

JANUARY	Day	Time	Program	Guest	Title of Guest	Topic of Guest
3	Monday	7:15	Morning Show	Fr. Daniel Bowden	Mercedarian Priest	questions: 1) Who is the Eucharist? 2) What does it mean to fall in love with Jesus? 3) What happens to our lives spiritually and otherwise when we fall in love with Jesus?
		7:40	Morning Show	Joe Stopulus	Host of Man Up - 9a	
		7:45	Morning Show	Ut Fidem/Matt Meendering	Weekly Show Topic	
4	Tuesday	9:00	Man Up			
		7:07	Morning Show	Adam Storey		
		7:15	Morning Show	Don. Randy Kiel	Kardia Counseling	
		7:40	Morning Show	Jeanne Thill	Host of Straight Talk - 9a	
		7:45	Morning Show			
5	Wednesday	9:00	Be Not Afraid			
		10:00	Straight Talk	no guest	Survey of listeners	New Year's Resolutions
		7:15	Morning Show	Jesse Weiler	Executive Director of the liturgical institute	What happens after the Mass?
		7:45	Morning Show	Bo Bonner	Co-Host of Uncommon Good - 9a	Catholic Truth and beauty segment: Bo's favorite of Thomas Aquinas' proofs for God
		9:00	thought of the Week			
6	Thursday	10:00	Uncommon Good			
		7:07	Morning Show	Don. Randy Kiel	Randy Kiel, M.A. is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
		7:15	Morning Show	Fr. P.J McManus	Pastor of CTK Parish	
		7:40	Morning Show	Julie Nelson	CWN	
		7:45	Morning Show	James Baxter	Co-Founder and CEO for Exodus 90	Can you describe Exodus 90 for those who are unfamiliar?
		9:00	Catholic Women Now			
		10:00	Faith on Trial	Mark Lippelmann	Attorney - ADF	Discrimination against Religious agencies
		7:07	Morning Show	Fr. Andrew Windschitl	ICR Spiritual Director	
		7:15	Morning Show	Kristen Van Uden	Publicity Coordinator Sophia Institute. She's been serving as the US-spokesperson for our author Dr. Serafini's book "A Cardiologist Examines Jesus: The Stunning Science Behind Eucharistic Miracles."	Dr. Serafini's book "A Cardiologist Examines Jesus: The Stunning Science Behind Eucharistic Miracles." Dr. Franco Serafini walks us through the extensive medical and scientific research into five contemporary Eucharistic miracles, unraveling the stunning testimonies of hematologists, oncologists, neurologists, geneticists, molecular biologists, and more who all concluded the same thing: the five Eucharistic miracles are undeniably authentic.
		7:45	Morning Show	Gary Zimak	Catholic Speaker	Reflection on 10 years in full time ministry.
7	Friday	9:00	Making it Personal with Bishop Joensen			
		7:15	Morning Show			
10	Monday	7:40	Morning Show	Joe Stopulus		

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TU	wonday	7:45	Morning Show	Jesse Weiler		
		9:00	Man Up			
11	Tuesday	7:15	Morning Show	Tom Chapman		Could preview the Governor's Condition of the State address tomorrow night and discuss our support for Iowa MOMS - a proposed new support program for pregnant mothers and children. Also Catholic school items.
		7:25	Morning Show			
		7:40	Morning Show	Jeanne Thill		
		7:45	Morning Show	Mary Beth Giltner	https://osvcatholicbookstore.com/product/the-catholic-wedding-planner	
		9:00	Be Not Afraid	encore presentation		
		10:00	Straight Talk		Survey of listeners	New Year's Resolutions
		7:15	Morning Show	John Gaffney	Director of Evangelization and Catechesis	
12	Wednesday	7:45	Morning Show	Bo Bonner	Co-Host of Uncommon Good - 9a	Catholic Truth and beauty segment: Bo's favorite of Thomas Aquinas' proofs for God
		9:00	Thought of the Week			
		10:00	Uncommon Good			
		7:07	Morning Show	Dcn. Randy Kiel	Randy is the founder of Kardia Counseling and a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
		7:15	Morning Show	Fr. P.J. McManus	Pastor CTK Parish	Ask Fr. P.J
		7:37	Morning Show	Julie Nelson	Catholic Women Now	Preview Show Topic
13	Thursday	7:45	Morning Show	Jerry Windley-Daoust (Dowst)	Author, editor, & independent publisher	https://osvcatholicbookstore.com/product/imagine-you-walked-with-jesus-a-guide-to-ignatian-contemplative-prayer introduces the reader to contemplative prayer, a method developed by St. Ignatius of Loyola, through forty episodes from the Gospels. See sheet in studio.
