

ISSUES AND PROGRAMS LIST

STATION: KCSH 88.9 FM Ellensburg, WA DATE: July 1, 2023

During the past quarter, we broadcast the programs listed below to address community issues.

ISSUE: The Best of Health and Longevity- Dr. John Scharffenberg

PROGRAM TITLE: Health and Longevity

Date: 4/28/2023 + 4/30/2023 Time of day: 2:05PM /12:05 PM Duration: 28 Minutes

Program Description:

John Scharffenberg, M.D. is a physician, nutritionist and Professor of Nutrition at Loma Linda University. Dr. Scharffenberg discusses a major breakthrough in the world of health as it relates to your health and longevity.

ISSUE: In Love With Faith-Based Investing- Cassie & Rick Laymon

PROGRAM TITLE: Faith and Finance

Date: 5/4/2023 Time of day: 12:30 PM Duration: 25 Minutes

Program Description:

It's a question more and more listeners are asking these days— how do I align my investments with my Christian values? The faith-based investment movement is turning heads in the financial industry as a growing number of believers get involved. We'll talk with Cassie and Rick Laymon about the early days of the movement, on Faith and Finance.

ISSUE: Mitigating Drug Harms

PROGRAM TITLE: American Indian and Alaska Native Living

Date: 5/30/2023 Time of day: 2:00 PM Duration: 58 Minutes

Program Description:

Although medications can be lifesaving, they can also be the agents of death. Learn how programs throughout Indian Country are combatting drug problems, from toxic environmental contamination to drug abuse.

ISSUES AND PROGRAMS LIST – continued

ISSUE: What's Behind their faith questions? - Sean McDowell

PROGRAM TITLE: Family Life Today

Date: 5/5/2023

Time of day: 6:05 AM & 7:05 PM

Duration: 25 Minutes

Program Description:

When someone doesn't know Jesus, their brain isn't the only thing tossing out arguments. Author Sean McDowell looks to deeper hurt behind the questions.

ISSUE: "Focus on the National Indian Council on Aging (NICOA)"

PROGRAM TITLE: American Indian and Alaska Native Living

Date: 6/6/2023

Time of day: 2:00 PM

Duration: 58 Minutes

Program Description:

Learn the amazing story behind NICOA's creation—and the powerful role it plays in improving the lives of Native American elders. For further info contact: NICOA.org or nicoacompass.org

ISSUE: Best of Health and Longevity- Dr. Michael Greger

PROGRAM TITLE: Health and Longevity

Date: 5/5/2023 + 5/7/2023

Time of day: 2:05 PM & 12:05 PM

Duration: 28 Minutes

Program Description:

Lifestyle Medicine and Nutrition Expert, Dr. Michael Greger discusses the role that nutrition plays in health and medicine. He discusses current research about the benefits of a plant-based in treating, preventing and reversing common diseases.

ISSUE: The Trouble with Home Warranties

PROGRAM TITLE: Faith and Finance

Date: 5/25/2023

Time of day: 12:30 PM

Duration: 25 Minutes

Program Description:

Generally speaking, insurance is a good thing but not always. Rob West shares that as far as home warranties go, you can insure yourself by having an adequate emergency fund and be money ahead in the long run.

ISSUES AND PROGRAMS LIST – continued

ISSUE: Social Media and Your Kids- Jeremiah Johnston

PROGRAM TITLE: Family Life Today

Date: 5/24/2023

Time of day: 6:05 AM & 7:05 PM

Duration: 25 Minutes

Program Description:

Jeremiah Johnston reveals research on the devices and social media our kids live on. What do we need to know? How can we manage both in holy ways?

ISSUE: Kids that honor God with Money, Part 2- Matt Bell

PROGRAM TITLE: Faith and Finance

Date: 5/26/2023

Time of day: 12:30 PM

Duration: 25 Minutes

Program Description:

We'll talk about temperaments and how they affect the way we (and our kids) manage money. Matt Bell joins us again to talk about how those differences can affect the way our kids manage money.

ISSUE: Managing Stress- Dr. David DeRose

PROGRAM TITLE: American Indian and Alaska Native Living

Date: 6/13/2023

Time of day: 2:00 PM

Duration: 58 Minutes

Program Description:

Dr. DeRose provides a compelling new paradigm for addressing stress and rolls out a new free stress management resource. Consequently, this week's program offers practical tips for stress management in addition to providing an overview of "Performance Boost 30," a new free online program to help you optimize your physical and mental performance through stress management and other practical natural strategies.

ISSUE: Worry, The Joy Stealer – Part 1

PROGRAM TITLE: Homeschool Companion

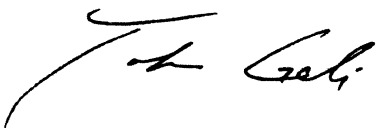
Date: 5/25/2023

Time of day: 8:05 AM

Duration: 25 Minutes

Program Description:

The Joy Stealer, June Hunt (Hope for the Heart Ministries) offers a practical and useful guide to help Christians stop worrying and start living.



Signature of licensee

July 1, 2023

Date