

WIOX Quarterly Program/Issues Report
3rd Quarter, 2023
Submitted
10/03/2023

WIOX is an NCE first service broadcast licensee serving a rural, mountainous region of upstate New York. Regularly scheduled programming is live, locally produced, community oriented, and serves a wide variety of public interests. Local issues are determined by the local community stakeholders and addressed by them on the air.

Significant aspects of regular programming on WIOX include reports on the region's economic development, culture and cultural events, experiential learning, and education; housing, insurance, food pantries; public health, healthcare, and wellness; criminal justice, tourism, global warming, and the environment; farming, forestry, gardening, social issues, agriculture, local news, and local emergency broadcasts. WIOX also provides support and education to students at SUNY Delhi interested in Applied Communication and related subjects. Students host radio shows under the supervision of WIOX hosts, who are also professors of communication at SUNY Delhi, and gain experience in public speaking, journalism, research, and related topics. In addition, providing opportunities for students to host their own radio programs offers WIOX listeners an opportunity to hear intergenerational points of view on issues of concern to communities.

In addition to the issues-related long-form programs found below, WIOX broadcasts include issues-oriented short-form programming such as local weather alerts, local writers, musicians, and performance artists material, and other locally focused content that reflects and responds to local issues, needs, and interests, including Covid-19 news, climate change, and information from local, state, and federal authorities. WIOX also serves the public interest by providing training and public access to the local airwaves.

Monday, July 3, 2023

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Dr. Naomi Wolt.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Topic: summer cocktails.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Miryam Yataco, Queschua Peruvian-born language rights advocate. Topic: bilingualism.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: Round Barn Foundation, grain growing.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, July 4, 2023

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Rebroadcast of earlier show. Topic: poem "Rice and Reed".

Gender Blender (2pm – 4pm): Join host Salem as he journeys into the overlooked, under-booked, and fabulous tunes and audio art of the queer community.

Femme Central (4pm – 6pm): Join host Marilu Corwin in celebrating the diversity of women and femmes in music, in a variety of genres! Freedom and Independence special.

Catskill Folk (7pm – 8pm): Folkways of diverse cultures of the Catskill Mountains region.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, July 5, 2023

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

HealthCetera in the Catskills (2pm – 3pm): Local health care and wellbeing. Topics: mental health in rural areas; social media and children.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: forestry check in.

Thursday, July 6, 2023

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Gregory May, historian, Topics: John Randolph and slavery.

Wingin' It (6pm – 8pm): Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, July 7, 2023

The 8:01 Weekly (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: nine-year-old Brady Nelson suffering from brain cancer becomes a Chicago White Sox player for a day; 43 year-old Venus Williams competing at tennis's highest level. Guests: brothers Miles, 10, and Julian, 8, two baseball lovers and Met fans.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Guest: John Bernhardt. Topics: affirmative action still needed, global warming.

Empower Hour (1pm – 2pm): Motivational speaker Don Wycoff leads listeners on a journey designed to inspire and empower positive life changes.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Saturday, July 8, 2013

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, July 10, 2023

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Belissa Cohen.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Erwin Karl.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: Aidelena, Asian-American farming.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, July 11, 2023

Blue Truth (1pm – 2pm): Delaware County Sheriff Craig DuMond discusses law enforcement issues, past and present, interviews guests, and addresses community questions and concerns related to law enforcement, locally and beyond.

Talk Of The Town (6pm – 7pm): Interviews with local leaders and educators.

Wednesday, July 12, 2023

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: John Michelotti, mycologist and founder of Catskill Fungi. Topic: mushrooms.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: dogwood.

Thursday, July 13, 2023

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett.

Friday, July 14, 2023

The 8:01 Weekly (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Roger Craig, original Met hard luck pitcher; Danny Goodwin, only amateur player in history drafted #1 twice; Tommy Pham, beating the odds to become MLB star.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: Delaware County government suppressing dissent.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Saturday, July 15, 2023

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, July 17, 2023

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Patrick Moore, Greenpeace.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Guest: Jack Balstad, Yankee Acres.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: Kingston Farmer's Markets, floods, Vermont compost.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, July 18, 2023

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guest: Bill Birns.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: production of *Antigone*.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, July 19, 2023

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Elizabeth Woody (Warm Springs, Yakama and Dine), executive director, The Museum at Warm Springs, Oregon. Topics: share, preserve and advance the traditions, cultural and artistic heritage of The Confederated Tribes of Warm Springs, Oregon.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Meade. Topic: yellow poplar trees.

