

LIST OF ISSUES AND PROGRAMS

APRIL 1- JUNE 30, 2016

**WSRV-FM
97.1 THE RIVER**

**COX RADIO, INC.
GAINESVILLE-ATLANTA, GEORGIA**

ISSUES AND ANSWERS

**DURING THE PERIOD OF APRIL 1- JUNE 30, 2016 THE FOLLOWING ISSUES AND PROBLEMS
WERE AMONG THOSE ADDRESSED BY WSRV-FM:**

HEALTH / SAFETY / CRIME

EDUCATION

FAMILY / PARENTING / SELF-HELP / RELIGION

ART / ENTERTAINMENT / RECREATION / ENVIRONMENTAL

FINANCIAL / POVERTY / CHARITY

WSRV-FM

ASCERTAINMENT STATEMENT

WSRV FM/97.1 The River develops on air programming to address issues of importance to Gainesville, Atlanta and surrounding communities.

WSRV-FM also produces four-thirty minute community affairs talk shows, which addresses a variety of topics and issues of concern including politics, education, health, business, lifestyle issues and civic and social issues. The Heart of Atlanta and Perspectives air every Sunday morning.

Issues on the program are ascertained through interviews with community leaders, including representatives of charitable and civic/social/civil rights organizations and others who make a difference in the communities in which we serve. WSRV-FM also solicits community input via the website

WSRV-FM ISSUES & PROGRAMS -2ND QTR. 2016

APRIL 1-JUNE 30, 2016

<u>LIST OF PROGRAMS</u>	<u>AIRTIMES</u>	<u>LENGTH</u>	<u>PROGRAM DESCRIPTION</u>
HEART OF ATLANTA Host-Dr. Joe Esposito	SUN 6:30AM	30 MINUTES	LOCALLY PRODUCED PUBLIC AFFAIRS PROGRAM DEALING WITH LOCAL ISSUES OR TOPICS OF GENERAL INTEREST.
PERSPECTIVES Host-Condace Pressley	SUN 7:00AM	30 MINUTES	LOCALLY PRODUCED PUBLIC AFFAIRS PROGRAM DEALING WITH LOCAL ISSUES OR TOPICS OF PARTICULAR MINORITY INTEREST.

WSRV-FM APRIL 1-JUNE 30, 2016
CHARITY PROJECTS – 2nd QUARTER

4/4- Taste of Marietta

5/9-Live Broadcast hosted by Kaedy Kiely- Marcy's Mulligan Golf Tournament Piedmont Healthcare

5/12-Taste of Alpharetta

6/11-Kaedy Kiely hosted Back to Chattahoochee River & Race Festival

6/16-Alive in Roswell

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

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HEALTH / SAFETY / CRIME ISSUES:

Dr. JOE SHOW: 10 steps to changing your life for the better in 2016.	4/3/16	7AM	50MINS
1. Give Up Soda			
2. Eat 2 meals a day, within an eight hour window.			
3. Get 8 hours of sleep each night.			
4. Eat more healthy fats and fiber.			
5. Eat fermented vegetables.			
6. Sit less and walk more, work on your flexibility.			
7. Have your vitamin D level tested.			
8. Eat nutrient-dense protein (quality not quantity).			
9. Meditate for 5 to 10 minutes a day.			
10. Help others and be active in your community.			

HEALTH / SAFETY / CRIME ISSUES:

4/10/16 7AM

50MINS

DR. JOE SHOW: Environmental toxins could be making you fat. Without even realizing it, we are constantly exposed to toxins that have potential to disrupt our hormones and cause weight gain. Several toxins in our environment cause estrogenic activity and lower testosterone, which result in obesity and fertility concerns. The phthalates, dioxins, and bisphenols found in plastics are especially troublesome. Your thyroid is also particularly sensitive to chlorine, fluoride, mercury, pesticides, and other toxins. These types of chemicals have been shown to disrupt communication between the hypothalamus, pituitary, and thyroid – the pathway that closely controls our metabolic rate. When researchers looked at the effects of synthetic chemicals such as DDT, phenol derivatives, phthalates and polyhalogenated hydrocarbons, on the thyroid, they noticed thyroid suppression. It's clear: toxins inhibit your thyroid, the master of your metabolic rate, which in turn leads to weight gain. Toxins can lower an individual's body temperature and resting metabolic rate by as much as 7 percent. A direct link between chemicals called phthalates and thyroid hormone levels was confirmed by the University of Michigan. Higher concentrations of urinary phthalate metabolites and BPA were associated with greater impacts on serum thyroid measures. Here's the kicker: as urinary metabolite concentrations increased, serum levels of certain thyroid hormone levels decreased. So if you are feeling fat, frumpy, and forgetful from a sluggish thyroid, the culprit may be lurking closely in your kitchen.

