

Health Public File October 2014

Date=10/3/2014
Time=3:30
Slug=VIRUS OUTBREAKS

SOME MAJOR HEALTH STORIES IN THE NEWS RIGHT NOW...EBOLA...ENTEROVIRUS... AND DON'T FORGET... IT'S ALMOST FLU SEASON. DR. NATALIE STAVAS IS A PHYSICIAN AT BOSTON CHILDREN'S HOSPITAL AND AN INSTRUCTOR IN PEDIATRICS AT HARVARD MEDICAL SCHOOL.

Date=10/7/2014
Time=4:00
Slug=FOX MEDICAL

FROM THE EBOLA OUTBREAK TO NEW RESEARCH ON SLEEP. LET'S CHECK IN WITH FOX MEDICAL REPORT DR. MIKE WITH THE LATEST.

Date=10/7/2014
Time=4:30
Slug=APPLE A DAY TALKBACK

IT'S FALL...AND YOU KNOW WHAT THAT MEANS. IT'S APPLE PICKING SEASON. SO WHY ARE WE TALKING TO A NUTRITIONIST? BECAUSE APPLES CAN HELP US LOSE WEIGHT! JOAN SALGE BLAKE IS A REGISTERED DIETITIAN AND ASSOCIATE PROFESSOR AT BOSTON UNIVERSITY.

Date=10/8/2014
Time=3:30
Slug=WEIGHT LOSS & TRENDS

TRYING TO SHED A FEW EXTRA POUNDS THAT SEEM A LITTLE *EXTRA* ATTACHED TO YOU? WELL, SOME NEW TRENDS COULD BE INTERFERING WITH YOUR EFFORTS. THEY SOUND CATCHY, BUT THEY'RE NOT GOING TO HELP YOU CATCH A BREAK ON THAT SCALE. JOINING ME WITH MORE IS CELEBRITY FITNESS AND NUTRITION EXPERT LISA LYNN.

Date=10/8/2014
Time=4:00
Slug=SUPPLEMENT STUDY

PEOPLE ARE OBSESSED WITH DIET AND STAYING IN SHAPE. SUPPLEMENTS ARE BECOMING A POPULAR PART OF THE DAILY ROUTINE. BUT DO YOU KNOW WHAT'S IN THOSE SUPPLEMENTS YOU ARE TAKING AND ARE THEY REALLY SAFE? THERE IS CONCERN ABOUT A NEW STIMULANT BEING SOLD IN DIETARY SUPPLEMENTS THAT'S NEVER EVEN BEEN TESTED IN HUMANS. DR. PIETER COHEN IS A GENERAL INTERNIST AT CAMBRIDGE HEALTH ALLIANCE AND IS AN ASSISTANT PROFESSOR OF MEDICINE, HARVARD MEDICAL SCHOOL.

Date=10/9/2014

Time=3:45
Slug=EYE STRAIN

FROM OUR COMPUTERS TO OUR PHONES TO OUR TABLETS - OUR EYES ARE BEING STRAINED EVERY DAY. IT'S A REAL PROBLEM FOR ADULTS AND CHILDREN. BUT THERE'S WAY TO GET RELIEF? DR. CHERYL JOST IS HERE WITH SOME ANSWERS.

Date=10/9/2014
Time=7:20
Slug=EBOLA GROUP LIBERIA

THE BIG STORY ON THE GROUND IN LIBERIA. A LOCAL TEAM OF EXPERTS HELPING TO STOP THE SPREAD OF EBOLA, AS THE GOVERNOR TRIES TO REASSURE THE PEOPLE OF MASSACHUSETTS. GOV. DEVAL PATRICK IS TRYING TO REASSURE RESIDENTS ABOUT THE THREAT OF EBOLA. ON 'GBH RADIO TODAY, HE SAID THE STATE IS TAKING STEPS TO PREPARE FOR THE UNLIKELY DISCOVERY OF AN EBOLA-INFECTED PATIENT HERE. HE ALSO SAID THE LIKELIHOOD OF THE VIRUS MAKING AN APPEARANCE IS VERY LOW. MEANTIME, MANY LOCALS ARE IN LIBERIA WORKING TO STOP THIS DEADLY VIRUS. OUR COVERAGE BEGINS WITH FOX 25'S JOHN MONAHAN.