Thursday, July 20, 2023

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guest: John DiLeva Halpern. Topic: Sorting the Apocalypse.

Wingin' It (6pm – 8pm): Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, July 21, 2023

The 8:01 Weekly (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Binghamton Baseball Shrine Inductee Deron Johnson's story; baseball player with the longest name in baseball history; interview of Bronson Harris, Binghamton Rumble Pony team photographer.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: Corruption in Delaware County, NY.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Saturday, July 22, 2023

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, July 24, 2023

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Mark R. Mills.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Peter Mayer, Ontological Union.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: CADE, farm bill.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, July 25, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. The town and village of Walton created a park along the west branch of the Delaware River. The Cooperstown Cheese Company is recalling 1,400 pounds of contaminated cheese.

Talk Of The Town (6pm – 7pm): Interviews with local leaders and educators. Guest: Sara Reny, Catskill Mountain Shakespeare.

Wednesday, July 26, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Foothills Performing Arts and Civic Center in Oneonta hosted opioid overdose and Narcan administration training to the public on July 25. The Oneonta Common Council's Quality of Life and Infrastructure Committee created an action plan to address tree planting in city-owned rights-of-way. Amid New York's ongoing migrant crisis, state officials recently awarded a nearly \$800 million contract to two Texas-based companies to secure temporary sheltering services.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Jonathan Gonzales and Christian Matute Sagbay. Topics: learning and teaching land-based ancestral principles.

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: managing respiratory health, literacy and health.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: Albany pine barrens.

Thursday, July 27, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. The Delaware County Board of Supervisors passed a resolution moving one step closer to rebuilding the Bramley Mountain Fire Tower.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Rachel Swarns, professor of journalism, NYU, contributing writer for the New York Times. Topic: enslaved families that were sold to build the American Catholic Church.

Friday, July 28, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Andes Central School residents will vote on Aug. 15 on a \$4.2 million building project.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Guests: Kieran Canavan-Lima and Luke Truslow. Topics: wrestling as 13 year-olds in Gainesville, Georgia, also discussing heat stroke and exhaustion. Charles Barkley supports LGBTQ+ people with free Bud Lights.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topics: Delaware County Board of Supervisors; lack of climate change preparations in the Catskills.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Saturday, July 29, 2023

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, July 31, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Kidney and other transplants are needed but donations fall well short annually. Many metro cities across the nation have lost more residents than they gained from 2020 to 2021. Only Saratoga County gained more residents, about 2,000, the highest in the entire state. The Hudson Valley also had a positive net migration, with Dutchess County leading with 1,300 people, while counties closer to NYC lost more people than entered on the other side of the state, Buffalo, Rochester and Syracuse metro areas each saw net losses in the thousands.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Patrick Moore, Greenpeace.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Guest: Dazo's Chef.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: CADE, compost.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, August 1, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. State officials on Monday padlocked seven unlicensed marijuana stores in the Syracuse and Rochester areas whose owners had been illegally selling cannabis for more than a year, including to underage customers. Central Hudson announced it will seek double-digit rate hikes to pay in part for the cost of implementing an agreement with the state Public Service Commission to expedite the transition to monthly meter readers.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Topic: Vogelsang.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: AAMME Play.

Catskills Folk (7:00 – 8:00): Folkways of diverse cultures of the Catskill Mountains region. Topic: New England traditions.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, August 2, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Gov. Hochul was in Amsterdam, New York to mark the completion of the 12-story New Amsterdam Apartments for seniors. An independent study of all city of Oneonta employment positions showed that the city compensates its workers about 75% of what similar positions in comparable NY cities and counties pay.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Darryl Laroux, associate professor, University of Ottawa. Topic: dangers of race shifting.

Mark Birman Today (9am – 10am): Politics, national issues, interviews and commentary.

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: wildfires and health, respiratory medicines.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Meade. Topic: forestry check-in.

