People & Perspectives

Airs Sundays at 6 AM Program length: 20 minutes

Title: Elder Financial Abuse

Date: April 5, 2020

Issue: Elder Financial Abuse. A study finds many elders face financial abuse problems alone. Just talking with friends and family and legal professionals can help identify and prevent this type of abuse. Katy talked about who is most at risk for elder financial abuse, why it is so important for seniors to educated themselves and what can be done to prevent abuse.

Guest: Katy Libby, Allianz Life

Duration: 9:45

Title: Coronavirus Date: April 12, 2020

Issue: Dr. Gavigan talked about the symptoms and complications associated with coronavirus, who is most at risk and how best to protect yourself. He talked about testing options and how long the virus can last on surfaces. Dr. Gavigan says it's important that healthy people quarantine and know when it's time to call the doctor.

Guest: Dr. Patrick Gavigan, Pediatric Infectious Disease Specialist, Penn State

Children's Hospital Duration: 14:38

Title: Blood Cancer Date: April 19, 2020

Issue: Blood Cancers and the Leukemia & Lymphoma Society. The annual meeting of the American Society of Clinical Oncology was held in June where advances in cancer were discussed. Precision medicine, targeting the therapy of a patient's individual genetic profile, and immunotherapy harnessing the patient's immune system to fight cancer, are drawing the most attention of the cancer community. Loriana also talked about her journey and advice to others about to take on the fight.

Guest: Louis DeGennaro, President and CEO of LLS and Loriana Hernandez-

Aldama, Cancer Survivor

Duration: 11:24

Title: Someone To Tell It To

Date: April 26, 2020

Issue: Someone To Tell It To. Michael and Thomas founded the non-profit Someone To Tell It To to create a safe place where anyone, with any issue, can reach out to unburden

themselves and share their story. They provide a safe place to talk for people locally and all over the world.

Guest: Michael Gingerich & Thomas Kaden, Co-Founders

Duration: 16:55

Title: Suicide Date: May 3, 2020

Issue: Suicide happens to people at every level ... rock stars, actors, comedians, pastors. So, what is the answer? Glenn talked about how people must stay connected to a few real meaningful relationships in life. Suicide victims feel alone. People need people they can safely be real with without harsh condemnation for everything they do. Hope is imperative. Prayer, meditation, spiritual direction, counseling, medication, group support, work, activity, hobbies, going to school and plans are all tools in the fight against mental illness and suicide.

Guest: Glenn Mollett, National Syndicated Columnist

Duration: 13:18

Title: Salvation Army and Beauty After Bruises

Date: May 10, 2020

Issue: Kathy talked about the Salvation Army's needs changing during the COVID-19 crisis, the rising number of people that are coming to them for help at this time, along with how they are able to help those in the community with food needs and other necessities. She also gave out information on how to reach them if you are in need or would like to offer assistance. ##### Beauty after Bruises - a non-profit that helps kids and adults with struggles relating to PTSD, including. This crisis is making some people with mental health struggles even more hard, how the organization is working to help them, with resources and funds for therapy. The organization did have to cancel some fundraisers because of covid-19, but anyone who'd like to help or needs the help of its services can call/fb/or find their website.

Guest: Kathy Anderson-Martin, Dir. of Resources Development, Salvation Army

AND Kim McConly, Co-founder Beauty After Bruises

Duration: 10:04

Title: Central PA Food Bank and UPMC

Date: May 17, 2020

Issue: Joe Arthur from the Central PA Food Bank discussed how they help the area, and some of the challenges of continuing to help those in need during the COVID-19 pandemic. There are more people seeking their assistance, but the community has also stepped up to help. Joe provided their phone number and website for those who need help or are able to contribute to the cause. #### Melissa talked about mental health issues and how important support is during this time. Many feel isolated due to a loss of job, etc. She talked about signs that you might be struggling with depression and other issues, how to spot issues with a friend/loved one and how to approach it with them

Guest: Joe Arthur, Exec Dir of Central PA Food Bank AND Melissa Brown,

psychologist at UPMC

Duration: 19:06

Title: Bethesda Mission Date: May 24, 2020

Issue: Scott talked about how the Bethesda Mission works in the community, offering home/shelter/food and other services to men, women and children. He also touched on how the COVID-19 crisis has affected its mission. However, many that utilize their services have actually stepped up more during this crisis. He says the Mission is working to set up drive by feeding stations and other opportunities for community support.

