

WFLC Community Issues and Programming



WFLC Community Issues and Programming
April 1, 2019 – June 30, 2019

Dir. of Operations/Programming and Marketing Dir. Jill Strada
WFLC-FM / Cox Radio Miami
Miami - Ft Lauderdale

July 1, 2019

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WFLC Community Issues and Programming

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WFLC Community Issues and Programming

April 1, 2019 - June 30, 2019

WFLC serves the Miami / Ft. Lauderdale / Hollywood market and all of its surrounding communities. Listed below is a description of the community issues addressed by the station in its programming for the period April 1, 2019 – June 30, 2019

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Description of Regular Public Affairs Program

The regular public affairs programming schedule includes the weekly, Sunday broadcast of:

6:00 am **Community Convo's with Kimmy B.**
Produced by WFLC / Cox Radio Miami
45Minutes

Community Convo's with Kimmy B is a Public Affairs show which showcases discussions with the people, charities, and community organizations that work tirelessly to educate and benefit the people of South Florida. The show educates listeners on programs and services that are available to them, as well as highlighting those individuals and organizations that are reaching out and affecting change, and how our listeners can get involved in order to help make a difference in their community.

WFLC serves the Miami / Ft. Lauderdale market and all of its surrounding communities. Listed below is a description of the community issues addressed by the station in its programming for the period April 1, 2019 – June 30, 2019.

Health - (HEA)

April 7, 2019 6:00 a.m.

Community Convo's with Kimmy B – Florida Department of Health Tobacco Free Florida/Group Quit Program

Duration: 00:25:00 minutes

Tobacco Free Florida (TFF) launched in 2007. TFF is administered through the Florida Department of Health's Bureau of Tobacco Free Florida (BTFF) and funded by money derived from the state's tobacco settlement agreement with the major tobacco companies in 1997. TFF reaches millions of Floridians through hard-hitting media campaigns, public relations, social media, evidence-based tobacco cessation services, grassroots initiatives, county-level grants that advance tobacco-free policies, a youth-led movement called Students Working Against Tobacco (SWAT), school-based interventions, and surveillance and evaluation to ensure effectiveness.

TOPIC: A counselor who with Tobacco Free Florida (TFF) Group Quit program in partnership with Nova Southeastern University came in to give some backstory on TFF, what types of services they supply, who is eligible to participate, and how people can take advantage of all TFF's FREE programs designed to help individuals quit tobacco. Her area of specialty is the Group Quit program, so we talked at length about the benefits of Group Quit, the difficulties and challenges many smokers face when trying to quit, and who to contact and where to go to sign up for Group Quit. We also discussed the ramifications of second hand smoke, and something

April 14, 2019 6:00 a.m.

Community Convo's with Kimmy B – Florida Department of Health Tobacco Free Florida/Group Quit Program

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April 21, 2019 6:00 a.m.

Community Convo's with Kimmy B – Miami Dade County Department of Health/WIC Program

Duration: 0:15:00 minutes

The Special Supplemental Nutrition Program for Women, Infants, and Children aka WIC Program is a federally funded public health nutrition program providing nutrition education, nutritious foods, breastfeeding support, and healthcare referrals for income-eligible women who are pregnant, breastfeeding or postpartum, infants, and children up to age 5. Breastfeeding promotion and support are integral parts of the WIC program. WIC is striving to increase the incidence and duration of breastfeeding among women enrolled in the program.

TOPIC: Personnel from the Miami-Dade County Department of Health WIC program came in to talk about breastfeeding, it's benefits, and many of the issues, questions, and concerns that breastfeeding mothers or women considering breastfeeding might have. We also talked about the plethora of services that the WIC agency provides for breastfeeding moms, including a free breast pump program, peer counselor support programs which provide mother-to-mother counseling, and the special WIC food packages that are available for participants who are exclusively breastfeeding their babies.

April 28th, 2019 6:20 a.m.

Community Convo's with Kimmy B – Caitlin Beck-Stella/JDCH

Duration: 0:20:00 minutes

Joe DiMaggio Children's Hospital is one of the region's leading pediatric hospitals, offering a comprehensive scope of healthcare services and programs in a child-friendly atmosphere. A full-service hospital, we treat minor illnesses, trauma-related accidents and some of the most complex medical conditions.

