: One Hour

Program Synopsis:

"The Dr. Oz Show" is the syndicated daily series hosted by Daytime Emmy Award-winning host, Dr. Mehmet Oz, trusted health expert, best-selling author and world-renowned cardiac surgeon. "The Dr. Oz Show" is an entertaining, high octane, multi-topic hour that is equal parts life-saving information combined with an "embarrassment-free zone" sensibility where nothing is off limits or out of bounds. The show is all about YOU -- what impacts viewers, their families, their health and their well-being. "The Dr. Oz Show" is co-produced by Harpo Productions and Sony Pictures Television (SPT) and distributed by SPT. "The Dr. Oz Show" tapes in the legendary Studio 6A in New York's 30 Rockefeller Plaza.

ISSUE: Health Services and Medical Care

MONDAY, JULY 4, 2016

SHOW #7-109 – "CAUGHT IN THE ACT: OZ INVESTIGATES THE BUTT ENHANCEMENT BLACK MARKET" (R)

It's one of the fastest growing medical scams out there: black market butt injections. We go undercover to infiltrate the back rooms and dangerous offices to expose the dark, disfiguring, deadly truth. Plus, what is diet soda belly and how to get rid of it without giving up diet soda. Then, fitness hunk Shaun T. surprises Dr. Oz's wife Lisa with a one-of-a-kind workout.

TUESDAY, JULY 5, 2016

SHOW #7-181 - "DOCTOR CONFESSIONALS: THE SECRETS THEY'RE NOT SHARING WITH YOU"

All New: Doctors are coughing up their best-kept secrets so you can be a smarter and more informed patient. We go behind the scenes to see why it takes so long for a doctor to see you, the best time to have a procedure done and more. Then, host of The Talk Sheryl Underwood opens up about the condition that left her devastated and weighs in on why women are drinking more. Plus, from heroin addict to PTA mom: the story every family needs to see.

WEDNESDAY, JULY 6, 2016

SHOW #7-006 - "WHAT'S REALLY BEHIND DAD BOD?"

All New: It's the phenomenon that started with shirtless photos of celebs from Leonardo DiCaprio to Seth Rogan proudly sporting their beach ball bellies. We uncover the real reason for your husband's dad bod and find out if a little bit of belly is actually okay. We have a plan that will work for anyone who's put on weight after having kids. Then, health advice from your stretch pants. Do they make you eat more? We have the surprising answer.

THURSDAY, JULY 7, 2016

SHOW #7-177 – "OZ INVESTIGATES: WHY YOU CAN'T POOP ON VACATION AND OTHER SUMMER HEALTH DILEMMAS"

All New: Ever wonder why when you're on vacation you have to "go" but you can't "go"? There's an actual medical reason behind vacation constipation. We investigate. Then, 66 clever ways to have a road trip that won't blow your diet. And, Today Show's Hoda Kotb reveals her secrets for waking up with all the energy you need to get through the day.

FRIDAY, JULY 8, 2016

SHOW #7-141 – "DR. OZ INVESTIGATES DIET ICE CREAM: ARE THE INGREDIENTS MAKING YOU FAT?" (R)

You think diet ice cream and frozen yogurt are healthy, but are they making you fat? We investigate the ingredients that may cause you to pack on the pounds. Then, the 28-day challenge to shrink your stomach. See the meals you should be eating to be beach-ready in less than a month.

MONDAY, AUGUST 8, 2016

SHOW #7-100 – "WHISTLEBLOWER: THE CATTLE RANCHER WHO IS SOUNDING THE ALARM ON THE BEEF INDUSTRY" (R)

A cattle rancher who turned his back on the corporate beef industry sounds the alarm. What he wants you to know about the meat you're feeding your family. Plus, is grass-fed beef really worth the money? How you can eat the good stuff while saving money. And, if you live on takeout and frozen meals, Rocco DiSpirito shows you how to break free of the box and eat healthier.

