

## WPKZ PROGRAMS LIST Q3 2021

WPKZ Radio has over 25 hours of live local programming per non-holiday week addressing significant local and communities issues. In the past quarter that has included Covid-19 Impacts, Community Leaders, elected and non-elected, Business and financial New, Education related Community information, Tips and Updates on the local real estate market, non-Profit Initiatives. Mental and Personal Health. State and Federal Legislative Updates, Local and Regional Sports Stories and Updates. Most of our community program interviews and topics are also uploaded to our SoundCloud on-demand site for on demand listening at [www.kzonereplay.com](http://www.kzonereplay.com) Submitted by John Morrison and Sherman Whitman.

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The following is a summary issues and guests during the K-Zone Morning Kommuter from July to September which airs weekdays between 6:00 am and 9:00 am. The program is hosted during this period by Sherman Whitman.

REIMAGINE NORTH OF MAIN, July 1st, 7:40 to 8:00 am

Marissa Montiero, Coordinator of the initiative, told our listeners about the new organization. She talked about their goal of making their program a a neighborhood of choice place where residents and business owners want to live, work, play, worship and invest. She discussed the work that's being done with residents to build a network of resources, she offered a preview of upcoming programs and events to start the Summer of 2021.

BUSINESS, July 1st, 8:10 to 8:30 am

Melissa Fetterhoff, President and CEO of the Nashoba Valley Chamber of Commerce; and Laura Hume, of the Devens Hill Convention Center; told our listeners about the two hotels businesses that work together as a one-stop center for businesses, meetings, restaurants, entertainment and more. They discussed the challenges they faced in staying open during the Coronavirus pandemic while other businesses were forced to close their doors, whether the assistance people were getting to survive affected their operations, how businesses have been forced to create new ways to stay open, and their preparing for an Open House with the hope of re-hiring people.

CAPE COD BASEBALL LEAGUE, July 2nd, 7:40 to 8:00 am'

Tim Foley, one of our employees, shared his thoughts as he was about to begin his season of dreams by doing the play-by-play of games in the Cape Cod Baseball League with the Harwich Mariners. He talked about his being given the opportunity to call the games, learning about the players and the rosters, his response to the number of fans attending the games, why this league has become the starting point for many a player in Major League Baseball and what he hopes to accomplish this summer.

#### HIGH SCHOOL SPORTS, July 2nd 8:10 to 8:30 am

Todd Robbins, the Voice of Leominster High School Football, looked ahead to calling High School Baseball and Softball this summer. He talked about the challenges of calling the games, the lack of power at the baseball park, the weather conditions, the need to relocate games from one field to another, the scheduling of tournament games while dealing with the Coronavirus, the number of pitches or innings a pitcher can throw, the commitment of the students to playing and what it has meant for the students to have the opportunity to play these games.

#### POLITICS/GOVERNMENT, July 6th, 7:40 to 8:00 am

State Senator John Cronin shared his thoughts on the beginning of a new fiscal year on Beacon Hill, and the work that needs to be done to finish the 2022 state budget, the return of full service to commuter rails, the repairs needed for the rails and the hope that more people will look forward to using public transportation, and his hopes for Massachusetts with the state looking to see over five-billion dollars in federal funding from the American Rescue Plan.

#### CRIME/PUBLIC SAFETY, July 7th, 7:15 to 8:00 am

Fitchburg Police Chief Ernie Martineau looked ahead to Summer of 2021 and how the temperatures can have an impact on public safety. He talked about the cooling centers that opened after the area experienced a heatwave, how weather conditions can affect our emotions, calls into the department that focus on "quality of life issues," the need for programs in cities and towns to keep our young people active, how the Police Department has partnered with neighborhood groups to help keep young out of trouble, how the city has emerged from the Coronavirus, and hopes for a summer that the public can enjoy.

#### POLITICS/GOVERNMENT, July 8th, 7:15 to 8:00 am

State Representative Natalie Higgins talked to us about the beginning of a new fiscal year on Beacon Hill, the work that is still being done of the 2022 state budget, whether there will be extra funding coming to her district and in what forms, she recapped what Massachusetts has been dealing with since the emergence of the Coronavirus, how lawmakers have managed to work on matters facing the state, one-to-one conversations with constituents, her pleasure that the state's economic projections and revenue collections have fared much better than expected, and she discussed what is being done to help students who are struggling with the high cost of a college education.

