	That Quarter 2024				
AIR DATE	TRT	PROGRAM TITLE	SHOW#	TOPIC	CONTINUITY
1/10/24	28:30:00	We Believe in Memphis	0110 WBIM	PREPARING STUDENTS FOR SUCCESS WITH HIGHER EDUCATION	Dr. Janet Cherry talks about how the Fogelman Professional Development Center helps prepare students to stand out in a competitive job market. She details what employers are looking for and the networking opportunities they provide with potential employers. They also offer financial aid to those who need it. College education is an investment for your future.
1/10/24	29:00:00	Senior Focus with Sunny Ross	0110 SFOC	KEEPING SENIORS INFORMED WITH COMMUNITY AFFAIRS	Host Sunny Ross discusses senior living and how to make the golden years shine. Her guest Courtney Munson of Church Health which is a faith based nonprofit that provides health care to working uninsured or uninsured seniors with quality care to those facing social and economics to live their lives with dignity and joy. She also discusses how everyone can help by volunteering to help those less fortunate.
1/11/24	29:00:00	Memphis Makers	0111 MMAL	HELPING CHILDREN DEAL WITH TRAUMATIC EXPERIENCES	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Charlie Caswell, executive director of Legacy of Legends is a non-profit organization that works with children who have had traumatic events in their lives before the age of 18. Such as abuse, neglect, parental mental illness, addiction, incarceration, or domestic violence. Their staff is well trained to help everyone live a better quality of life
1/12/24	29:00:00	Health Awareness with Lynn Doyle	0112 HALD	OMICRON VARIANT OF COVID	Lynn Doyle of Delta Medical Group talks about the new variant and how it affects those who are vaccinated and those that are not. She talks about the number of patients that are currently in the hospital in the Memphis area. What can be done to help stop the spread such as wearing masks and getting the booster shot when you are able to.
1/17/24	28:00:00	We Believe in Memphis	0117 WBIM	FREE MEAL SERVICES FOR KIDS	Jim Meeks of the YMCA informs the viewing audience about the free meals for kids' program at all of the local centers in the city and surrounding counties. He tells when you can go by and pick up the meals, he also breaks down what is in the average weekly meal pack. Parents or guardians can pick up the meals for their child without the child present.
1/17/24	29:00:00	Senior Focus with Sunny Ross	0117 SFOC	HELPING SENIORS LIVE A BETTER LIFE	Host Sunny Ross gives a breakdown of the senior centers in Memphis and Shelby county. There are several senior centers in the mid-south that provides service to individuals who are 55 or older. They offer leisure, wellness, and educational opportunities. Sunny tells of the ones that offer a hot and nutritious lunches.
1/18/24	29:00:00	Memphis Makers	0118 MMAL	OFFERING A WAY TO HEAL AFTER PROSTITUTION	Host Ally Luciano talks with leaders of non-profit and charitable organizations, Eyleen Farmer of thistle and bee is on to talk about helping women who want to get out of prostitution, or women who have been trafficked for sex. She offers up to 18 months of employment in a supportive environment, with the potential for employment and mentoring roles after that.
1/19/24	29:00:00	Health Awareness with Lynn Doyle	0119 HALD	HELPING THE HOMELESS RECEIVE MEDICAL CARE	Lynn Doyle of Delta Medical Group talks about the need during the winter to help people get medical care while being homeless. Reverend Lisa Anderson of Room in the Inn talks about the Mid-South's first facility for medically fragile individuals who are homeless to recover from illness and injury in a safe and welcoming environment. She also tells the public how they can help.
1/24/24	28:30:00	We Believe in Memphis	0124 WBIM	HELPING UNDERSERVED NEIGHBORHOODS	Philip Walkley of SOS Ministries tells of how the organization exists to glorify God and proclaiming the gospel of Jesus Christ in underserved neighborhoods through home repair and leadership development. They offer youth a way to better their lives by learning a trade and also help

					home owners with critical home repairs in in the most impoverished neighborhoods.
1/24/24	29:00:00	Senior Focus with Sunny Ross	0124 SFOC	HELPING SENIORS LIVE A BETTER LIFE	Terrie Kirksey director of programs at Creative Aging of Memphis talks about what the program does to help enhance the quality of life for seniors. Growing old can be can be lonely for most and older adults are important members whose lives should be filled with joy and connection. Creative aging programs has a visible and positive impact on seniors.