TOPIC: Caitlin Beck-Stella, the new President/CEO of Joe DiMaggio Children's Hospital, came in to discuss pediatric healthcare in South Florida. We discussed her education and experience in pediatric healthcare, the role and history of women as it pertains to pediatric medicine, and we discussed at length the unique culture surrounding patient care at JDCH and how the approach of her team is what sets them apart from other pediatric hospitals both here in South Florida and around the country. We also discussed the importance of continuing to expand not just the hospital, but its teaching/residency programs, and the need for more women to pursue careers in STEM fields, especially science as it pertains to medicine and research.

May 5, 2019 6:20 a.m.

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May 12, 2019 6:35 a.m.

Community Convo's with Kimmy B – Arthritis Foundation

Duration: 0:15:00 minutes

The Arthritis Foundation is the leading health organization addressing the needs of some 46 million Americans living with arthritis, the nation's most common cause of disability. The Broward/Miami-Dade Region office serves the more than 875,000 adults and children in Broward, Miami-Dade and Monroe counties affected by arthritis. With your help we provide summer camp tuition for children with juvenile rheumatoid arthritis, community outreach, local programs, health education, and arthritis research to improve their lives!

TOPIC: Katrina Alber, Dr. Raul Gosthe, and Amber Bifold came to discuss all things Arthritis along with the Broward Walk to Cure Arthritis. Dr. Gosthe, a leading orthopedic surgeon in South Florida, talked about identifying the signs and symptoms of arthritis, best practices for young athletes and how to protect yourself from the types of injuries and repeat trauma that tends to lead to arthritis, and the importance of doing proper research when it comes to choosing a medical team to help treat your arthritis. Amber, the adult honoree for this year's walk and a Network Leader in Broward County, was diagnosed with Juvenile Rheumatoid arthritis at 9 years so she shared her story and addressed the common misperception that Arthritis is the "old persons" disease. Amber discussed the challenges she and her family have faced dealing with her RA from such a young age, and the important role the Arthritis Foundation has played as far as providing resources as well as support. Katrina talked walk logistics, community participation and outreach, and how others living with Arthritis can take advantage of the programming and resources provided by the Arthritis Foundation.

May 19, 2019 6:00 a.m.

**Community Convo's with Kimmy B – Broward County/United Way/One
Community Partnership 2**

Duration: 0:45:00 minutes

United Way of Broward County has united the community to tackle the most complex, critical challenges and create long-lasting positive change. United, we stand up for those who can't stand up for themselves, united we confront those who are working hard and falling short and united we fight for the health, education and financial stability of every person in our community. One Community Partnership 2 (OCP2) is a grant and county initiative enhancing the delivery of services to transition-age youth and emerging adults (14-21 years of age) who experience emotional/mental health challenges that also may include co-occurring substance use, trauma, and other complex issues. This initiative provides the Broward System of Care with effective transition supports for all youth entering adulthood on their way towards *resiliency, recovery, and wellness*.

TOPIC: With May being Mental Health Awareness Month we had Elkin Alfred from United Way of Broward County and Tiffany Lawrence with OCP2 in to talk about Mental Health, living with Mental Health disorders and the ongoing battle to end the stigma surrounding the Mental Health conversation. We talked about depression, triggers, environmental and occupational factors that can lead to higher levels of stress & anxiety which of course negatively impact our Mental Health and Wellness. Tiffany touched on the heightened rates of depression and anxiety as well as rising suicide rates affecting younger people, especially those in the LGBTQIA community. Elkin highlighted cultural issues and stereotypes that negatively impact the African American and Latino communities, making it more difficult for individuals to ask for help and/or access resources. We also addressed how, as a community, we can be more aware and engaged with friends, family members, co-workers, etc. who may be struggling with Mental Health Issues, and most important we discussed techniques and ways in which to ask and identify if/when we or others may need help.

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June 23, 2019 6:25 a.m.

