

Timestamp	Date of show	Show title	Time of show start	Length of program	Guests (if any, full name)	Callers (if any, how many)	Description of topics/issues discussed	Submitted by
10/2/2023 18:35:	10/2/2023	Conversations with God	5:30:00 PM	30 minutes	Pastor Kevin Rollo	None	Pastor Rollo's transformation after becoming Christian	Ennid Bermudez
10/2/2023 19:55:	10/2/2023	Off Topic	4:00:00 PM	30 minutes	None	None	I talked about my favorite Pitch Perfect 1 scenes and why I love them	Ariel Meza
10/3/2023 17:32:	10/3/2023	Religious Panel	5:00:00 PM	30 minutes	Professor Heba	None	Sukkut	Dave Mayner
10/3/2023 18:03:	10/3/2023	Rot On	5:30:00 PM	30 minutes	Rebecca Carpenter	None	Women in media, and our perception of female characters in a variety of movies and books	Lauren Frye
10/4/2023 15:19:	10/2/2023	That's What They Called Me in High School	5:00:00 PM	30 minutes	None	1	Celebrities that look most like a muppet	Emily Vega
10/4/2023 18:02:	10/4/2023	Pre Health Podcast	5:30:00 PM	30 minutes	None	None	STEM dropout rates	Brooke Burke
10/5/2023 17:58:	10/5/2023	People Are Strange	5:00:00 PM	1 hour	None	None	Shakespeare, authors, and various TV shows	Emily Vega
10/5/2023 19:02:	10/5/2023	Spitballing	6:30:00 PM	30 minutes	Tyler Cinamon	None	MLB playoff predictions, NFL week 4 outlook	Jeremy Feder
10/6/2023 16:28:	10/6/2023	Keeping It Real	4:00:00 PM	30 minutes	None	None	Binghamton's family weekend, exams, classes, and hobbies	Tim Martinson

10/9/2023 12:26:	10/5/2023	My Father's Advice	6:00:00 PM	30 minutes	Barbara Donnelly and Michele Braco	None	Discussing St Cyril's food pantry proving 100,000 pounds of food a year to the hungry.	Ben Cabot
10/9/2023 17:53:	10/9/2023	Conversations with God	5:30:00 PM	30 minutes	Dr Gary Wood	None	Dr. Woods experience when he died and went to heaven	Ennid Bermudez
10/10/2023 17:36:	10/10/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	Issues in the middle east	Dave Mayner
10/10/2023 18:05:	10/10/2023	Rot On	5:30:00 PM	30 minutes	None	None	The every day struggles of college and life	Lauren Frye
10/11/2023 15:26:	10/9/2023	That's What They Called Me in High School	6:00:00 PM	30 minutes	Niamh Durniak	None	Wavelength, the game	Emily Vega

							Kevin McCarthy removed as speaker, California first state to outlaw the use of four potentially harmful food and drink additives, "flash-mob" theft, New Orleans drinking water under threat of contamination, Indigenous people's day celebrations across the country, risks of AI medical devices, mortgage rates increasing, chimney inspection PSA lisle fire department, Ithaca police report shooting, and Delaware county police arrest 18 year old on charges of terrorist threats	
10/11/2023 16:51	10/11/2023	The News	4:00:00 PM	30 minutes	None	None		Lillian Frey
10/11/2023 18:01	10/11/2023	Pre Health Podcast	5:30:00 PM	30 minutes	None	None	Networking in medicine	Brooke Burke

10/12/2023 17:34	10/12/2023	People are strange	5:00:00 PM	30 minutes	None	None	the disappearance of Charlie, arizona, the mafia	Lilia Bartolotta
10/12/2023 17:35	10/5/2023	People are strange	5:00:00 PM	30 minutes	None	None	Shakespeare's works	Lilia Bartolotta
10/12/2023 19:02	10/12/2023	Spitballin	6:30:00 PM	30 minutes	Alec Schare, Tyler Cinamon	None	Baseball Playoffs, Football and trades, Vikings , premier league soccer	Keshav Udeshi
10/13/2023 13:36	10/12/2023	My Father's Advice	6:00:00 PM	30 minutes	Jeff Rudy	None	Talking about the Binghamton Barbarians Adult Rugby Club	Ben Cabot II
10/13/2023 17:08	10/13/2023	La Voz Radio Show	4:30:00 PM	30 minutes	Sam Burgan	None	Spread of misinformation and how to overcome desensitization of news in the media.	Jiene Feng
10/15/2023 10:22	10/12/2023	Not Friends	5:30:00 PM	30 minutes	None	None	Red White and Royal Blue, and US presidents quotes	Emily Vega
10/16/2023 17:55	10/16/2023	Conversations with God	5:30:00 PM	30 minutes	Eric and Judy Whitaker	None	Celebrate Recovery - what it is	Ennid Bermudez
10/17/2023 17:33	10/17/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	Middle East issues	Dave Mayner
10/22/2023 21:26	10/19/2023	My Father's Advice	6:00:00 PM	30 minutes	John and Jan Wood	None	Fine Arts Society of the Southern Tier	Ben Cabot II

