## **Quarterly Issues/Programs Report**

Station <u>WTOK-TV</u>

Location Meridian, Mississippi

For quarter beginning

January 1 2014

Attached hereto are descriptions of issue-responsive programming broadcast by this Station during the reporting period.

The listed programs aired on the station during the reporting period on the days and times of concern to viewers in the area.

## PROGRAMS THAT ADDRESS LOCAL ISSUES

The following programs that aired during the relevant reporting period regularly address local issues and concerns in the station's city of license and within its service area. Specific episodes and segments of these programs and the issues they addressed are listed on the following pages.

Program Name	Schedule (Day/Time)	Brief Generic Description
Live @ Five	Mon-Fri 5pm (30 minutes)	Daily News program with live interviews.
Newscenter 11@6	Mon-Sat 6pm (30 minutes)	Daily News program that covers community issues
Good Morning Meridian	Mon-Fri 5:30am (90 minutes)	Early morning news program that begins at 5:30am
On the Record	Sunday 5:30pm (30 minutes)	Sunday evening public affairs program. The host interviews local and statewide newsmakers on the issues.
Newscenter 11@10	Mon-Sun. 10om (35 minutes)	Daily News program that covers community issues.

## LOCAL ISSUES ADDRESSED DURING THE QUARTER

The following are local issues of concern to the community. Programs that addressed these issues during this reporting period are listed as follows.

Local Issue/Concern	Brief description of local issue or concern	
Education/Issues	Local Schools dealing with test scores. Proposed Charter Schools and funding early education. There were meetings to address school to jail issues.	
Youth Activities	Local organizations and churches organize activities for youth in order to give teens a place to be safe, learn character and have fun. Board of Supervisors proposes parks for youth activities. The plans are controversial.	
Youth Crime	A continued rise in crime has school officials and elected officials looking for solutions. Those solutions come from schools, parents and church officials.	
Gun Control	Gun sales continue up this quarter, due to the continued rise in crime in our area. Residents are learning to fend for themselves. They are also fighting what they see is an effort by the federal government to take away Second Amendment rights.	
City Government	WTOK TV covered the new city government officials and its leadership for this new administration. We are attending city council and community meetings, listening to issues that concern residents.	
Mental Health	Mental Health issues and how it relates to crime. We continued stories that addressed the issues that our community faces.	

Education/Issues

<u>Program</u>	Date/Time/Duration	<u>Description</u>		
News @6	01/14/14/ 6pm/2:00 min	West Lauderdale Middle School holds a Reading Fair for 8 <sup>th</sup> grade students. Projects were judged on creativity and originality.		
News @6	01/17/14 6pm/ 2:00 min	Three local public schools in Alabama are on a list of failing schools. The list was released by the Ala. Dept of Education.		
News @5	01/17/14 5pm/ 2:00 min	Details of Mississippi's transition to Common Core are becoming clearer. State Board of Education likely to approve a new plan.		
News @10	03/05/14 10pm/ 2:00 min	A battle over the Common Core Curriculum in Mississippi is brewing.		
News @10	03/20/14 10pm/ 2:00 min	The push for teacher pay raises in Mississippi is on. Teachers rally at state capitol.		
Good Morning Meridian	03/24/14 6am/ 2:00 min	Senate takes up new proposal for teacher pay raises.		

Youth Activities

<u>Program</u>	Date/Time/Duration	Description		
News @10	01/13/14/ 10pm/2:00 min	The Meridian Little Theater hosts its annual show for students in surrounding communities. Show will bring in roughly six thousand students.		
News @6	01/27/14 6pm/ 2:00 min	Mississippi's Governor signed into law a youth sports concussion bill. The bill is a protection for youth.		
News @6	02/25/14 6pm/ 2:00 min	Annual pancake Jubilee.  Money is raised for youth sports activities.		
Good Morning Meridian	02/21/14 5:30am/ 2:00 min	Live shots on Good Morning meridian talking with local club about pancake jubilee.		
Live @ five	03/13/14 5pm/ 2:00 min	Applications for upcoming youth event for Jimmie Rodgers festival.		
News @6	03/06/14 6pm/ 2:00 min	Spring Break Basketball camp being sponsored for youth at a local Baptist church. Keeps youth off the street.		

Youth Crime

<u>Date/Time/Duration</u>	<u>Description</u>		
01/01/14/ 10pm/2:00 min	A Meridian teenager has been charged as an adult in a recent shooting. He was transferred from youth court.		
01/26/14 6pm/ 2:00 min	Philadelphia's police chief sends out a warning to parents. Be mindful of children on social Media		
1/24/14 6pm/ 2:00 min	Philadelphia High School student arrested for posting gun on social media.		
03/20/14 6pm/ 2:00 min	Meridians mayor and police chief say they are coming down hard on youth crime.		
03/24/14 5pm/ 2:00 min	Crime fighters say crime is down in Lauderdale County. Records show a 30 percent drop since last year		
	01/01/14/ 10pm/2:00 min  01/26/14 6pm/ 2:00 min  1/24/14 6pm/ 2:00 min		

Gun Control

<u>Program</u>	<u>Date/Time/Duration</u>	<u>Description</u>		
News @10	01/20/14/ 10pm/2:00 min	Some Alabama residents hoping national leaders will take notice their feelings at a pro second amendment.		
News @6	01/27/14 6pm/ 2:00 min	Mississippi Senators co- sponsor bill that would allow Mississippians to carry concealed weapons in other states.		
News @6	02/23/14 6pm/ 2:00 min	The US Supreme Court could take up gun rights and presidential powers in the weeks ahead.		
Live @Five	02/19/14 5pm/ 2:00 min	Plans are moving forward for a Mississippi sales tax holiday for guns ammunition, bows and arrows.		
News @6	02/25/14 6pm/ 2:00 min	Creating a tax free weekend for guns in Mississippi is headed to the governor.		

City Government

Program	Date/Time/Duration	<u>Description</u>		
News @10	01/13/14/ 10pm/2:00 min	Meridian's new council is working on several new ordinances. Now effective is a new noise ordinance.		
News @6	01/14/14 6pm/ 2:00 min	One of Meridians historic buildings during the civil rights movement is set for demolition.		
News @6	02/14/14 6pm/ 2:00 min	Mayor Bland shocks the cityhe fires the city's long time chief financial officer, Ed Skipper. No reason given for the firing.		
Live @Five	03/27/14 5pm/ 2:00 min	Meridian's Equal Opportunity Officer says new police chief operates and offensive and intimidating department		
News @6	03/21/14 6pm/ 2:00 min	The latest on the Civil Service Commission. The mayor removed all but one and wants to replace them.		

Mental Health

<u>Program</u>	<u>Date/Time/Duration</u>	<u>Description</u>
Live @ Five	01/01/14 5pm/2:00 min	How to boost your immune system Some doctors say laughter can lower your stress level.
News @10	01/14/14 10pm/ 1:00 min	A new study suggests some brain training will keep your mind sharp.
Good Morning Meridian	02/07/14 5:30apm/ 1:30 min	Several law enforcement officers graduated from program centered around officers and ability to handle anyone with a mental illness.
Live @Five	03/13/14 5pm/ 3:00 min	Experts say "World Sleep Day" should open eyes to how much sleep you may be missing and what that means
Good Morning Meridian	03/15/14 5:30am/ 2:00 min	to your mental health.  Weems Mental Health holds a parenting seminar. The agency deals with children with social problems and mental health issues.

## **Special Community Projects**

## 1<sup>st</sup> Quarter

## 2014

February 4, 2014 Good Morning Meridian aired

Good Morning Meridian aired nearly an hour and a half News programming for the Kentucky Ham Breakfast. The event is sponsored by a local Downtown church for mission

February 25, 2014

Downtown Optimist Club Pancake Jubilee at the Temple Theater. Good Morning Meridian aired nearly an hour and a half news programming coving the event. The event raises money for youth summer athletic events.

March 25, 2014

Live shot to help with fundraising of athletic program at a local community college, East Central Community College. Former NFL Coach, Tony Dungy was the guest.



April 1, 2014

To: Station Management

Re: ABC Television Network First Quarter, 2014 Program Information

Attached is the **First Quarter** review of the *ABC Television Network News & Public Affairs Programming*. The information, which we will continue to issue on a quarterly basis, may be useful to licensees in compiling their FCC quarterly issues/program list for your station's public inspection files. All related legal materials will be posted on the A-Net prior to the 10<sup>th</sup> day of the new quarter (Word version 7.0).

If you have any questions regarding this report, please contact your Station Relations representative, or send an e-mail to <a href="mailto:abc.affiliate.relations@abc.com">abc.affiliate.relations@abc.com</a>.

Regards,

Susi D'Ambra-Coplan Vice President Affiliate Relations

Attachment(s)

#### ABC NEWS PROGRAMS – First Quarter, 2014 WORLD NEWS NOW

Monday thru Friday 2:00 - 4:30 AM ET 12:00 - 4:30 AM PT (Monday) 1:06:30 - 4:30 AM PT (Tuesday-Friday)

Comprised of thirty-minute segments, ABC's WORLD NEWS NOW, with co-anchors Diana Perez and John Muller, offers up-to-date news coverage including a mixture of live and taped coverage of domestic and international news issues.

#### **AMERICA THIS MORNING**

Monday through Friday 4:00 - 7:00 AM ET 4:30 - 7:00 AM PT

John Muller and Diana Perez co-anchor this morning news program which provides viewers with late-breaking national and international news, sports, weather and financial reports. Featuring separate and distinct fifteen-minute segments, information about overnight events is constantly updated.

#### GOOD MORNING AMERICA

Monday through Friday 7:00 - 9:00 AM ET / PT

George Stephanopoulos and Robin Roberts provide viewers with timely news reports, informative features, weather information, and up-to-the minute interviews with world leaders.

#### **ABC NEWS BRIEF**

*Monday* through *Friday* aprx. 2:58 - 3:00PM ET / 1:58 - 2:00PM PT

This two-minute news capsule updates important news events of the day.

NOTE: As events warrant, ABC NEWS BRIEF may be expanded or re-scheduled, or an additional News Brief may be scheduled.

#### ABC WORLD NEWS WITH DIANE SAWYER

*Monday* through *Friday* 6:30-7:00PM ET and 7:00-7:30PM ET 5:30-6:00PM PT and 6:00-6:30PM PT and 6:30-7:00PM PT

ABC News Anchor Diane Sawyer keeps viewers informed about world news events in this half-hour news review

#### 20/20

*Monday* through *Friday* 10:01 - 11:00PM ET

Informational News magazine combines hard-hitting investigative reports, newsmaker interviews, compelling human interest and feature stories, and offers viewers a chance to learn more about the world around them. ABC News Correspondents David Muir and Elizabeth Vargas anchor 20/20.

#### **NIGHTLINE**

*Monday* through *Friday* 12:37AM - 1:06:30AM ET / PT - *unless otherwise indicated* 

Cynthia McFadden, Dan Abrams and Dan Harris co-anchor the program which provides in-depth discussion of current events.

NOTE: As news events warrant, ABC NEWS NIGHTLINE may be expanded. Please refer to the NIGHTLINE section for exact program times.

#### WORLD NEWS WITH DAVID MUIR

Saturday

 $6{:}00$  -  $6{:}30PM$  ET and  $6{:}30$  -  $7{:}00PM$  ET

5:30 - 6:00PM PT and 6:00 - 6:30PM PT

Sunday

6:00 - 6:30PM ET and 6:30 - 7:00PM ET

5:00 - 5:30PM PT and 5:30 - 6:00PM PT

This half-hour news program reviews the day's major events.

NOTE: ABC Sports programs may necessitate the preemption or rescheduling of various news feeds.

#### THIS WEEK WITH GEORGE STEPHANOPOULOS

Sunday

 $9:\!00-10:\!00AM$  ET /  $8:\!00-9:\!00AM$  PT and  $10:\!30-11:\!30AM$  ET /  $9:\!00-10:\!00AM$  PT

ABC News Correspondent George Stephanopoulos anchors this news/interview program which focuses on the latest news events. World leaders and policy makers participate in roundtable discussions.

NOTE: ABC Sports programs may necessitate the pre-emption or re-scheduling of various news feeds.

#### ABC NEWS PROGRAMS - First Quarter, 2014

#### 20/20

Friday, January 3, 2014

#### THE BIG LIE

- **Fake Kidnapping:** Tiffiny Bray vanished from her native Oklahoma town and the only clue: a text she managed to send to her fiancé, indicating she had been kidnapped. But after cops and family went into high gear to find her, the surprising truth was revealed. Why would someone fake their own kidnapping? Tiffiny sits down with Deborah Roberts to reveal all.
- Fake Navy Seal: In the inglorious annals of fake Navy Seals, AJ Dicken stands alone. For years he told people he was the most decorated seal in the history, serving in Vietnam, Iraq, and later even killing Osama bin Laden. And he was almost able to parlay his hustle into a seven-figure fraud. But when a real Navy Seal exposed Dicken as a fraud and an ex-con, the whole operation went south, and Dicken went on the run... until Matt Gutman tracked him down.
- Fake Rock Star: Rob "Talll" Mawhinney had everyone convinced even members of his own band that he was a rich rock star. Except, that's all it was a fantasy. Mawhinney defrauded as many as four different banks to the tune of \$11 million in loans. He tells Chris Connelly his tall tales from inside prison.
- Talk Show Hoaxer: Kenny Tarr has made a career out of faking his way onto talk shows with a seemingly infinite menagerie of fabricated identities. But this Fall when he prank-called famous football coaches with bogus job offers and allegedly recorded them illegally, the fun ended abruptly. Nick Watt goes face-to-face with the man of many faces.

#### Friday, January 10, 2014

#### TEENS THESE DAZE

From a former college basketball star who faked her own kidnapping, to a teenager who returned home after a night of heavy drinking – to the wrong home, "20/20" reports on the pressures and sometimes deadly decisions of teenagers.

