

The Kristine Franklin Show Show Notes - 3rd Quarter 2017

July 5, 2017

- Why your husband's "Poker Night" just might save your marriage. The need for men to get together in friendship.
- What is "active procrastination"? Six reasons procrastination can actually be good.
- Melbourne woman remembers the pain of being homeless; buys houses for homeless people in her adulthood. Prison gang saves the life of their stricken prison guard.
- Is intra-faith conflict akin to an "auto-immune attack" on the Body of Christ? Reasons why everyone should be Catholic.

July 6, 2017

- Recreational pot users: What are they looking for? Studies show that the quest for happiness may be misguided. The downside of happiness.
- Mercy and Reconciliation: How to make a good confession. The sacrifice of Abraham - Kris shares the cultural context of this often confusing story.
- City of Memphis offers student-loan forgiveness deals to prospective employees.
- Guest: Edward Clancy, Aid to the Church in Need USA (ACNUSA). 1,200 families will be fed through 2017 due to this last pledge drive alone. Edward describes the situation on-the-ground in Syria and Iraq. The creation of "food baskets".

July 7, 2017

- Gratitude makes you happy.
- Jessica and Jorge. The "party" Gospel. Three parables of exceeding joy! What was lost is found.
- Guest: John Christian, Order of Malta, Oakland Clinic. Kris and John chat about the 20,000+ people the clinic has helped. The clinic's founding; why it is so successful. What is the Order of Malta?
- How does one become a Knight of Malta? How can these clinics be multiplied?

July 10, 2017

- How to get out of that "middle-age" rut - by acting like a kid again. Are you afraid of making a "fool" of yourself?
- The powerful story behind a veteran's "Alive Day"
- If you're a kid, the "experts" want you to have a fun-free summer.
- Anger: Is it always sinful? Well, there's an App that can help you decide. Vengeance, wrath.

July 11, 2017

- Faithful practice: Paul Carpenter, M. D., doesn't compromise on his Catholic Faith. Naprofertility care. What can we do to seek Christ more closely.
- A conversation and a cup of coffee might just save a life. Homeless man in Denver, Colorado, saved by a friendly stranger.

- Facebook can provide a safety net for the bereaved, study shows. How social media can substitute for our world's lack of friendship networks.
- How dads are naturally wired to defuse your child's emotional outbursts. The Beadaditudes.

July 12, 2017

- "Be fruitful. . ." - how do older people realize this in today's world? Theology of the Body for seniors.
- St. John Chrysostom's "dark night of the soul" is not just "depression". The spiritual journey of the dark night.
- The folly of the anti-life "philanthropy" of Bill and Melinda Gates.
- Parents, it's your job to teach your kids the Faith. How to keep family traditions.

July 13, 2017 Encore of April 26, 2017

July 14, 2017

- Bucket Lists: What's on yours? The most amazing places in the world - ideas from "The Faithful Traveller".
- Why is everyone so offended these days? The Dictatorship of Relativism. The battle of Ideologies.
- Loneliness - a national epidemic. Living "animal-like", in an eternal present. The rise of the TV generation.
- The Harvard "Making Caring" project. How to raise kids that are empathetic and well adjusted.

July 17

- What do you say to your infertile friend? Kris shares about how to relate to your friend with compassion.
- Caregiving is a form of alms-giving. Ora et Labora. Alms = Charity.
- Things you don't talk to your kids about - but that they desperately wish you would.
- The sad story of Joseph and his brothers.

July 18, 2017

- Helicopter parents: The Swiss example shows that you should let your kid risk - and fail.
- Love means surrendering yourself completely - not just giving up your excess. Learning to give up the ego, and love more.
- Heroic 10-year-old foils robbers who targeted his mom.
- Finding that balance between caring - and controlling. Leave people alone - and just be the best Catholic Christian you can be!

July 19, 2017

- The scandal of "formula" vs. breast milk. Researcher discovers the solution to breastfeeding difficulties: Grandmothers, and post-natal support!

- Maidenhood to Motherhood: How should one manage their “baby-body”?
- Walking-off the war: Solder creates hiking program that helps veterans transition to civilian life. walkthewaroff.com
- “I can do this myself” - When allowing others to help is actually an act of charity.

July 20, 2017 (pre-recorded)

July 21, 2017

- What’s the solution to seemingly intractable arguments? Tips on listening from the FBI.
- Pope Francis’ prayer for humanity: That those who have strayed come back to the beauty of the Church.
- Guest: Eric Sammons, “The Old Evangelization”. Eric gives a “new” way to counter the flaws of “new evangelization”.
- What IS “evangelization”? One-on-one encounters that witness to Christ.

July 24

- What’s the secret of a close relationship? The importance of self-disclosure.36 questions.
- Msgr Pope: How to avoid thought pollution. Chief errors of today’s culture.
- Harvard Business Review: Ways to become a better planner even if you are a poor one.
- Man gets a flat tire and buys a lottery ticket; wins \$1,000,000. How much money will you need to be happy?

July 25, 2017

- How to engage in difficult conversations - Kris shares some techniques.
- “Political Correctness” - where did it come from? Federalist article: “My Kingdom for a Safe Zone”. Problems with Facebook.
- 25 deserving families will have new homes, thanks to this generous veteran.
- How to beat a video game addiction. Do you have a “gaming ego”?

