

January 2, 2021

Dear Affiliate Partner:

To assist you in complying with the reporting requirements for children's television and the requirement that stations air "core" educational and informational children's programming, we are providing you with episode-specific descriptions ("**The More You Know**" educational and informational programming block) as set forth in the attached Quarterly Children's Programming Report for the 4th quarter of 2020. Please note that we have not included the specific dates and times for each of the programs as that information may be station-specific.

This report is divided into the following categories:

1. Educational Objectives and Show Summaries: **The More You Know** both for programs broadcast in the 4th quarter of 2020 and those planned for the 1st quarter of 2021.
2. Core Programming: Regularly scheduled programming furnished by the NBC Network that is specifically designed to serve the educational and informational needs of children ages 13-16. Each of these programs is identified on-air as educational and informational with the "E/I" icon and is similarly identified to the national listing services. Please note that the target age range for **The More You Know** programming is identified as 13-16 years old.
3. Other Programming: Programming furnished by the NBC Network that contributes to the educational and informational needs of children 16 and under, but is not specifically designed to meet the educational and informational needs of children.
4. Public service announcements targeted to children 16 and under.
5. Non-broadcast efforts that enhance the educational and informational value of NBC Network programming to children.

The regularly-scheduled children's programming and promotional content furnished to you by the NBC Network during the 4th quarter of 2020 complied with the commercial limits of the Children's Television Act, and 47 C.F.R. §§ 73.670(a)-(d), provided that you broadcast and distributed such programming as furnished to you by NBC, and did not add any promotional or advertising content thereto other than as directed by NBC via weekly postings on APT.

Despite the recent revisions to the Children's Television Programming Rules we will continue to provide this report on a quarterly basis. Please consult your legal counsel with any questions.

If you have any questions about this report, please feel free to call us.

Karen Peled
NBCUniversal Media, LLC
VP, Legal, Affiliate Relations
(347) 401-2734
karen.peled@nbcuni.com

Note Regarding FCC's Video Description Rules: The programs supplied in **The More You Know** block are video-described to provide a better viewing experience for blind or visually impaired children.

4th QUARTER 2020
EDUCATIONAL OBJECTIVES and SHOW SUMMARIES
[AGE TARGET 13-16]
October 1, 2020 – December 31, 2020

In the 4th Quarter of 2020, NBC continued airing The More You Know Educational/Informational programming block, designed for older adolescent children, ages 13-16. Each of the six shows has a hosted format, featuring non-fiction, informative programming that extends NBC's iconic The More You Know brand to Saturday mornings. The audience views inspiring stories about the environment, social change, health and wellness, and community engagement. There continued to be two half hours of *Earth Odyssey with Dylan Dreyer*. Beginning in the 4th Quarter of 2020, stations had the option of airing the final hour of the block (*The Voyager with Josh Garcia* and *Vets Saving Pets*) on their primary channel or on their secondary D2/D3 channel.

EARTH ODYSSEY WITH DYLAN DREYER

Earth Odyssey with Dylan Dreyer is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. Earth Odyssey with Dylan Dreyer will take viewers on an incredible journey to the wildest points on the globe, uncovering the connection between the environment, the wildlife, and the human beings that surround them. Hosted by Meteorologist Dylan Dreyer, Earth Odyssey with Dylan Dreyer will reveal a new destination each week, ranging from Africa, Indochina, the Middle East, and many untamed islands around the world. Audiences will come face-to-face with fascinating native animals, some cute and some dangerous, while educating teen viewers with amazing facts about nature and wildlife. Earth Odyssey with Dylan Dreyer gives audiences a captivating look at the symbiosis between all living things, in the most larger-than-life places on Earth.

A NEW LEAF

A New Leaf is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. Hosted by Daisy Fuentes, A New Leaf will follow everyday people on the cusp of key life inflection points, using family history, genealogy, and sometimes DNA analysis to help guide them on their journey of self-discovery. Along the way, viewers will learn about different cultures as our featured guest uncovers new information about their family's heritage. Each week, A New Leaf will teach viewers the importance of appreciating and understanding their family history in order to make important decisions to enact positive changes in their lives.

THE CHAMPION WITHIN

The Champion Within is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. The Champion Within features the powerful and inspiring stories that exemplify what it really means to be a true champion. Hosted by Lauren Thompson, the series

introduces viewers to people who have overcome obstacles while leading transcendent moments from the world of sports. From beating the odds to play the game they love, to giving back to the communities that supported them, the featured athletes will share their own stories and personal triumphs. Viewers will learn the value of good sportsmanship, and the dedication it takes to excel at the highest level. Win or lose, *The Champion Within* proves that a champion is not only defined by their speed, strength, and agility, but by their grit, resiliency, and heart.

THE VOYAGER WITH JOSH GARCIA

The Voyager with Josh Garcia is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. *The Voyager with Josh Garcia* takes viewers on an exciting and immersive journey around the globe with world traveler and host, Josh Garcia. Each episode gives audiences access to the world's most incredible destinations as Josh seeks out the truly authentic experiences one can only find when shown by a knowledgeable and passionate guide. In each episode, Josh learns how to prepare an authentic, regional meal, visits a local artisan to learn about their trade and craft, and samples the culture while learning about the heritage of the region's population, showing viewers what is so unique about each city he visits. *The Voyager with Josh Garcia* brings viewers on an enthralling adventure to explore the people and cultures that make our world so breathtaking.

VETS SAVING PETS

Vets Saving Pets is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. *Vets Saving Pets* examines the interpersonal stories of veterinary professionals working to save the lives of animals in need of urgent medical care. *Vets Saving Pets* takes place at the Emergency Veterinary Trauma Center in Toronto, one of the busiest veterinary facilities in Canada. Each week, viewers will be exposed to new emergency cases that will teach audiences about a wide array of specialties within veterinary medicine such as critical care, oncology, cardiology, neurology, anesthesiology, dermatology, dentistry, and surgery. Audiences will witness first-hand the dedication and determination of these veterinary specialists as they work tirelessly to save their animal patients.

1st QUARTER 2021
EDUCATIONAL OBJECTIVES and SHOW SUMMARIES
[AGE TARGET 13-16]
January 1, 2021 – March 31, 2021

In the 1st Quarter of 2021, NBC will continue airing *The More You Know* Educational/Informational programming block, designed for older adolescent children, ages 13-16. Each of the six shows has a hosted format, featuring non-fiction, informative programming that extends NBC's iconic *The More You Know* brand to Saturday mornings. The audience views inspiring stories about the environment, social change, health and wellness, and community engagement. Two new series will be joining the lineup and one former series will be returning in the 1st Quarter of 2020. New series *Wild Child* will be replacing the second half hour of *Earth Odyssey with Dylan Dreyer* and *One Team: The Power of Sports* will be replacing *The Champion Within*. Returning series *Roots Less Traveled* will be replacing *A New Leaf*. Stations will continue to have the option of airing the final hour of the block (*The Voyager with Josh Garcia* and *Vets Saving Pets*) on their primary channel or on their secondary D2/D3 channel.

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WILD CHILD

Wild Child is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. Wild Child will take viewers on an adventure to meet the cutest, most curious, most fascinating baby animals on the planet. Along the journey, audiences will witness the incredible bond that exists within the animal kingdom between parents and their children. Hosted by Sheinelle Jones, Wild Child will reveal how these untamed youngsters are born, how they play, and how they learn to survive in the wild. Each week, viewers will witness a wide variety of wild animal children in their first years on Earth as they overcome environmental challenges and threats from predators.

ROOTS LESS TRAVELED

Roots Less Traveled is a live action, half-hour television program designed to meet the educational and informational needs of children aged 13-16. Roots Less Traveled follows two family members, often from different generations, as they gain a newfound understanding and respect for each other on their quest to learn more about their family history. Each week on Roots Less Traveled, a new pair will set out on an adventure to solve a mystery in their family tree. From rumors of a relative who sailed on the Titanic, to stories of homesteaders forging a new path for future generations, our duo discovers the truth behind the tales that have been passed down in their family, while our viewers learn the personal stories behind notable historical moments. Viewers will be taken on a literal journey to unique places around the globe, learning more about the culture and history of these significant locations and events that happened there. Throughout this experience, we will witness these family members grow closer as they gain wisdom not only about themselves, but also about how their past has helped shape their present.

ONE TEAM: THE POWER OF SPORTS

One Team: The Power of Sports is a live action, half hour television program designed to meet the educational and informational needs of children aged 13-16. One Team: The Power of Sports features stories that focus on diversity, inclusion, and how sports often bring people together for a common goal that goes beyond the playing field. Hosted by Corey Robinson, this series shines a light on people who have used sports to overcome obstacles or to help their community. Viewers will learn the value of acceptance, and how everyone deserves a fair shot in life. No matter the level of competition, One Team: The Power of Sports demonstrates the impact sports can have on people, regardless of their gender, background, or the color of their skin.

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“CORE PROGRAMMING”

**PROGRAMMING FURNISHED BY THE NBC NETWORK THAT IS SPECIFICALLY
DESIGNED TO SERVE THE EDUCATIONAL AND INFORMATIONAL NEEDS OF CHILDREN
16 AND UNDER**

[AGE TARGET 13-16]

October 1, 2020 – December 31, 2020

Airdate: 10/3/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

VIETNAM [EDD101]

Today on Earth Odyssey, host Dylan Dreyer takes us on an excursion to the lush tropical landscape of Vietnam. Situated on the Easternmost rim of the Indochina Peninsula, we'll discover that Vietnam is one of the most bio-diverse countries in the world. We'll learn that Vietnam's dense tropical forests cover almost half of the country, and that approximately 10 percent of the world's animal species live in this region. But we'll discover how this environment was not always thriving. In the 1960's, the Vietnam War destroyed almost one-fifth of the rainforests, leaving scores of animals fighting against extinction. But today, Mother Nature has fought back and these tropical jungles are once again thriving. Next, we'll travel into the lowlands in search of yellow-cheeked gibbons. These monkeys are famous for the loud, odd sounding melodies they use to mark their territories. We'll discover that these monkeys are also some of the best tree

swingers on the planet, reaching speeds of up to 25 miles an hour as they swing up to 50 feet from branch to branch. Next, we'll meet one of the rarest species of primates who were once thought to be extinct, the Hatinh Langur. We will learn about their strange social structures, their eating habits, and how they have made an unlikely home in the limestone caves in the cliffs of Halong Bay. Finally, we'll travel to the Son Tra Primary Forest, home to the red shanked douc, one of the most beautiful and colorful monkeys in the world. We'll discover that these highly social primates live in groups of up to 15 members. Despite the fact that they were almost driven into extinction, they now thrive because their home has been deemed a No-Entry Zone to the public since the end of the Vietnam War.

[Educational Message: The rainforests of Vietnam are an example of the true resilience of the natural world. Plants and animals have made an incredible resurgence since the Vietnam War. We must always protect our environment for generations to come.]

Airdate: 10/3/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

HEBRIDES [EDD102]

Today on Earth Odyssey, host Dylan Dreyer takes us on an adventure to the mysterious Hebrides archipelago off the Northern coast of Scotland. Known as "Europe's Last Wilderness" and isolated from the mainland, this island chain has become the perfect breeding ground for millions of creatures. First up, we'll travel to the Outer Hebrides chain that hosts one of the largest gatherings of grey seals on the planet. We'll discover that each year over 35,000 of these aquatic mammals arrive on the isolated shores to mate and give birth to new pups. Here we'll learn that more than 9,000 pups are born in this region each year. Next, we'll journey inland to the Island of Rum to witness one of the largest deer in the world, the red deer. We'll learn that adult males typically weigh around 450 pounds and stand nearly 6 and a half feet tall. We'll witness as these massive bucks fight aggressively with their mighty antlers to win mating rights for the island's female population. Finally, we explore one of the region's most mysterious animals, Ancient Man. We'll discover that it is believed man reached the islands over 6,000 years ago during the Iron Age. We'll learn that these ancient humans brought along with them primitive sheep that still roam the countryside today. We'll also explore the ancient stone dwellings that were carved into the landscape, and see towering stone monuments whose mystical origins still baffle experts today.

[Educational Message: The world we recognize today is billions of years in the making. The amazing plants and animals living on Earth deserve our respect and protection.]

Airdate: 10/3/2020

Time:

Duration: 30:00

A NEW LEAF

A FAMILY LOSS [ANL106]

Today on A New Leaf, after the sudden loss of his mother, Craig Victor vowed to learn more about his family tree, for himself and his siblings. With the help of host Daisy Fuentes, Craig starts digging into his family history. He soon discovers several things about his ancestors that he didn't know, and can't wait to share them with his family. As Craig embarks on his journey to discover more about his past, he would like to know more about his parents' relatives and their family's journey to America. Craig soon discovers that his family on his mother's side were in the garment business in New York City during the early 1900's. Inspired by this revelation, Craig visits a working textile factory to learn more about what life was like for garment workers during that time. Craig discovers that early textile factories were unventilated and extremely hot due to the large machinery, which led to the term "sweatshop." However, after a tragic fire that became one of the deadliest workplace disasters in history, new reforms and regulations would change the industry and create safer work environments for Americans. Moved by these fascinating historical facts of his family's past, Craig now has the information he needs to share with his siblings.

[Educational Message: Connecting with your family past can help ground you in the present. After losing both of his parents, Craig was determined to fill in the gaps of his history and learn more about his family tree. By discovering the fascinating details of his past ancestors, Craig is now able to share this information with his siblings. This experience will help provide a new outlook on life and strengthen his bond with his siblings.]

Airdate: 10/3/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

LEAD WITH SPEED [HOC401]

First, we learn how hockey player Jaden Schwartz makes an impact in his community. Off the ice, he helps those in need of a bone marrow transplant after losing his sister to leukemia. Marrow is the sponge-like material inside bone, and bone marrow cancer occurs when cells in the marrow begin to grow abnormally or at an accelerated rate. Next, we meet childhood best friends and Indycar drivers James Hinchcliffe and Robert Wickens. We hear how they stay positive and motivated after both experiencing life-threatening accidents, one of which left Robert paralyzed from the waist down. Then, we learn how Olympic sprinter Noah Lyles balances his two passions, running and art. Sprinters use spikes with no cushioning because all of their running is done on the ball of their foot. Lastly, we learn how golfer Brad Dalke worked hard to eventually become the youngest recruit in college golf history. A minimum GPA of 2.3 is needed to be academically eligible for an NCAA Division 1 scholarship.

[Educational Message: Don't let tragedy define you; the ability to stay positive and adapt to situations can help you achieve your goals. Viewers learn about the importance of helping others, how to stay positive and motivated during tragedy, the importance of having versatility and outlets to express yourself, and what it takes to become a college golfer.]

Airdate: 10/3/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

COOL CABO [VJG302]

Host Josh Garcia spends the day ashore in Cabo San Lucas, Mexico. First, he visits an artisanal glass factory and tries his hand at this art form with the help of a master glassblower. Glass can be recycled to produce

new glass. Once the recycled glass is washed and crushed, it's melted by 2,000 degrees of heat until it takes on a pliable state. Glass is an amorphous solid, neither a solid nor a liquid. Josh observes as the hot, pliable glass is blown, shaped, and cut into art. Next, Josh kayaks with a guide to the famous El Arco landmark that sits on top of an underwater mountain range that contributes to the marine life. The Sea of Cortés supports more than 900 varieties of fish. Five hundred years ago, El Arco became an important navigational tool for ships traveling from the Far East running low on their water supply. Sailors knew that finding the arch was an indicator that fresh water was near. Finally, Josh visits a chef at his organic farm where he learns how to prepare a traditional salsa molcajete. Molcajete is a traditional stone mortar and pestle. Josh picks the ingredients himself from the farm, including onions and vine-ripe tomatoes. Salsa can be traced back to Aztec marketplaces as early as the mid 1300s. Josh prepares the ingredients once they are roasted to be ground in the molcajete, and then the salsa is ready to eat. Josh then shares in preparing a full, traditional Oaxacan meal. Oaxaca is a state in southern Mexico known for its indigenous cultures.

[Educational Message: Trying an outdoor activity for the first time might seem intimidating, but if you learn correct form and safety from a professional, you'll have the tools to get started.]

Airdate: 10/3/2020

Time:

Duration: 30:00

VETS SAVING PETS

THE SAGA BEGINS [VSP101]

Today on Vets Saving Pets, the vets are visited by a rescue puppy with a nagging knee problem, a Bengal cat that can't seem to pounce, and a bulldog with chronic eye issues. First up, Luke the puppy is visiting the Veterinary Emergency Clinic with a limping problem. Dr. Boyd, the clinic's veterinary surgeon, performs an exam and determines that the canine's kneecap has been slipping out of place. After an X-ray confirms the diagnosis, Dr. Boyd will need to perform surgery on the puppy to realign the kneecap in the proper position. For this procedure, Dr. Boyd will utilize a special implant and pins to secure the kneecap in place. Here we learn more about the delicate and precise skills required for surgeons to successfully treat their animal patients. Next, a pet Bengal cat named Simba arrives at the clinic suffering from mobility issues. Dr. James, the clinic's veterinary neurologist, meets with Simba and quickly determines that the cat's peripheral nerves are being severely affected. Dr. Boyd recognizes this condition to be common in this breed of cat and prescribes corticosteroids to help restore Simba's mobility. Finally, a bulldog mix named Honey visits the clinic with complications from an entropion condition. We'll learn that entropion occurs when the eyelid rolls inward against the eyeball, resulting in severe irritation and vision problems. Today, the clinic's ophthalmologist, Dr. Gray, will need to perform surgery to prevent the entropion from causing further damage, even blindness. Dr. Gray will have to carefully remove the excess skin from Honey's eyelids and suture them in the correct location to avoid any reoccurrence of the entropion.