Community Convo's with Kimmy B – Pride Center at Equality Park/National HIV Testing Day

Duration: 0:25:00 minutes

The Pride Center at Equality Park is a registered non-profit (501c3) with a mission to provide a welcoming, safe space—an inclusive home—that celebrates, nurtures and empowers the LGBTQ communities, while meeting the distinct health, social, educational, socio-economic and safety needs for the LGBTQ community and our allies. The Center hosts more than 65 regularly-meeting groups each month. Support, social and educational groups focus on seniors, youth, women, men, transgender individuals, recovery, health, the arts, athletics, spirituality, games and more. The Pride Center is also a major site for HIV testing, prevention, outreach, education, healthcare linkage, support, holistic health and counseling.

TOPIC: Representatives from the Pride Center came in to discuss Pride month celebrations as well as LGBTQIA issues, such as living in a “right to work state”, harassment and hate crimes, the mental health crisis, and the continuing quest for true Equality for all. We also talked about National HIV testing day as the Pride Center is one of the leading sites and NPO's for all things HIV related here in South Florida.

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Underserved Populations-USP

April 7, 2019 6:30 a.m.

Community Convo's with Kimmy B – The Miami Diaper Bank

Duration: 00:20:00 minutes

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TOPIC: A representative from The Miami Diaper Bank came into discuss the invaluable and quite essential work and services being provided by the MDB. We talked about the immense need for diapers and other personal hygiene products specifically related to babies and young children throughout our community, the financial burden buying these products can pose for disadvantaged and low income families, and ways our community can take advantage of the services provided by the Miami Diaper Bank as well as get involved and lend support to this organization.

April 14, 2019 6:30 a.m.

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Community Convo's with Kimmy B – DIBIA DREAM FOUNDATION

Duration: 00:30:00 minutes

Dibia DREAM is a registered 501(c)3 non-profit committed to fostering life skills development through STEM and recreational education for underserved youth in Miami and New Orleans. At Dibia DREAM, we help youth win at life.

Topic: Dibia DREAM founder Brandon Okpalobi came in to discuss the work his organization is doing here in our South Florida community. We talked about his upbringing, his education at the University of Miami, the impact that sports coupled with great teachers, coaches, and mentors had on his life and the value of education over everything else. Brandon talked about the rapidly changing workforce in America and the need for our young people to be able to access STEM and STEAM field programs, training, and education, which is what his organization focuses on, as well as the importance of providing all children with equal access to “experiences” outside of their daily norms in an effort to foster self-confidence and encourage them to think and dream bigger. He also gave out information on the organizations Free S.T.E.M. Saturdays programs.

April 28, 2019 6:25 a.m.

Community Convo’s with Kimmy B – Urban Oasis Project

Duration: 00:25:00 minutes

Located in Miami, Florida, Urban Oasis Project was a volunteer-based group for two years and, in February 2010, incorporated as a Florida not-for-profit organization. At the Urban Oasis Project, they believe that good, clean, healthy food should be accessible to all - so we run Farmers Markets, we plant gardens with low-income families, and we support many local farms by bringing their produce to markets. In past years we ran our own farms, but we are focusing on all the other parts of our mission this year. Urban Oasis Project prides itself in being an inclusive non-profit organization, embracing all people who support our mission regardless of religious preferences, sexual orientation, economic status, ethnicity, age, or disability. Urban Oasis experiments with all gardening and farming philosophies that do not harm the environment.

Topic: Art Friedrich, President of UOP, came in to talk about the organization, its programs and many moving pieces. We discussed the importance of ensuring all members of our South Florida community have access to healthy and fresh fruits and vegetables, while teaching about and encouraging sustainability. We talked about the G.I.V.E. Gardens program that provides individuals/families/communities with the tools, resources, and man-power in order to plant individual and community gardens in “food deserts” or areas with limited access to healthy fresh produce. Art also spoke at length on the importance of supporting local growers, encourage environmentally friendly gardening and farming, and working with government agencies to ensure that food vouchers can be used to purchase healthy, organic, and locally grown products. We gave out information on the UOP traveling Farmers markets and on their SNAP and Voucher programs.

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May 26, 2019 6:00 a.m.