TUESDAY, AUGUST 9, 2016

SHOW #7-091 – "WHY BEING DISORGANIZED IS WRECKING YOUR LIFE: HOW TO STOP IT NOW" (R)

The easiest way to de-clutter your kitchen, your bedroom and your life from organization guru Peter Walsh. Plus, the mind-body trick you're not using that could change your life and how to harness your inner power to get what you want.

WEDNESDAY, AUGUST 10, 2016

SHOW #7-082 - "THE SECRETS OF A HIGH-FUNCTIONING ALCOHOLIC" (R)

A mom living a dangerous double life reveals the dark secret that nearly destroyed her family. How she hid her alcohol addiction while maintaining a "normal" life and what she did to finally get help. Plus, confessions of an online shopper. The plan to stop impulsive online spending.

THURSDAY, AUGUST 11, 2016

SHOW #7-126 - "PENN JILLETTE'S INCREDIBLE WEIGHT LOSS AND IT WASN'T MAGIC" (R)

Penn Jillette like you've never seen him before. This is the magician's biggest disappearing act yet. See how he lost a whopping 110 pounds. He shares his #1 secret to losing weight, his unique diet plan and special zero calorie treat. Plus, amazing skin removal transformations. And, Shaun T's 5-minute buttblasting

work out.

FRIDAY, AUGUST 12, 2016

SHOW #7-076 - "SUSAN LUCCI OPENS UP ABOUT HER GRANDSON'S HEALTH" (R)

TV legend Susan Lucci opens up about a serious family health issue she's been dealing with privately for years. Susan also reveals the horrifying accident that almost left her disfigured as her career was just starting.

MONDAY, AUGUST 15, 2016

SHOW #7-163 - "BACK FROM THE DEAD STORIES: THE MAN WHO SAID HE WENT TO HELL" (R)

Never in the history of this show has anyone seen hell and come back to talk about it - until now. You'll hear from a man who says his experience in hell was so bone chilling – it changed his life forever. This show will make you question everything you know about life and death. Then, psychic mediums Char Margolis and John Edward come together to share exactly how their powers work and how you can tap into your intuition.

TUESDAY, AUGUST 16, 2016

SHOW #7-148 – "WHY THE CREATOR OF THE FAST DIET SAYS EVERYTHING YOU'VE BEEN TOLD ABOUT WEIGHT LOSS IS WRONG" (R)

This may be the weight loss breakthrough you've been waiting for, but is it right for you? Meet the expert who says you've been dieting all wrong and how to fix it FAST. Then, what would you do if you or your child needed a lifechanging

treatment but insurance won't pay for it? Montel Williams sounds off!

WEDNESDAY, AUGUST 17, 2016

SHOW #7-142 - "WAIST TRAINER DISASTERS YOU HAVE TO SEE TO BELIEVE" (R)

Extreme waist training. It's one of the most controversial diet trends we've ever covered and celebrity Instagrams like Kim Kardashian's are fueling the fire. Meet women who are sabotaging their health, even removing ribs, to achieve an hourglass figure, but at what cost? And, the new green detox soup for weight loss.

THURSDAY, AUGUST 18, 2016

SHOW #7-140 – "FOOD TRUTH: THE HEALTHY COFFEE YOU SHOULD BE DRINKING RIGHT NOW IF YOU ONLY KNEW ABOUT IT" (R)

Give your cup of joe a jolt! From dark roasts to mild or medium blends, we show you how to get maximum benefits out of the healthier coffee you should be drinking. Then, protein-boosted foods. Are they healthy and safe? Plus, blueberry muffins, cereals and yogurt. It turns out those blueberries may not be blueberries after all. We uncover what they are in our food truth power hour.

FRIDAY, AUGUST 19, 2016

SHOW #7-160 - "DO YOU HAVE CHRONIC FATIGUE? THE REAL REASON YOU HAVE NO ENERGY" (R)

Do you wake up exhausted after a night of sleep? Your morning routine may be to blame! We uncover the real reason you're so tired and the foods that help fight fatigue. Plus, help to stop living paycheck to paycheck. We show you where to start in order to get your finances under control and reveal the #1 thing you have to ask yourself to get real about your money.