[Educational Message: Veterinarians can specialize in many different areas of medicine, such as critical care, oncology, cardiology, neurology, anesthesiology, dermatology, dentistry, surgery, and more. Education is critical to the success of these specialists. Working in the veterinary field is a rewarding career path but will require much skill and dedication.]

Airdate: 10/10/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

GALAPAGOS [EDD103]

Today on Earth Odyssey, host Dylan Dreyer takes us on an adventure to the Galapagos Islands. A volcanic hotspot off the coast of South America, the Galapagos Islands are a living museum and showcase of evolution. We'll learn more about the 19th century botanist Charles Darwin, and how he used the Galapagos Islands as his own laboratory. We'll follow Charles Darwin's trail to see how he studied the evolution of animals and plants on these islands. We'll take a closer look at the bizarre and beautiful species that Darwin studied, from the prehistoric giant tortoises to the blue footed boobies. On our journey, we will see how each species adapts and finds a way to survive, despite the unforgiving conditions of these volcanic islands. Next, we'll find that some islands in the Galapagos are still harboring active volcanoes. We'll get an up-close look at the volatile world of Fernandina, Galapagos' youngest island. Fernandina's plants and animals must cope with the constant threat of volcanic eruptions. Living within a hostile land environment, we'll meet the only lizard in the world that's learned to fish for its dinner, the marine iguana. To brave the ocean currents, these cold-blooded reptiles spend time warming their bodies on sun-kissed rocks before taking the plunge. Each fishing trip for these creatures is a race against time. We'll discover how marine iguanas evolved over time to make the most of their underwater meal. Finally, we'll hop over to the older Galapagos islands with less volcanic activity. We'll learn how their stable environment is creating an opportunity for a more diverse and abundant wildlife scene.

[Educational Message: We witnessed first-hand how Dr. Charles Darwin's visit to the Galapagos Islands shaped our understanding of our natural world. Adaptation and evolution play an important role in our survival. We must always seek knowledge to understand more about the world around us.]

Airdate: 10/10/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

CHINA [EDD104]

Today on Earth Odyssey, host Dylan Dreyer takes us on an exploration of a hidden oasis known as the Yunnan, in Southwest China. We'll discover that this remarkable region consists of lush valleys, tropical forests, and some of the most rugged mountain peaks on earth. With its wide array of landscape and climates, we'll learn that it is the perfect home for approximately half of China's birds and mammals. With a vast range of climates, we'll discover how these creatures have learned to adapt and survive in vastly different environments. First, we'll begin our journey in the lowland forests of the Yunnan, home to one of the biggest monkeys in Asia, the Chinese stump tailed macaque. We'll discover how these highly social primates live in groups of around fifty individuals, and how the fertile evergreen forest provides all the food and water they need to survive. We'll follow these fascinating primates to learn about their eating habits, their social structure, and their daily fight for survival. Next, we'll make a trek up to the top of the Hengduan Mountains to meet a mysterious group of primates who inspired the legend of the abominable snowman. In truth, these strange looking primates are actually known as snub-nosed monkeys. We'll discover how these creatures have adapted and learned to survive in the frigid, snowy mountains. Not to mention, we'll witness how snub-nosed monkeys are some of the most breathtaking tree swingers on Earth. Here we'll learn how there are four types of primate locomotion such as vertical clinging, quadrupedal, brachiation, and bipedalism. Finally, we will meet a group of fishermen who, for a thousand years, have trained and used the hunting skills of cormorant birds to help them fish the mighty rivers of the Yunnan.

[Educational Message: Nature can be an unforgiving environment, and we must always respect its beauty and power. We should always seek to learn new ways to adapt to changes in our world in order to thrive and survive.]

Airdate: 10/10/2020

Time:

Duration: 30:00

A NEW LEAF

A FAMILY REUNION [ANL107]

Today on A New Leaf, Lauren and her husband have given their young sons a real connection to their dad's Trinidadian roots, but Lauren wants them to know her family history, too. With help from host Daisy Fuentes, Lauren can finally clear up the mystery surrounding her great-grandfather's adoption, and discover a surprising heritage, which amazes generations young and old at her family reunion. As Lauren begins her journey of discovery, she would like to know more details about her great-grandfather, as well as her potential Native American or Mexican roots. After diving deep in her family history, Lauren discovers that her great-grandfather was actually from New Mexico. Once living as part of the Genizaros community, Lauren confirms her great-grandfather was of Spanish and Native American descent. Moved by this revelation, Lauren visits with a historian to learn more about her connection to the Genizaros community. We'll discover that historians estimate that Genizaros accounted for as much as one-third of New Mexico's population in the late 18th century. Lauren will learn that her great-grandfather and other relatives were likely sheep herders. Here Lauren will get a glimpse into the past and learn more about daily life during that time.

[Educational Message: By discovering more about our past we can connect more with the present. Lauren sought to find out more about her roots so that she could share it with her family. A better understanding of your past can help you form stronger bonds with your family in the present.]

Airdate: 10/10/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

SWIMMING WITH A PURPOSE [HOC402]

First, we learn how swimmer Brad Snyder adapted to being blind after suffering life threatening injuries in the Army, and how his acceptance and perseverance helped him to win a gold medal swimming in the Paralympics. Swimming was one of the original sports in the Stoke Mandeville Games, the first modern Paralympic Games started by Sir Ludwig Guttmann in Rome in 1960. Next, we meet two junior golfers from Minnesota, Bella Leonhart and Ryder Carlson, and see how they each are driven to perfect their golf game even in the harsh Minnesota winters. Cold weather makes muscles tighten up, which reduces flexibility and the ability to drive a golf ball long distances. Then, junior golfer Mackenzie McRee discusses living with scoliosis and how it was a setback from her golf dreams; but with hard work and determination, she overcame the pain and bullying and finally qualified for the Drive, Chip, and Putt Championship. Scoliosis is a medical condition in which the spine is curved in an "s" or a "c" shape. Lastly, we learn how race car driver Joey Logano is impacting the lives of sick children by including them in the raceday action and giving them unforgettable experiences.

[Educational Message: Don't allow a setback to prevent you from achieving your goal. Viewers learn about how to deal with adversity, what it takes to succeed as a junior golfer, and the importance of giving back to those experiencing hardships.]

Airdate: 10/10/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

MEDIEVAL MALTA [VJG313]

Host Josh Garcia voyages to the island country of Malta, where his ship docks in the beautiful capital of Valletta. First he visits a spice shop and learns how a Moroccan spice blend has influenced Maltese cuisine. Ras el Hanout is an Arabic phrase meaning “a mixture of spices.” Then, Josh gets a lesson in the sport of abseiling on Malta’s coastal cliffs. The name of the sport abseiling comes from the German word, “abseil,” meaning “to rope down.” Josh learns safety protocols around this sport, and learns how to use a locking carabiner, a coupling link with a spring-loaded safety closure. Josh completes his training before abseiling his way to descend the 180 foot Blue Grotto, also called “Il-Hnejja,” meaning “the arch” in Maltese. The Blue Grotto is a collection of sea caves known for colorful reflections on the walls and water. Then, he meets a local chef who teaches him how to make Malta’s classic fish soup– Aljotta. Aljotta comes from the Italian word “aglio,” meaning garlic. Malta has been conquered by many different groups of people over its history, and Malta has adapted to many cultures as a result. From the Turks to the French to the Italians to the North Africans, those influences are all present in Malta’s cuisine. Finally, at Fort St. Angelo, Josh tours the palace museum to learn about the history of the Knights of Malta, who ruled from 1530-1798. The Knights of Malta’s most famous defense against the Ottomans is known as the Great Siege of Malta in 1565. Josh suits up for a lesson in historic sword-fighting to learn the basics these knights left as a tradition.

[Educational Message: Nature is the earth’s original technology. For example, historically, the limestone cliffs that surround this island country are nature’s natural barrier, creating coves and caves for exploration and passage by water into the island.]

Airdate: 10/10/2020

Time:

Duration: 30:00

VETS SAVING PETS

OLD FRIENDS [VSP102]

Today on Vets Saving Pets, a long-time canine patient’s heart is beating at an elevated rate, a Shih-Poo puppy’s hind legs aren’t working, and a Yorkshire terrier is suffering from throat problems. First up, a familiar patient named Rusty arrives at the Veterinary Emergency Clinic to have a check-up on his heart. Rusty was previously diagnosed with an arrhythmia, a condition in which the heart beats with an irregular or abnormal rhythm. Today, Dr. Williams, the clinic’s cardiologist, will be performing an electrocardiogram to confirm if Rusty’s condition has improved, or worsened. Here we learn that an electrocardiogram is a test that measures the electrical activity of a heartbeat. After the exam, Dr. Williams is concerned that Rusty’s heart rate has become abnormally high and determines that he will stay overnight at the clinic for further monitoring and testing. Next, a Shih-Poo named Niko arrives at the clinic having trouble moving his hind legs. Dr. James, the clinic’s neurologist, visits with Niko to figure out the cause of his mobility problems. Dr. James performs X-rays on Niko that reveal narrow disc space in the dog’s spinal cord. Due to the high-risk surgery needed to treat the condition, Dr. James will also perform a computerized tomography scan, or

CT scan, of the spinal cord to confirm the exact location of the disc contusion. We learn that a CT scan provides more detail by combining a series of X-rays that create a cross-section image of bones, blood vessels, and soft tissue inside the body. Once confirmed, Dr. James performs the delicate surgery needed to decompress Niko's spinal cord and restore mobility to his legs. Finally, a small Yorkshire terrier named Mia visits the clinic suffering from a collapsed trachea that's preventing her from breathing. Dr. Boyd, the clinic's surgeon, will be treating Mia with a tracheal stent to help Mia breathe easier. The tracheal stent, a tubed-shaped implant, will be surgically inserted into Mia's throat to help open her airway and prevent the issue from recurring.

[Educational Message: Veterinarians must have passion and empathy for not only their animal patients but the patient's owners as well. Veterinarians working in emergency animal medicine are often faced with serious and severe cases. Learning how to effectively communicate and empathize with pet owners is an important skill for a successful veterinary career.]

Airdate: 10/17/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

CARIBBEAN [EDD105]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to the Caribbean Islands. We'll discover that the Caribbean Islands are a string of more than 7,000 islands between North America and South America. First up, we'll learn about the violent beginnings of the Caribbean Islands, and how volcanic eruptions shaped the land many years ago. We'll witness how the fertile volcanic soil on the islands soon created lush, tropical forests full of wildlife. Next, we'll learn more about the leatherback sea turtles that call the Caribbean home. The largest of all sea turtle species, we'll discover that the leatherback can grow to roughly six feet in length and weigh as much as a small car. Next, we'll learn how sunken ships get a second life as man-made reefs for numerous species of coral and marine life. We'll also discover how the Caribbean Islands are located in "Hurricane Alley," making this region more vulnerable to powerful natural events. We'll find out where the animals retreat to when they are caught up in the storms, and how they rebuild once the weather passes. Next, we'll meet the National Bird of Trinidad, the scarlet ibis, and find out where their unique color comes from. Here we'll learn that the scarlet ibis gets its unique color from its diet, which consists primarily of crabs rich in the pigment, carotene. We'll discover that the scarlet ibis is actually born with grey feathers, earning its flashy red color over time. Finally, we'll learn about the hummingbirds that are found throughout the Caribbean Islands. We'll discover that their hearts work like an engine, beating up to five hundred times per minute. To keep their energy up, they need to feed constantly. Always on the move, we'll learn that hummingbirds will consume almost three times their body weight every day.

[Educational Message: A habitat of extreme climates and conditions requires clever adaptation and determination for survival. We should always respect and appreciate the beauty and power of nature.]

Airdate: 10/17/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

TURKEY [EDD106]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to Turkey. Wedged in between Europe and the Middle East, we'll discover why Turkey is a country of extreme temperatures and landscapes. In Turkey, conditions can quickly deteriorate with heavy downpours, blinding snowstorms, and even burning heat. We'll find out how this country's largest land mammal, the brown bear, copes with such a hostile environment. Here we'll learn that two layers of fur protect the brown bears from harsh weather. Next, we'll go rock climbing with Turkey's Anatolian wild goats, considered one of the best mountaineers in the world. We'll follow a group of wild goats as they trek alongside thousand-foot cliffs. Here we'll discover how the wild goats have uniquely adapted hooves and eyesight that allow them to traverse these great heights. Next, we'll journey to the wetlands of Turkey and witness a thriving ecosystem fed by the rich minerals of the volcanic earth. Here we'll find some of the most colorful birds in the world, including the bright pink greater flamingos. We'll witness first-hand how these long-limbed birds fish for shrimp in the salty waters. Here we'll learn how the flamingos get their name from "Flamenco," a Latin word meaning fire. Finally, we'll visit the wild beaches of Turkey and learn more about the loggerhead sea turtles that nest in these areas. We'll discover that while the sandy beaches are a popular nesting spot for the turtles, there are numerous predators lurking, such as ghost crabs. As the baby loggerhead turtles finally hatch, it's a race to the open ocean waters before the crabs can catch up.

[Educational Message: We are constantly faced with new challenges and environments in our lives. Living in extreme climates requires strength and adaptation in order to ensure survival of future generations.]

Airdate: 10/17/2020

Time:

Duration: 30:00

A NEW LEAF

A GOLDEN FAMILY ANNIVERSARY [ANL108]

Today on A New Leaf, Heidi Ashcraft and her husband Daniel are about to celebrate their fiftieth wedding anniversary. She'd like to honor the occasion by sharing information about her ancestors with her children. But since her mother was adopted, there's a lot she doesn't know about her family tree. With Daisy's help, she digs deep into the past and even learns a few things about her surprising Swedish roots. As Heidi prepares for her journey of discovery, she hopes to uncover the identity of her biological grandfather, as well as learn about her DNA and ethnicity. After a deep dive into her family tree, Heidi discovers a wealth of information about her roots. After confirming the identity of grandfather, Heidi learns that he had twelve children before he died. Finally, with the help of a DNA test, Heidi is able to confirm that her ethnicity is predominantly German and Swedish. Inspired by the revelation of her Swedish roots, Heidi and Daniel visit with a genealogist to learn more about Swedish culture. Here we will discover more about the traditional foods and clothing of Swedish people. Finishing off their day with a traditional Swedish dance, Heidi and Daniel are thrilled to share this new information and experience with their family and friends.

[Educational Message: Learning more about her family's past has provided Heidi with a new focus and journey to continue on in life. Heidi embarked on this quest to share these revelations and enrich the lives of the children and grandchildren. Learning about our past can help strengthen our present.]

Airdate: 10/17/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN
PLAYING WITHOUT LIMITS [HOC403]

First, we meet a 60 and over hockey team called the Quincy bald eagles and learn how they returned to their passion for hockey after years of not playing. Next, we hear how Katie Sowers, an assistant coach for the San Francisco 49ers, worked her way to become the second woman in history to hold a full-time NFL coaching position. In 2015, Jen Welter was hired by the Arizona Cardinals and became the first female to hold a coaching position in the NFL. Finally, we hear the inspiring story of Shane Caldwell and learn how he didn't let cancer control his life by always following his heart to pursue his passion for golf-- including traveling home from St. Andrews 18 hours prior to his first round of chemotherapy. Golf has been played at St. Andrews Links for 600 years.

[Educational Message: Don't let age, gender, or illness define your limits. Viewers learn that it's never too late to pursue your passion and how the power of perseverance, despite all odds, can help you achieve your dreams.]

Airdate: 10/17/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA
MONKEYING AROUND [VJG222]

Host Josh Garcia heads to the country of Panama and transits through its famous canal, an impressive feat of modern engineering. Upon arriving, he tours the historic district of Panama City, exploring the area's beautifully preserved, old-world charm. Josh learns how the city continues to change and reinvent itself with time. Panama City is the only capital city that has a rainforest within its city limits, and Josh visits Monkey Island, where he gets up-close and personal with the country's most adorable, and sometimes mischievous, inhabitants. The white-faced capuchin is the main species that lives on this island, and is believed to be one of the most intelligent monkeys in the world. Finally, he meets the Embera people, an indigenous tribe, currently living in the Chagres National Park located 25 miles from Panama City. Josh tours their structures and learns about their traditional lifestyle in the remote regions of Panama's rainforest. The Embera tribe has lived in this exact location for over fifty-five years, and in Panama for about five hundred years.

[Educational Message: The Panama Canal is an engineering marvel, built on the narrowest part of Central America, allowing for a direct line of travel from the Atlantic to Pacific Ocean. Visiting remote locations to learn about a simpler way of life can help you gain a new appreciation for modern conveniences we often take for granted.]

