QUARTERLY REPORT

WKZF Morton, IL

2nd Quarter April 1, 2023 – June 30, 2023

ISSUES

COVID-19 Vaccinations and Coverage **Diversity Issues** Morton Pumpkin Festival Information Traffic Information and Reports on Significant IDOT Road Re-Construction Severe Weather Information Political and Legislative News **Local Morton Economy** Local Tax Increases and Municipal Budget Deficits **Economic Development/Attracting Business Small Business Issues Employment Levels** Workforce Development Law Enforcement Issues and Local Crime Youth Issues and Youth Quality of Life Future of Local Education Morton Healthcare Race Issues Veteran's Issues **Local Arts**

During this quarter, this station gave particular attention to the issues listed in the following pages of this report. These issues are not listed in order of importance and it should be noted that the station may have also aired other programming that was responsive to the community's informational needs.

Poverty and Homelessness



Program List

General Coverage - This station routinely conveys news-related issues including but not limited to the COVID-19 pandemic.

Week In Review - A thirty-minute local magazine style show airing on Sundays from 6:30- 7am, covering a variety of local issues.

Severe Weather Coverage - Local weather reports and coverage provided during severe weather such as Winter Weather Warnings, Tornado Warnings, and other significant weather events. The station joins a simulcast of sister station 1470 and 100.3 WMBD for continuous coverage during more significant weather events.

Community Service Projects - This station provides exposure to issues, events, and other activities in the community through a combination of efforts, including public service messages by on-air personalities, produced announcements, remote broadcasts, on-air interviews, and personality appearances at community events. Community service projects receive at least six promotional announcements per day for a period of two weeks.

Promotions/Contests - This station addresses issues in the community by providing an opportunity for listeners to win financial assistance or other items which assist them in addressing those issues. Promotions/Contests receive a variety of on-air promotional announcements, website, and social media exposure.

Public Service Announcements - This station provide exposure to issues, events, and other activities in the community through the airing of pre-recorded 30 or 60 second announcements at no charge to the sponsoring organization. A minimum of thirty announcements is aired for each issue or activity.

Radio Health Journal - A half hour magazine style show, Radio Health Journal airs Sunday from 6- 6:30am and covers a variety of current issues.

Subsequent pages of this report detail the specific Issues and Programs.



Specific Issues and Programs with Associated Air Dates

Week in Review

Issue:	Race Issues, Agriculture Issues, Small Business Issues, Political and Legislative News	
Program Name:	Week in Review	
Date Aired:	April 2, 2023	
Time and Duration:	6:30am - 30 minutes	
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.	
Narrative:	 Tim Bertschy and Mary Peterson, Co-Chairs, Peoria Racial Justice and Equity Commission The Peoria Racial Justice and Equity Commission releases its first report since the commission's formation. Members discuss the report and what they say are obvious racial disparities in Peoria, and how it will work to improve them. State Sen. Win Stoller; Paige VanDyke, 2023 Miss Illinois County Fair A discussion of how important agriculture is to Illinois as part of the annual Agriculture Legislative Day at the Illinois State Capitol. 	

Issue:	Healthcare, Law Enforcement Issues and Local Crime, Political and Legislative News, Youth Issues and Youth Quality of Life
Program Name:	Week in Review
Date Aired:	April 9, 2023
Time and Duration:	6:30am - 30 minutes
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	1) Dr. Keith Knepp, Dr. Jim Leonard, Dr. Napoleon Knight, Carle Health Urbana-based Carle Health has completed its acquisition of UnityPoint Health Central Illinois hospitals and facilities in Peoria. The doctors discuss what changes there will be now that the transition has been completed.



<u>2)</u>	Alexi Giannoulias, Illinois Secretary of State; Jodi Hoos, Peoria County
	State's Attorney; Eric Echevarria, Peoria Police Chief; Chris Watkins,
	<u>Peoria County Sheriff</u>
	The State of Illinois has given the Peoria area money to create the Greater Peoria Auto Crimes Task Force, to address further an increase in automobile thefts and other related crimes.
<u>3)</u>	Melissa Riddle, CEO, Easterseals of Central Illinois Riddle has taken over as the new CEO of the organization. She talks about the transition into the top job, and other needs and issues of the organization serving local youth with therapeutical services.

Issue:	Law Enforcement Issues and Local Crime, Employment Levels, Local Government Issues
Program Name:	Week in Review
Date Aired:	April 16, 2023
Time and Duration:	6:30am - 30 minutes
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	 Brandon Blayney, Peoria Emergency Communications Center Director; Damarius Reddick, 911 telecommunicator On the occasion of National Public Safety Telecommunicators Week, Blayney and Reddick talks about the 911 call center's operation, and a continued need to hire people for currently unfilled positions within the department. John Ackerman, Tazewell County Clerk Historical artifacts long thought to be lost in Tazewell County have been found in another part of Illinois. Ackerman talks about the importance of getting those pieces back. Scott Altman, Pekin native and astronaut Altman talks about the 25th anniversary of his first space flight.

