

The Kristine Franklin Show

Show Notes

4th Quarter 2017

October 7, 2017

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October 14, 2017

- Should you pray with your smartphone?
- Science says naps are good for your brain!
- How to pray for strong willed children and when to ignore your kids.
- Spiritual healing after childhood trauma and Divine Mercy.

October 21, 2017

- Is there anything an ordinary Catholic can do when Mormon missionaries come knocking? Kris tells the story of Catherine, a strong Catholic who met Mormon missionaries with hospitality.
- Is it ok for a Catholic to watch "Game of Thrones?" That is the wrong thing to ask. ([Link](#))
- Kristine tells the story of baptist missionaries who evacuated during political upheaval. When they returned, everything in their house was stolen. "Everything we have belongs to God." Do you own your stuff or does your stuff own you?
- Does your life matter? Kris shares the story of Roseanne, a piano teacher who touched many lives.

October 28, 2017

- Loneliness and social isolation could now be a greater risk factor for premature death than obesity.
- How can you keep your marriage together? Pray together, Eat together, Talk together, Play together, Hold Hands.
- Are you taking Birth Control? You deserve better health care. Kristine's guest, Dr. Theresa Stigen shares about Naprotechnology. Dr Stigen shares common reason why women take the pill and the risks associated with taking it. How does Naprotechnology contrast with IVF? Dr Stigen lays out the risks of IVF.

November 4, 2017

- Kris goes through the history of cremation. Can a Christian be cremated today?
- Will you be "LEFT BEHIND?!" Kris tells about church camp and her perception of the rapture as a child. Are you ready for the end?
- God is loving and kind, and He doesn't make anyone go to heaven. Hell is for people that reject God. Jesus wasn't just a nice guy guru. He said some hard things that got Him killed.

- Kris speaks about her “spit test” to find her ancestry through her DNA. She speaks about a family secrets. It is amazing that you exist! It’s not an accident. Why do Catholics (and Jews) pray for the dead?

November 2017

- Gary Zimmick, “A Worrier’s Guide to the Bible”.

December 23, 2017

- St. Therese and the “Christmas Blues”
- One kind of prayer that is sure to change your marriage
- Christmas is a time for miracles! Christmas miracle stories.
- Kristine’s personal Christmas miracle.