Date=10/10/2014
Time=1:43
Slug=SEABROOK BOY POSSIBLE ENTEROVIRUS

HE'S A YOUNG BOY WITH SO MUCH ENERGY. NOW UNABLE TO WALK AND IN A HOSPITAL BED. THE 13 YEAR OLD FROM SEABROOK, NEW HAMPSHIRE SUDDENLY GOT SICK. AND DOCTORS WANT TO KNOW IF IT'S CONNECTED TO THE ENTEROVIRUS. JESSICA REYES ALSO FILED THIS STORY TONIGHT FROM BOSTON.

Date=10/13/2014
Time=4:00
Slug=BREAST CANCER

AS WE ALL KNOW, OCTOBER IS BREAST CANCER AWARENESS MONTH. THIS MORNING OUR FOCUS IS ON METASTATIC BREAST CANCER, CANCER THAT ORIGINATES IN THE BREAST THEN MOVES TO OTHER ORGANS OF THE BODY. THE DIAGNOSIS IS A DAUNTING ONE. THERE IS NO CURE. HERE TO TALK MORE ABOUT THE DISEASE AND THE MISUNDERSTANDINGS OF IT IS ANNE MORRIS, CEO OF KOMEN, MA.

Date=10/14/2014
Time=4:00
Slug=FOX MEDICAL

WE'RE FOLLOWING SOME FASCINATING MEDICAL RESEARCH THAT COULD IMPACT A LOT OF FAMILIES. FOR THE VERY FIRST TIME, DOCTORS IN CALIFORNIA BELIEVE THEY'VE *REVERSED MEMORY LOSS, CAUSED BY ALZHEIMER'S. AND HOW THEY DID IT, MIGHT SURPRISE YOU. THE FOX MEDICAL TEAM'S DOCTOR JO IS FOLLOWING THIS. SHE JOINS US LIVE IN TAMPA THIS MORNING.

Date=10/15/2014
Time=4:20

Slug=CYSTIC FIBROSIS

THE INROADS MADE IN THE TREATMENT OF CYSTIC FIBROSIS HAVE BEEN REMARKABLE. THE LIFE EXPECTANCY OF SOMEONE WITH C.F. HAS GROWN TO THE POINT WHERE SOME PATIENTS CAN BE CURED, AND THERE ARE SOME EXCITING DEVELOPMENTS ON THE HORIZON. JOE O'DONNELL AND HIS WIFE KATHY FOUNDED THE JOEY FUND IN 1986 AFTER THEIR SON JOEY PASSED AWAY FROM THE DISEASE. THEY HAVE THEIR BIG ANNUAL FILM PREMIERE FUNDRAISER NEXT MONTH, AND I HAD A CHANCE TO SIT DOWN WITH JOE TO DISCUSS NEW HOPE FOR TODAY'S PATIENTS.

Date=10/15/2014

Time=4:30

Slug=EBOLA & NURSES

IT IS BREAKING THIS MORNING. A SECOND HEALTHCARE WORKER AT A DALLAS HOSPITAL HAS TESTED POSITIVE FOR THE DISEASE. AND NURSES ACROSS THE COUNTRY NOW SAY THERE IS NOT ENOUGH BEING DONE TO KEEP THEM SAFE. WE'RE JOINED THIS MORNING BY MYRA CACACE, PRESIDENT-ELECT OF THE AMERICAN NURSES ASSOCIATION OF MASSACHUSETTS.

Date=10/16/2014

Time=3:30

Slug=COMPANY FREEZING

A NEW OPTION FROM APPLE AND FACEBOOK HAS A LOT OF PEOPLE TALKING THIS MORNING. BOTH COMPANIES SAY THEY WILL PAY FOR THEIR FEMALE EMPLOYEES TO FREEZE THEIR EGGS. IT'S PROVING TO BE A CONTROVERSIAL OFFERING. BRIGETTE FELAGO, DIVISION DIRECTOR FOR ACCOUNTEMPS, A STAFFING COMPANY IS JOINING US FROM OUR BEACON HILL STUDIO.