Thursday, August 3, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Rep. Elise Stefanik (R-NY) responded to the latest indictment of Donald Trump by calling it a witch hunt and saying the Dept. of Justice is corrupt.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Topic: The Indictment/Denial.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guest: John DiLeva Halpern. Topic: Sorting the Apocalypse.

Wingin' It (6pm – 8pm): Listen for what's going on in the Catskills and where the happenings are to be found.

Friday, August 4, 2023

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Brody James shines a spotlight on cardiac arrest; Northwestern University proves having (????) still exists in athletic programs.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: College begins at SUNY Delhi and elsewhere. How has COVID affected students?

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities.

Monday, August 7, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. In Saratoga Springs, a group of apparent members of the Proud Boys gathered on Broadway Saturday. Video posted on Facebook showed about 30 masked members of the group wearing black and yellow clothing bearing the group's name standing at a measure of attention while the "Star Spangled Banner" played off-screen.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Stephen Winn, therapist.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Terry Radigan. Topic: songwriting.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Guest: Gigi Farn, apprentice, Ball Home Farm.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, August 8, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. The town of Oneonta and City of Norwich will receive more than \$27 million in federal infrastructure funding, according to Rep. Marc Molinaro (R-NY). A freight train derailed in Montgomery County on Friday, disrupting Amtrak service, and prompting authorities to close roads in the area. The new Delaware County Department of Public Works and Planning and Watershed Affairs Department building in Delhi is nearing completion. Members of the county's Public Safety Committee received a progress report on the three buildings.

Catskills Folk (7:00 – 8:00): Folkways of diverse cultures of the Catskill Mountains region. Topic: New England Along the River and the commons.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, August 9, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Senator Chuck Schumer (D-NY) visited Delaware County to push for using federal funds to expand rural electric cooperatives, including securing \$1.7 million for the Delaware County Electric Cooperative's (DCEC) new line worker trainer program. In the final days before state campaign filings were required to report donations for the first six months of the year, an unusual source of money began flowing into the campaign coffers of Gov. Hochul. The tens of thousands of dollars were attributed to executives and operators of nursing homes and rehabilitation centers, some of which had recently been accused of violations that include mistreating residents.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Steven T. Newcomb (Shawnee, Lenape), scholar, educator, author, journalist, film producer, public speaker, workshop facilitator. Topic: decoding the doctrine of Christian discovery.

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: PFAs, school health.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: EAB bio control.

Thursday, August 10, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. The first retail cannabis store in Oneonta is to be opened on August 12. Gov. Hochul is recalibrating her public safety and crime platform to help Democrats retake control of the House of Representatives following a series of upsets by Republican.

Friday, August 11, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. A truck crashed through the guardrails on Main Street near I-88 in Oneonta and landed in the Susquehanna River on Thursday. Two people were extricated with minor injuries.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: walking no matter how many steps will boost your health; new prospects add enthusiasm and push Binghamton Rumble Ponies into a pennant race; Bryce Harper, Philly superstar, helps lost 7-year-old boy find family.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: danger on country roads.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topics: local events, community development.

Saturday, August 12, 2023

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, August 14, 2023

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Bobby Ann Cox, attorney.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: Asian-American farmers.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, August 15, 2023

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guest: Alvin Carl.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: Shortcuts Play Producer.

Catskills Folk (7:00 – 8:00): Folkways of diverse cultures of the Catskill Mountains region. Topic: New England contra dance.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, August 16, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Local politicians were invited to the Delaware County Fair to learn about upgrades to this year's fair, including restrooms, waterlines, and sensor faucets, funded by a federal grant.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest Host: Keala Kelly. Guest: Shannon O'Loughlin (Choctaw Nation of Oklahoma), CEO and attorney for the Association on American Indian Affairs. Topics: reparation and protecting Indian Nation sovereignty, self-preservation, and culture.

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: aging, environmental health, and children.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Meade. Topic: willows

Thursday, August 17, 2023

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guest: John DiLeva Halpern, Institute for Cultural Activism International. Topic: interactive art installation.

