

**KFLQ**  
**Issues and Programs Report**  
**2023-Q1**  
**January - February - March**

Report Prepared and Submitted by Amy Rollins

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April 10, 2023

This is a list of programs that have provided the station's most significant on-air treatment of community issues during the preceding calendar quarter.

Note:  
All times listed are Mountain Standard Time

## Summary

In this Quarter the station spent at least the amount of time indicated on the issues listed. In some cases, more time than documented.

<b>ISSUE</b>	<b>Total Minutes On-Air</b>
Marriage	1078
Finances	176
Mental Health	288
Health	178
Faith	519
Parenting	299
Work	127
Relationships	670
Human Trafficking Awareness	29
Education	7
Special Needs	38
Arts	14
Poverty	36

## Issues and Programs

Community Issue	Program Title Or Remote Description	Date Aired	Time Aired	Cumulative Minutes for all airings in that day	How program addressed Issue
Marriage	Intentional Living	1/2/2023	11a & 7p	56	Dr. Randy helps you to have an intentional Marriage
Finances	Intentional Living	1/3/2023	11a & 7p	56	Dr. Randy helps you to make the necessary changes in your budget
Health	News	1/3/2023	7a	1	Your Christmas tree may be edible. A lot of evergreen species are used to make tea. You can burn them to make a salt substitute.
Faith	News	1/3/2023	8a	1	Tom Meyer is known as the Bible memory man and he can recite 20 books of the Bible. Some of his tips for memorization include reading scriptures aloud, listening to audio Bibles, and writing it out. How do you memorize scripture?
Faith	Morning Show	1/3/2023	6a	4	listeners shared their new Year's Resolutions which revolved around sharing Jesus with others.
Relationships	Morning Show	1/3/2023	7:12a	2	Talking about estranged family members, Lynn (listener) shared how he would write letters to communicate so you can organize your thoughts better and show how much you care when it can be difficult to say the words outright.
Relationships	Morning Show	1/3/2023	7:40a	2	Sally shared about time she stayed at a lady's VRBO and experienced ultimate kindness when the owner gifted Sally with coffee mugs, she liked simply because Sally liked them.
Mental Health	Intentional Living	1/4/2023	11a & 7p	56	Dr. Randy helps you to de-clutter your cupboards
Relationships	Morning Show	1/4/2023	6:12a	2	Kathy (listener) mentioned her church's "clutter table" where people put their things, they don't want any more to offer to others that may want it.
Mental Health	Intentional Living	1/5/2023	11a & 7p	56	Dr. Randy helps you to de-clutter your schedule
Faith	Morning Show	1/5/2023	6:40a	2	A little boy went viral after his dad shared how he was worried. The boy talked about how we don't have to worry and that we just give it to God. Talked about the faith of a child.
Marriage	Morning Show	1/5/2023	5-9a	4	Joy Report - Erin (listener) shared how her marriage was impacted by counseling and it resulted in a newfound faith and love in their marriage.
Health	Intentional Living	1/6/2023	11a & 7p	56	Dr. Randy helps you to make the necessary changes in your health
Faith	Morning Show	1/6/2023	8:10a	2	Shared story of child genius who challenged Stephen Hawkins' theory on the creation of everything saying that it is illogical to think that something could come from nothing, it has to have been created, and the Creator is God.
Faith	Morning Show	1/6/2023	4-8a	4	Good News - Bobbi's husband finally overcame addiction after years of struggling, then suddenly hearing from God.
Marriage	Intentional Living	1/9/2023	11a & 7p	56	Dr. Randy shows you that marriage is for mature people only

