

**2018 THIRD QUARTERLY REPORT
KSWD, 94.1 FM
KSWD-FM & KSWD HD CH-1
SEATTLE, WASHINGTON**

**QUARTERLY ISSUES/PROGRAMMING REPORT FOR THE THIRD
QUARTER, JULY 1 – SEPTEMBER 30, 2018:**

KSWD 94.1 FM PUBLIC AFFAIRS PROGRAMMING:

"**CONVERSATIONS**" is a 30 minute interview show airing on Saturdays between 7:00 – 8:00am. It's hosted and produced by Entercom's Public Affairs hosts DeAnna Lee and Greg Shishman, which focuses on a wide variety of issues that affect people in the greater Puget Sound area. Their guests include individuals from business, medicine, government, environmental and education groups. Two 'Conversations' shows air back-to-back for a total of 60 minutes. Contact: Tanch, 206-577-8600.

KSWD 94.1 FM PUBLIC AFFAIRS PROGRAMMING ALPHABETICALLY SORTED
BY ISSUE AS DETERMINED THROUGH INTERVIEWS DONE WITH
INDIVIDUALS AND LOCAL RESIDENTS ON A QUARTERLY BASIS.

ASCERTAINED COMMUNITY ISSUES:

1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY
2. COMMUNITY ACTIVITIES/FAMILIES/YOUTH
3. CRIME/DRUG ABUSE/VIOLENCE
4. EDUCATION/CULTURE/COMMUNICATION
5. ENVIRONMENT/TRANSPORTATION
6. GOVERNMENT/TERRORISM
7. HEALTH
8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY

DESCRIPTION OF ASCERTAINED ISSUES:

1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY – INCLUDING ISSUES AFFECTING THE ECONOMIC CONDITION OF THE PUGET SOUND REGION, THE OUTLOOK FOR EMPLOYMENT AND IT'S RAMIFICATIONS, INFLATION, JOB TRAINING, LABOR RELATIONS, FOREIGN TRADE, THE INTERNET AND INTERNET ISSUES, TECHNOLOGY, CONSUMER ISSUES AND ISSUES AFFECTING ENTREPRENEURS.

2. COMMUNITY ACTIVITIES/ FAMILIES/ YOUTH – INCLUDING ISSUES REGARDING NEIGHBORHOODS, FAMILIES, YOUNG PEOPLE, COMMUNITY

ORGANIZING, NEIGHBORHOOD ASSOCIATIONS, PARENTING SKILLS, CHILD SUPPORT, MARRIAGE, DIVORCE, ABUSE, NEGLECT, CHILD SUPPORT, AND OTHER ISSUES.

3. CRIME/DRUG ABUSE/VIOLENCE – INCLUDING POLICE/COMMUNITY RELATIONS, GANG ACTIVITIES, GUN CONTROL, LAW ENFORCEMENT, THE CRIMINAL JUSTICE SYSTEM, THE CORRECTIONAL SYSTEM, REHABILITATION, DRUNK DRIVING, RECOVERY, ILLEGAL DRUGS, SUBSTANCE ABUSE REHABILITATION, FIRE FIGHTING, AND OTHER ISSUES INVOLVING VIOLENCE.

4. EDUCATION/ARTS/CULTURE– INCLUDING CHILDHOOD EDUCATION, PUBLIC EDUCATION, REFORM EFFORTS, SCHOOL BUSING, SCHOOL VIOLENCE, HIGHER EDUCATION, THE ADULT ROLE IN CHILDREN'S EDUCATION, ADULT EDUCATION, THE IMPORTANCE OF CREATIVE ENDEAVORS INCLUDING THE ARTS, LITERATURE, POETRY, AND COMPUTER, INTERNET, AND RELATED ISSUES SUCH AS ACCESS, LIABILITY AND CENSORSHIP ISSUES, AND CULTURAL ISSUES.

5. ENVIRONMENT/TRANSPORTATION – INCLUDING AIR AND WATER POLLUTION, FOREST ISSUES, SOLID WASTE DISPOSAL, RECYCLING, ALTERNATIVE ENERGY, ENDANGERED AND THREATENED SPECIES, ANIMAL RIGHTS, CONSERVATION, SCIENCE AND SCIENCE ISSUES, TRANSPORTATION, FOOD SYSTEM SUSTAINABILITY ISSUES, WEATHER PHENOMENON AND NATURAL DISASTERS.