Friday, August 18, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Former President Trump canceled his news conference in which he promised to deliver “irrefutable” evidence of 2020 election fraud. Several people squeezed into a public hearing at Delhi Village Hall to learn more about the Clean Path NY power project and voice their approval or concerns about the project.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: a boy and his horse, Cody Dorman, and Cochise's wish; women and baseball from baseball's roots to the current game; Naomi Ryan, outfielder on USA World Cup baseball team that plays Australia.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Guest: Robert Brune, Mountain Eagle Newspaper. Topic: global warming and the lack of preparation by local governments.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topics: local events, community development.

Saturday, August 19, 2023

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, August 21, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. A public hearing will be held on Aug. 23 in Delhi on a proposed local law to provide property tax breaks to volunteer firefighters and emergency service personnel. The Delaware County Board of Supervisors introduced the law at its meeting on July 26th.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Gary Wrightstone.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: fungus festival, farm bill.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, August 22, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Marijuana retail store operators and applicants hoping to become one have been left confused after a judge granted an injunction to halt NY's marijuana licensing program while a court challenge of the system unfolds. Attorney General Letitia James' office informed DocGo that it is investigating the for-profit company's running of shelters for migrants upstate and warned the company to cease any activities limiting the free movement and speech of the migrants in its care.

Talk Of the Town (6pm – 7pm): Interviews with local leaders and educators. Guest: Brian Jones. Topic: Graveyard of the Atlantic. Guest: Joe Simhouser, Pratt Museum.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, August 23, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Randy Condon, a Sidney man, was indicted for burglary and grand larceny after he allegedly stole rifles, shotguns and a large amount of ammunition from a residence in Masonville. Two schools are welcoming 110 migrant students from NYC and both schools indicated that the influx is well within their capacity. Most of the newcomers speak Spanish, however, others speak Mandarin, Ukrainian, Russian, and Haitian Creole. North Colonie has 40 students and Mohonson has 70 students. Police are investigating five suspected fatal drug overdoses in the Hamilton Hill, Central State Street, and Vale neighborhoods of Schenectady. It's the latest in a wave of overdoses in the city, with at least 8 people dying within a few days.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Topics: reflections on a recently attended conference and discussion on clashes between the Western world and Earth.

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: PFAs, school health.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: trees nobody wants.

Thursday, August 24, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Students are returning to SUNY Oneonta and Delhi, and Hartwick Colleges this week. New York reported that its landfills are reaching their limit and its largest dump in the Finger Lakes is due to run out of space in 2025.

Friday, August 25, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Bassett Healthcare Research Institute hosted a weeklong symposium with Umea University's Department of Epidemiology and Global Health, based in Sweden. Mavis Discount Tire will pay \$2.25 million to settle a lawsuit filed by one of the victims of the 2018 limousine crash that killed 20 people in Schoharie.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: a boy and a baseball star, the moving story of a cancer-stricken Tyler Franzel and Hall of Fame Baseball star, Scott Rolen.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Local District Attorney and Delaware County Sheriff decry bail reform as cause of all violent crime.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topics: local events, community development.

Saturday, August 26, 2023

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, August 28, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Gov. Kathy Hochul announced that the labor union United University Professions has ratified a four-year labor agreement with the state after 96.4% of union members who cast ballots voted in favor of the new contract. Ulster County Resource Recovery board members set a public hearing for Sept. 21 for a draft 2024 budget with an 8.33% increase charged to haulers for disposing solid waste.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: LGB USA Alliance.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Topic: Hulse Hill Farms.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, August 29, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. State health officials stated they are on high alert over a new COVID strain that is markedly different than previous iterations of the omicron variant.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guests: Lee Slonimsky and Pui Ying Wong.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous. Guest: Beverly Glenn-Copeland.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: teaching artists.

Catskills Folk (7:00 – 8:00): Folkways of diverse cultures of the Catskill Mountains region. Topic: program planning.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, August 30, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. NYS Police is recruiting new members and encouraging residents to apply. Electric prices could rise 64% to cover inflation and higher-than-expected costs that are becoming apparent in NYS's shift to renewable energy. There are indications that COVID is spreading in communities, especially with schools opening, but information about symptoms is likely not to be found.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Russel Charles Means, Oglala Lakota. Topics: rights of Native Americans, the American Indian Movement, patriarchy, and matriarchy, and "what it means to become a 'Pow Wow' Indian."

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: update on Margaretville Hospital, school health.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: new to hunting.