Issue:	Local Economy, Economic Development/Attracting Business, Workforce Development, Law Enforcement Issues and Local Crime,
Program Name:	Week in Review
Date Aired:	April 23, 2023



Time and Duration:	6:30am - 30 minutes	
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.	
Narrative:	 Laura Cullinan, Executive Director, Gilmore Foundation; Joshua Gunn, CEO, Peoria Area Chamber of Commerce "Choose Greater Peoria" has been launched by a number of groups looking to improve "talent acquisition" – bringing more people to Peoria to work, and helping local residents be more positive about the community. Clara Underwood-Foreman and Peoria County Clerk Rachel Parker, victims/survivors of violent crime Survivors of violent crimes in the Peoria area took a trip to Springfield to advocate for legislation to protect residents from violent crime, and improve penalties for those convicted of violent crimes. Robin Simpson, president, Peoria Area Association of Realtors Peoria home sales were down in the first quarter of the year, due in part to a lack of inventory. Simpson talks about that, and what can be done to improve the situation. 	

Issue: Program Name:	Law Enforcement Issues and Local Crime, Future of Local Education, Workforce Development, Healthcare, Local Economy, Veterans' Issues Week in Review
Date Aired:	April 30, 2023
Time and Duration:	6:30am - 30 minutes
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	 Peoria Police Chief Eric Echavarria, Bradley University Police Chief Brian Joschko Peoria and Bradley University Police discuss a report of a bomb threat on campus, how they responded, how information was relayed to students who claim they were mostly kept in the dark about the situation, and what they can learn about future situations. Michelle Conger, Chief Strategy Officer, OSF HealthCare; Joshua Lewer, Economics and Finance Department Chair, Bradley University; Dr. John Vozenilek, Chief Medical Officer for Digital Health and Innovation, OSF HealthCare, and others OSF HealtCare and the University of Illinois College of Medicine in Peoria mark



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Issue:	Youth Issues and Youth Quality of Life, Law Enforcement Issues and Local Crime, Education, Local Arts, Political and Legislative News	
Program Name:	Week in Review	
Date Aired:	May 7, 2023	
Time and Duration:	6:30am - 30 minutes	
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.	
Narrative:	 1) Dr. Sharon Desmoulin-Kherat, Superintendent, Peoria Public Schools There was public outcry after a knife was confiscated from a Peoria Public Schools student riding a bus, and how parents and most of the public didn't learn about the incident until more than a week after it happened. The superintendent discusses the response. 2) Governor JB Pritzker The Governor presides over the annual Illinois Fallen Officers Memorial ceremony. 12 officers died in the line of duty in 2022, including one from nearby Knox County. 3) Alexi Giannoulias, Illinois Secretary of State; Randall Yelverton, Executive Director, Peoria Public Library Illinois legislators passed a measure that would ban state libraries from banning books – pulling state Library Grant funds from libraries that ban so-called "controversial reading material." 	

Issue:	Political and Legislative News, Healthcare, Race Issues, Diversity Issues, Local Economy, Local Arts, COVID-19 News of the Day
Program Name:	Week in Review
Date Aired:	May 14, 2023
Time and Duration:	6:30am - 30 minutes



Description:	A look at some of the stories that impacted central Illinois for the previous
Description.	weeks, including news stories and interviews.
	1) Ron DeSantis, Florida Governor and potential Presidential candidate; Marshall
	Seidel and Ren Fuller, Peorians for Black Liberties; Kristen Meierkord, president,
	Peoria ACLU; Cassie Lucchesi, president, Peoria Proud; others
Narrative:	DeSantis spoke in Peoria to the Peoria and Tazewell County Republican parties. In addition, a number of protestors who spoke against him, are also heard from.
	2) Lester Bergsten, former Peoria City Council Member
	Bergsten discusses the recent passing of former Peoria Mayor Richard Carver, and various developments he had while in office, including the building of the Peoria Civic Center.
	3) Lindsey Wilson, Carle Health Methodist Nursing Professional Development Specialist On the occasion of National Nurses Week, "therapy horses" were brought in for nurses in Carle Health's Peoria hospitals. Wilson discusses how that has greatly helped the nurses lessen stress, especially during the COVID-19 pandemic and before and after that.

Issue:	Local Arts, Local Economy, Poverty and Homelessness, Law Enforcement Issues and Local Crime, Workforce Development
Name:	Week in Review
Date Aired:	May 21, 2023
Time and Duration:	6:30am - 30 minutes
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	 Rik Edgar, General Manager, Peoria Civic Center The Peoria Civic Center has seen a lot of success in the early part of 2023 – with the center above budget. Edgar discusses the successes, and how that helps the community. Peoria Mayor Rita Ali; Armeca Crawford, CEO, Peoria Housing Authority Demolition continues on two former school properties in South Peoria, and how the lands the two schools sat on can help ease housing problems for low-income and homeless Peoria residents. Eric Echevarria, Peoria Police Chief A part of National Police Week activities, Peoria Police hosted a ceremony honoring retired officers, and officers who lost their lives in the line of duty. Major Health Sells, Peoria Salvation Army



	Sells discusses National Salvation Army Week, and needs in the community.
Issue:	Law Enforcement Issues and Local Crime, Political and Legislative News, Local Arts
Program Name:	Week in Review
Date Aired:	May 28, 2023
Time and Duration:	6:30am - 30 minutes
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	 Kwame Raoul, Illinois Attorney General A report on sexual abuse in Illinois' Catholic Churches was released by Illinois Attorney General's Office, including in the Peoria Catholic Diocese. Attorney General Kwame Raoul discusses the report, accusing churches of being both open and hiding abuse allegations, investigating or not investigating them, and other things. Governor JB Pritzker, Illinois Senate President Don Harmon, Illinois House Speaker Emanuel "Chris" Welch Officials discuss an agreement that has been reached on a state budget for the coming 2024 fiscal year. Emily Cahill, Executive Director, Peoria Park District Cahill talks about the future of a space where a statue of controversial historical figure Christopher Columbus once stood, and what will happen to the statue itself, about a year after the statue was taken down.
Issue:	Political and Legislative News, Local Economy, Poverty and Homelessness,
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Issue:	Political and Legislative News, Local Economy, Poverty and Homelessness,
Program Name:	Week in Review
Date Aired:	June 4, 2023