6. GOVERNMENT/TERRORISM – INCLUDING GOVERNMENT SPENDING, GOVERNMENT SERVICES, GOVERNMENT ABUSES, TERRORISM AGAINST THE GOVERNMENT/OR COUNTRY, ANTI-TERRORISM MEASURES, PEOPLES' REACTIONS TO TERRORISM, TAXES, ELECTIONS, CAMPAIGN FINANCE REFORM AND OTHER REFORM EFFORTS, THIRD PARTY ACTIVITIES, AND GENERAL POLITICAL DEBATE.

7. HEALTH (WELLNESS) – INCLUDING NUTRITION, PHYSICAL FITNESS, MENTAL HEALTH, PREVENTIVE HEALTH CARE, GOVERNMENT HEALTH CARE POLICY, NATIONAL AND LOCAL REFORM EFFORTS AND ALTERNATIVE MEDICAL PRACTICES, AND TOTAL WELLNESS AMONG OTHER ISSUES.

8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY ISSUES – INCLUDING DISCRIMINATION AND OTHER PROBLEMS SPECIFIC TO RACIAL OR ETHNIC MINORITIES, IMMIGRATION ISSUES, PEOPLE WHO ARE DISABLED, WOMEN, MEN, SENIOR CITIZENS, GAYS AND LESBIANS, RELIGIOUS GROUPS, COVERAGE OF ISSUES REGARDING SPIRITUALITY, AND ISSUES AFFECTING PEOPLE WHO ARE HOMELESS, AND PEOPLE WHO GO WITHOUT REGULAR MEALS LOCALLY AND GLOBALLY.

**KSWD FM PUBLIC AFFAIRS PROGRAMMING SORTED BY PROGRAM
IN ALPHABETICAL ORDER FOR: JULY 1 – SEPTEMBER 30, 2018:**

CONVERSATIONS:

7/1

Guest: Aaron Schmidt

Contact: Janet Pearce

Communications Manager

Washington State Department of Natural Resources

360-902-1122 office

360-688-3047 cell

Link: <https://www.dnr.wa.gov/>

Category: Labor, Crime, Environment, Government

Description:

The beauty of the natural world that surrounds us in Washington state is a delicately balanced dance by mother nature. Come summer time, the same forests that we love to escape in can become flaming wildfires and the bravest of crews tries to best the danger of flame, staying one step ahead. The responsibility falls in large part to the organization by the Department of Natural Resources.

Guest: Gene Boes

Contact: Tod Steward

Communications Specialist

Northwest Center

7272 W Marginal Way S, Seattle, WA 98108

Cell 206.619.0236 | F 206.764.8963

Link: nwcenter.org

Category: BUSINESS/ECONOMY/LABOR/TECHNOLOGY, MINORITIES,
GOVERNMENT, HEALTH/WELLNESS

Description:

As a culture we've made incredible strides helping raise the quality of life and care and specifically inclusion for people with disabilities. Northwest Center are at the forefront of that societal change and today we'll learn about a variety of the services they offer and opportunities they create.

Guest: Puget Sound Goat Rescue

Contact: Barbara Jamison

425-444-6591

Category: Non-profit

Link: PugetSoundGoatRescue.org

Description: Puget Sound Goat Rescue is a 100% volunteer run, 501 (c)(3) registered charity. Each year, we rescue goats from a variety of situations where they are unwanted, mistreated, neglected or abused. The goats are cared for at the rescue until they are ready to be adopted to permanent, loving homes. Since its inception in 2001 we have rescued over 1,900 goats, averaging 200 per year in the last few years. Please note, because we are focused on helping the animals in our care, we are not open to the public for visits.

Guest: American Cancer Society

Contact: Kim Arent

206-674-4115

Link: Cancer.org

Category: Non-Profit

Description: Over the past 100 years, the American Cancer Society has been working relentlessly to end cancer. We're not there yet, but with the help of our donors, we've made some incredible progress.