MONDAY, AUGUST 29, 2016

SHOW #7-159 – "OZ INVESTIGATION: INSIDE THE PLACES YOU GO MOST: MOVIE THEATER CONCESSION STANDS" (R)

Could your movie theater have some disturbing health violations? See what's lurking at the concession stand, on the armrests, cup holder and more. Then, "The Real" host Loni Love tries the latest health food products you want to know about and, she shares her guilt-free bacon makeovers for bacon lovers. Plus, the spoon hacks to up the game on your diet.

TUESDAY, AUGUST 30, 2016

SHOW #7-123 – "DRUGS, ALCOHOL, AND PILLS: WHAT REALLY HAPPENED WITH AMERICA'S FAVORITE SITCOM KIDS" (R)

You grew up watching your favorite sitcom kids, but what happened behind the scenes when the cameras stopped rolling? The stars of "Growing Pains", "Everybody Loves Raymond" and Danny Bonaduce from "The Partridge Family" break their silence. They reveal how they got hooked on drugs and alcohol and eventually overcame their battles with addiction.

WEDNESDAY, AUGUST 31, 2016

SHOW #7-075 - "FOOD TRUTH SERIES: WHAT YOU NEED TO KNOW ABOUT PROCESSED MEATS" (R)

You've seen the headlines. Do processed meats cause cancer? Now, Dr. Oz cuts through the clutter to reveal what you need to know in our Food Truth Series. Plus, why the FDA is cracking down on "all-natural" foods. And, Hungry Girl's 10 power protein meals.

THURSDAY, SEPTEMBER 1, 2016

SHOW #7-054 - "MICHAEL STRAHAN'S RULES TO WIN BIG AND TRANSFORM YOUR LIFE" (R)

Why you should start your day like Michael Strahan. What's the one ingredient that makes rice lose half its calories? Plus, is tea the cure-all you haven't been paying much attention to and headache solutions only a nurse would know. Also, fix or fail? The latest spider/varicose vein solutions.

FRIDAY, SEPTEMBER 2, 2016

SHOW #7-108 - "FLATTER BY FRIDAY: ONE WEEK TO SHRINK YOUR STOMACH" (R)

You have one week before a big event. We show you how to slim down without sacrificing a meal. See exactly what to eat to get a flatter tummy by Friday. Plus, time for a checkup: we have your fast fixes to get your health back on track. And, discover the power of quiet. Five ways to break your addiction to always being busy.

MONDAY, SEPTEMBER 5, 2016

SHOW #7-045 - "HOW RACHAEL RAY'S 2 PERFECT SAUCES MAKE 5 HEALTHY WEEKDAY MEALS" (R)

Rachael Ray shares an epic and easy food hack you're going to love! See how to make 5 fast meals using 2 incredible homemade sauces loaded with tons of nutrients you can use on almost anything. She also shares her hot new "it" food that's burning up social media. Plus, cold and flu season is here. We have insider tips on how to fight them both.

TUESDAY, SEPTEMBER 6, 2016

SHOW #7-059 - "THE TRUTH ABOUT ZERO CALORIE FOODS" (R)

Zero calorie foods. Can you really eat as much as you want guilt-free? Do they really help you lose weight? We break it all down. Plus, Leah Remini on her 80 pound weight loss and the Scientology scandal. What chef Nigella Lawson eats to feel good, and new dinner side dishes when you're out of ideas.

WEDNESDAY, SEPTEMBER 7, 2016

SHOW #7-112 – "DR. OZ EXCLUSIVE: CHARLIE SHEEN COMES FACE-TO-FACE WITH THE DIAGNOSIS HE'S BEEN AVOIDING" (R)

Could Charlie Sheen have bipolar disorder? Oz asks the tough questions. See what happens when Charlie is confronted with his mania. Is it pushing him to the behaviors that are far more dangerous for him than HIV?

