

**QUARTERLY ISSUES/PROGRAMMING REPORT
APRIL-JUNE 2015
KRWM RADIO - BREMERTON/SEATTLE
ISSUE - RESPONSIVE PROGRAMMING**

KRWM is committed to a regular broadcast schedule of programs and informational messages that cover local issues that affect its listeners and the communities in which they live and work. The Public Affairs Show and Public Service Announcements concentrate on affairs, topics and issues as determined through ascertainment meetings and interviews. Second Quarter 2015 categories have been identified as **Education, Domestic Services, Youth, Charity, Health, Environment, and Crime.**

“Sunday Morning Magazine” and “Inspirational Women”: two half hour segments create one hour of Public Affairs Show that air weekly on Sunday at 5:30am. (Complete information attached).

Second Quarter 2015 shows:

Health, Education, Domestic Service
Health, Youth, Charity
Health, Youth, Charity
Education, Youth, Environment
Domestic Service, Education, Health
Domestic Service, Crime, Education
Environment, Education, Crime
Charity, Domestic Services
Environment, Youth, Education
Environment, Domestic Services
Health, Education, Domestic Service
Education, Youth, Domestic Service, Crime
Charity, Domestic Service Health

Public Service Announcements: thirty and sixty seconds in length each, KRWM aired 390 readings of 26 topics. List attached.

PSA NAME	
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AMERICAN WATER WORKS	
AMERICA'S DIABETES	
BBB CUSTOMER REVIEWS	
BBB NATIONAL MOVING MONTH	
CANCER PREVENTION	
CHILD WELFARE	
CHILDHOOD HUNGER	
DISCOVER THE FOREST.ORG	
DOCTORS WITHOUT BORDERES	
FIREWORKS	
GROWN UP	
HIGH SCHOOL SPORTS	
LLS-CURE-THE WORD	
LLS-SOMEDAY IS TODAY	
NATIONAL FOSTER CARE MONTH	
NATIONAL HUNGRY HOTLINE	
NEPAL EARTHQUAKE RELIEF	
PATIENT INVOLVEMENT	
PREVENTING VISION LOSS	
RECREATIONAL BOATING & FISHING	
SAVE THE EARTH	
SMAR4192 DIFFERENT AND THE SAME	
STRESS AWARENESS	
TEAM IN TRAINING	
VOAWW	
WORLD AIDS	

Total Runs	390
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**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: April 5, 2015

LENGTH: 62:30

SHOW TYPE: Interview

ISSUES: Health, Education, Domestic Service

GUEST:
1. Dr. Angelo Vonades
2. Dr. Pernessa Seele

SHOW DESCRIPTION:

1. Dr. Angelo Vonades is a physician and researcher at Harvard Medical School and Massachusetts General Hospital. He's written an important new book--THE CONVERSATION: A Revolutionary Plan for End-of-Life Care. He stresses the importance of talking with family, being clear about your wishes for the time life winds down. His team has also provided videos for other professionals to use with patients, and they are used nationwide.

www.angelovolandes.com

2. Dr. Pernessa Seele is an immunologist and interfaith public health activist. Dr. Seele has done and continues to do important work with people with serious health issues, both locally and in Africa. Dr. Seele is the CEO and founder of Balm in Gilead, Inc., the nonprofit which addresses public health issues. It's her passion and might be one reason that Time magazine has named her among the world's most influential people.

www.balmingilead.org

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: April 12, 2015

LENGTH: 63:45

SHOW TYPE: Interview

ISSUES: Health, Youth, Charity

GUEST:
1. Dr. Michael Roizen
2. Lesia Cartelli

SHOW DESCRIPTION:

1. Dr. Michael Roizen has written "This is Your Do Over: The 7 Secrets to Losing Weight, Living Longer, and Getting a Second Chance at the Life You Want" which encourages any of us to be hopeful in making a change in our life. He tells us we can reverse most of the negative aspects of our health--so the future can look really bright! He's recognized for his work with Dr. Oz.