#### Friday, January 17, 2014

#### (IM)PERFECT GETAWAYS

- **Autopilot:** Have some pilots become too dependent on automation, and could they handle an emergency if the autopilot suddenly was not there to help? David Muir reports on some recent pilot errors.
- **Stowaways:** Juju Chang reports on modern day stowaways who risked life and limb by hiding out in such places as a plane's toilet, the wheel well, and the cargo hold, shipping themselves in a crate. How does this happen with all of the security in place since 9/11?
- **Killer Hotel:** Three people died in the Boone, NC Best Western's room 225 in two separate carbon monoxide poisoning incidents last year. The shocking fact is that it was not until the second incident that killed 11-year-old Jeffrey Williams that carbon monoxide was identified as the culprit. Jeffrey's mom Jeannie is speaking out for this first time to Matt Gutman. How common a problem is this, and how safe is your hotel?
- Confessions of a Baggage Handler: Stolen valuables... damaged bags... what really happens to your bag after you check in? Deborah Roberts hears the confessions of two baggage handlers who reveal dirty secrets of their trade, and what you can do to make sure your bag arrives in one piece.
- Overboard: The thought has crossed the mind of most cruise ship passengers what happens if I go overboard? But Sarah Kirby does not have to wonder as she survived a terrifying caught-on-camera plunge into the Caribbean on the first night of her 30th birthday cruise. The incidents are rare, and the industry says they are usually suicides. Yet five incidents have happened in just the past month. Is the industry doing everything it can to detect and save overboard passengers? Reena Ninan reports.
- **Horrible Passengers:** Nick Watt looks at the contenders for world's worst plane passengers. The competition is stiff.

#### Friday, January 24, 2014

#### LOVE AFFAIR

The parents of Jimmy Pallais thought they were doing all the right things for their newly adopted teenage son by sending him to a good school near home. That is until they found out that his teacher had fallen in love with their 15-year-old son. Jenny and Alex Pallais and their son speak for the first time about this case to David Muir.

#### Friday, January 31, 2014

#### YOUNG GUNS

In a one-hour special, hidden cameras reveal shocking examples of what children do when left alone with a gun in the house. ABC Anchors Diane Sawyer and David Muir explore the issue of kids and guns in interviews across America with parents who expose their young children to guns to demystify them, and parents who believe a gun is only secure from kids when it is in a safe.

#### Friday, February 7, 2014

#### MY STRANGE AFFLICTION

20/20 reports on bizarre medical mysteries that stumped even the experts at first and made the people with these "strange afflictions" wonder if they were going crazy. Anchored by Elizabeth Vargas and David Muir.

- Selective Eating Disorder: Deborah Roberts reports on a newly diagnosed condition that gives a whole new meaning to the term "picky eater," Avoidant Restrictive Food Intake Disorder (ARFID) where adults with this disorder, suffer excruciatingly painful emotional and physical reactions to certain foods.
- Allergic to Noise: New York Times writer Joyce Cohen and her husband Ben live in NYC one of the noisiest cities in the world. But noise is torture for them so much that Joyce wears industrial strength earmuffs outside, and her husband can barely leave their small apartment. They both suffer from Hyperacusis, which causes terrible, often unbearable pain in the ear. Elizabeth Vargas reports.
- **Dwarf Twin:** Sienna 'Sinny' Bernal is one in roughly 200 people in the world with Primordial Dwarfism, a rare genetic condition. At 14, she is just over four feet tall and roughly 50 pounds having reached her maximum height setting her apart from other teen girls, especially her identical twin sister, Sierra. Sierra is an average sized girl, making the twins the only known pair in the world with such a combination. Jay Schadler reports.
- **Sudden Blindness:** One healthy young college student called it his "magical medical mystery tour" when he started losing his eyesight -- and no one knew why. That is, until his mother sprang into action and saw what the doctors had missed. Chris Connelly reports.
- Hair Loss: Imagine your favorite feature was taken away by a mysterious disease. That is what happened to Georgia Van Cuylenburg. Like five million other Americans, she suffers from Alopecia a condition with sudden and unpredictable hair loss. Making this devastating loss even harder is that Georgia was a professional hair model. Elizabeth Vargas reports.

#### Friday, February 14, 2014

#### **OUT OF BOUNDS**

It was the girl crush that became a crime and made national headlines: Kaitlyn Hunt, 18, engaged in a sexual relationship with a 14-year-old in the high school they attend. She was charged with lewd and lascivious battery of a child. But was the reason Hunt was being targeted because hers was a same-sex relationship?, Kaitlyn Hunt speaks exclusively to ABC News Correspondent Matt Gutman.

#### Friday, February 21, 2014

#### THE PERFECT NANNY

Dr. Martin MacNeill appeared to be the perfect husband. But when his wife Michele was found dead in their bathtub, his children accused him of orchestrating her death. Although it was officially ruled an accident, Michele's daughters pressed authorities to investigate. The MacNeill children were desperately seeking justice for their mother; now, five and a half years after her death, a sensational trial in a Utah courtroom gripped the country for weeks as Martin MacNeill stood accused of premeditated murder. Elizabeth Vargas reports.

#### Friday, February 28, 2014

#### ON THE RUN

When a stunning mom on the run with her two young boys from two different ex-husbands, Maria Misejova, a native Slovakian, does not return from a month long vacation overseas, two heartbroken fathers begin a worldwide manhunt. For nearly two years, Bob Pfeifer and Larry Hummel take matters into their own hands in a desperate search filled with near misses and dead ends. When Bob Pfeifer launches his own social media campaign, fresh leads start coming in, including video of the boys with their hair grown long, one in pigtails. Maria, is soon apprehended. David Muir reports in this exclusive.

#### Friday, March 7, 2014

#### TRUE CONFESSIONS

Get ready for a big dose of shocking disclosures...from dry cleaners, nail salons, and movie theaters, to baggage handlers and movers, the people in your neighborhood reveal some surprising secrets of their trade. 20/20 reports.

#### Friday, March 14, 2014

#### MURDER FOR HIRE

In a "20/20" exclusive, David Muir rides along shotgun with the hit men hired to pull the trigger... only these assassins are really undercover Bureau of Alcohol Tobacco and Firearms agents disguised as killers...they foil the plots. The report includes undercover ATF video of the set-ups and the stings -- conspiracies to commit murder all caught on tape.

#### Friday, March 21, 2014

#### SLEEPING WITH THE ENEMY

How well do you know the person sleeping next to you? Janet Abaroa was found dead in North Carolina. Her husband, Raven Abaroa, said he discovered his dead wife's body after returning home from playing soccer. He moved to Utah and Janet's murder remained unsolved. While in Utah, Raven met and then married Vanessa Pond. It is not long before wife number two feels she is in danger. Eventually, a new cold case detective starts looking for new clues, Janet's body is exhumed, and Raven is arrested and extradited back to North Carolina to stand trial. John Quinones reports.

#### Friday, March 28, 2014

#### DOES MOTHER REALLY KNOW BEST?

- Did a mom ask her son to kill his own stepfather? Gio Benitez tells the unbelievable story of one
  woman's elaborate plot to have her estranged husband killed. Gio Benitez has the exclusive jailhouse interview.
- Tasha Adams was unaware that a waitress, Jackie Conners, was observing her at a local pizzeria in Arkansas and reported to police that Adams was consuming "drink after drink" while simultaneously breastfeeding her infant. In "20/20's" exclusive interview, Adams is adamant that she did nothing wrong and was sober enough to breastfeed her child. Authorities dropped the charges against her but the waitress was let go from her job after the incident and claims she was fired for taking action. Juju Chang reports.
- Many kid sports are out of control, but sometimes it's the mom and dads who belong in the penalty box.. "20/20" tracks the case of Janet Chiauzzi who stalked and terrorized a family all because her son was not picked for the travel baseball team. In an exclusive interview with Deborah Roberts, the victims describe the terrible ordeal that turned their lives upside down.

#### 20/20 SATURDAY

Saturday, January 18, 2014 (10:00 - 11:00PM ET / PT – unless otherwise indicated)

#### THE PEOPLE NEXT DOOR

- **Bulldozer**: What would drive a Port Angeles, WA man to destroy his neighbor's property with a bulldozer? Jay Schadler reports on the ultimate neighbor nightmare (OAD: 9/20/13)
- Neighbor From Hell: Kim and Greg Hoffman say their neighbor Lori Christensen, a single mother and former Girl Scouts leader, made it her mission to ruin the Hoffman's lives. Her brand of terror was wide ranging. After months of legal negotiations, Christensen had agreed to plead guilty to violating a harassment restraining order and receive 10 years' probation and a 10 year "stay away." She was back in the headlines again when she submitted a motion at her sentencing hearing to withdraw her guilty plea, suggesting it had been coerced. Amy Robach reports. (OAD: 9/20/13)
- **Nextdoor.com**: It's billed as a customized social network for individual neighborhoods a way to connect, to problem-solve, even to fight crime. Nextdoor.com is a high-tech neighborhood watch, where neighbors can post personal observations and security cam images. But is it also just another way to gossip or to spy? Nick Watt reports. (OAD: 9/20/13)

#### Saturday, January 25, 2014

#### THE ALMOST PERFECT CRIMES

Anchored by Barbara Walters, the night takes us from a meticulously planned bank robbery out of a Hollywood script, to a man who impersonated his dead mother to collect her social security payments, to a father who faked his own death; "20/20 Saturday" reports on almost perfect crimes.

#### Saturday, February 1, 2014

#### WORK WARS

How do you survive working for a tough boss? What is your favorite office revenge fantasy? What are the hidden career killers? "Work Wars"—how to wage them and how to win.

- I Quit: Joey D. Francesco despised his job as a hotel worker, so he decided to quit not just with the typical two weeks' notice, but in grand fashion. He hired a marching band to come in to his boss' office and blast the news. Dan Harris reports.
- **Tough Bosses**: Do you work for an aggressive boss? Learn how to survive from the head shark himself, "Shark Tank's" Kevin O'Leary, the straight-talking "Mr. Wonderful" from the hit ABC show. Elizabeth Vargas reports.
- Black Market Office Supplies: Many workers have pilfered the occasional stapler or post-its, but what about \$1.5 million worth of toner? Such was the case of Marque Gumbs, who financed a flashy lifestyle by ordering excess ink as a clerk then selling the cartridges for as little as \$10. Prosecutors say there is a thriving black market in purloined office supplies. Gio Benitez reports.
- The Bundle: Being asked by your boss to do stuff you are not crazy about is a common gripe. But what happens when your boss offers you \$10,000 a year for the rest of your life to help dispose of a "bundle" for him which happens to be his dead wife? Jim Avila reports.
- Secret Career Killers: Think working hard, making friends in the office and bringing in food for your colleagues is the way to get ahead? Think again. Paula Faris reports.

#### Saturday, February 22, 2014

#### MYSTERIES OF THE CASTLE: BEYOND DOWNTON ABBEY

Anchored by ABC News' Amy Robach, indulge your inner Lord or Lady and join Amy in a behind-the-butler look at the Downton Abbey world from inside the real-life English castle that inspired the cult series.

## Saturday, March 15, 2014

#### A BARBARA WALTERS EXCLUSIVE: "STOLEN AT BIRTH: A 20/20 INVESTIGATION"

ABC News' Barbara Walters and Brian Ross update their exclusive investigation of the mystery of Paul Fronczak, the Chicago baby stolen almost 50 years ago, uncovering new and riveting leads. This intriguing case took a shocking turn, making headlines when DNA tests showed that Paul is not actually his parents' biological child.

#### Saturday, March 22, 2014

#### **BUM LUCK**

- Lotto Murder: The strange case of Abe Shakespeare: a down on his luck, illiterate man who won the Lotto, proceeded to be hit-up and fleeced by an army of moochers, and then was murdered by his supposed financial advisor Dee Dee Moore. It was only after Shakespeare's friend, a barber named Greg Smith, went undercover for the cops that the killer was brought to justice. ABC News Correspondent Matt Gutman's reports. (OAD: 9/10/13)
- **Lucky Numbers:** Are some numbers luckier than others when playing the lottery? "20/20" conducted a mathematical analysis of the numbers drawn in past Powerball and MegaMillions jackpots of \$100 million or more and found a handful of numbers that just kept popping up and others that almost never did. What are they and why? A numerologist gives us his take and a mathematician tells us to get real. (OAD: 9/10/13)

#### Saturday, March 29, 2014 (9:00-10:00PM ET / PT)

#### **WORK WARS**

- I Quit: Joey D. Francesco despised his job as a hotel worker, so he decided to quit not just with the typical two weeks' notice, but in grand fashion. He hired a marching band to come in to his boss' office and blast the news, all captured on video. Dan Harris reports.
- Tough Bosses: Do you work for an aggressive boss? Learn how to survive from the head shark himself, "Shark Tank's" Kevin O'Leary, the straight-talking "Mr. Wonderful" from the hit ABC show. Elizabeth Vargas reports.
- Black Market Office Supplies: Many workers have pilfered the occasional stapler or post-its, but what about \$1.5 million worth of toner? Such was the case of Marque Gumbs, who financed a flashy lifestyle ordering excess ink as a clerk at Memorial Sloan Kettering, then selling the cartridges for as little as \$10. Gio Benitez reports.
- The Bundle: Being asked by your boss to do stuff you are not crazy about is a common gripe. But what happens when your boss offers you \$10,000 a year for the rest of your life to help dispose of a "bundle" that happens to be his dead wife? That happened to one Phoenix man last spring when he was approached by Arizona Shower Door king, Fred Knadler. Jim Avila reports.
- **Secret Career Killers**: Think working hard, making friends in the office and bringing in food for your colleagues is the way to get ahead? Think again. Paula Faris reports.

#### NIGHTLINE PRIME - First Quarter, 2014

Saturday Primetime edition of the Late Night news magazine (9:00 - 10:00PM ET / PT - unless otherwise indicated)

## Saturday, March 15, 2014 (Premiere)

Journalists ride shotgun with a group of motorcyclists as they attempt to shut down traffic in the heart of one American city in a high speed game of cat-and-mouse with police. They venture into the barrios of Latin America to witness a dangerous underground trade in extreme beauty where young women in off the radar backroom clinics risk their lives for a new body. They fly high with a group of daredevils walking a tight rope strung between hot air balloons 3000 feet in the air above Barcelona. There is nowhere *Nightline Prime* won't go to bring viewers up close to the most surprising, unfolding stories of the day.

#### Saturday, March 22, 2014

- Purity Balls: How far would you go to protect your daughter's innocence? Purity Balls events where fathers vow "to protect their daughters in their choices for purity" are now a full-fledged national phenomenon occurring in 48 states and in as many as 17 countries. Cynthia McFadden reports.
- **Skyliners**: Don't look down because you might lose your balance... "Nightline Prime" goes up in the air with the team of French artistic acrobats who give new meaning to the term "fear of flying." Correspondent Lama Hasan faced her own fear of heights in reporting this story.

## Saturday, March 29, 2014 (10:00-11:00PM ET / PT)

#### **CELEBRITY CATFISHER**

- Catfishing The Stars: "Nightline Prime" follows the trail of an online "catfisher" who courts the sympathy of celebrities with tales of woe by posing as terminally ill children. The "Nightline" investigation exposes startling new revelations and confronts the culprit, and celebrities react to learning about the ruse.
- The Next Gisele: "Nightline Prime" takes viewers to the remote Brazilian region that produced super model Gisele Bunchen where children as young as three years old are groomed by their families and scouts to be the next top model.

