



5AM SUNDAYS

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
<p>Kids Count 2019</p> <p>-----</p> <p>Medicinal Marihuana in Florida</p> <p>-----</p> <p>Flood Insurance</p> <p>-----</p> <p>Mosquito Season</p>	<p>Florida Exclusivo</p>	<p>Kids Count provides legislators, public officials and child advocates with reliable data, policy recommendations and tools to advance policies that benefit children.</p> <p>-----</p> <p>If you are interested in getting started in the business of cannabis or finding a job in the cannabis industry there is a free event to learn the truth about Marihuana medicinal in Florida</p> <p>-----</p> <p>The National Flood Insurance Program aims to reduce the impact of flooding on private and public structures. It does so by providing affordable insurance to property owners, renters and businesses and by encouraging communities to adopt and enforce floodplain management regulations. These efforts help mitigate the effects of flooding on new and improved structures. Overall, the program reduces the socio-economic impact of disasters by promoting the purchase and retention of general risk insurance, but also of flood insurance, specifically.</p> <p>-----</p> <p>The Florida Health Department reminds residents and visitors to <i>Drain and Cover</i>, especially during the rainy season. Simple steps can be taken to protect yourself and your loved ones against mosquito-borne illnesses.</p>	<p>Florencia Gutierrez Spokesperson Annie E. Casey Foundation</p> <p>-----</p> <p>Noemi Perez Spokesperson Cannaworks</p> <p>-----</p> <p>Daniel P. Llargues National Spokesperson FEMA</p> <p>-----</p> <p>Mirna Chamorro Spokesperson Florida Health Department</p>	<p>7/6/2019</p>	<p>1hr.</p>

Sharing smiles	Florida Exclusivo	<p>Their mission is to deliver healing and hope to needy children in selected countries through quality health care, education, and training. In partnership with host country health care providers and civic leaders Sharing Smiles is building a positive, lasting legacy of care in each of the countries it serves. By collaborating with onsite medical professionals and Rotary Clubs they ensure these children receive the ongoing care needed to help them do what they do best – smile. Students are invited to participate in 1-week short-term medical mission trips in Latin America.</p>	<p>Michelle Gross Director of the program Sharing Smiles of Advent Health, Dr. Manrique Plastic Surgeant and Maslie Ruiz Juan Physiotherapist</p>	7/13/2019	1 hr.
Situation with the Governor of Puerto Rico	Florida Exclusivo	<p>Extraordinary protests demanding the immediate resignation of Gov. Ricardo A. Rosselló of Puerto Rico turned chaotic, when police in riot gear launched tear gas and pepper spray into a crowd of thousands of demonstrators. The leak, coming on the heels of high-profile federal corruption arrests last week, unleashed months of pent-up frustration over Mr. Rosselló’s handling of Hurricane Maria, his education policies and the federal oversight board that controls Puerto Rico’s troubled finances.</p>	<p>Dr. Luis Pastrana Former Director of the Puerto Rico Office Affairs in Florida, and Jimmy Torres Director of Boricua Vota</p>	7/20/2019	1 hr.
<p>Prevent Contamination in your Food ----- Venezuelans In Florida ----- Hurricane Barry ----- Bit coins and Libra Crypto currencies</p>	Florida Exclusivo	<p>To limit the potential for contamination, people should take all reasonable measures and precautions to ensure that who are involved in food processing are healthy and conduct adequate hygiene and cleanliness. Tips to avoid poison, contamination and more ----- Situation and update of Venezuela and the Venezuelans in Florida ----- Damage and flooding in the Panhandle of Florida due to the Hurricane Barry passing close to Florida. The importance of flood Insurance and to be prepare in this Hurricane Season. ----- A digital or virtual currency that uses cryptography for security. A crypto currency is difficult to counterfeit because of this security feature. A defining feature of a crypto currency is that it is not issued by any central authority,</p>	<p>Janice Lopez Munoz Spokesperson for USDA ----- Ignacio Carrasquero Representing Partido Voluntad Popular en Venezuela ----- Ismael Bosque Spokesperson for FEMA ----- Wilfredo Mendez Certified Financial Planner</p>	7/27/2019	1 hr.

