

**SEQUOIA UNION HIGH SCHOOL DISTRICT**

**KCEA-FM**

**Atherton – Menlo Park – San Jose**

# **Quarterly Issues & Programs Report**

**Second Quarter 2016**

**(For the period covering April 1<sup>st</sup>, 2016 – June 30<sup>th</sup>, 2016)**

**Compiled By Craig Roberts**

**Placed in the Public Inspection File July 10<sup>th</sup>, 2016**

**KCEA-FM**  
**Atherton – Menlo Park – San Jose**  
**Quarterly Issues & Programs Report**

This report contains an over view of the public affairs programs and announcements aired by KCEA-FM Radio for the quarter just ended. For some time now, KCEA-FM has demonstrated a firm commitment to serve its listeners by airing in-depth interviews with newsmakers, community activists and community leaders in an effort to address matters that affect the quality of life here in the South Bay region.

KCEA-FM airs a weekly public affairs program called ***“Life!Line with Craig Roberts”***, which is presented each Sunday at 5:00AM. Locally produced, the program seeks to address areas of interest and concern to those living in both our community of license as well as the surrounding areas within the reach of our signal.

Topics and areas of concern addressed by the program include, for example, health matters (early cancer detection, treatment and prevention) education (schooling, funding of public education and comprehensive student/teacher performance guidelines) women’s issues (breast cancer awareness, employment) and issues of concern to minorities (bi-lingual education, immigration issues, racism), among dozens of other topics.

Issues to be addressed are culled out from a vast list of local activists, listener feedback and interview requests from local and regional community leaders.

Additionally, the program provides opportunities for listeners to speak out on topics of concern, as well as the chance to speak directly with experts and community leaders on a variety of topics that affect the quality of life for them and their family.

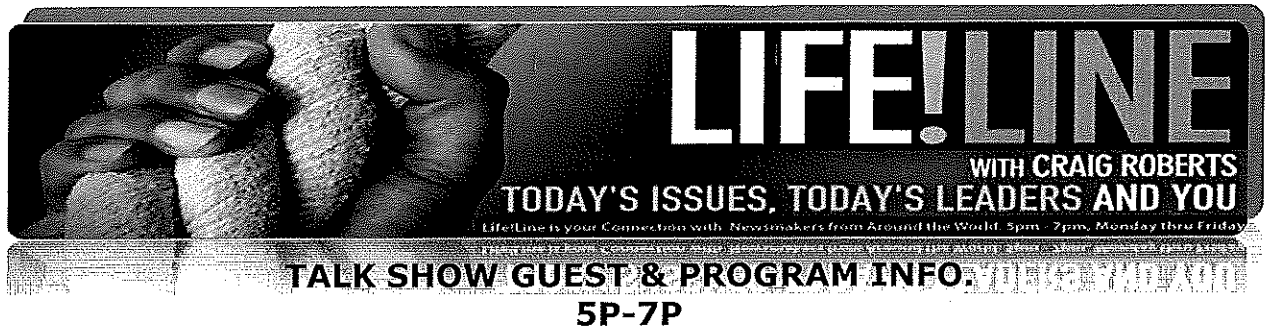
The station also airs messages of thirty to sixty seconds in length throughout its broadcast schedule provided to us by a number of community-based and government-based organizations. Subject's in the recent past have included but are not limited to crime reduction, recycling program awareness, senior issues, assistance programs for parents of children with learning disabilities and immunization programs for people at risk (elderly/HIV/children).

The following is a list of problems, needs and interests compiled from over two hundred interviews from a diverse list of community leaders throughout the South Bay and Bay Area region.

### Problems Needs & Interests

1. Minority Challenges (discrimination, housing, employment, education).
2. Problems of the Elderly.
3. Youth, Education and Education funding in California.
4. Unemployment, Finances and the Economy.
5. Gender Challenges (women suffering discrimination, employment problems, and domestic violence).
6. Environment.
7. Substance Abuse (Drug & Alcohol).
8. Housing & Urban Problems (overcrowding, urban blight).
9. Healthcare quality, availability and cost.
10. Crime and the Criminal Justice System.

The following pages list some of the programs that have dealt specifically with the afore-mentioned list of issues and problems. In addition, because of the nature of our basic programming philosophy and program content, many of our programs often address one or more of these issues on a daily basis. Included is a multiplicity of issues confronting American society today, particularly those dealing with crime, drug and alcohol abuse, racism, sexism, ethical and moral conduct, familial relationships, education, and domestic terrorism.



PROGRAM DATE: Tu., April 5, 2016

**5:15pm-6:00pm**

**Guest: NANCY FINDLEY**

> Author, *Finley Ball: How Two Outsiders Turned the Oakland A's Into a Dynasty and Changed the Game Forever* (Regnery)

**Topic:** This is the story of a losing baseball team that became a 1970s dynasty, thanks to the unorthodox strategies and stunts of two very colorful men. Nancy Finley—*the “dugout daughter” of former Oakland A's general manager Carl Finley and niece of team owner Charlie Finley*—knows a thing or two about mixing family and baseball

In her brand new book, *Finley Ball: How Two Outsiders Turned the Oakland A's Into a Dynasty and Changed the Game Forever*, Nancy gives the unvarnished and often hilarious front-office account of her Uncle Charlie's twenty-year reign as baseball's *enfant terrible*.

**CONTACT #:** [REDACTED]

b/u: [REDACTED]

www.

**A unique, behind-the-scenes perspective of the glory days of A's baseball.**

White Sox first baseman Adam LaRoche is receiving a lot of attention for his decision to walk away from a \$13 million paycheck rather than keep his 14-year-old son out of the clubhouse.

Nancy Finley—the “dugout daughter” of former Oakland A's general manager Carl Finley and niece of team owner Charlie Finley—knows a thing or two about mixing family and baseball.

In her brand new book, *Finley Ball: How Two Outsiders Turned the Oakland A's Into a Dynasty and Changed the Game Forever*, Nancy gives the unvarnished and often hilarious front-office account of her Uncle Charlie's twenty-year reign as baseball's *enfant terrible*.

*Finley Ball* is the story of two outsiders who found themselves part of the ultimate insiders' club. Against all odds, they built one of the best teams ever to take the field and might have saved Major League Baseball in the process.

This is the story of a losing baseball team that became a 1970s dynasty, thanks to the unorthodox strategies and stunts of two very colorful men.

When Charlie Finley bought the A's in 1960, he was an outsider to the game—a insurance businessman with a larger-than-life personality. He brought his cousin Carl on as his right-hand man, moved the team from Kansas City to Oakland, and pioneered a new way to put together a winning team. With legendary players like Reggie Jackson, Catfish Hunter, and Vida Blue, the Finleys' Oakland A's won three straight World Series and riveted the nation.

Now Carl Finley's daughter Nancy reveals the whole story behind her family's winning legacy—how her father and uncle developed their scouting strategy, why they employed odd gimmicks like orange baseballs and "mustache bonuses," and how the success of the '70s Oakland A's changed the game of baseball.

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*From the Inside Flap*

How did an insurance salesman and a high school principal turn a down-and-out team into one of Major League Baseball's greatest dynasties—the Swingin' A's of Oakland, World Series champs in 1972, '73, and '74?

They didn't do it with money like those guys in the Bronx. They didn't do it with "sabermetrics," which makes for good movies but not World Series titles. And they certainly didn't do it with the help of the baseball establishment, which fought them every step of the way.

*Finley Ball* is the story of two outsiders—Charlie Finley, the A's maddeningly unconventional owner, and Carl, his cousin and right-hand man—who found themselves part of the ultimate insiders' club. Against all odds, they built one of the best teams ever to take the field and might have saved Major League Baseball in the process.