#### ABC NEWS SPECIALS - First Quarter, 2014

Tuesday, January 28, 2014

# ABC NEWS SPECIAL: PRESIDENT OBAMA'S STATE OF THE UNION ADDRESS AND THE REPUBLICAN RESPONSE

Joined by White House correspondents, Diane Sawyer and George Stephanopoulos will anchor ABC's coverage from Washington, DC President Obama's State of the Union Address for a closer look at the issues the president is expected to address.

#### ABC NEWS SPECIAL REPORTS - First Quarter, 2014

DATE	START		END		LENGTH	TOPIC
Tuesday, January 28, 2014	9:00:00 PM	-	10:45:07 PM	ET	1:45:07	ABC News Special: President Obama's State of the Union Address & the Republican Response
	6:00:00 PM	-	7:45:03 PM	PT	1:45:03	ABC News Special: President Obama's State of the Union Address & the Republican Response
Thursday, March 6, 2014	1:05:36 PM	-	1:12:12 PM	ET	0:06:36	Special Report - President Obama's Remarks on the Ukraine Situation
	10:05:36 AM	-	10:12:12 AM	PT	0:06:36	Special Report - President Obama's Remarks on the Ukraine Situation
Monday, March 17, 2014	10:43:39 AM	-	10:51:02 AM	ET	0:07:23	Special Report - President Obama's Remarks on Ukraine
	7:43:40 AM	-	7:50:57 AM	PT	0:07:17	Special Report - President Obama's Remarks on Ukraine
Thursday, March 20, 2014	11:02:06 AM	-	11:12:39 AM	ET	0:10:33	Special Report - President Obama's Remarks on the Ukraine Situation
	8:02:06 AM	-	8:12:39 AM	PT	0:10:33	Special Report - President Obama's Remarks on the Ukraine Situation
Monday, March 24, 2014	9:57:07 AM	-	10:11:13 AM	ET	0:14:06	Special Report - Malaysian Prime Minister's Remarks on Missing Plane
	6:57:07 AM	-	7:11:13 AM	PT	0:14:06	Special Report - Malaysian Prime Minister's Remarks on Missing Plane

#### THIS WEEK - First Quarter, 2014

#### Sunday, January 5, 2014

#### Guests:

• Sen. Rand Paul (R-KY)

Foreign Relations Committee

• Sen. Charles Schumer (D-NY)

Judiciary Committee

• Bill Kristol

Editor, The Weekly Standard

Ana Navarro

Republican Strategist

**CNN Contributor** 

• Brian Schweitzer (D-MT)

Former Montana Governor

Ben Smith

Editor-in-Chief, BuzzFeed.com

#### Topics:

• A Week In Politics

#### Sunday, January 12, 2014

#### Guests:

• Rudy Giuliani

(R) Former New York City Mayor

Judy Smith

Crisis Management Expert

Co-Executive Producer, "Scandal"

President, Smith & Company

- Rep. Adam Kinzinger (R-IL)
- Carly Fiorina

Chair, Good 360

Former Chair and CEO, Hewlett-Packard

• Col. Jeannie Leavitt

4th Fighter Wing Commander, U.S. Air Force

First Female Active Duty Fighter Wing Commander

First Female Fighter Pilot

Liza Mundy

Contributor, The Atlantic

Program Director, New America Foundation

Author, "The Richer Sex: How the New Majority of Female Breadwinners Is Transforming Sex, Love and Family"

Reshma Saujani

Founder, Girls Who Code

Author, "Women Who Don't Wait in Line"

#### Topics:

- Bridge Scandal
- "Scandal," ABC Show
- Women in the Workplace

## Sunday, January 19, 2014

#### Guests:

Vladimir Putin

Russian President

• Rep Michael McCaul (R-TX)

Chair, House Homeland Security Committee

James Carville

Democratic Strategist

Mary Matalin

- Republican Strategist
- Peggy Noonan

Columnist, The Wall Street Journal

• David Remnick

Editor, The New Yorker

Tavis Smiley

Television and Radio Host

#### Topics:

- Exclusive Interview: Vladimir Putin
- Winter Olympics from Sochi

#### Sunday, January 26, 2014

#### Guests:

- Jay Carney
  - White House Press Secretary
- Rep. Peter King (R-NY)

Chair, House Counterterrorism and Intelligence Sub-Committee

Member, House Intelligence Committee

Matt Bai

Yahoo News National Political Columnist

• Van Jones

Co-Host, CNN's "Crossfire"

Former Obama White House Green Jobs Adviser

• Rick Santorum (R-PA)

Former U.S. Senator

Chair, Patriot Voices

- Greta Van Susteren
  - Fox News Anchor
- Greg Whiteley

Director and Filmmaker, "Mitt"

## Topics:

- President Obama's State of the Union Address
- Terrorism threats to the Sochi Olympic Games

## Sunday, February 2, 2014

#### Guests:

- Rep. Paul Ryan (R-WI)
  - Chair, House Budget Committee
- Bill Kristol

Editor, The Weekly Standard

Paul Krugman

Columnist, The New York Times Nobel Prize-Winning Economist

#### Topics:

- Immigration Reform
- Legalizing Sale of Marijuana

## Sunday, February 9, 2014

#### Guests:

- Rep. Mike Rogers (R-MI)
  - Chair, House Intelligence Committee
- Rep. Tom Cole (R-OK)
- Rep. Keith Ellison (D-MN)
- S.E. Cupp

Co-host, CNN's "Crossfire"

Host, TheBlaze TV

#### Topics:

• Security Threats in Sochi

## Sunday, February 16, 2014

#### Guests:

- Gov. Pat McCrory (R-NC)
- Dr. Heidi Cullen

Chief Climatologist, Climate Central

• Mayor Eric Garcetti (D-CA)

Member, Task Force on Climate Preparedness and Resilience

• Chris Kluwe

NFL Punter

Author, "Beautifully Unique Sparkleponies"

• Pete Thamel

Senior Writer, Sports Illustrated

Cyd Zeigler

Co-Founder, Outsports.com

Kevin Spacey

Actor, "House of Cards"

• Alicia Menendez

Host, Fusion's "AM Tonight"

Peggy Noonan

Columnist, The Wall Street Journal

• Katrina vanden Heuvel

Editor and Publisher, The Nation

Columnist, WashingtonPost.com

## Topics:

- Extreme Weather: Costs & Consequences
- Michael Sam & the NFL
- Political Drama

#### Sunday, February 23, 2014

## Guests:

• Tom Friedman

Foreign Affairs Columnist, The New York Times

Author, "From Beirut to Jerusalem"

- President George W. Bush
- Jacob Wood

Co-Founder and CEO, Team Rubicon

U.S. Marine Corps Veteran

#### Topics:

- Ukraine Crisis
- Bush Institute's Military Service Initiative

## Sunday, March 2, 2014

#### Guests:

Michael McFaul

Former U.S. Ambassador to Russia Stanford University Professor

Ben Affleck

Actor and Director

Founder, Eastern Congo Initiative

• Russ Feingold

U.S. Special Envoy

Former U.S. Senator (D-WI)

Van Jones

Co-Host, CNN's "Crossfire"

- Rep. Adam Kinzinger (R-IL)
- Rich Lowry Editor, National Review

#### Topics:

• Crisis in Ukraine

#### Sunday, March 9, 2014

#### Guests:

- Sen. Ted Cruz (R-TX)
- Sen. Rand Paul (R-KY)
- Rep. Mike Rogers (R-MI)
   Chair, House Intelligence Committee
- Rep. Joaquin Castro (D-TX)
- Peggy Noonan

Columnist, The Wall Street Journal

• Misty Copeland

Soloist, American Ballet Theatre

Author, "Life in Motion: An Unlikely Ballerina"

#### Topics:

- CPAC Convention
- 2015 GOP Frontrunners

#### Sunday, March 16, 2014

#### Guests:

• Rep. Peter King (R-NY)

Chair, House Counterterrorism and Intelligence Subcommittee

• Sen. Chris Murphy (D-CT)

Senate Foreign Relations Committee

Bill Gates

Co-Chair, Bill & Melinda Gates Foundation

• Michael Eric Dyson

Georgetown University Professor

MSNBC Political Analyst

William Kristol

Editor, The Weekly Standard

• Katrina vanden Heuvel

Editor and Publisher, The Nation

Columnist, WashingtonPost.com

Greta Van Susteren

Fox News Anchor

#### Topics:

- Malaysian Air Flight 370
- Ukraine's Referendum on Crimea

## Sunday, March 23, 2014

#### Guests:

- Rep. Tom Cole (R-OK)
- Rep. Keith Ellison (D-MN)
- Dan Senor

Co-Founder, Foreign Policy Initiative

Matt Damon

Co-Founder, Water.org

#### Topics:

• Crisis in Ukraine

#### Sunday, March 30, 2014

## Guests:

- Assemblyman John Wisniewski (D-NJ) Co-Chair, New Jersey Legislative Select Committee on Investigation
- Keith Olbermann Host, ESPN's "Olbermann"

#### Topics:

• Crisis in Ukraine

#### NIGHTLINE - First Quarter, 2014

#### Wednesday, January 1, 2014

## Topics:

- Shark Whisperer
- Macklemore
- Hangover Helper

## Tuesday, January 2, 2014

## Topics:

- Faking It
- Photobooth: Make Me Pretty
- Nigella Fighting Back

## Friday, January 3, 2014

## Topics:

- Many Happy Returns
- The Last Stop
- Hotel Room Revolution

## Monday, January 6, 2014

## Topics:

- Frozen USA
- You Call This Fat?
- Feed Frenzy

#### Tuesday, January 7, 2014

## Topics:

- New Year, New You
- Ride the Wave
- Feed Frenzy

#### Wednesday, January 8, 2014

## Topics:

• Radioactive: Inside Fukushima

## Thursday, January 9, 2014

# Topics:

- The Boss
- Pimp My Ride
- Pretty Monster

#### Friday, January 10, 2014

- Mayday
- Funk Star
- Feed Frenzy

#### Monday, January 13, 2014

#### Topics:

- Fat Jobs
- Wheelie-Popping Woman
- Feed Frenzy

#### Tuesday, January 14, 2014

#### Topics:

- Hostage Negotiator
- Emerald Hunters
- Feed Frenzy

## Wednesday, January 15, 2014

#### Topics:

- Fitness Extremes
- Drew Barrymore
- Feed Frenzy

#### Thursday, January 16, 2014

#### Topics:

• The Young and the Racist

## Friday, January 17, 2014

## Topics:

- Shark Junkies
- Cops Behaving Badly?
- First Lady's Fifty

#### Monday, January 20, 2014

#### Topics:

• Hidden America: Tears to Triumph – Two Years at Strawberry Mansion

## Tuesday, January 21, 2014

## Topics:

- Frozen
- Young and Aggressive
- Unseen World

#### Wednesday, January 22, 2014

## Topics:

- Rate Your Boyfriend
- 12 Years a Slave
- Feed Frenzy

## Thursday, January 23, 2014

## Topics:

- Child Celebrity Curse?
- Shot at the Movies
- Feed Frenzy

#### Friday, January 25, 2014

- Man Up? Stay at home Dads
- Ocar Confidential: American Hustlers
- MAC: The Big 3-0

#### Monday, January 27, 2014

#### Topics:

- Frugal Foodies
- Busted
- Feed Frenzy

#### Tuesday, January 28, 2014

#### Topics:

- State of the Union
- Ice Age?
- Feed Frenzy

## Wednesday, January 29, 2014

#### Topics:

- The Whistleblower: Sochi Investigation
- Skyfall
- Feed Frenzy

## Thursday, January 30, 2014

#### Topics:

- Convicted Murderer
- Super Ads
- Feed Frenzy

#### Friday, January 31, 2014

## Topics:

- Prison Time: Amanda Knox
- Food Confidential
- Feed Frenzy

## Monday, February 3, 2014

#### Topics:

- Final Act
- **Super Parties**
- Prison Escape

# Tuesday, February 4, 2014 Topics:

- How (Not) to Sell
- Real Housewife Confidential
- Feed Frenzy

## Wednesday, February 5, 2014

## Topics:

- Taken: Pilgrimage to Rome
- **Extreme Parenting**
- Feed Frenzy

## Thursday, February 6, 2014

#### Topics:

- Shot in the Theater
- Faith-fueled Showdown
- Feed Frenzy

## Friday, February 7, 2014

#### Topics:

Fighting Back: Woody Allen

- Biker Boys
- Feed Frenzy

#### Monday, February 10, 2014

## Topics:

- Murdered for Loud Music?
- Coming Out Strong
- On-Air Spanking

#### Tuesday, February 11, 2014

#### Topics:

- Shooter on the Stand
- Separated at Birth?
- Feed Frenzy

## Wednesday, February 12, 2014

## Topics:

- Buried Alive
- Midnight Magic
- Feed Frenzy

## Thursday, February 13, 2014

## Topics:

- Making the Cut
- Dating a Farmer
- Feed Frenzy

#### Friday, February 14, 2014

#### Topics:

Moscow is Burning

#### Monday, February 17, 2014

#### Topics:

- Extreme Test of Faith
- Jesus Goes Hollywood
- Feed Frenzy

## Tuesday, February 18, 2014

#### Topics:

- Dunn Juror Speaks
- Drugs, Sex & Money: Scorsese
- Feed Frenzy

## Wednesday, February 19, 2014

## Topics:

- · Young, Black and Dead
- Food Fight
- Feed Frenzy

## Thursday, February 20, 2014

- Combat Zone: Ukraine
- Oscar Confidential: Bradley Cooper
- App Happy

#### Friday, February 21, 2014

#### Topics:

- Really Big Love
- Babies Behind Bars
- Feed Frenzy

## Monday, February 24, 2014

#### Topics:

- Buy Me Love
- Anatomy of An A-Lister
- Feed Frenzy

## Tuesday, February 25, 2014

#### Topics:

• Bikram Under Fire

#### Wednesday, February 26, 2014

## Topics:

- Blowing Your Mind
- Can't "Let It Go"
- Feed Frenzy

## Thursday, February 27, 2014

## Topics:

- Making Love Not Porn
- Style Wars

#### Friday, February 28, 2014

#### Topics:

- Oscar Confidential: Insiders
- Ellen DeGeneres
- Oscar by the Numbers

#### Monday, March 3, 2014

#### Topics:

- Blade Runner on Trial
- Bachelor Betting
- Feed Frenzy

## Tuesday, March 4, 2014

## Topics:

- Reality Bites
- Recipe for Riches
- Feed Frenzy

## Wednesday, March 5, 2014

# Topics:

- Moment of Crisis
- Gift of Hearing
- Feed Frenzy

## Thursday, March 6, 2014

- Beauty & Beast
- Skinny Chef
- Hear No Evil?: Oscar Pistorius

#### Friday, March 7, 2014

#### Topics:

- Malaysia Airlines Flight Goes Missing
- Meth Addicts Stealing Cattle
- Life After ...