7/8

Guest: Cody Byrns

Contact: Maureen Famiano

Radio and TV Campaign Manager

Tel: 727-443-7115

Mfamiano@newsandexperts.com

www.newsandexperts.com

Link: www.codybyrns.com

Category: HEALTH/WELLNESS

Description:

Nearly everyone experiences major events that negatively impact their lives, such as a job loss, the death of a loved one, or a serious illness or injury that lands them in the hospital. Cody's metal has recently been tested in a horrific accident - he suffered life threatening burns to a majority of his body and his forward moving response has helped him author a book and become a speaker to help us overcome our struggles.

Guest: Dr Jamie Reynolds

Contact: Shawn LeFata

Radio Campaign Manager

Tel: 727-443-7115

shawn@newsandexperts.com

Link: www.AskDrReynolds.com

Category: Health/Wellness, Technology,

Description:

Dr Reynolds joins us again to discuss one of life's biggest fears - sitting down in the reclining chair of your dentist or orthodontist. He discusses how people are making the hasty decision and massive consequences of do it yourself teeth straightening a troubling growing trend enabled by the depths of the internet.

Guest: Khloe's Hope Benefit

Contact: Mary Grace Van Sweden

360-421-9041

Category: Non-profit

Link: <https://www.khloeshope.com/>

Description: Khloe's Hope was founded by Mary-Grace, many friends and family to bring awareness to the rare and progressive disease "Cystic Fibrosis". The purpose of Khloe's Hope is to fundraise, participate and support in research for treatment and to ultimately find a cure for Cystic Fibrosis.

Guest: Armstrong Racing Foundation

Contact: Kim Morris

360-229-6211

Category: Non-profit

Link: armstrongracing.foundation

Description: Helping kids stay active in sports by teaching them how to give back to their community through fund raising events.

7/15

Guest: Aarin Packard

Contact: Katherine Wimbles Fox

Marketing & Communications Manager

katherine@pacificbonsaimuseum.org

office: 253.353.7345

cell: 206.612.0026

Link: pacificbonsaimuseum.org

Category: Arts, Community Activities

Description:

A quick travel up or down I-5 depending on where you are will land you in Federal Way, where tucked in amongst the giant conifers of the Pacific Northwest you'll find a home to a traditional tree trimming and design art tucked away in an outdoor museum - the Pacific Bonsai Museum.

Guest: Caroline Fairless

Contact: Dave Purdy

Radio and TV Campaign Manager

Tel: 727-443-7115 Ext. 209

DPurdy@newsandexperts.com

www.newsandexperts.com

Link: www.restoringthewaters.com

Category: Environment, Business/Economy, Government

Description:

With terrible reports of a plastic garbage island larger than the state of Texas floating in the Pacific Ocean, it's been a heartening month in Seattle for the battle to reduce the sea pollution. Seattle City Council passed a ban on plastic straws and cutlery in restaurants - though both are still available in stores to consumers - and then, the mighty Starbucks corporation added their pledge to stop using plastic straws in stores globally by the year 2020. Today, Caroline will discuss how these movements and more are gaining steam.

Guest: Girls Scouts of Western Washington

Contact: Stefanie Ellis

206-267-1840

Category: Non-profit

Link: GirlScoutsWW.org

Description: Largest leadership development organization in the world to help young women realize their strength in their communities and world around them.

Guest: 5 Star Events

Contact: Dan Lang

561-779-3714

Category: Non-profit

Link: fanfestoceanshores.com

Description: Supporting local non-profits through events bringing more awareness and money to the local non-profits.

7/22

Guest: Laverne Pitts

Contact: Laverne Pitts

External Affairs Officer

The Humane Society for Tacoma and Pierce County

2608 Center Street, Tacoma WA 98409

Link: www.thehumanesociety.org

Category: COMMUNITY ACTIVITIES/FAMILIES/YOUTH, CULTURE

Description:

Fetch your friends and family as the Humane Society for Tacoma & Pierce County takes over Fort Steilacoom Park for a full-on pet party Saturday, July 28th! It's the 28th Annual Paws in the Park (formerly Dog-A-Thon)!

Guest: Dr Binay Shah

Contact: Aaron Weinberg

Development Director

Binaytara Foundation

Phone 360-639-4063

Link: <https://binayfoundation.org/>

Category: HEALTH/WELLNESS, COMMUNITY ACTIVITIES/FAMILIES/YOUTH, EDUCATION

Description:

More than a decade of hard work, the Binaytara Foundation aims to improve healthcare in resource-poor communities and improve cancer care worldwide by collaborating with other organizations, individuals, and governments to develop programs and services that improve access to care. Hosting a Northwest Cancer Climb on Aug. 25, 2018, at Rattlesnake Ledge in North Bend. The event, hosted by the Binaytara Foundation, is a hiking fundraiser benefiting a new state-of-the-art cancer center in Nepal.

