

KAJC FM's Issues and Programs List  
Required by Section 73.3527 of the FCC Rules  
First Quarter, 2024

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## **January 2024**

Issue: How a Quadriplegic Deals with Cancer

Program: Family Talk

Air Dates / times: 01/05/24 / 9 p.m.

Duration: 26 minutes

Description: Dr. James Dobson interviews quadriplegic and handicap-advocate Joni Erickson Tada on how she has handled her battle with cancer. It's a tender conversation that will uplift your spirit and provide courage as only God can do.

Issue: Body Image and Quitting Sports

Program: Youth Culture Today

Air Dates / times: 01/11/24 / 12:40 and 2:20 p.m.

Duration: 1 minute

Description: A recent survey found that kids are dropping out of sports due to the fact that they don't think their bodies measure up to the idealized athletic body types they are seeing on social media. Researchers found that kids who had concluded they didn't have the right body were defining the right body by what they saw on TikTok and Instagram. Not surprisingly this reason for dropping out was cited more often by our girls than by our boys. Parents, we need to promote the value of godly character over body type.

Issue: Effect on Marriage of Raising a Terminally Ill Child

Program: Family Talk

Air Dates / times: 01/12/24 / 9 p.m.

Duration: 26 minutes

Description: Dr. James Dobson interviews quarterback Jim Kelly and his wife Jill on how the diagnosis of their son, Hunter, with a genetic disorder (Krabbe disease), nearly wrecked their marriage. They described how God eventually used their son's condition to rebuild their marriage and to start an organization, Hunter's Hope, to provide information and research on Krabbe disease and related Leukodystrophies.

Issue: Overcoming Addictions

Program: Testimonials on Overcoming Drug Addictions

Air Dates / times: 01/016/24 / 12:31, 1:30, 9:56 and 11:28 a.m.; 4:30, 7:43 and 10:26 p.m.

Duration: 1 minute

Description: One man and one woman describe how they became addicted to drugs and how that affected their lives. They also tell how they overcame those addictions by joining a program called "U-Turn for Christ." They encourage listeners who might be addicts to call a phone number for help.

Issue: The Family Doctor Speaks the Truth about Life

Program: Family Talk

Air Dates / times: 01/18/24 / 9 p.m.

Duration: 26 minutes

Description: Today, some pro-life advocates believe that abortion is acceptable if the woman has been victimized by rape or incest. Dr. Robert Jackson, Jr., author of *The Family Doctor Speaks: The Truth About Life*, declares that it is morally wrong to kill an unborn child for a misdeed or even a tragic event

that has occurred in the mother's life. All unborn children are created in the image of God! Learn more as we are joined by Dr. Jackson's wife, Carlotta, as she shares how their two special needs children teach them how to be more like Christ.

Issue: Time Management for Moms

Program: Family Talk

Air Dates / times: 01/23/24 / 9 p.m.

Duration: 26 minutes

Description: Dr. James Dobson interviews Emilie Barnes, a popular author and speaker on the topic of organization and time management. Her books have stood the test of time and are very relevant today. Learn more as Emilie provides easy tips for moms to effectively run their homes, and still have quality time for their families.

Issue: Effects of a Chaotic Home

Program: Youth Culture Today

Air Dates / times: 01/30/24 / 12:40 and 2:20 p.m.

Duration: 1 minute

Description: A new study published in the Journal of Family Psychology found that chaotic home environments have a negative influence on family communication, specifically leading to reduced conversations and sharing between teenagers and their mothers. Parents, the responsibility to maintain peace in our homes falls on us. We need to eat together, engage in fun activities together, attend worship together, and pray together as we nurture our children in the faith.

Issue: Essentials for Healthy Living

Program: Family Talk

Air Dates / times: 01/31/24 / 9 p.m.

Duration: 26 minutes

Description: Cardiovascular disease and various types of cancer still top the charts as the major cause of death worldwide. Dr. James Dobson talks to Dr. Paul Reisser about the vital importance of healthy living. Discover the difference you can make in your health and that of your family's by carving out time to eat right, exercise, get proper amounts of sleep, and see your doctor regularly.

## **February 2024**

Issue: The New Orphan Crisis

Program: Family Talk

Air Dates / times: 02/05/24 / 9 p.m.

Duration: 26 minutes

Description: Did you know that there are roughly 1.25 million frozen embryos, just waiting for a chance at life? Today, co-host Gary Bauer talks with John and Marlene Strege about their story of being the first couple to "adopt" a frozen, fertilized egg and carry it through a successful pregnancy. The result of that endeavor was the birth of their daughter, Hannah, who is now a young adult with dreams of opening her own adoption counseling practice.

Issue: Why Do Kids Drink Alcohol?

