

1. History: The Historians Episode 134 World History Update
Date/Time: January 7, 2023
Guest: Professor Jay Samlins and Professor Brendan McConville
Description: Professors Jay Samlins and Brendan McConville update on various topics, including the resignation of Pope Benedict XVI, the deaths of soccer player Pele, journalist Barbara Walters, and fly fisherman Dave Whitlock, as well as a discussion of declining enrollment in schools and universities and the loss of Christianity as the majority religion in England and Wales. The program also touches on the importance of free speech and the spiritual crisis facing Western societies.

2. Finance: Grecian Echoes Wall Street this Week
Date/Time: January 17, 2023
Guest: Manny Frangiadakis
Description: In this radio broadcast, financial experts Manny Frangiadakis and Stamati Sastra discuss recent earnings reports from Goldman Sachs and JP Morgan, as well as the upcoming Fed meeting and potential changes in interest rates. They also touch on the cryptocurrency market and the importance of working with a professional financial advisor. Finally, the experts predict a potentially volatile year for the markets but do not expect an apocalypse as some forecast.

3. Finance: Grecian Echoes Wall Street this Week
Date/Time: January 24, 2023
Guest: Manny Frangiadakis
Description: This program covers various topics, including a technical glitch in the stock market, the use of artificial intelligence in big tech, recent layoffs at Google and 3M, and predictions for the stock market and upcoming NFL games. The author suggests that volatility in the market will continue and emphasizes the importance of long-term financial planning with the help of a trusted advisor. Additionally, the guest predicts that the market will continue to experience volatility and advises investors to make big decisions correctly, such as purchasing a home, setting up appropriate accounts, and protecting oneself from liability. Finally, the program ends with predictions for upcoming NFL games.

4. Finance: Grecian Echoes Wall Street this Week
Date/Time: January 31, 2023
Guest: Manny Frangiadakis
Description: This program covered various topics such as earnings season, interest rates, the housing market, and the fast food industry. The guest speakers, Stamati and Manny, discuss the impact of interest rates on the real estate market and the importance of federal policy in determining the housing market's future. They also touch on the issue of unhealthy fast food and its correlation with economic pressures and inflation.

5. Finance: Grecian Echoes Wall Street this Week
Date/Time: February 14, 2023
Guest: Manny Frangiadakis
Description: The recent CPI report showed that inflation is stickier than expected, and it is unlikely that rate cuts will occur in 2023. The bond market reacted with a jump in bonds and a drop in yield, while the dollar was affected and the market was down. The recommendation is to liquidate large-cap tech and energy and allocate to value-oriented companies, commodities, and hard assets. The labor market is robust, and unemployment is not expected to rise, which will not help to reduce inflation. As a result, the market is vulnerable, and investors need to be prepared for volatility.

6. History: The Historians Episode 136: AngloDutch Wars
Date/Time: February 24, 2023
Guest: Professor Jay Samlins and Professor Brendan McConville
Description: This program covers various topics, including the Great Fire of London, the Dutch raid on the Medway, and the fourth Anglo-Dutch war. The program also includes a segment on historical news and some humorous pieces. Notably, the program mentions a plan to genetically engineer new dodo birds and a strike by actors at a medieval-themed dinner theater in California.

7. Finance: Grecian Echoes Wall Street this Week
Date/Time: February 28, 2023
Guest: Manny Frangiadakis
Description: The market report discusses the current state of the markets, including the potential impact of rising interest rates and the volatility of commodities. The report also touches on the challenges facing the retail industry and the potential opportunities for investors in distressed assets. Finally, the report suggests that the market will continue to assess the situation, most importantly inflation, which will dictate monetary and fiscal policy direction. As a result, financial conditions will continue to get tighter, and rates will remain higher for longer, potentially opening the door to 2024 rate cuts depending on the state of the economy between now and then.

8. Greek Community: President David Horner from the American College of Greece
Date/Time: February 28, 2023
Guest: President David Horner from the American College of Greece
Description: In this program, Teddy Demetriades and Nicoletta Papadogianni interview David Horner, the president of the American College of Greece. David Horner is the new president of the American College of Greece. Horner says he has a passion for higher education and Greek history. However, the only full-time job he has ever had was as president. This is the first time he has worked outside the United States. They discuss the institution's history, location, and academic programs, including undergraduate and graduate degrees and study-abroad options. Horner also talks about the school's affordable tuition, strong alum network, and the benefits of international education. They

also touch on the school's elementary program and its connection to the Greek-American community.

9. Book Interview: Attorney Peter Georgiou discusses his book 'Twelve Principles for Living Free.'
Date/Time: February 28, 2023
Guest: Attorney Peter Georgiou
Description: This program consists of a radio interview discussing a book called "12 Principles for Living Free". The principles are meant to create a frame of reference for personal and professional growth rather than to follow strict rules. The interview touches on the principles and their implications, including the importance of compassion and fairness and the need to tailor solutions to individual problems. The book is available on Amazon and Barnes & Noble.