Airdate: 10/17/2020

Time:

Duration: 30:00

VETS SAVING PETS
MORE BARK THAN BITE [VSP103]

Today on Vets Saving Pets, the clinic is visited by a puppy with a dental emergency, an injured poodle that was bitten by another dog, and a bulldog suffering from vision problems. First up, a puppy named Tessa visits the Emergency Veterinary Clinic with broken teeth sustained from an accident while playing fetch. Dr. French, the clinic's veterinary dentist, performs an exam and X-rays to assess the total damage to Tessa's teeth. Dr. French determines that the dog will need a root canal on one of its canine teeth in order to

avoid fully extracting the tooth. Next, a poodle named Mocha is rushed into the clinic after being attacked by another dog. Dr. Forbes, the clinic's emergency veterinarian, meets with Mocha to determine the severity of her injuries. After discovering a large lesion on Mocha's back, Dr. Forbes becomes concerned that there may also be internal injuries and potentially head trauma. Dr. Forbes performs X-rays on Mocha that reveal no major internal injuries or bleeding. Mocha will undergo surgery to carefully suture her external lesions. Finally, a feisty young bulldog named Winston arrives at the clinic for eye surgery. Winston suffers from a condition known as "cherry eyes," a disorder of the dog's third eyelid that causes the gland to prolapse and protrude. Winston has already had surgery for this condition in the past, however, the problem has returned in a short period of time. Here we learn how "cherry eyes" is a common disorder for bulldog breeds but can become serious if not treated. Dr. Gray, the clinic's ophthalmologist, will be performing the surgery to reposition the eyelid to allow it to function normally. Dr. Gray carefully utilizes two different surgical techniques to treat the condition and prevent any additional reoccurrences.

[Educational Message: When we are faced with adversity or challenges, we must never give up and always push forward. If at first you don't succeed, you must try again. A career in veterinary medicine requires hard work and dedication to succeed.]

Airdate: 10/24/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

SRI LANKA [EDD107]

Today on Earth Odyssey, host Dylan Dreyer takes us to the island nation of Sri Lanka, located near the Southern tip of India. Although roughly the size of Pennsylvania, Sri Lanka is packed with enough wildlife to rival a vast continent. Because of its unique climate, we'll find a staggering array of creatures both large and small. Here we'll learn how Sri Lanka is home to both the world's largest land and aquatic mammals, the elephant and the blue whale. First, we'll travel to the Lowland plains, which cover more than two thirds of the island of Sri Lanka. We'll discover that this region is home to over 2,000 wild elephants, one of the largest populations on Earth. Here we'll learn more about the elephant's habitat and how they prepare for the upcoming dry season. We'll also discover that, with their specialized feet, elephants can communicate with each other using seismic signals, or ground vibrations. Next, we'll journey to Yala National Park where we'll learn more about the spotted deer that inhabit the area. Here we'll learn how the spotted deer have adapted their bodies and behaviors to the tempestuous Sri Lanka climate. We'll also learn about the unique relationship between the spotted deer and native monkeys living in the park. Allies of the deer, grey langurs warn the deer of approaching predators like the ferocious Sri Lankan leopard. Next, we'll see how toque macaques have taken to the ruins of Polonnaruwa. Once the capital of Sri Lanka, Polonnaruwa is home to Parakrama Samudraya, the largest ancient man-made lake in Sri Lanka. Here we'll follow a group of toque macaques and learn more about the strict social system and hierarchy adhered to within each group. Finally, we'll learn more about mugger crocodiles and the unique relationship they have with painted storks. Here we'll discover the fascinating symbiotic relationship that exists between these two very different animals.

[Educational Message: In Sri Lanka we find examples of animals working together to ensure their survival. Symbiotic relationships are essential to many organisms and ecosystems. Relationships like these provide a balance that can only be achieved by working together.]

Airdate: 10/24/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

CAMBODIA [EDD108]

Today on Earth Odyssey, host Dylan Dreyer takes us to the watery kingdom of Cambodia. Bordered by the countries Thailand, Laos, and Vietnam, Cambodia is part of a region known as Indochina. Cambodia is home to an incredibly diverse group of wildlife, including over 120 species of mammal. Most of Cambodia is low-lying plains, with mountains in the north, and hills to the east. Nearly 2,500 miles long, the Mekong River feeds the largest inland body of water in Southeast Asia, the Tonle Sap. Home to giant carp, giant catfish, and stingrays, we learn that the Mekong River boasts more large fish species than any other river on Earth. First, we'll visit with a group of Asian elephants, which reside primarily in the eastern plains of Cambodia. Here we'll learn how elephants forage for food using a specially adapted finger-like appendage at the tips of their trunks. We'll also discover how the migration routes of elephants have been drastically impacted by human expansion and development. Next, we'll travel to the ancient Kingdom of Angkor, a city once inhabited by more than a million human residents over 800 years ago. Today, these ruins are now inhabited by troops of macaques that have made this ancient city their home. Here we'll learn about some of the amazing habits and behaviors of these wild macaques. We'll discover that in addition to cleaning their food before eating, some macaques have been observed seasoning their food with salt water. Above the ancient ruins of Angkor, the black-shanked doucs can be seen swinging from branch to branch. We'll learn that this rare and endangered species can only be found in Cambodia and neighboring Vietnam. Next, we'll visit with an Asiatic black bear that resides in the forests of Cambodia. Nicknamed the "moon bear," the Asiatic black bear sports a creamy white mark on its chest in the shape of a crescent moon. Able to walk up to a quarter mile on two legs, we'll learn that moon bears are the most bipedal of any bear species. Finally, we'll meet face-to-face with the elusive Indochinese tiger as it makes a brief appearance before retreating into the forest.

[Educational Message: Our society can have a big impact on the nature and wildlife that surrounds us. We must find ways to protect our surrounding nature and wildlife for future generations.]

Airdate: 10/24/2020

Time:

Duration: 30:00

A NEW LEAF

A DEDICATION TO DANCE [ANL101]

Today on A New Leaf, college student Nadia needs to choreograph a dance audition for her next big step - graduate school. Nadia wants to dedicate the dance to her mom, and incorporate her African American ancestry, but they need help with the details. Once they unlock the truth about her mom's paternal side, Nadia is able to hear from her ancestors...in their own words. Training to become a ballerina since a very young age, we will witness Nadia's passion and dedication as she perfects her dance performance. We'll learn that training to become a professional ballerina can take as long as fifteen years and will require much hard work. Nadia is also hoping to incorporate her African American heritage in her dance routine. We'll visit with an expert on African American culture and learn more about Nadia's roots as she prepares for her upcoming dance performance. After filling in the gaps about her family history and ancestors, Nadia is now prepared to express her true self, through dance.

[Educational Message: By learning about our past we're better able to understand ourselves and where we come from. In this episode, we witnessed Nadia and her mom uncover incredible and

emotional facts about their ancestors and family history. By learning more about her family roots, Nadia now has a greater connection to her family and culture.]

Airdate: 10/24/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

THE PERFECT PAIRINGS [HOC404]

First, we hear how Paralympian Tatyana McFadden got started in wheelchair racing, going on to become the first racer ever to win all four major marathons-- London, Boston, New York and Chicago-- in a calendar year. The motto of the Paralympic Games is "Spirit in Motion," and the term "Paralympics" comes from the Greek "para" meaning "besides or alongside," suggesting that the Games run during the Olympics. Next, we meet two junior golfers, Conner Ford and Megha Ganne, and learn how they got started in golf-- Conner wanting to make friends and Megha wanting to test her skills-- only to end up dominating at the Drive, Chip and Putt championship. Then, we hear U.S. rugby player Junior Waqavesi discuss his dreams of competing in the 2020 Olympics and how it takes more than size and strength to become the best. Rugby was invented in 1823 during a soccer game when a player picked up the ball and ran with it; the first international rugby game was played between England and Scotland in 1871. Lastly, we hear how golfer Freddie Jacobson's son, Max, bravely faced the possibility of losing his ability to play sports after being diagnosed with a rare heart condition that was only fixable with a risky surgery. The first successful open heart surgery without complications is attributed to Dr. Ludwig Rehn in 1896.

[Educational Message: Instead of letting adversity and doubt slow you down, let it be the driving force to challenge the odds. Viewers learn about wheelchair racing in the Paralympics, how to become a junior golfer, the history of rugby, and how to adjust to big changes.]

Airdate: 10/24/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

AWESOME AUCKLAND [VJG322]

Host Josh Garcia sails to one of the most visited cities in the Southern Hemisphere, Auckland, New Zealand, which lives up to its reputation as being a multicultural, laid-back urban environment that celebrates the great outdoors. Nicknamed the "City of Sails," its harbors are filled with yachts of all sizes. To get the lay of the land, Josh meets with a group of Maori dancers who proudly carry on one of their ancient traditions, the haka. The greatest concentration of Maori, an indigenous Polynesian people, resides in Auckland. It's believed the Maori explorer, Kupe, first made landfall on the North Island around 1,000 years ago. Josh learns some of the basic moves of the haka and tries them out with these Maori dancers. Then, Josh climbs high to the top of Auckland's famous Harbour Bridge where he gets a spectacular guided view of the city. The Harbour Bridge spans the Waitemata Harbour, connecting the northern area with downtown Auckland. The Waitemata Harbour covers an area of 70 square miles. The bridge itself is just over three quarters of a mile and summits at about 200 feet. It took four years and a team of 1,000 to build

the bridge which opened in 1959. Next, he visits a local farm where he learns why New Zealand is famous for its sheep and he's challenged to test his skills as a sheep herder. Finally, Josh learns why it takes a team to sail a racing yacht when he has a lesson in sailboat racing on board New Zealand's most famous racing sailing yacht. The kiwi bird is the national symbol of New Zealand and a popular nickname for a New Zealander. Given the popularity of sailing in New Zealand, some are even nicknamed yachtie. New Zealand sailors compete and win races all over the world, and it takes years of training and conditioning to sail competitively.

[Educational Message: Trying out a new activity and sticking with it can be an incredibly rewarding experience. If you are new to something, don't shy away from what you don't know, but instead jump in and you might surprise yourself with what you can learn in the moment.]

Airdate: 10/24/2020

Time:

Duration: 30:00

VETS SAVING PETS

A ROARING TOOTHACHE [VSP104]

Today on Vets Saving Pets, a tabby cat is having trouble moving its hind legs, a lion at the local zoo is having dental problems, and an aging Jack Russell terrier arrives at the clinic with a mysterious issue. First up, a tabby cat named Micah visits the clinic with serious mobility trouble in its hind legs. Micah is first examined by Dr. James, the clinic's neurologist, to determine the potential cause for the cat's condition. After performing an X-ray, Dr. James is concerned that Micah's spinal cord is being compressed and determines that he will need an MRI to confirm her suspicions. Here we learn that an MRI, or magnetic resonance imaging scan, uses a powerful magnet and radio waves to look at organs and structures inside the body. After confirming the diagnosis, Dr. James will need to perform a delicate surgery to remove the disc that's pushing on Micah's spinal cord. Next, a team of veterinary specialists have a special off-site patient to visit at the local zoo, an elderly lion named Rowdy. The staff at the zoo have noticed that Rowdy hasn't been chewing his food normally. The team will have to administer an anesthetic to get a closer, safer look at the big cat. Once properly sedated, Dr. French, the clinic's veterinary dentist, examines Rowdy's mouth and discovers that he has broken one of his canine teeth. Dr. French will have to work quickly and carefully to successfully extract the broken tooth. Finally, a Jack Russell terrier named Dean arrives at the clinic suffering from walking issues. Due to the age of the dog, Dr. James believes Dean may potentially have a tumor in his brain causing the mobility issues. After performing a variety of tests, Dr. James still cannot figure out why Dean is struggling to walk normally. Since Dean is not suffering or experiencing any pain, the owner decides to take his dog home and monitor his condition over time.

[Educational Message: Working in a veterinary practice will introduce you to a variety of animal patients both big and small. In this episode, we learned that veterinarians must always be prepared for all types of patients, including wild and exotic animals. It's important to always seek knowledge and experience in areas unfamiliar to us.]

Airdate: 10/31/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER
GHATS [EDD109]

Today on Earth Odyssey, host Dylan Dreyer takes us to the Western Ghats Mountains of India. The Western Ghats Mountains stretch nearly a thousand miles from Mumbai to the southern tip of India, running parallel to India's west coast. While this mountain range covers only six percent of India's landmass, it provides a home to more than thirty percent of its plant and animal species. We'll first meet the lion-tailed macaque, a rare primate that can only be found in the rainforests of the Western Ghats. Here we'll learn that the lion-tailed macaque's dark body and gray mane makes it difficult to spot in the shadows of the jungle. Next, we'll meet the largest venomous snake to inhabit the earth, the king cobra. Growing over fifteen feet long, king cobras are the only snakes in the world that build nests for their eggs and young. We'll also discover that king cobra's diet consists solely of other snakes. Next, we'll travel to the woodland plains on the eastern side of the Western Ghats Mountains. Here we'll follow along on a hunt with a pack of Indian wild dogs. We'll learn that Indian wild dogs live in tight knit groups and adhere to a strict hierarchy. We'll witness how these packs work and communicate as a team when securing their next meal. Finally, we'll travel along the rivers of the Western Ghats and discover the mighty Asian elephant. We'll learn that the largest population of wild Asian elephants can be found in this region.

[Educational Message: The Western Ghats Mountains are home to many unique and powerful animals. It takes strength and adaptation to survive in extreme climates. We must always respect the beauty and power of nature.]

Airdate: 10/31/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER
FALKLANDS [EDD110]

Today on Earth Odyssey, host Dylan Dreyer shows us the rugged beauty of the Falkland Islands. Located three hundred miles off the coast of South America, the Falkland Islands are a chain of over seven hundred islands. Due to its windswept and wild landscape, we'll learn that there are no native land mammals or reptiles on the Falkland Islands. However, nature still finds a way as these islands become one of the largest breeding grounds for penguins on Earth. Here we'll learn more about the King penguin. The second largest species of penguin, the King penguin stands at three feet tall and weighs a whopping thirty-three pounds. We'll witness how King penguin parents raise their young from egg to chick in this harsh environment. We'll learn that King penguins can swim and hunt at depths of one thousand feet and can hold their breaths for up to ten minutes. Next, we'll meet the rockhopper penguin, named for its penchant for bounding along the rocky coastlines of the Falklands Islands. With their outrageous feathered faces, the rockhoppers are the smallest but perhaps the most fearless penguin species in the Falklands. Without hesitation, they plunge from terrifying heights into the churned-up waters of the South Atlantic Ocean below. Next, we'll meet the Gentoo penguin, the fastest swimming bird in the world. We'll learn that the Falkland Islands are home to over thirty percent of all Gentoo penguins, making it the largest known population of Gentoo on Earth. Finally, we'll meet the elephant seal. The largest amphibious mammal in the world, the elephant seal can grow up to twenty feet long and weigh almost nine thousand pounds. We'll learn more about the eating habits of these mammoth creatures and how they're known to hunt in the open water for up to ten straight months.

[Educational Message: The abundant fish and pristine coastlines of the Falkland Islands provide the perfect backdrop for some of the world’s most unique animals. Areas such as these that support vast numbers of wildlife must be protected. We should all do our part to protect our world’s natural habitats for generations to come.]

Airdate: 10/31/2020

Time:

Duration: 30:00

A NEW LEAF

FINDING THE FUNNY IN FAMILY [ANL102]

Today on A New Leaf, stand-up comedian Anthony and his wife Jasmine would like to start a family, but Anthony doesn't know that much about his own family history. He wants information to share with his future children, and to give his comedy a personal point of view. Anthony's search uncovers incredible details about his southern ancestors, which he presents in an all-new comedy routine. Anthony embarks on his journey of discovering more about his past. Anthony soon uncovers that he has distant relatives that served in both the Civil War and Revolutionary War. This discovery leads Anthony to a historian where he learns even more about what life was like during the 1700's. After learning more about his past, Anthony now has the tools he needs to add a personal touch to his stand-up routine, and stories to share with his future children.

[Educational Message: Through a journey of self-discovery, Anthony gained a sense of pride learning where his ancestors came from. Gaining this knowledge provides Anthony with confidence about his past, and the opportunity to pass this information along to his children.]

Airdate: 10/31/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

THE ROAD TO REDEMPTION [HOC405]

First, we meet former Indy Racing League driver Sam Schmidt, who was left paralyzed after suffering a spinal cord injury in an Indy car crash. Although he could never race again, Sam was determined to stay in the sport. We learn how he re-imagined his dream, and created a new role in racing for himself as co-owner of Arrow Schmidt Peterson Motorsports. Sam's success on the track, whether as driver or owner, epitomizes hard work, determination, and a positive attitude. Next, we see how Shelley Looney's game-winning goal in the 1998 Winter Olympics inspired a generation of female hockey players. Growing up, Shelley was the only girl on her local hockey team, but she never let that barrier to entry stand in the way of pursuing her dream. We learn how Shelley's passion for hockey helped push her academically, working hard to maintain her grades despite having a form of dyslexia. Now, Shelley uses her talents to help young women follow in her footsteps, paying it forward as a hockey coach. Finally, we hear how amateur golfer Leonie Harm and her family made sacrifices for her burgeoning golf career. At 15, tragedy struck when Leonie was hit by a car on an early morning training run. Despite doctors giving her a 1% chance of survival, Leonie woke up from her coma fighting to get back on top of her golf game. Not long after her return to the sport, Leonie's mom was diagnosed with breast cancer and passed away. Through it all, Leonie appreciated the sacrifices her mother made for her development in golf, and pushed herself harder to not let those sacrifices be in vain.

