

ISSUES AND PROGRAMS LIST

STATION: WGZS – Cloquet, MN

DATE: Apr. 1, 2023

DURING THE PAST QUARTER THE ISSUES SHOWN BELOW HAVE BEEN SIGNIFICANT TO OUR COMMUNITY. WE AIRED THE PROGRAMS INDICATED TO ADDRESS THEM DURING THE 1ST QUARTER OF 2023.

Staff Summary of Issues:

NA Life (FDL, Culture and Preservation, Youth, Health and Wellness)
Education Military Veterans Affairs
Race Relations and Social Justice Our Environment

Issue: Native American Life – “Unequal discipline for Native students”

We ran the following program to address it: Native America Calling

Date: 1/5/23 **Time:** 12:05 p.m. **Duration:** 55 minutes

Format: Live program via Native Voice One

Participants: Host Shawn Spruce and Guests, Bryant Furlow, a New Mexico In-Depth reporter and member of ProPublica’s Local Reporting Network; Native education experts Dr. Wendy Greyeyes (Diné), assistant professor of Native American Studies at the University of New Mexico, and Regis Pecos (Cochiti Pueblo), co-director of the Leadership Institute at the Santa Fe Indian School and former governor of Cochiti Pueblo.

Content Description: An investigative report in New Mexico finds Native students are expelled at a far greater rate than their white counterparts. The report focuses on the public school district on the edge of the Navajo Nation with the highest percentage of Native students in the country. We will discuss this on today’s show.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 1/6/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest, Donald Eubanks, who recently retired from teaching social work at Metropolitan University, where he was an associate professor.

Content Description: Today Leah and Cole chat with Donald Eubanks, fellow podcaster and Mille Lacs Band Member. Previously, Donald Eubanks served two terms as Commissioner of Health and Human Services for the Mille Lacs Band of Ojibwe. Don has many insights and opinions to share. His passion for using his voice to speak up, educate, and fight for racial and social justice – on his weekly Counter Stories podcast and now in new roles as a Cultural Consultant serving organizations striving for equity and change.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 1/8/23 **Time:** 11:02 a.m. **Duration:** 41 minutes, 16 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Maj. Gen. Shawn Manke, Minnesota National Guard, and Dir. Patrick Kelly, Minneapolis VA Health Care System.

Content Description: We host our annual Year in Review show with the Adjutant General of the Minnesota National Guard and the Director of the Minneapolis VA Health Care System.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 1/13/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest, with Amber Annis, a Cheyenne River Sioux Tribe citizen who is currently the director of Native American Initiative at the Minnesota Historical Society.

Content Description: Today Leah and Cole chat with Amber Annis, director of Native American Initiative at the Minnesota Historical Society. Amber has a long history not only as a public historian, but as an educator, tribal nation liaison, community engagement specialist and collaborator. She also talks about her experience teaching “Topics in Contemporary Native North America” at Metro State University; the process behind reframing historical archives of Indigenous people; and how her and the Minnesota Historical Society are helping reframing how K-12 teach the history of Minnesota.

Issue: Native American Life – “Coyote Medicine”

We ran the following program to address it: American Indian and Alaska Native Living

Date: 1/15/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guest, Lewis Mehl-Madrona, MD, PhD; Medical Director, Wabanaki Public Health and Wellness; Co-Founder, “The Coyote Institute”; Author, “Coyote Medicine” and other works.

Content Description: Dr. Lewis Mehl-Madrona shares practical insights from his life journey that has featured a Native American upbringing and modern Western medical training.

Issue: Education – “Teaching about other cultures”

We ran the following program to address it: Native America Calling

Date: 1/16/23 **Time:** 12:05 p.m. **Duration:** 55 minutes

Format: Live program via Native Voice One

Participants: Host Shawn Spruce and Guests, Jerad Koepp (Wukchumni), Native student program specialist and 2022 Washington state teacher of the year; Alberta Nells (Diné), art, social studies, and service learning teacher at the STAR School; Nate Taylor (Red Lake Nation), director of Red Lake’s Waasabiik Ojibwemotaadiwin Immersion Program and founder of Red Lake’s Charter School, Endazhi-Niitaawiging; and Zane Rosette (Chippewa-Cree tribal member), executive director of the Native American Community Academy.