Telling the Finley side of the Finley story, Carl's daughter, Nancy, offers an unvarnished and often hilarious front-office account of her Uncle Charlie's twenty-year reign as baseball's *enfant terrible*. She reveals:

How Charlie Finley assembled a star-studded lineup—Reggie Jackson, Catfish Hunter, Vida Blue, Rollie Fingers, Bert Campaneris, Joe Rudi, and Sal Bando among them—and why he lost them

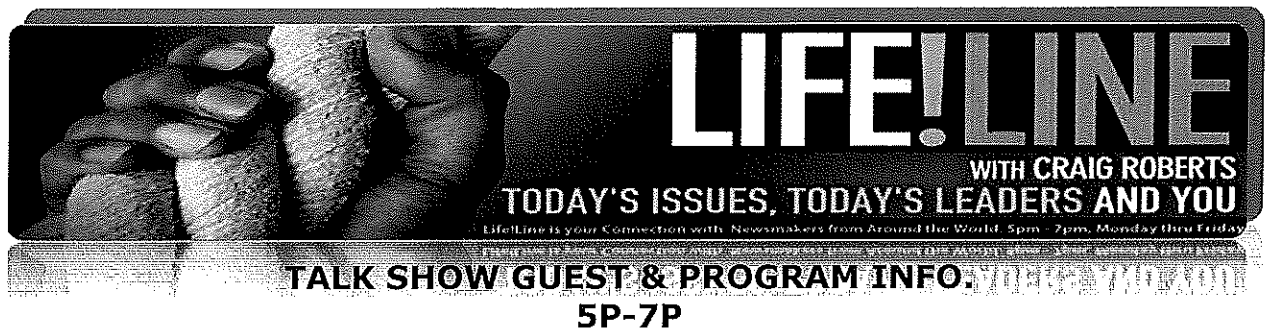
Why Finley hired his enemy Billy Martin as manager and how "Billy Ball" brought the A's back to their winning ways

The truth behind the World Series' biggest scandal, in which Finley allegedly forced pinch-hitter Mike Andrews to sign a fake injury report

How a powerful and jealous sportswriter drove Finley and the A's out of Kansas City in the late 1960s, making Oakland the capital of the baseball world in the 1970s

Why Commissioner Bowie Kuhn's vendetta against Finley paved the way for free agency

The rare neurological condition behind Finley's uncanny "3-D" sense of the game and the brightly colored uniforms that shook up the gray-flannel world of baseball



PROGRAM DATE: Wed., April 6, 2016

**5:05pm-5:30pm**

Guest: **RUTH SOUKUP (suk-up)**

- > Author of the newly released and already #1 bestseller, ***Unstuffed: Decluttering Your Home, Mind, and Soul*** (Zondervan)
- > speaker, entrepreneur, and founder of LivingWellSpendingLess.com.
- > Creator of the Living Well Planner (LivingWellPlanner.com), an organizational tool dedicated to helping you live your life on purpose
- > Founder of EliteBlogAcademy.com, an online course for professional bloggers and communicators.

**NOTE of interest:** Begun simply as a way to hold herself accountable as she attempted to replace her overspending with a sustainable budget, LivingWellSpendingLess.com has since grown to be one of the top personal finance blogs on the web, ***averaging over a million readers each month.***

**Topic:** how to rid our lives of STUFF, but gain a true understanding of why our lives have become so stuffed in the first place--and what we can do to stop the madness, once and for all; becoming empowered to declutter not just our home, but our mind and soul as well, getting right down to the question we are all facing--how can we take back our lives from the stuff that is weighing us down?

**CONTACT #:** [REDACTED]

b/u: [REDACTED]

**[www.LivingWellSpendingLess.com](http://www.LivingWellSpendingLess.com)**

**STUFF.** It's everywhere. Lurking in corners and closets, spilling onto counters and coffee tables, creating havoc everywhere we look. And it's not just the physical clutter that weighs us down. Oh no, it is the stress of overbooked schedule, and the weight of a life that sometimes feels oppressive and totally out of whack.

*New York Times* bestselling author Ruth Soukup feels your pain--she has been there too. Through personal stories, Biblical truth, and practical action plans, she will inspire and empower each of us to finally declutter not just our home, but our mind and soul as well. *Unstuffed* is real, honest, and gets right down to the question we are all facing--how can we take back our lives from the stuff that is weighing us down?

### **We can all learn to:**

- Create a comprehensive vision for our homes, and make instant changes to improve its overall function.
- Discover that more closet space is not the solution, and instead learn how to set strict limits for the stuff we bring in
- Overcome the frustration of dealing with our kids' influx of stuff and implement practical solutions for keeping the chaos at bay.
- Recognize the pitfalls of an overstuffed schedule BEFORE it gets out of hand, and instead learn to combat the culture of busy that keeps us running from one thing to the next.
- Finally conquer that mountain of paperwork that threatens to tumble down around us at any moment.
- Let go of the guilt that gets attached to gifts and instead learn to separate our loved ones from their stuff.
- Begin to cultivate our real friendships while eliminating the toxic relationships that weigh us down.

### **Who Needs This Book?**

*Unstuffed* was written for anyone who feels stressed out or weighed down by a life that feels chaotic, out-of-control, and completely overstuffed. It speaks to the mom who is overwhelmed by the clutter that comes pouring into every facet of her home and schedule, from trinkets and paperwork to endless obligations and activities.

It is for the person who craves not just a step-by-step guide to ridding our lives of STUFF, but a true understanding of why our lives become so stuffed in the first place--and what we can do to stop the madness, once and for all.

Most of all, it is for the person who is tired of feeling guilty for not being able to do it all, the woman who can't ever quite seem to keep up with other people's obligations of what her home is supposed to be, the mom who is exhausted by always trying to get it right.

### **Want to know if this book is for you?**

- Have you ever found yourself buying more storage containers to organize stuff you probably should have just gotten rid of?
- Do you ever find yourself frustrated that even when you do manage to get your house cleaned up, it never seems to stay that way?



- Do you sometimes feel like you can't keep up with all the activities and obligations you have committed to?
- Do you ever struggle to find an important piece of paper because there are just too many pieces of paper to keep track of?
- Have you ever felt guilty for getting rid of something that was a gift, or held on to something you didn't really like because someone gave it to you?
- Do you feel like there are people in your life who simply suck the life out of you?
- Have you ever felt like you need more balance?

If the answer to any of these questions is YES, this book provides real and practical solutions from someone who has been there. Ruth doesn't just offer advice, she walks it with you, and shares with brutal honesty her own mistakes, failures, and shortcomings. It is encouraging, motivating, and life-changing.

**5:15pm-5:30pm**

(In observance of National Sexual Assault Awareness Month)

**Guest: DAWN SCOTT DAMON**

- > Award-winning author, ***When A Woman You Love Was Abused* (Kregel)**
- > [REDACTED] (Kalamazoo, Michigan)
- > wife, mother of 5, grandmother of 9!
- > sexual abuse survivor

**Topic:** Four steps to begin healing from sexual abuse/trauma; how/where to get help; understanding how women who are sexually broken can begin their journey to healing TODAY.

**CONTACT #:** [REDACTED]

b/u: [REDACTED]

**www.DawnScottDamon.com and www.[REDACTED]**

#### **4 Steps to Start Healing from Sexual Abuse**

By Dawn Scott Damon

I wish I had a different story. I wish it wasn't one of fiery trials and shameful ashes. But I don't. My story is what it is. But, what I do have is the power to decide how my story will end. And you do to. We can choose our future by;     *Choosing to no longer be a victim.*

*Choosing to start a healing journey.*

*Choosing to live life brave and free.*

I'm a survivor of childhood sexual abuse. I tell my story so others can draw encouragement and be inspired to start their own conversation, and eventually, gain empowerment to heal and overcome the wounds of sexual trauma.

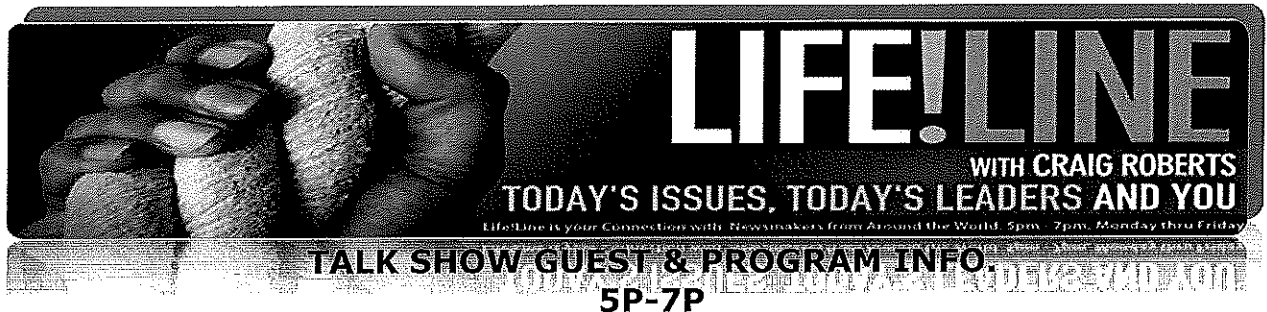
My story is unique to me but it's nowhere near uncommon. One night I went to sleep with the carefree innocence of a ten-year-old girl, and the next morning I awoke with agonizing shame and confusion. My father, childhood hero by day, had become my perpetrator by night.

Over the next several years I was sexually assaulted without ever telling anyone. I believed that if I quietly endured the assaults, I would spare my other siblings from experiencing the same fate. Ah, fantasies of children. I spared no one a thing.

Today, I won't be silent. I've decided that a mute survivor won't help anyone break free from the despair of abuse. I shatter the silence to shatter the grip abuse has on others because of shame and secrecy. Instead, I raise my voice to be an echo of hope—that someone, somewhere (possibly you,) will hear of the dream of healing, wholeness, and freedom. Because it is all there and available—you CAN be healed from the trauma of sexual abuse.