4/17/16 7AM 50MINS

DR. JOE SHOW: How to beat the health care system. Americans spend twice as much on health care per capita than any other country in the world; in fact, according to series of studies, the US spends more on health care than the next 10 biggest spenders combined: Japan, Germany, France, China, the U.K., Italy, Canada, Brazil, Spain, and Australia. Other astounding statistics include: The US spends more than 17 percent of our gross domestic product (GDP) on healthcare. If the US health care system was a country, it would be the 6th largest economy on the entire planet. While the US makes up only five percent of the world's population, Americans consume over 50 percent of all the world's pharmaceutical drugs. Overall, Americans also pay 50 percent more than other countries for identical drugs, as a result of laws and regulations preventing the US government from reining in drug prices like other nations do. Despite all of this spending and pill-popping, the US ranks dead last in terms of quality of care among industrialized countries, and Americans are far sicker and live shorter lives than people in other nations. Clearly we have taken a wrong turn down the road somewhere.

HEALTH / SAFETY / CRIME ISSUES:

4/24/16 7AM 50MINS

DR. JOE SHOW: Beating sugar addiction. Is sugar toxic? It is when you consider the levels the average American swallows each year – a whopping 130 pounds of added sugars ingested annually.

5/1/16 7AM 50MINS

DR. JOE SHOW: Low carb diets for vegans. A true Paleo diet wasn't necessarily low in carbohydrates. Best estimates are that pre-agricultural people got about 35 to 50 percent of their calories from carbohydrates. Their diets were about 30% protein and about 20 – 35% fat, although actual intakes probably varied a lot over different regions. The carbohydrates would have come mostly from vegetables, tubers, and fruits with only small amounts of grains and maybe even smaller amounts of wild beans.

5/8/16 7AM 50MINS

DR. JOE SHOW: Some reasons why your pain won't go away.

1. Inflammation, part of the normal repair process, may have gone awry.
2. Allergies can make your pain worse.
3. Your diet can cause inflammation.
4. Your fatigue may be a symptom. Don't ignore it.
5. A migraine problem isn't just in your head – it's in your nervous system.
6. Overlapping problems can come from the same source.
7. The underlying root cause may still need to be identified.

HEALTH / SAFETY / CRIME ISSUES:

5/8/16 7AM 50MINS

DR. JOE SHOW: Hormonal imbalances that drive weight gain. Part 1. Our bodies are hard-wired to send us signals when something isn't right, but often we're too busy to hear them begging for attention. Many of us experience signs and symptoms of hormonal imbalance every day. Recognizing and treating the subtle signs of hormonal imbalance is essential, yet so many of us have been out of balance for so many

years that we don't know how to recognize what "balance" is anymore.

No matter how an imbalance manifests on the outside, the internal reality remains the same – any and all hormonal imbalance leads to difficulty losing weight.

5/22/16 7AM 50MINS

DR. JOE SHOW: Hormonal imbalances that drive weight gain. Part 2. Under situations of chronic stress – whether the stress is physical, emotional, mental, environmental, real, or imagined – our bodies release high amounts of the hormone cortisol. If you suffer from a mood disorder such as anxiety, depression, post-traumatic stress disorder, or exhaustion, or if you have a digestive issue such as irritable bowel syndrome, you can bet your body is cranking up your cortisol.

5/29/16 7AM 50MINS

DR. JOE SHOW: Don't ignore these symptoms. In our over-stimulating world, we've become very good at tuning things out, like background conversations on the train, side bar advertisements online, and TV commercials. Unfortunately, this seems to have carried over into our health lives and a concerning number of people are ignoring messages from their body, even potential cancer symptoms.

6/5/16 7AM 50MINS

DR. JOE SHOW: Food intolerance can make you gain weight. Here's a question for you: If you wanted to be your leanest, fittest self and follow the healthiest diet in the world, what would you eat? You're probably thinking egg-white veggie omelets, maybe some Greek-style nonfat yogurt, low-calorie whey protein shakes, and perhaps a soy-based veggie burger on a whole-grain bun.

Here's the real bummer: These so-called healthy foods could be holding your health and your weight hostage.

Sadly, you might be eating these and other foods regularly. You probably don't even like some of them and only choose them because you are "supposed to." How disappointing to discover you're doing everything "right" yet nothing is working! The scale won't budge, your pants won't zip, and you frequently feel tired, moody and achy.

Here's the real clincher: When you ditch those so-called healthy foods that may be causing intolerance, you can lose up to seven pounds in seven days.