1/25/24	29:00:00	Memphis Makers	0125 MMAL	HELPING WOMEN HEAL AFTER TRAUMATIC ORDEALS	Host Ally Luciano talks with leaders of non-profit and charitable organizations, Madge Deacon vice president of Thistle and Bee is on to let women know that their opportunities to practice community living while they heal from physical emotional and sexual trauma. She breaks down what to expect during the program and how the main focus is to get them to become a survivor leader as an employee of the organization.
1/26/24	29:00:00	Health Awareness with Lynn Doyle	0126 HALD	GOOD HEALTH COMBATING MENTAL HEALTH PART 1	Lynn Doyle of Delta Medical Group talks with Karen Morgan the outreach mgr. at Elements Behavioral Health to discuss what Elements does and where they are located. They have taken mental health treatment out of the hospital and moved it to a more welcoming and private setting to help patients feel right at home. She also says that medication is not always the only solution to good mental health that therapy is sometimes needed to figure out what brings on the anxiety in everyday life.
1/31/24	28:30:00	We Believe in Memphis	1031 WBIM	IMPROVING QUALITY OF LIFE IN NORTH MEMPHIS	Brandis Leverette Ministry director at Oasis of Hope tells of how the organization is dedicated to improving the quality of life in north Memphis, one of the poorer neighborhoods in the country. He tells of how they worked with Hope Church and partnered to open Hope City Church in the neighborhood. Oasis runs a daily senior citizen program, they offer affordable housing, and run a nonprofit home furnishing store, where they employ neighborhood people to work. During tax time they offer free tax filing. They work with the community to them grow their faith in God, leadership, education, and employment skills so they are equipped to change their world
1/31/24	28:30:00	Senior Focus with Sunny Ross	0131 SFOC	HELPING SENIORS FIND THE BEST MEDICAL CARE	Host Sunny Ross talks with Reginald Kirkwood, of Regional One Health. Home to the Elvis Presley Trauma Center, one of the busiest in the country and the only level 1 Trauma in the mid-south. Where everyone who had a bad accident wanted to go for help, but not for everyday medical needs. He informs the public of a new center opening in south east Memphis that is a top notched facility for everything patients need medically.
02/01/24	29:00:00	Memphis Makers	0201 MMAL	HELPING COMBAT HOMELESSNESS	Host Ally Luciano talks with leaders of non-profit and charitable organizations, Reverend Lisa Anderson president of Room in the Inn. Last year with the support of almost 200 congregations and 7000 volunteers they provided over 31,000 warm beds during the coldest months. This year the number will be more and she wants everyone to know what they can do to help their mission to continue to help the in the midst of suffering and hardship and pain people on the streets go through every day.
2/2/24	29:00:00	Health Awareness with Lynn Doyle	0202 HALD	GOOD HEALTH COMBATING MENTAL HEALTH PART 2	Lynn Doyle of Delta Medical Group has Karen Morgan back to talk about all the disorders they treat, such as drug addiction, grief, loss, alcohol abuse, anxiety, and mood disorders. With all the bad things going on in patients' lives she wants to let them know that a better life is waiting for them and they are there to help through whatever the problem may be.

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2/7/24	28:30:00	We Believe in Memphis	0207 WBIM	SHAPING THE CHARACTER OF YOUNG MEN THRU CHRIST AND SPORT	Executive Director of Gridiron Ministries Stone Pannell is on to talk about all the things young age boys are dealing with these days, and how their Christ centered ministry is focused on sharing and modeling the Gospel of Christ by way of spiritual coaching, mentoring, relationship building, and defeating the win at all cost's mentality, that is pervasive in many youth sports. The whole goal is to impact boys at an early age in a positive way.	
2/7/24	29:00:00	Senior Focus with Sunny Ross	0207 SFOC	HELPING SENIORS LIVE A BETTER LIFE HELPING WITH HIGH DRUG PRICES	Dr. Philip Baker is on to talk about the rising cost of prescription drugs and why he started with the Good Shepard Pharmacy, a nonprofit pharmacy. He found that even people on Medicare needed the services of a nonprofit pharmacy because people who were covered still couldn't afford the high cost of drugs.	
02/08/24	29:00:00	Memphis Makers	0208 MMAL	HELPING CHILDREN AND FAMILIES WITH CRITICAL HEALTH ISSUES	Host Ally Luciano talks with leaders of non-profit and charitable organizations. Her guest Exec. Director Brittany Spence of the Forrest Spence Fund explains how the Fund got started and that they strive to help families and their critically or chronically ill children with all non-medical needs they may need during their child's treatment. They work with several children's hospitals in the area to recognize and meet all non-medical needs.	
