

WPKZ PROGRAMS LIST Q1, 2024

WPKZ Radio has over 25 hours of live local programming per non-holiday week addressing significant local and communities issues. In the past quarter that has included Covid-19 Impacts, Community Leaders, elected and non-elected, Business and financial New, Education related Community information, Tips and Updates on the local real estate market, non-Profit Initiatives, Mental and Personal Health, State and Federal Legislative Updates, Local and Regional Sports Stories and Updates. Most of our community program interviews and topics are also uploaded to our SoundCloud on-demand site for on demand listening at www.kzonereplay.com
Submitted by John Morrison.

This report covers the topics and issues during programs that aired during the K-Zone Morning Kommute between January 1 and March 31, 2024. Conversations run 20 minutes in length unless otherwise mentioned.

CRIME/PUBLIC SAFETY, January 3, 7:10 am

Fitchburg Police Chief Ernie Martineau joined us for the hour to look back at the city in 2023 and look ahead to the brand new year. He talked about the preparations to make sure there was enough staff on hand for the month of December, making sure there was enough personnel to take care of the city, and to take care of themselves. He talked about the challenges of departments being short-staffed, the importance of his staff taking care of their physical and mental well-being and the challenges of working in January and helping people finding shelter during the winter months at a time when they're refusing the assistance.

HEALTH/FITNESS, January 5, 8:40 am

Fitness Trainer Phil DeCesare talked about beginning the new year with a fitness regimen. He called for patience especially if you're starting at the very beginning of your routine, the need for stretching to loosen your muscles, the need for to prepare your foods to maintain proper nutrition, staying hydrated and to pay attention to your breathing in the midst of your workout.

POLITICS/GOVERNMENT/PUBLIC SAFETY, January 8, 8:10 am

Leominster Mayor Dean Mazarrella talked to us about the city has fared from the first significant snow storm of the winter season. He talked about the process of clearing snow from the streets and re-plowing, the need for residents to clear catch basins, the struggle for staying warm and making sure heaters are UL approved to limit the risk of fires, making sure snow is cleared from outdoor vents are cleared to prevent carbon

monoxide poisoning and to make sure your home has the carbon monoxide and fire detectors working properly.

POLITICS/GOVERNMENT, January 10, 7:15 am

Fitchburg Mayor Samantha Squalia joined for the hour to talk about her role as the city's new chief executive. She talked about the importance of having an open-door to hear from residents, what she has learned since she was elected back in November, how her business experience and her tenure as a City Councilor has prepared to take on the new role, what she has learned and is still learning as a resident of the city, whether some changes can be made quickly, the challenges of getting through the first Winter as Mayor and how much time may be needed before she can say that she has settled into the new role.

POLITICS/GOVERNMENT, January 11, 7:10 am

State Representative Natalie Higgins talked about the beginning of session on Beacon Hill, including discussion of her bill that would extend protections to survivors of domestic violence and sexual violence, she talked about the time that may be needed to recover from domestic violence and sexual violence, the need to obtain a restraining order to protect a person and their loved ones. She expressed her support for Heywood Hospital's plans to re-open its In-Patient Mental Health Unit after the hospital announced it filed for bankruptcy protection. And expressed concern about the lack of revenues entering state coffers during this portion of the 2024 fiscal year.

THE MINUS 22 FOUNDATION, January 12, 7:15 am.

Dave Gambone told our listeners about an organization that was founded to help veterans, service members and their families who have been coping with and have been affected by suicide. They talked about their acquiring properties to help service members who are in need of transitory housing. He expressed concern about the lack of discussion of our health and mental wellness, why people are ashamed to talk about this, the need to find a circle of trust to talk about these concerns, what can we do to improve our mental wellness and a night of comedy to raise funds to support their work.

HEALTH/FITNESS, January 12, 8:20 am

Fitness/Trainer Phil DeCesare talked about "Quitting" and "Quitters" and how this can get in the way of health and well-being. He talked about the need for giving yourself time, a chance to start a fitness plan, being overwhelmed by the size of people inside a gym at the start of a new year, frustration after finding you gain weight after starting the

routine, how much time is needed to break a bad habit and to start a good habit and how many days a week are needed in order to establish a good workout routine

POLITICS/GOVERNMENT, January 17, 7:15 am

Leominster Mayor Dean Mazzarella shared his thoughts about the plans of UMass Memorial to merge with Milford Regional and how that would affect Milford residents. He suggested that Milford outline its plans for what they need to see so their residents are properly served. He also wondered about the services that Leominster residents have been losing in recent years, including the maternity unit at Leominster Hospital and he wondered what Governor Maura Healey will say in her State of the State message about the growing number of migrants coming to Massachusetts, the amount of tax collections into state coffers and whether FEMA will respond to the state's disaster declaration.