Thursday, August 31, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Donald Trump overstated his personal net worth in his business dealings by as much as \$2.2 billion per year to convince banks to lend money to his company on more favorable terms, according to the NY Attorney General's Office. State election officials are warning of bogus elections officials going door-to-door to harass voters.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guests: Gabriele and Joe Tranchina. Topic: jazz discussion and performance.

Friday, September 1, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. NY cigarette taxes will be the highest in the nation beginning on Sept. 1st, the first increase since 2010. The state's second-highest court disbarred a longtime Schenectady attorney who ignored a client, then provided the man with bogus divorce papers containing the forged signature of a judge.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: historical marker unveiled at Binghamton's Morabito Stadium by Bud Fowler, black baseball pioneer of Underground Railroad Freedom Trail; Jay Payton Bing, Baseball Shrine; preview of "The Hill", new baseball movie.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Guest: Lillian Browne, reporter, The Reporter. Topic: problems with Delaware county government.

Saturday, September 2, 2023

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, September 4, 2023

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Patrick Moore, Greenpeace.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Andrea Doremaus. Topic: Restorative Retreats.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topics: Bovina Farm Day, honoring farm work.

Mark Birman Sports (7pm – 8pm): Local, regional and national sports reports and commentary.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, September 5, 2023

Blue Truth (1:00 – 2:00) Law enforcement perspectives and discussions. Guest: Jessica Velccione.

Talk Of the Town (6pm – 7pm): Interviews with local leaders and educators. Guest: Brian Jones. Topic: Graveyard of the Atlantic. Guests: Kathleen Hayak, Lisa Tait. Topic: local politics.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, September 6, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. New York City's police department has agreed to adopt new policies intended to safeguard the rights of protesters as part of a legal settlement stemming from its response to the Black Lives Matter demonstrations in 2020.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Dr. Emma McNichol, feminist philosopher and expert on Simone de Beauvoir. Topics: exclusion and intersectionality in historical and contemporary feminist theory.

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: suicide prevention walk, school's start time and health.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: saving the NJ pine barrens.

Thursday, September 7, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. The Otsego Board of Representatives unanimously approved the use of workforce development funds up to \$20,000 for new social workers for signing bonuses in children's and adult mental health clinics.

The Last Negroes at Harvard (9am – 10am): Discussion of civil rights, race relations, and historical reflections of the Harvard class of 1963, moderated by local reporter and author Kent Garrett. Guest: Victor Luckerson. Topic: the 1923 Rosewood Massacre.

Friday, September 8, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Joander Suarez throws complete game Binghamton Rumble Pony no-hitter running his no-hit string to 13 innings, including his best 4 inning pitches for Brooklyn Rumble Ponies – red hat and play-off bound. Giant Jet NYF previews.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: Experience of college students with conformity and diversity in a college setting.

Saturday, September 9, 2023

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, September 11, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Attorney General Letitia James announced on Friday an agreement with Novo Nordisk, Inc., one of the largest insulin manufacturers, to cap the price of insulin at \$35.00 per monthly prescription for uninsured New Yorkers for five years. A wave of civil lawsuits across New York have been filed on behalf of patients who died from COVID, alleging that top state officials or facilities are to blame for questionable infection-control measures. A multi-year error at the state agency that provides tuition assistance has left some college students without the money they expected just weeks after the new academic year began. The State University of New York pledges to make up for the lost funds.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Roland Angle, structural engineer.

New York's Table (1pm – 2pm): Focuses on educating the community on local farm products, wine, beer, cider and spirits, and the people who make them. Topic: Julia Child.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: fungi.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, September 12, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. A poll by Siena College Research Institute reports that more New Yorkers positively view the recent influx of migration into the state than those who see it as a burden and support comprehensive immigration reform. Memorials by members of the Oneonta State Emergency Squad, Oneonta Police, SUNY Oneonta Police Department and Oneonta were conducted on behalf of 9/11.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Topic: Poets Read Poetry.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: musical theater, residential schools.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, September 13, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. The Trump Organization sold the rights to its public golf course in NYC to the Bally's Corporation. SUNY Oneonta will unveil its new Red Dragon Food Pantry during a ceremony on September 15 at Hunt Union.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guests: Hataalinez Wheeler, singer, and Albert Haskie, software developer, Navajo Nation. Topic: using apps and other resources to preserve and celebrate Navajo/Dine culture and traditions.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: wild, simulated tinging.