HEALTH / SAFETY / CRIME ISSUES:

6/12/16 7AM 50MINS

DR. JOE SHOW: Turn back the clock. It is little wonder that anti-aging has become a massive, lucrative business as expensive creams, "miracle supplements," and other unsubstantiated products that supposedly vanish wrinkles or otherwise turn back the clock compete for our

dollars. True beauty comes from within, and no state-of-the-art skin cream can reverse the aging process a bad diet and lifestyle choices can create. That’s actually good news, because no matter where you are now, you can apply lifestyle changes to increase longevity and look amazing at any age.

6/19/16 7AM 50MINS

DR. JOE SHOW: Signs that you’re way too stressed out. Whether it’s a financial meltdown, the stress of all of the baking, shopping, and wrapping associated with the holidays, or just juggling everyday tasks while trying to get dinner on the table by 6, stress is seemingly unavoidable these days. But did you know that all of this excess anxiety could actually be wrecking your good hair days, too? Take a few moments to check in with your body to make sure you’re not sacrificing your health and mental well-being. Physical symptoms of stress, such as dry heaving, can manifest themselves in weird ways when the affairs of life get too overwhelming. And sometimes, you may not even realize that stress is the cause.

6/26/16 7AM 50MINS

DR. JOE SHOW: Skin care secrets. The multi-billion dollar skin care industry, with the help of the mainstream medical establishment and the media, has everyone convinced that the sun is Enemy Number One when it comes to skin health. Here’s what you won’t hear: sunlight’s good for your skin and critical to your overall health and well-being. Get enough of it, and you’ll actually reduce your risk for a wide range of cancers.

ISSUE & DESCRIPTION

DATE TIME LENGTH

EDUCATION ISSUES:

PERSPECTIVES: Founder CJ Stewart and four of his Lead Ambassadors	5/1/16	5:30AM	25:00
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LEAD stands for launch, expose, advise and direct. The organization delivers service to the Game and World. Its mission is to empower an at risk generation to lead and transform their city. Through its year round Pathway 2 Empowerment Programming LEAD is inspiring and equipping black males to earn positions of leadership in business, education and government. Stewart finds his young men to develop through the game of baseball. 100-percent of program participants go to college.

ISSUE & DESCRIPTION

DATE

TIME

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ART & ENTERTAINMENT / RECREATION / ENVIRONMENTAL ISSUES:

5/22/16

5:30AM

25:00

PERSPECTIVES: Jessica Hagy, Author of The Art of War Illustrated | Pearl Cleage -THE ART OF WAR VISUALIZED: The Sun Tzu Classic in Charts and Graphs. The author of HOW TO BE INTERESTING, has released a book using her skills as an illustrator

to revitalize Sun Tzu’s perennial bestseller, THE ART OF WAR. In an effort to make Sun Tzu’s work available to a new generation of readers, Hagy has presented her vision in diagrams, charts, and other illustrations. This results in each passage of the complete canonical text being visually interpreted. 20 years after “Blues For An Alabama Sky” first premiered at Atlanta’s Alliance Theatre, the play, by Pearl Cleage, returns to the Alliance stage. The play is set during the Harlem Renaissance. Its debut performance starred Phylicia Rashad, who shined under the direction of Kenny Leon.

6/19/16 5:30AM 25:00

PERSPECTIVES: Actor Jason George, Grey’s Anatomy and Jane Lumbar, Executive Director, Georgia SPCA
 The Grey’s Anatomy star works to raise awareness of multi-racial families through a non-profit group in California. He sponsored a contest to bring a winner to the set of the show as part of the campaign. [Multiracial Americans of Southern California](#) (MASC) is a 501(c)3 non-profit organization that has been in existence for more than 25 years to celebrate multiracial identity in a racially inclusive world and to advocate for and foster multiracial community and identity. With this vision and mission in mind, MASC creates activities and designs programs to serve the community and increase awareness and understanding amongst the public about multiracial/multiethnic issues. Jane Lunbatis is Executive Director of the Georgia SPCA and discusses the organization’s upcoming gala for this no-kill animal shelter. The Georgia SPCA opened its doors in March 2007. We are a private non-profit 501(c)3 organization formed and operated for the purpose of reducing pet overpopulation by rescuing and finding homes for homeless dogs and cats and educating the public about responsible pet ownership. Since opening, the group has saved over 9,000 dogs and cats and placed them in loving homes. All animals are fully vetted, spayed or neutered, up-to-date on age-appropriate vaccinations, disease tested and placed on appropriate preventatives, dewormed and microchipped.