#### Monday, March 10, 2014

#### Topics:

- Hunt at 35, 000 Ft
- Ban "Bossy"
- Feed Frenzy

## Tuesday, March 11, 2014

#### Topics:

- Mystery of Flight 370
- 10% Happier

## Wednesday, March 12, 2014

#### Topics:

- Breakthrough? Flight 370
- A Liar and a Murderer
- Fan Favorite: Veronica Mars

#### Thursday, March 13, 2014

## Topics:

- Me, My 5 Wives and 24 Kids
- Most-Wanted Muppet
- Feed Frenzy

## Friday, March 14, 2014

#### Topics:

- Breaking News: Mystery of Flight 370
- Toddlers Wannabes
- Revenge Porn

## Monday, March 17, 2014

## Topics:

- Closing In: Flight 370
- Never Big Enough: Butt Injections

#### Tuesday, March 18, 2014

## Topics:

- Breaking Faith
- Under Pressure
- Race Against Time

#### Wednesday, March 19, 2014

## Topics:

• Mystery of Flight 370

#### Thursday, March 20, 2014

- Spring Break Salvation
- Eating Like a Supermodel
- Flight 370: Mystery Within a Mystery

## Friday, March 21, 2014

## Topics:

- Mommy Mojo
- Sky Walkers
- Flight 370: Closing In

## Monday, March 24, 2014

#### Topics:

- Flight 370: Malaysia Airlines Responds
- First Answers
- Pistorius Trial: "I'm Scared of U"
- Less is More: Fast Workout

## Tuesday, March 25, 2014

#### Topics:

- Purity Ball
- Magnificent Six: Blue Angels
- Cannon Controversy

## Wednesday, March 26, 2014

## Topics:

- Perfect Divorce
- Hot Pursuit: Bikers
- Feed Frenzy

#### Thursday, March 27, 2014

#### Topics:

- Look Like An A-lister?
- Burning Bridges
- Feed Frenzy

## Friday, March 28, 2014

#### Topics:

- Real Estate Wives
- Captain America
- Feed Frenzy

## Monday, March 31, 2014

- The Model Factory
- Duck Dynasty: Ruffled Feathers
- Feed Frenzy

The following items ran on WTOK-DT3, Meridian's CW program "The Daily Buzz" that airs at 6:00 AM weekdays.

# **Public Issues Report 1st Quarter 2014**

#### Public File - 1st Quarter 2014

January 1st - March 31st

News at

6:01am 7:01 6:15 7:15

6:31 6:45

#### January 2014

1/2/14

[Anchor:LISA]

{\*\*\*LISA\*\*\*}

TEXAS WOMEN ARE MAKING A MOVE IN 2014!

[TAKE: full screen] {\*\*\*full screen\*\*\*}

TWO FEMALE DEMOCRATS ARE GOING FOR A NEW KIND OF HISTORY: WINNING AS AN ALL-FEMALE TICKET FOR GOVERNOR AND LIEUTENANT GOVERNOR.

{REVEAL}

IF WENDY DAVIS AND LETICIA VAN DE PUTTE WIN IN THE MARCH PRIMARIES... IT'LL BE THE 5TH TIME IN 20 YEARS THE PARTY HAS NOMINATED WOMEN..

AND IF THEY WIN THE ELECTION... IT WILL BE THE FIRST TIME EVER.

[Anchor:CHARLES]

{\*\*\*CHARLES\*\*\*}

IT'S A HAPPY NEW YEAR FOR KIDS WHO WANTED TO JOIN THE BOY SCOUTS BUT COULDN'T.

[TAKE VO]

{\*\*\*VO\*\*\*}

[CG:2050 - Courtesy One Line Chip\AP]

AS OF NEW YEAR'S DAY, THE BOY SCOUTS OF AMERICA'S BAN ON OPENLY GAY MEMBERS IS A THING OF THE PAST.

THE NEW POLICY IS STILL CAUSING A HEATED DEBATE AT SCOUT H-Q IN TEXAS... BUT WITH THE SUPPORT ALL THE WAY UP TO PRESIDENT OBAMA THE BOY SCOUTS ENTER A NEW CHAPTER IN THE NEW YEAR.

[Anchor:JESSICA]

{\*\*\*JESSICA\*\*\*}

OKAY WE ARE JUST GETTING OUR HANDS ON SOME OF THE WEIRDEST STUFF THAT HAPPENED OVER NEW YEARS EVE..

ONE OF THEM... KATHY GRIFFIN

**[TAKE SOT** 

OUTCUE: have the key

DURATION:0:17]

{\*\*\*sot full\*\*\*}

[TAKE: CONT VO] {\*\*\*CONT VO\*\*\*} YES SHE HANDCUFFED HERSELF TO CO-HOST ANDERSON COOPER.
IT'S THE 7TH YEAR THE DUO HAS HELPED HOST CNN'S NEW YEAR'S EVE SPECIAL.
THEY WERE STUCK TOGETHER ALL THE WAY UP TO THE BALL DROP - AND COOPER LATER

TWEETED THAT SECURITY HAD TO COME GET THEM APART.

1/3/14

[Anchor:LISA]

{\*\*\*LISA\*\*\*}

GETTING STRAIGHT INTO THE TOP FIVE NEWS STORIES OF THE DAY...

[TAKE: full screen] {\*\*\*full screen\*\*\*}

MANY PEOPLE IN THE NORTHEAST ARE FACING POSSIBLE \*BLIZZARD CONDITIONS AS THE FIRST MAJOR WINTER STORM OF THE YEAR HITS.

In fact... About 100 million people are in the storm's path.

{REVEAL}

AT LEAST A THOUSAND FLIGHTS HAVE ALREADY BEEN CANCELLED FOR TODAY.

{REVEAL}

AUTHORITIES WARN FREEZING TEMPERATURES COULD MAKE THINGS EVEN MORE DANGEROUS FOR ANYONE WHO VENTURES OUT.

[Anchor:LISA]

{\*\*\*LISA\*\*\*}

A LOT OF US MADE RESOLUTIONS TO EAT HEALTHIER... MAYBE SHED A FEW POUNDS. BUT HERE ARE SOME MYTHS ABOUT OUR DIET THAT WE ACTUALLY STILL BELIEVE, LIKE:

[TAKE: full screen] {\*\*\*full screen\*\*\*}

-EATING LATE MAKES YOU PUT ON WEIGHT.

THIS IS PROBABLY ONE OF... IF NOT \*THE... MOST COMMON MYTH.

YOUR METABOLISM CONTINUES THROUGHOUT THE DAY \*AND NIGHT... AND THERE IS MEDICAL EVIDENCE TO SUGGEST THAT THERE ISN'T ANYTHING BAD ABOUT EATING LATE.

{\*\*\*REVEAL\*\*\*}

-MYTH #2... REDUCED OR FAT FREE DIETS ARE ESSENTIAL FOR LOSING WEIGHT.

OFTEN THESE PRODUCTS ARE LOADED WITH SALT AND OTHER PRESERVATIVES MAKING THEM LESS THAN SUITABLE FOR HAVING A HEALTHY DIET.

THE BODY ACTUALLY NEEDS FAT TO BUILD MUSCLE AND PROVIDE YOU WITH ENERGY.

{\*\*\*REVEAL\*\*\*}

-ANOTHER MYTH... VEGETARIANS HAVE HEALTHIER DIETS NOT NECESSARILY.

FOR EXAMPLE... PROTEIN, WHICH IS CRITICAL IN ANY HEALTHY DIET, IS HARD TO COME BY FOR THOSE WHO AVOID MEAT.

{\*\*\*REVEAL\*\*\*}

-A BEER BELLY IS CAUSED BY BEER.

WRONG!

BEER AND OTHER FORMS OF ALCOHOL \*DO HAVE A LOT OF CALORIES.

HOWEVER, BOOZE DOES NOT SPECIFICALLY TARGET THE BELLY.

[Anchor:LISA] {\*\*\*LISA\*\*\*}

WE'VE GOT SOME GOOD NEWS FOR ALL YOU NEW YORKERS!

SOME RESTRICTIONS ON MEDICAL MARIJUANA COULD SOON BE LIFTED.

[TAKE VO]

{\*\*\*VO\*\*\*}

[CG:2050 - Courtesy One Line Chip\WSJDigitalNetwork]

THE GOVERNOR IS EXPECTED TO ANNOUNCE A POLICY THAT WOULD ALLOW LIMITED USE OF THE DRUG BY THOSE WITH SERIOUS ILLNESSES.

ONLY 20 HOSPITALS ACROSS THE STATE WILL BE ALLOWED TO PRESCRIBE MARIJUANA TO THOSE WITH CANCER, GLAUCOMA, OR ANY OTHER DISEASE APPROVED BY THE HEALTH DEPARTMENT.

[Anchor:LANCE]

{\*\*\*LANCE\*\*}

CHEERIOS IS GOING G-M-O FREE.

GENERAL MILLS SAYS IT'S NOW MAKING THE ORIGINAL CHEERIOS WITHOUT INGREDIENTS CONTAINING THE GENETICALLY MODIFIED ORGANISMS.

[TAKE VO]

{\*\*\*vo\*\*\*}

[CG:2008 - Two Line Banner\Cheerios Goes GMO Free\HEALTH]

SOME CONSUMERS ARE CONCERNED ABOUT THE HEALTH AND ENVIRONMENTAL IMPACTS OF G-M-O'S, ALTHOUGH THEY HAVEN'T BEEN PROVEN HARMFUL.

FOR THE PAST YEAR, A GREEN ECONOMY ADVOCACY GROUP HAS BEEN RALLYING CONSUMERS ON SOCIAL MEDIA TO PRESSURE GENERAL MILLS TO REMOVE G-M-O'S FROM CHEERIOS.

MOSTLY BECAUSE IT'S OFTEN AMONG THE FIRST FOODS GIVEN TO TODDLERS.

[Anchor:CHARLES]

{\*\*\*CHARLES\*\*\*}

HERE'S YOUR TOP FIVE SOCIAL MEDIA UPDATE STARTING WITH SOMETHING YOU MAY HAVE SEEN ALL OVER TWITTER, INSTAGRAM AND FACEBOOK OVER THE WEEKEND

[TAKE VO]

{\*\*\*vo\*\*\*}

THE SELFIE OLYMPICS. SO WHAT THE HELL ARE THE SELFIE OLYMPICS?? SIMPLE..IT'S A WAY TO MAKE FUN OF SELFIES. FOR THE MOST PART PEOPLE TAKE THEM IN FRONT OF A MIRROR IN THE BATHROOM...WELL YOU DO THAT BUT ADD A BUNCH OF EITHER CRAZY POSES OR ELEMENTS OR BOTH IF YOU'RE WANTING TO MAKE IT TO THE SELFIE OLYMPICS. THERE'S A TWITTER ACCOUNT CALLED SELFY GAMES THAT HAS OVER 96 THOUSAND FOLLOWERS ON TWITTER AND "SELFIE GAMES" WAS TRENDING TOPIC MOST OF THE WEEKEND.

1/7/14

[Anchor:lisa]

{\*\*\*lisa\*\*\*}[CG:1002 - TOP 5 3\Janet Yellen Wins Bid\TOP 5 NEWS]

JANET YELLEN IS NOW THE NEXT LEADER OF THE FEDERAL RESERVE.

[TAKE: FULL SCREEN] {\*\*\*FULL SCREEN\*\*\*} SHE IS THE FIRST WOMAN TO LEAD THE INSTITUTION IN ITS 100-YEAR HISTORY. SHE SUCCEEDS BEN BERNANKE, WHOSE SECOND TERM ENDS THIS MONTH. {REVEAL}

PRESIDENT OBAMA CALLED HER A "FIERCE CHAMPION" WHO WILL "STAND UP FOR AMERICAN WORKERS, PROTECT CONSUMERS" AND HELP GROW THE ECONOMY.

[Anchor:SPOONER]

{\*\*\*SPOONER\*\*\*}

[CG:2008 - Two Line Banner\Moms Getting Back to Work\TOP 5 MONEY]

ARE YOU A MOM WHO WANTS TO RE-ENTER THE WORKFORCE... BUT YOU'RE A LITTLE AFRAID? HERE ARE THE TOP 5 TIPS TO HELP MAKE IT HAPPEN.

[TAKE: full screen] {\*\*\*full screen\*\*\*}

-FIRST... REVAMP YOUR RESUME.

BE SURE TO GIVE YOUR PROSPECTIVE EMPLOYER A SENSE THAT THERE'S A GENUINE HUMAN BEING APPLYING, NOT JUST A COLLECTION OF INFO.

-NEXT... NAIL THE INTERVIEW.

ARM YOURSELF WITH INFORMATION AND IMPRESS YOUR INTERVIEWER WITH FRESH IDEAS. AND DON'T DISCOUNT THE TIME YOU SPENT AS A NEW MOM.

-ALSO... EXPAND YOUR NETWORK.

ESTABLISH SOLID RELATIONSHIPS WITH PEOPLE WITHIN YOUR TARGET INDUSTRY. YOU MAY HAVE TO SHAKE MORE THAN A FEW HANDS UNTIL YOU FIND THAT RIGHT ONE. BUT ONCE YOU DO, IT'S ALL GOING TO BE WORTH THE EFFORT.

-AND SPEAKING OF NETWORKING... BE SURE YOU'RE UTILIZING SOCIAL MEDIA.
GET YOUR NAME OUT THERE, SHARE YOUR THOUGHTS, AND DON'T BE AFRAID TO DRAW ATTENTION
TO YOURSELF AND YOUR IDEAS.

-AND FINALLY... DON'T UNDERSELL YOURSELF.

JUST BECAUSE YOU'VE BEEN OUT OF THE WORKFORCE FOR A WHILE DOESN'T MEAN YOU HAVE TO ACCEPT THE FIRST OFFER THAT COMES YOUR WAY.

1/8/14

[Anchor:JESSICA]

{\*\*\*JESSICA\*\*\*}

WE HAVE TO START YOUR TOP FIVE ENTERTAINMENT STORIES WITH SOME SAD NEWS...
ACTRESS AND BEAUTY QUEEN MONICA SPEAR WAS MURDERED ALONGSIDE HER HUSBAND ON A
VENEZUELAN HIGHWAY.