10/23/2023 17:52	10/23/0023	Conversations with God	5:30:00 PM	1 hour	Kevin Rollo	None	Why read the Bible, what does it mean to stand on Gods word, and other Christian topics.	Ennid Bermudez
10/24/2023 13:47	10/23/2023	That's What They Called Me in High School	5:00:00 PM	30 minutes	None		1 Modern slang and slang words from past years	Emily Vega
10/24/2023 17:36	10/24/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	How does your faith help you in times of trauma.	Dave Mayner
10/26/2023 19:07	10/26/2023	Spitballing	6:30:00 PM	30 minutes	Tyler Cinamon		2 NBA start of season and predictions, MLB World Series	Jeremy Feder
10/27/2023 17:04	10/27/2023	La Voz Radio Show	4:30:00 PM	30 minutes	Skenlanda Marseille and Wilklandjie Marseille	None	UN's approval of intervention by Kenia in Haiti. Impact, predictions, history.	Jiene Feng
10/29/2023 5:58	10/27/2023	Keepin it Real	4:00:00 PM	30 minutes	None	None	Mostly Halloween weekend on and off campus and our personal halloweekend traditions. Talked about Owego, childhood etc. and Binghamton.	Andrew Frangella
10/30/2023 19:44	10/26/2023	My Father's Advice	6:00:00 PM	30 minutes	Matt Lewis	None	Discussion of Binghamton Police Athletic League summer camp	Ben Cabot II

10/31/2023 17:35:	10/31/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	We discussed the tragic event that happened on Oct 30th	Dave Mayner
11/1/2023 18:04:	11/1/2023	Pre Health Podcast	5:30:00 PM	30 minutes	None	None	Importance of bedside manner	Brooke Burke
11/2/2023 17:40:	11/2/2023	People are Strange	5:00:00 PM	30 minutes	None	None	Nazca lines	Lilia Bartolotta
11/2/2023 19:02:	11/2/2023	Spitballing	6:30:00 PM	30 minutes	Alec Schare	3	MLB World Series, NFL trade deadline, James Harden trade	Jeremy Feder
11/3/2023 0:25:4	11/2/2023	My Father's Advice	6:00:00 PM	30 minutes	Matt Lewis and his daughter Grace	None	The Binghamton Police Athletic League Summer Camp, PAL	Ben Cabot II
11/3/2023 16:31:	11/3/2023	Keeping It Real	4:00:00 PM	30 minutes	None	None	School, class registration, fall	Tim Martinson
11/6/2023 17:41:	10/30/2023	Conversations with God	5:30:00 PM	30 minutes	John and Lisa Bevere	None	Finding peace in a culture of chaos	Ennid Bermudez
11/6/2023 17:47:	11/6/2023	Conversations with God	5:30:00 PM	30 minutes	Rabbi Schneider	None	Walking in a power that creates change	Ennid Bermudez
11/6/2023 18:40:	11/6/2023	That's What They Called Me in High School	5:00:00 PM	30 minutes	None	None	Draft ranking of halloween costumes	Nina Pietrangeli
11/7/2023 17:34:	11/7/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	The history and development of hollowen	Dave Mayner
11/7/2023 18:47:	11/7/2023	Spitballing	6:00:00 PM	45 minutes	None	None	NFL weekly recap, NBA recap, MLB off season	Jeremy Feder
11/8/2023 18:01:	11/8/2023	Pre Health Podcast	5:30:00 PM	30 minutes	None	None	Perfectionism in pre-health students	Brooke Burke

11/10/2023 16:32	11/10/2023	Keepin it Real	4:00:00 PM	30 minutes	None	None	5G, classes, break, Thanksgiving, class scheduling, and graduation.	Andrew Frangella
11/10/2023 17:56	11/10/2023	La Voz Radio Show	4:35:00 PM	30 minutes	Lisbel Feliz, Melanie Ibagon	None	Being a first-gen college student: what are the struggles?	Jiene Feng
11/14/2023 11:21	11/13/2023	That's What They Called Me in High School	5:00:00 PM	30 minutes	Niamh Durniak	None	Worst Thanksgiving Foods	Emily Vega
11/14/2023 17:42	11/14/2023	Religious Panel	5:30:00 PM	30 minutes	None	None	The meaning and celebration of Thanksgiving	Dave Mayner
11/14/2023 18:49	11/14/2023	Spitballing	6:00:00 PM	45 minutes	None	None	NBA would you rather. NFL this week	Jeremy Feder
11/15/2023 18:01	11/15/2023	Pre Health Podcast	5:30:00 PM	30 minutes	None	None	Academic Burnout and how it affects students	Brooke Burke
11/17/2023 11:43	11/16/2023	People are Strange	5:00:00 PM	1 hour	None	None	Five Nights at Freddy's, Hanging Gardens of Babylon	Emily Vega
11/17/2023 12:19	11/16/2023	My Father's Advice	6:00:00 PM	30 minutes	None	None	Discussion of Historic Phelps Mansion	Ben Cabot II
11/17/2023 16:31	11/17/2023	Keepin' It Real	4:00:00 PM	30 minutes	Peter Levy	None	School, Thanksgiving break, finals, being a DJ, music, Long Island	Timothy Martinson
11/20/2023 17:38	11/20/2023	Conversations with God	5:30:00 PM	30 minutes	Rabbi Schneider	None	Understanding the Tabernacle	Ennid Bermudez

11/20/2023 20:53	11/13/2023	Conversations with God	5:30:00 PM	30 minutes	John and Lisa Bevere	None	The war for your attention- talking about distractions	Ennid Bermudez
11/28/2023 18:49	11/27/2023	Spitballing	6:00:00 PM	45 minutes	None	None	NFL playoffs, premier league, nba season	Jeremy Feder