**Here are 4 Steps to take to start your breakthrough into Freedom:**

1. **Don't keep it a secret.** – Someone said, "I'm only as sick as my secrets." Abuse creates shame and shame creates silence. Silence makes you unhealthy so shatter the silence, exhale and let it out! When you release your story to someone safe, the domination of abuse will be broken. You don't have to tell everyone your story. Full transparency may come after you grow stronger. But don't be one of the women who won't ever tell. There's freedom in telling.
2. **Name the Abuse-** Call it what it is. Sexual Assault. Trauma. Sinned against. Raped. Recognize it for what it is. You've been overpowered and violated and that's never ok. Don't dismiss your wounds. It's also possible that you encountered other types of abuse in addition to sexual abuse.
  - **Emotional abuse:** intimidation, threats, humiliation, shame, dishonor, demeaning, manipulation, mockery.
  - **Physical abuse:** domination, force, physical harm, pushing, slapping, hitting, pulling, choking, throwing.
  - **Verbal Abuse:** name calling, yelling, screaming, putdowns, swearing, mockery, belittling, shaming,
  - **Financial Abuse:** restricting money, hiding money, overspending, loans, stealing, controlling, deceiving.
3. **Don't Minimize Abuse-** The abuse happened. Be careful not to rationalize or excuse it. Recognize how the abusers deceived you and refuse to accept their twisted lies. God hates abuse. Be honest about how you're feeling now and what you are facing as a result of your abuse. Recognize your symptoms and struggles and decide not to dismiss them.
4. **Find a Safe Place** if necessary. Don't stay in an abusive environment. Get out!



**PROGRAM DATE: Thu. April 14, 2016**

**5:00-5:30pm**

Guest: **ROBERT PONDISCIO**  
> Vice President, Thomas Fordham Institute

**Topic:** how the decision to defend standardized testing impacts California students, parents, and taxpayers

**CONTACT #:** [REDACTED]  
**b/u:** [REDACTED]

**www.EdExcellence.net**

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As you know, there has been a great deal of controversy in California and nationally over the Common Core education standards. Spring testing just commenced in schools across California. For the second year, students will sit for assessments developed through the Smarter Balanced Assessment Consortium (SBAC). The exams have come under fire from various quarters, and the state's adjustment to the new testing regime hasn't been perfectly smooth. But California lawmakers should be commended for sticking with Smarter Balanced rather than walking away when the political waters rose.

Robert Pondiscio: "... Smarter Balanced was delivering news that not everyone wanted to hear. The tests were much more rigorous than their predecessors, the California Standards Tests; consequently, proficiency scores dropped far below their previous highs. With national disapproval brewing and sobering (but not wholly unexpected) test results at home, it would have been easy to kill the messenger—to drop Smarter Balanced and go back to dumbed-down assessments that painted a rosier picture, whether or not they aligned with what students were actually learning in the classroom....Instead, California passed a crucial test: It chose to take a bracing look at the reality of its education system rather than settling for a pleasant fantasy. In doing so, the state has gained more

*than mere data. By adhering to loftier standards and adopting next-generation assessments, it will set its students on a path to learn more and achieve at higher levels than they otherwise would have."*

Robert Pondiscio: "Standardized tests are not universally loved. But they're here to stay, at least for the foreseeable future. They continue to influence classroom practice and are used to evaluate the strength of our schools. With so much riding on them, we need to make sure that the tests encourage the kind of curriculum and instruction we want for our kids. In the case of Smarter Balanced, our review has shown clearly that it does."

## **California Is Right to Stay the Course on Testing**

By Michael J. Petrilli and Robert Pondiscio

During his 1864 reelection campaign, Abraham Lincoln famously cautioned voters that "it is not best to swap horses while crossing the river." It's not known whether the president came up with the aphorism himself or simply popularized it, but his meaning was as clear as it was folksy: If your course of action is sound, don't abandon it just because the waters are rising.

Lincoln carried the Golden State that year, and the wisdom of his words resonates with us today. This week, spring testing commenced in schools from Crescent City to San Diego. For the second year, students will sit for assessments developed through the Smarter Balanced Assessment Consortium (SBAC). The exams have come under fire from various quarters, and the state's adjustment to the new testing regime hasn't been perfectly smooth. But California lawmakers should be commended for sticking with Smarter Balanced rather than walking away when the political waters rose. Future generations of students will thank them for it.

**Our organization, the Thomas B. Fordham Institute, just conducted the first independent, comprehensive evaluation ever undertaken of Smarter Balanced and similar tests. In it, our analysts—highly experienced educators and content assessment experts—found that Smarter Balanced indeed delivers on its promise to be a high-quality, challenging assessment that's well matched to the new standards that California and most other states adopted in 2010.**

This is a significant accomplishment. The standardized tests that most states had been using previously were criticized for decades, and for good reason. They were mostly cheap, low-level, multiple choice tests that were easy to game and encouraged teachers to spend endless classroom hours on mindless test-prep.

By 2010, when the Common Core initiative emerged, policy makers in California and most other states had recognized these problems and set out to address them. Their solution was to replace the old tests with "next-generation" assessments like Smarter Balanced and the "PARCC" test. About half of all states administered one of these two tests in 2014–15, including California—and these turned out to be the highest-rated tests in our evaluation.

Along the way, however, the Common Core became politically radioactive. Some governors and state legislatures promoted efforts to drop the standards; most of them failed, but a number of states took the opportunity to bail on the next-generation tests. Meanwhile, thousands of parents around the country simply kept their kids from participating in the exams.

At the same time, Smarter Balanced was delivering news that not everyone wanted to hear. The tests were much more rigorous than their predecessors, the California Standards Tests; consequently, proficiency scores dropped far below their previous highs. With national disapproval brewing and sobering (but not wholly unexpected) test results at home, it would have been easy to kill the messenger—to drop Smarter Balanced and go back to dumbed-

down assessments that painted a rosier picture, whether or not they aligned with what students were actually learning in the classroom.

Instead, California passed a crucial test: It chose to take a bracing look at the reality of its education system rather than settling for a pleasant fantasy. In doing so, the state has gained more than mere data. By adhering to loftier standards and adopting next-generation assessments, it will set its students on a path to learn more and achieve at higher levels than they otherwise would have.

Standardized tests are not universally loved. But they're here to stay, at least for the foreseeable future. They continue to influence classroom practice and are used to evaluate the strength of our schools. With so much riding on them, we need to make sure that the tests encourage the kind of curriculum and instruction we want for our kids. In the case of Smarter Balanced, our review has shown clearly that it does.

California has already done the hard work of adopting higher standards and a more rigorous assessment. But now that the state has chosen its horse, it's just as important to stay in the saddle—even if your boots get a little wet.

5:45pm-end

Guest: **BRIAN JOHNSTON**

- > Western Regional Director, [REDACTED]
- > former California Commissioner on Aging
- > More than 20 years as an advocate for the medically vulnerable, he has testified before numerous state and national legislatures including those of Belgium, The Netherlands, New Zealand, South Africa and Australia on the issue of assisted suicide.

**Topic:** California assisted suicide bill – its crunch time! (2 months away from implementation)

**CONTACT #:** [REDACTED] 1

[www.nrlc.org](http://www.nrlc.org)

[www.StopAssistedSuicide.com](http://www.StopAssistedSuicide.com)

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Press Release  
April 27, 2016

*All statements may be attributed to Dr. Mark Hoffman, Clinical Psychologist*

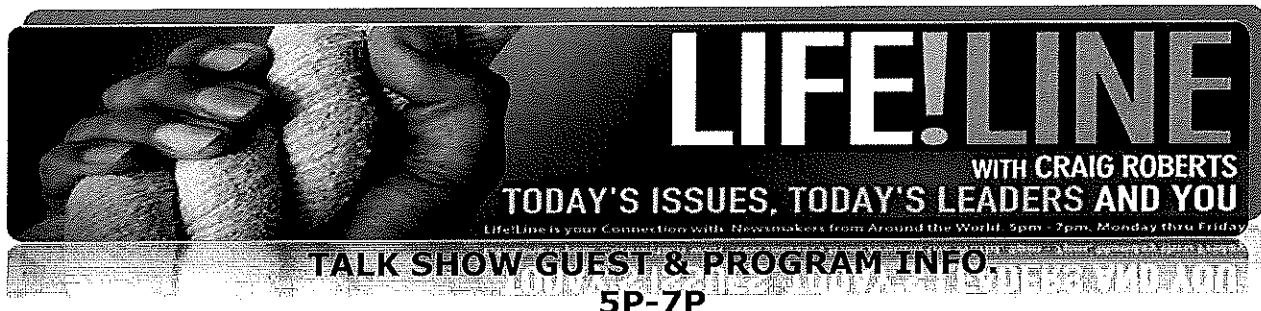
### **Legislature and Governor Collude in Forcing of Suicide and its Marketing**

Emotionally vulnerable Medi-Cal patients will now face government sponsored financial inducements 'to save Medi-Cal Funds.'