HEALTH/FITNESS, January 19, 8:40 am

Fitness/Trainer Phil DeCesare talked about finding support when you are beginning your fitness regimen. He urged people not to judge a book by their cover and not be frightened, overwhelmed or psyche yourself out by seeing others exercising. He urged beginners to start at a slow pace, bring a friend and support one another, find what motivates you go and keep going and remember that your success depends on your effort.

POLITICS/GOVERNMENT, January 24, 7:15 am

Gardner Mayor Mike Nicholson joined us for the hour to recap the city's centennial celebration. He talked about the city's growth, expansion of businesses, the building of new housing units downtown, the steps that led to the expansion, the growth of private sector investments, the reopening of Gardner Airport, the opening of new businesses, a growing confidence of residents in the city, how his presence is convincing younger residents to look at the city as a place to establish roots, could there be a return of Commuter Rail service to Gardner and what he says are the challenges his city will face in the new year.

A NATIONAL CHAMPION, February 5, 8:10 am

Charles Luster of The UnCommonwealth Group told us about an organization that has worked with young people of color develop their talents and their skills in Worcester County. He talked about the need for adults to become a mentor to lead young people in their daily lives. One of the people they have mentored is Eamonn Dennis who talked about the road he traveled from Central Massachusetts to becoming a member of the

special teams unit for the University of Michigan football team that won a national title. He talked about the academic lessons he's learned upon getting his degree, the teamwork that went into winning the championship, being what a teammate called "my brother's keeper," and the hope that he can inspire people through what he has accomplished.

CRIME/PUBLIC SAFETY, February 7, 7:20 am

Fitchburg Police Chief Ernie Martineau talked about the city has made it through the most recent snows, enabling Public Works crews to do their job, sending an advisory to residents in the form of a warning ticket to urge residents to move their vehicles to prevent getting a real ticket and be fined. He expressed his pleased by the attendance of those in a self-defense seminar sponsored by the Vanessa T. Marcotte Foundation at Fitchburg State University he talked about the need to protect people from all walks of life from those who try to scam members of the population, the new procedures they use to take advantage of us

POLITICS/GOVERNMENT, February 8, 7:10 am

State Representative Natalie Higgins talked to us about the race to the end of the legislative session, This week marked the deadline for lawmakers to file bills that want to be considered before lawmakers end the formal session on July 31. The week also marked the beginning of work to be done on the state budget for fiscal year 2025. She expressed her concern about the revenue projections failing to match estimates, what steps could be taken to help combat the rising costs of housing and concern over whether the Federal Emergency Management Agency will respond to the state's declaration for emergency assistance from the September 11 storm.

WORCESTER BRAVEHEARTS BASEBALL, February 9, 8:10 am

Dave Peterson, General Manager of the Worcester Bravehearts, looked ahead to the beginning of the 2024 season. He looked back at the first 10 years, the challenges they have faced along the way, the beginning a new era with new owners, the beginning of a new partnership with the Worcester Red Sox and the willingness of the clubs wanting to work together in Worcester.

COMMUNITY-CRIME/PUBLIC SAFETY, February 13, 8:40 am

Worcester County Sheriff Lew Evangelidis told our listeners about "Random Acts of Kindness Week." He talked about the work that went into making this possible, what led to the beginning of the project, how it has extended from one day to a full week, their goal of distributing 3,000 gift bags to people in Northern Worcester County how this has

countered the feeling of “what’s the catch in all this?’ and how this has encouraged people to talk to one another.

POLITICS/GOVERNMENT, February 14, 7:15 am

Fitchburg Mayor Sam Squailia talked about some the challenges her administration is facing which includes reaching out to people fill positions on the city’s boards and commissions, the skills and requirements that may be needed to be part of the commission, has her expectations of being Mayor met the realities of the job, what she has learned in her first six weeks at City Hall, developing plan to maintain the city’s roads and importance of her being part of the MBTA Advisory Board representing Fitchburg.