Date=10/16/2014

Time=2:30

Slug=COFFEE/GENES

DON'T EVEN TALK TO ME UNTIL I HAVE MY COFFEE! HAVE YOU HEARD THAT BEFORE OR SAID IT YOURSELF? WHY IS IT THAT SOME PEOPLE CAN'T SEEM TO GET MOVING WITHOUT THEIR MORNING JAVA, WHILE OTHERS FEEL JITTERY AND NAUSEOUS AFTER JUST A FEW SIPS? A NEW STUDY LED BY HARVARD SCHOOL OF PUBLIC HEALTH AND BRIGHAM AND WOMEN'S HOSPITAL LOOKED AT WHAT OUR GENES HAVE TO DO WITH OUR COFFEE CONSUMPTION. JOINING ME FROM OUR BEACON HILL STUDIO IS STUDY LEADER MARILYN CORNELIS, RESEARCH ASSOCIATE IN THE DEPARTMENT OF NUTRITION AT HARVARD SCHOOL OF PUBLIC HEALTH.

Date=10/16/2014

Time=2:05

Slug=LOCAL EBOLA PREPAREDNESS

THERE HAVE BEEN SCARES BUT SO FAR NO CASES OF EBOLA IN NEW ENGLAND. BUT IF IT BECAME A REALITY, COULD THE STATE HANDLE A CASE? SORBONI BANERJEE WITH THE STORY.

Date=10/17/2014
Time=5:20
Slug=BATH SALTS

THEY ARE BANNED IN MASSACHUSETTS. BUT AROUND THE COUNTRY THE NUMBER OF EMERGENCY ROOM VISITS INVOLVING SYNTHETIC MARIJUANA, HAS NEARLY TRIPLED IN ONE YEAR. MOST OF THE VISITS INVOLVE YOUNG MEN. SOME EXPERTS ARE BLAMING BANS ON REAL MARIJUANA FOR THE SPIKE OF INCIDENTS RELATED TO THE MANUFACTURED SUBSTITUTES. FOX 25'S JACQUELINE FELL REPORTS.

Date=10/20/2014
Time=4:30
Slug=MENTAL HEALTH

IMAGINE KNOWING YOUR FAMILY MEMBER NEEDS A DOCTOR AND YOU'RE NOT ABLE TO FIND ONE WHO IS ACCEPTING NEW PATIENTS. IT'S A MAJOR PROBLEM ACROSS OUR HEALTH CARE SYSTEM, ESPECIALLY FOR PEOPLE SUFFERING FROM MENTAL HEALTH ISSUES. TO TALK MORE ABOUT IT - WE HAVE STATE REPRESENTATIVE JIM CANTWELL OF MARSHFIELD AND MARGARET HANNAH, DIRECTOR OF INTERFACE, MASSACHUSETTS SCHOOL OF PROFESSIONAL PSYCHOLOGY, IN OUR STUDIO.

Date=10/21/2014
Time=3:45
Slug=FOX MEDICAL TEAM

ESPECIALLY ON THIS SHIFT, WHEN THE ALARM GOES OFF-- YOU NEED TO ACCOUNT FOR HOW MANY TIMES YOU CAN HIT SNOOZE BEFORE YOU'LL BE LATE FOR WORK. BUT WHAT HAPPENS TO YOUR BODY WHEN YOU HIT THE SNOOZE BUTTON? JOINING ME THIS MORNING IS FOX MEDICAL TEAM REPORTER DR. MIKE.

Date=10/21/2014
Time=3:45
Slug=MEDICAL ERRORS

EVERY EIGHT MINUTES - A YOUNG CHILD IN THE US EXPERIENCES A MEDICAL MISTAKE. BUT RESEARCHERS SAY DON'T BLAME THE DOCTOR OR HOSPITAL, IT'S HAPPENING INSIDE THE HOME. DR. NATALIE STAVAS IS JOINING US FROM OUR BEACON HILL STUDIO WITH THE DETAILS.

Date=10/22/2014
Time=3:30
Slug=WORK STRESS

HAUNTED HOUSES, GOBLINS AND GHOSTS ARE USUALLY WHAT FRIGHTEN US THIS TIME OF YEAR, BUT A NEW STUDY BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION MIGHT SCARE YOU EVEN MORE. ACCORDING TO THE STUDY, ABOUT 8 IN 10 AMERICANS - THAT'S 83 PERCENT OF US - ARE STRESSED OUT AS A RESULT OF OUR JOBS. WHAT IS EVEN SCARIER IS THAT THIS STRESS IS TAKING A TOLL ON US PHYSICALLY AND IMPACTING OUR HEALTH. HERE TO DISCUSS THE FINDINGS AND SOME WAYS TO REDUCE WORKPLACE STRESS IS BILL DRISCOLL, NEW ENGLAND DISTRICT PRESIDENT FOR ACCOUNTEMPS.