Time and Duration:	6:30am - 30 minutes
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	 State Rep. Jehan Gordon-Booth (D-Peoria) Discussion on the Illinois House Floor prior to the passage of a state budget. Gordon-Booth was the lead budget negotiator for House Democrats. Gordon-Booth answers questions from lawmakers, mostly Republicans, on the spending plan. State Reps. Travis Weaver and Ryan Spain (R-Peoria area) Weaver and Span, both opposed to a state budget that passed the Illinois Legislature, speak about why. U. S. Rep. Eric Sorensen (D-East Moline, 17th Dist.) Sorensen talks about a plan to approve a federal budget, while suspending the nation's debt ceiling, and what it would mean to veterans, the homeless, and others had a budget not been passed.

Political and Legislative News, Poverty and Homelessness, Healthcare, Youth Issues and Youth Quality of Life
Week in Review
June 11, 2023
6:30am - 30 minutes
A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
 Governor JB Pritzker; Lieutenant Governor Juliana Stratton Pritzker spoke about homeless and food security, and how he claims those problems will be lessened thanks to a just-passed state budget, at a Peoria social service agency. Dr. Napoleon Knight, Chief Medical Officer, Carle Health; Mary Sparks-Thompson, president, Trillium Place; Mayor James Dillon, City of West Peoria; Nicole Hayes, Executive Director, Carle Health Center for Philanthropy A ceremony was held to mark the next phase of construction of the "Trillium Place Young Minds Center" – a mental health and behavioral health treatment center for local youth. John Morris, Executive Director, Peoria Riverfront Museum



Morris, the founder of Eureka College's Ronald W. Reagan Society, speaks at a memorial service marking the anniversary of the President's death.
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Issue:	Law Enforcement Issues and Local Crime, Local Economy, Political and Legislative News, Race Issues, Veterans' Issues
Program Name:	Week in Review
Date Aired:	June 18, 2023
Time and Duration:	6:30am - 30 minutes
Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	 Peoria Police Chief Eric Echavarria; Peoria Mayor Rita Ali; Rev. Marvin Hightower, President, Peoria NAACP; Carl Cannon, Founder, Elite Community Outreach; Antoine Banks, Founder, Product of the Projects; Pastor Samuel Duren, Zion Baptist Church; Johnathan Romain, Co-Founder, Art Inc.; After a recent large fight in Peoria's downtown area, where gun shots were fired and large crowds had gathered in front of local downtown bars and other businesses, officials talk about how they're working to make sure that won't happen again. Former Gov. Bruce Rauner Rauner spoke in Springfield about various legislative issues, on the occasion of his portrait being hung in the Illinois Capitol Hall of Governors. Mayor Rita Ali; Lieutenant Governor Juliana Stratton; Denise Jackson, Peoria City Council Member A series of markers at a former South Peoria cemetery makes it a state historic site. The site has war veterans buried on it that were thought to be moved when development occurred on the land, but weren't.

Issue:	Severe Weather Information, Agriculture, Small Business Issues, Political and Legislative News, Small Business Issues, Local Economy
Program Name:	Week in Review
Date Aired:	June 25, 2023
Time and Duration:	6:30am - 30 minutes



Description:	A look at some of the stories that impacted central Illinois for the previous weeks, including news stories and interviews.
Narrative:	 DeLoss Jahnke, farm broadcaster Jahnke talks about how an ongoing drought is starting to cause trouble for local farm fields, and local farmers. Alexi Giannoulias, Illinois Secretary of State Legislation passed by the Illinois Legislature is said to provide for an easier time for "undocumented immigrants" to get drivers licenses and better identification. JD Dalfanso, CEO, Peoria Area Convention and Visitors Bureau Four new Peoria small businesses have become the latest that are a part of the "Illinois Makers" – businesses that will be promoted which are locally sourced and have locally produced materials.

Community Service Projects

Issue:	Health and Healthcare
Program Name:	Community Service Projects
Date Aired:	April 17 TH – April 23rd
Time and Duration:	20 announcements aired 24 hours ROS each week.
Description:	Provide exposure to issues, events, and other activities in the community through the airing of live :30 or 60 second announcements at no charge to the sponsoring organization.
Narrative:	WKZF-FM promoted the Peoria MS walk held at Junction city on Sunday, April 23 rd . In addition to on-air promotional announcements, web site and social media coverage, station staff provided music and emcee roles at the event.

Issue:	Small Business Issues
Program Name:	Community Service Projects
Date Aired:	May 29 th – June 3rd



Time and Duration:	20 announcements aired 24 hours ROS each week.
Description:	Provide exposure to issues, events, and other activities in the community through the airing of live :30 or 60 second announcements at no charge to the sponsoring organization.
Narrative:	WKZF-FM promoted the Peoria Riverfront Market on Saturday, June 3 rd featuring dozens of Peoria area small businesses selling their wares. In addition to on-air promotional announcements, web site and social media coverage, station staff provided music at the event

Issue:	Youth Issues and Youth Quality of Life
Program Name:	Community Service Projects
Date Aired:	June 12 th – June 13th
Time and Duration:	20 announcements aired 24 hours ROS each week.
Description:	Provide exposure to issues, events, and other activities in the community through the airing of live :30 or 60 second announcements at no charge to the sponsoring organization.
Narrative:	WKZF-FM promoted the Heart of Illinois Big Brothers/Big Sister's annual Recognition Picnic Tuesday, June 13 th at the Peoria YMCA. In addition to on-air promotional announcements, web site and social media coverage, station staff provided music and emcee roles at the event.