Content Description: Native educators have a keen eye for guiding how schools teach students about Native history and culture. Does that experience also help when teaching Native students about other races and cultures? We’re well aware that colonial educational influences steered generations of students wrong when it comes to understanding Native people. Today, we’ll find out what Native educators do to avoid the same mistakes

Issue: Native American Life – “Do stereotypes influence policy?”

We ran the following program to address it: Native America Calling

Date: 1/19/23 **Time:** 12:05 p.m. **Duration:** 55 minutes

Format: Live program via Native Voice One

Participants: Host Shawn Spruce and Guests, Ta'jin Perez (Totanac), deputy director for Western Native Voice; State Sen. Shane Morigeau (D-MT 48th/member of the Confederated Tribes of Salish and Kootenai Tribes); and State Sen. Susan Webber (D-MT 8th/member of the Blackfeet Nation).

Content Description: Montana—home to 12 federally recognized tribes—is the latest battleground over damaging rhetoric by public officials. One legislator floated a resolution calling on Congress to abolish reservations. The text was reportedly drafted by a businessman heading up what he calls “The States Rights Coalition”. Another official publicly questioned why Native Americans should be allowed to vote. He told a reporter that view is “the consensus opinion among conservatives” in the state. Today, we’ll look at the continuing verbal, legal, and legislative affronts to tribal sovereignty based on outdated, stereotypical, and uninformed perspectives to which tribal officials are forced to respond.

Issue: Race Relations and Social Justice

We ran the following program to address it: Counter Stories

Date: 1/20/23 **Time:** 11:01 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded program via AMPERS

Participants: Hosts Anthony Galloway, Luz Maria Frias, Don Eubanks and Hlee Lee.

Content Description: On this special episode, we bring you the keynote speech at the Duluth Martin Luther King Jr Day celebration by none other than Counter Stories’ co-host Anthony Galloway. The day’s celebration included joining the annual national MLK Breakfast (virtually), a march and rally, and speeches and panels featuring community members. Special thanks to the NAACP Duluth chapter.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 1/20/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest, with Elaine Fleming, an instructor at Leech Lake Tribal College.

Content Description: Today Leah and Cole chat with Elaine Fleming. She teaches and preserves Leech Lake Ojibwe culture, history, and language. Elaine proudly lives in Cass Lake, where she has been an instructor at Leech Lake Tribal College for 29 years. She has immense gratitude and care for Leech Lake’s natural gifts. At the tribal college, she has taught through hands-on experiences rooted in Leech Lake history and tradition, including manoomin harvesting, historical theatre, and knowledge bowl. She teaches several subjects including Leech Lake history, Anishinaabe studies and Indigenous American Women. Elaine shares her journey to working at the tribal college, her experiences teaching the next generation, and how through teaching she is still learning. Elaine is also an Army veteran; was the mayor of Cass Lake from 2003 to 2006; and is the host of the History of Leech Lake Show on KOJB Radio.

Issue: Native American Life – “The Fast 8 Weight and Health Optimization Program Pt. I.”

We ran the following program to address it: American Indian and Alaska Native Living

Date: 1/22/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose.

Content Description: Dr. DeRose introduces a new weight loss program based on his many years of experience.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 1/22/23

Time: 11:02 a.m. **Duration:** 42 minutes.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Todd Barduson, My Credit Union Community Foundation; Vicky Garrison, Minnesota Paralyzed Veterans of America, and Dir. Patrick Kelly, Minneapolis VA Health Care System.

Content Description: This week we learn about the My Credit Union Community Foundation, meet with the President of the Minnesota Paralyzed Veterans of America and get an update from the Minneapolis VA Health Care System.

Issue: Our Environment – “The problem with lithium”

We ran the following program to address it: Native America Calling

Date: 1/23/23

Time: 12:05 p.m. **Duration:** 55 minutes

Format: Live program via Native Voice One

Participants: Host Shawn Spruce and Guests, Reno-Sparks Indian Colony Chairman Arlan Melendez; Ft. McDermitt Paiute and Shoshone tribal member Arlo Crutcher; and Gary McKinney (Shoshone-Paiute Tribes of Duck Valley), spokesperson for the People of Red Mountain and American Indian Movement Northern Nevada chapter member.

Content Description: Increasing demand for electric vehicles and other electric storage devices makes lithium an important and valuable commodity. The metal is used in batteries. Today on Native America Calling, we learn about plans to expand the only lithium mine in the United States to meet the demand and why it's considered an environmental and cultural affront to tribes in Nevada.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 1/27/23

Time: 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest, Levi Brown, Leech Lake Band of Ojibwe citizen and Director of Tribal Affairs at the Minnesota Department of Transportation (MnDot).