POLITICS/GOVERNMENT, February 15, 7:20 am

Leominster Mayor Dean Mazzarella expressing his anger with the Federal Emergency Management Agency’s rejecting the city’s application for disaster assistance from the Seotember 11 storm. He refuted FEMA’s claims that the damages suffered weren’t severe enough, questioned how they could be denied when the applications of neighboring states were accepted, suggested they were punished because residents came together to help rebuild affected areas and he talked about the process to appeal the rejection.

POLITICS/GOVERNMENT, February 21, 7:20 am’

Leominster Mayor Dean Mazzarella updated the city’s efforts to get federal disaster funding from FEMA, he talked about the minimum damage thresholds the feds said weren’t met, the \$35 million dollars in damage to the city, the millions of dollars in damages suffered by residents, what residents need to do now that the application has been rejected, how do you file a claim and how soon will it take before residents get an answer.

POLITICS/GOVERNMENT, February 29, 8:10 am

Jack Ross, Professor at Assumption University, shared his thoughts on the US Surpeme Court deciding it would now take up the appeal of former President Donald Trump’s claims of immunity from prosecution. He questioned why the justices waited until April 25 to hear his claim, concern that the court is making a political move to help Trump, when would the court make its decision and could that compromise the ability to have a trial before the election, and when the court takes up the matter and shouldn’t Justice Clarence Thomas recuse himself considering his wife has been one of those associated with efforts to challenge the results of the 2020 election

POLITICS/GOVERNMENT, March 13, 7:20 am

Fitchburg Mayor Sam Squailia talked about Working With Fitchburg, an Open House for companies to learn about opportunities to work with the city, how to attract businesses in the city, what makes a business successful, the challenges of staying in the city, the role social media plays in their operation, controlling the narrative in your operation, how competition can bring out the best or worst in your business and what type of business or businesses would be best for the city of Fitchburg.

POLITICS/GOVERNMENT, March 14, 7:20 am

State Representative Natalie Higgins expressed her satisfaction with Governor Maura Healey filing an appeal to FEMA's decision rejecting Leominster's request for a disaster declaration. She talked about the appeal process, the additional paperwork that needed to be completed, what can families expect in assistance from Washington, wondered whether Leominster was penalized for their work in trying to restore the city, she discussed what does and does not qualify for relief and the need to have flood insurance. She also talked about the ongoing hearings on the 2025 state budget, and how residents can provide their input in the process.

POLITICS/GOVERNMENT, March 20, 7:20 am

Leominster Mayor Dean Mazarella expressed his appreciation for Governor Maura Healey appealing FEMA's rejection of their disaster declaration for damages caused by the storm in September. He explained the damage caused from the storm and lack of the declaration could have an impact on the city's bond rating, but he can't understand why neighboring states are given declarations and Massachusetts is not and he suggested that FEMA could have done a better job explaining what they needed to do to apply for assistance.

TAX FILING SEASON, March 26, 8:10 am

Jennifer Lovett of Liberty Tax Service talked about things you need to consider when preparing tax returns for your business. She talked about the options that are available from filing as an LLC or an S-Corp, what are the differences between the two, whether you put yourself on the payroll, the decision of people to begin their own businesses back during the Coronavirus pandemic, how do you structure your business, the need for insurance, and a need to register your business with the US Treasury or run the risk of fines and jail time.

POLITICS/GOVERNMENT, Mar 27, 7:15 am

Gardner Mayor Mike Nicholson told our listeners about a new transportation survey that could result in transportation for residents to Wachusett Station on the Commuter Rail. He told us about discussions with state transit officials about restoring Commuter Rail service, the arrival of new business in the city, his reaction to Cinema World closing its theatre in Fitchburg, leaving Leominster and Gardner as the only places to see movies. He credited their change in approach to where they contact companies and sell them on his city, and they've experienced success. He also talked about his being chosen to special task force that would determine how the state can better serve its cities and towns, and the city's public schools looking for input in establishing a Bullying Intervention Task Force to help students handle conflicts.

