Quarterly Issues Report

KMNY

Estudio Comunitario

Public Affairs Shows

^{2nd} Quarter 2023

April 1st – June 30st 2023

Estudio Comunitario airs on KMNY Saturdays from 9:00am – 9:30am

The station has identified the following issues as significant issues facing our community in this quarter:

A. IRS

- **B.** How to avoid Foreclosure
- C. Child Abuse and Pornography
- **D.** Immigration Services
- **E.** Paternity and Maternity
- F. Summer Time Activities
- G. Volunteers Needed
- H. Breast Cancer
- **I.** Life Insurance Benefits
- **J.** First Time Home Buyers
- **K.** Financial management
- L. Mental Health
- M. Better Parenting

Responsive Programs: Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. A- (April 1, 2023) Host: Josue Rodriguez Issue: IRS

Guest: Miriam Cervantes, with IRS.

Ms. Cervantes talked about new regulation on IRS Taxes. Ms. Cervantes encourage people to apply for an IRS extension if they don't have all the paperwork ready to file.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. B- (April 08, 2023) **Host:** Josue Rodriguez **Issue:** How to avoid Foreclosure.

Guest: Rebeca Flores Castro, with Texas Home Owners Hotline. Mrs. Castro talked about how to avoid foreclosure, there is help for people who got laid off, lost their job due to illness. Foreclosure process takes 30-45 days.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. C- (April 15, 2023) **Host:** Josue Rodriguez **Issue:** Child Abuse and Pornography

Guest: Tati Martinez, Director of YA BASTA Non-Profit Organization. Tati Martinez is passionate about informing the community about child abuse and how much kids are being exposed to pornography, day after day with out parents being aware. In the U.S., 3.6 million cases of child abuse are reported each year, but only about 30% of sexual assaults are reported to authorities. Child Sexual Abuse is that sexual behavior of an adult (abuser), in which there may or may not be physical contact (words, touch, or exhibition of pornographic content) towards a child or person under 18 years of age in order to get sexual gratification. During the COVID-19 pandemic, many kids are spending countless hours online and parents need to have more supervision towards them.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. D- (April 22, 2023) **Host:** Josue Rodriguez **Issue:** Immigration

Guest: Lilian Paredes founder of New Hope Immigration Services.

This is a non-profit organization that helps our Hispanic community and represents them. Communicate directly to them, they cannot represent in court, but they can direct them to the right people through the office in the district of Dallas. New hope immigration services is an accredited organization with the department of immigration (Homeland Security) for more than 10 years and have upheld a good reputation. They made this organization with being able to petition for residence, help with citizenship applications, work permits, TPS, and even offer English classes and programs such as DACA. The idea came to her when she was trying to get her husband's papers and didn't have enough money to hire all these different people. She was only earning 3.75 per hour at her job and this was in 1987. She remembers the struggle and stress she was going through and trying to get him over to the states and didn't have enough to hire a lawyer, so she did her own research and represented her husband throughout the process. She expressed that it was worth it. She learned a lot and in her father's ministry, she started noticing people facing the same struggles with trying to get houses or their loved ones over. She felt responsible and then she decided she had to do something about it when finally, in 2010 she was able to start a non-profit organization. It

focused on really helping these people in need that may not have the funds for lawyers. She's seen thousands of cases and has been able to help all of them. She urges people to be honest and not lie about anything out of fear, because by law it can ruin the opportunity to become a citizen or resident here.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. E- (April 29, 2023) **Host:** Josue Rodriguez **Issue:** Paternity and Maternity

Guest: Lizy Gomez with Lanzas - Crianza Intentional Ministry.

As parents, we are wanting to protect our children and shelter them from the real world. The word of God says our children are like arrows, not boomerangs, meaning they are not going to come back but they are like arrows in the hands of warriors. As a psychologist, she says that there is a responsibility that parents. You need to be a good leader and example to your parents and connect with your children. So, when they grow up, they have implemented in them good morals, and good hearts and manage to make a good living when their parents are no longer going to be here on this earth. As parents, you also need to show your children the ways of God and make sure to plant that seed so it can grow. The reason she named her ministry "Crianza Intentional" is because she strongly believes that you need to be intentional with your parenting. Sometimes we repeat cycles that may not be healthy to show our children and we need to reflect on that and find the help that we need to heal that way we do not burden our children with our past traumas and toxic habits. In a blink of an eye your children will grow up and that is why she encourages people to make sure that they are intentional with their upbringing. You cannot always shelter your children but that is why it's important as parents to prepare them as best as you can so when they are faced with these issues or situations, what you have taught them and implemented in them will come out and hopefully avoid any harm that can be done to them. Quality time is very important to kids because they do remember those memories and will look back to the times that you were there, but they'll always remember when you don't show up that's why its very important to be intentional with your actions, teachings and affection with your children.

Estudio Comunitario: Sat @ 9:00am Duration 30 Minutes. F- (May 06, 2023) **Host:** Josue Rodriguez **Issue:** Summer Time Activities

Guest: Julio Velasquez, with Duncanville Library. Mr Velasquez talked about the available activities for the community.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. G- (May 13, 2023) **Host:** Josue Rodriguez **Issue:** Volunteers needed

Guest: Gabriela Baladez and Fernando Luciano, with Dallas CASA. Dallas CASA is working with Child Protective Services (CPS) 33% of child abuse or neglect are Hispanic in Dallas county. Dallas CASA is looking for bilingual volunteers.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. H- (May 20, 2023) **Host:** Josue Rodriguez **Issue:** Breast Cancer

Guest: Dr. Isoalib Belandria from Amigos sin Fronteras.