Guest: Scooter's Place

Contact: Jeanine Judkins

425-375-5962

Category: Non-profit

Link: Scootersplace.org

Description: Scooter's Place, is an Adaptive Horseback Riding Program for Children and Adults with Disabilities where Horses are Helping People. Shining as a local non-profit organization that started in Woodinville, WA is currently located in Monroe, WA serving children and adults with the following needs.

Guest: Beautiful Soles

Contact: Kori Blevens

425-772-7292

Category: Non- Profit

Link: BeautifulSoles.org

Description: Local non-profit providing new shoes for local homeless and low income kids.

7/29

Guest: June Leahy

Contact: June Leahy

206.619.0187

june.aefoundation@gmail.com

Link: <https://www.austeneverettfoundation.org/>

Category: HEALTH/WELLNESS, FAMILIES/YOUTH

Description:

Each year, Major League Soccer and Wells Fargo proudly recognize individuals who are using soccer to improve the lives of others. Our local club, Seattle Sounders FC have nominated June for her heartbreaking incredible work directing the Austen Everett Foundation and for making a positive impact. Now through August 1st at 11a ET, you can vote for the 2018 MLS WORKS Community MVP Grand Prize winner.

Guest: Gene Boes

Contact: Tod Steward

Communications Specialist

Northwest Center

7272 W Marginal Way S, Seattle, WA 98108

Cell 206.619.0236 | F 206.764.8963

Link: nwcenter.org

Category: BUSINESS/ECONOMY/LABOR/TECHNOLOGY, MINORITIES, GOVERNMENT, HEALTH/WEALTH

Description:

As a culture we've made incredible strides helping raise the quality of life and care and specifically inclusion for people with disabilities. Northwest Center are at the forefront of that societal change and today we'll learn about a variety of the services they offer and opportunities they create.

Guest: Valley Girls & Guys!

Contact: Tina McDonough

206-793-3175

Link: ValleyGirlsAndGuys.org

Category: Non-Profit

Description: The WHO House is a place for Survivors, Co-Survivors, youth, newly diagnosed cancer patients, and those that have lost a loved one to come and talk in a comfortable space away from the hospitals and clinics. We offer resources for everyone and anyone, and for anyone going through any type of cancer. And for those that have been diagnosed with terminal cancer, we offer Who Dreams. Our goal is to try to make one wish come true.

Guest: Bloodworks NW

Contact: Dr. Jim AuBuchon

603-892-1663

Link: BloodworksNW.org

Category: Non-profit

Description: Giving the gift of blood to help save lives. Saving lives through research, innovation, education and excellence in blood and medical laboratory services in partnership with the community.

8/5

Guest: Aaron Schmidt

Contact: Janet Pearce

Communications Manager

Washington State Department of Natural Resources

360-902-1122 office

360-688-3047 cell

Link: <https://www.dnr.wa.gov/>

Category: Labor, Crime, Environment, Government

Description:

The beauty of the natural world that surrounds us in Washington state is a delicately balanced dance by mother nature. Come summer time, the same forests that we love to escape in can become flaming wildfires and the bravest of crews tries to best the danger of flame, staying one step ahead. The responsibility falls in large part to the organization by the Department of Natural Resources.

Guest: Dr. Michael Lewis

Contact: Contact: Crystal Gorges

727-447-4992 x210

crystal.gorges@theprgroup.com

Link: brainhealtheeducation.org

Category: HEALTH/ WELLNESS, AGING, VIOLENCE, CULTURE

Description:

Concussions in sports and long term brain health - it's something that will affect some one within all of our own circles. How do detect, treat, and prevent harm from coming to ourselves or loved ones moving forward? Today we'll find out more!

Guest: Make a Wish Partner/ Maggiano's Little Italy

Contact: Brittany Gilan

425-218-1909

Link: MakeAWish.org

Category: Non-profit

Description: Maggiano's has partnered with Make A Wish for the past 15 years to help raise over 8 million dollars and grant over 1100 wishes for Make a Wish children. During July and August, you can make Star Donations and portions of the proceeds of their desserts are all given to Make a Wish.