WPKZ FOURTH QUARTER ISSUES 2024 COMMUNITY UPDATE FRIDAY PROGRAM

This report covers the topics and issues discussed Friday afternoons at 1:00 during programs that aired between January 1 and March 31, 2024. The interviews are 20 minutes in length unless otherwise mentioned, or if the program length is shortened for the day or pre-empted by Boston Bruins Hockey or Boston Red Sox Baseball. The Friday program, The K-Zone Community Update, is hosted by Sherman Whitman.

The Conflict Between Israel and Hamas, January 5, 1:00 pm
Steven Zunes, Associate Professor of Politics and chair of the Peace & Justice Studies Program at the University of San Francisco; shared his thoughts and perspective on how this situation has gone from bad to worse. He stated that leaders of both Hamas and Israel share the blame for the bloodshed, from the attack on Israeli citizens to Israel's response to where the civilian death toll has reached into the thousands. He was critical of the leaders of Israel and Hamas for rejecting calls for a two-state solution, why these leaders don't want to seek a peaceful solution, how the Palestine Liberation Organization lost its role of leading the Palestinians, the mistakes made by the United States in trying to be a peace negotiator and whether a peaceful solution can be found.

Goodbye 2023, Hello 2024? January 5, 1:30 pm
Rob Boatright, Professor of Political Science of Clark University, looked ahead to the new year but not before looking back a year where Capitol Hill lawmakers agreed to disagree on most issues, and sometimes disagreed among their fellow party members. He talked about the struggles of Republicans to lead their party, the selection and unseating of Kevin McCarthy as Speaker of the House, the struggle to keep the federal government funded without a shutdown. He talked about what voter dissatisfaction there may be seeing that the presidential election was moving toward a rematch between Democrat Joe Biden and Republican Donald Trump, the inability of other Republican candidates to reach voters, and his thoughts about decisions by the Colorado Supreme Court and the Maine Secretary of State to disqualify Trump from the presidential election ballot and the possible response of the US Supreme Court to these

decisions. He also stated that while President Biden may not be faring well in the polls Election Day is still ten months away.

Remembering Martin Luther King Jr. January 12, 1:00 pm

We devoted the hour to the life of the slain Civil Rights leader. The hour began with a conversation with Dr. Walter Greason, an advisor to Building One America, the coalition that designed the American Recovery and Reinvestment Act about how far the nation has moved forward from the days of slavery, Jim Crow and segregation to where people of color have been elected to public office including President of the United States. He said the power of Dr. King came in part from hearing his messages by way of the radio or the television set back in the 1960's. He stated that if not radio and television, there wouldn't have been many conversations among families about what was happening. He said Dr. King frightened people because his message was not about violence, but that everyone had a right to pursue their dreams. The program ended with his speech accepting the Nobel Peace Prize in 1964.

Campaign 2024, January 19, 1:00 pm

Deborah "Arnie" Arensen, former New Hampshire State Representative and talk show host in the Granite State, shared mixed feelings about the beginning of the 2024 Presidential Election. Where she has felt excitement about past presidential elections she feels disappointment about what's ahead. She expressed sadness because those in or seeking elected office are morning in important than being noticed then serving the people in their district. She said candidates are no longer concerned about issues or debating, or afraid to confront their opponents and that candidates now that feel that compromise with people from other parties is more like surrendering their beliefs. She expressed her pride that New Hampshire has elected Governors from both parties, and her sadness that Democrats have decided to move her state from having the first in the nation presidential presedential primary.

Winter in 19th Century Fitchburg, January 19, 1:30 pm

Susan Navarre looked back at residents survived the Winters back in North Central Massachusetts in those early days. She talked about how newcomers learned how to dress and make clothing for the elements, involvement in Winter Sports like Hockey and Speed Skating, the use of coal to keep your homes and businesses warm, how some adjusted to the daylight hours, sauna buildings that helped people deal with the cold, changes in Massachusetts for children after child labor was outlawed, health issues from working at textile mills and other facilities, the work that was done which led to workers compensation and how communities like Fitchbuirg were among those helping struggling families survive.

Remembering Challenger and Christa, January 26, 1:00 pm

Irene Porro, Director of the Christa McAullife Center at Framingham State University; looked ahead to the grand reopening of their new space center and to remember the life of the woman who was to become the first Teacher In Space. She shared Christa's experience as a student at Fitchburg State, her thirst for knowledge, the lives she

inspired as a teacher, the joy that was shared when she was chosen to be a part of the Space Shuttle Challenger and sadness of the community when the Shuttle was lost.