2. Lesia Cartelli is a beautiful woman, both inside and out! As a young girl, Lesia was badly burned and scarred. School was therefore a huge challenge. Lesia's done the therapy, had the surgeries, and now has a nonprofit organization, Angel Faces, to help other young girls and women to create a great and purpose filled life. She's written the story in "Heart of Fire".

www.lesiacartelli.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: April 19, 2015

LENGTH: 63:55

SHOW TYPE: Interview

ISSUES: Health, Youth, Charity

GUEST:
1. Ben & Lorenza Scott
2. Thanh Ha Lai

SHOW DESCRIPTION:

1. The March of Dimes, March for Babies was May 2, at Fisher Pavilion. The 2015 Ambassador Family--the Scotts, Ben & Lorenza, shared their experience of adopting premie twins Alexis and Amber, born at 1 lb., and just under a pound. Not expected to survive, these energetic girls are now 14! and love horseback riding and gymnastics! A healthy life is all because of the work of the March of Dimes!

www.marchofdimes.org

2. Thanh Ha Lai is an author, educator, and philanthropist. Thanh Ha (Teng Hah) joins us to talk about Viet Nam—her birthplace, and the country she left at age 10 as the war ended. Her book "Listen, Slowly" gives us interesting insights into life in Vietnam today, with an interesting insight on environment and efficiency. Thanh Ha also founded the nonprofit Viet Kids--\$75 buys a bicycle for a student in Vietnam, allowing them to get to school easily, rather than a 2 hour walk each way. 100% of the money goes to purchasing the bikes.

www.thanhhalai.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: April 26, 2015

LENGTH: 62:15

SHOW TYPE: Interview

ISSUES: Education, Youth, Environment

GUEST:
1. Dr. Scott Sampson
2. Laura Allen

SHOW DESCRIPTION:

1. Dr. Scott Sampson is a dinosaur paleontologist and science communicator, and the host and science advisor for the PBS KIDS television series Dinosaur Train. His passion is to make childhood an incredible adventure for our kids. His new book is a great guide for all of us who have, or who work with youngsters. It's HOW TO RAISE A WILD CHILD: The Art and Science of Falling in Love with Nature.

www.scottsampson.net

2. Laura Allen is the author of 'The Water-Wise Home. How to Conserve, Capture, and Reuse water in Your Home and Landscape'. We know that water and drought problems are a concern in our life now. Laura helps us to consider the things we can do in our homes and yards. We know that we may see water rationing in our area this year due to the low snow pack. And the Seattle area has a number of areas where residents are already creating rain gardens, using rain barrels, using greywater--capturing water from their clothes washer and/or shower to use to water their gardens. The time to make changes is now.

www.greywateraction.org

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: May 3, 2015

LENGTH: 63:10

SHOW TYPE: Interview

ISSUES: Domestic Service, Education, Health

GUEST:
1. Sally Herme
2. Dr. Susan Ball

SHOW DESCRIPTION:

1. Sally Herme is an elder law attorney, who has worked with AARP for 25 years, and is the author of an important book--Checklist for My Family: A Guide to My History, Financial Plans, and Final Wishes. Procrastination is prevalent for many people in dealing what is critically important for each of us. Beginning at age 18, a person should already have a financial power of attorney designated.

<http://money.usnews.com/money/blogs/the-best-life/2013/03/11/reasons-to-have-that-end-of-life-conversation>

2. Dr. Susan Ball is a compassionate and dedicated woman and doctor who with her care and kindness have made a deep impact on the world. Dr. Susan Ball is the Assistant Director of the Bernbaum Unit, Center for Special Studies at New York Presbyterian Hospital. As an internist she has taken care of patients with AIDS for more than 20 years, and she has put those stories and memories in the printed word: Voices in the Band--A doctor, her patients, and how the Outlook on Aids Care Changed from Doomed to Hopeful".

www.susanballmd.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: May 10, 2015

LENGTH: 62:45

SHOW TYPE: Interview

ISSUES: Domestic Service, Crime, Education

GUEST:
1. David Strange
2. Amy Lang, Kim Estes

SHOW DESCRIPTION:

1. David Strange is an immigration attorney and professor of Immigration Law at Texas Tech University. With former Attorney General Alberto Gonzales, he has written the book: A Conservative and Compassionate Approach to Immigration Reform. He brings insights to help us get a better understanding on this important issue in the US today.