Leonie explains how once she stopped putting pressure on herself to win, and instead focused on simply playing the game as best she could, Leonie started playing better than ever.

[Educational Message: Success may not always come in the form you originally imagined; if new circumstances prevent you from accomplishing your original goal, it's important to adjust your vision to fit within the confines of possibility instead of giving up. Giving back to your community and passing along your talents can be just as rewarding as playing the game yourself. It's important to appreciate the sacrifices others make to help you achieve your dream; always be grateful for the support systems present in your life, and use their inspiration to push yourself to try your best.]

Airdate: 10/31/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

OLYMPIC-SIZED ADVENTURE [VJG215]

Host Josh Garcia sails to Athens, Greece to explore this ancient capital city. Athens is named after Athena, the Greek goddess of wisdom and courage. Dating back more than 3,000 years, Athens is one of the oldest cities in the world. Upon arriving, he learns how traditional prayer beads have been transformed into a popular part of Greek culture, known as worry beads. Called Komboloi, translating to mean knots in a line, these traditional prayer beads originated from knotted prayer ropes used in monasteries. Although now, these are not exclusively religious, they are used to ease worry or stress. Then, he travels to the countryside and makes a signature Greek dish using vegetables from the land. Moussaka is an eggplant dish that originated in the Middle East, and is popular in Greek cuisine. Mezze are small dishes in Greek cuisine that are meant to be shared by a group, including dishes like tzatziki, hummus, and eggplant salad. Josh's final excursion is a once-in-a-lifetime event as he meets an Olympian who teaches him to throw the javelin like a world-class athlete. At the site of the 2004 Olympic Games, Josh learns the basics of some track and field events. The Olympic Games were held every four years, and in antiquity this period was used by Greeks as a unit of time measurement.

[Educational Message: Visiting an ancient city that has been historically maintained while updated in some ways for modernity, can be an incredible experience, and in some ways can feel like a trip back in time.]

Airdate: 10/31/2020

Time:

Duration: 30:00

VETS SAVING PETS

TAKING STRIDES [VSP105]

Today on Vets Saving Pets, a newly adopted cat is having health issues, an Irish Wolfhound has been plagued by heartworms, and a St. Bernard's legs begin to fail. First up, a St. Bernard puppy named Harley arrives at the clinic having problems dragging her feet. Harley was referred to Dr. James, the clinic's neurologist, for additional testing to try and determine the potential cause. Dr. James performs neurological exams to attempt to localize the root of the problem. After discovering an abnormality in Harley's spine that may be decompressing her spine, Dr. James orders a CT scan to get a clearer image of the issue. Assisted by a veterinary intern, Dr. James uses this moment to help teach her intern about some of the neurological disorders she may encounter in her future career. Harley will undergo a risky surgery to decompress her

spine and help restore normal mobility. Next, an Irish Wolfhound named Electra visits the clinic after testing positive for heartworms. Electra visits with Dr. Williams, the clinic's cardiologist, to determine the severity of the heartworm infestation. After performing an ultrasound, Dr. Williams locates just one small heartworm and determines that Electra can be treated with medication and will fully recover. Here we learn that a heartworm can grow over 12 inches long and can be fatal if left untreated. Finally, a newly adopted cat named Princess arrives at the clinic suffering from a cough. Princess was recently purchased from a pet store and her health has declined rapidly since her homecoming. Dr. Bryer, the emergency medicine veterinarian at the clinic, visits with Princess to assess her condition. After consulting with the owner, Dr. Bryer recommends that Princess be placed on a broad-spectrum antibiotic and remain at the clinic for further monitoring until she recovers.

[Educational Message: Internships are a great way for students to gain first-hand practice and guidance from professionals in the real world. It is important that we use our knowledge and experience to help teach others who want to learn more. We must not be afraid to ask questions to further our knowledge in unfamiliar areas.]

Airdate: 11/7/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

GENUS GENIUS [EDD111]

Today on Earth Odyssey, host Dylan Dreyer will take us on a journey around the world. We'll first travel to the watery kingdom of Cambodia. Cambodia is home to an incredibly diverse group of wildlife, including over 120 species of mammal. We'll visit the ancient Kingdom of Angkor, a city once inhabited by more than a million human residents over 800 years ago. Today, these ruins are now inhabited by troops of macaques that have made this ancient city their home. Here we'll learn about some of the amazing habits and behaviors of these wild macaques. We'll discover that in addition to cleaning their food before eating, some macaques have been observed seasoning their food with salt water. Next, we'll travel to the Galapagos Islands. A volcanic hotspot off the coast of South America, the Galapagos Islands are a living museum and showcase of evolution. Here we'll meet the only lizard in the world that's learned to fish for its dinner, the marine iguana. To brave the ocean currents, these cold-blooded reptiles spend time warming their bodies on sun-kissed rocks before taking the plunge. Each fishing trip for these creatures is a race against time. We'll discover how marine iguanas evolved over time to make the most of their underwater meal. Finally, we'll travel to the Caribbean Islands, a string of more than 7,000 islands between North America and South America. Here we'll learn about the hummingbirds that are found throughout this region. We'll discover that their hearts work like an engine, beating up to five hundred times per minute. To keep their energy up, they need to feed constantly. Always on the move, we'll learn that hummingbirds will consume almost three times their body weight every day.

[Educational Message: It's amazing to see how plants and animals have learned how to adapt no matter how challenging the environment. In this episode, we witnessed how life finds a way in many diverse and harsh regions of the Earth. We should all find ways to adapt and thrive in our surroundings.]

Airdate: 11/7/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

GANGES [EDD112]

Today on Earth Odyssey, host Dylan Dreyer takes us down the Ganges River in India. The Ganges River flows more than 1,500 miles across the northern region of India before making its way to the ocean. We'll first travel to the source of the Ganges River, the Himalayan Mountains. Here we'll learn that the Himalayan Mountain Range is the tallest and one the youngest ranges on Earth. High in the Himalayas, few animals can weather the extreme temperatures. Here we'll meet the snow leopard, an animal well adapted for the year-round freezing wilderness. With powerful legs adjusted to the steep mountains, snow leopards can jump distances up to 50 feet. As the Ganges River makes its way down the foothills of the Himalayas, the weather warms up significantly. India's floodplains are home to one of the largest animals in the world, the Indian rhino. Here we'll learn that despite their bulky appearance, Indian rhinos are remarkably nimble and can run up to 30 miles per hour. Further down the river there's another animal that's a rare sight to see, the Gangetic river dolphin. Due to extreme low-visibility in the Ganges River, these dolphins are almost completely blind. Gangetic river dolphins rely on echolocation to locate other objects in the water, including food. Next, we'll meet a prehistoric creature over 60 million years in the making, the gharial. One of the largest crocodile species in the world, a male gharial can grow up to 20 feet long. Reaching full maturity at 10 years old, gharials can live between 40 and 60 years in the wild. Next, we'll travel to the Sundarbans, the largest expanse of mangrove swamps and forests in the world. Here we'll meet the Bengal tiger, the national animal of India. Both revered and feared, the Bengal tiger's roar is so loud it can be heard as far as two miles away. We'll discover that these great cats are among the heaviest felines on Earth and can weigh nearly 500 pounds.

[Educational Message: In this episode, we've seen how this unique waterway of the Ganges River has supported life for millions of people and animals who live in its path. This is just another amazing example of how nature truly takes care of its own.]

Airdate: 11/7/2020

Time:

Duration: 30:00

A NEW LEAF

A FAMOUS FAMILY [ANL103]

Today on A New Leaf, Joseph Carnegie is about to turn thirty, and he hopes to answer a mystery that has puzzled his father for decades: are they related to famous philanthropist and railroad tycoon Andrew Carnegie? People have asked Joseph this question his whole life, but he's never had an answer— until now. Daisy works with Joseph to go deep into the roots of his family tree, and what they learn gives them a chance to present Joseph's dad with a stunning surprise. We'll learn that Andrew Carnegie was the leading innovator of the American steel industry in the late 19th century. Joseph also wants to verify his potential Scottish roots, the same birthplace of Andrew Carnegie. Joseph visits with a historian at the Carnegie Art Museum where he learns a wealth of information about the history of Andrew Carnegie. Joseph also discovers that Andrew Carnegie devoted his late life to large scale philanthropy, donating the vast majority of his large fortune. Finally, Joseph uncovers the truth and learns that he is in fact related to Andrew Carnegie.

[Educational Message: Before Joseph learned about his family roots, he doubted his connection to the Carnegie family. Family rumors previously lead Joseph to believe his surname was made up. However, after discovering that he is related to the famous Andrew Carnegie, Joseph now feels prouder and more confident of his history. Inspired by the altruistic and philanthropic deeds of Andrew Carnegie, Joseph has never felt more connected to his past.]

Airdate: 11/7/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

HOPE AGAINST THE ROPE [HOC406]

First, we meet rising boxing star Jesselyn Silva, an honor roll student who is also a two-time Junior Olympic champion. We see how Jesslyn appreciates her father's support and how she chooses to work hard in the gym instead of playing with her friends, a sacrifice she's happy to make to pursue her dream of making it to the 2024 Olympic Games. Though her record isn't perfect, Jesselyn views losses as lessons rather than letting those disappointments deter her from pursuing her passion. Next, we see how Jason Enloe's golf family at SMU rose to the occasion when he needed their support after losing his wife to cancer. Then, we learn how women's golf has grown in South Korea after Se Ri Pak's success in the sport. With Se Ri as their inspiration, the next generation of South Korean golfers now dominate the LPGA Tour. Last, we see how Steve Page stepped up for his community after wildfires tore through Sonoma County, CA. As president of Sonoma Racing, Steve opened up the Sonoma Raceway to evacuees, giving people a place to go when they had nowhere to turn. Viewers learn the importance of helping others in their community, and how one act of kindness can impact many.

[Educational Message: Hard work and determination are important in the pursuit of excellence, but it's okay to not be perfect all the time. It's important to be there for your friends when they're going through a difficult time; we all need support at certain points in our lives. When you succeed, be mindful that you may become a role model for others following in your footsteps.]

Airdate: 11/7/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

TOP OF THE WORLD [VJG201]

Host Josh Garcia voyages north to Alaska and takes a train to the quaint Alaskan town of Talkeetna, in the shadow of Denali, the tallest peak in North America. Curious about Alaska's passion for sourdough, Josh first visits a local bakery where he discovers why this celebrated bread is the toast of the town. Sourdough has been traditional in Alaska since the pioneer days, when commercial yeast wasn't available and a sourdough starter was needed for bread to rise. Sourdough is a culture and a naturally occurring yeast. Then Josh takes a flightseeing tour of Denali and explores one of its magnificent glacial peaks. Denali National Park is 6 million acres, and the Denali summit is 20,310 feet. Then, a team of Iditarod sled dogs takes Josh for the ride of his life!

[Educational Message: Across generations, cultural practices and traditions can transform and take on new functions to adapt to modern practices and ways of life. In time, something that once felt outdated could later feel significant again under a new use in modern culture.]

Airdate: 11/7/2020

Time:

Duration: 30:00

VETS SAVING PETS

SLEEPING HAZARD [VSP106]

Today on Vets Saving Pets, a nasty virus puts a puppy's life in serious jeopardy, a German Shepherd needs surgery to fix a painful problem, and an elderly feline is suffering from a tooth abscess. First up, a Pomeranian puppy named Ella arrives at the clinic with serious health issues. Ella visits with Dr. Bryer, the clinic's emergency medicine veterinarian, who suspects the puppy is suffering from parvovirus. Here we learn that parvovirus enteritis is a virus seen in mostly puppies that attacks growing or dividing cells and can be deadly. Due to the highly contagious nature of parvovirus, the team is taking extra precautions to ensure no other animals contract the dangerous virus. Ella will have her blood drawn for testing and remain at the clinic overnight for further monitoring. Next, an elderly feline named Ginny arrives at the clinic suffering from a tooth abscess. Before Ginny can be taken into surgery to extract the abscessed tooth, the feline will need to have its heart tested to ensure there will be no complications with the anesthetic. Dr. Williams, the clinic's cardiologist, will perform an ultrasound procedure and X-rays with the assistance of the clinic's technicians, anesthesiologist, and dentist. Here we see how various veterinary specialists collaborate and work as a team to figure out the best course of action for their patients. Finally, a young German Shepherd is brought into the clinic for elbow surgery. Dr. Boyd, the clinic's surgeon, performs X-rays on Major and determines that he is suffering from ununited anconeal process. Here we learn that this is a serious disorder of the elbow that can lead to debilitating arthritis if left untreated. Dr. Boyd will be performing a delicate scope of the dog's elbow using a small camera and tools to remove the bone fragments in the elbow that are causing Major's mobility problems.

[Educational Message: Teamwork is vital for great achievement. Veterinary professionals often consult with colleagues and collaborate to solve problems. When we work together as one, we can accomplish almost any task.]

Airdate: 11/14/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

JAPAN [EDD113]

Today on Earth Odyssey, host Dylan Dreyer takes us to Japan's volcanic islands. Situated in the Northwest Pacific Ocean, Japan consists of about 7,000 islands with weather ranging from one extreme to the next. Known as one of the most unstable places on Earth, Japan's islands are a volcanic hotspot with more than 1,000 earthquakes shaking the region each year. These islands are now home to many species of wildlife found nowhere else in the world. First, we'll travel to the island of Honshu where we'll meet the Japanese macaque. This snow monkey is the only primate besides humans that can survive in the high elevations of this subarctic region. Here we'll witness how these snow monkeys utilize natural hot springs, called onsens, to keep warm in the bitterly cold environment. Next, we'll meet the red-crowned crane, the largest bird in Japan. Here we'll learn how the graceful and elegant mating rituals of red-crowned cranes have earned them the nickname "snow ballerinas." Next, we'll meet a highly unusual animal, the Japanese serow. Also, known as a "wolf deer," the serow is said to have the legs of a goat, the body of a deer, and the fur of a wolf. We'll discover that these rare creatures only live on three of the 7,000 Japanese Islands. Finally, we'll learn more about the custom of usho fishing, an ancient tradition that's been practiced for more than a thousand years. However, we'll discover that these fishermen don't need fishing rods to catch their fish. Using trained sea cormorants, these fishermen let the birds do the fishing for them. Here we'll follow a group of fishermen and witness how the incredible hunting skills of sea cormorant birds have been utilized by locals for centuries.

[Educational Message: Today, we've seen firsthand how Japan's ancient customs have ensured its inhabitants' survival, even in the harshest of environments. It's amazing how the knowledge has been passed down through tribes and within the animal kingdom, all working together with nature to help the next generation.]

Airdate: 11/14/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

MOTHER KNOWS BEST [EDD114]

Today on Earth Odyssey, host Dylan Dreyer will take us on a journey around the world. First, we'll travel to the lush tropical landscape of Vietnam. Here we'll venture into the lowlands in search of yellow-cheeked gibbons. These monkeys are famous for the loud, odd sounding melodies they use to mark their territories. We'll discover that these monkeys are also some of the best tree swingers on the planet, reaching speeds of up to 25 miles an hour as they swing up to 50 feet from branch to branch. We'll also meet one of the rarest species of primates who were once thought to be extinct, the Hatinh Langur. We will learn about their strange social structures, their eating habits, and how they have made an unlikely home in the limestone caves in the cliffs of Halong Bay. Next, we'll travel to the Caribbean Islands where we'll learn more about leatherback sea turtles. The largest of all sea turtle species, we'll discover that the leatherback can grow to roughly six feet in length and weigh as much as a small car. Next, we'll travel to the island nation of Sri Lanka, located near the Southern tip of India. Although roughly the size of Pennsylvania, Sri Lanka is packed with enough wildlife to rival a vast continent. Here we'll journey to the Lowland plains, which cover more than two thirds of the island of Sri Lanka. We'll discover that this region is home to over 2,000 wild elephants, one of the largest populations on Earth. Here we'll learn more about the elephant's habitat and how they prepare for the upcoming dry season. We'll also discover that, with their specialized feet, elephants can communicate with each other using seismic signals, or ground vibrations.

[Educational Message: In this episode, we witnessed how different animals adapt to their environments. We are constantly faced with new challenges and environments in our lives. Living in extreme climates requires adaptation in order to ensure survival of future generations.]

Airdate: 11/14/2020

Time:

Duration: 30:00

A NEW LEAF

FATHER AND SON FAMILY TREE [ANL104]

Today on A New Leaf, nine-year old Remy and his dad, Steve, are teaming up to create a family tree for Remy's school project. But first, Steve needs to fill in some blanks on his side of the family. Together, they search all the way back to the Mayflower, and learn that they are related to some fascinating people who achieved remarkable things. In preparation for his school project, Remy embarks on a journey to discover more about his past. Remy is hoping to find out if their family is related to any historical figures. While Remy's dad, Steve, hopes to learn more about their family history in order to pass down to future generations. Remy and Steve soon trace their roots back to Ireland where their ancestors were farmers. Here we'll learn more about the great famine that killed potato crops across Ireland beginning in 1845. This famine forced many families to seek a new life elsewhere, including Remy's ancestors. Tracing their roots

back even further, Remy discovers that his other ancestors came to America on the Mayflower. This information only fuels Remy's excitement and enthusiasm to learn more about his extended family tree.