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Education

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Topic: Dibia DREAM founder Brandon Okpalobi came in to discuss the work his organization is doing here in our South Florida community. We talked about his upbringing, his education at the University of Miami, the impact that sports coupled with great teachers, coaches, and mentors had on his life and the value of education over everything else. Brandon talked about the rapidly changing workforce in America and the need for our young people to be able to access STEM and STEAM field programs, training, and education, which is what his organization focuses on, as well as the importance of providing all children with equal access to “experiences” outside of their daily norms in an effort to foster self-confidence and encourage them to think and dream bigger.

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Community Convo's with Kimmy B – Arsht Center

Duration: 0:30:00 minutes

Since opening in 2006, the Adrienne Arsht Center for the Performing Arts, a 501C3 non-profit organization, has emerged as a leader in presenting innovative programming that mirrors South Florida's diversity as well as a catalyst for billions of dollars in new development in the downtown area.

TOPIC: Jairo Ontiveros, Asst. VP of Education and Community Engagement, came in to discuss the Arsht Center's Pride Month Programming and their Annual Community-TEA Party. We talked about the importance of embracing and celebrating PRIDE here in south Florida, as well as the Arsht Center's strong commitment to supporting our LGBTQIA community. With it being the momentous 50th anniversary of the 1969 Stonewall Riots we also talked about that moment and what it meant to the LGBTQ movement, where we are now, and how much further we still have to go. We also discussed some of the Center's educational outreach programs, the positive impact these programs have on the underprivileged youth that participate, as well as future programs and ways the community can take advantage of the wealth of cultural and art based resources the Arsht makes available to us all year long.

June 9, 2019 6:20 a.m.

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Duration: 00:30:00 minutes

Dibia DREAM is a registered 501(c)3 non-profit committed to fostering life skills development through STEM and recreational education for underserved youth in Miami and New Orleans. At Dibia DREAM, we help youth win at life.

Topic: Dibia DREAM founder Brandon Okpalobi came in to discuss the work his organization is doing here in our South Florida community. We talked about his upbringing, his education at the University of Miami, the impact that sports coupled with great teachers, coaches, and mentors had on his life and the value of education over everything else. Brandon talked about the rapidly changing workforce in America and the need for our young people to be able to access STEM and STEAM field programs, training, and education, which is what his organization focuses on, as well as the importance of providing all children with equal access to "experiences" outside of their daily norms in an effort to foster self-confidence and encourage them to think and dream bigger.

Human Services

April 7, 2018 6:30 a.m.

Community Convo's with Kimmy B – The Miami Diaper Bank

Duration: 00:20:00 minutes

Founded in 2013, The Miami Diaper Bank is a 501(c)3 non-profit organization and first established diaper bank in Miami. The Miami Diaper Bank's mission is to collect and distribute diapers and other Diaper Related Products to low-income families and their children, while also raising awareness about the need for diaper donations in the South Florida area.

TOPIC: A representative from The Miami Diaper Bank came into discuss the invaluable and quite essential work and services being provided by the MDB. We talked about the immense need for diapers and other personal hygiene products specifically related to babies and young children throughout our community, the financial burden buying these products can pose for disadvantaged and low income families, and ways our community can take advantage of the services provided by the Miami Diaper Bank as well as get involved and lend support to this organization.

April 14, 2018 6:30 a.m.

Community Convo's with Kimmy B – The Miami Diaper Bank

Duration: 00:20:00 minutes

Founded in 2013, The Miami Diaper Bank is a 501(c)3 non-profit organization and first established diaper bank in Miami. The Miami Diaper Bank's mission is to collect and distribute diapers and other Diaper Related Products to low-income families and their children, while also raising awareness about the need for diaper donations in the South Florida area.

TOPIC: A representative from The Miami Diaper Bank came into discuss the invaluable and quite essential work and services being provided by the MDB. We talked about the immense need for diapers and other personal hygiene products specifically related to babies and young children throughout our community, the financial burden of buying these products can pose for disadvantaged and low income families, and the ways our community can take advantage of the services provided by the Miami Diaper Bank as well as get involved and lend support to this organization.

April 21, 2019 6:00 a.m.