Program: Youth Culture Today

Air Dates / times: 02/16/24 / 12:40 and 2:20 p.m.

Duration: 1 minute

Description: [www.drugfree.org](http://www.drugfree.org) recently gave four reasons why kids drink alcohol. The first answer is: I drink alcohol because my friends do. All of us know the push and pull of peer pressure from our own teenage years. The second answer given by kids is that they view drinking as a normal part of being social. Third, kids say that alcohol helps them feel less anxious or depressed. And finally, there's a reason given that simply boggles the mind: My parents are ok with it. Parents, when you are lenient, permissive, hosting parties, and providing a bad example, your kids are more prone to drink.

Issue: Defusing the Aging Process

Program: Family Talk

Air Dates / times: 02/23/24 / 9 p.m.

Duration: 26 minutes

Description: Dr. James Dobson interviews Dr. Kenneth Cooper, best-selling author of 19 health books. Dr. Cooper, who is also referred to as the "father of aerobics," offers practical counsel on the importance of maintaining a healthy lifestyle. Learn how you can empower your body to fight against dangerous free radicals and give yourself a fighting chance to avoid up to 51 different diseases. Dr. Cooper explains how to have a more balanced, fulfilling and vibrant lifestyle.

Issue: The Shifting Tide on Trans Ideology

Program: Youth Culture Today

Air Dates / times: 02/29/24 /

Duration: 1 minute

Description: The transgender ideology has been sweeping through the medical, educational, and legislative communities, creating a growing sense among our kids, that assuming a gender identity other than your birth gender is not only an option to explore, but an admirable thing to pursue. Salvo magazine reports that the trend may be changing, citing bioethicist Wesley J. Smith's list of four signals that the tide might be turning against the cult-like push for trans-positivity. Smith says that first, European countries are back-pedaling on policies that allow medical transitioning for kids. Second, de-transitioners are now speaking up to tell their horrific stories. Third, some are now suing those who influenced and helped their transition. And fourth, states are passing laws to protect minors from predatory medical practices. Let's educate our kids on God's design and his good gift of gender.

Issue: Marriage Survival Skills

Program: Family Talk

Air Dates / times: 02/27/24 9 p.m.

Duration: 26 minutes

Description: Conflict is an uncomfortable but inevitable part of every relationship. How you and your spouse handle conflict will determine the quality of your marriage. Today, Dr. James Dobson continues his discussion with marital experts, Dr. Scott Stanley and the late Dr. Gary Smalley. Discover healthier ways to communicate and foster goodwill with your spouse instead of tearing each other down.

**March 2024**

Issue: Enough Is Enough: Making the Internet Safer

Program: Family Talk

Air Dates / times: 03/06/24 9 p.m.

Duration: 26 minutes

Description: Young people today must heed the biblical warning about fleeing from sexual immorality in order to avoid the evils that exist online. Dr. James Dobson interviews Donna Rice Hughes, CEO of Enough is Enough. Donna shares her organization's latest achievements in making the internet safer and their continued fight against pornography and cyberbullying.

Issue: Kids and Weigh Loss Products

Program: Youth Culture Today

Air Dates / times: 03/12/24 /12:40 and 2:20 p.m.

Duration: 1 minute

Description: Especially with girls, there is an ever-present pressure to conform their body shape and weight to appearance standards that value thinness as the passport to acceptance. Because this pressure is so strong during adolescence, our teens try to answer the pressure by using dangerous weight-loss products. Over six percent of American teens report using a weight-loss product in the last thirty days, with instances that are higher among girls. Researchers say there's a correlation between the use of these products in girls with low self-esteem, parental influence to lose weight, self-body dissatisfaction, and peer groups that value thinness. Parents, buffer this pressure by helping your kids value the development of character.

Issue: The Sandwich Generation: Being There for Your Aging Parents

Program: Family Talk

Air Dates / times: 03/20/24 / 9 p.m.

Duration: 26 minutes

Description: Caring for an aging loved one is a stressful and draining task. Today, late Grace Chavis will share about her experience supporting her ailing parents and in-laws for a number of years. She also gives advice for those who are in that season on how to handle their family members with grace and love.

Issue: Teaching Your Children to Be Media Savvy

Program: Family Talk

Air Dates / times: 03/27/24 / 9 p.m.

Duration: 26 minutes

Description: Is your family honoring God with their media choices? Today, Dr. Dobson talks with Bob Waliszewski, former director of www.PluggedIn.com for over twenty-seven years, about what to look for in today's movies, TV programs, video games, and more. Bob reveals that parents can't just hope their kids will make wise choices on their own when they're faced with peer pressure and temptation to consume media that celebrates worldly, sinful behavior.