

Timestamp	Date of Show	Show Title	Time of show start	Length of program	Guests (if any, full name)	Callers (if yes, how many)	Description of topics/issues discussed	Submitted by:
3/31/2023 9:26:01	3/30/2023	Jacky & Chris Geek Out	5:00:00 PM	30 minutes	None	None	Ted Lasso, what's coming up this weekend and next week	Chris Kocher
3/31/2023 9:07:06	3/30/0223	My Father's Advice	6:30:00 PM	30 minutes	Theresa Pedroso and Beth Parks	None	Stable Movements and I Can Ride Equine therapy	Ben Cabot II
3/30/2023 17:58:07	3/30/2023	Keeping It Real	5:30:00 PM	30 minutes	None	None	Class registration, films, break, cinema dept	Tim Martinson
3/29/2023 19:08:43	3/29/2023	Black Polaroid	6:30:00 PM	30 minutes	Elizabeth Plantin	None	We talked about the importance of Black women representation in the media and the dangers of a lack of representation to close out women's history month.	Taylor Chance
3/29/2023 18:33:09	3/29/2023	Andy and bob reporting	5:30:00 PM	1 hour	None	1	Today we talked about politics and our opinions on such topics	Bob kingsley
3/29/2023 16:52:09	4/29/2023	Off Topic	4:00:00 PM	30 minutes	None	None	Today we took more Buzzfeed quizzes, talking about our favorite characters from the Hunger Games and Twilight, school supplies, Taylor Swift, and snacks	Ariel Meza
3/28/2023 19:02:52	3/28/2023	browser history	6:30:00 PM	30 minutes	None	None	We discussed our love for voltron	emilyyy
3/28/2023 18:04:45	3/28/2023	That's What They Called Me in High School	4:30:00 PM	30 minutes	None	None	We talked about The Truman Show, the most recent movie we've seen	Niamh Durniak
3/28/2023 18:01:47	3/28/2023	Tangential Thoughts	5:30:00 PM	30 minutes	None	1	Curiosity, Self Reflection, and AITA	Eliana Ellerton
3/28/2023 17:32:24	3/28/2023	Religious Panel	4:30:00 PM	30 minutes	None	None	It's Passover season, we talk about our faith and our plans	Dave Mayner
3/27/2023 22:24:25	3/23/2023	Jacky & Chris Geek Out	5:00:00 PM	30 minutes	None	None	Jacky's dress sense, Succession, geek news roundup	Chris Kocher
3/27/2023 18:53:58	3/27/2023	Conversations with God PA	6:30:00 PM	30 minutes	Nolan Harkness	None	Talked about Prayer and our faith	Ennid Bermudez
3/27/2023 17:34:08	3/27/2023	Teatime	5:00:00 PM	30 minutes	Ramona	None	We spoke about fishing and anxiety and imperfection	Madison Mark
3/25/2023 21:32:44	3/23/2023	My father's advice	6:00:00 PM	30 minutes	Larry Kassan	None	Rod Serling video festival	Ben Cabot II
3/25/2023 9:08:16	3/24/2023	Calico critters	5:00:00 PM	30 minutes	None	None	The best chicken sandwich	Sarah murdock

3/24/2023 21:43:28	3/24/2023	The News with Colin Mangan	4:00:00 PM	1 hour	Sira Ahuja, Sue Quinn	None	TikTok CEO testifies before congress, Israeli interference in 2016 election, Mifepristone banned in Wyoming; ChatGPT user info leaked, Scientists predict catastrophic effects from climate change by 2030, House passes Parents Bill of Rights	Colin Mangan
3/24/2023 18:33:33	3/24/2023	Spitballing	6:00:00 PM	30 minutes	Scott Yanover, Alec Schare	None	MLB playoff predictions	Jeremy Feder
3/23/2023 17:58:56	3/23/2023	Keeping it Real	5:30:00 PM	30 minutes	None	None	Dating, weather, classes, events	Timothy Martinson
3/22/2023 19:02:52	3/22/2023	Black Polaroid	6:30:00 PM	30 minutes	PULSE, Kianna	None	We talked about the importance of women's reproductive health education	Taylor Chance
3/22/2023 18:55:46	3/22/2023	Bob and andy reporting	5:30:00 PM	1 hour	None	3	Local politics	Bob kingsley
3/22/2023 17:52:07	3/22/2023	Off Topic	4:00:00 PM	30 minutes	None	None	Today we took 3 Buzzfeed quizzes about our personalities and talked about our niche favorite topic, house styles.	Ariel Meza
3/22/2023 17:01:24	3/22/2023	Pick a Brain Poke a Brain	4:30:00 PM	30 minutes	None	None	Therapy and why its okay to get help	Kyriaki Yozzo
3/21/2023 19:04:25	3/21/2023	browser history	6:30:00 PM	30 minutes	Grace Dean, Andrei Smith	None	south park, meps, and like parody stuff	emily
3/21/2023 19:03:59	3/21/2023	La Voz	6:00:00 PM	30 minutes	Bella and Joe	None	We talked about things POC communities often use that have become inaccessible due to white influencers	Lisbel
3/21/2023 17:32:20	3/21/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	Ramadan	Dave Mayner
3/21/2023 17:07:18	3/21/2023	That's What They Called Me in High School	4:30:00 PM	30 minutes	None	None	Silly things in our lives	Niamh Durniak
3/20/2023 18:37:31	3/20/2023	Conversations with God	6:30:00 PM	30 minutes	Evelyn from Teenchallenge	None	The teenchallenge program and her life transformation	Ennid Bermudez
3/20/2023 17:33:13	3/20/2023	TeaTime	5:00:00 PM	30 minutes	None	None	We spoke abo it dance	Madison Mark
3/19/2023 17:26:21	3/16/2023	My Father's Advice	6:00:00 PM	30 minutes	Tim and Wendy Turner	None	Recovery from a brain anyeursym while scuba diving.	Ben Cabot
3/17/2023 18:56:06	3/17/2023	Calico critters	5:00:00 PM	30 minutes	Dinelle	None	Today's news and big stories	Sarah murdock
3/17/2023 18:32:57	3/17/2023	Spitballing	6:00:00 PM	30 minutes	Scott Yanover	None	World baseball classic, nba playoffs, nfl quarterbacks	Jeremy Feder