Community Convo's with Kimmy B – Miami Dade County Department of Health/WIC Program

Duration: 0:15:00 minutes

The Special Supplemental Nutrition Program for Women, Infants, and Children aka WIC Program is a federally funded public health nutrition program providing nutrition education, nutritious foods, breastfeeding support, and healthcare referrals for income-eligible women who are pregnant, breastfeeding or postpartum, infants, and children up to age 5. Breastfeeding promotion and support are integral parts of the WIC program. WIC is striving to increase the incidence and duration of breastfeeding among women enrolled in the program.

TOPIC: Personnel from the Miami-Dade County Department of Health WIC program came in to talk about breastfeeding, it's benefits, and many of the issues, questions, and concerns that breastfeeding mothers or women considering breastfeeding might have. We also talked about the plethora of services that the WIC agency provides for breastfeeding moms, including a free breast pump program, peer counselor support programs which provide mother-to-mother counseling, and the special WIC food packages that are available for participants who are exclusively breastfeeding their babies.

April 28, 2019 6:25 a.m.

Community Convo's with Kimmy B – Urban Oasis Project

Duration: 00:25:00 minutes

Located in Miami, Florida, Urban Oasis Project was a volunteer-based group for two years and, in February 2010, incorporated as a Florida not-for-profit organization. At the Urban Oasis Project, they believe that good, clean, healthy food should be accessible to all - so we run Farmers Markets, we plant gardens with low-income families, and we support many local farms by bringing their produce to markets. In past years we ran our own farms, but we are focusing on all the other parts of our mission this year. Urban Oasis Project prides itself in being an inclusive non-profit organization, embracing all people who support our mission regardless of religious preferences, sexual orientation, economic status, ethnicity, age, or disability. Urban Oasis experiments with all gardening and farming philosophies that do not harm the environment.

Topic: Art Friedrich, President of UOP, came in to talk about the organization, its programs and many moving pieces. We discussed the importance of ensuring all members of our South Florida community have access to healthy and fresh fruits and vegetables, while teaching about and encouraging sustainability. We talked about the G.I.V.E. Gardens program that provides individuals/families/communities with the tools, resources, and man-power in order to plant individual and community gardens in "food deserts" or areas with limited access to healthy fresh produce. Art also spoke at length on the importance of supporting local growers, encourage environmentally friendly gardening and farming, and working with government agencies to ensure that food vouchers can be used to purchase healthy, organic, and locally grown products. We gave out information on the UOP traveling Farmers markets and on their SNAP and Voucher programs.

May 5, 2019 6:25 a.m.

Community Convo's with Kimmy B – Urban Oasis Project

Duration: 00:25:00 minutes

Located in Miami, Florida, Urban Oasis Project was a volunteer-based group for two years and, in February 2010, incorporated as a Florida not-for-profit organization. At the Urban Oasis Project, they believe that good, clean, healthy food should be accessible to all - so we run Farmers Markets, we plant gardens with low-income families, and we support many local farms by bringing their produce to markets. In past years we ran our own farms, but we are focusing on all the other parts of our mission this year. Urban Oasis Project prides itself in being an inclusive non-profit organization, embracing all people who support our mission regardless of religious preferences, sexual

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May 26, 2019 6:00 a.m.

Community Convo’s with Kimmy B – The Miami Diaper Bank

Duration: 00:20:00 minutes

Founded in 2013, The Miami Diaper Bank is a 501(c)3 non-profit organization and first established diaper bank in Miami. The Miami Diaper Bank’s mission is to collect and distribute diapers and other Diaper Related Products to low-income families and their children, while also raising awareness about the need for diaper donations in the South Florida area.

TOPIC: A representative from The Miami Diaper Bank came into discuss the invaluable and quite essential work and services being provided by the MDB. We talked about the immense need for diapers and other personal hygiene products specifically related to babies and young children throughout our community, the financial burden buying these products can pose for disadvantaged and low income families, and ways our community can take advantage of the services provided by the Miami Diaper Bank as well as get involved and lend support to this organization.

June 16, 2019 6:20 a.m.

Community Convo’s with Kimmy B – JC Quintana/Kyan’s Kause/Water Safety

Duration: 00:25:00 minutes

KYANS KAUSE is a registered not-for-profit (501c3) organization with a mission to ensure that proper resources and water safety awareness is provided to all South Florida families in order to help reduce the risk of losing a child due to a drowning related incident. The process involves not only educating children how to swim but educating families to practice proper water safety skills.