		9:00	Catholic Women Now			
		10:00	Faith on Trial	Sarah Parshall Perry	Legal Fellow - Heritage	Vaccine mandate, religious exception for federal employee
		7:07	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel Overview
		7:15	Morning Show	Maggie DeWitte	Executive Director of Pulse Life Advocates	March for Life 2022
14	Friday	7:45	Morning Show	Bryan Gonzalez	Director of Development at InnerVisions HealthCare.	
		9:00	Making it Personal with Bishop Joensen			
		7:15	Morning Show	Jesse Weiler	Director of the Liturgical institute	
		7:40	Morning Show	Joe Stopulus	Man Up	Preview Show
17	Monday	7:45	Morning Show	John Huynh	Exec Director of Faith Journey	
		9:00	Man Up			

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		7:07	Morning Show	Adam Storey	Vice Chancellor of DM Diocese	
18	Tuesday	7:15	Morning Show	Katie Bogner	Catechist, blogger, and bestselling author Katherine Bogner has just released a companion book to her highly successful <i>Through the Year with Jesus: Gospel Readings and Reflections for Children</i> . This time, she's helping parents and teachers foster in children a love for Mary!	Through the Year with Mary: Ponder and Pray Together with Children can be used as a structured resource for the classroom or as a useful source book for prayers, devotions, feast days, and fun activities. It includes Weekly passages from Scripture, saints, and scholars Reflections to nurture your understanding of Marian teaching and devotion Sacred art from around the world. Marian prayers to teach you to grow closer to Jesus through Mary. QUESTIONS: 1. What resources are included in <i>Through the Year with Mary</i> each week? 2. How can families use this book to learn and pray together?
		7:40	Morning Show	Jeanne Thill	Host of Straight Talk	
		7:45	Morning Show	Greg Wasinski	Executive Director of Let Me Be ministries	
		9:00	Be Not Afraid			
		10:00	Straight Talk	Matt Wilkollm	Exec Dir, Iowa Catholic Radio	Eucharistic Adoration and Eucharistic Miracles
19	Wednesday	7:15	Morning Show	Claudia McAdam	Claudia Cangilla McAdam is an award-winning author of two dozen books, most of them for kids and teens. With a master's degree in Catholic theology, she pens books for children that invite them to learn, love, and live their faith. Since childhood, Claudia has wondered what it would have been like to meet Jesus when He walked the earth. The characters she creates in her books frequently get to do just that.	What is the book <i>The Real Presence</i> about? Where did the idea come from? Talk about the timing of this book. Describe the illustrations. Speak about the free <i>Discussion and Activities Guide</i> that is available for <i>The Real Presence</i> . Where is this book available? How can people get a peek inside this book? You offer free author visits – tell us about that. How can people learn more about you and your books?
