

ISSUES PROGRAM LIST

Quarterly Issues Programs List

KONA-AM

KZHR-FM

October 1, 2023 through December 31, 2023

Section I. Issues

The above stations have identified the following issues as significant issues facing our community in this quarter:

- A. Aging and illness:** The cost of living and access to healthcare in the Tri-Cities has attracted thousands of retirees to the area. Many of this population suffer from the invisible illness Rheumatoid Arthritis. The stations presented data on how to cope and manage the illness in the later stages of life.
- B. Public Safety Vulnerable Populations:** Scams and deceptive business practices rise during the holiday season and thousands are duped each year in Tri-Cities. The stations presented information on how to spot deceptive methods and lies from scammers and unethical businesses which can help protect the community from falling prey.
- C. Public Health & Weather:** The Pacific Northwest and Tri-Cities has experienced an unusual amount of rainfall this fall. The cold damp air is prime breeding conditions for mold growth. Experts discussed the dangers of mold and explained how to clean impacted areas in the home and how to prevent future mold growth.
- D. Radiation & Nuclear Workforce:** The majority of the Tri-City workforce is employed at Hanford Nuclear Cleanup site. This World War II facility is still teeming with radioactive waste which presents health concerns for many of the workers. The stations presented research regarding the lasting impacts atomic bomb production has had on those working and living in the area. For example, it has been proven the risk of cancer increases for those exposed to ionizing radiation.
- E. Natural Disasters/Earthquakes:** Washington State and Tri-Cities are experiencing more frequent minor earth tremors in 2023. This has many concerned that a large one is eminent. The stations presented information about the devastating impact a large natural disaster can have on a community and how, now more than ever, it is important to be prepared at home with stored food and water and a disaster plan.

Section II. Responsive Programs

The responsive program is titled "Radio Health Journal", which airs weekly on each station at the following times:

KONA-AM: 6:30AM Saturdays

KZHR-FM 11:30PM Sundays

Program	23-40	Written & Produced	Kristen Farrah & Tabor Brewster
Air Week	10/01/23	Production Manager	Jason Dickey
Time	Segment		Dur.
:00	INTRO		:48
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Comirnaty" Procter & Gamble "Vicks Quils"	OUTCUE: ...of children	:30 :30
1:48	:02 PAUSE FOR LOCAL AVAIL		:02
1:50	SEGMENT 1: "OWN YOUR CHOICES": GETTING HEALTHY WITHOUT MEDICATION		11:18
	Synopsis: Modern medicine has found incredible solutions for acute illnesses, but have we become too reliant on drugs to fix our problems? Integrative medicine approaches medical issues by treating the body as a whole instead of just cherry-picking symptoms. Our experts explain some of the lifestyle changes we can make to decrease our dependance on medication. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Tieraona Low Dog, Globally-Recognized Expert in Integrative Medicine, Founding Director, Medicine Lodge Ranch; Dr. David Katz, Specialist in Preventive Medicine and Public Health, Founder of Yale-Griffin Prevention Research Center, Yale University, Chief Executive Officer, Diet ID Compliance issues covered: integrative medicine; traditional medicine; pharmaceuticals; diabetes; chronic conditions; lifestyle; holistic healthcare; healthcare; meditation; vitamins; supplements; herbal remedies; acupuncture Links for information: https://davidkatzmd.com/ https://www.dietid.com/ https://twitter.com/DrDavidKatz https://www.linkedin.com/in/drlowdog/ https://www.drlowdog.com/ https://www.instagram.com/lowdogmd/?hl=en		
13:08	SPOTBREAK 2: Pfizer Consumer Healthcare "Eliquis Unbranded" Indeed "Indeed"	OUTCUE: ...conditions apply	:30 :30
14:08	:02 PAUSE FOR LOCAL AVAIL		:02
14:10	SEGMENT 2: HOW TO GET A STEP AHEAD OF YOUR FOOT HEALTH		8:52
	Synopsis: Even though the APMA estimates that three out of four people will develop serious foot pain, foot health is often neglected until it's too late. Plantar fasciitis is one of the most common causes of foot discomfort – and it's preventable in many cases. Dr. Marlene Reid, a podiatric surgeon, explains proper foot care and how to mitigate any pain flare-ups. Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Marlene Reid, Podiatric Surgeon, National Spokesperson, American Podiatric Medical Association Compliance issues covered: plantar fasciitis; foot health; podiatry; public health; patient safety; foot pain; flat foot; heel stability; achilles heel; bone spurs Links for information: https://www.napervillepodiatrist.com/dr-marlene-reid-dpm/ https://www.apma.org/ https://www.linkedin.com/in/marlene-reid-a1a18595/		
23:02	SPOTBREAK 3: Pfizer Consumer Healthcare "Comirnaty" Procter & Gamble "Crest Dentifrice" Pfizer Consumer Healthcare "Eliquis Unbranded" Procter & Gamble "Metamucil"	OUTCUE: ...any disease	:30 :30 :30 :30
25:02	MEDICAL NOTES: AIR QUALITY LINKED TO DEMENTIA, FOOTBALL INCREASES RISK OF PARKINSON'S DISEASE, AND WHY YOU DON'T NEED BLUE LIGHT GLASSES Host: Shel Lustig Producer: Tabor Brewster		1:24
26:26	SPOTBREAK 4: O'Reilly Auto Parts "O'Reilly" Pfizer Consumer Healthcare "Eliquis Unbranded"	OUTCUE: ...and pfizer	:30 :30
27:26	Program Conclusion		:31
27:57	TOTAL TIME		