Sacramento - Led by groups of seniors and concerned medical professionals, a coalition of opponents expressed alarm at the deceitful use of the legislative process to enact suicide as a tool for government economizing. Today it was revealed that millions of dollars have been secreted into the budget for government sponsorship of suicide. "It is clear that the Courts must now hold accountable a system high-jacked by those who view the ill and emotionally vulnerable as disposable. Death by suicide is exactly the wrong message to be sending to someone struggling with illness. The surreptitious manipulation of the budget and the special session's open admission that poisoning of these patients will have financial benefit for government, is outrageous and must be held to account." said Clinical Psychologist Dr. Mark Hoffman, coalition leader.

**The initial measure was defeated last year, but the process was skirted** and openly violated when the bill was slipped into a 'Special Session' established to address, and by law can ONLY address, the issue of MediCal funding shortfalls.

This year, suicide-promoting Assemblywoman Susan Eggman faced a difficult battle trying to direct government funds into the suicide counseling movement via her bill, AB 2810. Her measure would have openly funded the use of *prescription-drugs as poison for MediCal beneficiaries*. But she recently gutted the bill and abandoned her heavily opposed effort .



**PROGRAM DATE: Wed. May 4, 2016**

**5:05pm-5:30pm**

**Guest Name: LAWRENCE SCHONBRUN**

**> Nationally acclaimed Class Action Legal Reformer**

**Topic: excessive attorneys' fees in Class Action settlements**

**CONTACT #:** [REDACTED]

**b/u** [REDACTED]

[REDACTED]

The landmark *Laffitte* case : The decision will ultimately determine the allocation of billions of dollars nationwide. Might you have some time to have Lawrence Schonbrun, who is also an attorney in the case, on the show this week or next week?

A battle is now being waged in the California Supreme Court over how much money courts should pay attorneys from class action settlements. The case will have national implications. What's at stake is whether attorneys are to be paid based on a percentage of the settlement or based on the legal services they provide to the class. Also at issue is whether a class guardian will be appointed to protect against excessive attorneys' fee requests by class counsel.

The *Laffitte* case is an employment dispute, in which the class's recovery was \$19 million. The plaintiffs' lawyers were awarded 33% of their clients' fund, which amounted to \$6.3 million. This was the equivalent of being paid at partner rate of \$1,597.50 per hour. The difference between a payment for legal services provided as opposed a percentage of the settlement is a windfall profit for the attorneys. Every dollar of fees is a dollar that does not go to a class member.

Lawrence Schonbrun contends that the high court should require trial courts to appoint class guardians to represent the interests of class members during the fee determination process.



Lawrence Schonbrun: "The American judicial system is based on adversarial presentations to the court....At the fee-setting stage, the attorneys for the class are not representing their clients. They are seeking to maximize their fee—inherently at the expense of their clients! A class guardian would scrutinize attorneys' time records and provide a report to the judge. When the class attorneys hire experts to give their fee requests a 'professional blessing,' class guardians would be able to hire opposing experts."

Lawrence Schonbrun: "Guardians would provide the class with representation in the fee determination process by offering vigorous opposition to balance the forcefully argued position of class counsel seeking to maximize their fee awards. Filling in the missing adversarial role for the class would make the fee determination process more consistent with American principles of justice."

## **Excessive Class Action Attorneys' Fees on Trial**

**By Lawrence W. Schonbrun**

A class member in a landmark class action lawsuit is hoping that California will live up to its reputation as a national trendsetter—this time in the area of how attorneys get paid in class action litigation. The California Supreme Court is considering a case which could level the playing field between class members and class action attorneys during the fee-setting process. The Court's decision could affect the allocation of billions of dollars, both in California and nationally. Ultimately, the case will determine how many of those dollars remain in the hands of class members—on whose behalf the class action mechanism was originally designed—and how many of those dollars are to be diverted to the lawyers who litigate these lawsuits through judicial awards of attorneys' fees.

The class member that I represent is asking the Supreme Court to confirm its landmark ruling in *Serrano v. Priest*. In that case, California's highest court ruled that attorneys' fee awards were *not* to be based on a percentage of the class's settlement recovery, but rather on the value of the legal services performed by the attorneys. The rationale for the decision was that courts were routinely overpaying class counsel by using the percentage method. The Supreme Court was concerned that this jeopardized the public's respect for the judicial system and the integrity of the bar.

The current case, *Laffitte v. Robert Half International*, is an employment law dispute, in which the class settled for \$19 million. From this amount, the plaintiffs' lawyers sought 33-1/3% of the recovery, or \$6.3 million. The attorneys sought payment for their work equivalent to a partner rate of \$1,597.50 per hour! Every dollar of that is a dollar that does not go to a class member.

Class action attorneys assert they should be paid like lawyers that take personal injury cases on contingency. The traditional percentage in one-plaintiff/one law-firm contingent fee litigation is one-third. However, class actions are profoundly different from contingent fee litigation. In class actions, clients never have any contact with the lawyers who represent them and have not agreed to a fee prior to the commencement of the litigation. When a case settles, the attorneys' fee is determined by a judge, who is supposed to protect class members from excessive attorneys' fee requests.

Class action attorneys argue that the award of a fixed percentage of their clients' recovery is necessary to attract skilled lawyers to take such cases. The problem in class actions,

however, may be that there is too much incentive, not too little. Take, for example, the class action against Volkswagen after recent disclosures of corporate wrongdoing. More than 500 separate class action lawsuits have been filed in the United States, each one seeking to represent the entire class of deceived car purchasers. No problem attracting attorneys here!

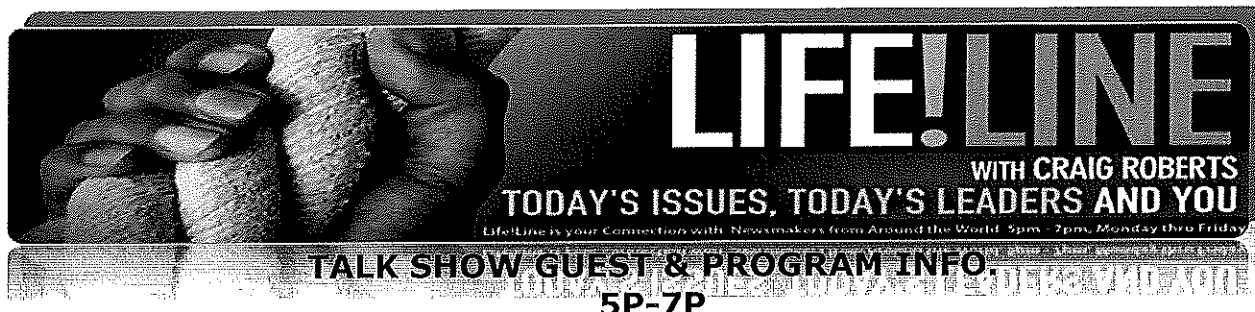
The attorneys claim a fixed percentage incentivizes lawyers to get the most they can for their clients in settlement. That sounds reasonable—until one remembers that law is a profession and attorneys have a duty of loyalty to their client. It is the very foundation of professional responsibility.

These lawyers also argue that trial courts are too busy to calculate the fee based on the work done for the class because this would require judges to scrutinize lengthy bills listing each service performed by each attorney in the litigation.

Class counsel's arguments in our case all revolve around incentivizing attorneys to work in the best interests of their clients and on minimizing the burden on the judiciary. The interests of class members are sadly absent, despite being the justification for the very existence of the class action mechanism. The interests of plaintiffs' lawyers and judges take precedence in the minds of class counsel.

The American judicial system is based on adversarial presentations to the court. The judge chooses between opposing positions argued by the two sides. Our case asks the California Supreme Court to bring its original *Serrano III* decision into the 21st Century by creating a more class member-protective system. We seek to have the high court require that trial courts appoint class guardians to represent the interests of class members during the fee determination process.

At the fee-setting stage, the attorneys for the class are not representing their clients. They are seeking to maximize their fee—inherently at the expense of their clients! A class guardian would scrutinize attorneys' time records and provide a report to the judge. When the class attorneys hire experts to give their fee requests a "professional blessing," class guardians would be able to hire opposing experts. Guardians would provide the class with representation in the fee determination process by offering vigorous opposition to balance the forcefully argued position of class counsel seeking to maximize their fee awards. Filling in the missing adversarial role for the class would make the fee determination process more consistent with American principles of justice.



**PROGRAM DATE: Wed. May 4, 2016**

**5:05pm-5:30pm**

**Guest Name: LAWRENCE SCHONBRUN**

**> Nationally acclaimed Class Action Legal Reformer**

**Topic: excessive attorneys' fees in Class Action settlements**

**CONTACT #:** [REDACTED]

**b/u:** [REDACTED]

[REDACTED]

The landmark *Laffitte* case : The decision will ultimately determine the allocation of billions of dollars nationwide. Might you have some time to have Lawrence Schonbrun, who is also an attorney in the case, on the show this week or next week?