July 26, 2017 (Encore of December 2, 2016)

July 27, 2017

- Mercy doubled: How to consciously, meaningfully say “I’m sorry.” How to apologize.
- The Andrew Project provides help to families experiencing sudden loss.
- How to teach your kids self-control.
- Difficulties married couples face. Tips from the USCCB on how to deal with conflict, addiction, finance issues.

July 28, 2017

- “Do you have a witness” Friday! Caller: God cured my child; it was a miracle. Caller: My husband died a sudden death; I am miraculously hanging on. . .
- Caller: I had a miracle birth on the account of the Virgen de Guadalupe; she was born on December 12.

- Caller: God called me back to the Catholic Church.

July 31, 2017 (Encore of December 21, 2016)

August 1, 2017 (Encore of February 23, 2017)

August 2, 2017 (Encore of February 21, 2017)

August 3, 2017 (Encore of September 29, 2016)

August 4, 2017 (Encore of February 8, 2017)

August 7, 2017 - Guest Hosts Terry Barber and Jesse Romero

- President Trump and the "Dream Act II": Criminals need not apply.
- Guest: Steve Ray of catholicconvert.com. All about angels. How frequent are angels in the Bible?
- What is an angel anyway? What does the word "angel" mean? The nine Choirs of angels. The guardian angel.
- What is the first angel mentioned in the Bible? How many angels are there?

August 8, 2017 - Guest Host: Terry Barber & Jesse Romero

- Archbishop Fulton J. Sheen: Rollo May, and the diabolic from a psychiatric point of view. Church teaching on angels and devils. The devil's love of nakedness.
- The drugs / demons connection. Jesse shares about his experience with a case of indecent exposure. Terry shares about his conversation with a self-proclaimed "goddess".
- Three characteristics of the diabolical - article by Monsignor Charles Pope. The proliferation of satanic "masses", and the Catholic who are warring against them. Christian prayer blocks satanic prayer. Msgr Pope on violence as "entertainment". Jesse shares a story
- What does one do when they have bad thoughts? Jesse shares a precise formula. Begone satan. Jesse shares about responding to a 911 call on a possessed teen.

August 9, 2017 Guest Host: Terry Barber

- A story about a life saved, and a Miraculous Medal. Terry Barber chats about his 40 year background in Catholic evangelism.
- The 10 Laws of Effective Evangelization. Use the person's name. Show and Tell. Give your Testimony. Don't "argue"; always agree. The Four Stages of Evangelization.
- A story of how Archbishop Fulton Sheen evangelizes a stewardess. Invite someone to church today.
- Terry shares a story about an encounter on a train: A call from Padre Pio to go to confession.

August 10, 2017 Guest Host: Father Matthew Spencer

- The challenge of the digital revolution, and the challenges we face with evangelization.
- Those little things that we do, matter. Father shares a story about bicyclists on the road near Mt. St. Joseph.
- Dystopian novels and movies - what do they tell us about who we are? The ultimate “utopia”: Heaven.
- The Call of Matthew to the priesthood. Counting the cost to follow Christ.

August 11, 2017 Guest Host: Terry and Jesse

- Marijuana has been legalized in many states. It’s a gateway drug. Intoxication destroys your intellect and will.
- Caller: I’m a new Catholic. Jesus set me free from drug addiction. When I joined the church, I quit smoking and pain pills.
- Caller: Marijuana is the new “forbidden fruit.” People think it’s enlightening but it is destructive.
- Caller: Some in society are perpetuating a lie. Most people believe recreational marijuana is a good thing.
- Caller: I work at a sober living home. Marijuana IS a gateway drug. The state has sold out our children for money.

August 14, 2017

- What are the benefits of keeping a prayer journal?
- Why are so many Catholic young people in favor of same-sex “marriage”?
- Why we love our pets: Animals are a reflection of God too.
- How can trauma help you grow?

August 15 - rebroadcast of 12-16-16

Extended Kris Encores (James please also do Pro Track for this)

8-16	12-2-16 (Mike Aquilina)
8-17	3-15
8-18	1-17-17
8-21	4-18
8-22	5-8
8-23	6-29
8-24	7-5

August 25, 2017

- Do you know what’s coming into your teen’s phone?
- Breast milk donations. Blind nuns who pray.
- Why pray, when praying doesn’t work?
- Why I’m moving to the weekend.

September 2, 2017

- Research suggests that people who spend more time on their phone are distracted every few seconds by the impulse to check their device. Cutting back phone use is a good thing for your health and spiritual life.

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September 9, 2017

September 23, 2017

- When is it ok to lie? Is a white lie sinful?
- How to build silence into your busy daily life.
- Store finds the cutest way for autistic boy to keep himself busy in the aisles. How a woman's hair appointment possibly saved her life.
- What Catholics need to know about making their homes a domestic church.

September 30, 2017

- How to manage a long wait. Should you be anxious and worry, or try to think about something else?
- The Joy of Being an Aged Care Worker. God will honor you when you honor your Mother and Father.
- 71-Year-Old rescued after being lost for six days. God calls to us when we are lost.
- Kris tells her story of picking wild mushrooms. It seems scary, but you just have to know what the real thing looks like.