#### BUSINESS, July 8th, 8:40 am to 9:00 am

Travis Condon of the North Central Massachusetts Chamber of Commerce talked how businesses are emerging from the Coronavirus Pandemic, why some businesses are faring better than others, how businesses have become more creative in staying open, funding

available to help businesses survive, how businesses and member chambers have supported one another and the chamber's developing a new "One North Roadmap for Regional Prosperity" with the hope of the entire region growing together as one.

POLITICS/GOVERNMENT, July 9th, 8:10 to 8:30 am

State Representative Danilo Sena updated the work being done on the 2022 state budget, expressing his hopes that the work would be completed, and the plan would reach the desk of Governor Charlie Baker, the additional funding that would be coming to his district, what he has learned now with Massachusetts beginning to emerge from the Coronavirus, the need to help people who are struggling with benefits, the process of companies opening their doors to hire more people, the numbers of people who chose to begin their own business, and he discussed the prospects of more businesses emerging with the Massachusetts population growing by more than seven percent over the last ten years.

POLAR PARK AT THE PLATE, July 13th, 8:10 to 8:30 am

Worcester Red Sox Senior Vice President Bill Wanless shared his thoughts on the progress being made by the team in its inaugural season at Polar Park. He discussed the International League's decision to cancel their All-Star and extend their regular season into October so more fans could be a part of the activities, the growing number of fans attending games from what began at 22-hundred fans to full capacity of 9,508 seats, the chance to see Red Sox players rehabbing at the ballpark and members of the WooSox playing baseball at the Summer Olympics in Tokyo, and he looked ahead to night a comedy to support the family of Worcester Police Officer Emmanuel "Manny" Familia who drowned while trying to save the life of a 14-year-old boy earlier in the month.

POLITICS/GOVERNMENT, July 14th, 7:15 to 8:00 am

Fitchburg Mayor Stephen DiNatale looked ahead to the beginning of a new fiscal year, plans for turning the downtown area into two-way traffic on Main Street and Boulder Drive, the end of coin-operated parking meters downtown, the opening of new restaurants in the downtown area, the developing of new housing units and retail businesses in the Moran Square area and he looked ahead to the formal opening of Fitchburg City Hall later in the month.

POLITICS/GOVERNMENT, July 14th, 8:10 to 8:30 am

Congresswoman Lori Trahan talked to us about a settlement with Perdue Pharma, where Massachusetts will receive 90-million dollars for the company's role in the Opioid Crisis. She talked about the willingness of people to talk about Opioids and other drugs, how their families have been affected and the efforts of people to get their lives back on track. She also talked about the American Rescue Plan and what this will mean for families that have been struggling with the Coronavirus pandemic.

POLITICS/GOVERNMENT, July 16th, 8:10 to 8:30 am

Tom Skierawski, Executive Director of Community Development and Planning for the City of Fitchburg, updated the work on turning the downtown area into two-way traffic on Main Street and Boulder Drive with the goal of having that completed by June of 2022. He also updated the Rail Trail that connects Fitchburg and Leominster, and the latest on the first phase of the project which should be completed by the Spring of 2022. He discussed how the projects have been slowed by weather conditions and the Coronavirus. He also announced the beginning of construction with Moran Square Reconstruction Project, which will see 85-hundred feet of commercial space, and 44 units of housing that should be completed in the downtown area.

ADDICTION AND RECOVERY, July 19th, 8:10 am

Tara Rivera, Treatment Advocate for Recovery Centers of America; talked to our listeners about how recovery programs work. She explained the types of programs that are available, how programs are designed to help the person in recovery, the importance of programs being more than "one size fits all," how her life in recovery has enabled to help those in recovery, the importance of having conversations about addiction and the need to remove the shame and stigma that people who are in recovery are living with.

POLITICS/GOVERNMENT, July 20th, 7:40 am

Jeff Murawlski, Deputy Commissioner of Waste Water for the Fitchburg Department of Public Works, looked back at a summer storm that he described as being one of those potential storms for the ages. He talked about the challenges the rains have caused for the treatment plant, concerns about wastewater affecting the Nashua River, residents being affected by sewer backups at their homes and where people can turn to for help in dealing with these problems.

POLITICS/GOVERNMENT, July 21st, 7:15 to 8:00 am

Leominster Mayor Dean Mazzarella updated our listeners on a fire that destroyed a restaurant, how the city has held up during a storm that dropped as much six inches into the reservoirs, the neighborhoods that were affected by flooding, the impact on the city's sewer and drain systems, the process of competing with neighboring communities in attracting businesses to Leominster, what Leominster can expect from Beacon Hill now that the legislature has approved the 2022 state budget and when can Leominster can expect to see any funding from the one-time \$5-billion federal funding that is destined for Massachusetts.