Content Description: Today we're speaking with Levi Brown. Levi talks with Leah and Cole about acknowledgment on a person-to-person level and on an institutional level. In his current position at MnDot, Levi helped facilitate the highway signs marking the 1854 Treaty boundaries in Northern MN, a step toward acknowledgment and a point of education. Levi is also a part of the Tribal State Relationship Training Program that helps develop collaboration and understanding between tribes and Minnesota state departments.

Issue: Native American Life

We ran the following program to address it: American Indian and Alaska Native Living

Date: 1/28/23

Time: 9:02 a.m. **Duration:** 17 minutes

Format: Recorded local interview

Participants: Host Pat Puchalla for WGZS and Guests, Courtney Kowalczak, Director of the Environmental Institute at the Fond du Lac Tribal and Community College (FDLTCC), and Elizabeth Dean, Outreach Coordinator/Sustainability Educator, FDLTCC.

Content Description: The guests came to speak about two upcoming events at the Fond du Lac Tribal and Community College (FDLTCC). The FDLTCC hosted the annual Ojibwe Language Symposium and annual Bee Symposium in person for the first time since the start of COVID-19. The two events brought together hundreds of attendees from around the region for learning and connection. The 4th annual Ojibwe Language Symposium took place February 3 – 5, 2023. The event offered brought together language holders and learners for a wonderful family-oriented event. The 8th annual Bee Symposium took place Feb. 11, 2023. Attendees learned everything from beginning beekeeping to overwintering techniques. The event, hosted by the Environmental Institute at FDLTCC and Northeast Minnesota Beekeepers Association (NEMNBA) included presentations from esteemed guest speakers, a Fire Cider making demonstration and more.

Issue: Native American Life – “The Fast 8 Weight and Health Optimization Program Pt. II.”

We ran the following program to address it: American Indian and Alaska Native Living

Date: 1/29/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose.

Content Description: Dr. DeRose answers your questions and shares more practical pointers based on his new free online weight loss program.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 1/29/23 **Time:** 11:02 a.m. **Duration:** 42 minutes, 6 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, CCM Sgt Lisa Erikson, Minnesota National Guard; CSM Stephen Whitehead, Minnesota National Guard, Elwyn Tinklenberg, American Legion Post 435, and Tim Leonhardt, Minnesota Patriot Guard.

Content Description: We meet with the Senior Enlisted Leaders of the Minnesota National Guard, meet with a representative for the Minneapolis-Richfield American Legion Post 435 to learn about the proposed Veterans Village and get an update from the MN Patriot Guard.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 2/3/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest, Rebekah Fineday, a Leech Lake Band of Ojibwe citizen and Air Force veteran who serves as Sanford Health’s Native American community advocate in Bemidji, Minnesota.

Content Description: Today, we’re speaking with Rebekah Fineday. Rebekah is also a Registered Nurse and has worked at Indian Health Service (IHS) in Cass Lake and Red Lake for more than a decade. Through her work, she’s been advocating to improve health care in Native American communities which include community-minded patient relations, building relationships with other tribal health groups, and in-person patient advocacy. She shares a little about her time in the Air Force, working in Indian Health Services, and the importance of community and culture in the health care system

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 2/5/23 **Time:** 11:02 a.m. **Duration:** 41 minutes, 50 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Brianne Lochrie, Minneapolis VA Health Care System; Taylor Kristoff-Jones, Beyond the Yellow Ribbon; Shawn Powell, Beyond the Yellow Ribbon, and Marty Howes, Minnesota Association of County Veteran Service Officers.

Content Description: We discuss cardiovascular care and heart health month at the Minneapolis VA Health Care System, learn about Beyond the Yellow Ribbon's objectives for 2023 and get an update from the Minnesota Association of County Veterans Service Officers.

Issue: Our Environment – “Ensuring a long life for sturgeon”

We ran the following program to address it: Native America Calling

Date: 2/6/23 **Time:** 12:05 p.m. **Duration:** 55 minutes

Format: Live program via Native Voice One

Participants: Host Shawn Spruce and Guests, Marvin DeFoe, tribal historic preservation officer for the Red Cliff Band of Lake Superior Indians; Douglas Cox, land management director for the Menominee Indian Tribe of Wisconsin; and Biskakone Johnson (Lac du Flambeau Ojibwe), language and art teacher for the Lac du Flambeau Tribe.