Winter, or January Thaw, January 26, 1:30 pm

Rob Carolan of Hometown Forecast Service tried to make sense of a Winter Season that has led to weather temperatures in the 50's while southern states like Alabama saw temperatures plunge below zero. He discussed the differences between La Nina and El Nino weather patterns, the changes in temperatures and precipitation and how El Nino has led to above normal rainfall and concern about rivers reaching flood stage.

Campaign 2024: Voter Registration and Census Forms, February 2, 1:00 pm

Paul Andrews, WPKZ Radio and Election Precinct Warden for the city of Fitchburg, talked to us about preparing to vote in the 2024 Massachusetts Presidential Primary. He discussed what you need to do to register to vote for the March 5 Primary. He talked about the number of elections cities and towns could be holding because of contests needed to fill open seats on City Councils, Select Boards and/or the Massachusetts Legislature. He also discussed the need to fill out Census Forms that were mailed to residents to ensure that every community gets its fair share of funding from the state and federal governments. And that completing the Census Forms help to ensure that residents voter registration remains active, and what you need to do if those forms are not completed before the Presidential Primary.

Helping and Serving Our Community, February 2, 1:30 pm

Korey Eng, President and CEO of The United Way, told our listeners about the group that serves 22 cities and towns in the region. He said their most important goal is to support non-profit organizations that are helping the public, he talked about the partnerships that have been formed to help residents and programs in need. He explained how they helped the city of Leominster as they continue their recovery from the devastating September storm that caused millions of dollars in damage. And that one of their primary goals has been to improve the mental wellness of the communities that they serve.

Remembering Larry Kessler, February 9, 1:00 pm

Benjamin Klein, an attorney for GLAD Legal Advocates And Defenders a founding member of the AIDS Action Committee; paid tribute to co Founder and Executive Director Larry Kessler who passed away at the age of 81. Klein talked about Kessler's work with the Walk For Hunger and leading Project Bread in the 1980's, then became the first leader of an organization that worked to support the growing numbers of people who would be diagnosed with HIV then what would become AIDS, the establishment of the Fenway Community Health Center, programs that would direct people living with HIV/AIDS to medical services and treatments to help improve and extend their quality of life and fundraisers to provide funding to help people living with HIV/AIDS.

"The Incredible Bucky Lew," February 9 1:30 pm

Chris Boucher's book is about Harry Hasekell "Bucky" Lew, the first black professional basketball player in the United States. He discussed Lew's days as a member of the Pawtucketville Athletic Club of the New England Basketball League in 1902, his growing popularity though he was not of the leading scorers in the league, how the league supported him when opposing players and teams threatened not to play their games if Lew was allowed to play, and his growth in the game from player to coach to manager to team owner. Since the airing of our conversation, the University of Massachusetts-Lowell, where Lew played his home games as a pro, honored his life and legacy. A plaque honoring Lew now stands at the Lowell YMCA. A Juneteenth celebration to honor Lew is planned for Muldoon Park. There is also an effort to have Lew recognized by the Naismith Basketball Hall of Fame.

Baseball, February 16, 1:00 pm

We are a proud member of the Boston Red Sox Radio Network, and we devoted the entire hour to baseball.

For the first half of the program Bill Wanless, Senior Vice President of the Worcester Red Sox, looked back at the first three years of the AAA baseball club in Central Massachusetts and his appreciation for the fan base welcoming the team with open arms. He talked about how their presence has brought a positive impact to the region, their becoming one of the most popular minor league organizations in just three years, the sale of the team to a local organization who has pledged to keep them at Polar Park, how the team has changed how people think about Worcester and Central Mass and the establishment of the team's Hall of Fame and its inaugural class as they prepare for their fourth season.

The importance of this team in the region has taken on more importance since the passing of team President and CEO Larry Lucchino who brought the team to Worcester after 50 years in Pawtucket, Rhode Island. Lucchino died the morning the team played their season opener at Polar Park.