THURSDAY, SEPTEMBER 8, 2016

SHOW #7-119 – "THE TRUTH BEHIND AMERICA'S BIGGEST FOODS: THE TRUTH ABOUT GREEK YOGURT: WHAT ARE YOU REALLY EATING?" (R)

You love the rich taste and thick texture of Greek yogurt, but are you eating the real thing? We pick out the imposters in our Food Truth Series, and we have your shopper's guide to the best Greek yogurt out there. Then, what you need to know about the new pastas on the market. Plus, Mark Hyman reveals the new carb to help turn off your hunger switch.

FRIDAY, SEPTEMBER 9, 2016

SHOW #7-157 - "MARIE OSMOND: HOW SHE MOVED PAST THE BIGGEST TRAGEDY OF HER LIFE" (R)

A double daytime exclusive! First, the legendary Marie Osmond opens up about how she found the courage and strength to carry on from the biggest crisis of her life, her battle with bulimia and the day she nearly drove off a cliff. Then, the Cleveland kidnapping survivors Amanda Berry and Gina DeJesus speak out on the child born in captivity and how The Dr. Oz Show helped them get through that terrible and frightening time in their lives.

Program: CRIME WATCH DAILY

Air Time: 4:00PM-5:00PM

Air Days: Monday – Friday

Approx. Program Length: One Hour

Program Synopsis:

"Crime Watch Daily" is the very first crime show to air in daytime syndication. From unsolved murders to compelling mysteries, undercover investigations to shocking crimes caught on video, the series will uncover the stories happening in small towns around America and turn them into national headlines. The key ingredients of "Mystery, Crime and Drama" will drive every episode. "Crime Watch Daily's" network of affiliate stations will serve as an "extended newsroom," sharing resources and using local reporters to cover the stories in local markets all over the country. "Crime Watch Daily" is produced by Telepictures Productions and is distributed by Warner Bros. Domestic Television Distribution.

MONDAY, JULY 25TH SHOW # 1081R

MISSIONARY MOLESTER - OKLAHOMA CITY, OK

Did a young missionary volunteering at orphanages commit unspeakable crimes?

THE CASE AGAINST SKYY MIMS - CHATANOOGA, TN

A murder mystery where the suspect leaves behind a shocking clue.

TUESDAY, JULY 26TH SHOW # 1082R

HUSBAND SAYS SUICIDE, PROSECUTOR SAYS MURDER - SALT LAKE CITY, UT

Conrad Truman is convicted of killing his wife, but is he innocent?

CASE SURROUNDING MANDY BOARDMAN - INDIANAPOLIS, IN

Mandy Boardman, who was drugged and raped by her husband and then told by a judge that she should forgive him, shares her horrifying experience.

WEDNESDAY, JULY 27TH SHOW # 1083R

BAD EGG FARMER - DES MOINES, IA

Rotten farmer, who prosecutors say knowingly sold rotten eggs, caused thousands of innocent victims to get sick.

PHONY RECORD EXECUTIVE - ORLANDO, FL

Man portrays himself as a powerful record executive, but really is a con man.

THURSDAY, JULY 28TH SHOW #1084R

HOW TAMI DUVALL KILLED HER HUSBAND - INDIANAPOLIS, IN

Tami Duvall thought she had the perfect recipe for murder: planting drugs in his pudding.

PLACERVILLE DEAD HUSBAND - SACRAMENTO, CA

A 73-year-old grandmother in Placerville found guilty of first-degree murder in April, after gunning down her third husband while he was sleeping.

FRIDAY, JULY 29TH SHOW #1085R

ED GRAF JR - WACO, TX

Ed Graf Jr., the Texas man who walked free for years after he admitted to killing his two adopted stepsons in a fire.

SUSAN POWELL MYSTERY - SALT LAKE CITY, UT

Josh Powell's sister chronicles the extremes measures she would go to to investigate her own family to find out the truth behind the disappearance of Susan Powel

MONDAY, AUGUST 1ST - SHOW # 1161R

THREE COP VISITS, ONE STILL MISSING WOMAN - HARRISBURG, PA

Police come to a young woman's house three times for partying related complaints on the night she goes missing.

PUEBLO TEEN MURDER - DENVER, CO

A brother succeeds in eliciting a confession from his sister's killer.