<p>Political Stress</p>	<p>Florida Exclusivo</p>	<p>The future of our nation and Latin America is a significant source of stress, and 57 percent say that they are stressed by the current political climate. Symptoms of stress can vary from person to person but often include a combination of emotional (worry, tension, irritability) and physical (headaches, insomnia, stomach problems) reactions. People deal with stress in many ways, some healthy and some unhealthy.</p>	<p>Dr. Wanda Bonet Specialist in emotions</p>	<p>8/03/2019</p>	<p>1 hr.</p>
<p>More scholarships for lower-income families and disable students in Florida ----- New report: Florida is short in policies to fight Cancer. ----- Virus Hepatitis A in Florida and Florida is celebrating National Breastfeeding Month this August</p>	<p>Florida Exclusivo</p>	<p>The 2018-19 school year is over and Step Up For Students is proud to have helped more than 110,000 students receive the education of their choice through one of their scholarships. What is new for the new scholar year 2019-2020</p> <p>-----</p> <p>The State-by-State Report highlights opportunities for legislators to save lives and health costs by approving policies that prevent and combat cancer</p> <p>-----</p> <p>From January 1, 2018 through August 3, 2019, 2,671 hepatitis A cases were reported. The number of reported hepatitis A cases more than doubled from 2016 to 2017 and nearly doubled again in 2018 after remaining relatively stable in previous years. Case counts in 2019 have already surpassed those in 2018.</p>	<p>Melissa Jaramillo Community Outreach for Step Up For Student</p> <p>-----</p> <p>Alma Gonzalez Spokesperson for American Cancer Society</p> <p>-----</p> <p>Mirna Chamorro Spokesperson for the Florida Department of Health</p> <p>-----</p>	<p>8/10/2019</p>	<p>1 hr.</p>
<p>Back to school ----- Latest trend in Google Search</p>	<p>Florida Exclusivo</p>	<p>Back to school started and according to nutritionists it is essential to provide our children with good nutrition, so they can perform better in school. Tips and healthy choices for students and the rest of the family.</p> <p>-----</p> <p>Every week Google looks at the most searched topics on the web.</p>	<p>Ximena Jimenez registered nutritionist / dietitian of Florida Milk</p> <p>-----</p> <p>Jesus Garcia Spokesperson Google</p>	<p>8/17/2019</p>	<p>1hr.</p>
<p>Successful how to conquer it and techniques and ways to be a positive person</p>	<p>Florida Exclusivo</p>	<p>To be successful, you must unleash your mind power. 7 habits that will transform your life. Secrets for holding yourself accountable so that you can finally find success. Stay Motivated. Brands: Support, accountability partner, productivity, personal coaching, motivation.</p>	<p>J.R. Roman Author, Coach master and International Conference</p>	<p>8/24/2019</p>	<p>1hr.</p>