Program	23-41	Written & Produced	Kristen Farrah
Air Week	10/08/23	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Comirnaty" Procter & Gamble "Pepto Bismol" OUTCUE: ...reach of children	:30 :30
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: RHEUMATOID ARTHRITIS: LIVING WITH AN INVISIBLE ILLNESS	13:18
	Synopsis: Rheumatoid arthritis is a life-changing condition but can also be invisible to everyone around you. Between finding the right medication and managing the illness, it's often a long and frustrating process for many patients. Our experts explain the importance of community support and how to cope with an inflammatory arthritis diagnosis. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Linda Li, Professor of Physical Therapy, University of British Columbia, Leading Scientist in Arthritis Research; Talisa King, Co-Lead of the National African Americans Connect Group, Arthritis Foundation Compliance issues covered: arthritis; rheumatoid arthritis; inflammation; chronic inflammation; patient support; community; public health; invisible illness; physical therapy; heart conditions; cardiovascular health Links for information: https://www.arthritis.org/ https://www.linkedin.com/in/talisa-king-87849b86/ https://physicaltherapy.med.ubc.ca/2022/10/11/linda-li/ https://www.vchri.ca/researchers/linda-li https://www.arthritisresearch.ca/an-interview-with-dr-linda-li-featured-researcher/	
15:08	SPOTBREAK 2: Pfizer Consumer Healthcare "Ibrance" OUTCUE: ...loss of appetite	:60
16:08	:02 PAUSE FOR LOCAL AVAIL	:02
16:10	SEGMENT 2: WHAT TO DO WHEN ANIMALS INVADE OUR HABITAT	6:19
	Synopsis: In a world where deforestation and environmental pollution runs rampant, it's no surprise that wild animals have started to creep into our backyards and – in some cases – inside our homes. Mary Roach, a science author, dives into the reasons behind this steady rise of wildlife lawbreakers. Host: Nancy Benson. Producer: Kristen Farrah. Guests: Mary Roach, Science Author, <i>Fuzz</i> Compliance issues covered: animals; habitats; wildlife; invasive species; endangered species; public safety; deforestation Links for information: https://maryroach.net/ https://www.amazon.com/dp/1324036125/ref=cm_sw_su_dp https://twitter.com/mary_roach?lang=en	
22:29	SPOTBREAK 3: Pfizer Consumer Healthcare "Eliquis Unbranded" SPM "RHJ VP Podcast" Pfizer Consumer Healthcare "Comirnaty" Procter & Gamble "Metamucil" OUTCUE: ...any disease	:30 :30 :30 :30
24:29	MEDICAL NOTES: WHY YOU SHOULD KEEP A DREAM JOURNAL, HOW MUSIC MOVES OUR CELLS, AND HOW FASHION IS HELPING THE VISUALLY IMPAIRED Host: Shel Lustig Producer: Kristen Farrah	1:55
26:24	SPOTBREAK 4: Pfizer Consumer Healthcare "Eliquis Unbranded" Procter & Gamble "King C Gillette" OUTCUE: ...king c gillette	:30 :31
27:25	Program Conclusion	:31
27:56	TOTAL TIME	

Program	23-42	Written & Produced	Kristen Farrah & Polly Hansen
Air Week	10/15/23	Production Manager	Jason Dickey
Time	Segment		Dur.
:00	INTRO		:48
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Ibrance" OUTCUE: ...loss of appetite		:61
1:49	:02 PAUSE FOR LOCAL AVAIL		:02
1:51	SEGMENT 1: WHAT CRIME SHOWS WON'T TELL YOU ABOUT HOW TO SPOT A LIAR		11:28
	Synopsis: Many of us think that we can spot a liar by their eye movements or facial expressions, but for true deception artists those methods won't work. Our experts explain the psychology behind why people lie and how you can avoid being duped. Host: Elizabeth Westfield. Producer: Polly Hansen. Guests: Dr. Christian Hart, Professor of Psychology, Texas Woman's University, Director, Human Deception Laboratory, Co-Author, <i>Big Liars</i> ; Dr. Drew Curtis, Associate Professor of Psychology, Angelo State University, Director, the Curtis Deception Lab, Co-Author, <i>Big Liars</i> Compliance issues covered: lying; pathological liars; public safety; psychology; public health; deception; vulnerable populations; children at risk Links for information: https://christianhart.com/ https://www.apa.org/pubs/books/big-liars https://twitter.com/chrisartpsych?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwq%5Eauthor https://www.angelo.edu/live/profiles/1356-drew-curtis https://twitter.com/dr_curtisphd?lang=en https://www.angelo.edu/departments/psychology/deception-lab/		
13:19	SPOTBREAK 2: Pfizer Consumer Healthcare "Comirnaty" SPM "RHJ VP Podcast" OUTCUE: ...journal dot org		:30
14:19	:02 PAUSE FOR LOCAL AVAIL		:02
14:21	SEGMENT 2: HOW THE mRNA VACCINE HAS REVOLUTIONIZED INFECTIOUS DISEASE PREVENTION		8:01
	Synopsis: The FDA recently approved a new booster shot for COVID-19 and many people are still wondering what exactly we're injecting into our bodies. Dr. William Schaffner, an infectious disease expert, breaks down the revolutionary technology and why we should feel safe going into this winter season. Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. William Schaffner, Professor of Preventive Medicine and Health Policy, Vanderbilt University, Spokesperson and Past President, National Foundation for Infectious Diseases Compliance issues covered: mRNA, covid-19, vaccines; vaccine fatigue; fda; viral infections; infectious diseases; vulnerable populations; dna; viral mutations; clinical trials; flu; rsv Links for information: https://www.vumc.org/health-policy/person/william-schaffner-md https://www.nfid.org/person/william-schaffner-md/ https://www.aamc.org/news/new-covid-boosters-what-doctors-and-patients-need-know		
22:23	SPOTBREAK 3: Pfizer Consumer Healthcare "Abrysvo" Ebay "Ebay Parts & Accessories" Pfizer Consumer Healthcare "Pevnar" OUTCUE: ...twenty dot com		:30
24:23	MEDICAL NOTES: KIDS USING WEIGHT LOSS DRUGS, ADDING INSECTS TO YOUR NEXT MEAL, AND WHY YOU SHOULD STOP PUTTING BANANAS IN YOUR SMOOTHIES Host: Shel Lustig Producer: Kristen Farrah		2:03
26:26	SPOTBREAK 4: Pfizer Consumer Healthcare "Comirnaty" Procter & Gamble "Swiffer Dry" OUTCUE: ...sticky messes		:30
27:26	Program Conclusion		:30
27:56	TOTAL TIME		