Faith	Intentional Living	1/10/2023	11a & 7p	56	Dr. Randy asks, "How did you come to Christ?"
Relationships	Morning Show	1/10/2023	7a	2	Mike Donehey Interview - In relationships, we cannot assume we are always right. Doing so will put a roadblock in our relationships
Parenting	Intentional Living	1/11/2023	11a & 7p	56	Dr. Randy asks you to share parenting advice
Finances	Afternoon Show	1/11/2023	6:10p	1	If you donate blood this month with American Red Cross you could win a trip to the Super bowl
Finances	Afternoon Show	1/11/2023	2:10p	1	An unofficial menu item is getting published at In N Out burger stands in WI, MI, IA, NM, CA, AZ, TX, CO and TN
Parenting	Intentional Living	1/12/2023	11a & 7p	56	Dr. Randy asks what you do to be an intentional parent?
Faith	Intentional Living	1/13/2023	11a & 7p	56	Dr. Randy asks listeners for their testimony.
Faith	Morning Show	1/13/2023	7-9a	6	Blessing Offer Interview - Talked about how he got into music despite his blindness and how God answered his prayer "no" and what that meant for his faith.
Work	Intentional Living	1/16/2023	11a & 7p	56	Who is it at work that inspires you?
Faith	News	1/16/2023	6a	2	Talked about Buffalo Bills' QB Josh Allen's reinvigorated faith after the injury of friend and fellow player Damar Hamlin.
Work	News	1/16/2023	8a	2	A doctor is saying that she learned valuable lessons at her first job at a fast-food restaurant that she uses even now – showing up ready to work early, actively listening to the customer and knowing her patients, and how teamwork makes all the difference. What's a valuable lesson you learned at your first job that you use even today?
Relationships	Morning Show	1/16/2023	6:30a	2	Study shows that couples that use "we" instead of "I" were better at resolving conflict and being positive towards one another.
Parenting	Morning Show	1/16/2023	7a	2	Andy and Sandra Stanley - "Finding the It of Parenting" - Find a goal of the kind of person you want your child to become and gear your parenting around that.
Faith	Morning Show	1/16/2023	7:40a	2	You don't have to clean up before you meet God, meet Him where you are at right now and you can clean it up with His help.
Marriage	Intentional Living	1/17/2023	11a & 7p	56	Dr. Randy helps you to have a successful Marriage
Faith	Intentional Living	1/18/2023	11a & 7p	56	Dr. Randy wants to know the word that will define your life this year
Mental Health	News	1/18/2023	6a	2	A new study says one of the best things you can do to help lift your spirits when you're dealing with depression is to do something kind for someone else.
Finances	News	1/18/2023	8a	1	Grocery saving tips
Faith	Intentional Living	1/19/2023	11a & 7p	56	Dr. Randy asks you to share your word for the year.
Marriage	Intentional Living	1/20/2023	11a & 7p	56	Dr. Randy has marriage advice
Faith	Morning Show	1/20/2023	5-9a	4	Joy Report: Michelle (listener) shared how she went to dinner with her kids after her husband

					passed away. Even though she didn't want to go, she went and someone ended up paying for her and the rest of her 9-person party, totaling up to 400 dollars. She said she was blessed by that as a sign from God that He has her in the palm of His hand.
Special Needs	Community Calendar Spots	1/3/23-1/20/23	12am - 11:59pm	14	Night to Shine for special needs ages 14yrs+ Prom Night to honor & celebrate their lives-in ABQ, NM
Marriage	Intentional Living	1/23/2023	11a & 7p	56	Dr. Randy helps you to be intentional with your in-laws
Faith	Morning Show	1/23/2023	4-8a	4	Good News - listener normally doesn't ride with a helmet most days, but he hears God's voice to put it on one day and that was the same day he got in a massive accident which he would've died from had he not listened.
Faith	Intentional Living	1/24/2023	11a & 7p	56	Dr. Randy points to the bible for answers to life's big questions
Special Needs	News	1/24/2023	1pm	24	Prom Attire donated before the ABQ Night to Shine event so the attendees could dress up.
Work	Intentional Living	1/25/2023	11a & 7p	56	Dr. Randy shares his experiences navigating life's big questions
Relationships	Intentional Living	1/26/2023	11a & 7p	56	Dr. Randy helps you to answer relationship questions
Relationships	Intentional Living	1/27/2023	11a & 7p	56	Dr. Randy answers your relationship questions
Marriage	Morning Show	1/27/2023	6:40a	2	Talked about the best things we can say or do for our spouse to strengthen the relationship, also how to navigate arguments and argument styles
Mental Health	Morning Show	1/27/2023	8:12a	2	The power of compliments: Pam called in to share that those who complimented helped stave off her depression.
Health	Morning Show	1/27/2023	4-8a	4	Good News - Care bear (listener) shared that he was 3 years sober and shared how faith-based interventions including Family Life Radio
Work	Morning Show	1/27/2023	5-9a	4	Joy Report - Sherry shared about the joy that her job in caregiving gives her. She is able to minister as part of her job, but also show care and attention to those that need it.
Marriage	Intentional Living	1/30/2023	11a & 7p	56	Dr. Randy has advice on how to relate with your In-laws
Relationships	Intentional Living	1/31/2023	11a & 7p	56	Dr. Randy offers communication advice for smoother relationships
Parenting	News	1/31/2023	6a	1	Marie Kondo, famous for her impeccable organizational skills, says things changed rapidly after she had three children, and that while her home is now messy, she's spending time in the way that is right for her and her family, taking care of them.
Parenting	Morning Show	1/31/2023	6:12a	2	Parent Annie shared how she carves out quiet time with God in order to have endurance in serving her family.
Parenting	Morning Show	1/31/2023	6:30a	2	Shared adorable story of a dad singing "Hallelujah" to his baby and the baby raising his arms in worship.
Relationships	Morning Show	1/31/2023	6:40a	2	Study shows that Americans are more receptive to God and Christianity more than ever before which means there is less intimidation about in inviting them to church.