2. Amy Lang and Kim Estes, parenting experts, are the founders of the incredible 'MamaCon'. It's the best gift for mom, and one mom might just decide to give herself. This is a weekend for mom-- to learn, to network, to get pampered. This is the 4th year, and is becoming a tradition for some moms. It happens at the Embassy Suites in Lynnwood. Warm listeners were able to get a 25% discount by entering 'Warm' as a code.

www.mamacon.net

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: May 17, 2015

LENGTH: 63:25

SHOW TYPE: Interview

ISSUES: Environment, Education, Crime

GUEST:
1. Andy Lopez
2. Allison Leotta

SHOW DESCRIPTION:

1. Andy Lopez aka 'The Invisible Gardener' talks about organic gardening, water conservation, and plant nutrition. Don't toss out that morning coffee, even with cream and sugar, the plants will love it! Andy's mother is responsible for his awareness and dedication to nature. He has been helping new gardeners in California, but through his website, worldwide.

www.dontpanicgroworganic.com

2. Allison Leotta is a former federal sex-crimes prosecutor in DC, who creates compelling fiction based on her real-life experience. This time Allison turns her focus to sex abuse in a high school sports program--and she says that this new book 'The Good Killing' was inspired by the Jerry Sandusky case. In writing fiction, Allison gives us a good opportunity to discuss key elements that we need to be aware of, and be willing to discuss, particularly to keep our kids safe.

Allison was in Seattle and Bellevue May 19 for book signings and conversation.

www.allisonleotta.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: May 24, 2015

LENGTH: 64:05

SHOW TYPE: Interview

ISSUES: Charity, Domestic Services

GUEST:
1. JD Dollinger
2. Martha Ertman

SHOW DESCRIPTION:

1. JD Dollinger is a volunteer extraordinaire for the Relay for Life. It began 9 years ago and he's still very active in many of the walks around the state and the country. 'Relay for Life' is either a 12-hour or 24-hour event that celebrates cancer survivors, remembers those who are no longer with us, provides education, and support, and is a major fundraiser for the American Cancer Society and cancer research. JD shares stories of the great strides that have been made in just the last 3 decades. Relay for Life originated in Tacoma in 1985, begun by Dr. Gordon Klatt. www.relay.org, www.cancer.org

2. Martha Ertman is a family and contracts law professor in Maryland. This experience has led her to writing a great new book: Love's Promises: How Formal and Informal Contracts Shape All Kinds of Families. Martha's writing style is engaging as she shares her own story (having a baby and including the father and a new mother in her son's life) and we find common sense, building of deeper connections, and potentially a way to truly create understanding and compassion in all our relationships. Martha was in Seattle then end of May for a reading and conversation.

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE:

May 31, 2015

LENGTH:

63:40

SHOW TYPE:

Interview

ISSUES:

Environment, Youth, Education

GUEST:

1. Laura Allen
2. Dr. Tovah Klein

SHOW DESCRIPTION:

1. Water and the challenges facing us now are a major focus for Laura Allen, the founder of Greywater Action, a nonprofit organization helping people understand about reusing water from our homes-- from the shower and the washer, to use in our landscape. It's not just a nice idea; we need to seriously think about water conservation. Laura gives easy to follow instructions in her book "The Water-Wise Home. How to Conserve, Capture, and Reuse water in Your Home and Landscape".

www.greywateraction.org

2. An important focus on toddlers--Dr. Tovah Klein is the Director of the Barnard College Center for Toddler Development. She is the author of HOW TODDLERS THRIVE: What Parents Can Do Today for Children Ages 2-5 to Plant the Seeds of Lifelong Success". Dr. Klein has dedicated more than 30 years to her study and research, as well as having raised her own children.

www.tovahklein.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: June 7, 2015

LENGTH: 64:05

SHOW TYPE: Interview

ISSUES: Environment, Domestic Services

GUEST:
1. Margaret Ullman-Hess
2. Kristy Woodson Harvey

SHOW DESCRIPTION:

1. Margaret Ullman-Hess is the Communications Manager of the "Mountains to Sound Greenway, a unique and incredible landscape of 1.5 million acres extending from Puget Sound along I-90 to Ellensburg. This year is its 25th Anniversary and to celebrate anyone can join the Trek, July 11-19—days of biking and hiking, you can do the entire 9 days or choose 1 or 2. It's nature in our backyard, and we can get out and enjoy it every day-- the incomparable views and vistas along lakes and streams, and from mountain tops.