		7:45	Morning Show	Bo Bonner	Co-Host of Uncommon Good - 9a	Catholic Truth and beauty segment
		9:00	Thought of the Week			
		10:00	Uncommon Good			
		7:07	Morning Show	Dcn. Randy Kiel	Randy is the founder of Kardia Counseling and a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	Discuss Sunday's 1st and/or 2nd reading
		7:15	Morning Show	Fr. PJ McManus	Pastor CTK Parish	Ask Fr. PJ
		7:37	Morning Show	Julie Nelson	Host of CWN	Preview CWN
20	Thursday	7:45	Morning Show	Dr. Steven A. Christie MD	former Pro-Choice advocate turned champion of the Pro-Life cause.	His new book, Speaking for the Unborn: 30-Second Pro-Life Rebuttals to Pro-Choice Arguments, a must-read handbook for science and evidence-based Pro-Life facts. https://stpaulcenter.com/product/speaking-for-the-unborn-30-second-pro-life-rebuttals-to-pro-choice-arguments/
		9:00	Catholic Women Now			
		10:00	Faith on Trial	Jeremy Dys	Attorney, First Liberty	Vaccine mandate - religious exemptions
		7:07	Morning Show	Fr. Andrew Windschitl	ICR Spiritual Director	Sunday Gospel Overview

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		7:15	Morning Show	Beth Gibbins	Marketing Director Catholic Charities, Diocese of Des Moines 516-237-5078 - bgibbins@catholiccharitiesdm.org	2022 Shamrocks & Shenanigans event is March 12. The link to buy talbes/tickets is here: https://shamrock2022.givesmart.com Joe' new book: The Early Church Was the Catholic Church . Questions: What does Baptism do? Is it just symbolic, or does it do something? Are we "born again" in Baptism or by making a personal commitment to Jesus Christ? What's the nature of early Christian worship? In particular, what did these earliest Christians believe about the Eucharist? Did they view their worship as a Sacrifice, or did they view that idea as repugnant to Christ's unique priesthood? What did the earliest churches look like? When we look at the earliest evidence (and listen to the early Christians describe the state of their churches), do they describe a diversity of church structures, or do they think that all churches should be structured in the same way? In particular, did they view the idea of a single bishop per church as a necessity, a helpful innovation, or a corruption of the apostolic structure of the Church? Which books count as "Gospels"? Did the early Christians have a clear sense of particular books (like Matthew, Mark, Luke, and John) being "the Gospels," or did they have more of an "open canon," in which there was widespread disagreement about which books were truly Gospel, or truly orthodox, or truly inspired?
21	Friday	7:45	Morning Show	Joe Heschmeyer	Joe Heschmeyer is an apologist and author whose star is on the rise. With a background in law as well as apologetics he has a unique perspective on so many issues facing the Church today.	
		9:00	Making it Personal with Bishop Joensen			
24	Monday	7:15	Morning Show	Ellen Stiemler	Principal, St. Theresa Catholic School	Catholic Schools Week
		7:37	Morning Show	Joe Stopulus - Man Up	Man Up	Preview Show
		7:45	Morning Show	Jim Hensheid	Serra Club member	Prayer for Vocations, Upcoming Events
		9:00	Man Up			
		7:07	Morning Show	Adam Storey		
		7:15	Morning Show	Steve Ray	Steve Ray is a convert to the Catholic Church and the author of three best-selling Ignatius Press books (Crossing the Tiber, Upon this Rock, and St. John's Gospel). https://www.catholicconverto.com/	https://mail.google.com/mail/u/1?ui=2&ik=7b2d2a434c&attid=0.1&permmsgid=msg-f:1722615791337801801&th=17e7f5e772b0849&view=att&id=sp=inline
		7:40	Morning Show	Jeanne Thill		Preview Straight Talk https://sophia.institute.mx/ficufs.com/5c928333deb3dc7482b0437b/ikYkPSi8GnT6HcX8X?messageid=INdVkJHofqPXnmIWoW&rn=Emchtk&re=i02bj5S&rd3aAJZu5V6ygc3boNj&sc=false&lenet.Cookbook coming out today 1/25. Link for Promotion: Link for Purchase: https://www.sophia.institute.com/products/item/the-lenten-cookbook Facebook: https://www.facebook.com/SophiaInstitutePress/ Twitter: https://twitter.com/SophiaPress
25	Tuesday	7:45	Morning Show	Kristen Van Uden	MA in History from the College of William & Mary in 2019. She previously studied the persecution of Catholics under communist regimes. She now researches contemporary Catholic saints and miracles as author spokesperson for Sophia Institute Press.	