Public Service Announcements

Issue:	Youth Issues and Youth Quality of Life
Program Name:	Public Service Announcements
Date Aired:	April 1st – June 30th
Time and Duration:	80 announcements aired 24 hours ROS



Description:	Provide exposure to issues, events, and other activities in the community through the airing of pre-recorded :30 or 60 second announcements at no charge to the sponsoring organization.
Narrative:	WKZF-FM ran a series of Public Service Announcements on behalf of the Illinois Department of Health for their "Kids Safe 2 Help" program to help kids reach out on a variety of mental health issues including the effects of bullying

Issue:	Traffic Information. Law Enforcement, and Public Safety
Program Name:	Public Service Announcements
Date Aired:	April 1 st – June 30th
Time and Duration:	9 announcements aired 24 hours ROS
Description:	Provide exposure to issues, events, and other activities in the community through the airing of pre-recorded :30 or 60 second announcements at no charge to the sponsoring organization.
Narrative:	WKZF-FM ran a series of Public Service Announcements on behalf of the Illinois Department of Public Safety and their "Move Over" Campaign to encourage drivers to move over to the left lane when they see a police officer or disabled vehicle on the side of the road

Radio Health Journal

Issue:	Healthcare
Program Name:	Radio Health Journal
Date Aired:	4/2/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
Narrative:	SEGMENT 1: SAVING YOURSELF: WHAT TO DO IN AN EMERGENCY
	SITUATION
	Synopsis: When Rebecca Fogg's toilet exploded, she knew she had to do
	two things: call 911 and stop the bleeding from her arm. But how would



you react in her situation? An expert explains the most important steps to take when you're in a crisis that will give you the best chances of survival.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Rebecca Fogg, Author, Beautiful Trauma; Dr. Claire Park,

Consultant in Pre-Hospital Emergency Medicine, London's Air Ambulance

Charity

Compliancy issues: Ambulance, Emergency Medicine, Explosion, First Aid, First Responders, Healthcare, Patient Safety, Public Health, Paramedics, Pre-hospital Care, Trauma Victims

Links for more info:

<u>LinkedIn: Dr. Claire Park</u> twitter: @RebFogg

Penguin Random House: Beautiful Trauma

London's Air Ambulance Charity

SEGMENT 2: HAPPY ACCIDENTS IN SCIENCE THAT CREATED THE PRODUCTS WE USE EVERY DAY

Synopsis: Not all scientific discovery is on purpose. In fact, many important breakthroughs were by accident, like insulin and X-rays. Our experts discuss why we should look at failures as a starting point rather than the end of the road.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Erin Heath, Director of Federal Relations, The American

Association for the Advancement of Science; Dr. Jean Carruthers, Clinical Professor of Ophthalmology, University of British Columbia, Pioneer of

Cosmetic Botox

Compliancy issues: Beauty Industry, Consumerism, Cosmetic Botox,

Patient Safety, Ophthalmology

Links for more info:

The American Association for the Advancement of Science

<u>Dr. Jean Carruthers Cosmetics</u> <u>The Golden Goose Award</u>



Instagram: @carrutherscosmetic
twitter: @PublicHeath AAAS.org: Erin Heath
Jean Carruthers LinkedIn

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Issue:	Healthcare, COVID-19
Program Name:	Radio Health Journal
Date Aired:	4/9/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
Narrative:	SEGMENT 1: TIKTOK TICS: CAN SOCIAL MEDIA CAUSE NEUROLOGIC DISORDERS? Synopsis: Cases of functional tic-like disorder skyrocketed during the pandemic across the world, and experts believe the culprit is social media. Though classic tic disorders are mostly diagnosed in boys, this condition mainly affects women aged 18 to 21. Our experts explain the cause and how to successfully recover from the disorder. Host: Elizabeth Westfield Producer: Kristen Farrah Guests: Dr. Danielle Larson, Movement Disorder Specialist, Northwestern Medicine; Dr. Nicole Zahka, Pediatric Psychologist, Cincinnati Children's Hospital Medical Center Compliancy issues: Anxiety, Chronic Tics, Covid-19, Depression, Pandemic, Psychology, Social Media, Therapy, Vulnerable Populations, Functional Neurologic Disorder, Modeling, Tourette Syndrome Links for more info: Wiley Online Library: The spectrum of functional tic-like behaviours: Data from an international registry Northwestern Medicine: Dr. Danielle Larson Cincinnati Children's Hospital Medical Center: Dr. Nicole Zahka twitter: @dLarsonMD4 SEGMENT 2: BREAKING THE SILENCE ON INCEST AND SEXUAL TRAUMA



Synopsis: Dr. Patti Feuereisen says incest is one of the most common forms of sexual assault, but is almost never talked about. For the survivors, this silence can lead to more events of trauma down the road. Feuereisen explains how to support victims of sexual abuse and why starting the conversation is necessary.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Patti Feuereisen, Psychotherapist, Author, Invisible Girls;

Speaking the Truth about Sexual Abuse

Compliancy issues: Incest, Psychology, Rape, Sexual Abuse, Sexual

Assault, Therapy, Sexual Trauma

Links for more info:

GirlThrive Inc.