[Educational Message: By learning about our past we're better able to understand ourselves and where we come from. Remy's passion and enthusiasm to learn more about his roots lead him on a fascinating journey. After discovering that their family traces its history all the way to the Mayflower, Remy and his father are thrilled to share this remarkable information with their friends and loved ones.]

Airdate: 11/14/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

FLO VAULTER [HOC407]

First, we learn how Denny Hamlin's humble beginnings made him into the modest winner he is today as one of NASCAR's biggest stars. Before his racing career, Denny helped out at his dad's trailer and hitch shop, which he credits for helping to develop a strong work ethic. Denny's parents made many financial sacrifices to help Denny's burgeoning racing career, something that Denny makes a point to remember in all of his success as a professional stock car driver. Then, we meet cyclist Annemiek van Vleuten, learning about her comeback after a terrible crash during the 2016 Rio Olympics cost her the gold medal. After her recovery, Annemiek returned to cycling to ultimately win a world title, inspiring viewers to keep pushing for their dreams when it may seem the race has been lost. Then, we hear how a great mentor helped Tony Finau on his way to golf greatness. PGA pro Mark Whetzel's commitment to growing junior golf led him to a young Tony Finau, who was in need of a place to practice his golf game. Mark granted Tony free access to his golf course, offered him lessons, and has continued to support Tony throughout his golf career. Last, we meet Flo Meiler, an 85-year-old pole vaulter who took up the sport at age 65. Drawn to the sport simply because it seemed like a fun challenge, Flo was determined to give the sport a try. Her dedication to staying active ultimately led Flo to compete and medal in the Senior Games, where she continues to be at the top of her game.

[Educational Message: Viewers learn the importance of remembering your humble beginnings after finding success, and how to appreciate the people who helped you achieve your goals. Mentoring the next generation is a wonderful way to pay it forward and show gratitude for your success. It's difficult to try again after failing, but if you find the courage to keep pushing through failure, your eventual success makes for an even sweeter reward. You're never too old to try new things, so never let inexperience be a roadblock to reaching a new goal.]

Airdate: 11/14/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

RHYTHMS OF ARUBA [VJG306]

Host Josh Garcia sails to Aruba where he is excited to explore the island and its interesting culture and history. First, Josh heads for a lesson in the steel pan, a unique instrument responsible for the distinctive Caribbean sound. The steel drum, or steel pan, originated on the island of Trinidad in the 1930s, and was introduced to Aruba by a Trinidadian around 70 years ago. This instrument is used to create a variety of rhythms, and musical notes are created by different sized indentations in the steel pan's surface. Steel pans

are classified as idiophones, instruments that vibrate to produce sounds when struck, shaken, or scraped. Then, Josh heads to a pepper farm to learn how Aruban hot sauce is made. Josh picks fresh papaya, for an unlikely pairing, and is introduced to Madame Jeanette peppers one of the hottest peppers in the world, similar to Scotch-bonnets and habaneros. Papaya is used in Aruban hot sauce since it compliments the flavor of the peppers without masking it. Then, Josh visits Aruba's beautiful and diverse Arikok National Park where he explores the Fontein Cave with a park ranger and learns about the island's ancient people who created drawings on the walls of caves. This limestone cave was once coastline and formed over 5.2 million years ago as a result of erosion and volcanic activity. Finally, Josh visits an aloe farm to learn how this plant is grown and harvested. Aloe became so important to Aruba's identity and economy that it's now depicted on the country's coat of arms.

[Educational Message: Walking through historic sites can be a unique experience in how communication has evolved over time. For example, the way we now document stories and traditions through text were once depicted in cave drawings made with red rock.]

Airdate: 11/14/2020

Time:

Duration: 30:00

VETS SAVING PETS

EXCESS BAGGAGE [VSP107]

Today on Vets Saving Pets, a friendly feline helps to save lives, a Golden Retriever goes into surgery to remove a tumor, and a dog arrives at the clinic with a serious heart problem. First up, we learn about the clinic's unique feline blood donor program, an important initiative that saves the lives of countless cats. Today, a foster cat named Bruce is visiting the clinic to donate blood for the donor program. As feline blood is not a readily available resource for veterinarians, volunteers like Bruce are critical to the program's success. Bruce will first need to be anesthetized so the team can safely draw his blood. Next, an elderly Golden Retriever named Charlie arrives at the clinic suffering from a large tumor in his abdomen. Dr. Boyd, the clinic's surgeon, will be performing an emergency surgical procedure to remove the life-threatening tumor. Dr. Boyd must also run tests to confirm if the tumor is cancerous, and if it has affected other parts of the body. Finally, another emergency canine patient arrives at the clinic in serious condition. An Australian Cattle dog named Star has been diagnosed with a tumor that's located on her heart. Here we learn that the tumor is causing fluid to build up around Star's heart, which is causing her heart to beat abnormally. Dr. Williams, the clinic's cardiologist, must perform a pericardiocentesis, a process that utilizes a needle to drain the fluid collecting around the heart. This delicate and risky procedure will require pinpoint precision to properly and safely drain the excess fluid and release the pressure surrounding the heart.

[Educational Message: We will all need help at some time or another, so it's important to help others if we are able. The feline blood donor program shows viewers how generous volunteers can make a big impact in the community and help save animal lives.]

Airdate: 11/21/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

RETURN TO THE CARIBBEAN [EDD115]

Today on Earth Odyssey, host Dylan Dreyer will take us on a journey to explore the hidden beauty of the Caribbean Islands. We'll discover that the Caribbean Islands are a string of more than 7,000 islands between

North America and South America. We'll learn that the Caribbean Islands are located in "Hurricane Alley," making this region more vulnerable to powerful natural events. First, we'll meet the Lesser Antillean iguana, a lizard that has now colonized much of the Eastern Caribbean Islands. On the Island of Dominica, over 10,000 iguanas occupy forests close to the shorelines. Here we'll learn how the iguanas choose where they lay their eggs and how they defend their nests from intruders. Next, we'll learn about the violent beginnings of the Caribbean Islands, and how volcanic eruptions shaped the land many years ago. We'll also witness how the fertile volcanic soil on the islands soon created lush, tropical forests full of wildlife. Next, we'll learn about the mangrove forests of the Caribbean, which serve as protection from the harsh tropical weather. We'll discover that the complicated network of the mangrove's root system creates a barrier to pounding waves and surf during storms. We'll also learn that mangrove trees are the only trees in the world that can grow in saltwater. Finally, we'll travel to Trinidad, the southernmost island in the Caribbean. Inside Trinidad's forests, the manakins thrive. We'll learn that "Manakin" refers to roughly 60 different species of birds found throughout the tropical forests of the Americas. Here we'll witness the unique mating rituals of the colorful birds as they dance on the forest branches to attract a mate. Finally, we'll meet the silky anteater. We'll discover that the silky anteater is the smallest known species of anteater, weighing less than one pound at full maturity.

[Educational Message: In this episode, we see how the tropical paradise of the Caribbean teems with a diverse and abundant array of wildlife. All of these creatures find ways to survive and thrive in one of Earth's great volcanic hotspots.]

Airdate: 11/21/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

REVISITING TURKEY [EDD116]

Today on Earth Odyssey, host Dylan Dreyer takes us on another exciting journey to Turkey. Wedged in between Europe and the Middle East, Turkey is known for its mountainous landscapes and vast wetlands that dominant the region. We'll discover that Turkey's wildlife is as biologically diverse and abundant as a small continent. First, we'll meet the spur-thighed tortoise and learn how it copes with the extreme weather. We'll also witness courtship rituals of the spur-thighed tortoises and discover how they will knock other tortoise's shells in order to express interest. Next, we'll learn about the geological history of Turkey and the volcanoes that helped shape the region. We'll visit the Fairy Chimneys of Cappadocia, which were created over 65 million years ago when Turkey suffered major volcanic eruptions. We'll discover that three volcanoes left behind volcanic ash, lava, and basalt, creating these other worldly geological formations. Next, we'll travel down below to the Anatolian plateau where herds of sheep look for patches of green pasture under the blazing sun. Tracing back over 10,000 years, we'll learn that Turkey was one of the first places in the world where people domesticated sheep. We'll discover that shepherding is an ancient vocation that's not only still practiced today, it's celebrated. We'll also learn that the Anatolian shepherd dog has long been a companion of shepherds and can be traced back to 2000 BCE. Next, we'll travel to the alpine meadows of Turkey to discover more about honey bees. We'll witness how honey bees swarm the clover-dotted landscape, mining the alpine flowers for nutrients. We'll also learn that the honey these honey bees create is not only food, but also provides important insulation to keep their colonies warm in the cold season. Finally, we'll travel to the wetlands of Turkey where we'll meet an unusual looking creature. Here we meet the Nile soft-shell turtle, the largest known population of these turtles is found in Turkey. We'll discover that the Nile soft-shell turtle has the ability to take in oxygen so effortlessly, it can stay under water up to fifteen hours at a time.

[Educational Message: Living in a land of extremes demands more than just courage. Turkey's unyielding conditions constantly test the skills of survivability of its inhabitants. Not one day is taken for granted in this Middle-Eastern wilderness.]

Airdate: 11/21/2020

Time:

Duration: 30:00

A NEW LEAF

COMING OF AGE [ANL105]

Today on A New Leaf, in honor of her son's Bar mitzvah, the Jewish coming-of-age ritual, mom Allison decides to put together a book of their family history. But as she digs for information, she realizes how much she doesn't know. Host Daisy Fuentes helps Allison fill gaps on their family tree, and they get ready to reveal everything she's learned to her son, her parents, and all her siblings. Allison soon embarks on a journey of discovery as she hopes to get more insight into her family history and gain knowledge that she can pass down to her son and family. After a deep dive into their family tree, Allison discovers that her family has a connection to the Titanic. Allison also hopes to get in touch with her Jewish roots and learn more about the Jewish experiences before World War II. After visiting with a historian at a Jewish History Museum, Allison learns an incredible amount of information about her Jewish ancestors and the strife they endured. Now understanding more about her family's past, Allison can share this information with her son and future generations to come.

[Educational Message: At the beginning of her quest for knowledge about her past, Allison knew very little about her ancestors and family tree. Hoping to share this information with her family, Allison was determined to learn more about her family roots. On this journey, Allison uncovered many things she never knew about her past. Because of her determination to discover more, this information will live on in her family for generations.]

Airdate: 11/21/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

THE POWER OF WILL [HOC408]

First, we hear from race car driver Will Power about the importance of determination and perseverance in reaching your ultimate goal. One of the best Indy car drivers of his generation, it took Will years at the top of the podium in other races before he was finally able to capture that elusive number one spot at the Indy 500. Next, we learn how PGA pro Cameron Champ's grandfather paved the way for his success in the sport. Cameron's grandfather taught him the game of golf, and was his biggest supporter on his rise through the ranks. For all the support given to him over the years, Cameron even had his grandfather caddie for him the first time he played the First Tee Open at Pebble Beach, helping his grandfather realize a dream that he never had the opportunity to fulfill when he was Cameron's age. Then, we meet rising swim star Carson Foster, who broke one of his idol Michael Phelps's national age group records at just 10 years old. Carson's brother and sister are also swimmers, and we see how a friendly sibling rivalry can push each to do their best, helping each other to become stronger swimmers together. Later, we meet Bryson Dechambeau and hear about how a televised golf tournament helped his father reconnect with Ron, an old friend from his school days. After meeting again, Ron realized he could help Bryson's father by donating a kidney, a selfless gesture for which Bryson and his father are forever grateful.

[Educational Message: It's okay to feel disappointed and frustrated if you don't reach your goals as quickly as you would have hoped, but it's important to eventually work through your emotions to rebound with a positive attitude. Be grateful for the opportunities you are afforded today and remember that others who came before laid the groundwork for your success. There is value in supporting your competitors; when everyone does well, it pushes you to do your best.]

Airdate: 11/21/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

KICKING IT, RIO STYLE [VJG223]

Host Josh Garcia sails into the world-famous city of Rio de Janeiro, Brazil. At one of the city's colorful open-air markets, Josh discovers Brazil's vast array of exotic fruit and sinks his teeth into some of its juicy bounty. Brazil has roughly 5 biomes and each one yields different fruits. A biome is a major ecological community characterized by the animals and plants living in that region. One of these fruits is Jaboticaba, an unusual Brazilian grape tree that produces fruit directly from its trunk. Next, Josh teams up with a local soccer player who teaches him how to master Brazil's national sport. With five titles, Brazil has won the most World Cups. One technique called pedalada means "pedaling" in Portuguese. Finally, Josh goes on a thrilling adventure as he tours Rio from the sky, hang-gliding high above the city. Typically, the frame of a hang glider is composed of an aluminum alloy. Josh gets a breathtaking view of the varying landscapes of Rio de Janeiro, including the mountains and the beach.

[Educational Message: Learning local culture from the people that live in the region you are visiting can be a good way to learn something new and maybe even make a new friend.]

Airdate: 11/21/2020

Time:

Duration: 30:00

VETS SAVING PETS

A SPOTTY SITUATION [VSP108]

Today on Vets Saving Pets, a cheetah from the local zoo is having dental issues, an elderly Golden Retriever is in need of physical therapy, and a Shih Tzu is having trouble staying balanced on its feet. First up, Dr. French, the clinic's veterinary dentist, is traveling to the local zoo to check up on a cheetah with a broken tooth. After sedating the cheetah, Dr. French closely examines the patient's mouth to determine if the broken tooth will need to be extracted. Dr. French decides that a root canal will be the best course of action to repair the tooth and prevent infection. Next, an aging Golden Retriever named Brody arrives at the clinic for rehabilitation as a result of chemotherapy treatments. Brody will be meeting with Dalida, the clinic's canine masotherapist, for various physical therapy exercises. Due to his muscle loss and inability to maintain regular walks, Dalida will be utilizing hydrotherapy. Here we learn that hydrotherapy takes stress off the joints and will help Brody regain range of motion and strengthen his muscle mass. Finally, a Shih Tzu named Max arrives at the clinic with serious mobility issues. Dr. James, the clinic's neurologist, suspects that Max is having vestibular issues causing his equilibrium to be thrown off. Here we learn how the vestibular system is responsible for telling our brains that we are moving and in which direction. After an overnight stay for further monitoring, Max's condition continues to worsen. Dr. James recommends performing an MRI to confirm the root cause of Max's balance problems.

[Educational Message: It's important that we always treat animals with compassion and empathy. Veterinarians go above and beyond to keep our furry friends happy and healthy. We must not forget that all life is important, no matter how big or small.]

Airdate: 11/28/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

RETURN TO THE GALAPAGOS [EDD117]

Today on Earth Odyssey, host Dylan Dreyer takes us on another visit to the Galapagos Islands. A volcanic hotspot off the coast of South America, the Galapagos Islands are a living museum and showcase of evolution. First, we'll learn more about the volcanic origins of the Galapagos Islands. We'll discover that the Galapagos Islands consist of thirteen primary islands and over one hundred rocky reefs that jut out of the sea, each land mass created from volcanic activity. Some islands look like a wasteland, a place where nothing could survive. Others are more like a fertile playground for an incredible diversity of plants and animals. With very little human interference over thousands of years, these islands serve as a unique place for scientists to study nature. We'll learn more about the 19th century botanist Charles Darwin, and how he used the Galapagos Islands as his own laboratory. We'll follow Charles Darwin's trail to see how he studied the evolution of animals and plants on these islands. Next, we'll learn that over 70% of the Galapagos Islands' bird species cannot be found anywhere else in the world. We'll discover more about the flightless cormorant species native to the Galapagos. We'll learn that of the twenty-nine species of cormorants, the Galapagos cormorant is the only one that cannot fly. Next, we'll meet a group of Greater flamingos and learn more about their courtship rituals. We'll also learn how the flamingo's primary diet of shrimp contributes to its vibrant pink color. Finally, we'll discover more about the local frigate birds that inhabit the Santa Cruz region of the Galapagos. We'll learn that these aerial high-flyers can stay in the air for more than a week at a time. We'll also discover that Spanish sailors nicknamed frigate birds "pirate birds" due to their thieving behavior against other birds.

[Educational Message: Forged by volcanoes and left to evolve, these islands and their wildlife are a spectacular natural laboratory for scientists. It's incredible to see nature take over in a part of the world left untouched by humans.]