[TAKE VO]

{\*\*\*vo\*\*\*}

THE 29 YEAR OLD AND HER HUSBAND WERE FOUND SHOT TO DEATH INSIDE THEIR VEHICLE. HER FIVE-YEAR-OLD DAUGHTER WAS BEING TREATED FOR INJURIES SUSTAINED IN THE SHOOTING. THE FORMER MISS VENEZUELA, WHO LIVED IN MIAMI, WAS IN THE COUNTRY ON VACATION.

[Anchor:JESSICA]

{\*\*\*JESSICA\*\*\*}

OK WE ALL KNOW THAT IT'S PRETTY DAMN COLD JUST ABOUT EVERY WHERE...

AND APPARENTLY THE ONLY WAY TO PROVE IT... IS TO THROW BOILING WATER INTO THE AIR AND SEE WHAT HAPPENS... BUT AS MUCH FUN AS IT SOUNDS... IT HASN'T BEEN GOING AS WELL AS PLANNED FOR SOME PEOPLE! [TAKE: FULL SCREEN] {\*\*\*FULL SCREEN\*\*\*} THESE TWO TWEETED THEY BURNED THEIR HAND AND THEIR HEAD! OUCH! SO WE DECIDED WE WOULD GIVE IT A TRY... TAKE A LOOK.. [TAKE SOT **OUTCUE: (LANCE LAUGHING)** DURATION:0:23] {\*\*\*SOT FULL\*\*\*} <> **{SHORT CHAT}** [Anchor:LISA] {\*\*\*LISA\*\*\*} THERE ARE A LOT OF MYTHS AND URBAN LEGENDS OUT THERE... BUT I Work at the daily buzz so we're gonna TALK ABOUT THE DIRTY ONES. [TAKE: FULL SCREEN] {\*\*\*FULL SCREEN\*\*\*} THIS ONE WAS POPULAR FOR A WHILE... GREEN M&M'S GET YOU IN THE MOOD. FALSE... BUT FEEL FREE TO EAT THEM ANYWAY! {reveal} MEN LIKE SEX MORE THAN WOMEN. WRONG... STUDIES HAVE SHOWN THAT WOMEN LIKE SEX JUST AS MUCH. WE JUST DON'T ADMIT IT! {reveal} SODA AFTER SEX PREVENTS PREGNANCY. IT DOESNT WORK AND ITS A TERRIBLE IDEA. DOING IT IN A HOT TUB DOESNT PREVENT PREGNANCY EITHER. DON'T DO IT. {reveal} AND LAST.. MOUNTAIN DEW LOWERS YOUR SPERM COUNT.

1/9/14

EXPERTS SAY THATS NOT TRUE... BUT THERE ARE PLENTY OF FOODS OUT THERE THAT DO.

[Anchor:]{\*\*\*JESSICA\*\*\*}

[CG:1002 - TOP 5 3\Teen Morphs Into Man\TOP 5 SOCIAL]

OKAY..NOW NOT EVERY VIDEO ON HERE TODAY IS DISTURBING

[TAKE: VONAT] {\*\*\*VONAT\*\*\*}

THIS NEXT ONE CAN GO UNDER THE HASHTAG AWESOME! MEET MATTT PERREN WHO DECIDED TO TAKE SELFIES OF HIMSELF EVERYDAY FOR 3 YEARS WHILE SINGING TO QUEEN'S DON'T STOP ME NOW BUT THE COOL PART IS HOW YOU SEE HIM CHANGE FROM TEEN TO MAN A-K-A FROM 15 YEARS OLD TO 18. THE VIDEO HAS OVER 1 POINT 5 MILLION VIEWS IN LESS THAN A WEEK LAST ALMOST 2 MINUTES AND IN THE MIDDLE IT STARTS COUNTING BACK TO WHERE HE STARTED.

[Anchor:LISA]

{\*\*\*LISA\*\*\*}

LETS TAKE ANOTHER MINUTE FOR YOUR EMOTIONAL MOJO.

DO YOU EVER GET FRUSTRATED AT THE WORLD AROUND YOU?

YOU MAY NOT ALWAYS BE ABLE TO CHANGE THE WORLD, BUT THERE'S A WAY YOU CAN CHANGE THE WAY YOU \*SEE THE WORLD.

[TAKE: FULL SCREEN] {\*\*\*FULL SCREEN\*\*\*}

BE GRATEFUL.

NOT JUST FOR THE THINGS YOU HAVE IN YOUR WORLD, BUT FOR THE PEOPLE TOO.

{REVEAL}

BE JOYFUL.

IT CAN SEEM LIKE THERE'S SO MUCH NEGATIVITY IN THE WORLD.

PROVIDE A COUNTERBALANCE FOR THOSE AROUND YOU, AND BECOME A ROLE MODEL FOR JOYFUL LIVING.

{REVEAL}

LET GO OF THE NEED TO BE RIGHT.

HOW MANY TIMES HAVE YOU FOUND YOURSELF IN AN ARGUMENT AND FORGOTTEN WHAT YOU WERE ARGUING ABOUT?

ASK YOURSELF IF IT'S REALLY WORTH IT.

{REVEAL}

PRACTICE SELF-COMPASSION.

BEING GOOD TO YOURSELF WILL HELP YOU TO BE A KINDER, MORE COMPASSIONATE PERSON ALL AROUND.

YOU CAN'T GIVE TO OTHERS WHAT YOU DON'T GIVE TO YOURSELF.

{REVEAL}

AND LAST.. DON'T TAKE YOUR PROBLEMS OUT ON OTHER PEOPLE.

WE ALL HAVE BAD DAYS.

IT DOESN'T HELP ANYONE IF YOU'RE SNAPPING AT EVERYONE AROUND YOU.

TAKE YOURSELF OFF SOMEWHERE QUIET AND DEAL WITH IT

1/10/14

[Anchor:LISA]

{\*\*\*LISA\*\*\*}

GETTING STRAIGHT INTO THE TOP FIVE NEWS STORIES OF THE DAY...

CHRIS CHRISTIE IS SAYIN SORRY.

[TAKE SOT

OUTCUE: state legislature

DURATION:0:13]

{\*\*\*sot full\*\*\*}

[CG:2008 - Two Line Banner\Gov. Chris Christie\(R) NEW JERSEY]

<>

[TAKE: cont vo] {\*\*\*cont vo\*\*\*}

[CG:1000 - TOP 5 1\Christie Apologizes, Fires Staff\TOP 5 NEWS]

THE NEW JERSEY GOVERNOR IS TAKING THE BLAME FOR THE POLITICAL SCANDAL OVER TRAFFIC DELAYS NEAR THE GEORGE WASHINGTON BRIDGE... sorta.

[TAKE: FULL SCREEN] {\*\*\*FULL SCREEN\*\*\*}

HE'S apparently FIRED THOSE RESPOSNIBLE FOR THE DELAYS - HIS DEPUTY CHIEF OF STAFF AND HIS CAMPAIGN MANAGER.

THE TWO COULD ACTUALLY FACE CRIMINAL MISCONDUCT... BECAUSE A WOMAN STUCK IN AN AMBULANCE ON THE BRIDGE... DIED.

[Anchor:CHARLES]

{\*\*\*CHARLES\*\*\*}

[CG:2008 - Two Line Banner\Don't Kiss Relatives?\THEDBZ.COM]

HERE'S AN INTERESTING QUESTION: SHOULD WE BE DISCOURAGING OUR KIDS FROM KISSING RELATIVES?!

[TAKE VO]

{\*\*\*vo\*\*\*}

ONE SEX EDUCATION LEADER OVERSEAS IS GETTING CRITICIZED FOR RECENTLY SUGGESTING WE SHOULD TEACH OUR KIDS TO HIGH FIVE OR WAVE INSTEAD.

SHE SAID THAT CHILDREN NEEDED TO LEARN FROM THE VERY BEGINNING ABOUT THE IMPORTANCE OF CONSENT AND THAT "THEIR BODIES ARE THEIR OWN".

SHE SAYS KISSING COULD BLUR THE BOUNDARIES OF WHAT IS ACCEPTABLE WHEN IT COMES TO PHYSICAL CONTACT.

LET US KNOW WHAT YOU THINK BY LOGGING ON TO OUR FACEBOOK PAGE

[Anchor:CHARLES]

{\*\*\*CHARLES\*\*\*}

[CG:2008 - Two Line Banner\Best of CES\TECH CHECK]

TIME FOR YOUR TECH CHECK

THE GOODIES FROM CES JUST KEEP ROLLING IN AND FROM COMPANIES YOU WOULDN'T EXPECT AT A TECH TRADE SHOW.

[TAKE VO]

{\*\*\*VO\*\*\*}

[CG:2050 - Courtesy One Line Chip\Sleepnumber]

WHEN YOU THINK OF BEDS YOU PROBABLY THINK OF SPRINGS AND STUFFING, NOT SENSORS AND VOICE RECOGNITION. WELL SLEEP NUMBER UNVEILED THE X-12, A MATTRESS THAT NOT ONLY HAS BUILT-IN SENSORS THAT TRACK HOW WELL YOU SLEEP, BUT ALSO CAN RESPOND TO VOICE COMMANDS, DO SOMETHING ABOUT YOUR PARTNER'S AWFUL SNORING AND GIVE YOU A MASSAGE.

[TAKE VO]
{\*\*\*VO\*\*\*}
[CG :2050 - Courtesy One Line Chip\Tao WellShell]

AND IF YOU CAN NEVER FIND THE TIME TO WORK OUT... THIS TINY NEW GADGET WILL ALLOW YOU TO WORK OUT ANYWHERE. CALLED THE TAO WELL-SHELL, THE HANDHELD DEVICE LOOKS SIMILAR TO A COMPUTER MOUSE. IT COACHES YOU THROUGH 50 ISOMETRIC EXERCISES

[TAKE VO] {\*\*\*VO\*\*\*}

FINGERPRINT SCANNING IS ALL THE RAGE EVER SINCE APPLE PUT IT AT EVERYONE'S FINGERTIPS IN THE IPHONE 5S BUT THAT IS \*SO LAST YEAR. EYELOCK HAS BROUGHT US THE MYRIS A SMALL EYE SCANER. YOU PLUG IT INTO THE USB PORT ON YOUR COMPUTER OR TABLET. PICK IT UP, FLIP IT OVER, LOOK AT IT, AND THE SENSOR WILL IMMEDIATELY SCAN YOUR EYE TO VERIFY YOUR IDENTITY.

1/13/14

[TAKE VO]
{\*\*\*VO\*\*\*}
[CG :1001 - TOP 5 2\Plane Crash Video Released\TOP 5 NEWS]
[CG :2050 - Courtesy One Line Chip\ABC News]
[Anchor:LISA]
{\*\*\*LISA\*\*\*}

THIS INTENSE VIDEO OF A HAWAIIAN PLANE CRASH THAT HAPPENED LAST MONTH WAS JUST RELEASED.

THIS WAS THE SAME FLIGHT HAWAII'S STATE DIRECTOR OF HEALTH LORETTA FUDDY WAS ON BOARD.

ONE OF THE PASSENGERS RECORDED THE CRASH ON HIS GO-PRO CAMERA... SHOWING THE MOMENTS BEFORE AND AFTER THE SMALL PLANE CRASHED INTO THE PACIFIC.

ALL NINE PASSENGERS WERE ABLE TO GET OUT BEFORE THE PLANE BEGAN SINKING. HOWEVER FUDDY DIED SOMETIME AFTER THE CRASH.

[Anchor:lisa] {\*\*\*lisa\*\*\*}

OKAY GUYS... MAKE SURE YOU ARE CHECKING YOUR BANK STATEMENTS! TARGET ISNT THE ONLY COMPANY WHOSE DATA WAS BREACHED.

[TAKE VO]

{\*\*\*vo\*\*\*}

NEIMAN MARCUS AND THREE OTHER well-known U.S. retailers WERE ALSO HACKED.

The names, though, of THOSE RETAILERS HAVENT BEEN RELEASED YET.

BUT OFFICIALS SAY THEY ARE STORES WITHIN MALLS.

IT'S TOO SOON TO KNOW IF THE BREACHES ARE RELATED.

MEANWHILE... TARGET IS UPPING THE NUMBER OF HOW MANY PEOPLE had their INFO STOLEN... FROM 40 TO \*70 MILLION.

THAT INCLUDES NAMES, ADDRESSES, PHONE NUMBERS AND E-MAIL ADDRESSES.

[Anchor:CHARLES] {\*\*\*CHARLES\*\*\*}

[CG:1003 - TOP 5 4\Coffee Shop Pick Up Lines\TOP 5 LIFESTYLE]

WE ARE ALL LOOKING FOR LOVE AND IF YOU FREQUENT COFFEE SHOPS MORE THAN BARS WE HAVE 5 PICK UP LINES THAT WILL UP YOUR COFFEE SHOP GAME. TRY THIS ONE

[TAKE: FULL SCREEN]

{\*\*\*FULL SCREEN/REVEALS\*\*\*}

{\*\*\*REVEALS\*\*\*}

IS THIS SEAT TAKEN?

-THIS GIVES YOU THE PERFECT EXCUSE TO PULL UP A SEAT NEXT TO HOTTIE.

{\*\*\*REVEALS\*\*\*}

**COME HERE OFTEN?** 

-UNLIKE BAR REGULARS, COFFEE SHOP REGULARS LOVE SHARING THE FACT THEY WERE THE FIRST CUSTOMERS AND THAT THEY COME IN DAILY.

{\*\*\*REVEALS\*\*\*}

IS IT HOT IN HERE OR IS IT JUST YOU?

SINCE PUBLIC SPACES LIKE COFFEE SHOPS ARE NOTORIOUSLY OVER OR UNDER HEATED, YOU TWO MAY BOND OVER THE UNCOMFORTABLE ROOM TEMPERATURE.

{\*\*\*REVEALS\*\*\*}

DO YOU LIKE IT HOT?

PLEASE BE SURE YOU'RE POINTING TO THEIR BEVERAGE SO THEY KNOW WHAT YOU'RE REFERRING TO. OR NOT.

{\*\*\*REVEALS\*\*\*}

I'M SORRY BUT DON'T I KNOW YOU?

THIS CAN YIELD THE SAME RESULTS AS "COME HERE OFTEN?"

1/14/14

[Anchor:LISA]

 ${***LISA***}[CG : 1000 - TOP 5 1\Man Shot in Theater\TOP 5 NEWS]$ 

GETTING STRAIGHT INTO THE TOP FIVE NEWS STORIES OF THE DAY...

[TAKE: full screen] {\*\*\*full screen\*\*\*}

ONE MAN IS DEAD AND A WOMAN INJURED AFTER A SHOOTING INSIDE A FLORIDA MOVIE THEATER yesterDAY.