Seal Press: Invisible Girls

Issue:	Healthcare
Program Name:	Radio Health Journal
Date Aired:	4/16/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
Narrative:	SEGMENT 1: HOW SAFETY NET HOSPITALS INCREASE ACCESS TO HEALTH CARE Synopsis: Health insurance has long been connected with a person's employment – leaving many without coverage. Safety net hospitals help ensure that anyone who needs medical care can get access to it, no matter their insurance status. Dr. Ricardo Nuila discusses why this model may be more effective than the standard, privatized healthcare. Host: Elizabeth Westfield Producer: Kristen Farrah Guests: Dr. Ricardo Nuila, Associate Professor of Medicine, Baylor College of Medicine, Author, The People's Hospital



Compliancy issues: Emergency Medicine, Health Insurance, Healthcare, Patient Safety, Vulnerable Populations, Medicaid, Medicare, Private Hospitals, Public Health System, Safety Net Hospitals

Links for more info:

Simon And Schuster: The People's Hospital

RicardoNuila.com

Baylor College of Medicine: Ricardo Nuila

<u>SEGMENT 2: KITCHEN CHEMISTRY: NATURAL FLAVORS – HOW</u> <u>NATURAL ARE THEY?</u>

Synopsis: We see natural flavor listed as an ingredient in many of our products, but what does that mean? Dr. David Andrews explains the process of creating natural flavors, the FDA guidelines, and how safe they are for consumption.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. David Andrews, Senior Scientist, Environmental Working

Group

Compliancy issues: Addiction, Artificial Flavors, Chemistry,

Consumerism, Diet, FDA Regulations, Flavor, Ingredients, Natural

Flavors, Nutrition Labels, Organic, Processed Foods

Links for more info:

Environmental Working Group

EWG: Synthetic ingredients in Natural Flavors and Natural Flavors in

Artificial flavors

EWG: Food Scores

twitter: @dqasci

Issue:	Healthcare; News Of The Day
Program Name:	Radio Health Journal
Date Aired:	4/23/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day



SEGMENT 1: IS MENTAL HEALTH A SCAPEGOAT FOR MASS VIOLENCE?

Synopsis: Unfortunately, mass violence has become a common topic. And though many perpetrators we see on the news have been diagnosed with a mental illness, that attribute may be blinding us to the real issue. Experts explain what the statistics point to as the underlying cause of mass violence.

Host: Elizabeth Westfield **Producer:** Kristen Farrah

Guests: Dr. Joseph Parks, Medical Director, National Council for Mental Wellbeing; Dr. Jeffrey Lieberman, Professor of Psychiatry, Columbia

University

Compliancy issues: Education, Federal Law, Mass Shootings, Mental Health, Mental Illness, State and Federal Regulations, Gun Violence,

Mass Murder, Mass Violence, State Government

Links for more info:

National Council for Mental Wellbeing
Columbia University Department of Psychiatry
LinkedIn: Dr. Joseph Parks

Narrative:

SEGMENT 2: KITCHEN CHEMISTRY: SWEET PROTEINS MAY BE THE FUTURE OF SUGAR

Synopsis: Dr. Jason Ryder, an adjunct professor of chemical and biomedical engineering, says humans weren't designed to eat this much sugar every day. Many alternative sweeteners have tried to solve this sugar dilemma, but Ryder believes the best solution can be found in plant proteins.

Str>Host: Nancy Benson. Producer: Kristen Farrah.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Jason Ryder, Adjunct Professor of Chemical and Biomolecular Engineering, University of California, Berkeley, Co-

Founder, Oobli

Compliancy issues: Artificial Sweeteners, Chemistry, Consumerism, Diet,

Evolution, Health, Public Health, Protein, Snacks, Sugar, Sugar

Alternatives

Links for more info:



Berkeley College of Chemistry
<u>Oobli.com</u>
Sage Journals: Safety evaluation of oubli fruit sweet protein (brazzein)
derived from Komagataella phaffii, intended for use as a sweetener in
food and beverages
LinkedIn: Dr. Jason Ryder

Issue:	Healthcare; News Of The Day
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Program Name:	Radio Health Journal
Date Aired:	4/30/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
	SEGMENT 1: "I'M NOT DYING, BUT IS THAT GOOD ENOUGH?":
	IMPROVING LUPUS RESEARCH
	Synopsis: Lupus ABC is the first of its kind public-private partnership
	with the FDA. It will allow researchers and patients to work together,
	hopefully leading to breakthroughs in lupus treatments. Experts explain
	why the patient perspective is so important for successful outcomes.
	Host: Elizabeth Westfield
	Producer: Kristen Farrah
	Guests: Dr. Teodora Staeva, Vice President of Research and Chief
	Scientific Officer, Lupus Research Alliance; Veronica Vargas Lupo, Co-
Narrative:	Lead of the Lupus Voices Council, Lupus ABC
Narrative:	Compliancy issues: Autoimmune Disease, FDA, Governmental
	Organizations, Non-profit, Patient Safety, Scientific Research, Lupus
	Links for more info:
	<u>Lupus Research Alliance</u>
	FDA launches Lupus Treatment Consortium in partnership with the
	Lupus Research Alliance FDA
	Veronica Vargas Lupo - Business Development Leader Adobe Strategic
	Partnership - IBM LinkedIn
	<u>Dr. Teodora Staeva</u>
	SEGMENT 2: REWIRING YOUR BRAIN TO CREATE HEALTHIER HABITS