Program	23-43	Written & Produced	Kristen Farrah
Air Week	10/22/23	Production Manager	Jason Dickey
Time	Segment		Dur.
:00	INTRO		:48
:48	SPOTBREAK 1: Skyrizi "Skyrizi"	OUTCUE: ...to learn more	:60
1:48	:02 PAUSE FOR LOCAL AVAIL		:02
1:50	SEGMENT 1: CURING CANCER WITH VACCINES OF THE FUTURE		12:18
	<p>Synopsis: The pandemic introduced many of us to mRNA vaccines. Now, researchers are hard at work figuring out how to use this technology to fight cancer. This delivery method would not only stop cancer from growing, but also allow our immune system to eradicate the disease. An expert explains the science behind how we may soon be able to cure cancer.</p> <p>Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Jordan Green, Professor, Vice Chair of Biomedical Engineering, Johns Hopkins University School of Medicine</p> <p>Compliance issues covered: cancer; vaccines; oncology; breast cancer; colorectal cancer; mRNA; protein; immune system; virus; vulnerable populations; public health; patient safety; multiple sclerosis; diabetes</p> <p>Links for information: https://www.hopkinsmedicine.org/profiles/details/jordan-green https://greengroup.johnshopkins.edu/ https://www.pnas.org/doi/full/10.1073/pnas.2301606120 https://twitter.com/JGreenGroup</p>		
14:08	SPOTBREAK 2: SPM "RHJ VP Podcast"		:30
	Procter & Gamble "Metamucil"	OUTCUE: ...any disease	:30
15:08	:02 PAUSE FOR LOCAL AVAIL		:02
15:10	SEGMENT 2: DO IT SCARED: HOW TO BECOME A MORE RESILIENT PERSON		7:49
	<p>Synopsis: Are resilient people born or built? Dr. Dennis Charney, an expert in neurobiology, says it's a little of both. He breaks down what common characteristics resilient people share and how you can overcome hardships in your own life.</p> <p>Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Dennis Charney, Dean of the Icahn School of Medicine, Mount Sinai, Expert in Neurobiology and Mood & Anxiety Disorders, Author, <i>Resilience</i></p> <p>Compliance issues covered: resilience; gun violence; stalking; religion; neurology; anxiety; depression; genetics; fear conditioning; social support; goals; role models; optimism; community; environment</p> <p>Links for information: https://www.mountsinai.org/about/leadership/dennis-s-charney https://twitter.com/IcahnMountSinai https://www.linkedin.com/in/dennischarney/ https://www.amazon.com/Resilience-Science-Mastering-Greatest-Challenges-ebook/dp/B0CCJWYY1Q/ref=sr_1_1?qid=1697132113&refinements=p_27%3ADennis+Charney&s=books&sr=1-1</p>		
22:59	SPOTBREAK 3: Procter & Gamble "Pepto Bismol"		:30
	AZZ Autozone "Services Mash Up"		:30
	SPM "RHJ VP Podcast"		:30
	Pfizer Consumer Healthcare "Abrysvo"	OUTCUE: ...by pfizer	:30
24:59	MEDICAL NOTES: RODENTS MAY BE THE KEY TO IMMORTALITY, NEW TREATMENTS FOR MUSCULAR DYSTROPHY, AND WHY DOGS ARE GREAT FOR YOUR HEALTH		1:28
	Host: Shel Lustig Producer: Kristen Farrah		
26:27	SPOTBREAK 4: Pfizer Consumer Healthcare "Prevnar"	OUTCUE: ...twenty dot com	:60
27:27	Program Conclusion		:30
27:57	TOTAL TIME		

Program	23-44	Written & Produced	Kristen Farrah
Air Week	10/29/23	Production Manager	Jason Dickey
Time	Segment	Dur.	
:00	INTRO	:48	
:48	SPOTBREAK 1: Procter & Gamble "Swiffer Dry" Chick-Fil-A "Chick-Fil-A" OUTCUE: ...their testimonials	:30 :29	
1:47	:02 PAUSE FOR LOCAL AVAIL	:02	
1:49	SEGMENT 1: DOPAMINE AND PARKINSON'S: CHALLENGING OVER 100 YEARS OF RESEARCH	12:15	
	Synopsis: Emerging research is changing everything we thought we knew about dopamine. The connection between Parkinson's Disease and dopamine has been documented in the past, but a new study uncovers mechanisms of the chemical that were previously thought to be impossible. Our experts dive into the research and explain how this affects the future of Parkinson's treatment. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Zachary Gaertner, Neuroscientist, Northwestern University Feinberg School of Medicine; Dr. Raj Awatramani, Sir John Eccles Professor of Neurology, Northwestern University; Dr. Daniel Dombeck, Professor of Neurobiology, Northwestern University Compliance issues covered: neurobiology; dopamine; neurons; reward system; movement; Parkinson's Disease; schizophrenia; patient safety; cell replacement therapy; stem cell Links for information: https://www.nature.com/articles/s41593-023-01401-9 https://twitter.com/Z_Gaertner https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=16253 https://twitter.com/AwatramaniRaj https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=40366 https://twitter.com/danieldombeck?lang=en		
14:04	SPOTBREAK 2: Pfizer Consumer Healthcare "Vyndamax" Procter & Gamble "Secret" OUTCUE: ...secret works	:30 :30	
15:04	:02 PAUSE FOR LOCAL AVAIL	:02	
15:06	SEGMENT 2: HOW TO PROTECT YOUR HOME FROM TOXIC MOLD AND BAD AIR QUALITY	7:54	
	Synopsis: As the temperature drops and we're spending more time inside, it's important to keep our homes disease-free. Things like mold and dust mites can compromise your health. Our experts explain how to properly clean your space and give easy steps you can take to keep your family safe. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Caroline Blazovsky, Home Inspector, Founder, My Healthy Home; Dr. Gregory Charlop, Anesthesiologist, Author, <i>Dr. Greg's Green Home Makeover</i> Compliance issues covered: mold, public health; home health; cleaning; chemicals; volatile organic chemicals; dust mites; disease; virus; detergent; vulnerable populations; pets Links for information: https://www.healthyhomeexpert.com/ https://twitter.com/healthyhomeexp?lang=en https://www.instagram.com/healthyhomeexpert/?hl=en https://www.gregorycharlopmd.com/ https://www.instagram.com/gregorycharlopmd/?hl=en https://www.facebook.com/GregoryCharlopMD/		
23:00	SPOTBREAK 3: Ebay "Ebay Parts & Accessories" Nestle's "Dog Chow" Pfizer Consumer Healthcare "Comirnaty" O'Reilly Auto Parts "O'Reilly 2023" OUTCUE: ...auto parts	:30 :30 :30 :30	
25:00	MEDICAL NOTES: ONE PILL COULD REPLACE YOUR DAILY WORKOUT, HOW YOUR HOMETOWN CONTRIBUTES TO YOUR DIET, AND A LESS-INVASIVE ALTERNATIVE TO INJECTIONS Host: Shel Lustig Producer: Kristen Farrah	1:29	
26:29	SPOTBREAK 4: Taco Bell "Tacogen2109" Procter & Gamble "Bounty" OUTCUE: ...picker-upper	:30 :30	
27:29	Program Conclusion	:31	
28:00	TOTAL TIME		

