

# People & Perspectives

Airs Sundays at 6 AM  
Program length: 20 minutes

**Date: July 1, 2018**

**Issue:** PA Coalition Against Rape. Kristen talked about the upcoming “Lunch and Learn” session hosted by PCAR providing training, tools and resources to prevent sexual harassment in your workplace. She also talked about the “Me Too” movement and the fear many victims have of speaking up.

**Guest: Kristen Houser, Chief Public Affairs Officer**

**Date July 8, 2018**

**Issue:** Summer Safety. Maryanne McGerty-Sieber spoke about some of the summertime activities that require some special attention. Some of the topics included pool safety in regards to fences and alarms, playground equipment, lawn equipment, and any kind of bikes, skates or in-line gear. The CPSC also has a database and hotline so people can file a complaint on a product they find faulty.

**Guest: Maryanne McGerty-Sieber, Product Safety Investigator, Consumer Product Safety Commission**

**Date: July 15, 2018**

**Issue:** Omni Medical Services of PA and opioids. Omni is a professional medical service that provides patients needed relief from chronic pain with medical marijuana. With an increase in opioids, the organization deems this a safer way to manage pain and help battle the opioid epidemic. Mike was bound to a wheelchair and talked about how it helped him regain his health and is now an advocate for others. The organization offers clinics, information and help obtaining a medical marijuana card.

**Guest: Mike Rohrbaugh & Donna Marie Freedman**

**Date: July 22, 2018**

**Issue:** Osteoporosis. Osteoporosis is a bone disease that occurs when the body loses too much bone, makes too little bone, or both. Barbara talked about how to prevent osteoporosis with diet and exercise and covered early signs of the disease. She also talked about preventing falls which are a big problem for anyone who already has the disease.

**Guest: Barbara Hannah Gufferman**

**Date: July 29, 2018**

**Issue:** Stroke AND Chronic Migraines. A stroke is a serious medical condition and a leading cause of death in the US. The prevalence of stroke risk factors is increasing among younger and middle-aged adults. Adrian talked about the risk factors, the signs of a stroke and what to do if you or someone you're with is experiencing a stroke. ALSO --- Dr. Ashina and Lauri talked about the difference between a headache and a migraine as well as what treatments are available for people who experience chronic migraines.

**Guest: Adrian Cushenberry, stroke survivor & Dr. Melanie Rosenblatt and Paul Gileno, U.S. Pain Foundation**

**Date: August 5, 2018**

**Issue:** MidPenn Legal Services. MidPenn Legal Services is a non-profit legal service organization that provides free legal advice and representation to eligible clients.

Rebecca manages the Low Income Taxpayer Clinic which focuses on clients with tax problems. This is a local organization servicing 18 counties in the area.

**Guest: Rebecca Stavish, LITC Managing Attorney**

**Date: August 12, 2018**

**Issue:** Hamilton Health Center. Hamilton Health Center's "Center of Excellence" is a non-profit, free service provided to opioid addicts, offering group therapy, counseling, support and recovery. Jill talked about the stages of recovery and how families get involved.

**Guest: Jill London, Recovery Services Director**

**Date August 19, 2018**

**Issue:** TMI Summer Family Fun Fest. Dave talked about the upcoming Summer Family Fun Fest aimed at bringing awareness to what TMI does in a fun, family-friendly atmosphere. Theresa covered the science behind nuclear power plants and how TMI has served the community with reliable, carbon-free energy for more than 800,000 homes.

**Guest: Dave Marcheskie, Senior Site Communications Manager & Theresa Bowie, Electrical Design Engineer**

**Date: August 26, 2018**

**Issue:** Take Steps for Crohn's and Colitis Walk. Known collectively as inflammatory bowel diseases (IBD), Crohn's disease and ulcerative colitis affect more than 1.6 million Americans. That's one in every 200 Americans living with one of these debilitating, medically incurable diseases that attack the digestive system. The fastest growing patient population is children under the age of 18. The Walk allows people suffering with the disease to find support and raise awareness.

**Guest: Christine Ricci, Local Community Volunteer/Coordinator & Janelle Mills, Honored Hero**

**Date: September 2, 2018**

**Issue:** Helping Seniors Stay Cool & Alzheimer's. Seniors are at high risk for heat stroke during hot weather. 40% of heat-related deaths in the US were among people over 65. Jennifer talked about helping older adults in our lives as well as advising seniors on ways to keep their body temperature down during hot weather. Jennifer also touched on Alzheimer's disease with it being World Alzheimer's Month.

**Guest: Jennifer FitzPatrick, Generations Expert**

**Date: September 9, 2018**

**Issue:** Delete Blood Cancer. Blood cancer is the second leading cause of cancer deaths in the U.S. Blood cancer kills more children in the U.S. than any other disease. John Murry has 4 grandchildren with a fatal blood disease. The only way they can have healthy lives is with bone marrow transplants. Jodie talked about the Delete Blood Cancer organization and how it's working to get people to register as potential donors.

**Guest: John Murray, grandfather of 4 with blood cancer and Jodee Ruppel, Spokesperson for Delete Blood Cancer**

**Date: September 16, 2018**

**Issue:** New Leash on Life. New Leash on Life is a new-generation prison dog-training program that rescues shelter dogs at risk of euthanasia and places them in correctional facilities for obedience training and socialization by inmates in order to prepare the dogs as assistance dogs for veterans suffering from PTSD. New Leash is also participating in a fundraising competition where organizations support America's heroes such as veterans, military families, police and firefighters.

**Guest: Rob Rosa, Director of Operations, New Leash on Life USA**

**Date: September 23, 2018**

**Issue:** Speranza Animal Rescue. Speranza is a non-profit, 100% volunteer run rescue, rehabilitation center and sanctuary committed to saving the most abused and neglected animals with the goal of finding loving homes for as many of them as possible. Speranza is located on a 17.5 acre horse farm in Mechanicsburg which provides the perfect setting to offer time, patience and love to those animals needing a second chance.

**Guest: Marissa McAlister, volunteer**

**Date: September 30, 2018**

**Issue:** Chronic Migraines. Dr. Ashina and Lauri talked about the difference between a headache and a migraine as well as what treatments are available for people who experience chronic migraines.

**Guest: Dr. Sait Ashina, headache specialist and Laurie Jennings, editor**