Synopsis: Dr. Greg Hammer believes our health is a big piece of overall happiness. Unfortunately, it can be hard to break bad habits and be motivated to create healthier ones. Hammer offers tips and tools that can help us be more intentional with our health.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Greg Hammer, Professor of Anesthesiology, Perioperative

and Pain Medicine, and of Pediatrics, Stanford University

Compliancy issues: Brain Function, Caffeine, Chronic Conditions, Diabetes, Diet, Exercise, Nutrition, Obesity, Public Health, Alcohol Consumption, Heart Disease, Sleep Health, Sugar, Whole Foods

Links for more info:
GregHammerMD.com

Stanford University: Dr. Greg Hammer

Instagram: @greghammermd

Issue:	Healthcare; News Of The Day
Program Name:	Radio Health Journal
Date Aired:	5/7/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
Narrative:	SEGMENT 1: HOW AI IS THRUSTING US INTO THE FUTURE OF MEDICINE Synopsis: From improving the patient experience to speeding up protein evolution, artificial intelligence is rocketing the field of medicine into the future. Our experts discuss the many different applications of AI and how we can expect to interact with the technology in the years to come. Host: Elizabeth Westfield Producer: Kristen Farrah Guests: Dr. David Liebovitz, Co-Director, Institute for Augmented Intelligence in Medicine, Associate Professor of Medicine, Northwestern University; Dr. David Baker, Professor, University of Washington, Director, Institute for Protein Design



Compliancy issues: Artificial Intelligence, Biochemistry, Consumerism, Environment, Evolution, Medical Records, Medical Technology, Patient Safety, Public Health, Protein, Viruses

Links for more info:

David M Liebovitz : Faculty Profile

David L. - Associate Vice-chair, Department of Medicine - Northwestern

Medicine | LinkedIn

David Baker | UW Biochemistry

Baker Lab

<u>Institute for Protein Design</u>

SEGMENT 2: WHAT YOU NEED TO KNOW ABOUT YOUR BABY'S FLAT HEAD

Synopsis: Flat head syndrome occurs when a baby's head develops a long-lasting flat spot. However, Dr. Peter Taub, a professor of pediatrics, says the deformity isn't a syndrome at all and doesn't cause any neurologic symptoms. He explains what causes it and successful treatments to reshape your child's head.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Peter Taub, Professor of Pediatrics and Neurosurgery, Icahn

School of Medicine at Mount Sinai, New York

Compliancy issues: Bone Structure, Children and Youth at Risk, Consumerism, Deformity, Flat Head Syndrome, Neurology, Patient

Safety, Infant Health Links for more info:

<u>Peter Taub - Plastic and Reconstructive Surgery | Mount Sinai - New</u> York

<u>Peter J. Taub - Professor of Medical Education - Icahn School of Medicine at Mount Sinai | LinkedIn</u>

Flat Head Syndrome (Deformational Plagiocephaly)

Issue: Healthcare, Youth Issues and Quality Of Life



Program Name:	Radio Health Journal
Date Aired:	5/14/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
Description.	
	SEGMENT 1: HONORING THE MOTHERS WHO NEVER GOT TO MEET
	THEIR CHILDREN
	Synopsis: Miscarriage is the most common form of pregnancy loss – so
	why aren't we talking about it? Dr. Jessica Zucker says this silence
	promotes a societal stigma of shame and isolation. This week, we open
	the conversation around miscarriage in an effort to normalize this
	common experience.
	Host: Elizabeth Westfield
	Producer: Kristen Farrah
	Guests: Dr. Jessica Zucker, Psychologist, Expert in Reproductive Health,
	author of I Had A Miscarriage; Wendy Dwyer, Mother
	Compliancy issues: Bereavement, Death, Depression, Healthcare,
	Parenting, Psychology, Early Pregnancy Loss, Miscarriage, Motherhood,
	Pregnancy Loss, Stigma
Narrative:	Links for more info:
	Dr. Jessica Zucker
	Jessica Zucker, Ph.D. (@ihadamiscarriage) • Instagram photos and
	videos
	Jessica Zucker, PhD (@DrZucker) / Twitter
	SEGMENT 2: HAS THE FOOD MARKETING INDUSTRY CONTRIBUTED TO
	CHILDHOOD OBESITY?
	Synopsis: Childhood obesity is one of the most common chronic
	diseases for children in the US. Experts say that the marketing of ultra-
	processed foods to kids has grown exponentially in recent years –
	promoting unhealthy diets. These experts break down the marketing
	strategies used to get product attention in grocery stores and online.
	Host: Nancy Benson
	Producer: Kristen Farrah



Guests: Dr. Frances Fleming-Milici, Director of Marketing Initiatives, Rudd Center for Food Policy and Health, University of Connecticut; Dr. Ashley Gearhardt, Associate Professor of Psychology, Director of the Food and Addiction Science and Treatment Lab, University of Michigan Compliancy issues: Addiction, Childhood Obesity, Children and Youth at Risk, Chronic Conditions, Consumerism, Diabetes, Diet, Food Marketing, Obesity, Heart Disease, Ultra-processed Food

Links for more info:

Frances Fleming-Milici | UConn Rudd Center for Food Policy and Health
Fran Fleming-Milici (@franflemingPhD) / Twitter
Ashley Gearhardt | U-M LSA Department of Psychology