A battle is now being waged in the California Supreme Court over how much money courts should pay attorneys from class action settlements. The case will have national implications. What's at stake is whether attorneys are to be paid based on a percentage of the settlement or based on the legal services they provide to the class. Also at issue is whether a class guardian will be appointed to protect against excessive attorneys' fee requests by class counsel.

The *Laffitte* case is an employment dispute, in which the class's recovery was \$19 million. The plaintiffs' lawyers were awarded 33% of their clients' fund, which amounted to \$6.3 million. This was the equivalent of being paid at partner rate of \$1,597.50 per hour. The difference between a payment for legal services provided as opposed a percentage of the settlement is a windfall profit for the attorneys. Every dollar of fees is a dollar that does not go to a class member.

Lawrence Schonbrun contends that the high court should require trial courts to appoint class guardians to represent the interests of class members during the fee determination process.

Lawrence Schonbrun: "The American judicial system is based on adversarial presentations to the court....At the fee-setting stage, the attorneys for the class are not representing their clients. They are seeking to maximize their fee—inherently at the expense of their clients! A class guardian would scrutinize attorneys' time records and provide a report to the judge. When the class attorneys hire experts to give their fee requests a 'professional blessing,' class guardians would be able to hire opposing experts."

Lawrence Schonbrun: "Guardians would provide the class with representation in the fee determination process by offering vigorous opposition to balance the forcefully argued position of class counsel seeking to maximize their fee awards. Filling in the missing adversarial role for the class would make the fee determination process more consistent with American principles of justice."

## **Excessive Class Action Attorneys' Fees on Trial**

**By Lawrence W. Schonbrun**

A class member in a landmark class action lawsuit is hoping that California will live up to its reputation as a national trendsetter—this time in the area of how attorneys get paid in class action litigation. The California Supreme Court is considering a case which could level the playing field between class members and class action attorneys during the fee-setting process. The Court's decision could affect the allocation of billions of dollars, both in California and nationally. Ultimately, the case will determine how many of those dollars remain in the hands of class members—on whose behalf the class action mechanism was originally designed—and how many of those dollars are to be diverted to the lawyers who litigate these lawsuits through judicial awards of attorneys' fees.

The class member that I represent is asking the Supreme Court to confirm its landmark ruling in *Serrano v. Priest*. In that case, California's highest court ruled that attorneys' fee awards were *not* to be based on a percentage of the class's settlement recovery, but rather on the value of the legal services performed by the attorneys. The rationale for the decision was that courts were routinely overpaying class counsel by using the percentage method. The Supreme Court was concerned that this jeopardized the public's respect for the judicial system and the integrity of the bar.

The current case, *Laffitte v. Robert Half International*, is an employment law dispute, in which the class settled for \$19 million. From this amount, the plaintiffs' lawyers sought 33-1/3% of the recovery, or \$6.3 million. The attorneys sought payment for their work equivalent to a partner rate of \$1,597.50 per hour! Every dollar of that is a dollar that does not go to a class member.

Class action attorneys assert they should be paid like lawyers that take personal injury cases on contingency. The traditional percentage in one-plaintiff/one law-firm contingent fee litigation is one-third. However, class actions are profoundly different from contingent fee litigation. In class actions, clients never have any contact with the lawyers who represent them and have not agreed to a fee prior to the commencement of the litigation. When a case settles, the attorneys' fee is determined by a judge, who is supposed to protect class members from excessive attorneys' fee requests.

Class action attorneys argue that the award of a fixed percentage of their clients' recovery is necessary to attract skilled lawyers to take such cases. The problem in class actions,

however, may be that there is too much incentive, not too little. Take, for example, the class action against Volkswagen after recent disclosures of corporate wrongdoing. More than 500 separate class action lawsuits have been filed in the United States, each one seeking to represent the entire class of deceived car purchasers. No problem attracting attorneys here!

The attorneys claim a fixed percentage incentivizes lawyers to get the most they can for their clients in settlement. That sounds reasonable—until one remembers that law is a profession and attorneys have a duty of loyalty to their client. It is the very foundation of professional responsibility.

These lawyers also argue that trial courts are too busy to calculate the fee based on the work done for the class because this would require judges to scrutinize lengthy bills listing each service performed by each attorney in the litigation.

Class counsel's arguments in our case all revolve around incentivizing attorneys to work in the best interests of their clients and on minimizing the burden on the judiciary. The interests of class members are sadly absent, despite being the justification for the very existence of the class action mechanism. The interests of plaintiffs' lawyers and judges take precedence in the minds of class counsel.

The American judicial system is based on adversarial presentations to the court. The judge chooses between opposing positions argued by the two sides. Our case asks the California Supreme Court to bring its original *Serrano III* decision into the 21st Century by creating a more class member-protective system. We seek to have the high court require that trial courts appoint class guardians to represent the interests of class members during the fee determination process.

At the fee-setting stage, the attorneys for the class are not representing their clients. They are seeking to maximize their fee—inherently at the expense of their clients! A class guardian would scrutinize attorneys' time records and provide a report to the judge. When the class attorneys hire experts to give their fee requests a "professional blessing," class guardians would be able to hire opposing experts. Guardians would provide the class with representation in the fee determination process by offering vigorous opposition to balance the forcefully argued position of class counsel seeking to maximize their fee awards. Filling in the missing adversarial role for the class would make the fee determination process more consistent with American principles of justice.

**5:30pm-6pm**

Guest: **LANCE LoRUSSO**

> a leading attorney, former police officer, and author of the book, ***When Cops Kill*** as well as his latest book, ***Peacemaking***.

> He has appeared on CNN and FOX News Channel for his expertise

Topic: the critical role that faith plays in the lives of law enforcement officers especially after a shooting

**CONTACT #:** [REDACTED]

b/u: (408) [REDACTED] (Kevin)

**www.LoRussoLawFirm.net**

[REDACTED]

Officer involved shootings are constantly in the news. But what is not reported is the deep psychological impact that such confrontations have on the officers and their families. In times such as those, the officers face not only anger, depression, and confusion but also a need for understanding.

That is why so many turn to faith after such an incident and say how their faith is able to get them through this trauma.

Why is this? How do officers find inspiration in their faith?

#### **Office involved shooting:**

**LAKE HALLIE, Wis. (LAKE HALLIE POLICE DEPT. & WEAU)**-- Lake Hallie Police confirms the woman shot at Walmart has died.

Lake Hallie Police responded to a disorderly call **Friday, April 8 at 5:12pm** at Lake Hallie Walmart for Melissa M. Abbott, 25, of Black River Falls.

While officers were responding, additional information provided that Abbott armed herself with a hatchet in the sporting goods department.

The first officer on scene shot Abbott twice; once in the leg and once in the right upper abdomen.

Lifesaving efforts were performed at the scene by the Chippewa Fire District and a medical professional who happened to be in the store.

The woman was transported by the Chippewa Fire District Paramedics to a hospital and underwent surgery.

Abbott's death was reported at 11:58pm on 04-08-2016.

According to policy, the investigation of the shooting has been turned over to the Chippewa County Sheriff's Office and the Wisconsin Department of Criminal Investigations.

In the press release, the police department says it sends its condolences to everyone involved including the family and friends of the victim and the numerous shoppers in the store. Our department strives to resolve issues in the least intrusive means possible however every situation is unique and complex. Given the close proximity of other citizens and dangerous and threatening behavior of the subject the officer believed he had no other choice than to use deadly force.

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On Friday, April 8, 2016 at 5:12PM, Lake Hallie Police were dispatched to the Lake Hallie Walmart for a person who was being disorderly.

While officers were responding additional information was provided that a female subject armed herself with a knife in the sporting goods department.

Witnesses reported that the female had struck items in the store with the hatchet.

When the first officer arrived on scene he entered the store and made contact with the disorderly female subject.

Witnesses reported that the female subject had armed herself with a hatchet.

They also confirmed that the officer gave the subject numerous verbal commands but the female did not follow those commands.

The armed female (age 25) was then shot by the Lake Hallie Officer.

Witnesses reported two shots were discharged.

The second Lake Hallie Officer arrived on scene about 1 minute after the shots were fired.

The subject was transported to the Hospital with life threatening injuries.

It was reported to the Police Department afterwards that the subject had cognitive disabilities.