{REVEAL}

THE SUSPECTED GUNMAN... 71-year-old RETIRED TAMPA POLICE captain CURTIS REEVES... IS IN

CUSTODY.

HE AND HIS WIFE REPORTEDLY BECAME irriTATED WITH THE VICTIMS FOR texting DURING PREVIEWS FOR THE MOVIE.

{REVEAL}

WITNESSES SAID REEVES DID NOT TRY TO GET AWAY AFTER SHOOTING THE MAN.

[Anchor:SPOONER]

{\*\*\*SPOONER\*\*\*}

[CG:2008 - Two Line Banner\Dangerous Diets\TOP HEALTH]

ALL OF US WANT TO LOOK OUR BEST... AND SOMETIMES WE HAVE TO DO A LITTLE BIT OF DIETING. BUT HERE ARE 3 DIETS THAT ACTUALLY DO MORE HARM THAN GOOD.

[TAKE: full screen] {\*\*\*full screen\*\*\*}

-THE WEEK OF MAGICAL FASTING

YOU KNOW... THE ONE WHERE FOR SEVERAL DAYS IN A ROW YOU EAT NOTHING BUT ONE THING?! THE PROBLEM IS WHEN YOU EAT ONLY ONE KIND OF FOOD, YOU MISS OUT ON ESSENTIAL VITAMINS AND NUTRIENTS.

AFTER A FEW DAYS, YOUR BODY MAY BREAK DOWN MUSCLE MASS FOR ENERGY... AND THIS CAN THROW OFF YOUR METABOLISM AND MAKE FUTURE CALORIES \*HARDER TO BURN OFF.

{\*\*\*REVEAL\*\*\*}

-THEN THERE'S THE HIGH PROTEIN, LOW CARB DIET

IT PROMISES TO BURN MORE CALORIES BY DIGESTING PROTEIN, AND, BECAUSE PROTEIN TAKES A WHILE TO LEAVE YOUR STOMACH, YOU ALSO FEEL FULLER LONGER.

BREAKING DOWN TOO MUCH MUSCLE AND FAT FOR FUEL CAN LEAD TO THE PRODUCTION OF KETONES... WHICH CAN CAUSE SOME \*SERIOUS HEALTH ISSUES.

{\*\*\*REVEAL\*\*\*}

-AND OF COURSE, CALORIE RESTRICTION

WHEN YOU DRASTICALLY CUT CALORIES, YOUR BODY ADAPTS BY LEARNING HOW TO DO MORE WITH LESS.

AND IT \*LITERALLY SLOWS DOWN TO SURVIVE

1/15/14

[Anchor:]{\*\*\*JESSICA\*\*\*}

[CG:1003 - TOP 5 4\Baby Del Diablo\TOP 5 SOCIAL]

IN OUR NUMBER FOUR STORY FOR TODAY...I BRING YOU A CREEPY BABY VIDEO

[TAKE SOT

INCUE: :00 (music)

OUTCUE: :18 (dramatic music)

AT: 0:00 TO: 0:18

DURATION:0:18] {\*\*\*sot full\*\*\*} [TAKE: CONT VO] {\*\*\*CONT VO\*\*\*}

THIS ROBOTIC HELL CHILD WAS DESIGNED BY "VIRAL MARKETING COMPANY" THINKMODO TO

PROMOTE HORROR MOVIE "DEVIL'S DUE"...

(NOTES: USED A 3 MAN TEAM TO TO CREATE THE REMOTE CONTROLLED ROBOT...MANHATTAN)

[CG:1004 - TOP 5 5\Caffeine Good for Memory\TOP 5 LIFESTYLE]

[Anchor:charles]

{\*\*\*charles\*\*\*}

MORE AND MORE STUDIES ARE COMING OUT THAT SAY CAFFINE MIGHT NOT BE SO BAD FOR YOU - IN LIMITED AMOUNTS.

[TAKE VO] {\*\*\*vo\*\*\*}

AND THIS LATEST STUDY IS NO DIFFERENT.

NOW - SCIENTISTS ARE SAYING A SMALL AMOUNT OF CAFFINE CAN ACUTALLY REDUCE FORGETFULNESS IN A 24 HOUR PERIOD.

SO IF YOU HAVE A BIG MEETING OR TEST.. JUST DRINK A CUP OR TWO OF COFFEE.. DONT GO DOWN 6 RED BULLS!!

[TAKE VO]

{\*\*\*VO\*\*\*}

[CG:1003 - TOP 5 4\Blue Meth Hits the Streets\TOP 5 NEWS]

[CG:2050 - Courtesy One Line Chip\AMC]

[Anchor:LISA]

{\*\*\*LISA\*\*\*}

WELL WE CAN'T SAY WE DIDN'T SEE THIS COMING.

COPS IN ALBUQUERQUE SAY "BREAKING BAD"-INSPIRED DRUG DEALERS ARE NOW DYEING THEIR METH BLUE.

BUT UNLIKE THE HIGH-QUALITY STUFF ON THE SHOW... THE BLUE DYE IS MAKING THE DRUGS MORE DANGEROUS.

DEALERS ARE APPARENTLY DYEING IT WITH POTENTIALLY UNSAFE CHEMICALS... CAUSING A LOT OF PEOPLE TO GET SICK FROM IT.

### 1/16/14

{\*\*\*JESSICA\*\*\*}[CG:1000 - TOP 5 1\Gisele Baby Drama\TOP 5 ENTERTAINMENT]

LETS START YOUR TOP FIVE ENTERTAINMENT STORIES WITH SOME BABY CONTROVERSY.

[TAKE: full screen]

{\*\*\*full screen\*\*\*}

SOME MOMS ARE FIRED UP OVER PICTURES TAKEN RECENTLY OF GISELE BUNDCHEN... RIDING AN A-T-V WITH HER 1 YEAR OLD BABY ... AND NO HELMETS.

{REVEAL}

A REP FOR THE MODEL SAYS SHE WAS ON A PRIVATE BEACH AND DRIVING VERY VERY SLOWLY.

(just before Christmas, Bundchen shared a photo of her nursing while simultaneously getting her hair styled, her nails manicured and her face made up)

[Anchor:CHARLES]

{\*\*\*CHARLES\*\*\*}

[CG:2008 - Two Line Banner\Barbie App Pulled \THEDBZ.COM]

APPLE HAS PULLED A BARBIE-INSPIRED PLASTIC-SURGERY APP AFTER PRESSURE FROM A TWITTER CAMPAIGN.

[TAKE VO] {\*\*\*VO\*\*\*}

THE GAME, WHICH IS RATED FOR CHILDREN 9 AND OLDER... WALKS PLAYERS THROUGH THE GRAPHIC STEPS OF LIPOSUCTION THAT MUST BE PERFORMED ON AN "UNFORTUNATE GIRL" TO MAKE HER "SLIM AND BEAUTIFUL."

THATS THE DESCRIPTION FROM THE MAKER OF THE APP.

[TAKE VO]
{\*\*\*VO\*\*\*}
[CG :1002 - TOP 5 3\33 JCPenney Stores Closing\TOP 5 NEWS]
[CG :2050 - Courtesy One Line Chip\CNN]
[Anchor:LISA]
{\*\*\*LISA\*\*\*}

TWO-THOUSAND J-C-PENNEY'S EMPLOYEES WILL SOON BE OUT OF A JOB.

THE RETAIL STORE ANNOUNCED IT WILL BE CLOSING 33 OF ITS UNDER-PERFORMING STORES IN THE COMING MONTHS.

THE COMPANY SAID THE CLOSINGS ARE PART OF ITS SWEEPING TURNAROUND EFFORT... AND WILL SAVE ABOUT 65-MILLION BUCKS A YEAR.

ALL 33 STORES ARE EXPECTED TO BE CLOSED BY MAY.

1/17/14

[Anchor:lisa]

{\*\*\*lisa\*\*\*}

ITS TIME TO SING HAPPY BIRTHDAY THIS MORNING!

[TAKE VO]

{\*\*\*vo\*\*\*}

[CG:1004 - TOP 5 5\Happy Bday Mrs. Obama!\TOP 5 NEWS]

ITS MICHELLE OBAMAS BIRTHDAY TODAY!

AND SHES TURNING THE BIG 5-0!!

BUT DONT WORRY - SHES TAKING IT WITH PRIDE... CALLING HERSELF 50 AND FABULOUS!

THERES A BIG PARTY PLANNED AT THE WHITE HOUSE TOMORROW FOR THE FIRST LADY.

SHE BECENTLY ANSWERED SOME OUESTIONS ABOUT WHETHER SHE WOULD THINK ABOUT.

SHE RECENTLY ANSWERED SOME QUESTIONS ABOUT WHETHER SHE WOULD THINK ABOUT PLASTIC SURGERY - TO WHICH SHE SAID "I don't imagine that I would go that route, but I've also learned to never say never."

(OTHERS TURNING 50 THIS YEAR Sandra Bullock, Elle Macpherson, COURTNEY COX, Melinda Gates)

[Anchor:]{\*\*\*JESSICA\*\*\*}
[CG :1002 - TOP 5 3\Possible Vine Star Rape \TOP 5 SOCIAL]
NEXT UP....IS A STORY OF CELEBRITY INTERNET DATING GONE WRONG!

[TAKE VO] {\*\*\*vo\*\*\*}

CURTIS LEPORE AND JESSI SMILES HAVE ENTERTAINED OVER 6 MILLION FOLLOWERS ON VINE. THEY

MET VIA THE SOCIAL MEDIA SITE, BUT NOW ACCORDING TO T-M-Z JESSI IS ACCUSING CURTIS OF RAPE. ALL THIS WENT DOWN BACK IN OCTOBER WHEN CURTIS OFFERED TO HELP JESSI WHILE SHE RECOVERED FROM A CONCUSSION.

APPARENTLY, SHE FELL ASLEEP AND THAT'S WHEN HE IS SAID TO HAVE RAPED HER.

(NOTES: CURTIS WAS ARRESTED AND RELEASED ON 100 THOUSAND DOLLARS BAIL..FLEW UNDER RADAR UNTIL THIS WEEK WHEN HE PLEAD NOT GUILTY DURING A HEARING)

[Anchor:CHARLES]
{\*\*\*CHARLES\*\*\*}
[CG :2008 - Two Line Banner\Smart Padlock \TECH CHECK]

WELCOME BACK TO THE DAILY BUZZ

TIME NOW FOR YOUR TECH CHECK

SMART PHONES, SMART LIGHT BULBS, SMART WASHING MACHINES, ALMOST EVERY THING IS SMART AND CONNECTED THESE DAYS. TODAY I HAVE ONE OF THE COOLEST IDEAS FOR A SMART DEVICE I'VE SEEN IN A LONG TIME.

[TAKE VO] {\*\*\*VO\*\*\*} [CG :2050 - Courtesy One Line Chip\TEO Smartlock ]

ITS CALLED THE TEO PADLOCK... NOT THE WORLD'S FIRST SMART LOCK... BUT MOST OF THE OTHER DEVICES ARE DESIGNED TO FIT AROUND EXISTING DEADBOLTS TO SECURE YOUR DOORS, THE TEO IS MORE VERSATILE: IT'S A BLUETOOTH PADLOCK YOU CAN UNLOCK WITH YOUR SMARTPHONE.

YOU OPEN AND CLOSE THE LOCK USING A DEDICATED TEO APP ON YOUR IPHONE. MULTIPLE TEO PADLOCKS CAN BE OPENED FROM THE SAME APP USING BLUETOOTH, AND THE OWNER OF THE LOCKS CAN ALSO SEND PERMISSION - THE "KEYS" - TO OTHER APP USERS. THOSE USERS CAN BE GIVEN ACCESS ON A ONE-TIME BASIS, FOR A SET PERIOD OF TIME, OR FOREVER. THE APP ITSELF ALSO INCLUDES A HOST OF FEATURES SUCH AS LOCATION INFORMATION AND AN ALARM. THE FIRST MODELS SHOULD SHIP IN DECEMBER. IF THE THIS WORKS AS PROMISED THIS COULD REALLY HELP THE IDEA ON THE SHARED ECONOMY.

1/20/14

[CG:2008 - Two Line Banner\Lisa Spooner\@spoonerchic] [Anchor:LISA] {\*\*\*LISA\*\*\*}

GETTING STRAIGHT INTO THE TOP FIVE NEWS STORIES OF THE DAY... TODAY WE CELEBRATE THE LIFE OF dr. MARTIN LUTHER KING, JUNIOR.

[TAKE SOT OUTCUE: APPLAUSE DURATION:0:20] {\*\*\*sot full\*\*\*} [TAKE: cont vo]

{\*\*\*cont vo\*\*\*}[CG :1000 - TOP 5 1\Martin Luther King, Jr. Day\TOP 5 NEWS]

THAT WAS FROM KING'S LAST SPEECH ON APRIL THIRD 1968.

HE WAS MURDERED THE NEXT DAY.

MANY SPEND THE DAY HONORING KING BY MAKING IT A DAY OF VOLUNTEER SERVICE.

[Anchor:LANCE]

{\*\*\*LANCE\*\*\*}

TIME FOR TODAY'S EMOTIONAL MOJO MINUTE...

EVERYONE THAT GOES TO THE GYM HAS A ROUTINE THAT THEY SIMPLY "MUST" DO TO BURN OFF ALL THE CRAP THEY ATE DURING THE DAY.

BUT HOW MANY CALORIES DOES YOUR FAVORITE EXERCISE ACTUALLY BURN?

YAHOO HEALTH BREAKS IT DOWN FOR US.

[TAKE FS: FULLSCREEN]

{\*\*\*FULLSCREEN\*\*\*}

IF YOU'RE INTO BIKING AND CYCLING, THEN LISTEN UP.

AN HOUR LONG BIKE RIDE AT ABOUT 10 MILES PER HOUR BURNS ABOUT 250 CALORIES. BUT I F YOU SPEED IT UP TO 20 MILES PER HOUR, YOU CAN BURN ABOUT 800 CALORIES!

[TAKE FS: FULLSCREEN]

{\*\*\*FULLSCREEN\*\*\*}

IF YOU PREFER "DANCING-IT-OUT" TO "WORKING-IT-OUT", YOU CAN BURN ANYWHERE FROM 100 TO 400 CALORIES IN 30 MINUTES!

THAT'S BECAUSE DANCE ROUTINES USUALLY CHANGE SPEEDS, AND YOU TAKE FEWER BREAKS WHEN DANCING THAN YOU WOULD A DIFFERENT FORM OF EXERCIZE.