ISSUE & DESCRIPTION

DATE TIME LENGTH

ART & ENTERTAINMENT / RECREATION / ENVIRONMENTAL ISSUES:

6/5/16 5:30AM 25:00

PERSPECTIVES:Public Service Commissioner, Tim Echols- Recognizing the economic contributions that solar, natural gas, propane, biomass, electric power and wind have contributed to Georgia’s clean energy growth, Public Service Commissioner Tim Echols will host a series of public seminars around the state June 14 - 24, 2016 alongside municipal, county, and other local elected officials and top business executives representing fleets and clean energy companies. The Clean Energy Roadshow will visit eight (8) cities from Dahlonega to Savannah and highlight Georgia’s energy outlook and the advancements in vehicle technology, agricultural equipment and clean power generation that bring cost-cutting and revenue generating opportunities to local governments and private industry.

6/12/16 5:30AM 25:00

PERSPECTIVES: Former CNN Anchor turned author and motivational speaker Daryn Kagan-From your TV screen, Daryn Kagan looked like she had her dream job. As a news anchor for CNN, she had a front row seat to the world’s biggest breaking news stories. She traveled the world covering everything from war to Oscar’s Red Carpet to traveling Africa for two weeks with U2’s Bono. But when the network chose not to renew her contract after 12 years, Daryn suddenly found herself without any of the dreams she carried for years. No job. Never been married. Never had kids. In this collection of her columns written for Cox Newspapers, Daryn shares her journey of picking up the pieces. Of creating a life different than she knew to dream of before. Her book is Hope Possible.

ART & ENTERTAINMENT / RECREATION / ENVIRONMENTAL ISSUES:

6/26/16 5:30AM 25:00

PERSPECTIVES: GloZell Green, author, Is You Okay? GloZell has one mission - making people laugh. Since she started her You Tube channel eight years ago ... she now has more than 4.2 million subscribers who’ve watched her material more than 711 million times. So what’s there ? You will find over 2,000 videos that include interviews, comedy about her life, song parodies and more. Five of her videos have been viewed more than 10 million times, and her Cinnamon Challenge video alone garnered over 45 million views. Her crazy stunts and comedic prowess have propelled her into the ranks of legendary funny ladies and have made her an inspiring icon for a new generation. Green’s YouTube platform established her as pop culture fixture, earning her the distinct honor of interviewing President Barack Obama at the White House in January 2015. Her first book, Is You Ok? Arrived on June 7.

ISSUE & DESCRIPTION

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FINANCIAL / POVERTY / CHARITY ISSUES:

4/10/16

5:30AM 25:00

PERSPECTIVES: Katerina Taylor, CEO DeKalb Chamber of Commerce and LaTanya Lowery DeKalb Workforce Training Community Event – On April 15, the DeKalb Chamber of Commerce hosted an event in conjunction with Weebly, a San Francisco based website builder and tech firm. The company is visiting 10 cities throughout the southeastern region and creating 1,000 bosses in 10 days. In addition to helping entrepreneurs build a website in just 45 minutes, Weebly web experts will host on-site web workshops; one on one website and ecommerce help; free headshots; swag and cash giveaways. LaTanya Lowery of DeKalb Workforce training

appears as a guest to discuss the many opportunities available to teens and young adults to find employment in DeKalb during the summer months.

5/8/16 5:30AM 25:00

PERSPECTIVES: Jill Gossett, Interim Executive Director Fragile Kids Foundation, Georgia
For over 25 years the consistent mission of the Fragile Kids Foundation is to enhance the quality of life and wellbeing of children with support, supplies and prescribed medical equipment not covered by Georgia Medicaid or private insurance for Georgia’s medically fragile children living with chronic illnesses, genetic and traumatic disorders and orthopedic and neuro-muscular challenges.

FINANCIAL / POVERTY / CHARITY ISSUES:

5/26/16 5:30AM 25:00

PERSPECTIVES: Richard Barron, Director Fulton County Board of Elections and Mitchell Reiner, Capital Investment
On Georgia Primary Election Day, voters selected candidates from Congress to county commission and a number of judges. Fulton Elections Director Richard Barron discusses efforts the county made to make sure voters are aware of changes in precinct locations and times and locations for early voting. Fulton had problems on Presidential Primary Day in March when many voters did not know of precinct changes because change cards never arrived in the mail. As a result, the county now sends a letter to the head of household to make sure voters know. Mitchell Reiner, of Capital Investment Advisors in Atlanta is the UGA Terry College of Business Young Alumni Award honoree. This award recognizes alumni who are under 35 years of age, have demonstrated achievement, and show a promising future in business. Emeritus members of the Terry College Alumni Board accept nominations for these awards and select the recipients each year. Mitch is active in the community as well as at UGA. He is currently serving as

treasurer of the executive committee for WonderRoot, an arts-based community organization in Atlanta. He was also a member of the 2015 class of LEAD Atlanta, a leadership training program for the next generation of community leaders. Mitch was chosen as an originating member of the Atlanta Hub of the Global Shapers organization, which was established by the World Economic Forum to engage the next generation of leaders who will shape the global agenda.