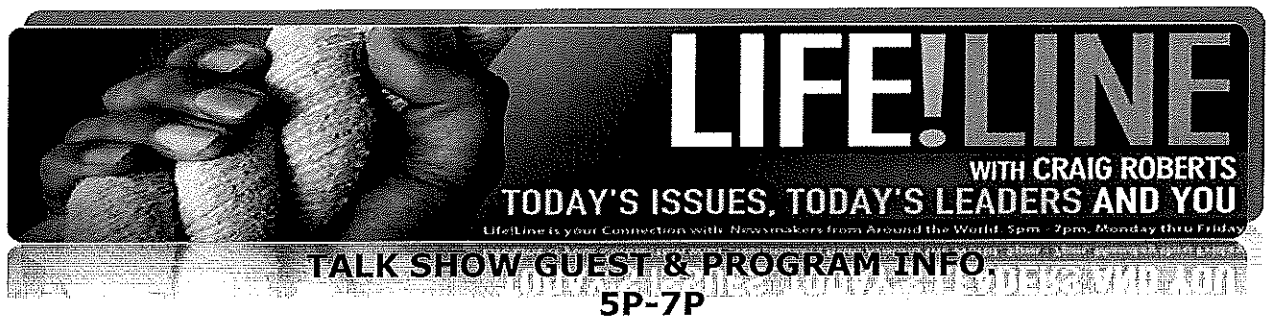
According to policy, the investigation of the shooting was turned over to the Chippewa County Sheriff's Office.

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The Chippewa County Sheriff's Office says a woman was hurt after an officer-involved shooting at the Lake Hallie Walmart.

Shortly after 4:30pm, the 25-year old woman was taken by ambulance to a local hospital, with unknown injuries.

Chippewa County Sheriff, Jim Kowalczyk, says the woman lunged at the officer and he fired two shots, sending her to the ground.



**PROGRAM DATE: Tu. May 10, 2016**

**5:15pm-5:30pm**

Guest: **SETON MOTLEY**

> President of **Less Government.com**

> Editor in Chief of StopNetRegulation.org

**Topic:** Government changing the rules again

**CONTACT #:** [REDACTED]

b/u: [REDACTED]

**[www.StopNetRegulation.org](http://www.StopNetRegulation.org) & [www.LessGovernment.org](http://www.LessGovernment.org)**

**Government Spontaneously, Dramatically Changing the Rules is Terrible for Business**

By: Seton Motley | May 10th, 2016 at 09:27 am

Merriam-Webster Dictionary defines "Certainty" as: "The quality or state of being certain especially on the basis of evidence." As we know, evidence abounds that the world is inherently a very un-certain place.

Given all the naturally-occurring uncertainty that exists, the last thing we need is unnecessary, artificial uncertainty thrown on to the pile. Unfortunately, that is what our government incessantly insists on doing.

Which is a violation of its mission statement. Ensuring certainty is one of the main reasons our Founding Fathers set up our government the way they did. Laws are written by the Legislative Branch – by representatives elected by and directly accountable to us. And are, by design, systemically difficult to pass (the Senate as "cooling saucer").



**5:30pm – 6pm**

Guest: **MICHAEL STUMO**

> Chief Executive Officer of the Coalition for a Prosperous America

**Topic:** TPP – will it make US more powerful or weaker?

**CONTACT #:** [REDACTED]  
b/u not available. He has studio #.

**www.** [REDACTED]  
For more info on the TPP: **www.** [REDACTED]

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### **TPP Unlikely to Empower US to Write Global Trade Rules - Advocacy Group**

***Coalition for a Prosperous America CEO Michael Stumo claims that the TPP free trade agreement is unlikely to put the United States in a better position than countries like China to write and enforce the rules of the global economy.***

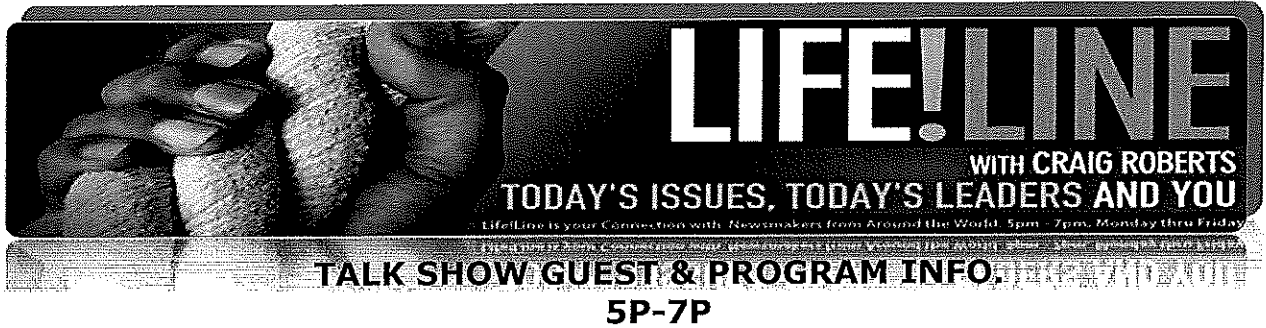
WASHINGTON (Sputnik) — The Trans-Pacific Partnership (TPP) free trade agreement is unlikely to put the United States in a better position than countries like China to write and enforce the rules of the global economy, Coalition for a Prosperous America CEO Michael Stumo told Sputnik.

On Monday, President Barack Obama said in an op-ed piece published in the Washington Post that the TPP agreement would allow the United States — and not China — to write the trade rules for the world economy.

***"Americans were told when China joined the WTO in 2000 that we were writing the rules of trade for the world," Stumo stated on Tuesday. "China did not follow the rules, we did not enforce them, and our pre-existing trade deficit with China exploded by 390 percent."***

The United States failed miserably to enforce WTO regulations, Stumo observed, and there is little reason to believe Washington will be able to write enforceable trade rules through TPP.

TPP rules will be harmonized with those set by the WTO, which allows for regional trade agreements, so conflicting standards should not be a problem, he claimed.



PROGRAM DATE: Tu., May 24, 2016

**5:00pm-5:30pm**

Guest: **DR. EVERETT PIPER**

> President of Oklahoma Wesleyan University

> Author of an upcoming book about the overreach of political correctness on college campuses

**Topic:** Try, just try to joke around on a college campus. Go ahead... tell a joke, and you might make someone laugh. But tell a joke on a college campus, and you might make someone report you to the administration's Bias Response Team (BRT)—an Orwellian bureau that investigates students and faculty members for saying the wrong thing.

**CONTACT #:** [REDACTED]  
**b/u:** [REDACTED]

**www.OKWU.edu**

**Twitter: @dreverettpiper**

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### **On a College Campus? Don't Try to Tell a Joke!**

If you hurt someone's feelings, or might have potentially hurt their feelings, campus bias response teams are ready to pounce.

Tell a joke, and you might make someone laugh. But tell a joke on a college campus, and you might make someone report you to the administration's Bias Response Team (BRT)—an Orwellian bureau that investigates students and faculty members for saying the wrong thing.

**5:30pm-6pm**

Guest: **ANNE MARIE MILLER**

> Author, *5 Things Every Parent Needs to Know about Their Kids and Sex* (Baker Books)

> author of five other books and has been featured in publications such as *Cosmopolitan*, *Relevant Magazine*, *Leadership Journal*, *Christianity Today*

> *Speaker* She speaks frequently at colleges, conventions, and churches in the United States and internationally. Anne Marie and her husband, Tim, live in Iowa..

**Topic:** equipping parents to have meaningful and age-appropriate conversations with their children about sex, pornography, and sexual abuse.

**CONTACT #:** [REDACTED]

b/u: [REDACTED] (Karen)

**[www.AnneMarieMiller.com](http://www.AnneMarieMiller.com)**

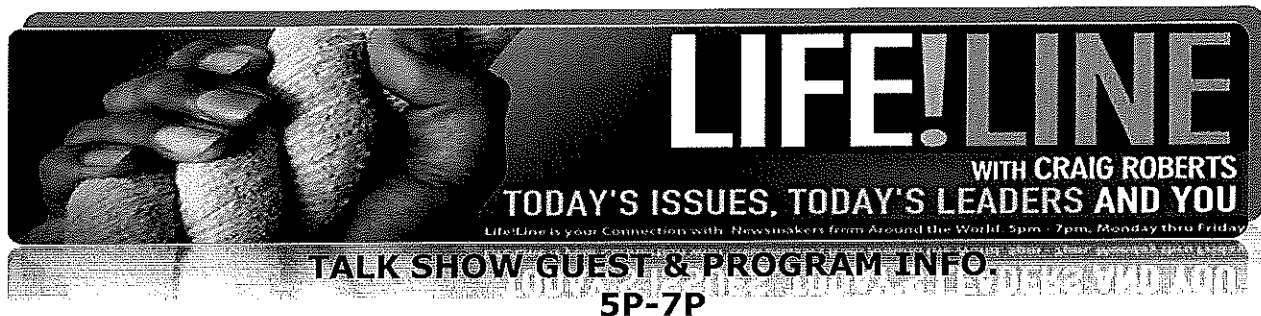
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Nervous about talking to your kids about sex? Anxiety over having "the talk" often means we avoid it as long as we can. While we're waiting, our kids are getting their questions answered and their perceptions of sex and sexuality formed elsewhere--through online searches and a daily diet of mainstream and social media that may shock you.