TUESDAY, AUGUST 2ND - SHOW # 1162R

ROOKIE COP KILLS - NEW YORK, NY

Rookie cop gets probation for the shooting death of an unarmed man.

BEAUTY AND THE PRIEST - MCALLEN, TX / PHOENIX, AZ

Beauty queen goes to confession and ends up dead in a canal. Police zero in on an unlikely suspect 56 years later.

WEDNESDAY, AUGUST 3RD - SHOW # 1163R

MONSTER DAD - TOPEKA, KS

Woman fights to keep her father in jail years after he raped her.

HOLLYWOOD JOYRIDE - LOS ANGELES, CA

"Crime Watch Daily" examines the story of one of LA's craziest car chases.

THURSDAY, AUGUST 4TH - SHOW # 1164R

PORN STAR THRILL KILLERS - TAMPA, FL

Porn star couple kills a massage client.

SINS OF THE SON - DENVER, CO

Jailhouse interview with a man convicted of plotting his family's murder.

FRIDAY, AUGUST 5TH - SHOW # 1165R

BEHIND THE VIRAL VIDEO WITH OVER 50 MILLION VIEWS - DENVER, CO

Exclusive interview with mom and daughter behind a viral video share harrowing story of how a stepfather turned abuser got only 90 Days in jail.

THE WOMEN WHO KNEW TOO MUCH? - SCRANTON, PA

Three women from the same small town go missing under mysterious circumstances; what do they all have in common?

MONDAY, AUGUST 22ND - SHOW # 1176R

WHERE'S CALEB? - NOCONO, TX

A father suspects his best friend in the disappearance of his son.

SAVING A SEX SLAVE - SALT LAKE CITY, UT / ORANGE COUNTY, CA

Former CIA Agent infiltrates a sex ring.

TUESDAY, AUGUST 23RD - SHOW # 1177R

SERIAL KILLER VICTIM - HOUSTON, TX

A cold case heats up in Texas when a suspected serial killer tells police where he's been dumping bodies.

FAKE SURGICAL HARDWARE - MILWAUKEE, WI

"Crime Watch Daily" investigates the use of potentially counterfeit hardware in surgical procedures.

WEDNESDAY, AUGUST 24TH - SHOW # 1178R

ASSAULT WITH A DEADLY DISEASE - DALLAS, TX

Man behind bars for intentionally infecting women with a deadly disease.

BARRELS OF HORRORS – NEW HAMPSHIRE

The unsolved mystery of a family murdered and stuffed in barrels.

THURSDAY, AUGUST 25TH - SHOW # 1179R

HEATHER ELVIS UPDATE - MYRTLE BEACH, SC

Man facing trial for kidnapping Heather Elvis defies judge's gag order.

DOOMSDAY DATER - YUMA, AZ

Daughter's search for missing mom who disappeared after an online date.

FRIDAY, AUGUST 26TH - SHOW # 1180R

KILLER SEX - HOUSTON TX / SAN DIEGO, CA

Couple accused of luring a man for sex which leads to murder.

CLEAN DRUG TEST BRIBERY - DENVER, CO

Drug test administrator caught bribing drug test takers.

MONDAY, AUGUST 29TH - SHOW # 1181R

SUICIDE OR MURDER? - ST. AUGUSTINE, FL

Was a woman's death suicide or actually murder?

WHERE'S AYLA? - BANGOR, ME

A girl vanishes on a visit to her father's house. Her family wants answers.

TUESDAY, AUGUST 30TH - SHOW # 1182R

SINS OF A PRIEST – NEW YORK, NY

Priest allegedly steals from parishioners to finance his secret sex life.

NATALIE WOOD – LOS ANGELES, CA

A new twist in the famous Natalie Wood mystery.

WEDNESDAY, AUGUST 31ST - SHOW # 1183R

ELIZABETH SMART – PROVO, UT

Kidnapping survivor Elizabeth Smart reports for "Crime Watch Daily."

JUSTICE FOR JESSE - BALTIMORE, MD

Teenager trapped behind bars for more than 40 years for a murder he says he didn't commit.