Content Description: Sturgeon survive from the time dinosaurs roamed the earth, but some species are having a tough time weathering human-made encroachment. While some lake sturgeon live to be 100 years old, the species is on track to be designated endangered next year, threatening traditional Native fishing methods. Today on Native America Calling, as the brief sturgeon spearfishing seasons are getting underway, we look at the ecological status of sturgeons, the traditional harvest methods, and tribal efforts to protect them.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 2/10/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest, with LeAnn Littlewolf, a Leech Lake Band of Ojibwe citizen and co-Executive Director for the American Indian Community Housing Organization (AICHO) in Duluth. AICHO's community informed programs aim to create a stronger, healthier, more stable Native community in Duluth.

Content Description: LeAnn Littlewolf is co-Executive Director for the American Indian Community Housing Organization (AICHO) in Duluth. AICHO's community informed programs aim to create a stronger, healthier, more stable Native community in Duluth.

As co-Executive Director, LeAnn brings three decades of experience in community leadership and advocacy, culturally informed strategies for community and economic development. She shares about her path to leading at AICHO, how her work and AICHO's service are built around community needs and engagement and what is next for the organization. AICHO's programs include emergency and transitional housing; health equity and food sovereignty initiatives; and community arts and cultural programming.

Issue: Native American Life – “A Successful Weight Loss Journey.”

We ran the following program to address it: American Indian and Alaska Native Living

Date: 2/12/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose, and Guest Melaura Lee Priest.

Content Description: Relatively simple lifestyle decisions can have long-term results. This is powerfully illustrated by Melaura Lee Priest who lost nearly 90 pounds in less than three years.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 2/12/23 **Time:** 11:02 a.m. **Duration:** 41 minutes, 58 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Maj. Katie Lunning, Minnesota National Guard; Maj. Evan Husby, Norwegian Home Guard; Capt. Tom Hofmann, Minnesota National Guard; Capt. Torbjørn Lundberg, Norwegian Home Guard; 1st Sgt. Vidar Aune, Norwegian Home Guard; Sgt. Bjørn Ude, Norwegian Home Guard; Sr. Sgt. Ola Rønningsgrind, Norwegian Home Guard, and Zach Halverson, Minnesota Military Radio.

Content Description: This week we are recorded live from Norway for the 50th Anniversary of NOREX – Norwegian Reciprocal Troop Exchange. We meet with officers from the Minnesota National Guard and Heimevernet (Norway Home Guard) to discuss the training plan, learn about snow shelters and troop mobilization with a Captain from the Minnesota National Guard and get a better understanding of how the soldiers train together.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 2/17/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest, Annie Humphrey (Leech Lake Ojibwe), an Anishinaabekwe mother, grandmother, and an award-winning musician who's been a presence on the music scene for decades.

Content Description: Today we have a wide-ranging conversation with Annie Humphrey that highlights her wisdom, her path to music, her care for her family and empathy for community. Annie talks about her latest album Eat What You Kill, building a hemp house, and the upcoming benefit show for the American Indian Community Housing Organization (AICHO)'s Dabino'lgan Domestic Violence Shelter expansion.

Issue: Native American Life – “Insights from APHA’s First and Only Native American President.”

We ran the following program to address it: American Indian and Alaska Native Living

Date: 2/19/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose, and Guest Michael E. Bird, MSW/MPH (Kewa Pueblo); Past President of the American Public Health Association.

Content Description: Michael Bird shares insights from his personal and public health journey, as well as traditional Native American wisdom for good health.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 2/19/23 **Time:** 11:02 a.m. **Duration:** 42 minutes, 6 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Commander Dale Hoogeveen, Veterans of Foreign Wars, Department of Minnesota; Doug Johnson, Veterans of Foreign Wars, Department of Minnesota; Co-Host Doug Wortham with the Serving our Troops Crew, and Director Patrick Kelly, Minneapolis VA Health Care System

Content Description: This week we meet with Veterans of Foreign Wars Department of Minnesota and learn about a donation to the Minnesota Veterans Homes, head back to Norway and hear from the Serving Our Troops crew at the 50th NOREX – Norwegian Reciprocal Troop Exchange and get an update from the Minneapolis VA Health Care System.

