ISSUE CATEGORY: Heroin/Opioid Epidemic/ Dr. Karen Hacker

HOW WAS ISSUE ASCERTAINED: National pandemic

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min

STATION:

ALL

DATE AIRED: 10-01-2017

TIME AIRED: 7am-approx.

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials):

Dr. Karen Hacker, Allegheny County Dept. Of Health Executive Director

SUBJECTS AND/OR TOPICS COVERED:

The Heroin/opioid pandemic that's sweeping the nation is also deeply impacting the Western PA region. EMT's are now reviving the SAME overdose victims 2X a week. Grandparents are now raising their grandchildren because Mommy and or Daddy are in jail or in rehab. There will be more deaths due to drug overdoses this year in the US then there were deaths during the Viet Nam War. An estimated 71.6K people will die this year due to a drug overdose, 58 thousand American soldiers died in Viet Nam during the war.

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

DATE:

10-1-17

Leader Contacted: Dr. Karen Hacker

NAME: Dr. Karen Hacker

ADDRESS: 524 4th Ave.

CITY/ZIP: Pittsburgh PA 15219

PHONE: 412-578-2301

Organization/Group Represented Allegheny County Dept. Of Health

PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed:

The heroin/opioid epidemic is deeply affecting Western PA, as it is the rest of the country. Families, spouses, Parents, grandparents are now raising their own grand-Children because either Mommy or Daddy or both, are Either in jail or in rehab, because of the heroin/opioid Epidemic. EMT's are now reviving the SAME overdosed people maybe a couple times A WEEK. There will be more deaths due to drug overdoses this year in The US than there were deaths during the Viet Nam

Check box which best describes the leader interviewed:

	Agriculture			
	Business			
	Charities			
	Civic Neighborhood			
	Fraternal Org			
	Consumer Services			
7	Culture			
X	Education			
	Environment			
	Government (local, county, state)			
	Labor			
	Military			
	Minority			
	Organizations for the Elderly			
	Organizations for Women			
	Organizations for Youth and student			
	Professions			
х	Public safety, Health			
	Recreation			
	Religion			

War. An estimated 71.6K people will die this year due to a drug overdose, just over 58K American soldiers died in Viet Nam. According to the US Centers for Disease Controls & Prevention, drug overdoses are now the leading cause of accidental death in America, killing ,more people than guns or car accidents COMBINED. School districts across the country are all now supplied with Narcan (or Nalaxone), the life-saving OD –reversal drug. Even the police and the EMT's now have to wear gloves at OD/drug arrest crime scenes because of extremely toxic opioids such as fentanyl and carfentanyl, both of which are now being added to heroin. Oxycodone, hydrocodone, oxycontin, Percocet, Percodan, Vicocdin, dilaudid and others...national studies find that 80% of heroin addicts began their addiction by abusing prescription medication.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County. Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

DATE: 10/8/17

Leader Contacted: Stuart Fisk, Richard Smith

NAME: Stuart Fisk, Richard Smith

ADDRESS: 650 Smithfield St. St. 2400

CITY/ZIP: Pittsburgh PA 15222

PHONE: 412-586-6706

Organization/Group Represented

AIDS FREE Pittsburgh

PROBLEMS / NEEDS / INTERESTS

Stuart Fisk has been involved in HIV research, nursing, and prevention since 1988, he's provided hospice, Nursing and medical care for persons living with HIV Disease since 1992, with a focus on providing care for Persons with substance abuse and mental health dis-Orders. Stuart Fisk was also involved in the develop-Ment and legalization of Prevention Point Pittsburgh, a Syringe exchange program providing a broad range of Prevention services for injection drug users in the region AIDS FREE Pittsburgh partners with health systems,

Check box which best describes the leader interviewed:

	Agriculture			
	Business			
	Charities			
+	Civic Neighborhood			
1	Fraternal Org			
+	Consumer Services			
	Culture			
	Education			
	Environment			
	Government (local, county, state)			
	Labor			
	Military			
	Minority			
	Organizations for the Elderly			
	Organizations for Women			
	Organizations for Youth and student			
	Professions			
4	Public safety, Health			
-	Recreation			
1.	Religion			

Local government agencies, community organizations and their clients, and everyone works together to diagnose the undiagnosed early in the course of infection, support efforts to reduce HIV transmission among high-risk groups, engage persons with HIV and link them to care within 48 hours of diagnosis, and increase access to PrEP. The vision of AIDS FREE Pittsburgh is a community where new HIV infections are rare, where people living with HIV receive the care they need, and young people can grow up in a world without AIDS. Specifically AIDS FREE Pittsburgh values and encourages the active participation of communities that are most affected by the HIV/AIDS epidemic: people of color, people who identify as lesbian, gay, bisexual, transgender and queer (LGBTQ).

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County. Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: AIDS FREE PITTSBURGH

HOW WAS ISSUE ASCERTAINED: HIV/AIDS epidemic in Western PA

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min.

STATION:

ALL

DATE AIRED: 10-08-17

TIME AIRED: 7am approx.

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials):
Richard Smith, Jewish Healthcare Foundation, Stuart Fisk, AIDS FREE Pittsburgh

SUBJECTS AND/OR TOPICS COVERED:

The mission of AIDS FREE Pittsburgh is to achieve an AIDS Free county by 2020, with no new AIDS cases, and also to reduce the rate of new HIV infections by 75%, also by 2020. AIDS FREE Pgh. partners with health systems, local government agencies, community organizations and their clients, and everyone works together to diagnose the undiagnosed early in the course of infection, support efforts to reduce the HIV transmission among high-risk groups, engage persons with HIV and link them to care within 48 hours of diagnosis.