Relationships	Morning Show	1/31/2023	7a	2	Brittany (caller) shared how she reached out to an old friend who became an atheist to come to church and how that led to her friend accepting Christ.
Faith	Morning Show	1/31/2023	8:12a	2	Jared (caller) shared how he evangelizes by changing the radio stations of the cars at his dealership to Christian radio.
Parenting	Intentional Living	2/1/2023	11a & 7p	56	Dr. Randy answers your parenting questions
Relationships	News	2/1/2023	6a	2	Shared story of Peloton enthusiasts coming together to create a huge tip for a server who is a single mom. Talked about acts of kindness led by God's wisdom.
Parenting	Morning Show	2/1/2023	7:12a	2	Shared fun family ideas for celebrating Valentine's Day together such as making goodies to give to neighbors or friends or volunteer at a shelter or food bank.
Parenting	Morning Show	2/1/2023	5-9a	4	Joy Report - Ashley (caller) shared her greatest joy as a single parent
Relationships	Intentional Living	2/2/2023	11a & 7p	56	Dr. Randy talks about boundaries in relationships
Relationships	News	2/2/23	6a	3	Shared story of a lady who received a note saying her kids were too loud. Rather than retaliate in anger, bought the neighbor who wrote it a card and flowers to say they were adjusting to the new neighborhood. The neighbor reciprocated with a gift and a new note to say they will adjust together. Discussed how to politely deal with differences with new neighbors.
Parenting	Morning Show	2/2/23	6:30	2	To instill better self-esteem and sense of worth in your kids, research suggests complimenting something else about your kids' character rather than appearance.
Faith	Morning Show	2/2/23	7:12a	2	If you feel that your church day feels like a routine, discussed ways to prepare oneself better for a day with God. Praying before getting to church, listening to worship music on the way there, etc.
Faith	Morning Show	2/2/23	7:40a	2	A caller shared that she had a fear of dying and we discussed the spiritual implications of her fixation.
Relationships	Morning Show	2/2/23	8:40a	2	A gentleman caller shared an experience watching a younger couple as the guy was stuck in his phone. The gentleman encourages the young man to put the phone down and they ended up having an enjoyable conversation as a result.
Faith	Intentional Living	2/3/2023	11a & 7p	56	Dr. Randy says faith helps with Life's big questions
Faith	Morning Show	2/3/23	7:12a	2	"How do we know we're right?" - Discussed the case for Christ and why we as Christians believe He is the one true God.
Relationships	Afternoon Show	2/03/2023	2:40p	1	A Battle Creek Elementary school needs your help collecting Valentines from around the world. Asking for Arizona, California, New Mexico, Texas, Tennessee, Georgia, Florida, Wisconsin and Kansas residents to send them a valentine.
Marriage	Intentional Living	2/6/2023	11a & 7p	56	Dr. Randy helps you to face the challenges in your marriage