In the second half of the program Fran Belasco, Operations Director of the Lee County Convention and Visitors Bureau, talked to us about preparations for Spring Training in Fort Myers, Florida. Belasco, a Massachusetts native talked about what led her to make the move to Florida, the financial opportunities that were presented to her, why others have chosen to relocate, that this week (School Vacation Week in Massachusetts) was a perfect time to visit and create memories that will last forever, what Red Sox fans will love about JetBlue Park and the team's preparations for the 20th anniversary of their winning of 2024 World Series

Black History Month, February 23, 1:00 pm

For this edition of the program we looked at Black History and contributions made by African Americans. The subject of American History was September 4, 1957. That was when Central High School in Little Rock, Arkansas saw nine black students enrolled at the all-white school for the first time over the objections of local officials and the

Governor Orville Faubus. Melba Patillo Beals was a member of the Little Rock Nine and wrote two books about growing up in Little Rock, one was "March Forward Girl." The book talked about the struggles of her family, her seeing a man lynched inside of her church, how the plan to integrate Central High went from 100 students to 16 to just 9, the Arkansas National Guard being called to keep Patillo Beals and her classmates out while then President Dwight Eisenhower called in the National Guard, then Governor Faubus canceling school for the entire year. She then talked about the family's decision to move her another to continue her education...San Francisco, California living with a white family who accepted her as one of their own. Eight members of the Little Rock are living today.

01420 Week, March 4, 12:30 pm

Derek Craig and Audrey Pendleton-Chow of the Fitchburg Creative City Partnership told us about the forming of the organization. They say theirs is a creative partnership of arts and cultural institutions that joined forces to address the needs of the city's neighborhoods. They say their goal is to make the city a place for building art, and cultural and economic development. They talked about the many ways of making a gateway city like Fitchburg to work toward bring about economic growth, the skills that go into making art and what is defined as art, finding common ground among people who are working on various projects and bring their efforts together, the beginning of monthly events in the city called First Thursdays and plans for special events to celebrate the city it's people and resiliency during School Vacation Week which goes from April 14th to the 20th.

Campaign 2024, March 8, 1:00 pm

Rob Boatright, Professor of Political Science at Clark University talked about latest checkpoint in the 2024 presidential elections. He was not surprised to see Joe Biden gather the delegates to clinch the Democratic nomination and Donald Trump earn the Republican nomination. But he was a little surprised to see that the Republican candidates provided little challenge to Donald Trump. He wondered whether Biden's State of the Union message would help his candidacy, could the legal and civil cases of Donald Trump could hurt his campaign, the US Supreme Court agreeing to determine whether Trump is immune from criminal prosecution and why they've decided to make this their last possible case on the docket for this term. He also discussed why the public has continued to express concerns about the US Economy despite indicators that it has taken a turn for better, what issues could be a factor in the general election and what type of candidate will on the Republican candidate could affect the party's success in the fall.

"The Power Foods Diet," March 8, 1:30 pm

Dr. Neal Barnard said his book looks at the type of foods that can improve our health and quality of life. He talked about the type of foods that reduce your appetite, foods that can encourage weight loss, foods that can trap calories so they're not absorbed by the body, which types of bread that can be eaten, what types of rice are beneficial, that pasta and potatoes and can be eaten, how seasonings like Ginger, Tumeric, and

Cinnamon are good for your health, the need for fruits and vegetables in your diet, and easy to make recipes for your family.

The Stratton Players, March 15, 1:00 pm

Sally Craigin, Chairperson of the community theatre group, told our listeners about the history of the group that started nearly 100 years ago, the types of productions they've presented over the years, what attracts people to theatre productions and keeps them there, the process of making a production work, seeing the characters develop, and how the people change from being a mere community group to a family. She talked about preparation for their latest production "Almost Maine," what has made this a popular production, why some communities have tried to edit scenes from the play, the number of people needed for the cast, people needed to work behind the scenes and plans for the group to perform in the month of June at their new home in Guild Hall.

The Salvation Army and Future Plans, March 15, 1:30 pm

Envoy Lynette Valentine-Warren looked back how their organization worked their way through the Winter season. She thanked the public for supporting the Kettle Program and their help in their meeting their goals for Christmas. She talked about Social Services, what goes into their program, and they have been able to help those whose needs have not been met, how they continue to function as warming station in Winter and a cooling center in Summer, the expansion of their music programs for children, their hopes for the Summer of 2024 and plans for expanding their offices of Water Street.

