

WPKZ PROGRAMS LIST Q4, 2023

WPKZ Radio has over 25 hours of live local programming per non-holiday week addressing significant local and communities issues. In the past quarter that has included Covid-19 Impacts, Community Leaders, elected and non-elected, Business and financial New, Education related Community information, Tips and Updates on the local real estate market, non-Profit Initiatives, Mental and Personal Health, State and Federal Legislative Updates, Local and Regional Sports Stories and Updates. Most of our community program interviews and topics are also uploaded to our SoundCloud on-demand site for on demand listening at www.kzonereplay.com
Submitted by John Morrison.

This report covers the topics and issues during programs that aired during the K-Zone Morning Kommute between October 1 and December 31, 2023. Conversations run 20 minutes in length unless otherwise mentioned.

CRIME/PUBLIC SAFETY, October 4th 7:15 am

Fitchburg Police Chief Ernie Martineau talked about the hiring of four new members of his department. He talked about the training in the classroom, and the field, the background checks they underwent, the physical and mental conditioning involved, how the training to become an officer has changed over the last 20 years, how a new officer begins serving in the city, the roles they will learn, the need to be wary of what they may see on Social Media and he talked about Halloween approaching and offered suggestions to keep kids happy and safe while trick-or-treating.

THEATRE AT THE MOUNT, October 4th 8:10 am

Gail Steele, Professor at Mount Wachusett Community College, told our listeners about their upcoming production *The Old Couple*. She talked about the preparation that goes into a production, what makes each production so special, what makes these projects family affairs, and what makes those involved in the production come back for more. She says the production goes from the first reading of the scripts, to the sets being built, to the actual shows, as well as why the last show is the most difficult and how they can't wait to work on the next project.

HEALTH/FITNESS, October 6th 8:35 am

Trainer Phil DeCesare suggested you are "as young as you feel" He cited a study that recommends resistance training over weight training when it comes to building our strength. He said the form or forms of our exercise can depend on the size of our bodies. The importance of our bodies moving forward and for beginners to start at a slow steady, build on that pace, but the most important thing is to begin that plan for fitness.

POLITICS/GOVERNMENT, October 9th, 8:10 am

Massachusetts Congressman Jim McGovern shared his thoughts on Gaza's attack on Israel by Hamas, the need for Israel to respond to the attack, the importance of providing assistance to

Israel, the need to continue working toward a two-state solution in the region, the need for observing rules of war, to treat Palestinians as people while supporting Israel and for the Biden administration to be more forceful in finding a peace solution.

POLITICS/GOVERNMENT, October 11th, 7:15 am

Fitchburg Mayor Stephen DiNatale talked about a public hearing that would focus on Unitil raising their utility rates, and residents would face higher gas and electric bills. He talked about the importance of residents making their feelings known. What options do residents have should their monthly bills be raised by at least 40 dollars a month? He updated the aggregation program and whether the plan has helped to lower utility costs. He also talked about the Legislature's approval of a \$1-billion tax relief plan and the listing of savings that residents can expect to see. He told listeners about the beginning of the progress where the city will be setting property tax rates for calendar year 2024.

POLITICS/GOVERNMENT, October 12th, 7:15 am

State Representative Natalie Higgins talked about Leominster's struggle to recover from the devastating rains from September. She provided an update on the damage in the city, the need for residents to file for assistance in federal funding, whether this will help residents get their power turned back on or help to rebuild their homes, whether residents should apply for flood insurance, how much longer will it take to assess the damage to Leominster and how long will it take before there is a disaster declaration from the federal government. She also talked about the closing of the maternity unit at UMass Memorial's Leominster Hospital, the lack of action taken by the Healey administration, whether there are any other options they can take to re-open the unit and what the future may hold for Heywood Hospital now that they have filed for Chapter 11 bankruptcy protection.

POLITICS/GOVERNMENT, October 18th, 7:15 am

Leominster Mayor Dean Mazzarella updated the city's efforts to recover from the damage caused by unprecedented flooding. He talked about the efforts to help residents get back in their homes, help clean up their homes and repair city streets. He talked about state and federal officials coming to the city to get a first-hand look at the damage, the need for residents and businesses to file for federal disaster assistance, and that they're still calculating the damage from the storm. He also talked about the process of property owners getting their tax bills and making sense out of their bills for the calendar year 2024.