Airdate: 11/28/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

SUPER SPECIES OF EARTH [EDD118]

Today on Earth Odyssey, host Dylan Dreyer takes us a journey to explore the most powerful and elusive animals on Earth. First up, we'll travel to the watery kingdom of Cambodia. Bordered by the countries Thailand, Laos, and Vietnam, Cambodia is part of a region known as Indochina. Cambodia is home to an incredibly diverse group of wildlife, including over 120 species of mammal. We'll first visit with an Asiatic black bear that resides in the forests of Cambodia. Nicknamed the "moon bear," the Asiatic black bear sports a creamy white mark on its chest in the shape of a crescent moon. Able to walk up to a quarter mile on two legs, we'll learn that moon bears are the most bipedal of any bear species. Next, we'll make a trek up to the top of the Hengduan Mountains to meet a mysterious group of primates who inspired the legend of the abominable snowman. In truth, these strange looking primates are actually known as snub-nosed monkeys. We'll discover how these creatures have adapted and learned to survive in the frigid, snowy

mountains. Next, we'll journey to the Western Ghats Mountains of India. Here we'll meet the largest venomous snake to inhabit the earth, the king cobra. Growing over fifteen feet long, king cobras are the only snakes in the world that build nests for their eggs and young. We'll also discover that king cobra's diet consists solely of other snakes. Finally, we'll travel to Turkey where we'll go rock climbing with Turkey's Anatolian wild goats, considered one of the best mountaineers in the world. We'll follow a group of wild goats as they trek alongside thousand-foot cliffs. Here we'll discover how the wild goats have uniquely adapted hooves and eyesight that allow them to traverse these great heights.

[Educational Message: We are constantly faced with new challenges and environments in our lives. Living in extreme climates requires strength and adaptation in order to ensure survival of future generations.]

Airdate: 11/28/2020

Time:

Duration: 30:00

A NEW LEAF

NEW BABY AND NEW FAMILY HISTORY [ANL110]

Today on A New Leaf, Jessica is overjoyed to be expecting her first baby and is eager to choose a name with family meaning. But first, she wants to confirm some roots of her family history that have always been a mystery. Jessica's search uncovers amazing details about her ancestors and a few inspired baby names to share at the gender reveal party. As Jessica prepares for her journey of discovery, she hopes to learn more about her family history to pass down to future generations. As she is pregnant with her first child, Jessica is also hoping to find a name that is representative of her Russian roots. Referencing historical passenger manifests, Jessica is able to trace her family's arrival to America at Ellis Island. Next, Jessica will meet with a historian to learn more about the journey and experiences of immigrants arriving at Ellis Island in the early 20th century. We'll learn that until the early 1920's, immigrants to the United States did not need passports or visas. Also, we'll discover that there was a rigorous health exam for all immigrants passing through Ellis Island. We'll learn that about ten percent of immigrants were marked for a medical issue and about three percent of immigrants were turned away entirely. Having gained a wealth of knowledge about her ancestors, Jessica now has a greater understanding of her ancestors' commitment to making the journey to America. Confident about her past, Jessica is now ready to share this newfound information with her family and friends.

[Educational Message: Before this journey, Jessica had little knowledge of her ancestors and family tree. Not only was she able to share these revelations with her father, she will now have this information to pass down to future generations. Learning about our past can help strengthen our present.]

Airdate: 11/28/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

GOING FOR GOLD: BACK FLIPPING FORWARD [HOC409]

First, we hear inspiring stories about some of the athletes from the U.S. men's and women's swim teams at the Rio Games, which consisted of 30 first time Olympians and 26 first time medalists, including Simone Manuel, who became the first African-American female swimmer to win individual gold. Women's swimming became an Olympic event in 1912 at the Stockholm Games, and the United States holds the

record in Olympic swimming with 553 medals. Next, we learn more about the indelible mark swimmer Michael Phelps made on the sport as the most decorated Olympian of all time, achieving feats that will likely never be repeated. Michael Phelps made his Olympic debut at the 2000 Summer Olympics and completed his swimming career at the 2016 Rio Games, finishing with a total of 28 medals. Then, we look back at some of the memorable moments from the U.S. women's gymnastics team's historic performance at the Rio Games. The first time women competed in gymnastics at the Olympics was 1936 in Berlin. Lastly, we learn about sports writer and golf amateur Nick Edmund's mission to make a difference after a cancer diagnosis by walking 1,200 miles along the Wild Atlantic Way in Ireland and playing the fourth hole at 40 different golf clubs along the way to raise awareness for cancer. The Wild Atlantic Way is a tourism trail on the west coast of Ireland that stretches 1,553 miles.

[Educational Message: Greatness can be defined in more ways than winning a gold medal-- it can be achieved by being a leader, supporting others, and not giving up. Viewers learn about the hard work and perseverance it takes to win a medal at the Olympics, the history of Olympic swimming and Olympic gymnastics, and the importance of maintaining a positive attitude during a challenging time.]

Airdate: 11/28/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

SWEET PARADISE [VJG218]

Host Josh Garcia docks in the captivating Spanish island of Mallorca. First, Josh takes a scenic ride through the countryside on a one-of-a-kind wooden train built over a century ago. The Sollar Train has been in service since 1912 and at one time was used to transport goods and passengers from Sollar to Palma. It's a narrow gauge train which refers to the width of the track being 3 feet compared to the standard 4.5 feet. Then, at a gourmet sausage lab, he learns how to make *sobrasada*, a world-famous Mallorcan delicacy. Sobrasada has been a delicacy since the 17th century and is a combination of spices and pork meat. Once it has been filled into casings, it cures for approximately six weeks. Later, Josh visits a historic bakery where he tries his hand at creating an *ensaimada*, the island's most beloved pastry. This pastry is made with lard, a cooking fat used to make pastries crumbly in texture. Ensaimada can be made to have different flavors, both sweet and savory.

[Educational Message: Traditions can be passed down through different generations of a family, and these traditions can evolve with modernity while retaining some of the original techniques. When it comes to cooking and baking, many recipes are handed down across generations, showing how certain ingredients and techniques are preserved in history through practice.]

Airdate: 11/28/2020

Time:

Duration: 30:00

VETS SAVING PETS

HEART OF THE MATTER [VSP109]

Today on Vets Saving Pets, an accidental fall leaves a Chihuahua with a broken leg, a rescue kitty is in need of dental work, and a cat named Cyril is suffering from high blood pressure. First up, a Chihuahua named Reilly is brought into the clinic after an accidental fall. Dr. Boyd, the clinic's surgeon, performs X-rays on

Reilly that reveal he has a serious broken bone in one of his front legs. Due to the severity of the broken bone, Reilly will need to be brought into surgery immediately to repair his leg. Dr. Boyd will have to insert a special plate and screws along the broken bone to stabilize the leg and ensure a successful recovery for Reilly. Next, a rescue kitty named Jerry is brought into the clinic suffering dental issues. This brave cat survived a house fire but the smoke inhalation has damaged Jerry's gums and teeth. Dr. French, the clinic's dentist, will perform an X-ray scan on Jerry to determine how many of his teeth will need to be removed. After the X-ray reveals the problem to be much more serious than previously believed, Jerry will go into surgery to have more than half of all his teeth removed. Finally, a Burmese cat named Cyril is brought into the clinic suffering from complications associated with his high blood pressure. Dr. Williams, the clinic's cardiologist, will be checking up on Cyril to determine if his blood pressure has lowered since his previous veterinary visit. Although his blood pressure has improved, Dr. Williams is concerned with Cyril's inexplicable head tilt that is affecting the cat's balance. Dr. Cochrane, one of the clinic's neurologists, is called in to assist Dr. Williams with diagnosing Cyril's condition, which may be caused by a brain bleed. After performing a variety of neurological tests, Dr. Cochrane confirms that the condition is not serious and sends Cyril home to be monitored by her owner.

[Educational Message: When we work together we can achieve great things. It's important that we consult with those who have more experience and knowledge to help better solve problems. Veterinarians often rely on each other to successfully diagnose and treat their animal patients.]

Airdate: 12/5/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

VIETNAM [EDD101]

Today on Earth Odyssey, host Dylan Dreyer takes us on an excursion to the lush tropical landscape of Vietnam. Situated on the Easternmost rim of the Indochina Peninsula, we'll discover that Vietnam is one of the most bio-diverse countries in the world. We'll learn that Vietnam's dense tropical forests cover almost half of the country, and that approximately 10 percent of the world's animal species live in this region. But we'll discover how this environment was not always thriving. In the 1960's, the Vietnam War destroyed almost one-fifth of the rainforests, leaving scores of animals fighting against extinction. But today, Mother Nature has fought back and these tropical jungles are once again thriving. Next, we'll travel into the lowlands in search of yellow-cheeked gibbons. These monkeys are famous for the loud, odd sounding melodies they use to mark their territories. We'll discover that these monkeys are also some of the best tree swingers on the planet, reaching speeds of up to 25 miles an hour as they swing up to 50 feet from branch to branch. Next, we'll meet one of the rarest species of primates who were once thought to be extinct, the Hatinh Langur. We will learn about their strange social structures, their eating habits, and how they have made an unlikely home in the limestone caves in the cliffs of Halong Bay. Finally, we'll travel to the Son Tra Primary Forest, home to the red shanked douc, one of the most beautiful and colorful monkeys in the world. We'll discover that these highly social primates live in groups of up to 15 members. Despite the fact that they were almost driven into extinction, they now thrive because their home has been deemed a No-Entry Zone to the public since the end of the Vietnam War.

[Educational Message: The rainforests of Vietnam are an example of the true resilience of the natural world. Plants and animals have made an incredible resurgence since the Vietnam War. We must always protect our environment for generations to come.]

Airdate: 12/5/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

HEBRIDES [EDD102]

Today on Earth Odyssey, host Dylan Dreyer takes us on an adventure to the mysterious Hebrides archipelago off the Northern coast of Scotland. Known as “Europe’s Last Wilderness” and isolated from the mainland, this island chain has become the perfect breeding ground for millions of creatures. First up, we’ll travel to the Outer Hebrides chain that hosts one of the largest gatherings of grey seals on the planet. We’ll discover that each year over 35,000 of these aquatic mammals arrive on the isolated shores to mate and give birth to new pups. Here we’ll learn that more than 9,000 pups are born in this region each year. Next, we’ll journey inland to the Island of Rum to witness one of the largest deer in the world, the red deer. We’ll learn that adult males typically weigh around 450 pounds and stand nearly 6 and a half feet tall. We’ll witness as these massive bucks fight aggressively with their mighty antlers to win mating rights for the island’s female population. Finally, we explore one of the region’s most mysterious animals, Ancient Man. We’ll discover that it is believed man reached the islands over 6,000 years ago during the Iron Age. We’ll learn that these ancient humans brought along with them primitive sheep that still roam the countryside today. We’ll also explore the ancient stone dwellings that were carved into the landscape, and see towering stone monuments whose mystical origins still baffle experts today.

[Educational Message: The world we recognize today is billions of years in the making. The amazing plants and animals living on Earth deserve our respect and protection.]

Airdate: 12/5/2020

Time:

Duration: 30:00

A NEW LEAF

SAINT’S ARRIVAL [ANL111]

Today on A New Leaf, host Daisy Fuentes pays a visit to Sylvia, who’s just become a grandmother for the first time. She wants to be able to share family stories with her new grandson, Saint, but first there are some things she’d like to learn. Sylvia soon discovers her father’s African American heritage and she learns about her ancestors’ lives in the years after slavery was abolished, and how her great-great-grandfather was part of a historic secret society. Sylvia is Polynesian on her mom’s side, but the rest of her family tree is a big question mark. Using DNA analysis, Sylvia is able to confirm that not only is she fifty-percent Polynesian, but she’s almost twenty-five percent sub-Saharan African. Utilizing historical documents and newspaper articles, Sylvia also confirms that her great-great-grandfather was a member of the Freemasons. Here we’ll learn that the Freemasons are an international organization built around the core principles of brotherhood, truth, and charity. In order to gain a better understanding about her African American roots, Sylvia meets with a historian specializing in African American history. Sylvia will learn more about the history of Freemasons in the United States and how many influential African Americans were once members of the Freemasons. After gaining a wealth of knowledge about her ancestors and family tree, Sylvia is ready to share this new information with her family and new grandson.

[Educational Message: By discovering more about our past we can connect more with the present. Before this journey, Sylvia was unaware that she had African American roots. Now she has a newfound understanding of what life was like for her ancestors long ago. Through gaining this

knowledge about her family tree, Sylvia is now able pass this information down to her family for generations to come.]

Airdate: 12/5/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

GOING FOR GOLD: GYM JAMS [HOC413]

First, we get a closer look at the already impressive career of gymnast Simone Biles and examine how she cemented her place in gymnastics history after her performance at the Rio Games, where she won more gymnastics gold medals than any previous American woman. The term “gymnastics” comes from the Greek word meaning “to exercise.” Next, swimmer Katie Ledecky explains how having the right support team and environment is key to being an Olympian, as she prepares for her third Olympic games-- eight years after stunning the world as a 15-year old at the London Olympics, where she won her first gold medal. Then, we learn how basketball legend Sue Bird has made an impact on the sport not only through her talent but also through her selflessness and willingness to teach others. Women’s basketball was added to the Olympics in 1976. The U.S. women’s team has won six consecutive titles so far-- if they win their seventh straight championship in 2021, they will tie the U.S. men’s basketball team for the most consecutive Olympic team victories in all Olympic sports, men or women. Lastly, we learn how golf is making an impact on athletes in the Special Olympics by giving them the opportunity to learn from and teach each other. The Special Olympics was founded in 1968, and the Special Olympics golf program began in 1988.

[Educational Message: It takes more than the work of one person to succeed-- having a good support system is just as important as having the drive to win. Viewers learn about the history of women’s Olympic gymnastics, the importance of supporting others and having support from others, and the history of golf in the Special Olympics.]

Airdate: 12/5/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

ALOHA SPIRIT [VJG301]

Host Josh Garcia sails to Oahu, Hawaii and explores the dynamic local culture. First, Josh takes a walk on the iconic Waikiki Beach and learns its history as the birthplace of surfing. The Polynesians were the first people to arrive on the island by way of canoe, and canoeing remains a popular activity on the island. Chinese, Japanese, and Phillipino influences have also made their mark on this small island’s culture, especially in the popular local foods. Then, Josh learns that there’s more to leis than flowers, and that traditionally they can be made out of kukui nuts, feathers, and banana leaves. The kukui nut is from the kukui tree, the official state tree of Hawaii. Different leis have different meanings; for hula leis, different leaves are used depending on who is being honored in song. Next, Josh joins a local chef to help prepare a unique take on a popular Asian-style roll. Then, Josh tests his stamina and rhythm while training to be a hula dance warrior. Hula was brought to Hawaii by Polynesians and was handed down orally through generations. This ancient style of dance is called Hula Kahiko. Ancient warriors used hula to develop Lua martial art skills. After a taste of hula warrior training, Josh witnesses an ancient hula celebrating the sun. Finally, Josh gets to paddle a canoe out of Waikiki Beach with a professional canoe racer.

[Educational Message: When many different cultures come together to define the culture of a city, you might witness a unique fusion of these cultures in the local cuisine, customs, and practices.]

Airdate: 12/5/2020

Time:

Duration: 30:00

VETS SAVING PETS

A WEASELLY ILLNESS [VSP110]

Today on Vets Saving Pets, a Mastiff's wagging tail is leading to numerous injuries, a Pomeranian needs a teeth cleaning, and a pet ferret is having trouble breathing. First up, a large Mastiff named Arnold is brought into the clinic with a wound on his tail. Due to the dog's excitable nature, his constantly wagging tail has been repeatedly injured over time. After meeting with Dr. Boyd, the clinic's surgeon, it is determined that Arnold's tail will be amputated to prevent future injuries. Here we learn that there are major blood vessels in a dog's tail that if not amputated properly, could cause serious bleeding issues. Next, an elderly Pomeranian named Rosie visits the clinic in need of an overdue dental cleaning. Before Dr. French can perform the teeth cleaning, Rosie will need to be assessed in cardiology to ensure she won't negatively react to the anesthesia. Rosie will meet with Dr. Williams for an echocardiogram exam, a test that measures the electrical activity of a heartbeat, to confirm the anesthesia won't be problematic for the aging dog. Finally, a pet ferret named Jet visits the clinic with breathing problems. Dr. Bryer, the clinic's head emergency veterinarian, meets with Jet to determine the cause of his breathing issues. As the ferret's owners have just recovered from the flu, Dr. Bryer is concerned that Jet may have also contracted the influenza virus. Here we learn that both humans and ferrets contain a genetic mutation that specifically makes them susceptible to influenza. After performing X-ray scans on the patient, Dr. Bryer confirms that Jet is suffering from influenza and prescribes a nebulizer treatment to aid his recovery.

[Educational Message: Education is a vital component to working in the field of veterinary medicine. Having a diverse background in various species and breeds of pets is important for a successful career. It is critical for veterinarians to seek additional knowledge and new information to better understand and treat all types of pets.]

Airdate: 12/12/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

GALAPAGOS [EDD103]

Today on Earth Odyssey, host Dylan Dreyer takes us on an adventure to the Galapagos Islands. A volcanic hotspot off the coast of South America, the Galapagos Islands are a living museum and showcase of evolution. We'll learn more about the 19th century botanist Charles Darwin, and how he used the Galapagos Islands as his own laboratory. We'll follow Charles Darwin's trail to see how he studied the evolution of animals and plants on these islands. We'll take a closer look at the bizarre and beautiful species that Darwin studied, from the prehistoric giant tortoises to the blue footed boobies. On our journey, we will see how each species adapts and finds a way to survive, despite the unforgiving conditions of these volcanic islands. Next, we'll find that some islands in the Galapagos are still harboring active volcanoes. We'll get an up-close look at the volatile world of Fernandina, Galapagos' youngest island. Fernandina's plants and animals must cope with the constant threat of volcanic eruptions. Living within a hostile land environment, we'll meet the only lizard in the world that's learned to fish for its dinner, the marine iguana. To brave the ocean

currents, these cold-blooded reptiles spend time warming their bodies on sun-kissed rocks before taking the plunge. Each fishing trip for these creatures is a race against time. We'll discover how marine iguanas evolved over time to make the most of their underwater meal. Finally, we'll hop over to the older Galapagos islands with less volcanic activity. We'll learn how their stable environment is creating an opportunity for a more diverse and abundant wildlife scene.