Thursday, September 14, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather and interviews. New vaccines designed to target the latest coronavirus strains will be available at local pharmacies this week, according to state health officials.

Catskill Mountain Dreamer (1pm – 2pm): Birth & rebirth doula Nell Tomassen Reboh explores reality through nuanced discussions and eclectic music. Guests: John Halpern, Kathleen Mugnolo, Gene Serkailiel. Topic: postpartum customs and rituals.

Friday, September 15, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. New York Attorney General Letitia James's office sent a letter this week warning leaders of an Orange County not to enact a proposed law that she said appears to target Orthodox Jews and may violate their rights to exercise their religion. New York lawmakers on both sides of the aisle are calling on Gov. Hochul to sign a bill relating to marijuana sales.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: the story of future Hall of Fame NFL Quarterback Aaron Rodgers; Binghamton Rumble Ponies reach playoff.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Topic: suicide.

Saturday, September 16, 2023

Unidos por las Montañas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, September 18, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Scores of climate activists marched in New York City on Sunday to “end fossil fuels.”

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Steve Goreham-Gramberry.

Spiritual Solutions (1pm – 2pm): Spiritual exploration of the various paths people find in our mountains to live a serene, happy, productive life. Guest: Bill Birns.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: farm bill.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, September 19, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. A Staten Island man has been charged with vehicular manslaughter for fatally injuring a New Kingston pedestrian and another while driving last month. Rudolph Pacheco, 70, was arraigned on a sealed indictment in Delaware County Court. Lawmakers failed to pass any major housing legislation before leaving Albany for the year, despite increased housing prices, rents, and homelessness. Two hundred fifty-three children of migrants who do not speak English were welcomed with song and play at Mohonasen schools.

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Topic: Poets Read Poetry.

Blue Truth (1pm – 2pm): Delaware County Sheriff Craig DuMond discusses law enforcement issues, past and present, interviews guests, and addresses community questions and concerns related to law enforcement, locally and beyond.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous.

Talk Of the Town (6pm – 7pm): Interviews with local leaders and educators. Guest: Brian Jones. Topic: Graveyard of the Atlantic. Guest: Karen Heiseg.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, September 20, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Members of the Delaware County American Rescue Plan Act committee were updated on the county-wide ambulance service on September 19. The county Board of Supervisors passed a resolution to use \$1.5 million in ARPA funds to help pay for backup ambulance service. Hartwick College launched the new Institute for Public Service on Tuesday, which coincided with National Voter Registration Day. Institute co-directors registered students to vote and provided information on the institute.

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Resmaa Menakem, author, Justice Leadership coach, organizational strategist, and master trainer. Topics: reclamation of cultures, grief, trauma, indigeneity.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Guest: Gary Meade. Topic: framing timber.

Thursday, September 21, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Gov. Hochul signed into law a measure allowing voters to opt to cast their vote by mail. As part of National Farm Safety and Health Week, several state agricultural leaders joined the farm community to raise awareness of farm hazards and the importance of farm safety. The Town of Laurens Planning Board approved a special use permit to the organizers of the NY Cannabis Arts and Music Festival. George Knarich, festival organizer, said the festival is slated for October 13-15 in Mount Vision on property owned by Lisa Layton.

Friday, September 22, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Seven farms will receive water quality upgrades through the state's Agricultural Nonpoint Source Abatement and Control Program. Gov. Hochul announced release of more than \$13.8 million was awarded to projects across the state through the program. State Comptroller DiNapoli said a program is designed to connect farms to food banks needs better oversight.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: the story of future Hall of Fame NFL Quarterback Aaron Rodgers; Binghamton Rumble Ponies reach playoff.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news.

Catskills Commerce (1pm – 2pm): Regional focus on economic challenges and opportunities. Topic: civic leadership.

Saturday, September 23, 2023

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.

Monday, September 25, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Former New Jersey Gov. Chris Christie shut down the possibility of running against indicted Bob Menendez.

Through The Looking Glass (9am – 10am): Local news and music magazine exploring current issues and past events. Guest: Darcy Burke, Catskill Watershed Board.