THURSDAY, SEPTEMBER 1ST - SHOW # 1184R

MORMON MURDERS - SALT LAKE CITY, UT

A daughter comes to terms with her father's double murder.

ZIPCAR HACKING - SAN FRANCISCO & LOS ANGELES, CA

"Crime Watch Daily" investigates how easily Zipcars can be hacked.

FRIDAY, SEPTEMBER 2ND - SHOW # 1185R

MURDERED ON VACATION - BAJA & LANSING, MI

A woman is murdered during an exotic vacation.

DEADLY EDIBLES - DENVER CO

Man allegedly kills wife after ingesting edible marijuana.

MONDAY, SEPTEMBER 12TH - SHOW # 2001

DR. DANGER? - LOS ANGELES, CA

A celebrity plastic surgeon is accused of botching a cosmetic procedure. Hollywood legend Dick Van Dyke's wife comes forward with shocking claims.

HANSEN VS. PREDATOR - FAIRFIELD, CT

Host Chris Hansen hunts down and confronts a predator with a trunk full of trouble.

TUESDAY, SEPTEMBER 13TH - SHOW # 2002

THE JONBENET MISTAKE? - DENVER, CO

Expert sheds light on a major mistake in the JonBenét investigation and claims the murder could be solved by one simple test.

MISSING IN PARADISE - SAN DIEGO, CA

Did a handsome ex-marine kill his girlfriend? A dying sister's quest for justice.

WEDNESDAY, SEPTEMBER 14TH - SHOW # 2003

BAD TEACHER - CEDAR RAPIDS, IA

lowa teacher turns stripper after admitting to having sex with student hundreds of times.

MISSING IN PARADISE - LOS ANGELES, CA

Crime Watch Daily helps a woman get her murder conviction overturned.

THURSDAY, SEPTEMBER 15TH - SHOW # 2004

EMILY DEFRIES - NORFOLK, VA

Jailhouse interview with Navy veteran, Emily Defries, who was convicted of killing her fiancé's 20-month-old daughter but blames the victim's 8-year-old sister for the murder.

HANSEN VS. PREDATOR – FAIRFIELD, CT

Host Chris Hansen catches postal worker trying to lure 13-year-old for sex.

FRIDAY, SEPTEMBER 16TH - SHOW # 2005

TRAIL OF MURDER? - ST. LOUIS

A woman is accused of murder in an attempt to frame an innocent man.

SKY IS MISSING - SEATTLE, WA

Why a mother won't cooperate with police officers in search for her missing son.

MONDAY, SEPTEMBER 26TH - SHOW # 2011

THE PARTY FLASHER - PHOENIX, AZ

Yoga instructor arrested for alleged sex crimes at a bar mitzvah.

MARYLAND MURDER MYSTERY - BALTIMORE, MD

Did a man use a dog to lure a woman to her death?

TUESDAY, SEPTEMBER 27TH - SHOW # 2012

SPECIAL INVESTIGATION: CALVIN HARRIS - BINGHAMTON, NY

Man finally acquitted after four murder trials over the death of his wife.

WEDNESDAY, SEPTEMBER 28TH - SHOW # 2013

TRAIL OF MURDER? - ST LOUIS, MO

A woman is accused of murder in an attempt to frame an innocent man.

HANSEN VS PREDATOR – FAIRFIELD, CT

Host Chris Hansen catches a predator preying on a 13-year-old boy.

THURSDAY, SEPTEMBER 29TH - SHOW # 2014

SPECIAL INVESTIGATION: HEATHER MACK - CHICAGO, IL

In a worldwide exclusive, socialite Heather Mack, who was convicted of murdering her mother and stuffing her in a suitcase, reveals life with her baby inside a Bali prison.

FRIDAY, SEPTEMBER 30TH - SHOW # 2015

DC MURDER MYSTERY - WASHINGTON DC

First interview with girlfriend who was on the phone with DNC staffer Seth Rich while he was killed.

EATEN BY ALLIGATORS? – TALAHASSEE, FL

A man vanishes on a duck hunting trip – wife and best friend under suspicion.