TOPIC: Seeing as Florida leads the nation in drowning related incidents and that drowning is the leading non-medical related killer of children ages 4 year and younger, we thought it was important to have JC come in and discuss water safety and drowning prevention with our listeners. Kyan’s Kause was created in the aftermath of the drowning death of JC’s 3 year old son Kyan and now JC shares his family’s personal story of loss and tragedy with the sole purpose of trying to prevent any other family from having to experience what he and his wife and their other 4 children have. Kyan’s Kause has awarded over 6000 swimming scholarships to children/families in need, has lobbied for

mandatory swimming lessons for all students enrolled in kindergarten, and has led the charge when it comes to raising awareness surrounding water safety and drowning prevention. We also discussed our upcoming annual Splash Your way to Water Safety Event as well as providing our listeners with resources and contact info for different swimming programs and resources pertaining to water safety and drowning prevention.

June 23, 2019 6:25 a.m.

Community Convo's with Kimmy B – Pride Center at Equality Park/National HIV Testing Day

Duration: 0:25:00 minutes

The Pride Center at Equality Park is a registered non-profit (501c3) with a mission to provide a welcoming, safe space—an inclusive home—that celebrates, nurtures and empowers the LGBTQ communities, while meeting the distinct health, social, educational, socio-economic and safety needs for the LGBTQ community and our allies. The Center hosts more than 65 regularly-meeting groups each month. Support, social and educational groups focus on seniors, youth, women, men, transgender individuals, recovery, health, the arts, athletics, spirituality, games and more. The Pride Center is also a major site for HIV testing, prevention, outreach, education, healthcare linkage, support, holistic health and counseling.

TOPIC: Representatives from the Pride Center came in to discuss Pride month celebrations as well as LGBTQIA issues, such as living in a “right to work state”, harassment and hate crimes, the mental health crisis, and the continuing quest for true Equality for all. We also talked about National HIV testing day as the Pride Center is one of the leading sites and NPO's for all things HIV related here in South Florida.

June 30, 2019 6:20 a.m.

Community Convo's with Kimmy B – JC Quintana/Kyan's Kause/Water Safety

Duration: 00:25:00 minutes

KYANS KAUSE is a registered not-for-profit (501c3) organization with a mission to ensure that proper resources and water safety awareness is provided to all South Florida families in order to help reduce the risk of losing a child due to a drowning related incident. The process involves not only educating children how to swim but educating families to practice proper water safety skills.

TOPIC: Seeing as Florida leads the nation in drowning related incidents and that drowning is the leading non-medical related killer of children ages 4 year and younger, we thought it was important to have JC come in and discuss water safety and drowning prevention with our listeners. Kyan's Kause was created in the aftermath of the drowning death of JC's 3 year old son Kyan and now JC shares his family's personal story of loss and tragedy with the sole purpose of trying to prevent any other family from having to experience what he and his wife and their other 4 children have. Kyan's Kause has awarded over 6000 swimming scholarships to children/families in need, has lobbied for mandatory swimming lessons for all students enrolled in kindergarten, and has led the charge when it comes to raising awareness surrounding water safety and drowning prevention. We also provided our listeners with contact information for different swimming programs and resources pertaining to water safety and drowning prevention.

ENVIRONMENT:

April 28, 2019 6:25 a.m.

Community Convo's with Kimmy B – Urban Oasis Project

Duration: 00:25:00 minutes

Located in Miami, Florida, Urban Oasis Project was a volunteer-based group for two years and, in February 2010, incorporated as a Florida not-for-profit organization. At the Urban Oasis Project, they believe that good, clean, healthy food should be accessible to all - so we run Farmers Markets, we plant gardens with low-income families, and we support many local farms by bringing their produce to markets. In past years we ran our own farms, but we are focusing on all the other parts of our mission this year. Urban Oasis Project prides itself in being an inclusive non-profit organization, embracing all people who support our mission regardless of religious preferences, sexual orientation, economic status, ethnicity, age, or disability. Urban Oasis experiments with all gardening and farming philosophies that do not harm the environment.