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

ISSUE CATEGORY: Sonny Pugar Rhythms of Life 2017

HOW WAS ISSUE ASCERTAINED: 14th year

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min.

STATION:

ALL

DATE AIRED: 10-15-2017

TIME AIRED: 7am-ish

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials):

Annie Pugar, CEO & Founder, Sonny Pugar Memorial Foundation, David Granati, House band member, Cory Antonacci, Music Therapist Children's Hospital of Pittsburgh.

SUBJECTS AND/OR TOPICS COVERED:

The 14th Annual Rhythms of Life Concert was Oct. 19th, to benefit the Music Smiles program. Our foundation, the Sonny Pugar Memorial Foundation sends local musicians out to local hospitals to play for the patients, the families, the doctors and staff members. We started at Children's Hospital of Pittsburgh, now, years later, our musicians perform at 12 different hospitals in the Western PA area. And our foundation also pays the musicians to perform. "Live" music in caring places.

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

DATE: 10-15-2017

Leader Contacted: Annie Pugar

NAME: Annie Pugar

ADDRESS: 200 Fleet St.

CITY/ZIP: Pittsburgh PA 15220

PHONE: 724-942-5115

Organization/Group Represented: Sonny Pugar Memorial/ "Rhythms of Life Concert " 2017

PROBLEMS / NEEDS / INTERESTS

Identified by person contacted and interviewed:
Sonny Pugar was a great local drummer who played
With everyone locally here in the Pittsburgh area, and
Also he played with national acts too. Sonny died of
Colon cancer in 2004, and in his memory and in his
Honor, an annual music event was arranged, featuring
Some of the area's best well known and up and comIng musical acts. "The Rhythms of Life Concert" was
Born, we're in our 14th year now, and the money raised
For our yearly concert goes towards paying local musi-

Check box which best describes the leader interviewed:

	Agriculture			
	Business			
x	Charities			
х	Civic Neighborhood			
	Fraternal Org			
	Consumer Services			
х	Culture			
	Education			
	Environment			
	Government (local, county, state)			
	Labor			
	Military			
	Minority			
	Organizations for the Elderly			
	Organizations for Women			
	Organizations for Youth and student			
	Professions			
	Public safety, Health			
х	Recreation			
	Religion			

Cians to play at all the local hospitals. We started at Children's Hospital of Pittsburgh, and now years later, we're sending local musicians out to 12 different hospitals and care facilities, and we pay the musicians too. Our musicians play about 12 gigs a month and in the last 8 years, we've made some 500 visits to area hospitals, including some 200 musicians who perform for the patients and their families, the doctors, nurses and staff. Imagine being stuck in a hospital for days or even weeks, the sound of "live" music being performed would be a welcome break for a patient of any age. Sometimes the patients come into the performance area wearing surgical masks, or are attached to their "towers" of IV medicines. The Music Smiles program, "live" music in caring places.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County. Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

DATE:

NAME: ADDRESS: CITY/ZIP: PHONE: Organization/Group Represented PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Minority Organizations for Women Organizations for Youth and student Professions Public safety, Health Recreation Religion Agriculture Business Cukir Neighborhood Fratemal Org Consumer Services Culture Education Environment Government (local, county, state) Labor Military Organizations for the Elderty Organizations for Youth and student Professions Public safety, Health Recreation Religion	Leader Contacted:	Check box which best describes the leader interviewed:
ADDRESS: CITY/ZIP: PHONE: Organization/Group Represented PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Minority Organizations for the Elderty Organizations for Youth and student Professions Public safety, Health Recreation Religion	NAME:	Agriculture
CITY/ZIP: PHONE: Organization/Group Represented PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Minority Organizations for Women Organizations for Youth and student Professions Public safety, Health Recreation Religion		Business
PHONE: Organization/Group Represented PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Minority Organizations for the Elderly Organizations for Youth and student Professions Professions Public safety, Health Recreation Religion	ADDRESS:	Charities
PHONE: Organization/Group Represented PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Minority Organizations for the Elderly Organizations for Youth and student Professions Public safety, Health Recreation Religion	CITY/7ID:	Civic Neighborhood
Organization/Group Represented Education Environment Government (local, county, state) Labor Military Minority Organizations for the Elderly Organizations for Youth and student Professions Public safety, Health Recreation Religion	CITT/ZIP.	Fraternal Org
Organization/Group Represented Education Environment Government (local, county, state) Labor Military Minority Organizations for the Elderty Organizations for Youth and student Professions Public safety, Health Recreation Religion	PHONE:	Consumer Services
PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Description	×	Culture
PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Military	Organization/Group Represented	Education
PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed: Minority Organizations for the Elderly Organizations for Youth and student Professions Public safety, Health Recreation Religion		Environment
Identified by person contacted and interviewed: Military		Government (local, county, state)
Identified by person contacted and interviewed: Minority Organizations for the Elderly Organizations for Women Organizations for Youth and student Professions Public safety, Health Recreation Religion	PROBLEMS / NEEDS / INTERESTS	Labor
Minority Organizations for the Elderly Organizations for Women Organizations for Youth and student Professions Public safety, Health Recreation Religion		Military
Organizations for Women Organizations for Youth and student Professions Public safety, Health Recreation Religion	,	Minority
Organizations for Youth and student Professions Public safety, Health Recreation Religion		Organizations for the Elderly
Professions Public safety, Health Recreation Religion		Organizations for Women
Public safety, Health Recreation Religion		Organizations for Youth and student
Recreation Religion	16/20117	Professions
Religion A A	100011	Public safety, Health
Illort Mal		Recreation
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USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County. Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: Ursuline Support Services HOW WAS ISSUE ASCERTAINED: Since 1981, Elderly local population "Pittsburgh Sunday Morning" **SERIES OR PROGRAM TITLE: SOURCE OF PROGRAMMING:** PROGRAM LENGTH: 30 MIN LENGTH DEVOTED TO THIS ISSUE: 30 min. ALL **DATE AIRED: 10/29/17** TIME AIRED: 7am approx. STATION: DATE AIRED: TIME AIRED: STATION: STATION: DATE AIRED: TIME AIRED: Sean McDowell STATION PARTICIPANTS: GUEST PARTICIPANTS (including affiliations and/or credentials): Michelle Smart, Director of Guardianship and Protective Services, Karen Tobin, Director of **Independence Support Services SUBJECTS AND/OR TOPICS COVERED:** Ursuline Support Services is a 501c3 not for profit organization, providing an array of offerings to meet the pressing needs of adults, seniors and families suffering from abuse, neglect or financial and emotional distress. Ursuline Support Services looks after seniors who may at risk of health, safety. Medical and financial dangers. SUBMITTED: PROGRAM HOST OR PRODUCER DATE PRODUCTION COMPLETED:

10/29/17 DATE:

Leader Contacted: Ron Cichowicz

NAME: Ron Cichowicz

ADDRESS: 2717 Murray Ave.

CITY/ZIP: Pittsburgh PA 15217

PHONE: 412-224-4700

Organization/Group Represented: Ursuline

Support Services

PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed:

Ursuline Support Services is a 501c3 not for profit Organization, providing an array of offerings to meet The pressing needs of adults, seniors and families Suffering from abuse, neglect or financial and emo-Tional distress. If you have an aging parent or parents, Maybe mentally or physically they're challenged, you Can't or won't move your parent(s) in with you for Whatever reasons, maybe you're estranged from your

Check box which best describes the leader interviewed:

	Agriculture		
	Business		
X	Charities		
X	Civic Neighborhood		
	Fraternal Org		
4	Consumer Services		
\mathcal{I}	Culture		
	Education		
	Environment		
	Government (local, county, state)		
	Labor		
	Military		
	Minority		
X	Organizations for the Elderly		
f	Organizations for Women		
	Organizations for Youth and student		
	Professions		
	Public safety, Health		
	Recreation		
	Religion		

Parents, Ursuline Support Services does tremendous work in Allegheny County, looking after Seniors who may be at risk of health, safety, medical and financial dangers. Ursuline supports individuals experiencing challenges posed by life's transitions, inspiring hope thru protection, education and advocacy. Founded in 1981 by The Ursuline Sisters, this agency is known for responding to pressing and mostly unmet human needs. Over the years the agency has evolved and sharpened its missions to provide and expand an integrated range of human service programs to address the physical, social, emotional and economic needs of seniors and adults who are experiencing challenges posed by life's transitions. At Ursuline, they believe no one should struggle alone and everybody deserves support thru life's challenging transitions.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

DATE: 11-05-2017

Leader Contacted: BSWPA

NAME: Matt Baranti, Jill West, Chris Sutton

ADDRESS: 1137 Gill Hall Rd.

CITY/ZIP: Jefferson Hills PA 15102

PHONE: 412-276-3240

Organization/Group Represented: Blues Society of

Western PA

PROBLEMS / NEEDS / INTERESTS

Identified by person contacted and interviewed:

The Blues Society Of Western PA holds a competition every springtime to determine who will be representing Pittsburgh in late January of the following year in Memphis for the International Blues Challenge. The BSWPA Is an official 501c3 charity, it has over the years created charitable programs and events such as the "Blues Go Pink for Adagio," (Adagio Health takes care of women without insurance as far as breast cancer and cervical screenings and other female health concerns,

Check box which best describes the leader interviewed:

	Agriculture			
	Business			
yes	Charities			
	Civic Neighborhood			
	Fraternal Org			
	Consumer Services .			
yes	Culture			
	Education			
	Environment			
	Government (local, county, state)			
	Labor			
	Military			
	Minority			
	Organizations for the Elderly			
	Organizations for Women			
	Organizations for Youth and student			
yes	Professions			
	Public safety, Health			
yes	Recreation			
	Religion			

Adagio is present in 23 Western PA. counties), the **BSWPA** also is involved with Blues To Fight Blindness, Blues in The Schools, The Blues for Toys Annual Xmas party and PITCH, which stands for "putting instruments into children's hands," also the annual Blues Picnic has always been organized by the **BSWPA**. Blues performers, bands and solo/duos from all over the world arrive in Memphis every January. There's 2 nites of quarterfinals, 1 nite of semi-finals, and then only 8 solo/duo acts make it to the finals and 9 bands in the finals as well. "Memphis, the birthplace of Rock and Roll and Home of the Blues." Our special guests this morning for this interview have been to Memphis mulitple times for this International Blues Competition, representing Pittsburgh. The BSWPA, keeping the Blues alive.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: BSWPA 11-17

HOW WAS ISSUE ASCERTAINED: 2018 IBC/Memphis Pittsburgh represented

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE:

STATION:

ALL

DATE AIRED:11-05-17

TIME AIRED: 7am approx.