[TAKE FS: FULLSCREEN]

{\*\*\*FULLSCREEN\*\*\*}

ELIPTICAL USERS, YOU CAN BURN ABOUT 250 CALORIES IN 30 MIINUTES WITH THIS MACHINE. THIS HAPPENS BECAUSE YOU'RE USING YOUR OWN MOMENTUM SO IT'S EASIER TO PACE YOURSELF. INSTEAD OF USING MOTOR CONTROLLED MACHINES LIKE TREADMILLS.

February 2012

2/12/14

[Anchor:lisa]

{\*\*\*lisa\*\*\*}[CG :1003 - TOP 5 4\lvory Trade Ban\TOP 5 NEWS]

SOME GOOD NEWS... THE UNITED STATES HAS BANNED THE DOMESTIC TRADE OF ELEPHANT IVORY [TAKE: full screen]

{\*\*\*FULL SCREEN\*\*\*}

it'S PART OF A NEW push TO HELP AFRICAN COUNTRIES END THE RISING THREAT TO WILDLIFE.

POACHING HAS RISEN SHARPLY IN AFRICA IN RECENT YEARS WHERE, BESIDES TARGETING RHINOS, GANGS HAVE SLAUGHTERED WHOLE HERDS OF ELEPHANTS FOR THEIR TUSKS.

{REVEAL}

EXCEPTIONS INCLUDE ANTIQUES THAT ARE MORE THAN 100 YEARS OLD \*AND MEET ENDANGERED

2/13/14

[Anchor:CHARLES] {\*\*\*CHARLES\*\*\*}

[CG:2008 - Two Line Banner\Don't Miss a Moment \TECH CHECK]

WELCOME BACK TO THE DAILY BUZZ

TIME AGAIN FOR YOUR TECH CHECK

WITH CAMERA PHONES, FACEBOOK AND INSTAGRAM. IT FEELS LIKE EVERY MOMENT OF OUR LIVES ARE RECORDED. BUT HOW MANY TIMES DO YOU LOOK BACK WISHING YOU WOULD HAVE CAPTURED THAT SPECIAL MOMENT THAT YOU \*JUST MISSED? WELL THERE IS A NEW CAMERA THAT WILL MAKE THAT A THING OF THE PAST. THE

[TAKE VO] {\*\*\*VO\*\*\*}

[CG:2008 - Two Line Banner\meMINI\TECH CHECK]

"ME-MINI" IS A WEARABLE WI-FI ENABLED CAMERA WITH "RECALL". A FEATURE THAT HELPS USERS SAVE MOMENTS IN H-D VIDEO AFTER THEY'VE ALREADY COME AND GONE. THIS LITTLE CAMERA WORKS BY CAPTURING LOOPING FOOTAGE EVERY FIVE SECONDS SO IT CAN PERMANENTLY STORE THE LAST RECORDED MOMENT. ALL YOU HAVE TO DO IS PRESS THE RECALL BUTTON AND THE MOMENT IS TRANSFERED TO THE CLOUD OR THE CAMERA'S INTERNAL MEMORY. THE ME-MINI CAN LOOP VIDEO FOR UP TO THREE HOURS ON A FULL CHARGE. TO KEEP IT CLOSE YOU CAN ATTACH THE CAMERA TO CLOTHING WITH ITS BUILT IN MAGNET ALLOWING YOU TO EASILY TAKE IT ON THE GO. YOU CAN USE YOUR IPHONE OR ANDROID PHONE TO CONTROL THE CAMERA, THE FOOTAGE AND HOW VIDEO IS STORED. IT ALSO LETS YOU SHARE MOMENTS VIA EMAIL, SOCIAL MEDIA OR WITH THE ME-MINI COMMUNITY.

2/14/14

[TAKE: full screen] {\*\*\*full screen\*\*\*}

ONE CANDY CONVERSATION HEART IS EQUAL TO 12 CALORIES. SO YOU CAN HAVE 8 PIECES AND BE UNDER 100 CALORIES.... AT 96.

{\*\*\*REVEAL\*\*\*}

ONE MINI RED VELVET CUPCAKE HAS ABOUT 150 CALORIES. SO TO STAY UNDER THE 100 CALORIE MARK... YOU WILL HAVE TO LEAVE BEHIND A THIRD OF IT.

{\*\*\*REVEAL\*\*\*}

AND WHAT ABOUT A KISS?!

I'M STILL TALKING ABOUT CHOCOLATE.

ONE KISS HAS 22 CALORIES.

SO GO AHEAD AND HAVE 5... THOSE EXTRA 12 CALORIES OVER THE 100 MARK WON'T KILL YA.

{\*\*\*REVEAL\*\*\*}

IF YOUR LOVE GIVES YOU ONE OF THOSE PEEPS CHOCOLATE COVERED MARSHMALLOWS... ONE HEART EQUALS 110 CALORIES.

SO I SAY JUST GO AHEAD AND EAT THE WHOLE THING.

# {\*\*\*REVEAL\*\*\*}

BUT I PERSONALLY THINK YOU GET THE MOST BANG FOR YOUR BUCK WITH GOOD OL' PLAIN M & M'S.

ONE OF THOSE ONLY HAS 3 POINT 4 CALORIES.

SO YOU CAN HAVE 29 OF THEM AND BE \*UNDER 100 CALORIES... AT 98 POINT 6.

feb 17

[Anchor:LANCE] {\*\*\*LANCE\*\*\*}

[CG:1002-TOP53\Sheen Engaged\TOP5ENTERTAINMENT]

THE WEDDING INVITATIONS MIGHT READ HASHTAG-WINNING.

[TAKE: full screen] {\*\*\*full screen\*\*\*}

CHARLIE SHEEN IS OFFICIALLY ENGAGED. ACCORDING TO HIS 24 YEAR OLD ADULT FILM STAR FIANCE, BRETT ROSSI, CHARLIE POPPED THE QUESTION WHILE DOWN ON ONE KNEE JUST AFTER SUNRISE IN HAWAII.

{\*\*\*REVEAL\*\*\*}

THE TWO HAVE BEEN DATING FOR AT LEAST THREE MONTHS. THIS WILL BE CHARLIE'S FOURTH MARRIAGE. NO DATE HAS BEEN SET.

2/18/14

[Anchor:SPOONER]

{\*\*\*SPOONER\*\*\*}

[CG:2008 - Two Line Banner\Saving Big on Your Big Day\TOP MONEY]

COUPLES ARE ALWAYS HOPING TO SAVE A BUCK HERE AND A BUCK THERE WHEN IT COMES TO THEIR BIG DAY.

SO HERE ARE SOME IDEAS TO HELP YOU SAVE SOME CASH WHEN YOU WALK DOWN THE AISLE.

[TAKE: full screen]

{\*\*\*FULL SCREEN\*\*\*}

-LOOK IN A "NEXT-DOOR TOWN" FOR VENUES AND VENDORS.

THIS IS ESPECIALLY TRUE IF YOU LIVE IN A BIG CITY.

YOU COULD END UP SAVING 20 PERCENT OR MORE ON FEES.

{\*\*\*REVEAL\*\*\*}

-PUT A "15-MINUTE WARNING" INTO YOUR CONTRACT WITH THE PHOTOGRAPHER.

IT SHOULD STATE THAT THEY MUST GIVE YOU A 15-MINUTE HEADS UP BEFORE THEY BEGIN CHARGING YOU OVERTIME.

AND THAT IF THEY DON'T... YOU WILL NOT HAVE TO PAY FOR THOSE OVERAGES.

{\*\*\*REVEAL\*\*\*}

-TO FIND PHOTOGRAPHERS AND VIDEOGRAPHERS, CONTACT YOUR LOCAL NEWSPAPER OR TELEVISION STATION.

OFTEN THESE PROS WILL PROVIDE THESE SERVICES FOR LESS THAN "OFFICIAL" WEDDING

PHOTOGRAPHERS AND VIDEOGRAPHERS.

{\*\*\*REVEAL\*\*\*}

-GET A "STUDENT" TO DO YOUR FLOWERS.

BIG CITIES HAVE FLORAL DESIGN SCHOOLS SO CONTACT THEM TO SEE IF THERE IS A STAR STUDENT.

IF THERE ISN'T A FLORAL SCHOOL NEAR YOU. SEE IF THERE IS A HORTICULTURAL SCHOOL.

#### 2/19/14

[Anchor:lance]

{\*\*\*LANCE\*\*}[CG :2008 - Two Line Banner\Dating.. in the Buff\TOP LIFESTYLE]

VH1 HAS A NEW SHOW COMING OUT CALLED "NAKED DATING" AND YES, IT'S EXACTLY WHAT YOU THOUGHT IT WOULD BE.

[TAKE: full screen] {\*\*\*FULL SCREEN\*\*\*}

SO THINK, THE BACHELOR.. BUT NAKED.

PEOPLE WILL DATE MORE THAN ONE PERSON AT A TIME... COMPLETELY IN THE BUFF. REVEAL}

THERE WILL BE NO PHONES, JEWELRY, OR CLOTHES, AND IT WILL BE FILMED IN AN EXOTIC LOCATION.

AND ITS NOT GONNA BE A BUNCH OF HOTTIES RUNNING AROUND ON THE BEACH... THE EXEC VP SAYS ITS REALLY ABOUT THE SEARCH FOR TRUE LOVE.

#### 2/20/14

[Anchor:]{\*\*\*JESSICA\*\*\*}

[CG:1001 - TOP 5 2\Miley+Flappy Bird=Success\TOP 5 SOCIAL]

SO WHAT HAPPENS WHEN YOU MIX TWO OF THE MOST POPULAR THINGS ON THE PLANET RIGHT NOW?

[TAKE VO]

{\*\*\*vo\*\*\*}

THIS! FLAPPY BIRD AND MILEY CYRUS HAVE BEEN MIXED TO CREATE THE NEW GAME "FLYING CYRUS WRECKING BALL" OF COURSE I DOWNLOADED IT THIS MORNING AND IT'S JUST AS DIFFICULT AS THE ORIGINAL FLAPPY BIRD EXCEPT YOU CAN ACTUALLY LICK YOUR WAY TO THE TOP.

(NOTES: IT'S MAKING ITS WAY TO THE TOP OF THE U-S APP STORE FREE CHARTS) 2/21/14

[CG:1002 - TOP 5 3\Pot Cookies\TOP 5 NEWS]

[Anchor:LISA] {\*\*\*LISA\*\*\*}

FROM NOT SO SMART TO ABSOLUTELY GENIUS.

[TAKE: FULL SCREEN] {\*\*\*FULL SCREEN\*\*\*}

A GIRL SCOUT AND HER MOM DECIDED THE BEST WAY TO SELL ALL THEIR COOKIES WAS TO POST UP OUTSIDE A MEDICAL MARIJUANA CLINIC IN SAN FRANCISCO. {REVEAL}

AND THEY WERE RIGHT!

IN JUST TWO HOURS THEY SOLD 117 BOXES!!

{REVEAL}

THE GIRL'S MOM SAYS SHE LIKES TO SET UP SHOP AT VARIOUS PLACES REVEAL}

SO HER KIDS CAN LEARN ABOUT THE DIFFERENT ENVIRONMENTS WHILE EARNING SOME CASH FOR THE ORGANIZATION.

2/24/14

[Anchor:]

{\*\*\*SPOOONER\*\*\*}

[CG:1003 - TOP 5 4\First Openly Gay Player\TOP 5 NEWS]

[TAKE VO] {\*\*\*VO\*\*\*}

WITH ONE SWOOP OF HIS PEN... N-B-A PLAYER JASON COLLINS MAKES HISTORY IN THE WORLD OF SPORTS.

COLLINS BECAME THE FIRST OPENLY GAY PLAYER IN ANY OF THE FOUR MAJOR AMERICAN PROFESSIONAL SPORTS.

THE 35 YEAR OLD VETERAN PLAYER SIGNED A 10 DAY CONTRACT yesterday WITH THE NEW JERSEY NETS.

COLLINS PUBLICLY CAME OUT IN AN ARTICLE IN SPORTS ILLUSTRATED LAST SPRING.

2/25/14

[Anchor:LANCE]

{\*\*\*LANCE\*\*\*}

[CG:2008 - Two Line Banner\Taco Bell Morning\THEDBZ.COM]

EARLY RISING TACO BELL ENTHUSIASTS REJOICE. THEIR A.M. MENU IS OUT.

[TAKE VO]

{\*\*\*vo\*\*\*}

THE WAFFLE TACO WAS ONLY THE START.

THE MENU WILL ALSO INCLUDE SKILLET SCRAMBLERS AND BREAKFAST BURRITOS.

BUT WE ASKED YOU GUYS ON OUR FACEBOOK PAGE IF YOU WOULD BE PARTAKING IN TACO BELL'S FIRST MEAL...

2/26/14

[Anchor:CHARLES]

{\*\*\*CHARLES\*\*\*}

[CG:2008 - Two Line Banner\Smacked by a Whale \THEDBZ.COM]

SOME LUCKY WHALE WATCHERS GOT UP CLOSE AND PERSONAL WITH ONE OF THE BIGGEST ANIMALS ON THE PLANET.

[TAKE: VONATS] {\*\*\*VOANTS\*\*\*}

[CG:2050 - Courtesy One Line Chip\Jordyn R/YouTube]

WHEN I SAY UP CLOSE, I MEAN YOU COULD REACH OUT AND TOUCH IT. OR IT COULD REACH OUT AND TOUCH YOU AS

## CHELSEA FOUND OUT WHEN SHE GOT SMACKED IN THE HEAD BY THE WHALE'S TAIL.

2/27/14

[Anchor:] {\*\*\*LISA\*\*\*}

[CG:1000 - TOP 5 1\Deadly Plane Crash\TOP 5 NEWS]
[CG:2008 - Two Line Banner\Lisa Spooner\@spoonerchic]

[Anchor:LISA] {\*\*\*LISA\*\*\*}

first in our TOP FIVE NEWS STORIES...

[TAKE: full screen] {\*\*\*full screen\*\*\*}

AUTHORITIES SAY THREE PEOPLE ARE DEAD AND THREE ARE INJURED FOLLOWING A PLANE CRASH ON HAWAII'S LANAI ISLAND.

A SPOKESMAN SAYS THE CRASH HAPPENED AROUND 9:30 P.M. WEDNESDAY (11:30 P.M. PST) NEAR THE AIRPORT.

HE SAYS DETAILS ARE STILL SKETCHY BUT THE PLANE WAS TAKING OFF OR HAD JUST TAKEN OFF WHEN IT WENT DOWN.

2/28/14

[Anchor:]

{\*\*\*LANCE\*\*\*}

[CG:1000 - TOP 5 1\Mila and Ashton Engaged\TOP 5 ENTERTAINMENT]

[TAKE: full screen] {\*\*\*FULL SCREEN\*\*\*}

LOOKS LIKE THE RUMORS MIGHT FINALLY HAVE SOME BACKING TO THEM.