Guest: Battlefield Addiction

Contact: Angie Keaty

253-334-2233

Link: BattlefieldAddiction

Category: Non-profit

Description: Helping local families in the Puget Sound transform through education about addiction funding families and addicts through treatment. *Reconnecting the Family, the Addict and the Community*. Empowering families through our straight forward approach, providing expert guidance and a lifetime network of support services.

8/12

Guest: Katie Treend

Contact: Katie Treend

Comprehensive Cancer Control Coordinator

Prevention and Community Health

Office of Healthy Communities

Washington State Dept. of Health

310 Israel Rd. SE, PO Box 47855; Olympia, WA 98504-7855

Katie.treend@doh.wa.gov (360) 236-3674 desk

Link: <http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/Cancer/SkinCancer>

Category: Health/Wellness, Community Activities/Families/Youth

Description:

Out of nowhere we had a series of some pretty amazing, sunny days - left me scrambling to find all my decorative sunglasses! On top of that, we've been hiding our skin from the elements for months when suddenly we're subjecting it to the photons hitting us from the sun and that can be dangerous! Katie is here to help us understand the consequences and more importantly how to stay safe!

Guest: Jeremy James

Contact: Terry Cater

917-723-7596

terry@playbackproducers.com

www.playbackproducers.com

Link: BackForever.com

Category: HEALTH/WELLNESS, DRUG ABUSE

Description:

The posture and stance of bipedal animals puts a strain onto the backs of humans and without proper care can turn into life long problems. These problems are oft chased by scalpels and pain medications to treat, but Mr. James says we're handling our lives all wrong and can help to alleviate the back problems holding us back.

Guest: Victim Support Services

Contact: Leslie McPhearson

425-252-6081

Category: Non-profit

Description: Victim Support Services has been providing peer support and advocacy for victims of crime since 1975. We are the oldest victim advocacy agency in Washington state and one of the oldest in the nation, and continue to provide services free of charge to victims of crime.

Guest: American Cancer Society

Contact: Kim Arent

206-674-4115

Link: Cancer.org

Category: Non-Profit

Description: Over the past 100 years, the American Cancer Society has been working relentlessly to end cancer. We're not there yet, but with the help of our donors, we've made some incredible progress.

8/19

Guest: Chris Adams and Jennifer White of Crohn's and Colitis Foundation of America

Northwest Chapter

Contact: Chris Adams

Chris Adams

Listen Hear Media

(c) 425.417.0598

Link: ccfootball.org

Category: HEALTH/WELLNESS, COMMUNITY ACTIVITIES/FAMILIES/YOUTH, CULTURE

Description:

As the Seattle Seahawks are about to start making downtown Seattle rumble on Sundays, you too have the chance to play a bit of football where the pros play - only without the insane tackling or ability! The Crohn's and Colitis foundation return to CenturyLink Field for A Touch of Football, Saturday, September 15th.

Guest: Julie Fonseca de Borges

Contact: Chloe Magliato

Assistant Account Executive, PR

GREY Famously effective since 1917

W + 1 212 546 1928

M + 1 631 905 8298

Link: <https://www.nps.gov/orgs/1050/index.htm>

Category: GOVERNMENT, COMMUNITY ACTIVITIES/FAMILIES/YOUTH, ENVIRONMENT

Description:

We are in the sweetest spot of the year for getting outside and exploring the pacific northwest - but which of our beautiful public parks should we visit? The National Park Service has an event this week at Westlake Park to help you find the perfect destination to get outside this summer!

Guest: Northwest Boxer Rescue

Contact: Kim Hamilton

206-661-2650

Link: NWBoxerRescue.com

Category: Non-Profit

Description: They are a foster home based rescue and have foster homes throughout WA, OR, ID & MT. This means that every dog we take in lives in a warm and comfortable home with a family and other dogs. This is how they really get to know the dogs and what they need in their forever homes

Guest: 5 Star Events

Contact: Dan Lang

561-779-3714

Category: Non-profit

Link: fanfestoceanshores.com

Description: Supporting local non-profits through events bringing more awareness and money to the local non-profits.

