#### The Phil Sandoval Show

#### **Show Notes**

#### 4th Quarter 2017

# 10-2-17 (Encore of 7-6-17)

### 10-3-17

- Reasons why suffering can be used as an ability to love on others.
- Ways in which you can make an impact in lives that are suffering when you don't even know who the person is that is suffering.
- Phil asks his listeners to do an exercise and write down things that you're thankful for and how you can impact someone's life far away from you.
- Things that happen when communities come together amidst suffering.

# 10-4-17

- The role of religion in problem solving.
- Guest: Shammy Pius, trauma specialist, shares about how she helps people in crisis.
- Shammy Pius, continued. How to help people in grief. How to talk to people who live in fear.
- Surviving trauma: It's okay not to feel okay. The need to eventually move on. What if we say the wrong thing? The primacy of love.

# 10-5-17

- The benefits of turning to Faith.
- Special Guest: Father Bob, Vicar General of Las Vegas. What is a "vicar general"?
   Handling the tragedy of the Mandalay Bay shooting.
- Father shares about his experience at the crime scene in Las Vegas. A wounded person helps multiple persons before allowing himself to be treated.

# 10-6-17

- Special Guest: Mike Debelak, survivor of the Mandalay Bay shooting in Las Vegas.
- Mike Debelak, continued Mike shares about his response in the first minutes of the shooting. Mike shares about pondering the question: "Why?"
- Mike describes "people helping people" as concert attendees escaped the shooting. A
  young concert-goer returns Mike's wife's lost cellphone.
- Mike shares about how his family's experience has changed their lives. Phil shares about witnessing the care of soldiers at an Air Force base in Germany.

# 10-9-17 (Rebroadcast of 7-17-17)

- Phil shares about his trip to Fort Benning, GA and the joy of travelling.
- Caller: Bad things have happened to me in my life; my child was diagnosed with autism, and my husband died recently. The need to be vulnerable. Caller: I surmount loneliness with prayer.
- Guest: Jennifer Havey, Principal of St. Robert Catholic School, chats about the Rosary Rally. A prayer for the victims of fire in Northern California.
- The joy of a new baby. Accepting what God has in store for us. Taking stock of our imperfections and finding redemption in Christ.

# 10-11-17 (Rebroadcast of 7-13-17)

#### 10-12-17

- What happens when daily life is a drudgery? What happens when you feel trapped by circumstances?
- I married for love, but my wife married because "time was running out". Now, we're 30-years-on; how do we forge a relationship? Timeless adage: "Say what you mean, mean what you say and don't say it mean."
- Guest: Dr. Suzanne Hollman, Divine Mercy University. Phil and Dr. Hollman chat with Nicole about her burden in caring for a special needs child. Dr. Hollman shares about the unique mission of Divine Mercy University - bridging the gap between psychology and Faith.
- Caller: I've lived through a nightmare of drug / medicine withdrawal; I was a veritable Dr. Jeckel & Mr. Hyde.

#### 10-13-17

- Change: An inevitable part of life. Phil shares a story about the devastation in Santa Rosa, CA: A mailman attempts to deliver the mail to a devastated neighborhood.
- What's the one thing we have to do today? Love God with all our heart. . . Alice von Hildebrand, and the "privilege of being a woman".
- Noah Mackenroth's recent pilgrimage to Hungary; the "House of Terror"
   <u>www.terrorhaza.hu</u> Phil and Noah chat about the spiritual awakening taking place now in Hungary.
- The uncompromising witness of his Emminence Cardinal Josef Mindszenty. Noah reads from Mindszenty's book on God's gift of motherhood. Cardinal Mindszenty's defense of the family and Catholic education www.mindszenty.org