POLITICS/GOVERNMENT, July 22nd 7:10 to 7:30 am

Congressman Jim McGovern talked to us about the Child Tax Credit for families, and Direct Payment for families and how they will help thousands within his district. He says these measures will help lift thousands out of poverty and is seeking to make these measures permanent. He recalled the events of January 6th when terrorists stormed the Capitol Building, updated what has been going on with the investigation, and the need to move forward with the investigation. He also expressed his frustration with the numbers of people who continue to refuse to be vaccinated for the Coronavirus.

BUSINESS, July 22nd 8:40 to 9:00 am

Roy Nascimento, President and CEO of the North Central Chamber of Commerce; talked about the region trying to emerge from the Coronavirus, how it is hurting the business community as they try to move forward, he announced plans for a regional Jobs Fair on September 24th. He's hoping the jobs fair will help employers connect with people who are looking to re-enter the workplace. He also told our listeners about a jobs board where job seekers can find as many as five-thousand jobs openings in North Central Massachusetts.

POLITICS/GOVERNMENT, July 23rd, 8:10 to 8:30 am

State Representative Mike Kushmerek told our listeners about new funding that is coming to the district as a result of funding in the 2022 state budget, programs that will enable high school seniors obtain the skills to work in the city's Waste Water Division and funding to help Fitchburg Police Officers become better equipped to handle a mental health crisis. He also discussed whether now is the time Massachusetts should join the ranks other states that are collecting revenues from legalized sports betting and gambling. He stressed the importance of this considering Draft Kings is a Massachusetts-based company that is involved in sports betting.

POLITICS/GOVERNMENT, July 28th, 7:10 to 8:00 am

Gardner Mayor Mike Nicholson looked back at his first full year in office. He talked about the challenges the city has faced with the Coronavirus pandemic, his concern about the air quality as the smoke from wildfires from the West Coast have made their way eastward, the process of replacing waterlines with new pipes and the water main breaks that have resulted from the modifications, the new funding that's coming to the city from Local Aid from the state, what to expect from the federal funding that is earmarked for Massachusetts, preparations for the National Night Out Against Crime and how this has brought the community together over the years.

POLITICS/GOVERNMENT, July 29th, 7:40 am to 8:00 am

State Representative Meghan Kilcoyne looked ahead to the beginning of the new fiscal year. She expressed her satisfaction with the extra funding that is coming to the communities with her district from the commonwealth, her looking forward to discussions on the five billion dollars in one-time federal funds that are heading to Massachusetts and how cities and towns can be best

served by the those funds, especially with the growth in the population of communities with her district and her conversations with constituents to see how the funding can best help her district.

POLITICS/GOVERNMENT, August 2nd, 8:10 to 8:30 am

State Senator John Cronin talked about the American Rescue Plan, and discussions on how the more than five-billion dollars in one-time funding can best serve Massachusetts, his thoughts on how the funds can be used to revitalize cities and towns, create affordable housing and help private developers in building communities, the official re-opening of Fitchburg City Hall and the beginning of the next phase of the revitalizing of Downtown Fitchburg. He also discussed carbon emissions and the need to develop a plan to meet the challenges that are being brought on by climate change.

NATIONAL NIGHT OUT, August 3rd, 8:10 to 8:30 am

Leominster Mayor Dean Mazarella about talked his city's involvement in the annual event, how it has evolved over the years, the number of agencies and businesses joining forces with the community at large to make the event a celebration, how the night has brought people together to say "hello" to one another and the willingness of people working to make their neighborhood and happier and safer place to live.

PUBLIC SAFETY, August 4th, 7:15 to 8:00 am

Fitchburg Police Chief Ernie Martineau talked about some of the things residents don't often notice including officers working short-term and long-term traffic details and the protection they provide for motorists and the crews working on those roads, the training and skills needed to work these details, the challenges his department is facing with the growing number of Coronavirus cases and the need to be vaccinated.

POLITICS/GOVERNMENT, August 6th, 8:10 to 8:30 am

Amanda Curtis, Economic Development Coordinator for the City of Leominster; discussed her new role, what is being done connect businesses and non-profits in the city, she discussed the state of the city, the work being done to bring people into the city, the importance of Leominster being a Gateway City in North Central Massachusetts, how Leominster became a Gateway City, she talked about the upcoming events that will be taking place and their success in these events bringing people to Downtown Leominster and the history of the city and the willingness of people to learn more about the city's history.