Program Log for Radio Health Journal

Program	23-45	Written & Produced	Kristen Farrah, Polly Hansen, Reed Pence
Air Week	11/05/23	Production Manager	Jason Dickey
Time	Segment	Dur.	
:00	INTRO	:48	
:48	SPOTBREAK 1: SPM "RHJ VP Podcast" Pfizer Consumer Healthcare "Abrysvo" OUTCUE: ...by pfizer	:30 :31	
1:49	:02 PAUSE FOR LOCAL AVAIL	:02	
1:51	SEGMENT 1: SHOULD BUSY CITIES START BANNING LEFT-HAND TURNS?	11:53	
	Synopsis: If you're waiting at a streetlight to turn left, you'll probably never be joined by a UPS truck. The company's computer routing system has shown that left-hand turns waste time and fuel – but Dr. Vikash Gayah says they could also be dangerous to our health. Experts dive into these road rules and offer solutions to simplify your daily errands. Host: Elizabeth Westfield. Producer: Reed Pence. Guests: Dr. Vikash Gayah, Professor of Civil Engineering, Interim Director of the Larson Transportation Institute, Pennsylvania State University; Patrick Browne, Retired Vice President of Sustainability, UPS; Dan McMackin, Public Relations Manager, UPS Compliance issues covered: driving; public safety; traffic; vehicle crashes; vehicle safety; efficient travel; speeding; psychology; road safety Links for information: https://www.cee.psu.edu/department/directory-detail-q.aspx?q=vvq104 https://www.linkedin.com/in/dan-mcmackin-39b65811/ https://www.linkedin.com/in/vikash-gayah-352a2b3b/ https://www.linkedin.com/in/patrick-browne-04916314/		
13:44	SPOTBREAK 2: Pfizer Consumer Healthcare "Pevnar" OUTCUE: ...prevnar twenty dot com	:60	
14:44	:02 PAUSE FOR LOCAL AVAIL	:02	
14:46	SEGMENT 2: BRACE FACE: AUTHOR WHO WAS BULLIED FOR HER OVERBITE OFFERS GUIDANCE	7:49	
	Synopsis: Christina Wyman was born with a craniofacial deformity and spent her childhood dodging bullies -- at school and at home. After two jaw surgeries as an adult, her extreme overbite is fixed, but the trauma lives on. She offers guidance on how parents can successfully support their kids through these tough times. Host: Greg Johnson. Producer: Polly Hansen. Guests: Christina Wyman, author, <i>Jawbreaker</i> Compliance issues covered: facial deformities; bullying; family relations; children at risk; bone health; craniofacial anomaly; bone defect; overbite; dentistry; empathy; conflict resolution; childhood trauma; emotional maturity Links for information: https://christinawymanbooks.com/ https://www.instagram.com/christina.wyman.books/ https://twitter.com/cwymanbooks https://www.facebook.com/christinawymanbooks		
22:35	SPOTBREAK 3: Procter & Gamble "Febreze Car Fresh" Walgreens "Medicare" SPM "RHJ VP Podcast" Procter & Gamble "Pepto Bismol" OUTCUE: ...of children	:30 :30 :30 :30	
24:35	MEDICAL NOTES: YOUR NEW ROBOTIC BESTIE, AN UPTICK IN CASES OF TREATMENT-RESISTANT MALARIA, AND WHY CANCER PATIENTS SHOULD PRACTICE MEDITATION Host: Shel Lustig Producer: Kristen Farrah	1:52	
26:27	SPOTBREAK 4: Procter & Gamble "Metamucil" Indeed "Indeed" OUTCUE: ...conditions apply	:30 :30	
27:27	Program Conclusion	:31	
27:58	TOTAL TIME		

Program	23-46	Written & Produced	Kristen Farrah
Air Week	11/12/23	Production Manager	Jason Dickey
Time	Segment	Dur.	
:00	INTRO	:49	
:49	SPOTBREAK 1: Pfizer Consumer Healthcare "Abrysvo" Procter & Gamble "Metamucil" OUTCUE: ...any disease	:30 :30	
1:49	:02 PAUSE FOR LOCAL AVAIL	:02	
1:51	SEGMENT 1: OPPENHEIMER'S LEGACY: RISING CANCER RISKS DUE TO IONIZING RADIATION	11:54	
	Synopsis: Researchers have been studying the lasting health effects of the atomic bomb for decades – but there's a new type of radiation scientists are worried about. Nuclear workers, medical physicians, and the public are all being exposed to low-dose, long-term ionizing radiation. It causes cancer, radiation cataracts, and impaired cognition. Experts explain how we can protect ourselves from these dangerous rays. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. David Richardson, Professor of Environmental and Occupational Health, University of California, Irvine, Internationally Recognized Expert in Occupational Health; Dr. Mina Makary, Interventional Radiologist, The Ohio State University Wexner Medical Center Compliance issues covered: radiation; radiology; ionizing radiation; atomic bomb; Manhattan project; World War II; cancer; cataracts; occupational health; nuclear workers; nuclear industry; x-ray Links for information: https://wexnermedical.osu.edu/find-a-doctor/mina-makary-md-52237 https://twitter.com/MinaMakaryMD https://publichealth.uci.edu/faculty/richardson-david/ https://www.bmj.com/content/382/bmj-2022-074520		
13:45	SPOTBREAK 2: O'Reilly Auto Parts "O'Reilly" Verizon "Straight Talk" OUTCUE: ...terms apply	:30 :30	
14:45	:02 PAUSE FOR LOCAL AVAIL	:02	
14:47	SEGMENT 2: EVERYONE HAS LUMPS AND BUMPS – MAKE SURE YOURS AREN'T DEADLY	7:40	
	Synopsis: The US Preventive Services Task Force has recently updated its guidelines for breast cancer screenings to help curb the 42,000 yearly deaths. Our experts explain these changes, how to perform at-home exams, and why aggressive breast cancer may no longer be a death sentence. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Katharine Yao, Chair of the National Accreditation Program, Breast Centers of the American College of Surgeons; Dr. Peter Schmid, Medical Oncologist & Director of the Breast Cancer Center, St. Bartholomew's Hospital Compliance issues covered: breast cancer; aggressive cancer; medical insurance; preventative testing; mammograms; breast density; self-exams; breast tissue Links for information: https://www.facs.org/quality-programs/cancer-programs/national-accreditation-program-for-breast-centers/about/leadership/ https://profiles.uchicago.edu/profiles/display/39339 https://www.bartscancer.london/staff/professor-peter-schmid/ https://pubmed.ncbi.nlm.nih.gov/32101663/ https://www.esmo.org/about-esmo/biographies/peter-schmid		
22:27	SPOTBREAK 3: Pfizer Consumer Healthcare "Prevnar" Pfizer Consumer Healthcare "Vyndamax" Procter & Gamble "Prilosec" OUTCUE: ...for immediate relief	:60 :30 :30	
24:27	MEDICAL NOTES: A NEW TYPE OF EVOLUTION, CHRONIC ABSENTEEISM IN SCHOOLS, AND HOW BABIES TRIGGER MILK PRODUCTION Host: Shel Lustig Producer: Kristen Farrah	1:58	
26:25	SPOTBREAK 4: Pfizer Consumer Healthcare "Abrysvo" Procter & Gamble "Pepto Bismol" OUTCUE: ...of children	:30 :30	
27:25	Program Conclusion	:30	
27:55	TOTAL TIME		