Issue:	Healthcare
Program Name:	Radio Health Journal
Date Aired:	5/21/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
	SEGMENT 1: IT'S JUST EASIER TO NOT INCLUDE WOMEN': THE GENDER
	BIAS IN HEALTH CARE
	Synopsis: Why are male bodies the standard for human health? Why did
	researchers refuse to conduct studies on female mice? Why don't we
	have widespread information on puberty, the menstrual cycle, and
	menopause? Experts discuss the dangerous reality of gender bias in
	health care.
	Host: Elizabeth Westfield
Narrative:	Producer: Kristen Farrah
	Guests: Dr. Nieca Goldberg, Cardiologist, Clinical Associate Professor of
	Medicine, New York University School of Medicine, Medical Director,
	Atria New York City; Christine Yu, Award-Winning Journalist, Author,
	"Up To Speed"
	Compliancy issues: Gender Bias, Healthcare, Vulnerable Populations,
	Female Athletes, Heart Disease, Medical Research, Men's Health,
	Puberty, Sports Science, Women's Health



	more	

Nieca Goldberg, MD | NYU Langone Health

Dr. Nieca Goldberg

Christine Yu

Christine Yu (@cyu888) • Instagram photos and videos

Christine Yu (@cyu888) / Twitter

SEGMENT 2: FOOD MARKETING TO CHILDREN PART 2: HOW TO MAKE HEALTHIER CHOICES

Synopsis: Last week we discussed how food marketers spend billions to get kids to eat unhealthy food. Today, we're giving you some tips on how to add more nutritious options back into your family's diet. Experts reveal small actions that can make a big difference in the health of America's children.

Host: Nancy Benson **Producer:** Polly Hansen

Guests: Meryl Fury, Registered Nurse, President and CEO, Plant Based Nutrition Movement; Sheriza Hernandez, Student; Dr. Ashley Gearhardt, Associate Professor of Psychology, University of Michigan, Director,

Food and Addiction Science and Treatment Lab

Compliancy issues: Addiction, Childhood Obesity, Children and Youth at Risk, Diet, Food Marketing, Gut Health, Obesity, Vulnerable Populations,

Healthy Food, Heart Disease, Ultra Processed Food

Links for more info:

Meryl Fury - President, CEO - Plant Based Nutrition Movement

<u>LinkedIn</u> <u>Meryl Fury</u>

Ashley Gearhardt | U-M LSA Department of Psychology

Issue:	Healthcare; Youth Issues and Quality of Life
Program Name:	Radio Health Journal
Date Aired:	5/28/23
Time and Duration:	6 a.m. – 30 min



Description:	Talk program covering various health issues of the day
	SEGMENT 1: ADRENAL DYSFUNCTION MAY BE CAUSING YOUR BRAIN
	FOG AND WEIGHT GAIN
	Synopsis: Our adrenal glands produce numerous hormones that help us
	regulate stress. Unfortunately, these glands can easily be disrupted and
	make us feel tired and forgetful. Dr. Izabella Wentz, a thyroid expert,
	explains the lifestyle changes you can make to fix your hormone
	imbalance.
	Host: Elizabeth Westfield
	Producer: Kristen Farrah
	Guests: Dr. Izabella Wentz, Thyroid Specialist, author, Adrenal
	Transformation Protocol
	Compliancy issues: Depression, Weight Gain, Adrenal Dysfunction,
	Adrenal Glands, Brain Fog, Cortisol, Heart Disease, Hormones,
	Inflammation, Stress, Survival, Undiagnosed Diseases
	Links for more info:
	<u>Thyroid Pharmacist</u>
Narrative:	<u>Dr. Izabella Wentz- Thyroid Pharmacist (@izabellawentzpharmd) •</u>
riarrative.	Instagram photos and videos
	SEGMENT 2: OZEMPIC: A LOOK INTO HOLLYWOOD'S MAGIC WEIGHT
	LOSS PILL
	Synopsis: Ozempic is an anti-obesity and anti-diabetic drug that's being
	touted as a miracle weight loss drug on social media. But is there such a
	thing as a magic pill? Dr. Disha Narang, an obesity medicine expert, says
	there's no fast track to healthy and sustainable weight loss. Instead, Dr.
	Disha Narang explains how these types of therapies need to be paired
	with long-term, strict daily routines in order to be effective.
	Host: Nancy Benson
	Producer: Kristen Farrah
	Guests: Dr. Disha Narang, Endocrinologist and Director of Obesity
	Medicine, Northwestern Medicine Lake Forest Hospital
	Compliancy issues: Consumerism, Diet, Exercise, Mental Health,
	Obesity, Ozempic, Patient Safety, Public Health, Social Media, Weight
	Gain, Heart Health, Medical Weight Loss



Links for more info:
Disha Narang, MD Northwestern Medicine
Twitter: @DishaKumarMD

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Issue:	Healthcare; News Of The Day
Program Name:	Radio Health Journal
Date Aired:	6/4/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
	SEGMENT 1: HELPING PATIENTS FEEL LIKE KIDS AGAIN: THE MAGIC OF
	CHILDREN'S HOSPITALS
Narrative:	Synopsis: Children's hospitals do a lot more than cure diseases. For many long-term, young patients, these institutions become their entire world and not just the place where they receive treatment. Learn how some of these hospitals go above and beyond to help our sick kids every day. Host: Elizabeth Westfield Producer: Kristen Farrah Guests: Amar Bryant, Lead Inpatient Social Worker, Boston Children's Hospital; Marie Osmond, Co-Founder, Children's Miracle Network Hospitals; Camryn Kellam, Ambassador, Maria Fareri Children's Hospital; April Kellam, Mother Compliancy issues: Consumerism, Healthcare, Non-profit, Patient Safety, Vulnerable Populations, Caregivers, Children's Hospital, Chronic Disease, Donation, Immunodeficiency, Rare Disease, Sickle Cell Links for more info: Children's Miracle Network Hospitals Marie Osmond After Undergoing Stem Cell Transplant to Combat Sickle Cell Disease Girl, 7, Named Maria Fareri Children's Hospital Ambassador News and Announcements Amar Khalsa, MSW, LICSW Boston Children's Hospital