10. Accounting Interview: CPA with Nick Papkyrikos
Date/Time: February 28, 2023
Guest: Nick Papkyrikos CPA
Description: This program consists of a radio interview with Nick Papkyrikos, a certified public accountant, discussing a tax credit program for businesses impacted by COVID-19. He offers up to \$26,000 per employee and has specific criteria for eligibility. Papkyrikos emphasizes the complexity of the process and the importance of understanding all the rules and regulations before applying. He also mentions that his office is taking on new clients and is happy to help with the application process.

11. Politics: Elizabeth Prodromou and Aleko Kyrou discuss the first anniversary of the Russian-Ukraine War.
Date/Time: March 3, 2023
Guest: Elizabeth Prodromou and Aleko Kyrou
Description: The program discusses the war in Ukraine and its impact on global Orthodoxy. The discussion covers topics such as the history of the conflict, the role of religion in international relations, and the religious landscape of Russia and Ukraine. The speakers also touch on the impact of the conflict on innocent civilians and the need for a more nuanced understanding of the situation.

12. Sports: The Benchwarmers featuring Nicholas Davos, Petros Davos, & Nick Ypsiliantis
Date/Time: March 6, 2023
Guest: Nicholas Davos, Petros Davos, & Nick Ypsiliantis
Description: This program discusses various topics, including sports, Greek culture, and personal anecdotes. The hosts and guests talk about the NFL, baseball, and sports betting and reminisce about their experiences playing sports. They also touch on Greek culture and language. Throughout the conversation, the hosts and guests discuss their favorite teams, players, and moments from various sports. They also discuss the importance of moderation in betting and how it can be a dangerous addiction if not done

responsibly. The conversation also includes personal anecdotes about playing sports and the role that sports play in their lives.

13. Finance: Wall Street Update with Manny Frangiadakis

Date/Time: March 7, 2023

Guest: Manny Frangiadakis and Stamati Astra

Description: This program discusses the current state of the economy and the stock market. The guest speakers, Manny Frangiadakis and Stamati Astra, discuss the potential for a recession, the impact of rising interest rates, and companies' struggles in the current economic environment. Furthermore, they briefly touch on the NCAA basketball tournament and the Boston Celtics, discussing how the sports industry is also affected by the current economic climate. Overall, this program provides valuable insights into the current state of the economy and its impact on different industry sectors.

14. Finance: Wall Street Update with Manny Frangiadakis

Date/Time: March 14, 2023

Guest: Manny Frangiadakis

Description: This program discusses the recent losses incurred by Silicon Valley Bank due to investing in bonds and the strongly inverted yield curve. The program also mentions the potential for a crisis of confidence among banks, leading to a drying up of funding and the need for central bank intervention. While there is no need to fear a banking crisis, the program notes that the Federal Reserve may struggle to tackle inflation. Finally, the program concludes by discussing the recent losses of smaller US banks and the potential impact on the economy.

15. New Program: Alexandra and Petro Show

Date/Time: March 18, 2023

Guest: Alexandra Davos and Petro Davos

Description: The host and guest speakers of the radio show discuss various topics, including the younger generation's interest in travel and the importance of speaking Greek to younger family members. They also discuss their favorite music, including Greek singers Eleni Foureira and Nikos Oikonomopoulos, who will feature in an upcoming Greek event. The hosts take calls from listeners and discuss the impact of COVID-19 on radio listenership and revenue. Finally, the hosts announce that the show will debut officially on May 6th and air weekly on Saturdays from 12-2 on WNTN radio in Boston.

16. Finance: Wall Street Update with Manny Frangiadakis

Date/Time: March 22, 2023

Guest: Manny Frangiadakis and Stamati Astra

Description: This program discusses the recent banking crisis and its potential economic impact. The speakers, Manny and Stamati, discuss the causes of the crisis, the role of interest rates, and the potential for inflation to exacerbate the situation. They

also touch on the social and political implications of the crisis and the uncertainty it creates for investors and the economy as a whole. Overall, the conversation highlights the complex and unpredictable nature of the global financial system and the need for greater transparency and accountability in banking practices. Finally, the speakers stress the importance of focusing on these issues rather than more trivial matters and call for greater public awareness and engagement in the debate.

17. Finance: Wall Street Update with Manny Frangiadakis

Date/Time: March 28, 2023

Guest: Manny Frangiadakis and Stamati Astra

Description: This conversation discusses the recent banking crisis and its potential economic impact. The speakers discuss the causes of the situation, the actions taken by the Federal Reserve and other banks to address it, and the potential for further M&A activity in the banking industry. They also touch on topics such as inflation, real estate, and the NCAA basketball tournament. The conversation delves into the details of the banking crisis, including how it differs from the 2008 financial crisis and the poor risk management that led to the problem. The speakers also discuss the potential impact of the crisis on inflation, interest rates, the real estate market, and the current state of the labor market. Before concluding the conversation, they discuss the NCAA basketball tournament and Greek Independence Day.