The Farm Hour (6pm – 7pm): Perspectives on local agriculture, interviews with farm owners, local farming events. Topic: Eats Act, farm bill.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Tuesday, September 26, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. A Staten Island man has been charged with vehicular manslaughter for fatally injuring a New Kingston pedestrian and another while driving last month. Rudolph Pacheco, 70, was arraigned on September 15th on a sealed indictment in Delaware County Court. Lawmakers failed to pass any major housing legislation before leaving Albany for the year, despite increased housing prices, rents and homelessness. Two hundred fifty-three children of migrants who do not speak English were welcomed with song and play at Mohonasen schools. **(This repeats Sept. 19.)**

Planet Poet (1pm – 2pm): Writers and the written word with a local perspective. Guest: Enique Taylor.

Gender Blender (2pm – 4pm): Music created by the queer community. Join local transgender musician host for a journey into the overlooked, under-booked, and fabulous.

The Open Eye Theater Playtime (6pm – 7pm): Radio theater and stories performed by local creative artists, actors, playwrights, adults, and children addressing important cultural, interpersonal, and societal issues. Topic: plays.

Catskills Folk (7:00 – 8:00): Folkways of diverse cultures of the Catskill Mountains region. Topic: teaching Indigenous language.

Graffiti Dog Super Art Now (10pm – 12am): Local graffiti artist teaches drawing and creative expression.

Wednesday, September 27, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Members of the Delaware County American Rescue Plan Act committee was updated on the county-wide ambulance service on September 19. The county Board of Supervisors passed a resolution to use \$1.5 million in ARPA funds to help pay for backup ambulance service. Hartwick College launched the new Institute for Public Service on Tuesday, which coincided with National Voter Registration Day. Institute co-directors registered students to vote and provided information on the institute. **(This repeats Sept. 20)**

First Voices Radio (1pm – 2pm): exploration of global topics and issues of indigenous peoples. Guest: Resmaa Menakem, author, Justice Leadership coach, organizational strategist, and master trainer. Topics: reclamation of cultures, grief, trauma, indigeneity. **(This repeats Sept. 20)**

Health Cetera in the Catskills (2:00 – 3:00) Health information and discussion. Topics: healthcare Doula, eco-anxiety.

From The Forest (6pm – 7pm): Issues impacting local forests with Catskill Forest Association educators Ryan Trapani and John MacNaught. Topic: Ryan's walk in the woods.

Thursday, September 28, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Gov. Hochul signed into law a measure allowing voters to opt to cast their vote by mail. As part of National Farm Safety and Health Week, several state agricultural leaders joined the farm community to raise awareness of farm hazards and the importance of farm safety. The town of Laurens Planning Board approved a special use permit to the organizers of the NY Cannabis Arts and Music Festival. George Knarich, festival organizer said the festival is slated for October 13-15 in Mount Vision on property owned by Lisa Layton. **(This repeats Sept. 21)**

Friday, September 29, 2023

The 8:01 (8:01am – 9am): Regional focus on world and national news, sports, politics, local weather, and interviews. Seven farms will receive water quality upgrades through the state's Agricultural Nonpoint Source Abatement and Control Program. Gov. Hochul announced release of more than \$13.8 million was awarded to projects across the state through the program. State Comptroller DiNapoli said a program is designed to connect farms to food backs needs better oversight.

Tip Off (9am – 10am): Coverage of local school sports; interviews with local athletes and coaches. Topics: Brooks Robinson, Baltimore Oriole legendary Third Baseman, passes; Scout, the nursing home dog – a stray that adopts a nursing home; legendary WNBA star Breanna Steward, Syracuse native, tries to gain the first NY Liberty Basketball title.

Music Matters (10am – noon): Features music of the times with matters of the day using thematic tunes from different decades while discussing local, state, and national news. Guest: Dr. Joyce Sim, Dean, SUNY Delhi School of Nursing, Arts and Sciences. Topic: sharing college and community interests. Topic: Cornell University Law School demands the Delaware County Board of Supervisors rescind their de-designation of public information, plus compensation.

Saturday, September 30, 2023

Unidos por las Montanas (United for the Mountains) (8am – 10am): Raul Silva Rosas discusses relevant social issues featuring music and guests. In Española.