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials):

Matt Baranti, Jill West, Chris Sutton, all area long-time blues musicians, who have been to or are returning to Memphis for the IBC.

SUBJECTS AND/OR TOPICS COVERED:

The International Blues Challenge is every January in Memphis, blues bands and solo/duo acts come in from all over the world. Blues music producers, blues record label executives, blues journalists from all over the world sit in all the clubs up and down Beale Street in Memphis for a week of the best Blues performances on the planet! "Memphis, the birthplace of Rock & Roll and Home of The Blues." Our 3 guests for this interview have all been to Memphis multiple X's for the IBC, and Matt and Chris are headed back in January of 2018.

DATE PRODUCTION COMPLETED:

SUBMITTED: APROGRAM HOST OR PRODUCER

DATE: 11-12-2017

Leader Contacted: Ken Kaszak

NAME: Ken Kaszak

ADDRESS: P.O. Box 4278

CITY/ZIP: Pittsburgh PA. 15208

PHONE: 412-290-1881

Organization/Group Represented "The Ins and Outs

Of The Dietary Supplement Industry"

PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed:

Ken Kaszak has sold exercise equipment, he spent years in the nutrition/fitness industry, which to this day continues to be largely unregulated, he's an author, Ken's most recent book is "Cut Your Calories Now!," and he is a life-long student of economics. Ken Kaszak In 1991 decided to apply the techniques of economic analysis and investment research to the areas of nutrition, fitness and the "body-image" industry. Never in

Check box which best describes the leader interviewed:

	ader interviewed.			
	Agriculture			
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	Charitles			
	Civic Neighborhood			
	Fraternal Org			
x Consumer Services				
	Culture			
х	Education			
	Environment			
	Government (local, county, state)			
	Labor			
	Military			
	Minority			
	Organizations for the Elderly			
	Organizations for Women			
	Organizations for Youth and student			
	Professions			
х	Public safety, Health			
	Recreation			
	Religion			

our country's history have so many people been obese. 2/3rds of the USA's population Is oevrweight, despite warnings that being overweight can lead to type 2 diabetes, high blood pressure and other serious health issues. In 1990, the Nutrition Labeling Education Act was passed, which was the beginning of food labels. In 1992 the Food Pyramid was being debated, and all the food industry groups were complaining to the USDA about their positioning on the Food Pyramid! Ken Kaszak is the author of an essay, "There Used To Be A Bookstore;" clients of fitness clubs and gyms every January swear to stay in shape during the brand New Year. Then by early March, they're done, no longer showing up at the gym or fitness club, but the establishments continue to deduct their monthly membership fees! Ken Kaszak wrote the essay "Don't Spectate, Participate," as millions of Americans sit in front of their TV's or computer monitors idle for hours a day, then they add food to the equation. This is a huge contributing factor to the obesity epidemic existing currently in the USA.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

12

ISSUE CATEGORY: Ken Kaszak 11-

HOW WAS ISSUE ASCERTAINED: Obesity Epidemic

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min

STATION:

ALL

DATE AIRED: 11/12/2017

TIME AIRED: 7am

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials): Ken Kaszak, reseracher and author

SUBJECTS AND/OR TOPICS COVERED:

Ken Kaszak has sold exercise equipment, he spent years in the nutrition/fitness industry, including the dietary supplement industry, which to this day continues to be largely unregulated. Ken is an expert in the area of "Food Politics," the title of a book written by Marion Nestle. The Food and Beverage industries are extremely powerful in the nation's capitol, paying huge money to multiple lobbyists, insuring that their products are consumed around the country, despite the various health risks. Example: millions of dollars was spent by the sugary beverage makers trying to prevent a sugary drink tax!

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

DATE: 11-19-2017

Leader Contacted: Mike Dawida

NAME: Mike Dawida

ADDRESS: Scenic Pittsburgh 100 Fifth Ave. Suite 500

CITY/ZIP: Pittsburgh PA 15222

PHONE: 412-478-1621

Organization/Group Represented: Scenic Pittsburgh

PROBLEMS / NEEDS / INTERESTS Identified by person contacted and interviewed:

Scenic Pittsburgh is a non-profit organization that protects, preserves and promotes the scenic resources of SouthWest PA. Pittsburgh is a really pretty place, a very unique place, with its very unique topography, the hills, the rivers and parks, the bridges, the modern skyscrapers and also historic local neighborhoods. Scenic Pittsburgh works everyday to make sure Pittsburgh stays really pretty and very unique. Scenic Pittsburgh

Check box which best describes the leader interviewed:

		Agriculture			
		Business			
		Charities			
	4	Civic Neighborhood			
	7	Fraternal Org			
		Consumer Services			
		Culture			
		Education			
Γ	mf	Environment			
ľ	/	Government (local, county, state)			
ľ		Labor			
		Military			
ľ		Minority			
Ī		Organizations for the Elderly			
ľ		Organizations for Women			
Ţ		Organizations for Youth and student			
1		Professions			
ľ	7	Public safety, Health			
Í		Recreation			
İ		Religion			
L					

fights visual pollution. Scenic Pittsburgh champions sound scenic policy, supports legislation that limits visual pollution such as billboards and other outdoor advertising, and advances sustainable place-making. Scenic Pittsburgh utilizes targeted advocacy and public awareness initiatives to preserve the beauty of the region's scenic resources, such as the mountains, the hills, rivers, vistas and neighborhoods for future generations. Scenic Pittsburgh partners with organizations and community leaders to promote the region's scenic resources as a catalyst for vibrant and sustainable communities. Visual pollution includes billboards, and most billboards are for national brands, out of state products and services, with no connection to the local economy. And alcohol and tobacco products are the predominate advertisements on billboards in lower-income neighborhoods. And Scenic Pittsburgh has a very formidable foe, the outdoor advertising industry, which comes equipped With A LOT of money to spend, not just locally, but also in Washington DC, to advance their agenda.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: Scenic Pittsburgh

HOW WAS ISSUE ASCERTAINED: 7 years of fighting visual blight

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min

STATION:

ALL

DATE AIRED: 11-19-2017

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials): Mike Dawida, executive director of Scenic Pittsburgh, and Dave Demko Assistant Director of Scenic Pittsburgh

SUBJECTS AND/OR TOPICS COVERED:

Scenic Pittsburgh since 2010, has been a local non-profit organization that protects, preserves and promotes the scenic resources of South West PA. Pittsburgh is a really pretty Place, a very unique place with its very unique topography, the hills, the rivers and parks, the bridges, modern skyscrapers and also local historic neighborhoods. Scenic Pittsburgh works every day to make sure Pittsburgh stays really pretty and very unique. Scenic Pittsburgh fights visual pollution, and they champion sound scenic policy, they support legislation that limits visual pollution, such as billboards and other outdoor advertising and they advance sustainable place-making.

DATE PRODUCTION COMPLETED:

11-18-2017

SUBMIT/TED: PROGRAM HOST OR PRODUCER

ISSUE CATEGORY: Greater Pittsburgh Community Food Bank/GPCFB

HOW WAS ISSUE ASCERTAINED: Since 1980 serving 11 counties in SWPA

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min.

STATION:

ALL

DATE AIRED: 11-26-2017

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials): Charla Irwin-Buncher, GPCFB

SUBJECTS AND/OR TOPICS COVERED:

The GPCFB's been around since 1980, as they began to help suffering families after the closing of the local steel mills. They are a 501c3 non-profit organization dedicated to eliminating hunger in our region. The mission of the GPCFB is to feed people in need and mobilize the community to eliminate hunger. The serve 11 counties here in Western PA, between 130K and 140K people a MONTH, that's almost 3.6 MILLION people annually. And that number includes 76K children and 92K seniors age 60 or older.

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

DATE: 11-26-2017

Leader Contacted: Charla Irwin-Buncher

NAME: Charla Irwin-Buncher

GPCFB

ADDRESS: 1 N. Linden Street

CITY/ZIP: Duquesne PA 15110

PHONE: 412-460-3663

Organization/Group Represented: Greater Pittsburgh

Community Food Bank/GPCFB

PROBLEMS / NEEDS / INTERESTS

Identified by person contacted and interviewed::
The Greater Pittsburgh Community Food Bank has been around since 1980, as they began to help suffering families after the closing of the local steel mills. The GPCFB is a 501c3 non-profit organization dedicated to eliminating hunger in our region. The mission of the GPCFB is to feed people in need and mobilize the community to eliminate hunger, they are a proud

member of feeding America, their vision is a hunger-free

Check box which best describes the leader interviewed:

	Agriculture	
	Business	
4	Charities	
4	Civic Neighborhood	
	Fraternal Org	
4	Consumer Services	
ľ	Culture	
	Education	
	Environment	
	Government (local, county, state)	
	Labor	
	Military	
	Minority	
	Organizations for the Elderly	
	Organizations for Women	
	Organizations for Youth and student	
	Professions	
Z	Public safety, Health	
1	Recreation	
	Religion	

SouthWest PA. The GPCFB serves 11 counties here in Western PA, between 130K and 140K people a MONTH. That includes 76K children and 92K seniors age 60 or over. The GPCFB distributes over 27 million lbs. of food per year, that's nearly 2 million pounds of food every month, thru roughly a 400-plus member network. Of the 130K, 140K people the GPCFB serves every month, more than 70K of them live in Allegheny County. At their Duquesne PA HQ, the GPCFB inspects & re-packages food, they prepare orders for partner agencies, they receive trailers of food for distribution, they send their own trucks out with food deliveries, they have to maintain their own fleet of trucks and other vehicles, they have to train their partner agencies on nutrition and food safety, they cook their own meals in their test-kitchen for nutritional value, and all of this occurs every day.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: Small Business Development Center

HOW WAS ISSUE ASCERTAINED: Here since 1979

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min

STATION:

ALL

DATE AIRED: 12-3-2017

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials):

Michael Wolihan, Mgr. of Training & Community Outreach for the SBDC, Lisa Idacicco, Consultant & Marketing Director for the SBDC

SUBJECTS AND/OR TOPICS COVERED:

The Small Business Development Ctr.'s mission is to grow the economy of Western PA. by providing entrepreneurs with the education, information and tools neccessary to build successful businesses. The SBDC was established in 1979, they understand the tremendous importance of small businesses in America. Small businesses represent 92% of all US businesses and account for $\frac{1}{2}$ of the GNP, which is approx. \$3.3 billion dollars every year generated by small businesses.