BUSINESS, October 19th, 8:35 am

Travis Condon and Kat Deal from the North Central Mass Chamber of Commerce focused on tourism. They talked about the million of dollars that are being brought into the area by tourism, why leaf peeping and watching the fall foliage remains popular activities during this time of year, and they also previewed a Congressional luncheon next month at Fitchburg State University where people can meet question Congressman Jim McGovern and Congresswoman Lori Trahan about issues of concern to them.

HEALTH/FITNESS, October 20th, 8:40 am

Fitness Trainer Phil DeCesare talked about the importance of having a proper diet as part of a workout routine. He talked protein, how much is needed on a daily basis, the time of day for having protein, how it can help resist urges for foods which are not good for you like potato chips and pizza, the type of foods that are protein-rich, and how the lack of protein in the diet can lead to an increase in our waistlines which is detrimental to our overall health and well-being.

POLITICS/GOVERNMENT, October 25th, 7:20 am

Gardner Mayor Mike Nicholson updated property valuations for city, the increase in properties over the past 12 months, and whether this means a savings for residents heading into calendar year 2024, preparations for Halloween in the city, as well as what the celebration of Gardner's 100th anniversary as a city has meant to residents and the hopes for Gardner as it begins its second century as a city.

POLITICS/GOVERNMENT, October 26th, 7:10 am

Congressman Jim McGovern talked about the selection of Republican Representative Mike Johnson of Louisiana succeeding Kevin McCarthy as Speaker of the House. He expressed his concern about a man who has refused to accept the results of the 2020 election as the Speaker, his hope that both Republicans and Democrats can find a way to agree on a spending plan to keep government running, his hope that the parties can find common ground to help run the government, and wondered whether Republicans would ever show a willingness to work with Democrats on Capitol Hill.

POLITICS/GOVERNMENT, October 31st, 7:20 am

Fitchburg Mayor Stephen DiNatale joined us to state his case for being elected to a fifth two-year term as Mayor. He talked about his experience in government, how his years as a State Representative helped to prepare him to serve. He talked about how the city has changed during his tenure with additional businesses in the city, the challenges of a business growing in Fitchburg, the growth of the city's tax base, how the operation of city government has improved, the challenge of getting the attention of voters considering people see government working at its best on the local level, and what would be his first order or business should he re-elected.

POLITICS/GOVERNMENT, November 1st, 7:40 am

Fitchburg Mayor candidate Sam Squailia expressed her thoughts about what she thinks residents want to see in their Mayor. She talked about how her tenure as a City Councilor, her experience in the private sector has prepared her for this opportunity, her thoughts on how to support businesses as they move their operations to Fitchburg, the response from residents supporting her campaign, the need for the Mayor to be better communicator with city residents, the challenge of getting the attention of voters considering people see government working at its best on the local level, and what would be her first order or business should she re-elected.

POLITICS/GOVERNMENT, November 9th, 7:10 am

State Representative Natalie Higgins shared her disappointment with the voter turnout in cities on Election Day. She wondered what it takes for people to understand the need to be involved in government at the local level, and the need for her and other office holders and candidates to do a better job of connecting with the voters. She also talked about what needs to be done to find

shelter and space for the growing number of migrants that are arriving in Massachusetts, the struggle to help the growing homeless population in the Commonwealth, why people are relocating to Massachusetts as compared to other states in New England, or the northeast, their success in finishing work on the supplemental state budget, and the need to maintain essential services at hospitals in North Central Massachusetts.

POLITICS/GOVERNMENT, November 15th, 7:15 am

Leominster Mayor Dean Mazzeella talked about his election to his 16th term as the city's Chief Executive and what he credits his success to, he talked the high school football rivalry between Fitchburg and Leominster, their annual Breakfast for the Bands, and his excitement about the game being the night before Thanksgiving at Fenway Park. He provided an update on the city's recovery from the rains that caused millions of dollars in damage. He said people are still filling out paperwork

seeking assistance, and he talked about the progress in redeveloping The Mall at Whitney Field.

MASSACHUSETTS HEALTH CONNECTOR, November 17th, 8:10 am

Jason Lefferts, Director of Communication for the Massachusetts Health Connector, talked to our listeners about the need for making sure they will have health coverage to start 2024. He explained the work that is done by the Connector in finding programs to help residents and their families get the coverage they need, the amount of coverage they can afford, programs to help those who can't afford the basic coverage, the beginning of the Open Enrollment Period, whether people should remain covered by Mass Health and Open House to help get health coverage in the new year.