Program	23-47	Written & Produced	Kristen Farrah
Air Week	11/19/23	Production Manager	Jason Dickey
Time	Segment	Dur.	
:00	INTRO	:48	
:48	SPOTBREAK 1: Wild Hive "California Strawberry Commission" OUTCUE: ...dot com	:61	
1:49	:02 PAUSE FOR LOCAL AVAIL	:02	
1:51	SEGMENT 1: FROM HOLLYWOOD TO THE HOSPITAL: JAMIE-LYNN SIGLER'S BATTLE WITH MS	11:39	
	Synopsis: Jamie-Lynn Sigler was cast in <i>The Sopranos</i> as a teenager, but was soon fighting for more than just her spot in Hollywood. After being diagnosed with multiple sclerosis, Sigler found herself on a long journey of figuring out how to manage her disease while living a fulfilling life. She explains the steps she took in hopes of helping others in similar situations. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Jamie-Lynn Sigler, Actress; Dr. Sharon Stoll, Neuroimmunologist, Assistant Professor in the Department of Neurology, Yale School of Medicine Compliance issues covered: multiple sclerosis; immune system; immune disease; neurology; genetics; vitamin d; vision; ophthalmology; relapsing diseases; public health; vulnerable populations Links for information: https://www.instagram.com/jamielynnsigler/ https://twitter.com/jamielsigler?lang=en https://reframingms.com/ https://www.instagram.com/drsharonstoll/ https://www.drsharonstoll.com/ https://twitter.com/DrSharonStoll		
13:30	SPOTBREAK 2: SPM "RHJ VP Podcast" Procter & Gamble "Always Fem Care" OUTCUE: ...fear no gush	:30 :30	
14:30	:02 PAUSE FOR LOCAL AVAIL	:02	
14:32	SEGMENT 2: MODERN DAY WITCH HUNTS: THE PSYCHOLOGY OF FALSE CONFESSIONS	7:56	
	Synopsis: False confessions seem far and few between, but our experts say they're more common than most of us think. In this first installment of the two-part series, we explain the different types of false confessions and what drives people to confess to a crime they didn't commit. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Allison Redlich, Distinguished University Professor in the Department of Criminology, Law, and Society, George Mason University Compliance issues covered: criminology; psychology; criminal justice; confession; false confessions; interrogations; lying; public health; body language; law enforcement; crime; kidnapping; murder; public safety; wrongful convictions Links for information: https://innocenceresearch.org/allison-d-redlich/ https://cls.gmu.edu/people/aredlich https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9979963/		
22:28	SPOTBREAK 3: SPM "Invisible Eagles: BC AARP" SPM "RHJ VP Podcast" Procter & Gamble "Charmin" OUTCUE: ...with charmin	:60 :30 :29	
24:27	MEDICAL NOTES: USING MUSIC TO KILL CANCER, REVEALING THE SECRET BEHIND A HEALTHY PREGNANCY, AND HOW CIGARETTES HAVE COME BACK INTO FASHION Host: Shel Lustig Producer: Kristen Farrah	2:03	
26:30	SPOTBREAK 4: SPM "Invisible Eagles: BC AARP" OUTCUE: ...as it's released	:58	
27:28	Program Conclusion	:31	
27:59	TOTAL TIME		

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Guest information and segment podcasts are available at radiohealthjournal.org.