Most parents dread talking about sex with their children. Anne Marie Miller loves giving "the talk." As she has shared her personal story and talked about God's gift of sex with almost half a million young people, she's noticed some disturbing patterns:

- > Google is how kids learn about sex
- > Kids are learning about sex and viewing pornography earlier than parents think
- > The sexually abused often don't tell anyone for fear of getting in trouble
- > Sexual messages are being consumed daily through mainstream and social media
- > Most parents think their child is the exception

Instead of sweeping this topic under the rug, Miller wants to change the narrative. In this immensely practical and well-researched book, she equips parents to have meaningful and age-appropriate conversations with their children about sex, pornography, and sexual abuse. She advises parents on how to keep the lines of

communication open so that their children know they can trust them with their fears, struggles, and mistakes. Most important, she offers hope to worried parents that their children can grow up with a healthy biblical view of sex as a gift from God.



**PROGRAM DATE: Tu. May 31, 2016**

**5:00-5:30pm**

Guest: **SEBASTIAN GORKA**

- > Author, *Defeating Jihad: The Winnable War* (Regnery)
- > Considered one of the world's most sought after authorities and voices on counterterrorism/global terrorism
- > one of the world's leading experts in asymmetric warfare

**Topic:** a compelling profile of the jihadi movement—its mind and motivation—and a plan to defeat it; how identifying our enemy as “terror” or “violent extremism”, will never lead to victory; America has defeated totalitarian enemies before... Dr. Gorka shows how we can do it again.

**CONTACT #:** [REDACTED]

b/u: [REDACTED] (Caitlyn)

**WWW:** [REDACTED]

Since September 11, 2001, America has been at war. And that's about all anyone can say with certainty about a conflict that has cost 7,000 American lives and almost \$2 trillion. As long as the most basic strategic questions—Who is the enemy? Why are we fighting?—remain unanswered, victory is impossible.

Yet this war is eminently winnable if we remove our ideological blinders and apply basic strategic principles. That means accurately naming the enemy, understanding his plan, and drawing up a strategy to defeat him, so says Dr. Sebastian Gorka, one of the most experienced and sought-after authorities on

counterterrorism.

He reveals how a toxic political agenda has corrupted our national security practices, precluding the kind of clear-eyed threat analysis and strategic response that led to victory in the Cold War. Bracing, troubling, but ultimately encouraging, *Defeating Jihad* fills that gap.

Taking his cue from the formerly top- secret analyses that shaped the U.S. response to the communist threat, Dr. Gorka has produced a compelling profile of the jihadi movement—its mind and motivation—and a plan to defeat it.

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**5:45-6:00pm**

Guest: **MARK SKOUSEN**

> Founder/Producer, Freedom Fest

> Eagle Financial's most well known and successful investment newsletter writer

**Topic:** Freedom Fest 2016 (July 13-16, Planet Hollywood, Las Vegas)

**CONTACT #:** [REDACTED]

b/u: [REDACTED]

***Come to FreedomFest 2016, July 13-16, where Freedom is Rising, as our speakers and attendees imagine a great new tomorrow through technology and innovation in the arts, communication, energy, science, medicine, education, wealth-building and investing, as well as political understanding.***

FreedomFest is an annual festival where free minds meet to celebrate "great books, great ideas, and great thinkers" in an open-minded society. It is independent, non-partisan, and not affiliated with any organization or think tank. Founded and produced by Mark Skousen since 2002, FreedomFest invites the "best and the brightest" from around the world to talk, strategize, socialize, and celebrate liberty. FreedomFest is open to all and is purely egalitarian, where speakers, attendees, and exhibitors are treated as equals.

Since its inception, FreedomFest has met in Las Vegas, the world's most libertarian city. Where else can you see a great show, eat at a five-star restaurant, visit a museum, enjoy the entertainment, or see the lights and sounds of the world's freest resorts and casinos after a long day of intellectual learning and debate?

Who should attend FreedomFest? It's open to anyone who enjoys a wide interest in books, art, music, film, and drama in all topics, including science, philosophy, economics, health, sports, technology, business, religion, law, and politics. FreedomFest attracts people of all walks of life and across the political spectrum to learn, debate and honor great books, great ideas, and great thinkers.

**Never a Dull Moment: Here's Why**

If you have never attended FreedomFest, you are in for a treat. FreedomFest is an intense

**5:30p-6p**

**IN-STUDIO**

Guest: **DICK MODZELESKI**

> Founder, Rainbow Funding and Rainbow Realty

**Topic:** > Real Estate: Homes Sales are up – Home Values are Up  
(see talking points)

**CONTACT #: IN-STUDIO**

b/u: [REDACTED] (Debra)

www.[REDACTED].com or 1-800-762-LEARN... [REDACTED]

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- Rainbow Funding has been in the business for 35 years  
- Adam was raised in the Real Estate World which is where the legend in the real estate world comes from

- He has a passion to help people find a home and get them into a loan they can afford
- Clients' needs always come first
- They will walk with you through the entire process from the initial contact until the process is complete.
- They negotiate on your behalf to get the best price when buying or selling or the best rate when financing.

**Dick Modzeleski (The Legend in the Real Estate World)**

**Rainbow Funding and Realty**

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**Part of the KFOX Family of Advertisers For Thirty Years!**

Rainbow Funding is your one stop shop! They can help you to obtain:

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- Assist you in Sale or Purchase of your Home
- Short Sale



- Pre-Qualify Home Purchase
- Refinance an existing mortgage

They've processed thousands of loans on owner-occupied and non-owner rental units.

#### Rainbow Funding LifeLine Interview

(b) (6)  
http://www.rainbowfunding.com

**Serving the Tri City area since 1981 for 35 years helping people just like you.**

Make sure you get the best value for your property when selling by working with Rainbow Funding & Realty in Newark, California. Started by Dick Modzeleski in 1980, our company assists people like you, obtain home financing. We are committed to helping you in whatever you need.

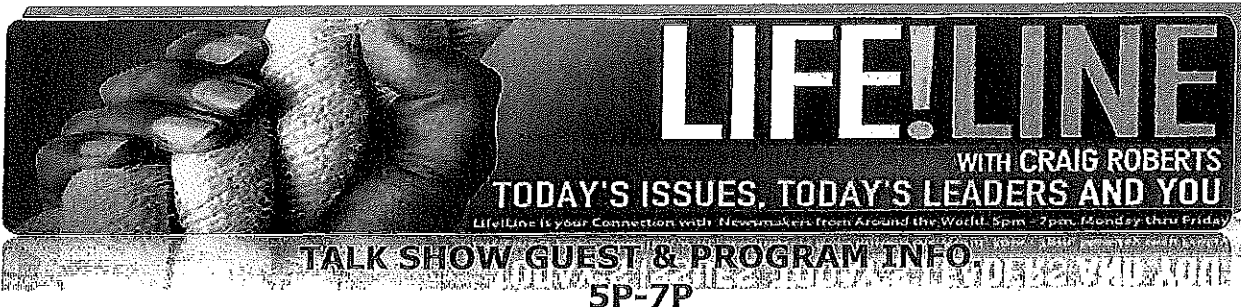
Rainbow Funding can help you to obtain financing for the purchase of a home or refinancing an existing mortgage. We have done thousands of loans on owner-occupied and non-owner rental units.

We would now like the opportunity to assist you in whatever you may need. We can pre-qualify you for a purchase or help you locate a home. We can quickly generate computerized programs suited to your needs and situation, so call us now for an immediate response!

Rainbow Realty is ready to assist you in buying or selling real estate in the San Francisco Bay Area. We specialize in the cities of Newark, Union City, Fremont, Hayward and surrounding areas in Alameda and Contra Costa Counties.

#### **Talking Points:**

- > **Real Estate: Homes Sales are up – Home Values are Up**
- > It's a Sellers' Market - Who's Selling and Who's Buying?
- > Seller are currently getting multiple offers on properties so the seller has more options
- > The rise of home values and the effects it's having on buying power and rental property in the Bay Area.
- > Should I Sell now?
- > What's the outlook on the housing market? Is there another housing bust coming?
- > With today's high rental cost, is it wiser to purchase a home vs. renting - financial benefits?
  - Compare average monthly rental to average mortgage payment.
- > Available Inventory - New Construction
- > Buying for purpose of flipping



**PROGRAM DATE: Tu. June 7, 2016**

**5:15-6:00pm**

Guest: **DR. JAMIE KOUFMAN**

> author of newly released, *Dr. Koufman's Acid Reflux Diet: With 111 All New Recipes Including Vegan & Gluten-Free: The Never-need-to-diet-again Diet* (Katalitix Publishing)

> one of the country's leading laryngologists and the Founder and Director of the *Voice Institute of New York*.