www.mtsgreenway.org

2. Kristy Woodson Harvey is a writer and now first time published author. The theme of dreams and goals parallels Kristy's life, that at 29 she is thrilled to see her novel "Dear Carolina" in print. Not is it just a great summertime read, women will resonate to the other themes of family--the various forms of family we create, adoption, friendship, addictions, and even fashion. Set in eastern North Carolina, in her new home town, where organic farming and farmers' markets are the way of life, it's like another character in the story.

www.kristywoodsonharvey.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: June 14, 2015

LENGTH: 63:35

SHOW TYPE: Interview

ISSUES: Health, Education, Domestic Service

GUEST:
1. Dr. Nicole Avena
2. Anne Wilson

SHOW DESCRIPTION:

1. Dr. Nicole Avena is a research neuroscientist, author and expert in the fields of nutrition, diet and addiction. Her new book: *What to Eat When You're Pregnant--A week by week guide to Support Your Health and Your Baby's Development*, is naturally important for the pregnant mom, but it is also solid nutritional information for anyone. In the last phase of writing her book, Dr. Avena was pregnant, and able to validate her research.

www.drnicoleavena.com

2. Anne Wilson is a strong and powerful leader. She graduated from the Naval Academy, and flew helicopters for 9 years, some of the time on air craft carriers. She received the Helicopter Aircrew of the Year by the Naval Helicopter Association for rescuing 13 people from a raging flood in Yosemite. She and her husband are tri-athletes and have found a triathlon coaching business in Arizona. Many aspects of Anne's adventurous life have found their way into her first novel "Hover". !

www.anneawilson.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: June 21, 2015

LENGTH: 63:20

SHOW TYPE: Interview

ISSUES: Environment, Education, Health

GUEST:
1. Ali Berlow
2. Dr. Susan Greenhalgh

SHOW DESCRIPTION:

1. Ali Berlow is the founder of Island Grown Initiative, a grassroots nonprofit on Martha's Vineyard. Ali is also an author, and her new book is "The Food Activist Handbook: Big & Small Things You Can Do to Help Provide Fresh, Healthy Food For Your Community". It's an easy guide to help us do similar kinds of things in our community, helping us to eat healthily. As well as be an agent of change--so everyone has access to good nutrition!

www.aliberlow.com

2. Dr. Susan Greenhalgh is a Professor of Anthropology at Harvard University. It's from this unique perspective that she approaches the important topic of weight--fat, obese, too skinny, overweight, in her new book "Fat Talk Nation: The Human Costs of America's War on Fat". She shares 45 first hand stories that are primarily from young people, about their experience with weight. The insights are sure to help family members as well as teachers and medical staff.

www.fattalknation.com

**SUNDAY MORNING MAGAZINE
&
INSPIRATIONAL WOMEN
KRWM - BREMERTON / SEATTLE**

AIRDATE: June 28, 2015

LENGTH: 64:10

SHOW TYPE: Interview

ISSUES: Charity, Domestic Service, Health

GUEST:
1. Cori Walters, Karl Lindor
2. Dr. Sharon Dobie

SHOW DESCRIPTION:

1. Cori Walters is the Executive Director of the Issaquah Food & Clothing Bank. Karl Lindor is with Windermere Real Estate on the Eastside and has carried on the tradition of a July 4th fireworks extravaganza on Lake Sammamish. These 2 community leaders met and a synergistic collaboration resulted. All donations are being directed to the Issaquah Food & Clothing Bank, and Karl and his group are matching to \$5000.00. This will allow the Charity to upgrade their refrigeration/cooling system. This partnership demonstrates a great model for other organizations.

www.issaquahfoodbank.org

2. Dr. Sharon Dobie is Professor in the Department of Family Medicine at the University of Washington where she practices full spectrum family medicine, and teaches medical students and residents. In her work, she is patient-centered. As a mother, she is naturally family centered, and now her older son, Matthew, is dealing with a serious auto immune disease and is in need of a bone marrow transplant. Matt is bi-racial, and thus in a population with a low representation on the Registry list. Together with friends they are hosting a number of Bone Marrow Registries, one happening at St Therese Parish in Seattle's Madrona neighborhood, and another at Immaculate Conception Parish. Or register online at www.bethematch.org It's really possible to save a person's life.