

Lunch Box Guest Folder for Third Quarter July 1 through September 30, 2016

These are interviews with guests on a program that airs Mondays between 12 noon and 1:00 pm. Interviews are approximately 20 minutes in length, unless otherwise noted.

July 11th, 12:00 noon, DIANA NYAD

The legendary swimmer and author of "Find A Way" talks her athletic and professional careers, life as a survivor of sexual assaults at the hands of her father and her high school coach, and fulfilling the dream of becoming the first person to swim the shark-infested waters between Cuba to Florida at the age of 64.

July 18th, 12 noon, THE GEORGE STREET CHALLENGE AND IVER JOHNSON

Lynne Tolman of the Major Taylor Association and Daniel Fish of the Fitchburg Historical Society discussed the rich history of bicycling in Massachusetts. They previewed the upcoming event, talked about the life of the world champion bike rider who lived in Worcester, his becoming the first African-American to win the championship in 1899, the support he received from Iver Johnson in the form of his bicycles and his sponsoring Taylor. They also discussed Fitchburg's history in the sport and the Longsjo Classic.

July 25th, 12:00 noon, THE PRESIDENTIAL CONVENTIONS

Clark University Political Science Professor Robert Boatright talked about the Republican and Democratic conventions, what the parties hoped to accomplish and what they succeeded in doing, the challenges facing the nominees, the problems they face in reaching voters, the potential of third and fourth party candidates, and what the parties need to do to win the support of the voters.

July 25th, 12:30 pm, "REAL FOOD, FAKE FOOD"

Larry Olmstead discusses the foods we eat, whether they are authentic or fake, whether products like olive oil are healthy or dangerous, whether or not claims that a food is "organic" are true, and things consumers can do to protect their health and maybe their wallets when purchasing foods.

August 1st, 12 noon, THE STATE OF THE MASSACHUSETTS RETAILER

Bill Rennie, Vice President of the Retailers Association of Massachusetts, talked to us about the retail industry, challenges facing retailers from Amazon and other online

operations, challenges from tax-free states like New Hampshire, how the economy affects the thinking of consumers, the state of retailing in Massachusetts today, the lack of a Sales Tax Holiday and its possible impact as they prepare for the fourth quarter of the year, the confidence of consumers in 2016, and its impact on the US economy.

August 1st, 12:30 pm TRAVEL

Mary Maguire of AAA Northeast talked to us about the summer driving season, the places to go and things to not only in our listening area but throughout New England, summer travel as an indicator of confidence in the US economy. She talked about oil prices, how global events and weather conditions have affect their price, how those prices have kept people off the roads in past years, and why people have decided they don't need a "staycation." She also offered tips for safe travel and the proper maintenance of your vehicle.

August 22nd, 12:40 pm THE PURPLE PLATFORM

Amy Mosher, Professor at Worcester State University, discussed The Purple Platform -- her efforts to find common ground between Republicans and Democrat, conservatives and progressives when it comes to the issues of the day, her disappointment in the 2016 presidential elections, the need for young people to become involved the political process, and her to bring people together at a time when she says some people would rather see a nation divided.

August 29th, 12 noon BACK TO SCHOOL

Fitchburg School Superintendent Andre Ravenelle and Mount Wachusett Community College Vice President Lee Ann Scales spent the hour preparing students and parents for the beginning of another school year. They looked at the challenges facing students from the first day of Kindergarten to the first day of college, the challenges facing students in Kindergarten, middle school, and high school; the testing of students, what courses will prepare students for college, and what parents and teachers can do to help students along the way.

September 12th, 12 noon REMEMBERING 9/11 30 minutes

Michael Feldschuh, a New York City resident and co-founder of The September 11th Photo Project, shared his memories of when the World Trade Center Towers were destroyed, what happened in New York City in Washington and Shanksville, Pennsylvania and the days that followed. He talked about what led to the photo project, the book that came from the photos, a photo gallery that turned into an exhibit that

travelled across the nation, and he shared his thoughts about how New York City and its people have changed since September 11th, 2001.

September 12th, 12:40 pm FITCHBURG'S FIRST-ANNUAL CITYWIDE YARD SALE

Sam Squalia, a Fitchburg resident, and host of Discussing Fitchburg Now on FATV (Fitchburg Access Television) told our listeners about Fitchburg's first-ever city-wide Yard Sale on September 17th. She discussed what led to the idea of a city-wide sale, the involvement of local residents, what they've learned from seeing other communities holding such an event, how residents came together to make the event happen, and their hopes for making this an annual happening.

September 19th, 12 noon DROUGHT CONDITIONS

Duane LaVangie, Director of Water Management for the Massachusetts Department of Environmental Affairs, spoke to our listeners about the lack of rainfall in Massachusetts and what happened to the commonwealth as a result of the lack of rain. He looked at the communities which are under drought conditions, the ranges of severity, communities that have placed mandatory restrictions on water use, the need for some communities to purchase water from sources that serve the Boston area, how the lack of rainfall has hurt farmers and agricultural business, the hope that the changing of the seasons will bring more rain to Massachusetts, and steps that residents can take to conserve water.

September 19th, 12:30 pm OVARIAN CANCER AWARENESS MONTH

Jessica Saffran, a member of SHARE, told us about the non-profit organization that provides support to women who have been diagnosed and are living with Ovarian Cancer. She discussed what is known about Ovarian Cancer, the women who are at risk, the lack of effective testing for this form of cancer, the challenges in treating it, learning the symptoms, the need to have a support group in your corner to combat this form of cancer, and the need to remember that you no matter how dire your situation you may be, you have control of your life.

September 26th, 12 noon REMBRANDT'S SHADOW

Author Janet Lee Berg discussed her book which looks back life for her husband's family in Holland during the days of World War II, how life changed for Jewish families who lived in The Netherlands when Adolf Hitler was leading Germany, their struggles to survive and how their families success as art dealers helped to save family members and others from the trips to Nazi death camps, the family's failure to save other relatives and the guilt of continuing with their lives, living in British interment centers before

beginning a new life in America, the struggle to have those paintings returned to their rightful owners, and understanding the father's love for his children by exchange the paintings for their lives.

September 26th, 12:30pm THE FIRST CLINTON-TRUMP DEBATE

Clark University Political Science Professor Robert Boatright previewed the first debate between presidential candidates Hillary Clinton and Donald Trump, recalled what has happened during this election season, the challenges facing the candidates, how the election season evolved into one where the nation has to choose between two candidates that have given voters reasons not to like them, and what they'll need to do convince voters they are not only qualified for the job, but prepared to serve.

September 26th, 12 :50 COBATA 5K RUN/WALK 10 minutes

Donald Flagg, a founder of the Crossing Over Sober House in Fitchburg, told our listeners about the organization, their work in helping people who struggling with substance abuse, how people's attitudes about substance abuse and those who struggling with it have been changing and their 5K run and walk to bring awareness to addiction.