Topic: Art Friedrich, President of UOP, came in to talk about the organization, its programs and many moving pieces. We discussed the importance of ensuring all members of our South Florida community have access to healthy and fresh fruits and vegetables, while teaching about and encouraging sustainability. We talked about the G.I.V.E. Gardens program that provides individuals/families/communities with the tools, resources, and man-power in order to plant individual and community gardens in “food deserts” or areas with limited access to healthy fresh produce. Art also spoke at length on the importance of supporting local growers, encourage environmentally friendly gardening and farming, and working with government agencies to ensure that food vouchers can be used to purchase healthy, organic, and locally grown products. We gave out information on the UOP traveling Farmers markets and on their SNAP and Voucher programs.

May 5, 2019 6:25 a.m.

Community Convo's with Kimmy B – Urban Oasis Project

Duration: 00:25:00 minutes

Located in Miami, Florida, Urban Oasis Project was a volunteer-based group for two years and, in February 2010, incorporated as a Florida not-for-profit organization. At the Urban Oasis Project, they believe that good, clean, healthy food should be accessible to all - so we run Farmers Markets, we plant gardens with low-income families, and we support many local farms by bringing their produce to markets. In past years we ran our own farms, but we are focusing on all the other parts of our mission this year. Urban Oasis Project prides itself in being an inclusive non-profit organization, embracing all people who support our mission regardless of religious preferences, sexual orientation, economic status, ethnicity, age, or disability. Urban Oasis experiments with all gardening and farming philosophies that do not harm the environment.

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friendly gardening and farming, and working with government agencies to ensure that food vouchers can be used to purchase healthy, organic, and locally grown products. We gave out information on the UOP traveling Farmers markets and on their SNAP and Voucher programs.

DIVERSITY/RACE RELATIONS

May 19, 2019 6:00 a.m.

**Community Convo's with Kimmy B – Broward County/United Way/One
Community Partnership 2**

Duration: 0:45:00 minutes

United Way of Broward County has united the community to tackle the most complex, critical challenges and create long-lasting positive change. United, we stand up for those who can't stand up for themselves, united we confront those who are working hard and falling short and united we fight for the health, education and financial stability of every person in our community. One Community Partnership 2 (OCP2) is a grant and county initiative enhancing the delivery of services to transition-age youth and emerging adults (14-21 years of age) who experience emotional/mental health challenges that also may include co-occurring substance use, trauma, and other complex issues. This initiative provides the Broward System of Care with effective transition supports for all youth entering adulthood on their way towards *resiliency*, *recovery*, and *wellness*.

TOPIC: With May being Mental Health Awareness Month we had Elkin Alfred from United Way of Broward County and Tiffany Lawrence with OCP2 in to talk about Mental Health, living with Mental Health disorders and the ongoing battle to end the stigma surrounding the Mental Health conversation. We talked about depression, triggers, environmental and occupational factors that can lead to higher levels of stress & anxiety which of course negatively impact our Mental Health and Wellness. Tiffany touched on the heightened rates of depression and anxiety as well as rising suicide rates affecting younger people, especially those in the LGBTQIA community. Elkin highlighted cultural issues and stereotypes that negatively impact the African American and Latino communities, making it more difficult for individuals to ask for help and/or access resources. We also addressed how, as a community, we can be more aware and engaged with friends, family members, co-workers, etc. who may be struggling with Mental Health Issues, and most important we discussed techniques and ways in which to ask and identify if/when we or others may need help.

June 2, 2019 6:00 a.m.

**Community Convo's with Kimmy B – Broward County/United Way/One
Community Partnership 2**

Duration: 0:45:00 minutes

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May 26, 2019 6:25 a.m.

Community Convo's with Kimmy B – Arsht Center Pride Month

Duration: 0:30:00 minutes

Since opening in 2006, the Arsht Center, a 501C3 non-profit organization, has emerged as a leader in presenting innovative programming that mirrors South Florida's diversity as well as a catalyst for billions of dollars in new development in the downtown area.