HOLIDAY TRAVEL, November 20th, 8:10 am

Mark Schieldrop of AAA Northeast talked to us about the start of the busiest travel periods of the year. He gave AAA's projections of the millions who will be going that more 50 miles to be with family and friends for Thanksgiving, the increase in these numbers from last since year, and the days of the Coronavirus pandemic, how the price of gasoline has made travel more affordable, why families are ready and willing to travel for the holidays, and the need to make sure your vehicle is ready for the journey, as well as the best times to begin those travels.

HEALTH/FITNESS, December 1st, 8:20 am

Fitness Trainer Phil DeCesare talked about the amount of sugar we should and should not consume. He called for listeners to find the proper balance in things like pies, cakes, and cookies during this time of year. He talked about the changes in temperatures and daylight hours this time of year and can affect our health and wellness, the need to watch the amount of carbohydrates we consume, the need to stay hydrated, and intake the right amount of calcium for our health. He talked about the need for water during the winter months to maintain our PH scale, and not to overreact when weighing yourself in your fitness regimen.

POLITICS/GOVERNMENT, December 14th, 7:10 am

State Representative Natalie Higgins talked about the end of 2023 on Beacon Hill. She was pleased with the completion of work on the supplemental budget, talked about the work that is done by lawmakers during an informal session, and relief coming to Leominster residents who were affected the storm earlier this year, how the funding has helped to open two new shelters in

Fitchburg and Leominster, how her presence on the House Ways and Means Committee has meant North Central Mass has a voice when it comes to tax dollars coming to the area, and she looked ahead to the start of 2024 and the beginning of work on the state budget for fiscal year 2025.

POLITICS/GOVERNMENT, December 14th, 7:40 am

Leominster Mayor Dean Mazzeella talked about the process of getting federal funding to help the city recover from the late summer storm. He expressed his pleasure with the Emergency declaration from Governor Maura Healey and her seeking a federal declaration from FEMA and President Biden. He expressed his pleasure with meeting the threshold of what is a disaster, but they're waiting to see if funding will be coming to help the city and its residents rebuild. He added that he appreciates the efforts of the state's Congressional delegation to seek the funding. He talked about flood insurance, whether residents should purchase it and how much you can expect to pay.

CRIME/PUBLIC SAFETY, December 18th, 7:20 am

Fitchburg Police Chief Ernie Martineau talked about the holiday season, the importance of being with family and friends and the need for people to beware of those who try to take advantage of the kindness of others. He urged people to watch out for those who find new ways to scam you out of money, talked about the need for officers to have the coping skills to keep them from taking their problems on the job at home to their loved ones, and to find the good in everything they do. He called his work "The Greatest Show On Earth" because of all the challenges that may appear before them and the moments that can restore their faith in humanity.

WPKZ FOURTH QUARTER ISSUES 2023 COMMUNITY UPDATE FRIDAY PROGRAM

This report covers the topics and issues discussed Friday afternoons at 1:00 during programs that aired between October 1 and December 31, 2023. The interviews are 20 minutes in length unless otherwise mentioned, or if the program length is shortened for the day or pre-empted by Boston Bruins Hockey or Boston Red Sox Baseball. The Friday program, The K-Zone Community Update, is hosted by Sherman Whitman.

Remembering Jordan Levy, October 6th, 1:00 pm

Hank Stolz, host of "The Hank Zone" on WPKZ Radio, paid tribute to a man who made many contributions to Central Massachusetts. He recalled Levy serving as the President of Parker Metals Products, which brought many jobs to the region. He also looked back at his days as a public servant – from serving on the Worcester School Committee to being the City Council to Mayor of Worcester starting in 1987. He discussed how the city's form of government changed as Levy became the first Mayor elected by a popular vote. He also recalled Levy's service as a member of the Massachusetts Turnpike Authority. And he stated that Levy should be remembered as a citizen of Central Massachusetts and for contributions for improving the quality of life in Central Massachusetts.

Tree Of Lights, October 6th; 1:30 pm

Lynnette Valentine-Warren, Envoy of The Salvation Army; and Paul Gauvin of The Rotary Club of Fitchburg and Leominster began our conversation talking to us about the rainfall that caused millions of dollars in damage in Leominster and the work that's being done to help the people who are recovering. They asked for the public's help in assisting families that have lost everything in the storm, and they talked about their goal of making this a good Christmas for families in need. They're encouraging residents who need help this season to begin filling out applications to help their families. And she provided information on donating gifts, serving as bell ringers, along with helping with their annual boot drives, and other activities.