> one of the world's leading authorities on acid reflux, and was responsible for coining the terms *laryngopharyngeal reflux*, *silent reflux*, *airway reflux*, and *respiratory reflux*.

> She is Professor of Otolaryngology at the New York Eye and Ear Infirmary of Mt. Sinai.

> Dr. Koufman is a New York Times bestselling author of *Dropping Acid: The Reflux Diet Cookbook & Cure* and *The Chronic Cough Enigma*.

**Note:** Dr. Koufman has been listed among the Top Doctors in America every year since 1994.

**Topic:** Finally! Help for those who suffer with acid reflux disease and other gastrointestinal disorders

**CONTACT #:** [REDACTED]

**b/u:** [REDACTED]

**[www.VoiceInstituteofNewYork.com](http://www.VoiceInstituteofNewYork.com)**

*Dr. Koufman's Acid Reflux Diet* is the latest book from Jamie Koufman, M.D., author of the New York Times bestselling *Dropping Acid: The Reflux Diet Cookbook & Cure*.

*Dr. Koufman's Acid Reflux Diet* is the latest book from New York Times bestselling author,

Dr. Jamie Koufman, M.D. It is a companion book to **Dropping Acid: The Reflux Diet Cookbook & Cure**, which first introduced attainable strategies for restoring respiratory and digestive health through a scientifically-based nutritional program.

**Dr. Koufman's Acid Reflux Diet** extends those lessons for a lifetime emphasizing *lean, clean, green, and alkaline* eating. The book also highlights how to recognize your reflux trigger foods, how to get off reflux medication, and how to lose weight the right way—and keep it off.

**Dr. Koufman's Acid Reflux Diet** includes 111 amazingly delicious and original vegetarian and gluten-free recipes.

## SUGGESTED QUESTIONS

- What is reflux?
- How can we treat it?
- How can we prevent it?
- How many people does reflux affect?
- What is respiratory reflux?
- What are some symptoms of reflux that people would be surprised to learn about?

**5:15-5:30pm**

Guest: **BRIAN JOHNSTON**

> Western Regional Health Care Rights

> former California Commissioner on Aging

> More than 20 years as an advocate for the medically vulnerable, he has testified before numerous state and national legislatures including those of Belgium, The Netherlands, New Zealand, South Africa and Australia on the issue of assisted suicide.

**Topic:** update on California assisted suicide bill

**CONTACT #:** [REDACTED]

[REDACTED]

[www.StopAssistedSuicide.com](http://www.StopAssistedSuicide.com)

### ***Who May Die? California Patients and Doctors Wrestle With Assisted Suicide***

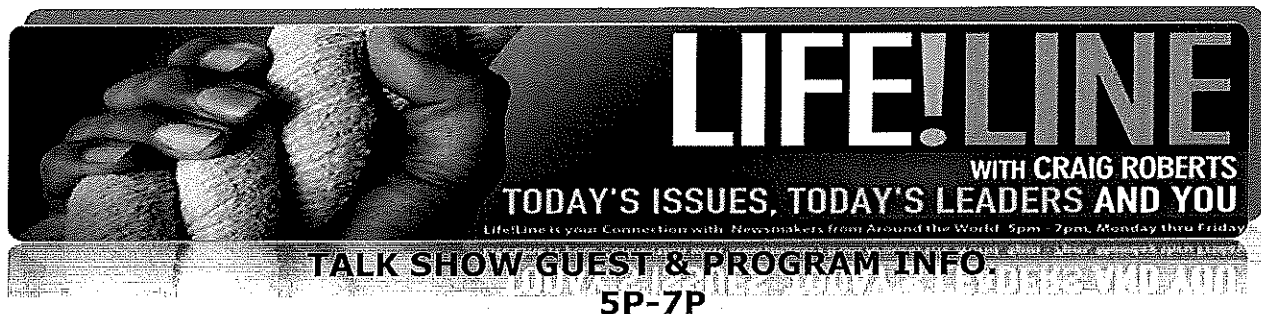
New York Times June 2016

LOS ANGELES — On Thursday, California became the fourth state in the country to put in effect a law allowing assisted suicide for the terminally ill, what has come to be known as aid in dying. Lawmakers here approved the legislation last year, after Brittany Maynard, a 29-year-old schoolteacher who had brain cancer, received international attention for her decision to move to Oregon, where terminally ill patients have been allowed to take drugs to die since 1997.

Oregon was the first state to pass an assisted suicide law, and was followed by Washington and Vermont. Under a Montana court ruling, doctors cannot be prosecuted for helping terminally ill patients die, as long as the patient makes a written request. With the California law, 16 percent of the country's population has a legal option for terminally ill patients to determine the moment of their death, up from 4 percent.

In the states with assisted suicide laws, the number of people who request and take medication to hasten dying has steadily increased. In Oregon, for example, 16 people ended their lives under the law in 1998, and by 2015, that number had grown to 132.

The California legislation is strict, intended to ensure that patients have thought through the decision and are making it voluntarily. Patients must make multiple requests for the medication and have a prognosis of less than six months to live.



**PROGRAM DATE: Thu. June 23, 2016**

**5:00pm-5:30pm**

Guest: **DR. JOE ALTON**

> fellow of the American College of Surgeons and the American College of OB/GYN.

> Survivalist

> Author, "*The Ebola Survival Handbook*"; co-author of the #1 Amazon bestseller in Survival Skills and Safety/First Aid, "*The Survival Medicine Handbook*" and "*The Zika Virus Handbook*"

> a well known speaker and host of The Doom and Bloom™ Survival Medicine Hour syndicated podcast

**NOTE:** Known as Dr. Bones, Dr. Alton has also contributed to Survivalist Magazine, Backwoods Home, Self Reliance Illustrated, and Survival Quarterly

**Topic:** Tips on how to survive a mass shooting

**CONTACT #:** [REDACTED]

b/u: 9 [REDACTED]

[www.DoomandBloom.net](http://www.DoomandBloom.net)

Twitter: [REDACTED] / Facebook: DrBonesandNurseAmy

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The Active Shooter Event: Staying Alive

### **Have a Plan**

A person without a plan of action follows the herd. If fifty people around you drop to the floor, your natural tendency is to do the same. Covering in fear under a table in plain view of the

shooter isn't a recipe for a good outcome. By having a plan, you will have a better chance of getting out of there in one piece.

### **Know Your Surroundings**

With an active shooter, what you do in the first few seconds may determine your final outcome. Give yourself a head start by always knowing what's happening around you. We call this situational awareness. Know where exits are. Know where the gunshots are coming from. Know who appears nervous or suspicious in your immediate area.

### **Run, Hide, and Fight**

If you find yourself in the middle of a terrorist event, you should remember these three words: Run, Hide, Fight. Just as "Stop, Drop, and Roll" can save the life of someone on fire, "Run, Hide, Fight" might save the life of someone under fire. This is the order of the actions that you should be taking in an active shooter scenario.

#### **Hide**

Most people will hide as their first course of action. You, however, should run away from the direction of gunfire as soon as you hear it, leaving through those exits you've been mentally marking. This will make it less likely you and the shooter will cross paths. Forget about collecting your stuff, it will only slow you down and, face it, it's just stuff.

In a building, hiding under a table in the same room as the shooter is a death sentence. Get into another room, preferably one with a door you can lock. If there is no lock, put together a barrier with desks and chairs. Turn off the lights, silence your cell phone, and stay quiet behind an additional barrier like a table or in a closet. If you can quietly alert authorities, do so. Don't respond to voice commands unless you're sure the danger is over; sometimes the gunman will try to lure you out of a safe place.

#### **Run**

If you're in the line of sight of the shooter, run away at an angle or zig zag to make yourself a more difficult target. I know it's not a natural action you'd think of doing, but most shooters aren't marksmen and will miss a moving target.

#### **Fight**

What if you can't run, and there is no reasonable hiding place? You just might have to fight yourself out of there. This strategy isn't always doomed to failure. You still might be able to subdue an attacker even if unarmed. Three young and unarmed men were able to do it to a shooter on a train in Paris. It's a last resort, but it can end without a fatality as it did there. If you don't fight, the shooter will have a clear shot to your head and death is likely. If you fight, it might just be harder to be hit with a fatal shot.

Of course, it would be great if you knew martial arts, but any type of aggression against the gunman would disrupt their "flow" and possibly put you at an advantage. If you can, approach him from the side or rear, and go for his weapon. If you have help, all should attack at the same time from different directions while hurling objects that he has to dodge. This guy is probably not James Bond: he'll be disconcerted and not be able to handle multiple threats at once.

Needing a plan for active shooter situations is galling to some, but it's part of life in the New Normal. Those with a plan will have a better chance to survive this event and many other disasters in the uncertain future