PUBLIC SAFETY, August 6th, 8:30 to 9:00 am

Worcester County Sheriff Lew Evangelidis talked to us about the growing number of scams that are being reported in our listening area. He discussed who are the people who are most likely to be targeted, how scammers work to make a buck at the expense of residents, the scare tactics that are used to intimidate residents, including scams where they've conned people into coming to the Sheriff's Office after calling them, the need for residents to know the difference between what is real and what is scam and what people can do to protect themselves from these scams.

POLITICS/GOVERNMENT, August 11th, 8:10 to 8:30 am

Congresswoman Lori Trahan talked to us about the compromise Infrastructure bill that cleared the US Senate, how this will help cities and towns in Massachusetts pay for things like road and bridge repairs and water and sewer projects, the need for North Central Massachusetts to get its fair share of these dollars, the jobs that could be created from this funding, how it can help Massachusetts emerge from the Coronavirus and her reaction to the announcement of New York Governor Andrew Cuomo resigning after allegations of sexual harassment against him and his decision to give New York State two weeks notice before he leaves office.

POLITICS/GOVERNMENT, August 12th, 7:10 to 8:00 am

State Representative Natalie Higgins shared her thoughts about the Infrastructure bill that cleared the US Senate, how this will help cities and towns in Massachusetts, her "wish list" of things for her district, the process of determining what will top of the list of things to be done, how to make public transportation more accessible for North Central Massachusetts, the need for improving highways like Route 2, making the Commuter Rail for affordable for its riders, the struggle to get more people vaccinated for the Coronavirus as compared to the days of where Americans were vaccinated for Polio and the challenges of re-opening the State House in Boston to the public.

POLITICS/GOVERNMENT, August 20th, 7:15 to 8:00 am

Fitchburg Mayor Stephen DiNatale talked about the groundbreaking for a new community playground for young people with developmental disabilities, updated work on the Twin City Rail Trail that links Fitchburg and Leominster and the security that will be needed for the Rail Trail, hopes for bringing back the Longsjo Bicycle Race in the future, discussed plans for changing the traffic routes in the Downtown area, updating sewer projects in the city that will affect traffic into and out of Downtown and he talked about how the federal funding from Washington will help other services include broadband in the city.

PUBLIC SAFETY, August 23rd, 6:20 to 7:00 am

Jim LeBlanc, Director of Leominster Emergency Management; talked about the city's preparations for Tropical Storm Henri, how those plans changed with the tracking of the storm and then what happened after the storm veered back towards our listening area, the numbers of residents that have lost power, how to adjust to these rains after seeing more than a foot of rain in North Central Massachusetts last month and suggested things residents could do to make their surroundings better with Henri changed course.

POLITICS/GOVERNMENT, August 24th, 8:10 to 8:30 am

Anthony Maressa, DPW Sewer System Manager for the City of Fitchburg; updated our listeners about the Water Street Sewer Replacement Project, the type of drains and sewer lines that are being installed, the need to re-route traffic into and out of Downtown Fitchburg, the need to relocate water and gas lines before the project begins, how rainfall during the summer season has affected work on the project, the need to extend this project through the end of September and work on other projects will be extended into the Spring of 2022.

GINNY'S HELPING HAND AND FOOD PANTRY, August 24th, 8:40 to 9:00 am

Sue Chalifoux-Zephyr, told our listeners about the re-opening of their thrift store, expressed her concern about the growing number of Coronavirus cases in our listening area, their requesting people wear a mask should they enter the thrift store has re-opened, the challenges they're facing to help children prepare for the start of a new school year, their ability to re-direct people to the resources they need to help residents in need, the services they have provided for residents who have been impacted by fires and other challenges and how residents can help them help their fellow citizens.

POLITICS/GOVERNMENT, August 25th, 7:15 am to 8:00 am

Gardner Mayor Mike Nicholson talked to us about the city's preparations for the start of a brand new school year. He discussed the meeting with teachers, faculty, administrators and School Committee members about their hopes for the new year, the potential challenges to come, the return of students to the classrooms, the requirement that masks are mandated for all schools until at least October 1st, the need for parents to be involved in the learning process, the lessons kids are learning in the classrooms and the social aspects that kids are learning as the new year begins. He also talked about infrastructure work that has been taking place in the city, and the need to repair a century-old water main that burst earlier in the month.

POLITICS/GOVERNMENT, August 26th, 7:10 to 7:30 am

Congressman Jim McGovern shared his thoughts on his fellow Congressman Seth Moulton visiting Afghanistan at a time when they're trying to bring Americans out of the country as US

Forces are evacuating people after a 20-year presence in the country. He talked about the US presence there, the training of forces, and the frustration of seeing the country's President leave the nation and the forces they trained laid down their weapons, and the need for the US to establish new rules and standards before sending forces into other nations. He also discussed whether the funding that went to supporting nations like Afghanistan could be used to help the American people.