Program	23-48	Written & Produced	Kristen Farrah & Polly Hansen
Air Week	11/26/23	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: AARP DB "Invisible Eagles" OUTCUE: ...it's released	:60
1:48	:02 PAUSE FOR LOCAL AVAIL	:02
1:50	SEGMENT 1: THE INFERTILITY-CAUSING DISEASE THAT MAY NOT BE AS RARE AS WE THOUGHT	10:39
	Synopsis: Lisa McCarty experienced four miscarriages before finally being diagnosed with Asherman's Syndrome, a condition where scar tissue forms in the uterus or cervix. She and Dr. Sigal Klipstein, a reproductive endocrinologist, explain the signs of Asherman's – and when you should see a specialist. Host: Elizabeth Westfield. Producer: Polly Hansen. Guests: Dr. Sigal Klipstein, Reproductive Endocrinologist and Infertility Specialist, Invia Fertility; Lisa McCarty, Asherman's Syndrome Patient Compliance issues covered: pregnancy; infertility; fertility; placenta; women's health; miscarriage; vulnerable populations; asherman's syndrome; IVF; labor; scar tissue; surgery Links for information: https://www.linkedin.com/in/lisa-mccarty-8905513/ https://www.inviafertility.com/about-us/dr-klipstein/ https://www.linkedin.com/in/sigal-klipstein-a382018/ https://fertility.wustl.edu/learn/infertility-factors/ashermans-syndrome/	
12:29	SPOTBREAK 2: Procter & Gamble "Metamucil" OUTCUE: ...together walgreens Walgreens "Medicare"	:30 :30
13:29	:02 PAUSE FOR LOCAL AVAIL	:02
13:31	SEGMENT 2: FALSE CONFESSIONS PT.2: USING SCIENCE TO CATCH THE REAL CRIMINALS	8:59
	Synopsis: Last week our experts broke down the psychology of false confessions, and today we're discussing the aftermath of wrongful convictions. Why do people who've been wrongly convicted die earlier? How can law enforcement make sure they're catching the real criminals? Our experts explain it all. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Allison Redlich, Distinguished University Professor in the Department of Criminology, Law, and Society, George Mason University; Mary Catlin, Doctoral Student & Graduate Research Assistant in Criminology, Law and Society, George Mason University Compliance issues covered: crime; false confessions; criminology; wrongful convictions; law enforcement; interrogation; prison; judicial system; victims; police officers; public safety Links for information: https://innocenceresearch.org/allison-d-redlich/ https://cls.gmu.edu/people/aredlich https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9979963/ https://cls.gmu.edu/people/mcatlin https://www.researchgate.net/profile/Mary-Catlin-4	
22:30	SPOTBREAK 3: Procter & Gamble "Tide Laundry" OUTCUE: ...it's released Procter & Gamble "Vicks Quils" AARP DB "Invisible Eagles"	:30 :30 :58
24:28	MEDICAL NOTES: IS 'FARM TO TABLE' GOING OUT OF STYLE? HOW GLOBAL WARMING WORSENS UNDERLYING HEART CONDITIONS, AND THE RISE OF A NEW TICK-BORNE ILLNESS Host: Shel Lustig Producer: Kristen Farrah	1:57
26:25	SPOTBREAK 4: Procter & Gamble "Pepto Bismol" OUTCUE: ...la la la la la Procter & Gamble "Febreze Car Fresh"	:30 :30
27:25	Program Conclusion	:30
27:55	TOTAL TIME	

Program	23-49	Written & Produced	Kristen Farrah
Air Week	12/03/23	Production Manager	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:48
:48	SPOTBREAK 1: AARP DB "Invisible Eagles" OUTCUE: ...it's released	:59
1:47	:02 PAUSE FOR LOCAL AVAIL	:02
1:49	SEGMENT 1: CAN ACUPUNCTURE HELP PATIENTS RECOVER FROM OPEN HEART SURGERY?	10:53
	<p>Synopsis: Since the heart is part of a larger system in our body, treating cardiac conditions means healing the full person instead of just the one organ. Dr. Kim Feingold, a cardiac psychologist, has researched the use of acupuncture therapy as an integrative approach to treating cardiac patients. She explains her findings and how this needle stimulation may aid in recovery from open heart surgery.</p> <p>Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Kim Feingold, Assistant Professor of Surgery and Psychiatry, Northwestern University Feinberg School of Medicine, Founder & Director of Cardiac Behavioral Medicine, Bluhm Cardiovascular Institute; Ania Grimone, Acupuncturist & Chinese Medicine Clinician, Northwestern Medicine</p> <p>Compliance issues covered: acupuncture; cardiac health; atrial fibrillation; stroke; heart surgery; heart attack; integrative health; stress; anxiety; patient safety; recovery; intensive care unit; public health</p> <p>Links for information: https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=17689 https://www.linkedin.com/in/kim-feingold-phd-44855253/ https://www.nm.org/doctors/1275720195/ania-grimone-lac https://www.linkedin.com/in/ania-grimone-m-s-l-ac-c-h-cpcc-1216175/</p>	
12:42	SPOTBREAK 2: Pfizer Consumer Healthcare "Abrysvo" OUTCUE: ...dot org	:30
	SPM "RHJ VP Podcast"	:30
13:42	:02 PAUSE FOR LOCAL AVAIL	:02
13:44	SEGMENT 2: 'EVERYONE CAN BE MADE PSYCHOTIC' – THE TRUTH BEHIND SCHIZOPHRENIA	8:42
	<p>Synopsis: Hollywood often portrays schizophrenia in its most extreme form, but the disorder's progression is much more complicated. Dr. Christoph Correll, a schizophrenia expert, pulls back the curtain on this condition. He explains why it's often misdiagnosed, left untreated, and can affect anyone – including you.</p> <p>Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Christoph Correll, Professor of Psychiatry, Zucker School of Medicine, Medical Director of the Recognition and Prevention Program, Zucker Hillside Hospital</p> <p>Compliance issues covered: mental health; schizophrenia; depression; anxiety; psychiatric conditions; vulnerable populations; public health; injectable medication</p> <p>Links for information: https://faculty.medicine.hofstra.edu/1146-christoph-correll https://pubmed.ncbi.nlm.nih.gov/37735175/ https://www.nimh.nih.gov/health/topics/schizophrenia</p>	
22:26	SPOTBREAK 3: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...it's released	:60
	AARP DB "Invisible Eagles"	:59
24:25	MEDICAL NOTES: YOUR LOCAL PARK MAY BE POLLUTED WITH LEAD, HOW PUPIL SIZE AFFECTS ANXIETY LEVELS, AND THE STRESS HORMONE THAT MAKES INSULIN WORK BETTER	2:03
	Host: Shel Lustig Producer: Kristen Farrah	
26:28	SPOTBREAK 4: SPM "RHJ VP Podcast" OUTCUE: ...by pfizer	:30
	Pfizer Consumer Healthcare "Vyndamax"	:30
27:28	Program Conclusion	:31
27:59	TOTAL TIME	