The Court's In Session, October 13th; 1:00 pm

Jack Ross, Professor in the WISE at Assumption University and former Professor of Law at Washington and Lee University, looked ahead to the beginning of the new term for the US Supreme Court. He talked about a South Carolina case where race was improperly used to form Congressional districts, and how that compared to the case where Alabama was forced to redraw its districts. He also looked at the Purdue Pharma case and a settlement to end their liability stemming from the opioid epidemic. There are two cases that will determine whether elected public officials have the right to block dissenters from their social media pages. He also looked back at the previous court session, the public's loss of confidence in the court and whether the steps will be taken to change the legal system.

Housing and Racial Bias in Home Appraisals, October 13th; 1:30 pm

Leona Whetzel, President of Three Pyramids and the North Central Massachusetts Minority Coalition, told our listeners about an upcoming seminar on home appraisals and racial bias. She talked about the standards from the past led to districts where people of color were hurt by the process, how redlining affected potential homeowners, the steps that have been taken to rectify the practices, what people need to know when it comes to buying a home, the programs that can help potential homeowners, and the steps that need to be taken to correct the problems in 2023 including hiring appraisers, realtors and mortgage lenders of color.

War As We Have Known It, October 20th; 1:00 pm

Norman Solomon, the author of "War Made Invisible," looked back at how this nation has looked at the history of the United States in armed conflicts. He talked about how the public's views about war have changed over the years from World War Two to Korea to Vietnam, how the nation looked at the invasion of Iraq, the truth about weapons of mass destruction, the fighting between Israel and Hamas, why the consequences of war are not always reported by the mass media, why the public has accepted what has been referred to "collateral damage" and what questions should the American news media be asking.

Fire Prevention Month, October 20th; 1:30 pm

Fitchburg Fire Lieutenant Mike Gelinas talked to our listeners about the changing seasons and what people need to consider as the days get shorter and the temperatures get colder. He talked about making sure that fire and carbon monoxide detectors are working properly, making sure homes are properly wired and grounded, the proper use of space heaters and power strips, having

a working extinguisher on hand, the use of candles this time of year and having an exit plan and a place to meet should there be a fire within your home.

The 2023 Winter Coat Drive & Breaking News Manhunt, October 27th, 1:00 pm A 15-minute conversation with Worcester County Sheriff Lew Evangelidis about the Sheriff's Department's Annual Winter Coat Drive. He said their goal is to collect at least one-thousand coats for men, women and children in need as we head to the Winter of 2024. He told our listeners when they would be coming to cities and towns within the county to accept the coats and when and how they will be distributed.

We spent 15 minutes updating the search for a man who was wanted for shootings at a bar and a bowling alley in Lewiston, Maine that killed 18 people and wounded 13 others before he took his own life. At the time of the broadcast, the search for 40-year-old Robert Card continued. By the end of the day he was found dead from a self-inflicted gunshot wound in a tractor-trailer near a recycling center in Lisbon, Maine.

Election Day 2023, October 27th, 1:30 pm

WPKZ Radio Engineer Paul Andrews joined us in his role as an Election Warden in the city of Fitchburg. He talked about the training that goes into working at polling places, the hours they work on Election Day, the voting system that's used by the city of Fitchburg, telling our listeners about the deadline for registering to vote, when early voting begins, what to do if you are listed as an inactive voter, the importance of properly filling out the election form and what you need to do remain an active voter.

"Beyond Gentrification," November 3rd, 1:00 pm

Tania Golash-Bosa, says her book focuses on the racial wealth gap that can be found in American cities. She talked about how the value of many communities would be decreased because people of color would move to these locations and that local governments like Washington, DC would not have the power to operate like other cities when it comes to raising revenues like levying taxes, the lack of investing into schools or reinvesting to bring white residents in at the expense of residents of color. And what can be done to make these areas for residents of color worth living in.

The Cornerstone Academy, November 3rd, 1:30 pm

Karen McQuade, founder of the school, and Michelle Borracini, one of the teachers, talked about how their school and its expansion from a little red school house that was open for kids in kindergarten. They said the goal of the school was to help kids become better thinkers and problem solvers, and discussed how they have helped children who are dyslexic advance in their learning, how their curriculum enables students in each grade level to progress, and how they have learned that you need more paper and pencils to learn.