Relationships	Morning Show	2/6/23	7-9a	8	"Saying Goodbye" - Discussed the difficulties in being present for a person's last moments, but the power of celebrating a person's life with them and carrying their legacy.
Faith	Intentional Living	2/7/2023	11a & 7p	56	Dr. Randy says contentment is the key to peace
Finances	Morning Show	2/7/23	7-8a	4	Love Your Neighbor - Deb called in with a nomination for a need for a couple traveling to see their baby in the NICU which Harriet provided a gas card.
Faith	Morning Show	2/7/23	8:40a	2	Jessica (caller) shared how she has come to rely on Jesus to help her through trials in her life.
Relationships	Intentional Living	2/8/2023	11a & 7p	56	Dr. Randy helps you find the good in your relationships
Work	Morning Show	2/8/23	8:12a	2	Caller shared how he fulfilled his dream of working towards a cheesecake business.
Parenting	Intentional Living	2/9/2023	11a & 7p	56	Dr. Randy says discipline is important in parenting
Faith	Morning Show	2/9/23	6:12a	2	Shared video of a grandma talking about how to display the love of Jesus to others and opening conversations about faith
Faith	Intentional Living	2/10/2023	11a & 7p	56	Dr. Randy says prayer is critical to answering your big life questions
Relationships	News	2/10/23	8a	2	Shared story of a fast-food worker who received a surprise 100-dollar bill from a customer which encouraged her, especially after she shared, she was considering taking her own life.
Relationships	Morning Show	2/10/23	6a-7a	6	Callers shared their engagement stories from revisiting the couple's "firsts", like revisiting a first date location.
Marriage	Community Calendar Spots	2/4/23-2/10/23	12am - 11:59pm	7	Weekend to Remember-Getaway Conference Feb 17-19 at Hyatt Regency Tamaya Resort & Spa in Bernalillo, NM.
Human Trafficking Awareness	Community Calendar Spots	2/4/23-2/10/23	12am - 11:59pm	7	First non-profit salon to benefit human trafficking to have jobs in NM "Passion Story-learn more at Galentines Gala Feb 18th.
Marriage	Intentional Living	2/13/2023	11a & 7p	56	Dr. Randy helps you be proactive about communication in marriage
Faith	News	2/13/23	6a	1	Studies show younger generations are not as interested in going to church, well there's a church in Singapore that's gained attention by having gen z run the service – they run lights, sound, do the church livestreams. Older members of the church are mentoring them. How is your church reaching out to younger generations?
Work	Morning Show	2/13/23	6-7a	6	Discussed how to manage emails, especially ones that don't seem to stop even when you "unsubscribe". One such suggestion was to have a "dummy" account for all of those offers.
Mental Health	Morning Show	2/13/23	7-9a	4	Coach Dar interview - shared how to embrace adversity.
Faith	Morning Show	2/13/23	7:40	2	"What I Lost Praying" - talked about a man's response to "what do you gain by praying to God?" - He said, "it's more about what I lost: anger, ego, greed, depression, insecurity, and fear of death.

Health	Morning Show	2/13/23	8:12a	2	Discussed the power of encouragement and the effects it has on people to get better.
Faith	Morning Show	2/13/23	8:40a	2	Ann (caller) shared how she was called to pray more in expectation.
Health	Evening Show	2/13/2023	8p	1	Skipping a meal could cause weight gain.
Marriage	Intentional Living	2/14/2023	11a & 7p	56	Dr. Randy says trust is important in your marriage
Faith	Morning Show	2/14/23	8:40a	3	Different take on answered prayers: "I asked for strength, and God allowed me to go through difficulties to make me stronger.
Mental Health	Intentional Living	2/15/2023	11a & 7p	56	Dr. Randy helps you to overcome perfectionism
Marriage	Afternoon Show	2/15/2023	2:10p	1	An Albuquerque man known for making grand gestures of love for his wife on Valentines says it's because he is so happy to have turned his life around.
Marriage	Intentional Living	2/16/2023	11a & 7p	56	Dr. Randy helps you to not be a nag
Relationships	Intentional Living	2/17/2023	11a & 7p	56	Dr. Randy helps you to understand and practice forgiveness
Relationships	Community Calendar Spots	1/3/23-2/17/23	12am - 11:59pm	14	Free Chosen Movie and dinner night at East Mountain Vineyard Church in Edgewood, NM
Parenting	Intentional Living	2/20/2023	11a & 7p	56	Dr. Randy helps you to be an intentional parent
Relationships	Intentional Living	2/21/2023	11a & 7p	56	Dr. Randy says being intentional in one area of life affects the other areas
Poverty	News	2/21/2023	1pm	22	Feed NM Kids Executive Director, Tracy Rodden shared how to end childhood hunger, homelessness and help finish school, by providing SNACK PACKS to NM.
Human trafficking Awareness	News	2/21/2023	1pm	22	First Non-profit salon to offer human trafficking work employment, skill and job opportunity.
Finances	Intentional Living	2/22/2023	11a & 7p	56	Dr. Randy helps you to be intentional with your finances
Finances	Intentional Living	2/23/2023	11a & 7p	56	Dr. Randy says it's important to save more than you spend
Faith	Intentional Living	2/24/2023	11a & 7p	56	Dr. Randy helps you to live an intentional life in Jesus Christ
Faith	Community Calendar Spots	2/11/23-2/24/23	12am - 11:59pm	14	2023 New Mexico Evangelism Conference gathering all NM Baptist churches together Feb 27-28th.
Mental Health	Intentional Living	2/27/2023	11a & 7p	56	Dr. Randy says being intentional is good for your mental health
Faith	News	2/27/23	8a	2	Shared stories of community and God moving through those to give their services at the Asbury revival in Kentucky.
Faith	Morning Show	2/27/23	7a	2	John Bevere interview - talked about the difference between being afraid of God and in fear of God and why the latter is important and necessary.
Relationships	Morning Show	2/27/23	8:12a	2	Caller shared story of how giving cookies to strangers in her neighborhood saved a life and showed that she was important.
Health	Intentional Living	2/28/2023	11a & 7p	56	Dr. Randy and King Hoover help you to be intentional with your health