Program	23-50	Written & Produced	Kristen Farrah, Amirah Zaveri
Air Week	12/10/23	Production Manager	Jason Dickey
Time	Segment	Dur.	
:00	INTRO	:49	
:49	SPOTBREAK 1: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...twenty dot com	:60	
1:49	:02 PAUSE FOR LOCAL AVAIL	:02	
1:51	SEGMENT 1: NATURAL DISASTERS ARE ONLY GETTING WORSE – HOW CAN YOU HELP?	10:08	
	Synopsis: Natural disasters are often devastating to the surrounding communities and environment. And since they're becoming more frequent – and occurring in places they've never been before – it's more important than ever to know how to support the victims and prepare yourself for these catastrophes. Host: Elizabeth Westfield. Producer: Amirah Zaveri. Guests: Dr. Vickie Mays, Clinical Psychologist, Professor, Department of Psychology at University of California Los Angeles Compliance issues covered: natural disasters; earthquake; forest fires; flooding; psychology; ptsd; vulnerable populations; international issues; mental health; anxiety; depression; trauma; charity; climate change Links for information: https://www.psych.ucla.edu/faculty-page/mays/ https://twitter.com/drvickiemays?lang=en https://ncvhs.hhs.gov/dt_team/vickie-m-mays-ph-d-m-s-p-h/ https://www.linkedin.com/in/vickie-m-mays-ph-d-msph-207917b/		
11:59	SPOTBREAK 2: AARP DB "Invisible Eagles" OUTCUE: ...it's released	:58	
12:57	:02 PAUSE FOR LOCAL AVAIL	:02	
12:59	SEGMENT 2: "IT'S A CRITICAL AGE": WHY YOUNG KIDS SHOULD BE INVOLVED IN STEM	9:19	
	Synopsis: Research shows that children involved in STEM courses, like engineering and science, have better reading comprehension and are more likely to be successful later in life. One national science fair is helping to keep kids, like award-winner Shanya Gill, interested in these industries and foster their passion for science. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Raeva Ramadorai, Director, Thermo Fisher Scientific Junior Innovators Challenge; Shanya Gill, Ascend Award Winner Compliance issues covered: fire safety; invention; public safety; fire; smoke detectors; vulnerable populations; hazard prevention; science fair; computer science; kitchen safety; leadership skills; consumerism Links for information: https://www.societyforscience.org/people/raeva-ramadorai/ https://www.linkedin.com/in/raevathi-ramadorai-292a13a2/ https://www.societyforscience.org/jic/ https://www.societyforscience.org/jic/2023-student-finalists/shanya-gill/ https://www.linkedin.com/in/shanya-gill/		
22:18	SPOTBREAK 3: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...of novavax	:60	
	Novavax "Novavax"	:60	
24:18	MEDICAL NOTES: WHY PARENTS SHOULD BE MORE SELFISH, HOW SCIENTISTS ARE CREATING LAB-MADE MUSCLE, AND DO CONCUSSIONS LEAD TO SUICIDAL THOUGHTS? Host: Shel Lustig Producer: Kristen Farrah	2:07	
26:25	SPOTBREAK 4: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...twenty dot com	:60	
27:25	Program Conclusion	:30	
27:55	TOTAL TIME		

Program	23-51	Written & Produced	Kristen Farrah, Polly Hansen
Air Week	12/17/23	Production Manager	Jason Dickey
Time	Segment	Dur.	
:00	INTRO	:48	
:48	SPOTBREAK 1: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...twenty dot com	:61	
1:49	:02 PAUSE FOR LOCAL AVAIL	:02	
1:51	SEGMENT 1:CELEBRITY DEATHS & POLITICAL POISONINGS: INSIDE FORENSIC TOXICOLOGY	12:22	
	Synopsis: Why do autopsy reports take so long to come back? While TV shows can make it seem like a two-step process, forensic toxicology can take weeks or months to figure out a person's cause of death. Our expert takes us through this process and how it's used in everyday life. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Barbarajean Magnani, Professor of Anatomic and Clinical Pathology Emerita, Tufts University School of Medicine, Spokesperson, College of American Pathologist, Former Chair of the Toxicology Committee, College of American Pathologists, Author, <i>Dr. Lily Robinson Thriller Series</i> Compliance issues covered: toxicology; death; celebrities; political espionage; poisons; morgue; autopsy; blood test; law enforcement; investigations; lethal injections; forensic toxicology Links for information: https://www.linkedin.com/in/barbarajean-magnani-phd-md-26659778/ https://www.bjmagnani.com/		
14:13	SPOTBREAK 2: SPM "RHJ VP Podcast" Pfizer Consumer Healthcare "Vyndamax" OUTCUE: ...by pfizer	:30 :30	
15:13	:02 PAUSE FOR LOCAL AVAIL	:02	
15:15	SEGMENT 2: IS SCIENCE CLOSE TO CREATING IMMORTAL HUMANS?	7:05	
	Synopsis: The key to living a long life? Chip Walter says it's more about having less 'bad' genes rather than having more 'good' ones. But as we inch closer to finding immortality, there are some questions to be answered, such as "should we even be able to live hundreds of years?" Host: Greg Johnson. Producer: Polly Hansen. Guests: Chip Walter, Explorer, National Geographic, Author, <i>Immortality, Inc.</i> Compliance issues covered: immortality; longevity; genetics; biology; consumerism; public health; patient safety; elderly population; diet; exercise; public safety; world population; population control Links for information: https://explorer-directory.nationalgeographic.org/chip-walter https://www.linkedin.com/in/chipwalter/		
22:20	SPOTBREAK 3: Pfizer Consumer Healthcare "Prevnar" AARP DB "Invisible Eagles" OUTCUE: ...it's released	:60 :58	
24:18	MEDICAL NOTES: WHY WOMEN SHOULD EAT MORE PRODUCE, BETTER HEALTHCARE FOR VETERANS, AND HOW MOVEMENT HELPS KIDS LEARN Host: Shel Lustig Producer: Kristen Farrah	2:09	
26:27	SPOTBREAK 4: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...twenty dot com	:60	
27:27	Program Conclusion	:30	
27:57	TOTAL TIME		