<p>Google Offers New Tools in Spanish to Develop Careers and Grow Your Business in the Digital Economy</p> <p>-----</p> <p>September is the national Preparation Month</p> <p>-----</p> <p>New USDA Study Highlights the Risks of Washing Raw Birds</p> <p>-----</p> <p>Mosquito Season and Hurricane Season Preparedness</p>	<p>Florida Exclusivo</p>	<p>Learn digital skills, digital marketing or get a certificate in IT support to help you grow your career or business for free.</p> <p>-----</p> <p>Disasters can occur at any time. This September, during National Preparedness Month, the Federal Emergency Management Agency FEMA and the Ad Council are raising awareness about preparedness and promoting the importance of preparing children and adolescents for possible emergencies and disasters</p> <p>-----</p> <p>Study on food safety reiterates how everyday cooking practices could be unexpectedly dangerous</p> <p>-----</p> <p>There has been an increase in mosquito-borne disease activity in areas across the State. We are reminding residents and visitors to avoid being bitten by mosquitoes and to take basic precautions to help limit exposure.</p> <p>Hurricanes can shatter lives as well as damage property. Being prepared can help you, your family or your business minimize the impact of the storm</p>	<p>Jesús García Spokesperson for Google</p> <p>-----</p> <p>---</p> <p>Daniel Llargues National Hispanic Spokesperson for FEMA</p> <p>-----</p> <p>----</p> <p>Janice Lopez Spokesperson for USDA</p> <p>-----</p> <p>----</p> <p>Mirna Chanorro Spokesperson Florida Department of Health</p> <p>-----</p> <p>----</p>	<p>8/31/2019</p>	<p>1 hr.</p>
<p>Sharing smiles</p>	<p>Florida Exclusivo</p>	<p>Their mission is to deliver healing and hope to needy children in selected countries through quality health care, education, and training. In partnership with host country health care providers and civic leaders Sharing Smiles is building a positive, lasting legacy of care in each of the countries it serves. By collaborating with onsite medical professionals and Rotary Clubs they ensure these children receive the ongoing care needed to help them do what they do best – smile. Students are invited to participate in 1-week short-term medical mission trips in Latin America.</p>	<p>Michelle Gross Director of the program Sharing Smiles of Advent Health, Dr. Manrique Plastic Surgeon and Maslie Ruiz Juan Physiotherapist</p>	<p>9/7/2019</p>	<p>1 hr.</p>
<p>Feminist Agenda Issues</p>	<p>Florida Exclusivo</p>	<p>4 female Millennials started a radio show and podcast because of the need to express themselves freely in Spanish on feminist agenda issues at the intersection of racial justice, gender equity, reproductive health and sexual liberation. They are raising their voices for a society free of patriarchy and sexist violence.</p>	<p>Krizia Lopez, Adriana Jimenez, Stephanie Pineiro host of the feminist show Las Jervas Combativas</p>	<p>9/14/2019</p>	<p>1hr.</p>

<p>How to end the youth epidemic of electronic cigarettes. ----- Volunteers ask Congress to do the fight against cancer as a national priority ----- Chocolate in this Fall Season The good the bad and the ugly ----- After Hurricane Dorian FI Health Department urges to dump any king of still water around your property</p>	<p>Florida Exclusivo</p>	<p>Electronic cigarettes with tempting flavors for children are driving an epidemic, in fact, electronic cigarettes are sold in more than 15,000 flavors, such as mango, mint, jelly beans and cotton candy. The most popular electronic cigarette among children is Juul, which is small and easy to hide (it looks like a USB flash drive), it comes in sweet flavors that appeal to children and offers massive doses of highly addictive nicotine. ----- Hundreds of cancer patients, survivors and volunteers representing each state will join in Washington, DC, to urge Congress to make the fight against cancer a national priority and help defeat a disease that kills 1,660 people in the states. United every day. This year alone, it is estimated that about 1.7 million Americans will be diagnosed with cancer and the disease will kill more than 600,000. ----- Not all chocolate is created equal. The antioxidant and anti-inflammatory power of chocolate is thought to come from a class of plant nutrients found in cocoa beans called flavonoids. Dark chocolate has more of these than milk chocolate, and white chocolate, which does not actually contain chocolate, is not a good source of flavonoids. Like any food, if enjoyed in moderation, chocolate has several notable health benefits. ----- After Hurricane Dorian, FHD urges citizens to empty and scrub, turn over, cover, or throw out items that hold water, such as tires, buckets, planters, toys, pools, birdbaths, flowerpots, or trash containers. Check indoors and outdoors.</p>	<p>Patricia Sosa, Director, Latin American Programs, Campaign for Tobacco-Free Kids ----- Dr. Mario Landera volunteer of the Cancer Action Network of the American Cancer Society ----- ----- Ximena Jimenez M.S, RDN, LDN. Nutrition and Media Expert ----- Mirna Chamorro Spokesperson Florida Department of Health</p>	<p>9/21/2019</p>	<p>1hr.</p>
<p>Heels vs Ties: Living With Your Greatest Threat of Heart diseases</p>	<p>Florida Exclusivo</p>	<p>Heart disease remains the first health threat for both men and women in the United States; However, recent research focuses mostly on man. In this book, Heels vs. Ties, Dr. Nitza Álvarez shares a comprehensive guide for women to help them understand their risk of heart disease, know what is important to discuss with their doctors and empower them to take control of their health.</p>	<p>Dr. Nitza I. Alvarez Author of the book Tacones y Corbatas</p>	<p>9/28/2019</p>	<p>1 hr.</p>