Health	Intentional Living	3/1/2023	11a & 7p	56	Dr. Randy and King Hoover help you to be intentional with your health
Work	News	3/1/23	8a	1	A new study from UCLA says that if you treat your weekends like mini vacations, it can affect your mood for the upcoming Monday in a positive way, and even make your workweeks more productive. Have you ever tried this approach? If so, what do you do on your vacation weekends?
Health	Morning Show	3/1/23	4-8a	4	Good News - Jeff (caller) shared how he lost 88 lbs. by taking the biblical Daniel fast.
Parenting	Morning Show	3/1/23	8:40AM	2	Shared audio of toddler trying to recite the Lord's prayer. Talked about the importance of training up your children young.
Marriage	Intentional Living	3/2/2023	11a & 7p	56	Dr. Randy says forgiveness is key in marriage
Mental Health	Intentional Living	3/3/2023	11a & 7p	56	Dr. Randy says to start small with new improvements
Finances	News	3/3/23	8a	1	With the inflation we're dealing with, cash-strapped Americans are cutting out dating and social events to try to save money. How have you been able to get out and have fun for little to no money in these tough times?
Parenting	Morning Show	3/3/23	7:10AM	2	Cathryn (caller) shared that to get some privacy from the kids, she'll hide in one of the kids' closets.
Faith	Morning Show	3/3/23	8:40AM	2	The greatest version of you is not the "I can do anything" version of you. The greatest version of you is the disciplined version of you, where you say, I won't go there, I won't do that, I won't indulge in that, I won't be tempted by that, because I am focused on my relationship with God and THAT is a deterrent. The parameters you set to align yourself with God's will – that is what creates the greatest version of you.
Arts	Community Calendar Spots	2/18/23-3/3/23	12am - 11:59pm	14	Pope Joy Hall presents the junior company of the American Ballet Theatre on Sunday, March 5th in ABQ, NM.
Education	Community Calendar Spots	2/25/23-3/3/23	12am - 11:59pm	7	2 Scientist from the Institute for Creation Research will be speaking at Providence Bible Presb. Church in ABQ
Poverty	Spots (FMA)	2/20/23-3/5/23	12am - 11:59pm	14	Help to end childhood hunger in NM Schools by bringing Snack pack donations, volunteer or donate.
Relationships	Intentional Living	3/6/2023	11a & 7p	56	Dr. Randy helps you to live with understanding
Marriage	Intentional Living	3/7/2023	11a & 7p	56	Dr. Randy answers your marriage questions
Relationships	Intentional Living	3/8/2023	11a & 7p	56	Dr. Randy helps you to deal with difficult people
Marriage	Intentional Living	3/9/2023	11a & 7p	56	Dr. Randy helps you to have excellent communication in your marriage
Marriage	Intentional Living	3/10/2023	11a & 7p	56	Dr. Randy takes your marriage questions
Relationships	Intentional Living	3/13/2023	11a & 7p	56	Dr. Randy helps you see others through God's eyes
Marriage	Intentional Living	3/14/2023	11a & 7p	56	Dr. Randy offers marriage advice by answering your questions

Relationships	Intentional Living	3/15/2023	11a & 7p	56	Dr. Randy has suggestions on how to deal with negative people
Marriage	Intentional Living	3/16/2023	11a & 7p	56	Dr. Randy talks about the importance of effective communication in marriage
Marriage	Intentional Living	3/17/2023	11a & 7p	56	Dr. Randy shares why forgiveness is needed in marriage
Marriage	Intentional Living	3/20/2023	11a & 7p	56	Dr. Randy helps you to reset your marriage
Marriage	Intentional Living	3/21/2023	11a & 7p	56	Dr. Randy asks the people who've been married a long time to share advice with newer couples