Program	23-52	Written & Produced	Kristen Farrah
Air Week	12/24/23	Production Manager	Jason Dickey
Time	Segment	Dur.	
:00	INTRO	:49	
:49	SPOTBREAK 1: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...twenty dot com	:60	
1:49	:02 PAUSE FOR LOCAL AVAIL	:02	
1:51	SEGMENT 1:MINUTE BY MINUTE: EVERYTHING YOU NEED TO KNOW ABOUT STROKE PREVENTION	11:03	
	Synopsis: Nearly 800,000 Americans have a stroke each year, so make sure you know how to help if your loved one has a sudden attack. Our experts give you the tools to know the signs, symptoms, and actions you can take to save a life. Remember to BE FAST, every minute matters. Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Sheryl Martin-Schild, Vascular Neurologist, Stroke Medical Director, Louisiana Emergency Response Network; Meghan McKee, Stroke Survivor Compliance issues covered: stroke; heart health; brain health; brain bleed; blood thinners; healthy lifestyle; stroke survivors; vulnerable populations; emergency medicine; disability; neurology Links for information: https://www.lcmchealth.org/find-a-provider/sheryl-b-martin-schild-md/ https://drbraininc.org/meet-the-doctors/ https://www.braininstituteoflouisiana.com/sheryl-martin-schild-m-d-ph-d-fana-faha/		
12:54	SPOTBREAK 2: AARP DB "Invisible Eagles" OUTCUE: ...it's released	:58	
13:52	:02 PAUSE FOR LOCAL AVAIL	:02	
13:54	SEGMENT 2: "NO SMOKE IS GOOD SMOKE" HOW VAPING IS INCREASING CASES OF COPD	8:30	
	Synopsis: COPD is a silent killer – but it doesn't have to be. Smoking cigarettes and vaping are among the main causes of the lung disease, but manufacturing plants and air pollution can make even the healthiest person sick. Our experts explain ways to reduce your risk and how to manage COPD once you're diagnosed. Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Tony Punturieri, Program Officer in the Division of Lung Disease, National Heart, Lung, and Blood Institute; Dr. Siva Sivaraman, Pulmonologist, Director of the Respiratory Therapy Department, AtlantiCare Regional Medical Center Compliance issues covered: COPD; lung disease; chronic disease; respiratory illness; cigarettes; vapes; factory workers; air pollution; pollution; rural areas; vulnerable population; consumerism Links for information: https://providers.atlanticare.org/provider/Sivashankar+Sivaraman/1161918 https://www.nhlbi.nih.gov/grants-and-training/funding-opportunities/copd-environment https://www.pri-med.com/globals/faculty/p/punturieri-antonello?refurl=www.google.com https://www.nhlbi.nih.gov/BreatheBetter		
22:24	SPOTBREAK 3: Pfizer Consumer Healthcare "Prevnar" Wild Hive "California Strawberry Commission" OUTCUE: ...dot com	:60 :61	
24:25	MEDICAL NOTES: WHY WE NEED TO MONITOR OUR SALT USE, HOW TO PROTECT BABIES FROM HIV, AND RACIAL BIAS IN MEDICAL TECHNOLOGY Host: Shel Lustig Producer: Kristen Farrah	2:04	
26:29	SPOTBREAK 4: Pfizer Consumer Healthcare "Prevnar" OUTCUE: ...twenty dot com	:60	
27:29	Program Conclusion	:31	
28:00	TOTAL TIME		

Program	23-53	Written & Produced	Kristen Farrah
Air Week	12/31/23	Production Manager	Jason Dickey
Time	Segment		Dur.
:00	INTRO		:48
:48	SPOTBREAK 1: AARP DB "Invisible Eagles"	OUTCUE: ...it's released	:59
1:47	:02 PAUSE FOR LOCAL AVAIL		:02
1:49	SEGMENT 1: IF YOU HAVE A BRAIN, YOU'RE AT RISK FOR A SEIZURE -- LET'S TALK ABOUT IT		10:51
	<p>Synopsis: While seizures are more common in very young and old age groups, they can happen to anyone. Our experts break down what causes seizures, who is a candidate for brain surgery, and why cannabis is becoming a popular treatment option.</p> <p>Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Dipali Nemade, Epileptologist and Neurologist, Orlando Health Neuroscience Institute; Dr. Barry Gidal, Professor of Pharmacy and Neurology, University of Wisconsin-Madison, Medications Co-Editor, Epilepsy.com</p> <p>Compliance issues covered: cannabis; seizure; neurology; nervous system; cbd; thc; deep brain stimulation; vulnerable populations; FDA; cannabinoids; consumerism; brain surgery; contamination; bioaccumulates</p> <p>Links for information: https://apps.pharmacy.wisc.edu/sopdir/barry_gidal/ https://www.linkedin.com/in/barry-gidal-3435525/ https://www.epilepsy.com/about/editors/barry-gidal-pharmd https://www.orlandohealth.com/physician-finder/dipali-nemade-md#/overview https://twitter.com/drdips23</p>		
12:40	SPOTBREAK 2: O'Reilly Auto Parts "O'Reilly 2023"	OUTCUE: ...and gentle	:30
	Procter & Gamble "Tide Laundry"		:30
13:40	:02 PAUSE FOR LOCAL AVAIL		:02
13:42	SEGMENT 2: "THEY'RE ACTIVELY TRYING TO DIE": INSIDE THE MIND OF A TRAUMA SURGEON		9:16
	<p>Synopsis: With the constant stress and chaos of emergency rooms, how do doctors keep a clear head to make life or death decisions? Dr. Stephen Cohn has been a trauma surgeon for more than 40 years. He takes us through a day-in-the-life, giving us an inside look at the hectic lives of emergency medicine physicians.</p> <p>Host: Greg Johnson. Producer: Kristen Farrah. Guests: Dr. Stephen Cohn, Trauma Surgeon, Hackensack Meridian Health, Author, <i>All Bleeding Stops</i></p> <p>Compliance issues covered: emergency medicine; trauma surgery; trauma; death; medicine; accidents; consumerism; public health; patient safety; stroke; nursing home; vulnerable populations</p> <p>Links for information: https://doctors.hackensackmeridianhealth.org/provider/Stephen+Cohn/1593282 https://www.barnesandnoble.com/w/all-bleeding-stops-stephen-m-cohn-md/1142875440</p>		
22:58	SPOTBREAK 3: Pfizer Consumer Healthcare "Prevnar"	OUTCUE: ...novacure dot com	:60
	Novocure "Novocure Glioblastoma"		:60
24:58	MEDICAL NOTES: THE HIDDEN RISK OF PREGNANCY, HOW TRAFFIC IS RUINING YOUR HEALTH, AND IS SMOKING CANNABIS SAFE FOR THE ELDERLY?		1:31
	Host: Shel Lustig Producer: Kristen Farrah		
26:29	SPOTBREAK 4: AARP DB "Invisible Eagles"	OUTCUE: ...it's released	:58
27:27	Program Conclusion		:30
27:57	TOTAL TIME		