

jan 8, 2017

this sunday on in touch with delmarva

Dancing with the Stars is backand on Jan. 28th at Dover Downs Casino,

Local Dancing Stars raise money for Mom's House of Dover

and the Girls and Boys clubs of Delaware, and guest Michele Xiques

has the details ,

and

**Caesar Rodney High School has an Air Force Junior ROTC program and
guest , Colonel (Ret) Mitch Berger has news on the programs success**

all that and a moment of Zen....

Join host Norm Short this Sunday at 7 am on In Touch with Delmarva

on Cool 101.3

air date jan 15 2017

**THIS SUNDAY ON IN TOUCH WITH DELMARVA
A WHISKEY WINTER GOLF OUTING AND DINNER
AT BAYSIDE GOLF RESORT,
TO BENEFIT OPERATION SEAS THE DAY , A GROUP
DEDICATED TO HELPING SOLDIERS AND VETERANS RECOVERING FROM INJURIES,
WITH KEVIN CLOVER FROM THE DELMARVA WHISKEY CLUB
AND
IT'S TIME TO TAKE THE PLUNGEFOR SPECIAL OLYMPICS
WITH GUEST JON BUZBY
ALL THAT AND A MOMENT OF REFLECTION,
JOIN HOST NORM SHORT THIS SUNDAY
FOR IN TOUCH WITH DELMARVA AT 7 AM.....
ON COOL 101.3
(or)
ON THE WAVE 97.1**

air date Jan22

In Touch With Delmarva

THIS SUNDAY

WE WILL BE

Dancing with the Stars ,

IT'S ON Jan. 28th at Dover Downs AND BENEFITS

BOTH MOM'S HOUSE AND THE BOYS AND GIRLS CLUB.....

with star DANCER Michele Xiques

AND A NEW CHARITY HELPING INJURED VETERANS

CALLED

Frets For Vets, with guests Tom Baker and Gordon Law

ALL THAT AND A MOMENT OF ZEN

THIS SUNDAY AT 7 AM, JOIN HOST NORM SHORT

FOR IN TOUCH WITH DELMARVA

ON

COOL 101.3

OR

THE WAVE 97.1

air date January 29, 2017

In Touch With Delmarva this Sunday

**It's Time to take the Plunge for Special Olympics..... the Polar Bear Plunge is Feb. 5th ,
guest Jon Buzby, Director for Special Olympics has all the details on the weekends
festivities....**

and

**The Richard Allen Coalition and a Georgetown Gala Feb 4th,
all about preserving some rich Delaware history in Georgetown , with
guest , Executive Director, Betty Deacon**

All that and a moment of reflection,,,

**so join host Norm Short this Sunday at 7am for In Touch with Delmarva
on Cool 101.3**

or

on The Wave 97.1

air date Feb 5 2017

THIS SUNDAY ON IN TOUCH WITH DELMARVA

FIRST UP AN EVENT MARCH 25TH THAT TAKES YOU BACK TO SCHOOL DAYS ..

IT'S DODGE BALL MADNESS.....A BENEFIT FOR SPECIAL OLYMPICS

WITH GARY FOURNIER AND DANNY HALL FROM THE DELAWARE STATE POLICE

AND

COMEDIAN AND FORMER NURSE LON KIEFFER (key fur) IS STARTING A NEW

**VENTURE TO OFFER HELP AND ADVICE TO THOSE PROVIDING HOME CARE. IT'S
CALLED "DEFENDER OF CARE GIVERS" ,**

TUNE IN THIS SUNDAY AT 7AM FOR ALL THE DETAILS WITH HOST NORM SHORT

ON IN TOUCH WITH DELMARVA

ON COOL 101.3

ON THE WAVE 97.1

air date Feb 12

THIS SUNDAY ON IN TOUCH WITH DELMARVA

IT'S TIME FOR THE ANNUAL "LIGHTS OF LIFE"

BY THE DELAWARE BREAST CANCER COALITION

WITH GUEST BETH KRALIS

AND

WE ARE CLOSING IN ON ONE THOUSAND "IN TOUCH WITH

DELMARVA" SHOWS AND IT'S TIME FOR A BEHIND THE SCENES

LISTEN, AS SOME SOON TO BE CLASSIC OUT TAKES TAKE STAGE

SO TUNE IN SUNDAY MORNING AT 7 AM AND JOIN HOST

NORM SHORT FOR IN TOUCH WITH DELMARVA ON

COOL 101.3

or

THE WAVE 97.1

air date March 5, 2017

THIS SUNDAY ON IN TOUCH WITH DELMARVA

**NEWS ABOUT THE First State Animal Center and SPCA with Director of Operations,
Ruth Agnew**

AND

from the National Eye Health Education association

Dr. Mark E. Wilkinson explains what low vision is and how to treat it,

and a bonus segment about

Pop Warner Football in Milford with Gary Schofield

all thatand a moment of reflection....so

Join host Norm Short this Sunday at 7am

on In Touch with Delmarva

on Cool 101.3

or

The Wave 97.1

air date march 12 2017

THIS SUNDAY ON IN TOUCH WITH DELMARVA

IT'S ABOUT THE Southern Delaware Kidney walk ,

Sunday April 30th at Cape Henlopen State Park, WITH GUEST

Nicole Scharf from the National Kidney Foundation

AND

Go Red for Womenat Dover Downs

The 14th annual Southern Delaware,

Go Red for Women March 24th, with Elaine Bitner and Melissa Stamper

all that ...plus events and we show the Irish some love ,

with host Norm Short on In Touch with Delmarva

Sunday morning at 7am on

cool 101.3.....or

The Wave 97.1

*Will & Missie
Trapp Pond*