2/9/24	29:00:00	Health Awareness with Lynn Doyle	0209 HALD	GOOD HEALTH and DIABETES CARE	Lynn Doyle of Delta Medical Group talks with RN Kim Vance of the Diabetes Store. Today they talk about the how they help close the loop in Diabetes care. They offer products and services that support those that are affected with the disease. Such as easy glucose testing supplies, comfortable therapeutic shoe program, and all the resources to help you live a healthier life.	
2/14/24	28:30:00	We Believe in Memphis	0214 WBIM	FIGHTING BLIGHT IN MEMPHIS	Guest Austin Harrison program director of Neighborhood Preservation Inc. who works around the city to fight blight in the city. They also work with contractors who come in and revitalize parts of the city that have been neglected. They exist to eliminate or mitigate legal impediments to remove the properties. By removing such properties, it helps to revitalize the neighborhoods and turn the land or property to community assets.	
2/14/24	28:30:00	Senior Focus with Sunny Ross	0214 SFOC	HELPING SENIORS LIVE A BETTER LIFE HELPING WITH HIGH DRUG PRICES part2	Dr. Philip Baker is back on to talk about the low cost of membership starting at only \$5.00 per month for generic medication. Good Shepherd will search all assistance program to see if they can get your medication free, if not they will quote you the lowest price on the market.	
2/15/24	29:00:00	Memphis Makers	0215 MMAL	UNITING CHILDREN WITH LOVING FAMILIES	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. David Jordan of Agape Child and Family Services is on to talk about their vision is to serve children and families with God's love by uniting children with loving families through their Christ centered ministry that is dedicated to providing healthy homes.	
2/16/24	28:30:00	Health Awareness with Lynn Doyle	0216 HALD	GOOD HEALTH and DIABETES CARE part 2	Lynn Doyle of Delta Medical Group talks with RN Kim Vance of the Diabetes Store is back on to talk more about more ways to help people live a healthier life with simple management tools to help you manage your diabetes, wellness resources for diet, exercise and self-management. They teach you how to shop and read the label on foods to know what you are eating. Weight loss and exercise and cutting sugar are all important when it comes to managing the disease.	

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2/21/24	28:30:00	We Believe in Memphis	0221 WBIM	LIFE CHOICES OF MEMPHIS	Sue Parker of Life Choices of Memphis is on to talk about what services offered. With laws changing Life Choices is ready to help those women in need of pregnancy counseling, help with practical needs, counseling regarding options like adoption. They also have HOPE Ministry at Life Choices designed to help women who struggle with an abortion in their past. Life Choices is a nonjudgmental and confidential place to help by offering God's hope and healing in your life.
2/21/24	28:30:00	Senior Focus with Sunny Ross	0221 SFOC	HELPING SENIORS LIVE A BETTER LIFE CARING FOR SENIORS WITH DEMENTIA	Rod Marter director of Senior Helpers, is on to talk about the tailored home care services for seniors who need daily assistance to specialized care for those suffering from Alzheimer's, Dementia, Parkinson's and other chronic diseases.
2/22/24	29:00:00	Memphis Makers	0222 MMAL	MENTORING MOMS	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Marion Weaver Ministry director of One by One Ministry is on to talk about the importance of every mother and child born to reach his or her God given potential in life. She wants all mothers to know about the new weekly blog they have, and hope it encourages moms in their personal walk with the Lord and in their parenting journeys
2/23/24	28:30:00	Health Awareness with Lynn Doyle	0223 HALD	GOOD HEALTH CARING FOR SENIORS WITH DEMENTIA	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Guest Lorna Hicks director of nursing with Unity Psychiatric Care who works with seniors with issues like dementia. They help patients transition back to normal life as quick as possible and have the best life they can.
2/28/24	29:00:00	We Believe in Memphis	0228 WBIM	RED ZONE MINISTRIES HELPING UNDER SERVED YOUTH	Howard Eddings Jr. Exec. Director at Red Zone Ministries, which targets urban youth ages 9 to 18 who live in one of Memphis's underserved areas. Young people at this age are making decisions that will affect them the rest of their lives, and Red Zone Ministries is there to help them make good decisions, stay in school, not to use drugs, stay away from a life of crime with social enhancement, academic encouragement, economic development, and spiritual guidance.