Springtime and Fire Safety, March, 29, 1:00 pm

Fitchburg Fire Chief Dante Suarez looked back at the Winter season was appreciative of the milder Winter, the challenges of staying warm during this time of year, changes in what heating systems can and cannot be used, whether the system needs to be upgraded and/or be replaced, concern about brush fires and how to clear debris from your homes, the process of getting a permit to clear debris, concerning about cooking outdoors with a grill, places where you can and cannot cook, the space needed for outdoor cooking, making sure your smoke detectors and carbon monoxide detectors are working properly, the need to test them once a month and to replace them when they need to be replaced.

Fitchburg Historical Society, Mar 29, 1:30 pm

Executive Director Susan Navarre talked about the various items that have made up the city's history, the items they have on display or exhibit and library that looks back at the history of neighborhoods and the people within a neighborhood, how neighborhoods have developed over the years from one group of people to another from Finn Town to Greek Town to where French Canadians lived, how Fitchburg evolved from a town to a city, from general stores to Mom and Pop and stores that provided specific services and a special program to celebrate the city's history in the month of May.

WPKZ FIRST QUARTER ISSUES 2024 - COMMUNITY REMINDERS

Massachusetts Broadcasters Association Job Fair

Want to further a career in Broadcasting? Jobs in Advertising Sales, News, Promotions Engineering and more are available now at the Massachusetts Broadcasters Association's Virtual Job Fair. Learn about jobs available in the Broadcast Industry and opportunities here at The K-Zone. Apply for great jobs online and pursue a career in the Radio and Television Broadcasting Industry. Minorities and Women are strongly urged to visit. The Massachusetts Broadcasters Job Fair is happening Friday February 23rd. Brought to you by WPKZ Fitchburg at Broadcasters Virtual Job Fair-dot-com. K-Zone Media is an Equal Opportunity Employer. (ended February 23)

9-8-8

If you, a friend or a loved one are under emotional distress or having suicidal thoughts, these three numbers can help. 9-8-8 is the toll-free number that's part of the National Suicide Prevention Lifeline. People are there 24 hours a day, seven days a week, ready to help. They are there if you need to talk, there are there if you need someone to listen. Just call or text 9-8-8. (still in rotation)

2024 Massachusetts Presidential Primary

The 2024 Massachusetts Presidential Primary Election is scheduled for Tuesday, March 5th. To vote in the election you need to register and the deadline to register is Saturday, February 24th. All city and town halls will be open that day until 5:00 pm. For information what's needed to register stop by the City or Town Hall in your community. (ended February 23)

01420 Week

The Fitchburg Creative invites you celebrate the city with arts and cultural activities, workshops and programs during School Vacation Week, which is April 14 to April 20. And if you have a program that would to have included in the activities sign up for free at Fitchburg Creative-dot-eventbrite-dot-com. The deadline is March 1st (ended February 29)

Fitchburg East Rotary Club

The Fitchburg East Rotary Club invites you to attend their 43rd Annual Super Bowl Brunch on Sunday, February 11th from 8:30 am to 12:00 noon at the Montachusett Regional High School, located at 1050 Westminster Street in Fitchburg. The proceeds raised will benefit Scholarships and Community Projects. For more information call 978-227-8946. (ended February 9)

Ginny's Helping Hand

Ginny's Helping Hand and Food Pantry, located at 92 Mechanic Street in Leominster; is there to residents of Central in need, Their hours are Tuesday through Friday from 10:00 am to 5:00 pm and Saturday from 9:00 am to 4:00 pm. If you'd like to find out more, or if you want to lend a helping hand, call them at 978-537-1387. (still in rotation)

Commonwealth of Massachusetts

2-1-1 ia the number to call if you have questions or concerns about the Coronavirus outbreak in

Massachusetts. Call this number for information about essential community services, where to find a food bank, government services and operators are there 24 hours a day to take your call. The number to call is 2-1-1.
(still in rotation)

The Stratton Players is holding auditions for "Almost Maine," which will be presented in the month of June. They're looking for as many as 20 men and women, ages 20 and older to fill the roles. Auditions will be held Sunday March 17th from 6:00 to 9:00 pm, and Monday March 18th from 7:00 to 10:00 pm at Guild Hall Christ Church, 569 Main Street in Fitchburg. For more information call 978-345-6066. (ended March 15)