8/26

Guest: Aarin Packard

Contact: Katherine Wimble Fox

Marketing & Communications Manager

katherine@pacificbonsaimuseum.org

office: 253.353.7345

cell: 206.612.0026

Link: pacificbonsaimuseum.org

Category: Arts, Community Activities

Description:

A quick travel up or down I-5 depending on where you are will land you in Federal Way, where tucked in amongst the giant conifers of the Pacific Northwest you'll find a home to a traditional tree trimming and design art tucked away in an outdoor museum - the pacific Bonsai Museum.

Guest: Tom Sebastian

Contact: Brendan Hughes

Firmani + Associates Inc.

O: 206.466.2707 | C: 206.403.5994

Link: <https://www.compasshealth.org/bcoh/>

Airdate: 8/26/18

Category: HEALTH/WELLNESS, COMMUNITY ACTIVITIES/FAMILIES/YOUTH,

Description:

The conversation surrounding mental health has never been more active - the more we understand the more we have to learn and the group of professionals at Compass Health are hoping to boost their presence in the area just north of Seattle - part of that is this great fundraiser the

Building Communities of Hope' Gala

September 14, 2018 at the Tulalip Resort Casino

Guest: Puget Sound Goat Rescue

Contact: Barbara Jamison

425-444-6591

Category: Non-profit

Link: PugetSoundGoatRescue.org

Description: Puget Sound Goat Rescue is a 100% volunteer run, 501 (c)(3) registered charity. Each year, we rescue goats from a variety of situations where they are unwanted, mistreated, neglected or abused. The goats are cared for at the rescue until they are ready to be adopted to permanent, loving homes. Since its inception in 2001 we have rescued over 1,900 goats, averaging 200 per year in the last few years. Please note, because we are focused on helping the animals in our care, we are not open to the public for visits.

Guest: Khloe's Hope Benefit

Contact: Mary Grace Van Sweden

360-421-9041

Category: Non-profit

Link: <https://www.khloeshope.com/>

Description: Khloe's Hope was founded by Mary-Grace, many friends and family to bring awareness to the rare and progressive disease "Cystic Fibrosis". The purpose of Khloe's Hope is to fundraise, participate and support in research for treatment and to ultimately find a cure for Cystic Fibrosis.

9/2

Guest: Gene Boes

Contact: Tod Steward

Communications Specialist

Northwest Center

7272 W Marginal Way S, Seattle, WA 98108

Cell 206.619.0236 | F 206.764.8963

Link: nwcenter.org

Category: BUSINESS/ECONOMY/LABOR/TECHNOLOGY, MINORITIES,
GOVERNMENT, HEALTH/WELLNESS

Description:

As a culture we've made incredible strides helping raise the quality of life and care and specifically inclusion for people with disabilities. Northwest Center are at the forefront of that societal change and today we'll learn about a variety of the services they offer and opportunities they create.

Guest: Dr. Ramon Duran

Contact: Mildred Mattos

Radio Campaign Manager

727.443.7115 ext. 206

newsandexperts.com

mmattos@newsandexperts.com

Link: www.drramonduran.com

Category: HEALTH/WELLNESS, ENVIRONMENT, GOVERNMENT

Description:

It's super easy to neglect your teeth - from the diets we maintain to slacking off on care, the problems we face from poor oral health can evidently manifest in other areas. Dr Duran explains to us how neglecting care for your teeth will impact other areas of your life. We also discuss how his Puerto Rican practice has been affected and continued long after the devastation of Hurricane Maria

Guest: Scooter's Place

Contact: Jeanine Judkins

425-375-5962

Category: Non-profit

Link: Scootersplace.org

Description: Scooter's Place, is an Adaptive Horseback Riding Program for Children and Adults with Disabilities where Horses are Helping People. Shining as a local non-profit organization that started in Woodinville, WA is currently located in Monroe, WA serving children and adults with the following needs.

Guest: Girls Scouts of Western Washington

Contact: Stefanie Ellis

206-267-1840

Category: Non-profit

Link: GirlScoutsWW.org

Description: Largest leadership development organization in the world to help young women realize their strength in their communities and world around them.