TOPIC: Jairo Ontiveros, Asst. VP of Education and Community Engagement, came in to discuss the Arsht Center's Pride Month Programming and their Annual Community-TEA Party. We talked about the importance of embracing and celebrating PRIDE here in south Florida, as well as the Arsht Center's strong commitment to supporting our LGBTQIA community. With it being the momentous 50th anniversary of the 1969 Stonewall Riots we also talked about that moment and what it meant to the LGBTQ movement, where we are now, and how much further we still have to go. We also discussed some of the Center's educational outreach programs, the positive impact these programs have on the underprivileged youth that participate, as well as future programs and ways the community can take advantage of the wealth of cultural and art based resources the Arsht makes available to us all year long.

June 23, 2019 6:25 a.m.

Community Convo's with Kimmy B – Pride Center at Equality Park/National HIV Testing Day

Duration: 0:25:00 minutes

The Pride Center at Equality Park is a registered non-profit (501c3) with a mission to provide a welcoming, safe space—an inclusive home—that celebrates, nurtures and empowers the LGBTQ communities, while meeting the distinct health, social, educational, socio-economic and safety needs for the LGBTQ community and our allies. The Center hosts more than 65 regularly-meeting groups each month. Support, social and educational groups focus on seniors, youth, women, men, transgender individuals, recovery, health, the arts, athletics, spirituality, games and more. The Pride Center is also a major site for HIV testing, prevention, outreach, education, healthcare linkage, support, holistic health and counseling.

TOPIC: Representatives from the Pride Center came in to discuss Pride month celebrations as well as LGBTQIA issues, such as living in a "right to work state", harassment and hate crimes, the mental health crisis, and the continuing quest for true Equality for all. We also talked about National HIV testing day as the Pride Center is one of the leading sites and NPO's for all things HIV related here in South Florida.

Community Outreach/Events

May 12, 2019 6:35 a.m.

Community Convo's with Kimmy B – Arthritis Foundation

Duration: 0:15:00 minutes

The Arthritis Foundation is the leading health organization addressing the needs of some 46 million Americans living with arthritis, the nation's most common cause of disability. The Broward/Miami-Dade Region office serves the more than 875,000 adults and children in Broward, Miami-Dade and Monroe counties affected by arthritis. With your help we provide summer camp tuition for children with juvenile rheumatoid arthritis, community outreach, local programs, health education, and arthritis research to improve their lives!

TOPIC: Katrina Alber, Dr. Raul Gosthe, and Amber Bifold came to discuss all things Arthritis along with the Broward Walk to Cure Arthritis. Dr. Gosthe, a leading orthopedic surgeon in South Florida, talked about identifying the signs and symptoms of arthritis, best practices for young athletes and how to protect yourself from the types of injuries and repeat trauma that tends to lead to arthritis, and the importance of doing proper research when it comes to choosing a medical team to help treat your arthritis. Amber, the adult honoree for this year's walk and a Network Leader in Broward County, was diagnosed with Juvenile Rheumatoid arthritis at 9 years so she shared her story and addressed the common misperception that Arthritis is the "old persons" disease. Amber discussed the challenges she and her family have faced dealing with her RA from such a young age, and the important role the Arthritis Foundation has played as far as providing resources as well as support. Katrina talked walk logistics, community participation and outreach, and how others living with Arthritis can take advantage of the programming and resources provided by the Arthritis Foundation.

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Community Convo's with Kimmy B – Arsht Center Pride Month

Duration: 0:30:00 minutes

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PUBLIC SERVICE ANNOUNCEMENTS:

Cox Media Group

Blu Apple Louder Than a Bomb Poetry Festival 04/01-04/11

Cox Media Group

Miami Beach Pride 04/01-04/07

Cox Media Group

Hollywood Beach Cleanup 04/08-04/13

Cox Media Group

Broward House Dining Out For Life 04/20-04/25

Cox Media Group

Zoo Miami Party for the Planet 04/22-04/28

Cox Media Group

M.A.D.D. 5k Walk/Run 04/26-04/28

Cox Media Group

National Bike Safety Month 05/01-05/31

Cox Media Group

Broward Walk to Cure Arthritis 05/17-05/18

Cox Media Group

Arsht Center PRIDE Celebration 05/29-06/01

Cox Media Group

PA Water Safety Event 06/04-06/15