[Educational Message: We witnessed first-hand how Dr. Charles Darwin's visit to the Galapagos Islands shaped our understanding of our natural world. Adaptation and evolution play an important role in our survival. We must always seek knowledge to understand more about the world around us.]

Airdate: 12/12/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

CHINA [EDD104]

Today on Earth Odyssey, host Dylan Dreyer takes us on an exploration of a hidden oasis known as the Yunnan, in Southwest China. We'll discover that this remarkable region consists of lush valleys, tropical forests, and some of the most rugged mountain peaks on earth. With its wide array of landscape and climates, we'll learn that it is the perfect home for approximately half of China's birds and mammals. With a vast range of climates, we'll discover how these creatures have learned to adapt and survive in vastly different environments. First, we'll begin our journey in the lowland forests of the Yunnan, home to one of the biggest monkeys in Asia, the Chinese stump tailed macaque. We'll discover how these highly social primates live in groups of around fifty individuals, and how the fertile evergreen forest provides all the food and water they need to survive. We'll follow these fascinating primates to learn about their eating habits, their social structure, and their daily fight for survival. Next, we'll make a trek up to the top of the Hengduan Mountains to meet a mysterious group of primates who inspired the legend of the abominable snowman. In truth, these strange looking primates are actually known as snub-nosed monkeys. We'll discover how these creatures have adapted and learned to survive in the frigid, snowy mountains. Not to mention, we'll witness how snub-nosed monkeys are some of the most breathtaking tree swingers on Earth. Here we'll learn how there are four types of primate locomotion such as vertical clinging, quadrupedal, brachiation, and bipedalism. Finally, we will meet a group of fishermen who, for a thousand years, have trained and used the hunting skills of cormorant birds to help them fish the mighty rivers of the Yunnan.

[Educational Message: Nature can be an unforgiving environment, and we must always respect its beauty and power. We should always seek to learn new ways to adapt to changes in our world in order to thrive and survive.]

Airdate: 12/12/2020

Time:

Duration: 30:00

A NEW LEAF

A COMMITMENT TO FAMILY HISTORIES [ANL112]

Today on A New Leaf, newlyweds John and Peter want to present each other with more knowledge about their families' similar Greek histories. Their search leads them to some unexpected but pleasant surprises about their Greek heritage, and to some fascinating common threads in their grandfathers' stories. Both John

and Peter hope to share everything with friends and family at a big wedding celebration. Utilizing historical documents and passenger manifests, John and Peter were able to trace both of their grandfathers' journeys to America. John and Peter also discover that both of their grandfathers registered for World War I. Although a DNA analysis discovered they were less Greek than they originally thought, John and Peter continue to bond over their shared heritage. In order to forge a deeper connection with their Greek roots, John and Peter will join a chef to learn more about Greek foods and culture. Today, John and Peter will be cooking a traditional Greek dish known as Spanakopita. After gaining a wealth of knowledge about their ancestors' journey to America as well as their Greek roots, John and Peter are now ready to share this new information with their family and friends at the wedding celebration.

[Educational Message: Before John and Peter began their journey of discovery, there were many unanswered questions about their family trees. After learning they were less Greek than they originally thought, John and Peter have now become inspired to discover more about their Italian heritage. Learning more about our past can help strengthen our present.]

Airdate: 12/12/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

GOING FOR GOLD: DOWN BUT NEVER OUT [HOC412]

First, we meet Paralympic athlete Megan Blunk who uses her platform as a wheelchair basketball player to show others that being in a wheelchair does not prevent you from having a fulfilled life. Wheelchair basketball is a summer Paralympic sport, and women's Paralympic basketball was introduced in 1968. Next, we meet former First Tee student Rayshon Payton and learn how he's applying lessons he learned in golf and putting them into action in the real world as he pursues his ultimate goal of becoming a Supreme Court justice. Then, we hear how Paralympian Tatyana McFadden got started in wheelchair racing, going on to become the first racer ever to win all four major marathons-- London, Boston, New York and Chicago-- in a calendar year. The motto of the Paralympic Games is "Spirit in Motion," and the term "Paralympics" comes from the Greek "para" meaning "besides or alongside," suggesting that the Games run during the Olympics. Lastly, we learn how swimmer Brad Snyder adapted to being blind after suffering life threatening injuries in the Army, and how his acceptance and perseverance helped him to win a gold medal swimming in the Paralympics. Swimming was one of the original sports in the Stoke Mandeville Games, the first modern Paralympic Games started by Sir Ludwig Guttmann in Rome in 1960.

[Educational Message: Don't allow challenging circumstances to control your ability to succeed-- use each challenge as a learning opportunity to become better. Viewers learn about wheelchair basketball, wheelchair racing, Paralympic swimming, how to deal with adversity, and how to apply lessons learned in sports to other aspects in life.]

Airdate: 12/12/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

ALL THE TEA IN TAIPEI [VJG203]

Host Josh Garcia sails into Taipei, Taiwan's stunning capital city, and explores its rich multi-cultural traditions. He visits a Taiwanese master skilled in the ancient art of glove puppetry. This art-form originated

in China and came to Taiwan in the 17th century, where it is now vastly popular. Then Josh takes to the streets to witness a team of skilled trick top-spinners in action. Josh learns that this ancient folk game, Gan Le, has roots in a city just north of Taipei. Venturing into its famous markets, Josh dares to try the city's signature dish, stinky tofu! Stinky tofu is made by soaking tofu in a juice of fermented vegetables, meats, and fish, resulting in an aromatic, flavorful dish. Finally, he explores a majestic tea farm high above the city and learns how to make Taipei's celebrated elixir, Oriental Beauty. The process of harvesting tea begins by picking specific portions of the plant before the leaves are left out in the sun to wither to remove any excess water and to prepare the leaves for oxidation. Then the tea leaves are roasted, folded, and rolled to release the tea's natural flavors and aromas.

[Educational Message: Learning the processes of how simple, natural ingredients are harvested can bring you a deeper appreciation for these ingredients and cultural practices.]

Airdate: 12/12/2020

Time:

Duration: 30:00

VETS SAVING PETS

ALL IN THE FAMILY [VSP111]

Today on Vets Saving Pets, Dr. Boyd's dog visits the clinic in need of knee surgery, a boxer pup is having heart troubles, and an aging kitty is unable to walk properly. First up, Dr. Boyd's own pet dog, Sargent, arrives to the clinic in need of knee surgery to fix a torn ligament. Here we learn more about Dr. Boyd's personal background and how she dreamed of becoming a veterinarian since she was seven years old. Once Sargent is properly sedated, Dr. Boyd performs an X-ray on her dog's knee to ensure she knows exactly where to make the necessary repairs to the damaged ligament. Here we learn that if the surgery is not executed properly, Sargent could suffer from residual lameness or a limp in his leg. Next up, a boxer named Chloe has been referred to the clinic because of potential heart issues. Chloe has had recent episodes of collapsing, so she will meet with Dr. Williams, the clinic's cardiologist, for an echocardiogram exam. After the results come in, Dr. Williams is concerned that Chloe is suffering from cardiomyopathy, which means she has an irregular heartbeat that can cause fainting or sudden heart failure. Dr. Williams will prescribe Chloe medication to prevent the problem from worsening and will continue monitoring her progress. Finally, an elderly cat named Rasky, who is unable to use its legs, is brought into the emergency clinic. Dr. James, the clinic's neurologist, visits with Rasky to perform neurological tests to determine the cause of the mobility issues. After several tests and scans prove inconclusive, Dr. James recommends that Rasky is sent for an MRI scan to help get to the source of the problem.

[Educational Message: We should not be afraid to follow our dreams and passions in life. Dr. Boyd had a strong passion for animals at an early age and chose to work hard and follow her dreams, which led her to becoming a veterinary surgeon.]

Airdate: 12/19/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

CARIBBEAN [EDD105]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to the Caribbean Islands. We'll discover that the Caribbean Islands are a string of more than 7,000 islands between North America and South America. First up, we'll learn about the violent beginnings of the Caribbean Islands, and how volcanic

eruptions shaped the land many years ago. We'll witness how the fertile volcanic soil on the islands soon created lush, tropical forests full of wildlife. Next, we'll learn more about the leatherback sea turtles that call the Caribbean home. The largest of all sea turtle species, we'll discover that the leatherback can grow to roughly six feet in length and weigh as much as a small car. Next, we'll learn how sunken ships get a second life as man-made reefs for numerous species of coral and marine life. We'll also discover how the Caribbean Islands are located in "Hurricane Alley," making this region more vulnerable to powerful natural events. We'll find out where the animals retreat to when they are caught up in the storms, and how they rebuild once the weather passes. Next, we'll meet the National Bird of Trinidad, the scarlet ibis, and find out where their unique color comes from. Here we'll learn that the scarlet ibis gets its unique color from its diet, which consists primarily of crabs rich in the pigment, carotene. We'll discover that the scarlet ibis is actually born with grey feathers, earning its flashy red color over time. Finally, we'll learn about the hummingbirds that are found throughout the Caribbean Islands. We'll discover that their hearts work like an engine, beating up to five hundred times per minute. To keep their energy up, they need to feed constantly. Always on the move, we'll learn that hummingbirds will consume almost three times their body weight every day.

[Educational Message: A habitat of extreme climates and conditions requires clever adaptation and determination for survival. We should always respect and appreciate the beauty and power of nature.]

Airdate: 12/19/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

TURKEY [EDD106]

Today on Earth Odyssey, host Dylan Dreyer takes us on a journey to Turkey. Wedged in between Europe and the Middle East, we'll discover why Turkey is a country of extreme temperatures and landscapes. In Turkey, conditions can quickly deteriorate with heavy downpours, blinding snowstorms, and even burning heat. We'll find out how this country's largest land mammal, the brown bear, copes with such a hostile environment. Here we'll learn that two layers of fur protect the brown bears from harsh weather. Next, we'll go rock climbing with Turkey's Anatolian wild goats, considered one of the best mountaineers in the world. We'll follow a group of wild goats as they trek alongside thousand-foot cliffs. Here we'll discover how the wild goats have uniquely adapted hooves and eyesight that allow them to traverse these great heights. Next, we'll journey to the wetlands of Turkey and witness a thriving ecosystem fed by the rich minerals of the volcanic earth. Here we'll find some of the most colorful birds in the world, including the bright pink greater flamingos. We'll witness first-hand how these long-limbed birds fish for shrimp in the salty waters. Here we'll learn how the flamingos get their name from "Flamenco," a Latin word meaning fire. Finally, we'll visit the wild beaches of Turkey and learn more about the loggerhead sea turtles that nest in these areas. We'll discover that while the sandy beaches are a popular nesting spot for the turtles, there are numerous predators lurking, such as ghost crabs. As the baby loggerhead turtles finally hatch, it's a race to the open ocean waters before the crabs can catch up.

[Educational Message: We are constantly faced with new challenges and environments in our lives. Living in extreme climates requires strength and adaptation in order to ensure survival of future generations.]

Airdate: 12/19/2020

Time:

Duration: 30:00

A NEW LEAF

HIDDEN FAMILY HERITAGES [ANL109]

Today on A New Leaf, three families search for their hidden heritage in this collection of amazing journeys of historical discovery. First, Steve and his son Remy trace their ancestors to create a school family tree project. Then, Nadia unlocks her mom's African American roots which inspires her dance audition for grad school. Then, Allison fills in some family history gaps as a Bar Mitzvah gift to her son, Jayden. For Remy and Steve, they soon trace their roots back to Ireland where their ancestors were farmers. Here we'll learn more about the great famine that killed potato crops across Ireland beginning in 1845. This famine forced many families to seek a new life elsewhere, including Remy's ancestors. Tracing their roots back even further, Remy discovers that his other ancestors came to America on the Mayflower. Next, we'll follow Nadia on her journey of discovery and witness her passion and dedication as she perfects her dance performance. We'll learn that training to become a professional ballerina can take as long as fifteen years and will require much hard work. Nadia is also hoping to incorporate her African American heritage in her dance routine. We'll visit with an expert on African American culture and learn more about Nadia's roots as she prepares for her upcoming dance performance. Finally, we'll catch up with Allison and Jayden on their journey. After a deep dive into their family tree, Allison discovers that her family has a connection to the Titanic. Allison also hopes to get in touch with her Jewish roots and learn more about the Jewish experiences before World War II.

[Educational Message: At the beginning of their quests for knowledge about their past, these families knew very little about their ancestors and family tree. Hoping to share this information with other members of their family, these people were all determined to learn more about their family roots. On this journey, we uncovered many things never known about their pasts. Because of their determination to discover more, this information will live on in their families for generations.]

Airdate: 12/19/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

GOING FOR GOLD: FIRST FOR EVERYTHING [HOC411]

First, we meet teen swimmer Regan Smith, water polo player Johnny Hooper, and mountain bike racer Kate Courtney to learn how they are handling the pressure as Olympic newcomers and preparing to compete in Tokyo. Water polo was introduced in the Olympics in 1900, and mountain biking made its Olympic debut in 1996. Next, we get an in-depth look at the volleyball career of Kerri Walsh Jennings and her journey to find the right partner to compete with in Tokyo. Beach volleyball became an official Olympic sport in 1996, and a volleyball player averages around 300 jumps in a single game. Then, we learn how Allyson Felix balances life as a mother and as an Olympian, and she explains how she found a new purpose to succeed after becoming a mother. The 100 meter sprint is the shortest race in the Olympics, and Allyson Felix is already the most decorated female athlete in U.S. track and field Olympic history. Finally, we learn how soccer legend Mia Hamm continues to inspire young soccer players long after her retirement from soccer through her foundation, which teaches that being a good teammate is just as important as being a good player.

[Educational Message: Success alone does not define a great legacy-- how you impact others' lives long after the game is over is just as important. Viewers learn about how to handle pressure when

competing at a high level, the history of Olympic volleyball, and the importance of having a supportive relationship with teammates.]

Airdate: 12/19/2020

Time:

Duration: 30:00

**THE VOYAGER WITH JOSH GARCIA
SANDS OF TIME [VJG319]**

Host Josh Garcia arrives to the port city of Aqaba, Jordan, where he can see the coastlines of Israel, Egypt, and Saudi Arabia from Aqaba's port. Though virtually landlocked, Jordan has 17 miles of coastline which attracts divers from all over the world. The Gulf of Aqaba is at the northern end of the Red Sea, and there's a wide variety of coral reefs and other sea life that thrive in the water. To learn more about coral reefs and Jordan's conservation efforts, Josh meets with a local conservationist who takes him on a dive in the Red Sea. Coral reefs are formed by corals that secrete calcium carbonate to form a hard skeleton. Next, Josh heads north to Wadi Rum, a protected desert wilderness of red sand dunes and granite rock formations. Human existence in Wadi Rum has been traced back to prehistoric times. Josh makes the trek and meets with members of a Bedouin tribe who show him how to prepare Jordan's national dish, mansaf, and they instruct him on the proper way to eat it. The name of the dish, "mansaf," comes from the Arabic word meaning "large tray or "large dish." Mansaf is prepared with rice, meats, and yogurt, and served with a traditional bread, called "shrek," or a round unleavened flatbread. Finally, Josh visits the ancient Nabatean capital city of Petra. Built over 2,000 years ago, Petra is considered one of the most famous and important archaeological sites in the world, and a spectacular marvel of Jordan's ancient ingenuity and place in world history. Josh walks through the historic canyon in wonder and learns about the tomb carved into stone for King Aretas IV, who was the King of the Nabateans from around 9 BCE to 40 CE. King Aretas IV's tomb, known as the Treasury, is nearly 131 feet high and has two floors.

[Educational Message: When it comes to marine conservation, if we can understand what a coral reef is, we can actually enhance the pre-existing conditions of that reef in our immediate environment, allowing it to thrive.]

Airdate: 12/19/2020

Time:

Duration: 30:00

**VETS SAVING PETS
TAMING OF THE DRAGON [VSP112]**

Today on Vets Saving Pets, a Bichon comes into the clinic with seizure issues, a Komodo dragon is in need of a spay, and a cat arrives with respiratory problems. First up, a Bichon named Mazy is brought into the clinic suffering from seizures. Dr. James, the clinic's neurologist, performs several neurological tests but suspects a brain tumor or inflammatory disease could be the cause of Mazy's seizures. In order to more accurately diagnose the issue, Dr. James performs a computerized tomography scan, or CT scan, of Mazy's brain. After results are still inconclusive, Dr. James administers a spinal tap, or lumbar puncture, that can help diagnose infections and nervous system disorders. It is soon determined that Mazy has an inoperable mass in her nasal cavity. Dr. James prescribes medication to stop the seizures and sends Mazy home for further monitoring. Next, Dr. Boyd, the clinic's surgeon, is traveling to a local zoo to perform a spay on a Komodo Dragon named Loka. This is the first time Dr. Boyd has ever treated an exotic animal like Loka, so she will have to learn as she goes and work extra carefully on her new patient. Here we learn about the

unique anatomy of Komodo Dragons, as well as how their metabolism is much slower than a mammal's, which means it will take longer for the reptile to recover after surgery. Finally, a cat named Titan visits the clinic suffering from breathing issues. Dr. Martin, an internal medicine veterinarian at the clinic, will be examining Titan to determine the cause of the respiratory problems. After performing a CT scan on Titan, Dr. Martin orders a lung wash to be administered to find out whether or not the issue could be related to cancer. Tests confirm that Titan does not have cancer and will be prescribed medication to treat the inflammation in its lungs.