OVERDOSE AWARENESS DAY, August 26th, 7:40 to 8:00 am

Sue Christensen, Substance Abuse Prevention Coordinator for the City of Fitchburg; told our listeners about the day, how the day became an effort to end overdose, to talk and ask questions about what leads to people to struggle with overdose, the stigma that has come with overdose, the programs and services that will be there to help people and their loved ones, the need to remember those who have died, share their stories and acknowledge the grief of the family and friends left behind.

POLITICS/GOVERNMENT, August 26th, 8:40 to 9:00 am

State Representative Mike Kushmerek talked about the hopes of lawmakers to return to the State House in Boston after being months of Zoom conferences with his colleagues what adjustments lawmakers will need to make before they return to Beacon Hill -- including a vaccination mandate, the federal funding lawmakers will be discussing how to allocate, the need for lawmakers to learn how to "socialize" again and his list of priorities as lawmakers return to Boston this fall.

EDUCATION, August 31st, 7:40 to 8:00 am

Leominster Mayor Dean Mazzarella talked to us about the First Day of School in his city, the excitement and the jitters that comes with the day, preparations by teacher, faculty and administrators for the first day in the classroom, how has the day first day of classes changed over the years, whether students are better prepared today than past years, the free meals for students of all ages, the need for students to be masked up to begin the new year, the summer programs that helped kids prepare for the beginning of the new year, how lessons for students in Grades 5 and up have changed over the years and new opportunities for students to prepare for new skills that could help in the future, be they technical, life sciences and other fields.

THE SALVATION ARMY, September 2nd, 8:40 to 9:00 am

Envoy Lynette Valentine looked back at the Summer of 2021, the challenges they've faced because of the greater than expected rainfall and the need to open cooling centers, their success in having Summer Fun programs despite the challenges brought by the Coronavirus, their work in helping community members displaced by multiple-alarm fires in our listening area, members of their staff being sent to help areas of Louisiana that were affected by Hurricane Ida and how this reminded people of Hurricane Katrina, the challenges for people who are starting over after a disaster and what she has learned from people who are still recovering from these events.

PUBLIC SAFETY, September 7th, 8:10 to 8:30 am

Fitchburg Fire Chief Anthony Marrama talked about the challenges they faced during the summer, how the weather affected their efforts whether it was flooding or the 90-plus degree temperatures, brush fires within our listening area and their need to remain hydrated in the midst of the events, he talked about the challenges the flash flooding brought -- including rains affecting gas lines, and heating and hot water systems in residents' homes and concerns about Carbon Monoxide, the need for Fire and CO detectors in homes, concern about mold and other issues and the need for having a checklist to make sure they're ready for the fall -- including preparing furnaces and wood stoves for the colder temperatures.

POLITICS/GOVERNMENT, September 8th, 7:15 to 7:45 am

Fitchburg Mayor Stephen DiNatale talked about the first days of school, the opportunities for people to be vaccinated for the Coronavirus, where the schools stand when it comes to being vaccinated, what does it take for residents to get vaccinated, why people are choosing not to, the grand re-opening of Fitchburg City Hall and their staying within their budget, the arrival of federal funding that will help the city, future projects like the Crocker School and the need for greater discussion among people about the Opioids and Alcohol, and the growing numbers of Americans who have died and how the Coronavirus may have played a role in those numbers growing.

POLITICS/GOVERNMENT, September 9th, 7:15 to 7:30 am

State Representative Natalie Higgins shared her thoughts on the growing reluctance of people being vaccinated for Coronavirus, her doubt that schools will reach their goal of 80 percent vaccination by October 1st, the potential for other variants, discussions about what she called "generational" funding from Washington that will be heading to Massachusetts, the growth in the Massachusetts population from the 2020 Census and potential changes in the size of legislative districts, and she says her constituents are still expressing concerns about the expiration of unemployment benefits and potential of this affecting 300-thousand people in Massachusetts.

POLITICS/GOVERNMENT, September 13th, 7:40 to 8:00 am

State Senator John Cronin recalled how he found about the World Trade Center Towers were struck 20 years ago, learning about the Massachusetts residents who were lost that day, and the loss of US Marine Sergeant Johanny Rosario Pichardo whose body was returned to Massachusetts over the weekend, what he remembers from September 11th, 2001 and how we have gotten away from realizing that were all Americans, how do we keep from demonizing one another and whether now is the time Massachusetts should join the ranks other states that are collecting revenues from legalized sports betting and gambling.