3/17/2023 16:33:30	3/17/2023	The News with Colin Mangan	4:00:00 PM	30 minutes	None	None	Discussion of U.K.'s possible demilitarization of Irish borders; Florida bans trans affirming healthcare for youth; Finland moves closer to joining NATO; Biden considers banning TikTok; issuance of new oil drilling permits in Alaska; Silicon Valley Bank gets bailout; Norfolk Southern sued by Ohio	Colin Mangan
3/16/2023 16:07:13	3/15/2023	Off Topic	4:00:00 PM	30 minutes	None	None	Today we talked about all of our favorite youtubers, from the past and present, and how they have influenced us in our current day to day lives!	Ariel Meza
3/15/2023 19:14:52	3/15/2023	Black Polaroid	6:30:00 PM	30 minutes	Elizabeth G Plantin	None	Learning how to deal with the stress during mid term week	Taylor Chance
3/15/2023 18:32:06	3/15/2023	Bob a d andy reporting	5:30:00 PM	1 hour	None	None	Politics and our beliefs	Bob kingsley
3/15/2023 17:02:26	3/15/2023	Pick a Brain Poke a Brain	4:30:00 PM	30 minutes	Selene	None	Too many to list!	Kiki Yozzo 🤪
3/14/2023 20:58:38	3/14/2023	La Voz	6:00:00 PM	30 minutes	Melanie I and Fahim R	None	We talked about the movie everything Everywhere All At Once	Lisbel
3/14/2023 19:02:52	3/14/2023	browser history	6:30:00 PM	30 minutes	None	None	emo trinity and band lore	emily :)
3/14/2023 18:04:00	3/14/2023	Tangential Thoughts	5:30:00 PM	30 minutes	None	None	The Manosphere and Christian Representation	Eliana Ellerton
3/14/2023 17:33:01	3/14/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	Purim! Our plans and what Purim is	Dave Mayner
3/14/2023 17:08:26	3/14/2023	That's What They Called Me in Highschool	4:30:00 PM	30 minutes	None	None	Draft pick of places to overhear a secret most foul	Niamh Durniak
3/13/2023 17:37:33	3/13/2023	Teatime	5:00:00 PM	30 minutes	None	None	SUDS, flowstate, overwhelmed	Madison Mark
3/9/2023 18:28:46	3/9/2023	People are Strange	4:30:00 PM	30 minutes	None	None	the last of us, cordyceps, zombie apocalypse	emily vega
3/9/2023 18:27:48	3/7/2022	Thats What They Called Me In High School	4:30:00 PM	30 minutes	Nina Pietrangeli	None	assorted topics such as life and love	emily vega
3/9/2023 17:57:30	3/9/2023	Keeping It Real	5:30:00 PM	30 minutes	None	None	Social media addiction, colleges, food, school supplies, covid	Tim Martinson
3/8/2023 18:33:47	3/8/2023	Bob a d andy reporting	5:30:00 PM	1 hour	John droz	1	Politics an the next election year	Bob kingsley