9/9

Guest: Andrew Santella

Contact: Terry Cater

917-723-7596

terry@playbackproducers.com

www.playbackproducers.com

Link: <https://www.andrewsantella.com/reviews/>

Category: Education/Communication/Culture

Description:

The habit of humans to put something undesirable off until a later time seems like something that only happens to the people who don't get ahead, but that may not be the actual truth. Andrew Santella, and author and procrastinator, is trying to connect the dots between life and procrastination to help us stop from being victims of it! But what he found might not be too encouraging for change...

Guest: Chris Adams and Jennifer White of Crohn's and Colitis Foundation of America

Northwest Chapter

Contact: Chris Adams

Chris Adams

Listen Hear Media

(c) 425.417.0598

Link: ccfootball.org

Category: HEALTH/WELLNESS, COMMUNITY ACTIVITIES/FAMILIES/YOUTH, CULTURE

Description:

As the Seattle Seahawks are about to start making downtown Seattle rumble on Sundays, you too have the chance to play a bit of football where the pros play - only without the insane tackling or ability! The Crohn's and Colitis foundation return to CenturyLink Field for A Touch of Football, Saturday, September 15th.

Guest: Capes & Crowns

Contact: Kylie Cole

971-238-7695

Category: Non-profit

Link: Capesandcrowns.org

Description: Photography based non-profit providing inspirational photo shoots for children going through life altering circumstances.

Guest: Olive Crest

Contact: Anibal Ruiz

425-427-4330

Category: Non-profit

Link: olivecrest.org

Description: Helping connect foster children with strong families and safe homes.

9/16

Guest: Seattle King County Clinic Segment Produced in house

Link: www.seattlecenter.org/skcclinic

Category: MINORITIES, HEALTH/WELLNESS, BUSINESS, COMMUNITY
ACTIVITIES/FAMILIES/YOUTH

Description:

Our country is an interesting one compared to many other western nations where the citizens don't all have socialized medical care and what we do have is complex, expensive, and hyper politicized. I'm not here to today to argue the merits or overly complicated nature of our system. Instead, today i'll tell you all about a yearly clinic that takes place at Seattle Center where people who need basic medical maintenance can get it for free.

The Seattle and King County Clinic starts Thursday (that's the 20th) and runs through Sunday the 23rd. It's a first come first served system for general health, dental, and vision care put on by volunteers who worry about our community's overall well being.

Guest: Dr Jamie Reynolds

Contact: Shawn LeFata

Radio Campaign Manager

Tel: 727-443-7115

shawn@newsandexperts.com

Link: www.AskDrReynolds.com

Category: Health/Wellness, Technology

Description:

Dr Reynolds joins us again to discuss one of life's biggest fears - sitting down in the reclining chair of your dentist or orthodontist. He discusses how people are making the hasty decision and massive consequences of do it yourself teeth straightening a troubling growing trend enabled by the depths of the internet.

Guest: Armstrong Racing Foundation

Contact: Kim Morris

360-229-6211

Category: Non-profit

Link: armstrongracing.foundation

Description: Helping kids stay active in sports by teaching them how to give back to their community through fund raising events.

Guest: Puget Sound Goat Rescue

Contact: Barbara Jamison

425-444-6591

Category: Non-profit

Link: PugetSoundGoatRescue.org

Description: Puget Sound Goat Rescue is a 100% volunteer run, 501 (c)(3) registered charity. Each year, we rescue goats from a variety of situations where they are unwanted, mistreated, neglected or abused. The goats are cared for at the rescue until they are ready to be adopted to permanent, loving homes. Since its inception in 2001 we have rescued over 1,900 goats, averaging 200 per year in the last few years. Please note, because we are focused on helping the animals in our care, we are not open to the public for visits.

9/23

Guest: Paul Hughes

Contact: Dave Purdy

Radio and TV Campaign Manager

Tel: 727-443-7115 Ext. 209

DPurdy@newsandexperts.com

www.newsandexperts.com

Link: www.changeyourgrades.com

Category: EDUCATION/ARTS/COMMUNICATION, FAMILIES/YOUTH

Description:

With kids in school the pressures build both in and out of class for performance, socialization, mental health. There are so many aspects to growing as a kid into and adult and the hurdles can be massive. One area that we're learning more and more about - test anxiety. Previous generations may have dismissed it with a "work harder" but we're coming around on the size of the problem.