Amigos sin Fronteras is a non-profit organization helping the Dallas/ FW community by connecting them to resources such as health care, food, shelter among many other services. Their new initiative it is called VIVA, which is a partnership with Susan. G Komen to spread awareness to the Latino community about Breast Cancer. Breast cancer occurs when cells in the

breast divide and grow without their normal control. Tumors in the breast tend to grow slowly. By the time, a lump is large enough to feel, it may have been growing for as long as 10 years. Some tumors are aggressive and grow much faster. Between 50-75 percent of breast cancers begin in the milk ducts, about 5-15 percent begin in the lobules and a few begin in other breast tissues. The information among with the services provided in the metropolitan area will give us a better understanding of how to prevent and combat it. During the month of October, Breast cancer awareness is key in prevention for the disease. The VIVA initiative will get people the help they are needing.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes.

I- (May 27, 2023 Host: Josue Rodriguez Issue: Life Insurance Benefits

Guest: Rey Garcia with All Grace Insurance.

Rey Garcia from All Grace Insurance spoke about the benefits of Life Insurance. Life insurance provides cash to help your dependents replace your income when you die. This money goes to your beneficiaries and can be used for anything — funeral expenses, living expenses, college tuition, mortgage payments or donations to charity.

Death is expensive, the average funeral costs nearly \$10,000, not to mention medical bills after a hospital stay or extended illness. Life insurance can pay for these debts and give your family time to grieve without worrying about finances.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes.

J- (June 03, 2023) Host: Josue Rodriguez Issue: First-time Homebuyers

Guest: Realtor Sandra Hernandez

TSAHC provides mortgage loans, down payment assistance grants, and mortgage credit certificates to eligible first- time home buyers* through the following programs: **Homes for Texas Heroes Home Loan Program:** for teachers, fire fighters and EMS personnel, police and correctional officers, and veterans. **Homes Sweet Texas Home Loan Program:** for Texas home buyers with low and moderate incomes.

K- Estudio Comunitario: Sat @ 9:00am Duration 30 minutes.

(June 10, 2023) Host: Josue Rodriguez Issue: Financial Management

Guest: Financial Advisor Andres Gutierrez

Andres Gutierrez is a financial advisor who has been helping the Hispanic population reach their goals to fulfill their dreams. Just the thought of creating a budget is enough to make some people groan or break out in a panicked sweat. But a budget can be crucial to understanding and directing where your money goes.

Budgeting does not have to be unbearable. Whether you are a first-timer or have struggled to budget in the past. Andres shared his testimony and tips to make a real change in people's financial lives. The 50/30/20 budget is a good guideline for covering.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes. L- (June 17, 2023) **Host:** Josue Rodriguez **Issue:** Mental Health

Guest: Dr. Isabel Alacan

Mental health has been a noticeably big issue since the COVID pandemic started and it is important to be advised of signs of depression and other symptoms to prevent suicides. Dr. Alacan offered mental health tips for all who feel down during these hard times. Even though

conversations surrounding mental health have made it into the mainstream media, there is still a negative stigma surrounding mental health. "Nearly 90 percent of people with mental health problems say that stigma and discrimination have a negative effect on their lives" (Gomo Health). Problems with mental health are normal among many Americans especially during the pandemic and it is important to seek help. Ten things to do to maintain good mental health are:

1. Value yourself:

Treat yourself with kindness and respect and avoid self-criticism. Make time for your hobbies and favorite projects or broaden your horizons. Do a daily crossword puzzle, plant a garden, take dance lessons, learn to play an instrument or become fluent in another language. 2. Take care of your body:

Taking care of yourself physically can improve your mental health.

3. Surround yourself with good people:

People with strong family or social connections are generally healthier than those who lack a support network. Make plans with supportive family members and friends or seek out activities where you can meet new people, such as a club, class or support group. 4. Give yourself:

Volunteer your time and energy to help someone else. You will feel good about doing something tangible to help someone in need — and it's a great way to meet new people. 5. Learn how to deal with stress:

Like it or not, stress is a part of life. Practice good coping skills.

6. Quiet your mind:

Try meditating, Mindfulness and/or prayer. Relaxation exercises and prayer can improve your state of mind and outlook on life. In fact, research shows that meditation may help you feel calm and enhance the effects of therapy.

7. Set realistic goals:

Decide what you want to achieve academically, professionally and personally, and write down the steps you need to realize your goals. Aim high but be realistic and don't overschedule.

8. Break up the monotony:

Although our routines make us more efficient and enhance our feelings of security and safety, a little change of pace can perk up a tedious schedule.

9. Avoid alcohol and other drugs:

Keep alcohol use to a minimum and avoid other drugs. Sometimes people use alcohol and other drugs to "self-medicate" but in reality, alcohol and other drugs only aggravate problems.

10. Get help when you need it.

Estudio Comunitario: Sat @ 9:00am Duration 30 minutes.

M- (June 24, 2023) Host: Josue Rodriguez Issue: Better Parenting

Guest: Lizzy Gomez founder of Crianza Intentional Ministry.

This non-profit organization provides help and advice on how to be a better parent. They offer workshops for new parents, single moms, and dads on how not to let stress affect your relationship with your children, friends, and family. Work is one of the main reasons people get stressed especially when you do not enjoy your job and have a responsibility. Life, problem as etc. etc. are also a big role in being stressed and it could lead to suicide if it is not addressed early. How to treat or deal with stress is vital especially if you don't want to take it out on your children. She suggests going for a walk, listening to music, watching a good program, laughing, or going socializing with your friends. Try to get help from different organizations as well or at your local church.