

Issue: 4th of July 5K

Discussion: Todd Smoot running coach at VSU invited listeners to participate in the 4th of July 5K. It will benefit the VSU Cross Country Program. Sign up is at runsignup.com or day of the race. Race begins at 7:30 a.m. whether you are there or not. Be early. Race day signup begins at 6:30 a.m. The race starts and ends at the VSU Complex 401 Baytree and will go by the American Legion on Williams St. The man who has carried the American Flag the entire race will also this year. Runners usually are in patriotic colors. You must EARN the t-shirt by finishing the distance. Awards ceremony begins immediately after the event.

Time:7-9 a.m **Date:** 7/1/2022 **Length:**@5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Todd Smoot, Head Coach VSU

Issue: Repeat Boutique Celebration

Discussion: Nikki Stewart, manager of the 2 Repeat Boutiques in Valdosta invited listeners to the 24th Birthday celebration at both stores. Options Now Pregnancy began 30 years ago and 6 years later Repeat Boutique opened a small store on Gordon to support Options Now. They will celebrate all day with treats for customers. Furniture, sport equipment, clothes, etc are available. In these financially hard times thrifting is the answer. Those who won the drawing for the shopping spree will be shopping, cheered on by others. 2.40 minutes to shop. Repeat Boutique, Norman Drive and Northside Dr. Valdosta support life for the unborn.

Time:7-9 a.m **Date:** 8/31/2022 **Length:**@5 minutes

Program: Jumpstart with Bill and Terry

Guest(s):Nikki Stewart, manager Repeat Boutiques

Issue: TCT7mile Swim

Discussion: John Eunice invited listeners to the TCT7 Mile Swim, September 11, 2022 at the 4-H Camp in Lake Park, Georgia. This is an annual fundraiser for the James Eunice Legacy. Over \$700,00 has been donated to the community and scholarships for area youth. John and Tammie Eunice lost their son James and turned their grief and his testimony into benefiting the community. The TCT7mile swim is also a statewide qualifier for Georgia's youth open water swim team. Also the Captain Mark Weber 5K Legacy will be part of the swim. More information and where to register is at www.tct7miles swim.com

Time:7-9 a.m **Date:**9/2/2022 **Length:**@5 minutes

Program: Jumpstart with Bill and Terry

Guest(s):John Eunice

Issue: Art Talk Tuesday

Discussion: Sementha Matthews, director of Turner Art Center, informed listeners about the new happenings at the art center. Score, Classical Music Appreciation Series begins

Sep 13, 2022 with Trumpeter, Joe Burgstaller. Sementha gave away 2 pairs of tickets to this event. New gallery opening September 19 and is free. Food and entertainment also. She encouraged listeners to bring their teens. Also the Turner Center is competing for a \$90K grant and listeners were encouraged to visit <http://turnercenter.org> and vote.

Time: 7-9 a.m. **Date:** 9.6.2022 **Length:** @5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Sementha Matthews, director Turner Art Center

Issue: Pursuing education, overcoming obstacles

Discussion: Verna Foster Harvey has written a new book, "Stay The Course: Help for students needing help...this world needs your best YOU". The first chapters are a memoir of her educational journey from growing up in Alabama and a high school drop out to obtaining her PhD. She used her education to help children learn to read. She volunteered at Living Bridges Ministries of Valdosta, teaching the Transformation Class. The rest of the book is guidance for students who have dropped out of school, are in middle, high school or college. Students are as responsible for their education as teachers and parents. Verna encourages students to read and read and read. There are assessments at the back to help students overcome obstacles.

Time: 7-9 a.m. **Date:** 9/8/2022 **Length:** @5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Verna Foster Harvey, author of "Stay The Course"

Issue: Repeat Boutique, thrift store for Options Now is having their biggest sale.

Discussion: Nikki Stewart, manager of Repeat Boutique Thrift Store invited listeners to their biggest sale Saturday, September 10. It is The Winter Tent Sale and Clothing Clean-Out. Extended hours are 8 a.m. to 6 p.m. rain or shine. Repeat Boutique supports Options Now Pregnancy Care Center. There are 2 store locations - Norman Drive and Northside Drive Valdosta, GA. They have been in operation for 24 years.

Time: 7-9 a.m. **Date:** 9/9/2022 **Length:** @5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Nikki Stewart, Manager Repeat Boutique Thrift Stores

Issue: Adoption and results

Discussion: Tammy Cartwright talked about seeing the new movie, "Lifemark" from the Kenrick Brothers. Lifemark is based on a true story of unplanned pregnancies and the choice to give up a baby for adoption. Tammy explained the impact the movie had on her and her family and encouraged listeners to see it before it leaves the local theater Thursday, Sept. 15. She gave the website to get more information. www.lifemarkmovie.com

Time: 7-9 a.m. **Date:** 9/12/2022 **Length:** @5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Tammy Cartwright

Issue: Working Police Dogs and what they do

Discussion: The Lowndes County Sheriff's department will host the 2022 National Police Dog Trials combining PDI and Detection, September 18-23. Lt. Herb Bennett of the Lowndes County Sheriff's department informed listeners that the public is welcomed to see the results of the week-long trials. Dogs and handlers will demonstrate running, jumping, obedience and apprehension. Arson dogs and drug detection will also be demonstrated. It will be held at Lowndes High Stadium with doors open at 4:45 p.m. Please be in your seat by 5 p.m. Show begins at 5:30 p.m. There are up to 160 dogs participating.

Time: 7-9 a.m. **Date:** 9/22/22 **Length:** @5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Lt. Herb Bennet, Lowndes County Sheriff's Department

Issue: Honoring military veterans

Discussion: Duane Roark of Vet Team 6 invited listeners and businesses to participate in the first Veterans Day Parade in this area since 1957. The parade will be in Hahira, GA Friday, November 11, 2022. Parade begins at 10 a.m. FMI contact Duane 229-474-8771 or <https://www.vetteamsix.com/>

Time: 7-9 a.m. **Date:** 9/22/22 **Length:** @5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Duane Roark of Vet Team Six

Issue: Scavenger: raising funds for Living Bridges

Discussion: Colton Lee shared with listeners about the upcoming "Scaventure":. Part scavenger hunt + part trivia challenge+part light physical challenges= a great Saturday morning **adventure that helps Leadership Lowndes Team 5 raise funds for Living Bridges Ministry's programs.**

Teams meet at Five Points in Valdosta, GA at 8:30 Saturday, September 24. Living Bridges is a local ministry that gives a "hand up not a hand out" through many programs to the community.

Time: 7-9 a.m. **Date:** 9/23/2022 **Length:** @5 minutes

Program: Jumpstart with Bill and Terry

Guest(s): Colton Lee