

**ISSUES and PROGRAMS
FOR QUARTER Ending 3/31/24**

Section 73.3526(e)(12) of the Rules requires a list of programs that have provided the station's most significant treatment of community issues during the preceding three month period "issues/programs list") to be placed in the public inspection file. The list shall include a brief narrative describing what issues were given significant treatment and the programming that provided this treatment. The description of the programs shall include, but shall not be limited to, the time, date, duration, and title of each program in which the issue was treated.

COMMUNITY ISSUES

The following community issues were given significant coverage and treatment in the previous three month period through programming produced in conjunction with CTN and aired by KWHB. These are First Run Only programs and do not include any repeats of previously taped shows.

1. HOMELESS / RACE RELATIONS
2. FAMILY / RELATIONSHIPS
3. GOVERNMENT / GLOBAL AFFAIRS
4. HEALTH / PSYCHOLOGICAL / PHYSICAL
5. FINANCIAL / MONEY MATTERS
6. SOCIAL / COMMUNITY OUTREACH

PROGRAM DESCRIPTIONS

Program Title: BRIDGES WEEKLY
Type: Community Affairs / Interview type programs
Day/Time Broadcast: Mon. - Fri 4AM & 7PM
Duration: 28:30 – 1/2hr.

Program Title: CHRISTIAN FITNESS
Type: Community Affairs Program
Day/Time Broadcast: Mon. – Fri 5AM & 12 PM
Duration: 28:30 - 1/2hr.

Program Title: COME HOME WITH JEN MALLAN
Type: Community Affairs / Interview type programs
Day/Time Broadcast: Mon.-Fri. 4:30AM & 6:30PM
Duration: 28:30 – 1/2hr.

Program Title: DESTINED TO ROAM
Type: Community Affairs / Interview type programs
Day/Time Broadcast: Wed. 8:30PM & Sat. 1PM
Duration: 28:30 – 1/2hr.

Program Title: GOOD NEWS ON ENTERTAINMENT
Type: Community Affairs / Interview type programs
Day/Time Broadcast: Tue. 5:30PM & Fri. 9:30PM
Duration: 28:30 – 1/2hr.

Program Title: MAN360
Type: Community Affairs / Interview type programs
Day/Time Broadcast: Thu. 8:30PM
Duration: 28:30 – 1/2hr.

Program Title: MOMENTS FOR MOMS
Type: Community Affairs / Interview type programs
Day/Time Broadcast: Mon. 5:30PM & Sat. 1:30PM
Duration: 28:30 – 1/2hr.

ISSUE & PROGRAM DETAILS

ISSUE #1 RACE RELATIONS / HOMELESS / HUMANITARIAN

2-14-24 Come Home with Jen Mallan
GUEST: Jill Chambers – Author
TOPIC: How to Connect with different people

ISSUE #2 FAMILY / RELATIONSHIPS

3-15-24 Come Home with Jen Mallan
GUEST: Attorney General Ashley Moody
TOPIC: Life as a Mother and AG in Florida – Balancing the 2

ISSUE #3 GOVERNMENT / GLOBAL AFFAIRS

1-9-24 Come Home with Jen Mallan
GUEST: Olga Gonzalez – Mayor of Orlando
TOPIC: How Olga got into office, and how she is impacting that city

ISSUE #4 HEALTH / PSYCHOLOGY / PHYSICAL

1-8-24 Christian Fitness
EPISODE#: 80
TOPIC: Be a healthier snacker - substitute nuts for your normal unhealthy choices.

1-11-24 Come Home with Jen Mallan
GUEST: Jordan Rubin – Health
TOPIC: Multi Collagen Lean Capsules and how it helps the body

1-15-24 Christian Fitness
EPISODE#: 81
TOPIC: Healthy living tip - freeze your bananas for the ultimate smoothie.

1-22-24 Christian Fitness
EPISODE#: 82
TOPIC: Our one-minute exercise for the day is a “Mountain Climber”. What a great exercise for strength, balance, flexibility and cardio. Try it with us for one minute and then see how many sets you can do throughout the day!

1-24-24 Come Home with Jen Mallan
GUEST: Anthony Evans – Christian Music Artist
TOPIC: His new album and book When Faith Meets Therapy

1-29-24 Christian Fitness
EPISODE#: 83
TOPIC: Only 1 in 10 people get the proper amount of fruits and vegetables each day. Our Healthy Living Tip is to drink your breakfast. Join us and learn how to prepare an incredible, healthy, drinkable breakfast.

2-5-24 Christian Fitness

EPISODE#: 84

TOPIC: Meet our super-food superhero, the Avocado. Learn dozens of ways to include an avocado in your everyday meals.

2-12-24 Christian Fitness

EPISODE#: 85

TOPIC: Our one-minute exercise for the day is the "Overhead Squat". Learn the ideal form from our footage of a baby demonstrating perfect balance and function.

2-19-24 Christian Fitness

EPISODE#: 86

TOPIC: Are you creating a breeding ground for bacteria? Here are 7 quick tips to keep your reusable bottle clean!

2-26-24 Christian Fitness

EPISODE#: 87

TOPIC: Jumping Jacks - Tone your legs, strengthen your arms and legs, increase flexibility, increase endurance, improve coordination and improve balance. This exercise does it all! -

3-4-24 Christian Fitness

EPISODE#: 88

TOPIC: Wearing the proper shoes for your stride and gait can greatly reduce the impact and wear on your joints, muscles and tendons. Join us for a thorough demonstration.

3-25-24 Christian Fitness

EPISODE#: 89

TOPIC: If you only had one minute to exercise - what workout would you do? Matt Tack from Nootricious and the Full Fueled Podcast joins Christian Fitness to share his one minute Kettlebell workout.

ISSUE #5 FINANCIAL/ MONEY MATTERS

ISSUE #6 SOCIAL ISSUES

3-26-24 Come Home with Jen Mallan

GUEST: Jenny Donnelly

TOPIC: Don't Mess with our kids movement , prayer for America

ADDENDUM

This certification is in addition to the attached list for the FCC's Issues/Programs Report for this quarter. This station routinely produces and airs approximately 190-198 hours of programming each quarter, which helps to educate people in skillful, purposeful- living, in addition to those already listed in this quarterly report. These meaningful programs help one to manage life's issues, are based on Biblical principles and precepts, and are accomplished through a live phone-in program.

"You & Me" (Mon-Fri. 12:30am-3:30am) is aired live each night with the host answering questions and praying for a variety of topics. Issues covered include: family relationships, race relations, women's issues, health, community ventures and co-ops; teenage issues; as well as finances, adult education, substance abuse – prevention – recovery; soup kitchens, homeless ministries, and help for impoverished people. This program has proven to be an ideal opportunity to help and minister to the lonely, hurting, distressed and struggling.

“You & Me” is not scripted and therefore has no specified format so it isn’t possible to include a rundown or analysis of each program for this report. There are numerous other categories covered that are not mentioned here due to the fact that the host often selects a specific theme for the night.

Date: 4/5/2024

Signed: *David Jackson*

Name: David Jackson

Title: General Manager KWHB Tulsa OK

Company: Christian Television Corp., Inc.

-