BUSINESS, September 16th, 8:40 to 9:00 am

Roy Nascimento, President and CEO of the North Central Mass Chamber of Commerce; and Kat Deal, Events and Program Manager for the Chamber, looked ahead to the fall season and members are preparing forums ranging from a major hiring event that is scheduled for September 28th to the Women's Leadership Event at Great Wolf Lodge, and a Legislative and Candidates Reception where elected officials and candidates can talk to businesspeople and learn about what is important to their businesses. They also discussed where and how the relationship between government and business has changed for the better and the work that still needs to be done.

POLITICS/GOVERNMENT, September 17th, 8:10 to 8:30 am

Congresswoman Lori Trahan talked to us about the difficult decision to leave Afghanistan after 20 years, the need begin discussions about how and when US soldiers are deployed to other nations, to people understand the loss of lives that come from wars, the loss of one of her constituents, US Marine Sgt. Johanny Pichardo Rosario of Lawrence, the need to have new discussions about US Foreign Policy, where do we refocus the funding that went into Afghanistan to other threats facing this nation, and her thoughts about the Boston Red Sox beginning efforts to bring Minor League Baseball back to Lowell.

PUBLIC SAFETY, September 21st, 7:10 to 7:30 am

Fitchburg Police Chief Ernie Martineau looked ahead to the fall season, the return of students to school and the traffic challenges they have been facing, including where kids should board and be dropped off school buses, he discussed the department's Annual Status Report that focuses on crime in the city, the training of officers and how people may be more concerned about quality of life issues in the city as compared to violent crime.

POLITICS/GOVERNMENT, September 21st 7:40 to 8:00 am

State Representative Meghan Kilcoyne talked to us about what is being done to bring people back to the State House to handle the people's business. When will a date be set for lawmakers to return to the State House, the requirement for people to be vaccinated for Coronavirus by November 1st, her learning about the challenges facing farmers in Central Mass, what can be done to help them meet those challenges and a measure she is sponsoring that focuses on Firefighters' Rights.

POLITICS/GOVERNMENT, September 21st, 8:10 to 8:30

Jeff Murawski, Deputy Commissioner of Waste Water for Fitchburg DPW, announced the conclusion of the work on Water Street, which affected how residents made their way into and out of Downtown Fitchburg. He talked about the work that called for replacing the sewer and manhole repairs and their plans to complete this sewer separation project, the beginning of mandated work that will affect the Downtown area, the types of materials used in pipes in the

city and how they changed over the years and the hopes of obtaining federal funding for the project and how it will enable the city to change the look of Downtown Fitchburg.

POLITICS/GOVERNMENT, September 23rd, 7:10 to 7:30 am

Congressman Jim McGovern looked ahead to the beginning of a new fiscal year for the federal government which begins October 1st. He expressed his frustration with Capitol Hill lawmakers showing an unwillingness to extend the federal debt limit, what would be the consequences of Congress not extending the debt limit and what has happened in past years, his thoughts on the end of the US presence in Afghanistan, the trillions of dollars that were spent there that he says could have been for other purposes foreign and domestic, the need for the US to help those who are seeking to leave Afghanistan, his thoughts on where federal spending could be spent to help the US Economy grow, and his questioning the opposition Arkansas US Senator Tom Cotton to the nomination of Suffolk County District Rachel Rollins to be the next US Attorney for Massachusetts.

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July 1 through Sept 30, 2021

The issues in this report were covered during the K-Zone Lunch Box. The program airs on Mondays from 12 noon to 1:00 pm, unless it is pre-empted by Boston Red Sox Baseball. All interviews are 20 minutes in length unless otherwise noted, and the Monday program is hosted by Sherman Whitman.

OUR CHANGING CLIMATE, July 12th, 12 noon

Ed Carr, Director of the International Development, Community and Environment Department (IDCE) at Clark University; talked to us about the dramatic changes in weather conditions in North America. He expressed his concerns about the record high temperatures from the state of California to the province of British Columbia, why summer-like weather conditions are lasting two weeks longer than they did 25 years ago, how these conditions are leading to more systems like tropical storms and hurricanes, the price we are paying as a result of climate change and the price will continue to pay until we make the changes needed to combat climate change.