The New Mayor, November 10th, 1:00 pm

Mayor-elect Sam Squailia shared her thoughts on being elected the new Mayor of Fitchburg. She talked to us about the campaign, her message to voters and what she thought connected to voters. She talked about the concerns expressed by residents, how her relationship with the City Council will change now that she is giving up her Council seat, how the city has changed from the days Lisa Wong as Mayor to Stephen DiNatale to her and what are the most important things she wants to accomplish in her first two years..

Remembering Derek, November 17th; 1:40 pm

We spent the remainder of the program paying tribute to our colleague Derek Drowne who passed away earlier this month. We shared our memories of Derek, the energy and spirit he brought to the radio station and his many contributions, how we learned there was more than one way of taking care of our daily assignments and tasks, more than one way of finding solutions to problems and appreciating Derek being Derek.

The Holiday Shopping Season, November 24th; 1:00 pm

Bill Rennie, Vice President of the Retailers Association of Massachusetts, looked ahead to the final weeks of the shopping season. He talked about the need for retailers to be multi-channeled as in being able to serve customers online as well as in stores, how they have responded to the challenges brought on by retailers like Wal-Mart and Amazon, tax-free New Hampshire and how they have moved on from the Coronavirus pandemic. He explained why this time of year has been critical for the success of their members and he credits members with listening to their customers to give them a chance to succeed.

“Why You Feel The Way The Way You Do,” November 24, 1:30 pm

Reneau Peurifoy says his book is about our emotions and the role they play in our daily lives. He explained what is behind the emotions we feel, those that are positive and negative, how do we understand them, help them help us set limits in our lives, how can we quiet those destructive triggers, reduce the negative effect of social media discovering keys to happiness and working towards our mental wellness.

Trouble In Toyland, December 1st; 1:00 pm

Deirdre Cummings, Consumer Program Director of MASSPIRG, talked to us about their 38th annual report on toys to beware of during this holiday season. She talked about potential problems that parents and other consumers should beware of items that could cause choking hazards, unsafe toys that have been recalled and then sold as new. She cited Ebay and Facebook as places that could do a better job of not selling recalled toys. She also expressed concern about “smart” toys, watches and microphones that may collect personal data on kids who are using them and how they could affect their well-being.

Fostering Change, December 1st; 1:30 pm

Lindsey English, the Founder and CEO of the organization, talked about their plans to help provide Christmas gifts for dozens of foster kids in Massachusetts. She talked about her life as a foster child and the woman who took care of her when she was growing up. She said Fostering

Change began when a group of kids she worked with began providing gifts for foster kids several years ago. From there an attorney offered to provide pro-bono assistance, an accountant offered to provide free tax advice, and others have volunteered to provide help to make dreams come true for these families since 2017.

Ginny's Helping Hand and Food Pantry, December 8th, 1:00 pm

Executive Director Brandon Robbins joined us to mark the 45th anniversary of the organization. He explained that Ginny White began the program back in 1978 when she began providing clothing for more than a dozen people. From there they began serving food for people in need, and he's pleased that people who were helped by Ginny's have returned the favor by helping people in need. He's grateful for the people who have helped over the years and continue to help, and he hopes for the day where one day they won't be needed and they can close their doors.

Lighting Their Tree, December 8th, 1:30 pm

Lynnette Valentine-Warren, Envoy of the Salvation Army, told our listeners about their efforts to help make the holiday season brighter for people in North Central Massachusetts. Their goal is to light their tree at their location on Water Street. They're hoping to raise \$100,000 through their boot drives and kettle stands. She said she appreciates the help of their community partners in making it happen, and the residents who have paid it forward. She said she was raised in a Salvation Army family and she is proud to continue that tradition.

Tis The Season To Be Scammed, December 15th, 1:00 pm

Nancy Cahalen, President and CEO of the Better Business Bureau of Central New England, offered tips for consumers as they continue shopping for gifts for the holiday season. She said consumers should beware of fake websites that gather your personal information and use fake tracking information, what to look for that would suggest the website is legitimate, what to look for before making payments online, and what to look for before making donations to charitable organizations.

"The Fight For The Night," December 15th, 1:30 pm

Tom Jerman says his book is about a dispute about the writing of "The Night Before Christmas." Jerman said in the book charges that Clement Moore was not the person who wrote the poem. He said there are critics who suggested in the year 2000 that a farmer named Henry Livingston Jr. wrote the poem, and that scholars would support those claims. But Jerman argues that the person who claimed to write it, read the poem to his children in 1803, and that Livingston's family back in the 19th century didn't celebrate Christmas, where Moore did.