		9:00	Be Not Afraid			

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26	Wednesday	10:00	Straight Talk	Adam Storey	Vice Chancellor and Director of Marriage and Family Life	Communio Strengthen Faith and Family in America	
		10:00	Straight Talk				
	7:15	Morning Show	Bo Bonner	Co-Host of Uncommon Good - 9a	Catholic Truth and beauty segment		
	7:45	Morning Show					
	9:00 AM	Thought of the Week					
	10:00	Uncommon Good					
	7:07	Morning Show	Den. Randy Kiel				
	7:15	Morning Show	Fr. PJ McManus	Pastor CTK Parish	Ask Fr. PJ		
	7:40	Morning Show	Julie Nelson	Catholic Women Now	Preview Show Topic		
	7:45	Morning Show	Daniel Thole	Principal Christ the King	Catholic School Week		
27	Thursday	9:00	Catholic Women Now				
		10:00	Faith on Trial	Denise Harle	Attorney ADF	SCOTUS abortion cases	
28	Friday	7:07	Morning Show	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel Overview	
		7:15	Morning Show	Kristen Van Uden (You-den)	Public Relations & Author Spokesperson at Sophia Institute Press	<p>Topic: Catholics living under communism in the 20th century. I did a research project several years ago where I interviewed Catholics who lived under various communist regimes (Hungary, Romania, and Vietnam), including laypeople and a Benedictine monk. Their testimonies echo what Bp. Schneider writes about in his book "Christus Vincit" about his own experience growing up Catholic in Soviet Kyrgyzstan. Some questions: What persecution did Catholics face under communist regimes? How did they live out their faith in secret? In public? What sorts of resistance did Catholics engage in? How can their resilience inspire Catholics facing various forms of persecution today?</p>	
		7:15	Morning Show				<p>Mario really wants to push the premiere live event on Feb 8 for their new variety show called Rise Up--Live! as a way of getting people to the channel/app and discovering Array of Hope https://arrayofhope.net/press/watch.arrayofhope.net 1. You have many years of experience in the entertainment industry. Can you offer a brief summary on the genesis of Array of Hope? 2. You have many years of experience in the entertainment industry. Can you offer a brief summary on the genesis of Array of Hope? 3. How has your ministry changed as a result of the pandemic? 4. You've launched an all-new app and channel for families to stream your diverse content library. What distinguishes the Array of Hope channel from other Catholic evangelization platforms? 5. How can apostolates and archdioceses partner with Array of Hope for their next major event? 6. Can you talk about some of your favorite offerings and capabilities of the channel? 7. How can our audience access the channel and get started?</p>
		7:45	Morning Show	Mario Costabile (PRONOUNCED MARY-O COSTA-BEEL)	He is the founding member and the executive director of Array of Hope. He has been a successful music and film producer for over 40 years. He has produced content for film, television, and the recording business. Among the notable organizations he has done work for are MTV, VH1, FuseH, Discovery Channel, the SYFY Channel, Off-Broadway productions, Yamaha Music, Sony Music, Atlantic Records, and Universal Music.		
		9:00	Making it Personal with Bishop Joensen				

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31	Monday				Executive Director of the Duc in Altum (DIA) Schools Collaborative. As an experienced school principal and teacher in Catholic schools, Kyle was a founding board member of Cristo Rey Atlanta Jesuit High School and previously served as Head of School at Holy Spirit Preparatory in Atlanta. He is currently Vice Chair of the Ignatian House Board of Directors and works in Executive Search for Partners in Mission. Kyle and his wife Meghan reside in Atlanta with their three children.	http://diaschools.org/press-kit/ Questions: What is the educational approach of DIA? Can you describe the evolution of Duc in Altum Schools Collaborative from an annual conference to a membership consortium? What are the benefits and support offered to Catholic member schools and dioceses? With representation across 43 states in only two years, what would you attribute DIA's tremendous growth to? Where can people learn more about DIA Schools and how to get their local Catholic school involved?
		7:15	Morning Show	Kyle Pietrantonio (pronounced Pee-tran-tony-o)	Host Man Up	Preview Show
		7:40	Morning Show	Joe Stopullus		choral reading session we are sponsoring on February 12th. This community-building event will preview a variety of music appropriate for Easter and Ordinary Time. Pray, sing, and take home something new and exciting for your parish! Interested? Register here by 2/4 https://forms.gle/h6CT3CEwjaZCvKxb9
		7:45	Morning Show	Patty Horman	Director of Music Ss. John and Paul Catholic Church 1401 1st Ave. South, Altoona, IA 50009	
		9:00	Man Up			
		7:15	Morning Show	John Gaffney	Director of Evangelization and Catechesis	
		7:45	Morning Show	Greg Wasinski	Executive Director of Let Me Be ministries	
		7:45	Morning Show	John Huynh	Exec Director of Faith Journey	
		7:45	Morning Show	Gary Zimak	Catholic Speaker	Reflection on 10 years in full time ministry.
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		7:15	Morning Show	Jesse Weiler	Director of the Liturgical Institute	