COMIC BOOKS, July 19th, 12 noon

Dario Delle Chiaie, The Comics Dude at That's Entertainment North; talked to us about the passion that kids of all ages have for the heroes and villains they read about, what has made comic books so popular over the years, the struggles their business has faced during the pandemic, the loyalty of their customers, how comic books have been that first step to reading for kids, how the love of comic book heroes has enabled those heroes to come to film, the success of "Black Widow" and other movies from DC and Marvel and the hopes of new releases in time for the fall.

"CORPORATIONS, COMPASSION, CULTURE," July 19th, 12:30 pm

Keesa Schreane says her book discusses how companies can take a new and more effective approach to driving equity and inclusion in the corporate world. She explained how focusing on a culture of compassion can lead to more vibrant, higher performing operations. She said her book can identify behaviors, practices, and activities that may be damaging your employees well-being, engagement, and productivity. And she offered ways to hire and retain the best talent while creating tremendous loyalty, innovation, and financial payoff.

MOSQUITOES, July 26th, 12 noon

Tim DesChamps, Executive Director of the Central Mass Mosquito Control Project; described what has been a very busy summer for the agency. He told our listeners about the work that is done monitoring mosquitoes, the many types of mosquitoes that can be found in Massachusetts, the illnesses they can cause like West Nile and EEE, the role the weather has played in their emergence, the times of the day we can find ourselves at risk of being bitten, things we can do around our homes to protect ourselves from mosquito bites, including the emptying or removing of areas where water levels grow and the need to use products that contain DEET.

BACK TO SCHOOL, July 26th, 12:30 pm

Lindsey English, Founder and CEO of Fostering Change Inc.; told our listeners about their efforts to help foster children prepare for a brand new school year. She talked about their drive to make sure foster kids from kindergarten to college age have backpacks to begin the year, how the organization has grown in its first three years, how the numbers they serve continues to grow and how the community has taken their efforts to heart.

EVICTIONS AND THE CORONAVIRUS, August 2nd, 12 noon

Andrea Park, Staff Attorney and Housing and Homeless Advocate for the Massachusetts Law Reform Institute; told our listeners about how they serve as advocates for low-income residents. She discussed the work the agency has been doing to help make housing more affordable for Massachusetts residents, the struggles of residents to make ends meet during the Coronavirus, the thousands of residents at risk of being evicted because of the pandemic, the rental assistance that is available to help residents and where people can call to seek assistance in making ends or moving to another location.

CORONAVIRUS: AN UPDATE, August 9th, 12 noon

Dr. Katherine Gergen Barnett, Vice Chair of Primary Care Innovation and Transformation and the Program Director in the Department of Family Medicine at Boston Medical Center; spent the hour talking to us about how Massachusetts has been progressing in getting people vaccinated. She talked about the reluctance of people getting vaccinated, how Massachusetts has been doing compared to other states, the challenges she is facing as a Doctor and a Mother of three children, the struggles of the medical community to earn the public's trust and what is needed to be to begin that conversation.

"THE EVERYDAY LEADER," August 23rd, 12 noon

Authors Hema and Michael Crockett say their book focuses on 14 leadership traits that are learned in the Marine Corps and how these traits can be applied to the business world. They say the same traits learned in the Corps that are used during times of war and peace can be converted to actions and strategies to help people lead in the boardrooms and to meet the challenges that come in everyday life. They say some of those key traits are establishing good judgement, getting comfortable with decision making and what they call building your decisive muscles.

"COVID LOCKDOWN INSANITY," August 30th, 12 noon

Dr. Hugh McTavish says his book is about the Coronavirus Pandemic, the lives that have been saved, the lives that have been lost in part because of depression and suicides, how the pandemic compares to Influenza, whether interventions like mask wearing and hand washing have reduced infections, whether the lockdowns of schools and businesses have helped our quality of life during COVID, how lockdowns in hospitals prevented people who have been dealing with life-threatening conditions like cancer from being treated and what the medical community needs to do address these problems.

JESUS CHRIST, SUPERSTAR, August 30th, 12:30 pm

Singer-actor-producer Ted Neeley talked to us the making of the landmark film in 1973. He talked about his audition to play Judas, but became the understudy for Jesus in the stage production in Los Angeles, and his being cast in the film. He talked about the daily challenges of making in the Israel, which included seeking shelter between takes, his appreciation for film director Norman Jewison and discussed why the film continues to inspire watchers to this every day.

"FIND YOUR HAPPY AT WORK," September 13th, 12:30 pm

Author Beverly E. Jones says her book has 50 ways for its readers to move past boredom and find fulfillment in the workplace. Jones says her book can help reader develop a model for

creating career engagement that will improve their performance at work and help develop deeper relationships with others. She offers techniques for addressing workplace challenges like difficult colleagues and gloomy environments, strategies for strengthening your network, building expertise, and laying other groundwork for or those who want to be happy in their work, and throughout their lives.