Date=10/24/2014
Time=3:45
Slug=MENS FERTILITY STUDY

TRYING TO HAVE A BABY? WELL, CHEERS TO THAT! A NEW STUDY LOOKS AT THE IMPACT OF ALCOHOL ON MEN'S FERTILITY AND COUPLES MAY WANT TO TOAST TO THE RESULTS. JOINING ME NOW TO TALK ABOUT THE IMPACT OF ALCOHOL AND CAFFEINE ON A MAN'S CHANCE OF BECOMING A DAD IS DR. ANATTE KARMON, FERTILITY SPECIALIST AT MASSACHUSETTS GENERAL HOSPITAL AND THE LEAD AUTHOR OF THIS STUDY.

Date=10/27/2014
Time=4:00
Slug=MS TREATMENTS

IT'S AN UNPREDICTABLE, AND DEVASTATING NEUROLOGICAL DISORDER THAT CAN CAUSE PAIN, EXHAUSTION AND EVEN PARALYSIS. A LOCAL DOCTOR HAS DEDICATED HIS RESEARCH TO HELPING THESE PATIENTS. HIS WORK HAS EARNED HIM THE BARANCIK PRIZE FOR INNOVATION IN M-S RESEARCH. DR. PHILIP DE JAGER, ASSOCIATE PROFESSOR OF NEUROLOGY AT BRIGHAM AND WOMEN'S HOSPITAL-- CONGRATULATIONS, AND THANK YOU FOR BEING HERE WITH US THIS MORNING.

Date=10/28/2014
Time=4:00
Slug=TOP FIVE FOODS

WITH ALL OF THE INFORMATION OUT THERE IT CAN BE OVERWHELMING TO SORT OUT WHAT THE BEST FOODS ACTUALLY ARE FOR OUR FAMILIES. DR P.K. NEWBY -A NUTRITION SCIENTIST - HAS THE ANSWER AND IS OUT WITH A NEW BOOK "FOODS FOR HEALTH." SHE'S JOINING US TO SHARE HER THOUGHTS ON THE TOP FIVE FOODS WE SHOULD BE EATING.

Date=10/29/2014
Time=4:00
Slug=MARFAN/CELTICS

THE BASKETBALL WORLD WAS STUNNED EARLIER THIS YEAR WHEN BAYLOR'S ISIAH AUSTIN, A PROJECTED FIRST ROUND SELECTION IN THE NBA DRAFT, WAS DIAGNOSED WITH MARFAN SYNDROME WHICH PREVENTED HIM FROM PURSUING HIS PRO BASKETBALL DREAM. TONIGHT, THE BOSTON CELTICS ARE JOINING THE CAUSE TO RAISE AWARENESS OF THE CONDITION AS THEY HOLD MARFAN NIGHT DURING THEIR HOME OPENER AGAINST THE BROOKLYN NETS. JOINING ME THIS MORNING, ISIAH AUSTIN AND DR. RONALD V. LACRO, FROM BOSTON CHILDREN'S HOSPITAL, A LEADING CLINICIAN AND RESEARCHER ON MARFAN SYNDROME AND AN ADVISOR TO THE MARFAN FOUNDATION.

Date=10/30/2014
Time=4:00
Slug=TRAUMA IMPACT

A SCHOOL SHOOTING, ASSAULTS ON CAMPUS, TERROR THREATS, AND SEXUAL VIOLENCE. THESE ARE JUST A FEW OF THE COUNTLESS STORIES WE'VE COVERED OVER THE PAST MONTH THAT HAVE HAD FAR REACHING AND TRAUMATIC CONSEQUENCES. TRAUMA IS ONE OF THE GREAT PUBLIC HEALTH CHALLENGES OF OUR TIME. AND WE'RE JOINED THIS MORNING BY ONE OF THE WORLD'S FOREMOST CLINICIAN, RESEARCHER AND SCHOLAR IN THE FIELD OF TRAUMATIC STRESS. DR. BESSEL VAN DER KOLK, IS A PROFESSOR IN THE DEPARTMENT OF PSYCHIATRY AT BOSTON UNIVERSITY MEDICAL SCHOOL, AND FOUNDER AND MEDICAL DIRECTOR OF THE TRAUMA CENTER IN BROOKLINE.