Mental Wellness and the Holidays, December 22nd, 1:00 pm

Mike Ellis of the Montachusett Suicide Prevention Task Force talked about the holiday season and mental and physical struggles we face during this time of the year. He said he was pleased that people are not just talking about mental health but more about mental wellness, and what can get us on the road to becoming well. He talked about the pressures we face, the inability to meet those expectations which lead to our feelings of failure and depression, the risk factors of depression, the warning signs of depression, the need to act to help a friend or loved one. He talked about where to go for help, the importance of asking for help and the need to be a friend, and being willing to listen to people who need help.

NORAD Santa, December 22nd, 1:30 pm

Colonel Philip Kerber of NORAD talked to us about how they prepare to track Santa Claus in his travels on Christmas Eve. He told the story of Colonel Harry Shoup who took the first call from in 1955 when a child thought they were calling a Sears, Roebuck in Fort Collins, Colorado. The Colonel's answering the call led to other staff taking calls about Santa and his whereabouts. Colonel Kerber said there will be 1,000 people volunteering their time Christmas Eve to watch Santa, including people taking calls in 13 different languages and a website where people can monitor Santa's travels. The website is noradsanta.org.

WPKZ FOURTH QUARTER ISSUES 2023 - COMMUNITY REMINDERS

Commonwealth of Massachusetts

2-1-1 is the number to call if you have questions or concerns about the Coronavirus outbreak in Massachusetts. Call this number for information about essential community services, where to find a food bank, government services and operators are there 24 hours a day to take your call. The number to call is 2-1-1. (still in rotation)

988

There are three digits and one connection for people who are under emotional distress or having suicidal thoughts. 9-8-8 is the new toll-free number that's part of the National Suicide Prevention Lifeline. If you need to talk or need someone to listen, call or text 9-8-8 and help will be there 24-7. (still in rotation)

Ginny's Helping Hand

Ginny's Helping Hand and Food Pantry, located at 92 Mechanic Street in Leominster, is there for residents of Central in need. Their hours are Tuesday through Friday from 10:00 am to 5:00 pm and Saturday from 9:00 am to 4:00 pm. If you'd like to find out more, or if you want to lend a helping hand, call them at 978-537-1387. (still in rotation)

Theatre At The Mount

Theatre At The Mount is holding auditions for *The Music Man*. The production will feature a cast of at least two dozen people - men, women and children - for a production that is scheduled for February and March. The auditions will be held on Monday, December 4th and Tuesday December 5th and the auditions are by appointment only. For more information call 978-630-9162.

(Began November 16th, ended December 3rd)

Park Hill Pizza

Park Hill Pizza in Fitchburg will be providing a free, home-cooked holiday meal for individuals or families in need on Christmas day. The meal will consist of Turkey, ham, all the sides, and dessert. The meals will be served at 11:30 am, 12:45 and 2pm. They will be serving up to 100 people. Park Hill Pizza is located at 96 Franklin Road in Fitchburg. to make reservations or for more information, call 978-343-7300 Wednesday through Saturday, between 12 noon and 6pm, ask for Katie. (Ended december 22nd)

Fostering Change Inc.

The K-Zone wants you to know that Fostering Change Inc wants to make the Christmas season brighter for 400 foster kids in North Central Massachusetts. They're collecting new, unwrapped gifts and they can be dropped off at five locations in Fitchburg and Leominster from now until December 15th. For information on locations, or for a copy of their wish list, log on to fosteringchangema.org, or check out their page on facebook.

(Began December 1st, ended December 15th)

The Fitchburg Senior Center

The Fitchburg Senior Center, located at 14 Wallace Avenue in Fitchburg has a number of free programs including: health screenings. working with computers, writing, playing the piano, pool, or checking books and CDs. For a listing of all events, or more information, call this number: 978-829-1790.

(Began December 11th, still in rotation)

The Salvation Army

The Salvation Army is asking for your help this Christmas season. Their goal is to help make this holiday season brighter for families in North Central Massachusetts by providing toys and other gifts and financial assistance for families in need. The Salvation Army is located at 739 Water Street in Fitchburg. for more information call 978-342-3300.

(Began November 25th, ended December 22nd)