"YOUR BODY IN BALANCE," September 20th, 12 noon

Dr. Neil Barnard says his book is a guide for understanding the problems that affect our health, and the steps you can take that can improve your health. His book suggests that a changing of your diet, cooking your own meals, and seasonings like ginger and tumeric could be a step towards better health. He argues that infertility, menstrual cramps, weight gain, hair loss, breast and prostate cancer, hot flashes, and other issues are fueled by hormones that are hiding in foods or are influenced by the foods we eat. He says the book also adds recipes that are designed for healthy eating and maintaining your balance too. He says his a book to read by both men and women.

RETAILERS AND THE 4TH QUARTER, September 20th, 12:30 pm

Jon Hurst, President of the Retailers Association of Massachusetts; looked back the year 2021. He talked about the challenges his members have faced during the Coronavirus, concerns about COVID heading into the fall, the emergence of Amazon and its affect the success of retailers, challenges they face from a tax-free state like New Hampshire, how Halloween had helped retailers by becoming a growth industry in its own right, how and why the Christmas Shopping season has become a make or break time for retailers, the revenues that are raised during that time of year, his description of the state of retailing in 2021 and the importance of people supporting local retailers because their support is essential to their survival.

THE US SUPREME COURT, September 27th, 12 noon

Dr. Mark Miller, Professor of Political Science and Director of the Law and Society Program at Clark University, talked to us about the nation's highest court. He discussed the role of the judicial branch in the United States Government, the times where the court has been called on to make decisions and times where the court has made landmark decisions, the work that goes into decisions made by the justices, whether the justices are sensitive to public opinion, the beginning of the court's new term in October, what does it take for the high court to hear a case, the cases that are scheduled to be considered and whether there may be cases that could lead to landmark decision during this new term of the Court.

ON THE GOE DAY (GROWTH, OVERCOME, EMPOWER), September 27th, 12:30 pm

Kenisha Coy, Founder and CEO of The My Care Initiative, looked ahead to an event that is aimed at helping people learn from one another and help to heal from the trauma that we have experienced in our lives. She provided a definition of what trauma is, the condition or conditions

that lead to trauma in our lives, how it strikes us, the damage it does to us, the difficulty in living with trauma, learning how to recover from trauma, the time we need to recover, the shame we have from living with trauma, why it is difficult to seek help from others, why people need to learn how to care for one another, the need for men to discuss the trauma they face, and how do we travel from trauma to the road to wellness.

## PUBLIC SERVICE ANNOUNCEMENTS

### GINNY'S HELPING HAND

Ginny's Helping Hand and Food Pantry, located at 92 Mechanic Street in Leominster; is there to residents of Central in need, Their hours are Tuesday through Saturday from 10:00 am to 5:00 pm. If you'd like to find out more, if you want to lend a helping hand, call them at 978-537-1387  
(still in rotation)

### COMMONWEALTH OF MASSACHUSETTS

2-1-1 is the number to call if you have questions or concerns about the Coronavirus outbreak in Massachusetts. Call this number for information about essential community services, where to find a food bank, government services and operators are there 24 hours a day to take your call. The number to call is 2-1-1  
(still in rotation)

### CITY OF FITCHBURG

The City of Fitchburg, in cooperation with Weston and Sampson, is conducting smoke testing of sanitary sewers in the Downtown Area from now until October 22nd. The testing is being conducted from Main Street to Whittemore Street between Ashburnham Hill Road and Blossom Street. If you have respiratory concerns, call 978-548-4808, and leave a message so appropriate precautions can be taken.  
(began September 24th, still in rotation)

### FOSTERING CHANGE INC.

Fostering Change Inc. is asking for your help in supplying backpacks and other needs as foster kids are getting ready a brand new school year. Their 4th Annual Supplies For Success Drive runs from July 19th to August 25th. To learn more about the project, find them on Facebook or log on to [fosteringchange-dot-ma-org](http://fosteringchange-dot-ma-org).  
(began July 19th, ended August 24th)

## MASSACHUSETTS LAW REFORM INSTITUTE

The Massachusetts Law Reform Institute is there to ensure that low-income and underserved populations across the state are provided the same legal protections, rights and liberties enjoyed by all members of society. If you are in need of legal assistance, call this number 617-357-0700.

began August 12th through the 31st, is back in rotation)

**END 2021 Q3 ISSUES REPORT WPKZ RADIO**