[Educational Message: We are presented with new challenges every day and we must do our best to not be defeated when faced with adversity. As we saw in this episode, Dr. Boyd took initiative and performed surgery on an animal she's never treated in her career. We ourselves must learn to do our best to overcome any obstacles we face.]

Airdate: 12/26/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

SRI LANKA [EDD107]

Today on Earth Odyssey, host Dylan Dreyer takes us to the island nation of Sri Lanka, located near the Southern tip of India. Although roughly the size of Pennsylvania, Sri Lanka is packed with enough wildlife to rival a vast continent. Because of its unique climate, we'll find a staggering array of creatures both large and small. Here we'll learn how Sri Lanka is home to both the world's largest land and aquatic mammals, the elephant and the blue whale. First, we'll travel to the Lowland plains, which cover more than two thirds of the island of Sri Lanka. We'll discover that this region is home to over 2,000 wild elephants, one of the largest populations on Earth. Here we'll learn more about the elephant's habitat and how they prepare for the upcoming dry season. We'll also discover that, with their specialized feet, elephants can communicate with each other using seismic signals, or ground vibrations. Next, we'll journey to Yala National Park where we'll learn more about the spotted deer that inhabit the area. Here we'll learn how the spotted deer have adapted their bodies and behaviors to the tempestuous Sri Lanka climate. We'll also learn about the unique relationship between the spotted deer and native monkeys living in the park. Allies of the deer, grey langurs warn the deer of approaching predators like the ferocious Sri Lankan leopard. Next, we'll see how toque macaques have taken to the ruins of Polonnaruwa. Once the capital of Sri Lanka, Polonnaruwa is home to Parakrama Samudraya, the largest ancient man-made lake in Sri Lanka. Here we'll follow a group of toque macaques and learn more about the strict social system and hierarchy adhered to within each group. Finally, we'll learn more about mugger crocodiles and the unique relationship they have with painted storks. Here we'll discover the fascinating symbiotic relationship that exists between these two very different animals.

[Educational Message: In Sri Lanka we find examples of animals working together to ensure their survival. Symbiotic relationships are essential to many organisms and ecosystems. Relationships like these provide a balance that can only be achieved by working together.]

Airdate: 12/26/2020

Time:

Duration: 30:00

EARTH ODYSSEY WITH DYLAN DREYER

CAMBODIA [EDD108]

Today on Earth Odyssey, host Dylan Dreyer takes us to the watery kingdom of Cambodia. Bordered by the countries Thailand, Laos, and Vietnam, Cambodia is part of a region known as Indochina. Cambodia is home to an incredibly diverse group of wildlife, including over 120 species of mammal. Most of Cambodia is low-lying plains, with mountains in the north, and hills to the east. Nearly 2,500 miles long, the Mekong River feeds the largest inland body of water in Southeast Asia, the Tonle Sap. Home to giant carp, giant catfish, and stingrays, we learn that the Mekong River boasts more large fish species than any other river on Earth. First, we'll visit with a group of Asian elephants, which reside primarily in the eastern plains of Cambodia. Here we'll learn how elephants forage for food using a specially adapted finger-like appendage at the tips of their trunks. We'll also discover how the migration routes of elephants have been drastically impacted by human expansion and development. Next, we'll travel to the ancient Kingdom of Angkor, a city once inhabited by more than a million human residents over 800 years ago. Today, these ruins are now inhabited by troops of macaques that have made this ancient city their home. Here we'll learn about some of the amazing habits and behaviors of these wild macaques. We'll discover that in addition to cleaning their food before eating, some macaques have been observed seasoning their food with salt water. Above the ancient ruins of Angkor, the black-shanked doucs can be seen swinging from branch to branch. We'll learn that this rare and endangered species can only be found in Cambodia and neighboring Vietnam. Next, we'll visit with an Asiatic black bear that resides in the forests of Cambodia. Nicknamed the "moon bear," the Asiatic black bear sports a creamy white mark on its chest in the shape of a crescent moon. Able to walk up to a quarter mile on two legs, we'll learn that moon bears are the most bipedal of any bear species. Finally, we'll meet face-to-face with the elusive Indochinese tiger as it makes a brief appearance before retreating into the forest.

[Educational Message: Our society can have a big impact on the nature and wildlife that surrounds us. We must find ways to protect our surrounding nature and wildlife for future generations.]

Airdate: 12/26/2020

Time:

Duration: 30:00

A NEW LEAF

SURPRISING FAMILY DISCOVERIES [ANL113]

Today on A New Leaf, three remarkable people take journeys of family discovery in this special look at some of the best episodes this year. After the sudden loss of his mother, Craig discovers details about his ancestors that he never knew; Joseph hopes to finally find out if he's related to famous philanthropist Andrew Carnegie; and as Lauren clears up family stories surrounding her great-grandfather's adoption, she discovers a surprising heritage along the way. For Craig, he would like to know more about his parents' relatives and their family's journey to America. Craig soon discovers that his family on his mother's side were in the garment business in New York City during the early 1900's. Inspired by this revelation, Craig visits a working textile factory to learn more about what life was like for garment workers during that time. Next, Joseph Carnegie is hoping to find out if his family is related to Andrew Carnegie. Joseph also wants to verify his potential Scottish roots, the same birthplace of Andrew Carnegie. Joseph visits with a historian at the Carnegie Art Museum where he learns a wealth of information about the history of Andrew Carnegie. Joseph also discovers that Andrew Carnegie devoted his late life to large scale philanthropy, donating the vast majority of his large fortune. Finally, Lauren would like to know more details about her great-grandfather, as well as her potential Native American or Mexican roots. After diving deep in her family history, Lauren discovers that her great-grandfather was actually from New Mexico. Once living as part of the Genizaros community, Lauren confirms her great-grandfather was of Spanish and Native American descent. Moved by this revelation, Lauren visits a historian to learn more about her connection to the Genizaros community.

[Educational Message: By discovering more about our past we can connect more with the present. Craig, Joseph, and Lauren all sought to find out more about their roots so that they could share this information with their families. A better understanding of your past can help you form stronger bonds with your family in the present.]

Airdate: 12/26/2020

Time:

Duration: 30:00

THE CHAMPION WITHIN

GOING FOR GOLD: MORE THAN AN ATHLETE [HOC410]

First, we meet fencer Kamali Thompson and learn how she balances her life as a medical student while training to achieve her goal of winning a gold medal at the Olympics. Fencing made its Olympic debut in 1898; and there are three types of fencing swords: foil, epee, and sabre. Next, we learn how injured military veteran Mike Morales finds solace in playing golf and how it helps him recover physically and mentally. Posttraumatic stress disorder is a psychiatric disorder that can occur in people who have experienced or witnessed a traumatic event. Then, we learn how Olympic sprinter Noah Lyles balances his two passions, running and art. Sprinters use spikes with no cushioning because all of their running is done on the ball of their foot. Lastly, we meet cyclist Annemiek van Vleuten, learning about her comeback after a terrible crash during the 2016 Rio Olympics cost her the gold medal. After her recovery, Annemiek returned to cycling to ultimately win a world title, inspiring viewers to keep pushing for their dreams when it may seem the race has been lost.

[Educational Message: Finding the courage to try again after failing or to try something new can lead to different opportunities, newfound interests, and success. Viewers learn about the sport of fencing, ways to balance two passions, how sports can be therapeutic, and the importance of having versatility and outlets to express yourself.]

Airdate: 12/26/2020

Time:

Duration: 30:00

THE VOYAGER WITH JOSH GARCIA

ALL THE MARBLES [VJG120]

Host Josh Garcia spends the day ashore in Rome, Italy and heads straight to the Roman Forum to soak in the city's immense history. He learns not only about the history, but the important role of marble in this city's ancient architecture. Then, he carves his name in a marble slab after he learns the technique involved in shaping letters and images, and it isn't as easy as it looks. Then, he steps into the kitchen to learn how to make real Italian gnocchi, which is nothing like the gnocchi he's tried before. Gnocchi are small Italian dumplings made from potato and flour, traditionally served with sauce. Later, Josh joins a class at gladiator school and trains to compete like the ancient entertainers.

[Educational Message: Rome, Italy can feel like a living museum. Artwork and architecture abound and serve as a reminder of the remarkable innovations and triumphs of the past.]

Airdate: 12/26/2020

Time:

Duration: 30:00

VETS SAVING PETS

FEET TO THE FIRE [VSP113]

Today on Vets Saving Pets, a cat is brought to the clinic with bladder issues, a Golden Retriever is suffering from heartworms, and a feline that survived a tragic house fire is in need of care. First up, a rescued Golden Retriever named Shadow arrives at the clinic after testing positive for heartworms. Dr. Williams, the clinic's cardiologist, performs an ultrasound to better gauge the severity of the heartworm infestation. Next, a cat named Trigger has been admitted to the emergency clinic with a urinary blockage. Dr. Bryer, the clinic's head emergency veterinarian, suspects that Trigger is suffering from feline lower urinary tract disease, which is preventing the cat from urinating. Here we learn that this disease is a serious condition that can lead to severe heart problems and even sudden death. Dr. Bryer will prescribe Trigger with antibiotics to help aid the cat's recovery. Finally, Dr. Boyd is checking in on a patient with a tragic yet amazing story. A rescued feline named Tiger was the sole survivor of a house fire that occurred at a cat shelter. Most of Tiger's body was severely burned in the fire and he has been under the care of the emergency clinic for over three weeks. Dr. Boyd and her team have been treating Tiger daily with bandage changes and medication. Although recovery has progressed, Tiger's severe burns on his feet have created complications that worry Dr. Boyd. As the cat lost most of his claws in the fire, Dr. Boyd decides to perform surgery to remove the remaining claws and prevent any future problems that may occur during the recovery process.

[Educational Message: Never give up hope even when it seems like all hope is lost. In this episode we saw the compassion of veterinarians working around the clock to save a severely injured rescue cat. We must always do our best to work through problems and find solutions even in the most difficult times.]

For 4th Quarter 2020 October 1, 2020 – December 31, 2020

THERE WAS NO OTHER PROGRAMMING FOR THE 4TH QUARTER OF 2020, THAT CONTRIBUTED, AS PART OF NBC'S OVERALL PROGRAMMING, TO SERVE THE EDUCATION AND INFORMATIONAL NEEDS OF CHILDREN 16 AND UNDER.

4th Quarter 2020 PSAs

NETWORK PUBLIC SERVICE SCHEDULE OCTOBER 2020

Air Date	Start Time	Program	Promo Title	House #	Air Time
10/03/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	10:24:17 a
10/03/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Get Out the Vote :15	ZNBC201102H	10:54:17 a
10/03/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Get Out the Vote - Talent Group 2 :15	ZNBC201104H	11:24:17 a
10/03/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Injustice :15	ZNBC201105H	11:54:17 a
10/10/2020	07:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "A Mask Is A Must" :15	ZNBC20194H	07:24:17 a

10/10/2020	07:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "Physical Distancing" :15	ZNBC20193H	07:54:17 a
10/10/2020	08:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various V1 "Coronavirus General" :15	ZNBC20191H	08:24:17 a
10/10/2020	08:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	08:54:17 a
10/17/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	10:24:17 a
10/17/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Get Out the Vote :15	ZNBC201102H	10:54:17 a
10/17/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room" :15	ZNBC20181H	11:24:17 a
10/17/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "Physical Distancing" :15	ZNBC20193H	11:54:17 a
10/24/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "A Mask Is A Must" :15	ZNBC20194H	10:24:17 a
10/24/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "Physical Distancing" :15	ZNBC20193H	10:54:17 a
10/24/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various V1 "Coronavirus General" :15	ZNBC20191H	11:24:17 a
10/24/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	11:54:17 a
10/31/2020	08:30:00 a	NBC NEWS - NIGHTLY NEWS FOR KIDS	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	08:40:53 a
10/31/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Get Out the Vote :15	ZNBC201102H	10:24:17 a
10/31/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Get Out the Vote - Talent Group 2 :15	ZNBC201104H	10:54:17 a
10/31/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Injustice :15	ZNBC201105H	11:24:17 a
10/31/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "Physical Distancing" :15	ZNBC20193H	11:54:17 a

NETWORK PUBLIC SERVICE SCHEDULE
NOVEMBER 2020

Air Date	Start Time	Program	Promo Title	House #	Air Time
11/07/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	10:24:17 a
11/07/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "A Mask Is A Must" :15	ZNBC20194H	10:54:17 a
11/07/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Injustice :15	ZNBC201105H	11:24:17 a
11/07/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room"	ZNBC20181H	11:54:17 a

:15

11/14/2020	08:30:00 a	NBC NEWS - NIGHTLY NEWS FOR KIDS	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	08:40:53 a
11/14/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room" :15	ZNBC20181H	10:24:17 a
11/14/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	10:54:17 a
11/14/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "A Mask Is A Must" :15	ZNBC20194H	11:24:17 a
11/14/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Speaking Up for Injustice :15	ZNBC201105H	11:54:17 a
11/21/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Use Your Voice Against Injustice :15	ZNBC201103RH	10:24:17 a
11/21/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room" :15	ZNBC20181H	10:54:17 a
11/21/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "A Mask Is A Must" :15	ZNBC20194H	11:24:17 a
11/21/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC20199H	11:54:17 a
11/28/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	10:24:17 a
11/28/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	10:54:17 a
11/28/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	11:24:17 a
11/28/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	11:54:17 a

NETWORK PUBLIC SERVICE SCHEDULE DECEMBER 2020

Air Date	Start Time	Program	Promo Title	House #	Air Time
12/05/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	10:24:17 a
12/05/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	10:54:17 a
12/05/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	11:24:17 a
12/05/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Feeding America/Croods Care Now Playing :15	ZNBC201112H	11:54:17 a
12/12/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "Physical Distancing" :15	ZNBC20193H	10:24:17 a
12/12/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various V2 "Coronavirus General" :15	ZNBC20192H	10:54:17 a
12/12/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room" :15	ZNBC20181H	11:24:17 a
12/12/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC20198H	11:54:17 a

12/19/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC201 99H	10:24:17 a
12/19/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "Physical Distancing" :15	ZNBC201 93H	10:54:17 a
12/19/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Teaching Kids About Equity :15	ZNBC201 98H	11:24:17 a
12/19/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "A Mask Is A Must" :15	ZNBC201 94H	11:54:17 a
12/26/2020	10:00:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #1 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various "Physical Distancing" :15	ZNBC201 93H	10:24:17 a
12/26/2020	10:30:00 a	TMYK EARTH ODYSSEY WITH DYLAN DREYER #2 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus Phase 2 Anthem Various V1 "Coronavirus General" :15	ZNBC201 91H	10:54:17 a
12/26/2020	11:00:00 a	TMYK A NEW LEAF 30 MIN (4 SEG)	PSA 2020, The More You Know, Diversity, Equity & Inclusion Be Vocal :15	ZNBC201 99H	11:24:17 a
12/26/2020	11:30:00 a	TMYK CHAMPION WITHIN 30 MIN (4 SEG)	PSA 2020, The More You Know, Coronavirus AAPI Nico Santos NBC/Superstore "No Room" :15	ZNBC201 81H	11:54:17 a

NBC NETWORK NON-BROADCAST EFFORTS

October - December, 2020

NBCUniversal's *The More You Know* website:

Since 1989, *The More You Know* has brought the nation's most important social issues to the forefront, and remains a trusted voice for sharing knowledge to improve lives and inspire action.

The More You Know's comprehensive website (themoreyouknow.com) includes in-depth resource and referral information on the campaign's important focus issues including:

- HEALTH – fighting childhood obesity, encouraging nutrition and physical fitness
- ENVIRONMENT – encouraging everyday actions that reduce environmental impact
- EDUCATION – recruiting new teachers and promoting their long-lasting impact
- DIGITAL LITERACY & INTERNET SAFETY - sharing online safety tips and information
- DIVERSITY – embracing differences and promoting inclusion, tolerance and respect

Also featured on site is The More You Know Learning series' *Growing Up Online*, a free eBook on digital literacy and Internet Safety. *Growing Up Online* is an important tool to initiate conversation with children about online safety. The eBook is a media-rich, two-part learning resource that provides easy-to-use information about navigating the digital world in a unique and engaging way. Part one includes safety tips, discussion questions and key takeaways for parents and teachers. Part two features four entertaining video comic books for children, focused on real situations that come up when kids go online.

Additional content on the site includes public service announcements, behind-the-scenes videos, a general overview, a talent directory, and a list of the campaign's accolades such as the prestigious Emmy and Peabody awards.