2/28/24	28:30:00	Senior Focus with Sunny Ross	0228 SFOC	HELPING SENIORS LIVE A BETTER LIFE	Terrie Kirksey Director of programs at Creative Aging of Memphis says there are 129,000 seniors in Shelby county over 65 and 29% live alone. She tells viewers the importance of engaging seniors with creative ideas to keep them motivated and active. Their programs promote healthy, vital aging, combat isolation, and offer seniors opportunities to stay connected.
2/29/24	29:00:00	Memphis Makers	0229 MMAL	HELPING UNDERSERVED KIDS TO STUDY ABROAD	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Guest Brian Booker founder of One Step Initiative explains the importance of helping inner city high school kids be able to study abroad and how he started the program. Their goal is to equip youth with skills and tools needed to succeed in an interdependent world. They are currently working with 20 local schools. He tells of how everyone can donate to help further their mission.
3/6/24	29:00:00	We Believe in Memphis	0306 WBIM	MID SOUTH FOOD BANK FEEDING THE NEEDY	Cathy Pope of the mid-south food bank is on to talk about the need to stamp out hunger. This spring they are working with all local Kroger stores, where everyone can drop off donations to help the cause. Right now, nearly 400,000 people in the mid-south don't know where their next meal will come from, and everyone can help those in need by donating to the food bank. For those who can't financially help the food bank, they also need volunteers to help year round.

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3/6/24	29:00:00	Senior Focus with Sunny Ross	0306 SFOC	HELPING SENIORS LIVE A BETTER LIFE	Angie Goble director of operations at Senior Helpers of Memphis is on to discuss what people can do now financially to prepare for senior years so as not be a burden to the family. Senior helpers also help family members to prepare for their parents' senior years and the care they will need. Senior helpers can provide the prefect services for any of their needs that can all be done from home offering peace of mind for them and the family		
3/7/24	28:30:00	Memphis Makers	0307 MMAL	HELPING VICTIMS RECOVER FROM CRIME	Dr. Katherine Lawson director of Victims to Victory Inc. which is a Christian non-profit organization whose mission is to help victims of crime and their families move from crisis to comfort through Christ. Victims to Victory provides services to victims of homicide, aggravated assault and robbery, and other violent crimes. Collaboration with law enforcement, criminal justice professionals and victim service agencies is central to program operations.		
3/8/24	29:00:00	Health Awareness with Lynn Doyle	0308 HALD	GOOD HEALTH HELPING VETERANS	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Dr. John Lochemes of Titan Orthopedics in on to talk about all the services available whether it's shoulder pain or knee pain the main goal is to provide individualized treatment to restore optimal function for the patients. He also says that you should not ignore problems you may have as you get older. He also gives some exercises you can do to strengthens the joints in your body.		
3/13/24	28:00:00	We Believe in Memphis	0313 WBIM	HELPING FAMILIES DURING TIMES OF STRUGGLE	Carol Jackson executive director of Family Matters of Memphis talks about how they encourage families in Memphis to manage times of struggle and crisis. They work families, youth, and adults via schools, churches, and hospitals and community partners to encourage them to become their best selves. Family Matters educate and lead individuals into conversations based on the Principles of God's word and dedicating themselves to the betterment of children and instruct parents in understanding their God given role within the family's structure.		
3/14/24	28:30:00	Memphis Makers	0314 MMAL	HELPING THE LESS FORTUNATE BY IMPROVING THE QUALITY OF LIFE WITH UNITED WAY	Host Ally Luciano talks with leaders of non-profit and charitable organizations, whose sole purpose is to help the less fortunate around the city. Guest Dr. Kenneth Robinson President and CEO of United Way of the Mid South, who's top priority is to address the poverty in the area with work in education, financial stability, and health to bring changes to local poverty. With their funding, initiatives, partnerships, and programs they are able to help more people escape poverty.		
3/15/24	29:00:00	Health Awareness with Lynn Doyle	0315 HALD	GOOD HEALTH HELPING PEOPLE WITH ALZHEIMER'S OR DEMENTIA	Lynn Doyle of Delta Medical Group hosts an informative panel of doctors, nurses, and medical directors to discuss a wide variety of health topics to stay healthy, both physically and mentally. Ruth Ann Shelton director of Alzheimer's and Dementia services explains that 15% of the population over 65 suffer with the disease and a higher percentage of people over 85. Their mission is to help persons with Alzheimer's or related disorders live their lives with dignity and respect while providing relief to caregivers and support for the families.		