Issue: Native American Life – “The State of Indian Nations”

We ran the following program to address it: Native America Calling

Date: 2/21/23 **Time:** 12:05 p.m. **Duration:** 55 minutes

Format: Recorded program via Native Voice One

Participants: Host Shawn Spruce and Guests, National Congress of American Indians President Fawn Sharp (Quinault), and U.S. Sen. Elizabeth Warren (D-MA).

Content Description: The most severe ravages of the COVID-19 pandemic continue to diminish, inflation remains a problem but is slowing, and employment, on the whole, is moving in the right direction. At the same time, pending legislation and court decisions pose the biggest threat to tribal sovereignty in a generation — and progress to improve the plight of Missing and Murdered Indigenous People remains slow. Today on Native America Calling, we hear the annual State of Indian Nations Address from National Congress of American Indians President Fawn Sharp (Quinault) as well as the Congressional response from U.S. Sen. Elizabeth Warren (D-MA).

Issue: Native American Life

We ran the following program to address it: Ogichidaag basketball

Date: 2/28/23 **Time:** 7:08 p.m. **Duration:** 1 hour, 32 minutes

Format: Live high school basketball game

Participants: Host Dan Huculak and Guest. Pat Puchalla for WGZS

Content Description: The Fond du Lac Boy's Basketball team visited the Wrenshall Wrens in a Section 7A matchup.

Issue: Native American Life

We ran the following program to address it: Ogichidaag basketball

Date: 3/3/23 **Time:** 7:06 p.m. **Duration:** 1 hour, 30 minutes

Format: Live high school basketball game

Participants: Host Dan Huculak and Guest. Pat Puchalla for WGZS

Content Description: The Fond du Lac Boy's Basketball team hosted the Ely Timberwolves in a Section 7A hoops matchup.

Issue: Native American Life – “Fast 8 – Part 4.”

We ran the following program to address it: American Indian and Alaska Native Living

Date: 3/5/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose.

Content Description: Dr. DeRose offers special help to those who deal with addictions or struggle with their consumption of salty foods and sweets. This is the audio version of the fourth episode of Dr. DeRose's new FAST 8 weight optimization program.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 3/5/23 **Time:** 11:02 a.m. **Duration:** 42 minutes, 25 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Emma O'Brien, Minneapolis VA Health Care System; Amanda Riemenschneider, 133rd Airlift Wing, and Doug Bley, Minnesota Patriot Guard.

Content Description: This week we celebrate Women's History Month where we discuss Women in Military Service with a Staff SGT from the 133rd Airlift Wing and learn about the Women's Health Program at the Minneapolis VA Health Care System.

Issue: Native American Life

We ran the following program to address it: Ogichidaag basketball

Date: 3/9/23 **Time:** 6:02 p.m. **Duration:** 1 hour, 22 minutes

Format: Live high school basketball game

Participants: Host Dan Huculak and Guest. Pat Puchalla for WGZS

Content Description: The Fond du Lac Boys Basketball team hosted the Carlton Bulldogs Timberwolves in the first round of the Section 7A basketball playoffs.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 3/10/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest Tabitha Chilton, a White Earth Nation member who serves as Sanford Health's Native American patient advocate in Bemidji, Minnesota.

Content Description: Today Leah and Cole chat with Tabitha Chilton, Sanford Health's Native American patient advocate in Bemidji. Tabitha's focus on outpatient care at the Joe Lueken Cancer Center helps Native communities access healthcare throughout Northern Minnesota. She works with Tribal communities to help build trust and understanding in the healthcare system and emphasizes the need for preventative care and primary care. Tabitha chats with us about her current position at Sanford Health, helping youth through trauma-informed care and her path to serving communities.

Issue: Native American Life

We ran the following program to address it: Ogichidaag basketball

Date: 3/11/23 **Time:** 11:45 a.m. **Duration:** 1 hour, 30 minutes

Format: Live high school basketball game

Participants: Host Dan Huculak and Guest. Pat Puchalla for WGZS

Content Description: The Fond du Lac Boys basketball team traveled to Duluth Denfeld High School to face the Mountain Iron-Buhl Rangers in the second round of the Section 7A basketball playoffs.

Issue: Native American Life – "Fast 8 – Part 5."

We ran the following program to address it: American Indian and Alaska Native Living

Date: 3/12/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose.

Content Description: As we continue the FAST 8 weight loss program, Dr. DeRose talks about additional keys to success, including the power of meal timing. Simply changing WHEN you eat can make all the difference!