3/8/2023 17:41:12	3/8/2023	Rockin regale	5:00:00 PM	30 minutes	None	None	Kendrick Lamar, baby keem, two iconic rappers and how much we love them	Foster Beach
3/8/2023 17:02:33	3/8/2023	Pick a Brain Poke a Brain	4:30:00 PM	30 minutes	None	None	Movie, Memory, Dreams, Death	Kyriaki Yozzo
3/8/2023 17:01:50	3/8/2023	Off Topic	4:00:00 PM	30 minutes	None	None	Today we talked about all of our favorite video games we played growing up, such as Fortnite, Minecraft, Roblox, and Club Penguin	Ariel Meza
3/7/2023 20:49:12	3/7/2023	La Voz	6:00:00 PM	30 minutes	Eric C and Kaylee V	None	We talked about our favorite things pertaining our cultures	Lisbel
3/7/2023 19:15:15	3/7/2023	browser history	6:30:00 PM	30 minutes	None	None	Our favorite stuff about the internet	emily
3/7/2023 18:03:10	3/7/2023	Tangential Thoughts	5:30:00 PM	30 minutes	Bella Daidone	None	Tangential thoughts about life	Joe
3/7/2023 17:32:36	3/7/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	Ramadan and stress relief	Dave Mayner
3/6/2023 18:47:12	3/6/2023	Conversations with God	6:30:00 PM	30 minutes	Pastor Kent Christmas	None	Having a little bit of faith in times of need	Ennid Bermudez
3/6/2023 17:40:42	3/6/2023	Tea Time	5:00:00 PM	30 minutes	Lila Pomerantz	None	Feminine rage / femininity	Claire Goldstein
3/3/2023 8:04:22	3/2/2023	My Father's Advice	6:30:00 PM	30 minutes	Amanda Roberto, Jason Gardner, and Kristen Lyons	None	Mental health counseling(Amanda) and owners of Binghamton Brewery start up	Ben Cabot II
3/2/2023 16:15:05	2/23/2023	My Father's Advice	6:00:00 PM	30 minutes	June Everett Call in form Colorado	The Guest	After school satan club!	Ben Cabot
3/1/2023 22:26:09	2/28/2023	La Voz	6:00:00 PM	30 minutes	Anisha A. And Eric C.	None	We talked about similarities in brown communities (Latin American and south Asian)	Lisbel
3/1/2023 19:12:03	3/1/2023	The Black Polaroid	6:30:00 PM	30 minutes	Josef Thompso	None	Women's history month and how can we support Black women this campus. Also what does community look like for Black women	Elizabeth G Plantin
3/1/2023 18:31:07	3/1/2023	Bob and andy reporting	5:30:00 PM	1 hour	None	None	Politics an our beliefs	Bob kingsley
3/1/2023 17:03:25	3/1/2023	Pick a Brain Poke a Brain	4:30:00 PM	30 minutes	Selene	None	Dreams! Our most memorable dreams from our lives	Kyriaki Yozzo
2/28/2023 19:03:04	2/28/2023	browser history	6:30:00 PM	30 minutes	None	None	superwholock and star wars, two iconic series	emily
2/28/2023 18:01:56	2/28/2023	Tangential Thoughts	5:30:00 PM	30 minutes	None	None	Pathological Lying and Pedro Pascal	Eliana Ellerton

2/28/2023 17:32:43	2/28/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	Religious leaders of the world and how we feel about them	Dave Mayner
2/27/2023 18:49:06	2/27/2023	Conversations with God	6:30:00 PM	30 minutes	Kent Christmas	None	The senses of the Spirit and knowing it's presence	Ennid Bermudez
2/27/2023 17:32:27	2/27/2023	Teatime	5:00:00 PM	30 minutes	Chauna D'angelo	None	We spoke about poetry	Madison Mark
2/27/2023 11:52:10	2/24/2023	Mars Barz	5:30:00 PM	30 minutes	Avery Albright, Simon leibskind, tai Jackson, David Pulliam	None	Clothing / style for 2023	Maria Daniel
2/24/2023 18:32:40	2/24/2023	Spitballing	6:00:00 PM	30 minutes	Keshav Udeshi, Ben Sweeney, Scott Yanover	None	NFL QB carousel, NBA playoff contenders/pre contenders, new MLB rules	Jeremy Feder
2/24/2023 16:55:04	2/24/2023	The News Watch with Colin Mangan	4:00:00 PM	50 minutes	Sira Ahuja	None	Discussion of railroad unions calling for nationalization, family of Malcolm X suing NYPD, Texas judge blocking access to abortion pill, Putin suspending Russian participation in New Start treaty, Israel bombs Gaza, ozone layer depletion	Colin Mangan
2/24/2023 13:59:54	2/23/2023	Not Friends	6:30:00 PM	30 minutes	None	None	Our favorite video games as of late	Emily Vega
2/23/2023 17:59:41	2/23/2023	Keeping It Real	5:30:00 PM	30 minutes	None	None	Gyms, exercise, pets	Tim Martinson
2/23/2023 7:18:30	2/22/2023	Off Topic	4:00:00 PM	30 minutes	None	None	Today we talked about our favorite movies! We went down a list that each of us had and explained why we love the movies we picked out.	Ariel Meza
2/22/2023 19:01:10	2/22/2023	Black Polaroid	6:30:00 PM	30 minutes	Elizabeth Plantin	None	Black excellence. What does it mean? What does it look like? How can we expand it	Taylor Chance
2/22/2023 18:39:51	2/22/2023	Bob and andy reporting	5:30:00 PM	1 hour	Rain and kevin	None	Current politics and our beliefs	Bob kingsley
2/21/2023 20:51:28	2/21/2023	La Voz	6:00:00 PM	30 minutes	Kaylee V.	None	We talked about how climate change is factor for which Latin Americans choose to migrate to the US	Lisbel
2/21/2023 19:03:53	2/21/2023	Browser History	6:30:00 PM	30 minutes	None	None	The legendary dashcon, a Tumblr disaster	emily :)
2/21/2023 17:32:36	2/21/2023	Religious Panel	5:00:00 PM	30 minutes	None	None	Today we talked about the 10 commandments	Dave Mayner
2/20/2023 19:04:52	2/20/2023	Conversations with God	6:30:00 PM	30 minutes	Lysa Turkeurst	None	Dyfunction- drawing boundaries	Ennid Bermudez