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

DATE: 12-3-2017

Leader Contacted: Michael Wolihan

NAME: Michael Wolihan

ADDRESS: 3520 Forbes Ave.

CITY/ZIP: Pittsburgh PA. 15261

PHONE: 412-648-1636

Organization/Group Represented: Small Business

Development Center (SBDC)

PROBLEMS / NEEDS / INTERESTS

Identified by person contacted and interviewed:
The Small Business Development Center (SBDC)'s mission is to grow the economy of Western PA. by providing entrepreneurs with the education, information and tools necessary to build successful businesses.
The SBDC was established in 1979, they understand the tremendous importance of small businesses in America, as small businesses represent 92% of all US businesses and account for ½ of the Gross Domestic Product, equaling approximately \$3.3 billion dollars every

Check box which best describes the leader interviewed:

	Agriculture			
х	Business			
х	Charities			
х	Civic Neighborhood			
	Fraternal Org			
х	Consumer Services			
	Culture			
х	Education			
	Environment			
	Government (local, county, state)			
	Labor			
	Military			
	Minority			
	Organizations for the Elderly			
	Organizations for Women			
	Organizations for Youth and student			
х	Professions			
	Public safety, Health			
	Recreation			
	Religion			

year, generated by small businesses. The survival of these businesses is fundamental to the long-term health of the economy, and the Small Business Development Center is here to make sure that small businesses not only survive but grow. They work with businesses of all sizes and at all stages, whether just starting out or expanding a successful enterprise. The SBDC's resources include workshops and no-cost consulting services which help establish and grow small businesses. And the SBDC provides highly-skilled professionals again at no charge. If you're exploring the idea of entrepreneurship, working to get your start-up off the ground, or considering opportunities to grow and develop your established business, The Small Business Development Center is there to help. The SBDC 's highly-skilled team has experience in every industry and every stage of business.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: Soldiers & Sailors Memorial Hall & Museum

HOW WAS ISSUE ASCERTAINED: since 1910

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min.

STATION:

ALL

DATE AIRED: 12/10/2017

TIME AIRED: 7am approx.

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials): John McCabe, President & CEO of Soldiers & Sailors Memorial hall & Museum. Tim Neff, Director of Education

SUBJECTS AND/OR TOPICS COVERED:

Soldiers & Sailors Memorial Hall & Museum is celebrating its 107th birthday anniversary. It's a National Register of Historic Places Landmark, its also a Pittsburgh History and Landmarks Foundation Historic Landmark. Soldiers & Sailors is the nation's only and largest military museum and memorial dedicated to honoring the men and women of all branches of service, the citizen as well as the professional soldier. Soldiers & Sailors houses rare and one of a kind exhibits that span the eras from The Civil War to present day conflicts. "Honor Them With Your Presence."

DATE PRODUCTION COMPLETED:

SUBMITTED: / PROGRAM HOST OR PRODUCER

DATE: 12/10/17

Leader Contacted: John McCabe

NAME: Soldiers & Sailors Memorial Hall & Museum

ADDRESS: 4141 Fifth Ave.

CITY/ZIP: Pittsburgh PA 15213

PHONE: 412-621-4253

Organization/Group Represented: "Soldiers & Sailors

Memorial Hall & Museum"

PROBLEMS / NEEDS / INTERESTS

Identified by person contacted and interviewed:
Soldiers and Sailors Memorial Hall & Museum opened
In 1910, they're celebrating their 107th year anniversary. It's a National Register of Historic Places Landmark, its also a Pittsburgh History and Landmarks
Foundation Historic Landmark. Soldiers & Sailors is the
nation's only and largest military museum and memorial dedicated to honoring the men and women of all
Branches of service, the citizen as well as the professlonal soldier. Soldiers & Sailors Memorial Hall & Mu-

Check box which best describes the leader interviewed:

	Agriculture			
	Business			
х	Charities			
	Civic Neighborhood			
	Fraternal Org			
	Consumer Services			
	Culture			
х	Education			
	Environment			
	Government (local, county, state)			
	Labor			
х	Military			
	Minority			
	Organizations for the Elderly			
	Organizations for Women			
	Organizations for Youth and student			
	Professions			
	Public safety, Health			
	Recreation			
	Religion			

seum houses rare and one of a kind exhibits that span the eras from the Civil War to present day conflicts. The goal of Soldiers & Sailors is not to idealize war, but to honor and educate people about the sacrifices made during war. Soldiers & Sailors is the nation's only military museum dedicated to honoring the men and women of all branches of service in all capacities, active, reserve, guard. In 2000, The Soldiers & Sailors Memorial Hall & Museum Trust Inc. took the property to non-profit status. It's a charity, its open to the public Mon. thru Sat., very affordable admission prices too. Guided tours are offered, Group Tours for students, exclusive "Behind The Lines" Tours are also offered. The Footlocker Program takes the show on the road, so to speak, to schools, senior centers, libraries, historical societies, as each Footlocker will contain artifacts from the museum's collection, documents and photos that can be handled and passed around by the audience. And the Footlocker Program covers all American conflicts from the Civil War to Desert Storm. Soldiers & Sailors Memorial Hall & Museum, "Honor Them With Your Presence."