Guest: Scott Dunwoody, Exec. Dir., Bethesda Mission

Duration: 16:16

Title: United Way of the Capital Region and Mission Central and Retirement Genius

Date: May 31, 2020

Issue: The United Way of the Capital Region is always working to help the community on several fronts, including access to healthcare, work force issues (those looking for work, struggling to maintain job, etc) and school readiness. It also works with many other organizations to do all of this, and with the COVID-19 crisis their numbers have changed, and people's needs have changed. #### Hope talked about how Mission Central is helping the community with food, toiletries and especially medical necessities during this time. She talked about how they need donations and how people can help. #### Chris provided tips on how seniors can protect their finances during this time, not fall for scams or false news, and how family members can also offer assistance.

Guest: Rae Lynn Cox, VP Communications & Donor Engagements, United Way of the Capital Region AND Hope Harrison, Exec. Dir. of Mission Central AND Chris Orestis, RetirementGenius.com

Duration: 18:52

Title: Cocoa Packs and Central PA Blood Bank

Date: June 7, 2020

Issue: Hungry to Help is a fundraiser for Cocoa Packs in Hershey. Kyle talked about a YouTube telethon with members of the Hershey Bears to raise funds for food and other items that children and their families in need rely on in the Hershey area. About 600 students benefit from this program. #### Patrick Bradley discussed the greater need for donations during the COVID-19 pandemic. He also talked about some changes they had to enact when it comes to donations during this time, and how everyone can help with donation of blood or even plasma.

Guest: Kyle Mace, Chocolate Hockey AND Patrick Bradley, CEO, Central PA

Blood Bank Duration: 18:06

Title: Current Affairs in Harrisburg

Date: June 14, 2020

Issue: Harrisburg Police Commissioner Tom Carter talked about the protests happening across the country and in the city over the death of George Floyd at the hands of police. He spoke on what is being done locally and how the police are working to unite with the community.

Guest: Commissioner Thomas Carter, Hbg Police Dept.

Duration: 20:30

Title: Penn State Health AND Salvation Army

Date: June 21, 2020

Issue: Kelly from Penn State Health and College of Medicine talked about how COVID-19 has affected the number of people looking for services and says it could be up to 30-50 percent. She says that while quarantine caused many mental health issues, opening back up could do just the same having to go back into the world of 'corona'. There are ways people can take small steps daily to focus on their mental health, and she stressed that there is always an option of talking to someone. #### Cindy and John talked about the struggles they are still facing during the pandemic and how going green can help with some of their food drives. People can come to them for services. They are in need of volunteers and financial donations.

Guest: Kelly Holder, Dir. Of the Office for Prof. Mental Health AND Cindy Minnich, Special Events & Comm. Coord. And Major John Griner, Salvation Army Duration: 19:07

Title: Domestic Violence Intervention of Lebanon County and Central PA Blood Bank

Date: June 28, 2020

Issue: Mike Ritter talked about how COVID-19 has affected those who may have already been living in dangerous domestic situations. He spoke about how they help people in the community and how health services, or a lack of, play a role in people typically getting help they need. He says the pandemic has brought more awareness to the disparity. He also talked about how going green can possibly help potential victims, and where they go for help. #### Patrick talked about a blood drive for the Central PA Blood Bank and the need for donations. There's also the potential for donation buses coming back out and how they would up their responsibilities to make sure everyone is safe under CDC guidelines.

Guest: Mike Ritter, Exec. Dir., DVI of Lebanon County AND Patrick Bradley, CEO, Central PA Blood Bank

Duration: 18:18