IT SEEMS THAT MILA KUNIS AND ASHTON KUTCHER MIGHT ACTUALLY BE ENGAGED.

[TAKE VO] {\*\*\*VONATS\*\*\*}

[CG:2051 - Courtesy Two Line Chip\"That 70's Show"\Fox]

E ONLINE IS REPORTING THE ENGAGEMENT AND YESTERDAY KUNIS STEPPED OUT WITH A ROCK ON HER FINGER WHILE SHE WAS SHOPPING WITH HER MOM.

THE 70'S SHOW ALUMS HAVE BEEN REPORTEDLY DATING SINCE 2012.

REPS FOR THE ACTORS HAVE NOT RESPONDED TO THE ENGAGEMENT RUMORS.

KUTCHER'S DIVORCE FROM DEMI MOORE WAS FINALIZED IN NOVEMBER.

March 2014

3/3/14

[Anchor:lisa]

{\*\*\*lisa\*\*\*}

and finally NEW THIS MORNING... THE WALT DISNEY COMPANY WILL CUT FUNDING TO THE BOY SCOUTS OF AMERICA STARTING NEXT YEAR...

[TAKE VO]

{\*\*\*VO\*\*\*}[CG:2007 - One Line Banner\Wochit]

[CG:1004 - TOP 5 5\Disney to Cut off Boy Scouts\TOP 5 NEWS]

BECAUSE OF A POLICY THAT BANS GAY ADULT LEADERS IN THE ORGANIZATION.

A BOY SCOUTS SPOKESMAN SAID THAT WHILE DISNEY DOESN'T PROVIDE DIRECT FUNDING TO THE

SCOUTS... THEY \*do DONATE MONEY TO TROOPS IN EXCHANGE FOR VOLUNTEER HOURS... AND also give SMALL GRANTS TO LOCAL TROOPS.

THE SPOKESMAN SAID DISNEYS DECISION WILL AFFECT THE ORGANIZATIONS ABILITY TO SERVE CHILDREN.

As of now DISNEY HAS NOT COMMENTED.

(The Boy Scouts lifted a ban on gay youth last year, but a ban on gay adult leaders remains) 3/4/14

[Anchor:SPOONER] {\*\*\*SPOONER\*\*\*}

[CG:2008 - Two Line Banner\Improving Your Teen's Credit\TOP 5 MONEY]

I THINK IT'S SAFE TO SAY THAT WE ALL KNOW THE IMPORTANCE OF HAVING GOOD CREDIT? BUT DO YOUR TEENAGERS?!

HERE ARE THE TOP 5 THINGS WE, AS PARENTS, CAN DO TO HELP THEM ESTABLISH GOOD CREDIT.

[TAKE: full screen] {\*\*\*FULL SCREEN\*\*\*}

-INSIST THAT YOUR TEENS START EARNING THEIR OWN WAY

THIS CAN EVEN BE A PART-TIME JOB... BECAUSE BANKS HAVE TO CONFIRM INCOME BEFORE GRANTING CREDIT TO ANYONE UNDER 21.

{\*\*\*REVEAL\*\*\*}

-ENCOURAGE YOUR TEENS TO GET THE RIGHT TYPE OF CREDIT CARD

A SECURED CREDIT CARD, FOR EXAMPLE, WILL NOT LET THEM SPEND MORE THAN THE AMOUNT DEPOSITED INTO A SAVINGS ACCOUNT.

THE SAME APPLIES TO A DEBIT CARD TIED TO A CHECKING ACCOUNT.

{\*\*\*REVEAL\*\*\*}

-SIT DOWN WITH YOUR TEEN EACH MONTH TO CANDIDLY DISCUSS FINANCIAL MATTERS DON'T ASSUME THEY KNOW WHAT YOU KNOW

{\*\*\*REVEAL\*\*\*}

-HELP YOUR CHILD ESTABLISH CREDIT BY USING NON-CREDIT CARD OPTIONS.

A CAR LOAN AND A PAYMENT-PLAN-BASED SHOPPING SERVICE ARE ONLY TWO OF MANY EXAMPLES.

{\*\*\*REVEAL\*\*\*}

-TEACH YOUR TEENS HOW TO IMPROVE A CREDIT RATING SCORE.

AND THAT INCLUDES WAYS YOU MIGHT HURT IT LIKE CLOSING DOWN ACCOUNTS, NOT USING ACCOUNTS, PAYING LATE, ETC.

3/5/14

[Anchor:SPOONER] {\*\*\*SPOONER\*\*\*}

[CG:2008 - Two Line Banner\Worthless Exercises\HEALTH]

WE HEAR ALL THE TIME THAT YOU CAN DO WORKOUTS IN YOUR HOUSE THAT WILL BENEFIT YOU. BUT HERE ARE SOME THAT ARE PRETTY MUCH WORTHLESS:

[TAKE: full screen] {\*\*\*full screen\*\*\*}

-THE TRICEPS "BENCH" DIP

THE ISSUE IS THAT YOU'RE USING A GREAT DEAL OF FORCE TO ACCOMPLISH VERY LITTLE. THERE ARE BETTER TECHNIQUES FOR YOUR ARMS, BACK AND CORE THAT DON'T REQUIRE THE AMOUNT OF STRAIN TRICEPS "BENCH" DIPS ARE KNOWN TO FORCE ON UNSUSPECTING FITNESS BUFFS.

{\*\*\*REVEAL\*\*\*}

-OR HOW ABOUT CRUNCHES ON THE FLOOR?!

IN REALITY, CRUNCHES DON'T PROVIDE THE TYPE OF RESISTANCE NECESSARY TO YIELD ANY TYPE OF DRAMATIC POSITIVE EFFECT.

{\*\*\*REVEAL\*\*\*}

-45-DEGREE LEG PRESS

THERE IS REALLY NO BENEFIT AT ALL... UNLESS YOU WANT TO GET REALLY GOOD AT PUSHING GIANT WEIGHTS AROUND WITH YOUR LEGS.

{\*\*\*REVEAL\*\*\*}

-MACHINE SQUATS

BECAUSE THE BAR CAN BE EASILY SECURED DURING MOVEMENT, IT IS SUPPOSED TO BE MUCH SAFER FOR YOU AND LESS STRESSFUL OVERALL.

IN REALITY, BECAUSE THE BAR CAN ONLY MOVE UP AND DOWN... YOU'RE FORCED INTO PERFORMING UNNATURAL MOVEMENT THAT TRANSFERS ALL STRESS TO YOUR KNEES AND THE LOWER AREA OF YOUR BACK.

3/6/14

[Anchor:CHARLES]

{\*\*\*CHARLES\*\*\*}

[CG:2008 - Two Line Banner\Long Distance Tech \TECH CHECK]

WELCOME BACK TO THE DAILY BUZZ

TIME NOW FOR YOUR TECH CHECK.

IF YOU WORK ON THE ROAD, SOMETIMES YOU CAN BE AWAY FROM YOUR LOVED ONES FOR DAYS, EVEN MONTHS. ITS EVEN HARDER WHEN YOU HAVE KIDS AT HOME. I HAVE SOME TECH FOR THE MOMMY AND DADDY ROAD WARRIORS TO KEEP YOUR LITTLE ONE AS CLOSE AS YOUR IPAD.

[TAKE VO]

{\*\*\*VO\*\*\*}

[CG:2050 - Courtesy One Line Chip\Kindoma]

KIDS LOVE A GOOD BEDTIME STORY. WHEN YOU CAN'T BE AT THEIR BEDSIDE, THERE'S KIN-DOMA.THIS IPAD APP LETS YOUR LITTLE ONE PICK FAIRYTALES AND OTHER CLASSICS FROM THE LIBRARY FOR YOU TO READ. YOU CAN BOTH SEE EACH OTHER IN THE CORNER OF THE SCREEN. THE APP ALSO LETS PARENTS SHARE BEDTIME STORY DUTY WITH A BIGGER, LESS SLEEP-DEPRIVED COMMUNITY.

[TAKE VO]

{\*\*\*VO\*\*\*}

[CG:2050 - Courtesy One Line Chip\KEEPY]

ARE YOU PROUD OF YOUR KIDS INNER ARTIST? AN APP CALLED KEEPY LETS YOU SHARE KID-MADE ART WITH GRANDPARENTS, AUNTS, UNCLES WHEREVER THEY LIVE. USE THE APP TO TAKE SNAPS OF YOUR KID'S PAINTINGS AND UPLOAD THEM. PEOPLE INVITED INTO YOUR KEEPY NETWORK CAN RESPOND BY POSTING A VIDEO SAYING "WELL DONE" NEXT TO EACH OEUVRE. OVER THE YEARS YOU'LL BE ABLE TO COMPARE JUNIOR'S MACARONI PERIOD WITH HIS CRAYON YEARS.

3/7/14

[Anchor:]{\*\*\*JESSICA\*\*\*}

[CG:2008 - Two Line Banner\Jessica Reyes\@jessicareyes] [CG:1000 - TOP 5 1\Not So Frozen Parody\TOP 5 SOCIAL]

HERE'S YOUR TOP FIVE SOCIAL MEDIA...WHAT BETTER WAY TO TELL YOUR BRO YOU MISS HIM THAN WITH A FROZEN PARODY?!?

[TAKE SOT

INCUE: :08 "do you wanna get a beer"

**OUTCUE: 17 "ANYMORE"** 

AT: 0:08 TO: 0:17

DURATION:0:09] {\*\*\*sot full\*\*\*} [TAKE: cont vonat]

[TAKE: cont vonat] {\*\*\*cont vonat\*\*\*}

INSTEAD OF "DO YOU WANNA BUILD A SNOWMAN" THIS VERSION IS CALLED "DO YOU WANNA GET A BEER MAN?" TOMMY CHUANG'S PARODY WHICH IS ALMOST 4 MINUTES OF A DUDE MISSING HIS BROH HAS OVER 144 THOUSAND VIEWS!

[Notes:http://www.youtube.com/watch?v=wEcvzr9U5Ls&feature=youtu.be]

3/10/14

[Anchor:lance]

{\*\*\*LANCE\*\*}[CG :2008 - Two Line Banner\Lance Smith\@LANCESMITHSHOW]

HEY GUYS.. HERE IS A LOOK AT YOUR TOP 5 NEWS STORIES THIS MORNING..

A BIT OF SAD NEWS FOR THE MOTOR CITY THIS MORNING, WILLIAM CLAY FORD, OWNER OF THE LIONS AND THE LAST SURVIVING GRANDCHILD OF AUTOMOTIVE GIANT HENRY FORD, DIED OVER THE WEEKEND.

[TAKE VO]

{\*\*\*VO\*\*\*}

[CG:1000 - TOP 5 1\Detroit Lions Owner Dies\TOP 5 NEWS]

FORD MOTOR COMPANY SAID IN A STATEMENT THAT FORD DIED OF PNEUMONIA AT HIS HOME IN GROSSE POINTE, HE WAS 88 YEARS OLD.

FORD WAS THE THE MAN IN CHARGE OF THE DETROIT LIONS FOR THE BETTER HALF OF THE LAST CENTURY.

3/11/14

[Anchor:]{\*\*\*JESSICA\*\*\*}

[CG:1002 - TOP 5 3\Snow Swimming\TOP 5 SOCIAL]

WHILE ACROSS THE WEST AND EVEN SOUTH SOME PEOPLE ARE ENJOYING A GOOD OLD SWIM BY THE POOL...IN COLDER STATES YOU DO WHAT YOU HAVE TO DO...SWIM IN SNOW

**[TAKE SOT** 

INCUE: :02 "snow swimming"
OUTCUE: :15 "too cold for me"

AT: 0:02 TO: 0:15

DURATION:0:13] {\*\*\*sot full\*\*\*} [TAKE: cont vo] {\*\*\*cont vo\*\*\*}

THAT'S HOW YOU DO IT IN MINNESOTA BABY! VIDEO HAS ALMOST HALF A MILLION VIEWS!

3/12/14

[Anchor:CHARLES] {\*\*\*CHARLES\*\*\*}

[CG:2008 - Two Line Banner\Kid's Book with a Twist\THEDBZ.COM]

A NEW CHILDREN'S BOOK IS TAKING SOME CRITICISM.

[TAKE VO] {\*\*\*VO\*\*\*}

THE BRAVEST KNIGHT WHO EVER LIVED IS A CLASSIC FAIRY TALE, BUT WITH A TWIST. THE MAIN CHARACTER JUST HAPPENS TO BE GAY. AUTHOR DANIEL ERRICO HAS BEEN RECEIVING LOADS SUPPORT FROM THE GAY COMMUNITY. BUT OTHER GROUPS LIKE THE NEW JERSEY FAMILY POLICY COUNCIL ARE CALLING THE BOOK AN ASSAULT ON TRADITIONAL FAMILY VALUES.

3/13/14

[Anchor:] {\*\*\*LISA\*\*\*}

[CG:1004 - TOP 5 5\A Criminal on the Field\TOP 5 NEWS]

AND I'M NOT SURE I'D WANT THIS GUY ON MY TEAM.... Or maybe I would.

A BRAZILIAN SOCCER STAR WHO IS SENTENCED TO 22 YEARS BEHIND BARS FOR KILLING HIS GIRLFRIEND SOME HOW MANAGED TO LAND A SOCCER DEAL!

[TAKE VO] {\*\*\*VO\*\*\*}

HE WAS ALLOWED TO SIGN A FIVE-YEAR CONTRACT AND COULD BE LET OUT ON DAY RELEASE TO TRAIN AND PLAY WITH THE TEAM!

HE CONFESSED TO MURDERING HIS GIRLFRIEND AND HAVING HER BODY DISMEMBERED AND FED TO HIS PET DOGS.

3/14/14

[Anchor:] {\*\*\*LISA\*\*\*} [TAKE VO] {\*\*\*vo\*\*\*} [CG:1001 - TOP 5 2\Texting Before He Killed\TOP 5 NEWS]

THE FLORIDA MAN ACCUSED OF KILLING ANOTHER GUY OVER SENDING A TEXT IN A MOVIE THEATRE... APPARENTLY HAD JUST DONE THE SAME THING HIMSELF.

71-YEAR OLD CURTIS REEVES HAD USED HIS OWN PHONE TO SEND A MESSAGE TO HIS SON MINUTES BEFORE HE SHOT AND KILLED ANOTHER MAN FOR DOING THE SAME.

REEVES IS now CHARGED WITH SECOND DEGREE MURDER and HAS PLEADED NOT GUILTY... cLAIMing HE ACTED IN SELF DEFENSE.