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY:			
HOW WAS ISSUE ASCERTAINED:			
SERIES OR PROGRAM T	TLE:	"Pittsburgh Sunday Morning"	
SOURCE OF PROGRAMM	IING:		
PROGRAM LENGTH:	30 MIN	LENGTH DEVOTED TO THIS ISSUE:	
STATION: ALL	DATE AIRED:	TIME AIRED:	
STATION:	DATE AIRED:	TIME AIRED:	
STATION:	DATE AIRED:	TIME AIRED:	
STATION PARTICIPANTS:		Sean McDowell	
GUEST PARTICIPANTS (in	ncluding affilia	tions and/or credentials):	
SUBJECTS AND/OR TOPI	CS COVERED:		
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DATE PRODUCTION COM	PLETED:	SUBMITTED: PROGRAM HOST OR PRODUCER	
		5/W	
		Sean McDowell	

DATE:

Leader Contacted: Stuart Fisk, Richard Smith

NAME: Stuart Fisk, Richard Smith

ADDRESS: 650 Smithfield St. St. 2400

CITY/ZIP: Pittsburgh PA 15222

PHONE: 412-586-6706

Organization/Group Represented

AIDS FREE Pittsburgh

PROBLEMS / NEEDS / INTERESTS

Stuart Fisk has been involved in HIV research, nursing, and prevention since 1988, he's provided hospice, Nursing and medical care for persons living with HIV Disease since 1992, with a focus on providing care for Persons with substance abuse and mental health dis-Orders. Stuart Fisk was also involved in the development and legalization of Prevention Point Pittsburgh, a Syringe exchange program providing a broad range of Prevention services for injection drug users in the region AIDS FREE Pittsburgh partners with health systems,

Check box which best describes the leader interviewed:

		Agriculture
		Business
	X	Charities
	Z	Civic Neighborhood
		Fraternal Org
	f	Consumer Services
		Culture _
		Education
		Environment
		Government (local, county, state)
		Labor
		Military
,		Minority
		Organizations for the Elderly
		Organizations for Women
		Organizations for Youth and student
		Professions
	X	Public safety, Health
		Recreation
r		Religion

Local government agencies, community organizations and their clients, and everyone works together to diagnose the undiagnosed early in the course of infection, support efforts to reduce HIV transmission among high-risk groups, engage persons with HIV and link them to care within 48 hours of diagnosis, and increase access to PrEP. The vision of AIDS FREE Pittsburgh is a community where new HIV infections are rare, where people living with HIV receive the care they need, and young people can grow up in a world without AIDS. Specifically AIDS FREE Pittsburgh values and encourages the active participation of communities that are most affected by the HIV/AIDS epidemic: people of color, people who identify as lesbian, gay, bisexual, transgender and queer (LGBTQ).

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: AIDS FREE PITTSBURGH

HOW WAS ISSUE ASCERTAINED: HIV/AIDS epidemic in Western PA

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min.

STATION:

ALL

DATE AIRED:10-08-17

TIME AIRED: 7am approx.

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials): Richard Smith, Jewish Healthcare Foundation, Stuart Fisk, AIDS FREE Pittsburgh

SUBJECTS AND/OR TOPICS COVERED:

The mission of AIDS FREE Pittsburgh is to achieve an AIDS Free county by 2020, with no new AIDS cases, and also to reduce the rate of new HIV infections by 75%, also by 2020. AIDS FREE Pgh. partners with health systems, local government agencies, community organizations and their clients, and everyone works together to diagnose the undiagnosed early in the course of infection, support efforts to reduce the HIV transmission among high-risk groups, engage persons with HIV and link them to care within 48 hours of diagnosis.

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

DATE: 12/24/17

Leader Contacted: Pittsburgh Institute Of Aeronautics

NAME: Steve Sabold

ADDRESS: P.O.Box 10897

CITY/ZIP: Pittsburgh PA. 15236

PHONE: 1-800-444-1440

Organization/Group Represented

Pittsburgh Institute of Aeronautics (PIA)

PROBLEMS / NEEDS / INTERESTS

Identified by person contacted and interviewed:

The Pittsburgh Institute of Technology opened its doors in 1929, today it's a non-profit, career focused family of schools offering programs in Aviation Maintenance and aviation Electronics (Avionics). There is currently an overwhelming demand for skilled aircraft technicians within the aviation industry. The PIA has campuses here In Pittsburgh at The Allegheny County Airport, the flagship campus, offering an Associate's Degree in Specialized Technology, also in Youngstown OH, Hagerstown

Check box which best describes the leader interviewed:

_		
		Agriculture
		Business
		Charities
ſ		Civic Neighborhood
ľ		Fraternal Org
Ī		Consumer Services
Ī		Culture
ſ	х	Education
Ī	****	Environment
ſ		Government (local, county, state)
	х	Labor
Ī		Military
ſ		Minority
: [Organizations for the Elderly
•		Organizations for Women
	х	Organizations for Youth and student
	х	Professions
е		Public safety, Health
	*	Recreation
		Religion
w		

MD and Myrtle Beach SC. With associations in every facet of the aerospace industry, PIA has placed Its graduates worldwide, and not just in aviation, but in other high-performance organizations. PIA's graduates are in demand thruout the USA, employment assistance is readily available to help both students and alums in their pursuit of employment in the field of aviation and related industries. The Career Services Dept. at PIA meets with their grads on a regular basis, keeping track of industry trends such as salary and wage fluctuations, to make sure their grads have the best understanding of the market and what they can expect. The PIA has a very strong reputation within the aviation industry, and employers come to the Pittsburgh Institute of Aeronautics looking for qualified graduates. High School students, Adult students, Transfer students, International students and Veterans too. The PIA is one of the top schools in the nation trying to close the "skills gap" dilemma in the USA.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY:

ISSUE CATEGORY: Pittsburgh Institute of Technology (PIA)

HOW WAS ISSUE ASCERTAINED: since 1929, A Top Aviation School nationally

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min.