2/20/2023 17:31:41	2/20/2023	TeaTime	5:00:00 PM	30 minutes	Caitlin Smith	None	We spoke about psychology and creating	Madison Mark
2/17/2023 18:39:22	2/17/2023	Mars' Barz	5:30:00 PM	30 minutes	Kyriaki Yozzo and Simon Bullock	None	Religion and spirituality	Maria Daniel
2/17/2023 18:32:42	2/17/2023	Spitballing	6:00:00 PM	30 minutes	Alec Schare, Scott Yanover, Keshav Udeshi	None	Talked about the Super Bowl, our nba playoff predictions, and WBC predictions	Jeremy Feder
2/17/2023 17:02:55	2/17/2023	News Hour with Colin Mangan	4:00:00 PM	1 hour	Sira Ahuja	None	Discussion of Ohio railroad disaster and its relation to labor disputes: possible US sabotage of Nord Stream Pipeline, earthquake in Turkey and Syria; Bing ChatBot AI, trans rights in the US and Spain; and climate doomism	Colin Mangan
2/16/2023 22:25:19	2/16/2023	Jacky & Chris Geek Out	4:45:00 PM	45 minutes	None	None	What we watched over winter break, latest geek news	Chris Kocher
2/16/2023 18:00:57	2/16/2023	Keeping it Real	5:30:00 PM	30 minutes	None	None	Social media addiction, working out, hobbies, schoolwork, majors, movies	Tim Martinson
2/15/2023 18:32:59	2/15/2023	Bob & andy reporting	5:30:00 PM	1 hour	None	1	Politics and our beliefs	Bob kingsley
2/15/2023 17:11:16	2/15/2023	Pick a Brain Poke a Brain	4:30:00 PM	30 minutes	None	None	Vaslav Nijinsky's life and diaries and thoughts	Kyriaki Yozzo
2/15/2023 16:52:31	2/15/2023	Off Topic	4:00:00 PM	30 minutes	None	None	Today our main topic was the influence Taylor Swift and Harry Styles has on the music industry, and drifted off topic into talking about TikTok, Influencers, such as "Scar Girl," Charli Damelio, and Alex Earle, and the culture surrounding TikTok and concerts.	Ariel Meza
2/14/2023 19:04:17	2/14/2023	Browser History	6:30:00 PM	30 minutes	None	None	Tumblr and the omegaverse	emily
2/14/2023 18:36:58	2/14/2023	La Voz	6:00:00 PM	30 minutes	Elissa M	None	We discussed our opinions on a few hot takes	Lisbel
2/14/2023 18:02:22	2/14/2023	Tangential Thoughts	5:30:00 PM	30 minutes	None	None	Valentines Day	Eliana ELLERTON
2/14/2023 17:32:31	2/14/2023	Religious panel	5:00:00 PM	30 minutes	None	None	Dating and marriage	Dave Mayner
2/13/2023 19:48:13	2/14/2023	Conversations with God	6:30:00 PM	30 minutes	Christy Taylor	None	Isolation and how to biblically deal with it	Ennid Bermudez

2/13/2023 17:34:28	2/13/2023	Tea time	5:00:00 PM	30 minutes	None	None	We discussed tea theory. A theory about the sun and our emotions and how humans like warmth.	Madison mark
1/13/2023 15:59:29	1/12/2023	My Father's Advice	6:30:00 PM	30 minutes	Steve O'Neil	None	Book on horseracing "We Have A Winner"	Ben Cabot