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 3/12/23 **Time:** 11:02 a.m. **Duration:** 42 minutes, 20 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, MG (ret.) Rick Nash, Minnesota National Guard; Col (ret.) Eric Kerska, Minnesota National Guard; Randal Dietrich, Minnesota Military & Veterans Museum, and Marty Howes, Minnesota Association of County Veteran Service Officers.

Content Description: This week we meet with former leaders from the Minnesota National Guard, 34th Red Bull Infantry Division and current leadership at the Minnesota Military Museum to discuss the upcoming 20th Anniversary of Operation Iraqi Freedom. We also get an update from the Minnesota Association of County Veterans Service Officers.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 3/12/23 **Time:** 11:02 a.m. **Duration:** 42 minutes, 20 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Kristi Charles, Minnesota Department of Veterans Affairs; David Holewinski, Minneapolis VA Health Care System, and Director Patrick Kelly, Minneapolis VA Health Care System.

Content Description: This week we learn about the Suicide Prevention Programs at the Minnesota Department of Veterans Affairs and Minneapolis VA Health Care System.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 3/17/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest Thomasina “Tomie” TopBear. She is a self-taught artist, muralist, published illustrator and organizer from the Oglala Lakota & Santee Dakota Nations.

Content Description: Today Cole and Leah speak with Thomasina “Tomie” TopBear. She specializes in large-scale murals; her work can be seen on the sides of buildings throughout the Twin Cities and the country. Cole talks with her about City Mischiefs Murals, which she co-founded. It’s an all Indigenous, Black & Pacific Islander artist collective centered on healing through art. She had some great things to say about how murals can build a stronger community, the process of painting a mural, and much more.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 3/24/23 **Time:** 11:30 a.m. **Duration:** 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest Wayne Somes, a citizen of the Sault Ste Marie Tribe of Chippewa Indians.

Content Description: Today Leah and Cole speak with Wayne Somes, a citizen of the Sault Ste Marie Tribe of Chippewa Indians. Wayne shares how his passions for family, early childhood development, and Ojibwemowin have led him along a path to Northern Minnesota

Issue: Native American Life – “Public Health: A Life-Changing Journey”

We ran the following program to address it: American Indian and Alaska Native Living

Date: 3/26/23 **Time:** 10:02 a.m. **Duration:** 58 minutes

Format: Recorded program via Native Voice One

Participants: Host Dr. David DeRose and Guest, Jean Cadet, MD, MPH, MDiv, Interim Chair of the School of Population Health, Nutrition & Wellness at Andrews University.

Content Description: From humble roots in Haiti, Dr. Jean Cadet shares an inspiring story that takes him from medical school to a public health career launched at Emory University in Atlanta. Along the way, you’ll be encouraged and reminded how public health is still very relevant in today’s society.

Issue: Military Veterans Affairs

We ran the following program to address it: Minnesota Military Radio

Date: 3/26/23

Time: 11:02 a.m.

Duration: 42 minutes, 13 seconds.

Format: Recorded program

Participants: Host Tom Lyons and Guests, Simone Hogan, Minnesota Department of Veterans Affairs; David Dunn, Minnesota Department of Veterans Affairs; Commander Mic Aguirre, Disabled American Veterans, Department of Minnesota; Trent Dilks, Disabled American Veterans, Department of Minnesota, and Tim Leonhardt, Minnesota Patriot Guard.

Content Description: This week we meet with the Minnesota Department of Veterans Affairs to learn about the three new Veterans Homes in Minnesota, discuss the upcoming Veterans Day on the Hill with Disabled American Veterans, Department of Minnesota and get an update from the MN Patriot Guard.

Issue: Native American Life

We ran the following program to address it: Native Lights

Date: 3/31/23

Time: 11:30 a.m.

Duration: 28 minutes, 30 seconds.

Format: Recorded interview via AMPERS

Participants: Hosts Leah Lemm and Cole Premo for AMPERS, and Guest Alicia Smith, the Deputy Director of the Economic Assistance and Employment Support Division at the MN Dept of Human Services.

Content Description: Today we're chatting with Alicia Smith, Alicia is Yupik from Pitkas Point Village in Alaska, and is the Deputy Director of the Economic Assistance and Employment Support Division at the MN Dept of Human Services. After working as an American Indian advisor for the state, she now oversees the state's anti-poverty support programs that include food stamps, food banks, shelters, and community action programs. She shares how family, community, and Yupik values have guided her along her path.