Guest: Jillian Kelley + Karina Cisneros of FIRST Washington

Contact: Peggy Gray

Director of Development and Community Engagement

peggyg@firstwa.org

Link: firstwa.org

Category: TECHNOLOGY, EDUCATION/ARTS/COMMUNICATION, COMMUNITY ACTIVITIES/FAMILIES/YOUTH

Description:

The future of humans curing vicious disease, keeping the planet Earth suitable for humans to live upon, and making the next big breakthroughs we haven't even considered can be fueled like winds hitting sails on earth or in solar space when we invest our time and energy into children participating in STEM fields - science technology engineering and math. One of the coolest ways to get kids involved is a program called FIRST - For Inspiration and Recognition of Science and Technology and it's all about problem solving with robot building. Today we're talking to two former FIRST students who now give their time to mentor!

Guest: Beautiful Soles

Contact: Kori Blevens

425-772-7292

Category: Non- Profit

Link: BeautifulSoles.org

Description: Local non-profit providing new shoes for local homeless and low income kids.

Guest: Battlefield Addiction

Contact: Angie Keaty

253-334-2233

Link: BattlefieldAddiction

Category: Non-profit

Description: Helping local families in the Puget Sound transform through education about addiction funding families and addicts through treatment. *Reconnecting the Family, the Addict and the Community*. Empowering families through our straight forward approach, providing expert guidance and a lifetime network of support services.

9/30

Guest: Kathy Lungo

Contact: Dave Purdy

Radio and TV Campaign Manager

Tel: 727-443-7115 Ext. 209

DPurdy@newsandexperts.com

www.newsandexperts.com

Link: flourishwealthmanagement.com

Category: Families, Education, Economy

Description:

Making relationships work over long periods of time involves constant work to stay connected and aware of our needs. When it comes to marriage some of the top causes for a separation include infidelity and finances - like a sitcom, we argue over money. Kathy is a certified financial planner among other things and president of Flourish Wealth Management and she's going to help us how to keep your relationship with your partner strong when it comes to finances.

Guest: Gene Boes

Contact: Tod Steward

Communications Specialist

Northwest Center

7272 W Marginal Way S, Seattle, WA 98108

Cell 206.619.0236 | F 206.764.8963

Link: nwcenter.org

Category: BUSINESS/ECONOMY/LABOR/TECHNOLOGY, MINORITIES,
GOVERNMENT, HEALTH/WELLNESS

Description:

As a culture we've made incredible strides helping raise the quality of life and care and specifically inclusion for people with disabilities. Northwest Center are at the forefront of that societal change and today we'll learn about a variety of the services they offer and opportunities they create.

Guest: Jeremy James

Contact: Terry Cater

917-723-7596

terry@playbackproducers.com

www.playbackproducers.com

Link: BackForever.com

Category: HEALTH/WELLNESS, DRUG ABUSE

Description:

The posture and stance of bipedal animals puts a strain onto the backs of humans and without proper care can turn into life long problems. These problems are oft chased by scalpels and pain medications to treat, but Mr. James says we're handling our lives all wrong and can help to alleviate the back problems holding us back.

Guest: Gene Boes

Contact: Tod Steward

Communications Specialist

Northwest Center

7272 W Marginal Way S, Seattle, WA 98108

Cell 206.619.0236 | F 206.764.8963

Link: nwcenter.org

Category: BUSINESS/ECONOMY/LABOR/TECHNOLOGY, MINORITIES,
GOVERNMENT, HEALTH/WELLNESS

Description:

As a culture we've made incredible strides helping raise the quality of life and care and specifically inclusion for people with disabilities. Northwest Center are at the forefront of that

societal change and today we'll learn about a variety of the services they offer and opportunities they create.

KSWD, 94.1 FM COMMUNITY ACTIVITIES FOR THE THIRD QUARTER, 2018:

Charity: 1Thing

Date: 7/1 – 9/30

How promoted: 274 mentions, inclusion on 941THESOUNDSEATTLE.COM

Charity: Vitalogy

Date: 7/1 – 9/30

How promoted: 175 mentions

Charity: Diversity Career Fair

Date: 7/1 – 9/30

How promoted: 30 mentions

Charity: Hurricane Florence Relief

KSWD promoted aid and relief for victims of Hurricane Florence at 941THESOUNDSEATTLE.COM