STATION:

ALL

DATE AIRED: 12/24/17

TIME AIRED: 7am approx.

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials): Steve Sabold Director of Marketing & Information Technology PIA

SUBJECTS AND/OR TOPICS COVERED:

The Pittsburgh Institute of Aeronautics is a non-profit, career focused family of schools offering programs in Aviation Maintenance and Aviation Electronics. There is currently an overwhelming demand for skilled aircraft technicians within the aviation industry. With associations in the every facet of the aerospace industry, PIA has placed its graduates worldwide, and not just in aviation but in other high-performance organizations. PIA's graduates are in demand thruout the USA and employment assistance is readily available to help both students and alumni in their pursuit of employment in the aviation field and other related industries.

DATE PRODUCTION COMPLETED:

SUBMITTED: \PROGRAM HOST OR PRODUCER

ISSUE CATEGORY: Dr. Michael Vactor Revolutionary Weight Loss

HOW WAS ISSUE ASCERTAINED: national reputation for his weight loss program

SERIES OR PROGRAM TITLE:

"Pittsburgh Sunday Morning"

SOURCE OF PROGRAMMING:

PROGRAM LENGTH:

30 MIN

LENGTH DEVOTED TO THIS ISSUE: 30 min.

STATION:

ALL

DATE AIRED: 12-31-2017

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION:

DATE AIRED:

TIME AIRED:

STATION PARTICIPANTS:

Sean McDowell

GUEST PARTICIPANTS (including affiliations and/or credentials): Dr. Michael Vactor

SUBJECTS AND/OR TOPICS COVERED:

Dr. Michael Vactor is an award winning expert in weight loss management, he's received national recognition for his revolutionary approach to weight loss for the 21st century. This is a natural weight loss program, utilizing a drug-free and non-surgical approach. Dr. Vactor specializes in working with patients who feel that they are weight-loss resistant and have failed on other programs, or maybe they lost weight on one program and then gained it all back. Dr. Michael Vactor's unique approach allows your body to lose ½ pound a day in a 6 week cycle. Dr. Vactor reveals what the weight loss, diet, exercise and food industry has intentionally been hiding from you for years.

DATE PRODUCTION COMPLETED:

SUBMITTED: PROGRAM HOST OR PRODUCER

DATE: 12-31-2017

Leader Contacted: Dr. Michael Vactor

NAME: Dr. Michael Vactor

ADDRESS: 673 Castle Creek Dr. #106

CITY/ZIP: Seven Fields PA 16046

PHONE: 1-855-828-8446

Organization/Group Represented: "A Revolutionary Approach To Weight Loss For The 21st Century"

PROBLEMS / NEEDS / INTERESTS

Identified by person contacted and interviewed:

Dr. Michael Vactor is an award-winning expert in weight loss management, he's received national recognition For his revolutionary approach to weight loss for the 21st century. Dr. Vactor specializes in working with patients who feel that they are weight-loss resistant and who have failed on other programs, or lost weight but then gained it all back. Dr. Vactor has worked with every one from stay at home Moms to professional athletes.

Check box which best describes the leader interviewed:

	Agriculture
	Business
	Charities
	Civic Neighborhood
	Fraternal Org
х	Consumer Services
	Culture
	Education
	Environment
	Government (local, county, state)
	Labor
	Military
	Minority
	Organizations for the Elderly
	Organizations for Women
	Organizations for Youth and student
	Professions
х	Public safety, Health
-	Recreation
	Religion

His unique approach allows your body to burn as much as a ½ pound a day, per 6 week cycle. Dr. Michael Vactor reveals the information that the weight loss, diet, exercise and food industry has been intentionally hiding from the public for years! To date, 90-95% of Dr. Vactor's patients have achieved Their weight loss goals! If you think you need to, or would like to lose weight, several questions you should ask yourself are: Do you think your metabolism is slowing down? Are you having health-related issues due to your weight? Do you have sleep apnea or do you have trouble sleeping? Do you have joint pain? Are you struggling to get thru the day because of a lack of energy? Are you having cholesterol, sugar or blood pressure issues? Maybe you're carrying post-pregnancy weight...2/3rds of the American is over-weight and a significant number of those people are obese, waaaaay overweight! Millions of Americans every year try different weight loss programs, bouncing from one to the other, they might lose weight with one program, but then gain it all back. Dr. Michael Vactor's Revolutionary Approach to Weight Loss For The 21st Century teaches you how to keep the weight off permanently.

USE OTHER SIDE FOR ADDITIONAL COMMENTS

Please note if problems refer to anything other than Pittsburgh or Allegheny County.

Return all paperwork back to the Human Resources office. Thank you.

REVIEWED BY: