

KHPE-FM & KWIL-AM
Quarterly Issues & Answers
January, February, March 2024
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How to Take Your Family Through a Digital Fast

KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

January 2, 2024

28.5 Minutes

A simple plan for creating healthy boundaries and alternatives for your family, which will inspire creativity, learning, and less stress for everyone!

Filling Your Marriage with Joy

KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

January 8, 2024

28.5 Minutes

You've been married for a number of years, and you're starting to feel distant from your spouse. You're experiencing a "joy-gap!" On the next "Focus on the Family," Dr. Marcus Warner and Chris Coursey explain the brain science behind joy and offer easy, practical ways you can increase joy in your marriage by playing together and nurturing a rhythm of rest.

Homesteading: Embracing a Simpler Life

KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

January 16, 2024

28.5 Minutes

Kathi Lipp offers fun tips and stories about homesteading from her personal experience. She shares about everything from creative cooking and getting through harsh weather, to simplifying life and dreaming with God

Engaging Others with Love, Kindness, and Service

KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

January 25, 2024

28.5 Minutes

Karen Ehman shares the importance of listening for "heart drops"—small mentions people make of things their hearts long for—and then acting on them... AND the importance of loving others right where you are

Cultivating a Mentally Healthy Family
KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

February 12, 2024
28.5 Minutes

Parents worry about rising levels of anxiety and depression among children — but the best way to protect your kids is by connecting with them on a regular basis! Next time on “Focus on the Family,” how encouragement, good communication, and spiritual habits can offset mental problems!

The Impact of a Life Well Lived
KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

February 16, 2024
28.5 Minutes

Over the years, Dr. Gary Chapman has delivered life-changing relationship advice to couples and families. He shares the lessons God has taught him throughout his life—through his parents, his wife, and his children. You’ll glean some solid insight on marriage and parenting to help your family thrive in Christ.

Restoring Your Marriage After an Affair
KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

February 22, 2024
28.5 Minutes

When couples experience infidelity, it’s easy to walk away from their marriage. But what if God has something better in mind? Josh and Katie Walters describe how God intervened and saved their broken relationship

Who God Says You Are
KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

February 29, 2024
28.5 Minutes

Do you believe you’re lovable? British evangelist Jay-John shares an encouraging message about how God views each and every one of us – as people created in His image who are lovable, valuable, capable, and forgiven.

Teaching Kids to Love God and Serve Others Well
KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

March 1, 2024
28.5 Minutes

Successful parenting doesn’t “just happen” — you have to be intentional about how you raise your kids. But you’ll never be successful without God’s help! We’ll examine how character training and focusing on your children’s hearts can have a tremendous impact on their lives

Never Perfect: Finding More Joy, and Less Guilt, as a Mom
KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

March 7, 2024
28.5 Minutes

Do you ever worry about how your children will turn out? I think we all do at some point, but does it do any good? A mother of SIX, from an Alaskan fishing-family, shares how God helped her overcome “negative parenting” by embracing His purpose for her OWN life.

Becoming Screen Savvy as a Family

KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

March 15, 2024

28.5 Minutes

Our entertainment consumption shapes who we are and what we believe. Adam Holz and Paul Asay from Focus on the Family’s Plugged In team equip you to guide your family to make healthy media choices. They explain what the Bible says about entertainment and how to teach your kids media discernment.

Seeing God’s Goodness During Medical Crises

KWIL 5:30 PM, KHPE 6:30 AM & 9:00 PM

March 21, 2024

28.5 Minutes

As a former trauma surgeon, Dr. Kathryn Butler saw suffering and death firsthand - more times than she could count. Dr. Butler shares how these tragedies initially led her to question God, but eventually caused her to see glimmers of grace and to trust in the sovereign God of the universe.