SEGMENT 2: DON'T LET AN INJURY KEEP YOU FROM PLAYING THE GAME

Synopsis: Pickleball is quickly becoming America's favorite pastime. It's a low-impact sport that's great for people of all ages, but like any activity, it comes with its own injury risks. Dr. Fotios Tjoumakaris has

some tips to keep you healthy on and off the court.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Fotios Tjoumakaris, Associate Professor of Orthopedic

Surgery, Rothman Orthopedics at AtlantiCare

Compliancy issues: Patient Safety, Public Health, Active Lifestyle, Aging,

Muscle Strength, Older Populations, Overuse Injury, Pickleball,

Socializing, Sports Injuries, Sports Medicine

Links for more info:

<u>Fotios P. Tjoumakaris, M.D. | Rothman Orthopaedic Institute</u> Fotios Tjoumakaris | LinkedIn

Issue:	Healthcare
Program Name:	Radio Health Journal
Date Aired:	6/11/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
	SEGMENT 1: WHY DOCTORS SHOULD HAVE CREATIVE PASSIONS
	OUTSIDE OF MEDICINE
	Synopsis: Hannah Boone entered medical school with a degree in music
	instead of having a typical science background. While this may seem
	unwise, some experts think it may be the best prerequisite for a career
Narrative:	in medicine. Find out why this educational path is thought to create
	more involved and empathetic physicians.
	Host: Elizabeth Westfield
	Producer: Kristen Farrah
	Guests: Dr. Barton Thiessen, Associate Professor of Anesthesiology &
	Assistant Dean of Admissions for the Faculty of Medicine; Memorial



University of Newfoundland; Dr. Danielle Ofri, Primary Care Physician & Clinical Professor of Medicine, New York University, Editor, Bellevue Literary Review; Hannah Boone, Senior Medical Student, Memorial University of Newfoundland

Compliancy issues: Healthcare, Music, Burnout, Fine Arts, Hobbies,

Medical School, Medical Student

Links for more info:

Dr. Danielle Ofri

Danielle Ofr | NYUi

Dr. Barton Thiessen

<u>Hannah BOONE | Memorial University of Newfoundland, St. John's |</u>
<u>Discipline of Medicine | Research profile</u>

SEGMENT 2: MEDICAL GASLIGHTING: WHAT TO DO WHEN DOCTORS STOP LISTENING TO YOU

Synopsis: Doctors told Karen DeBonis that her son's concerning tics were normal, and he'd grow out of them. But when she got a second opinion, an MRI scan showed that he had a large brain tumor. This week - DeBonis shares how she was forced to advocate for herself when

Host: Nancy Benson **Producer:** Kristen Farrah

doctors didn't listen or take her seriously.

Guests: Karen DeBonis, Author, Growth; Dr. Stacey Rosen, Senior Vice President, The Katz Institute of Women's Health, Partners Council Professor of Cardiology and Women's Health, Donald and Barbara

Zucker School of Medicine

Compliancy issues: Cancer, Healthcare, Patient Safety, Public Health,

Brain Disease, Chronic Symptoms, Gaslighting, Minorities

Links for more info:

Karen DeBonis

Stacey Rosen Profile | Zucker School of Medicine

twitter: @KarenDeBonis

Stacey E. Rosen, MD, FACC, FACP, FAHA - Partners Council Professor of Women's Health - Hofstra North Shore-LIJ School of Medicine at Hofstra University | LinkedIn



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	Stacey Rosen, M.D. (@drstaceyrosen) / Twitter
Issue:	Healthcare; News Of The Day
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Program Name:	Radio Health Journal
Date Aired:	6/18/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
	SEGMENT 1: THE PSYCHOLOGICAL TRENDS OF THE EVER-GROWING
	GIG ECONOMY
	Synopsis: The gig economy seems to only be growing, especially with
	the boom of businesses like Uber and Grubhub. Workers now get to
	choose their own hours, but is the freedom worth the lack of regulation,
	protections, and benefits like health insurance? Experts explain the
	societal perception and personal psychology of gig workers.
	Host: Elizabeth Westfield
	Producer: Kristen Farrah, Reed Pence
	Guests: Dr. David Liebovitz, Co-Director, Institute for Augmented
	Intelligence in Medicine, Associate Professor of Medicine, Northwestern
	University; Dr. David Baker, Professor, University of Washington,
Narrative:	Director, Institute for Protein Design
	Compliancy issues: Consumerism, Economy, Mental Health, Psychology,
	Public Health, Behavioral Science, Employment, Individuality
	Links for more info:
	Jeff Kreisler
	Twitter: @jeffkreisler
	Jeff Kreisler - Managing Director, Head of Behavioral Science - JPMorgan
	Chase & Co. LinkedIn
	Caza, Brianna Bryan School of Business and Economics
	Brianna Caza
	Brianna Caza LinkedIn
	SEGMENT 2: DEALING WITH LOSS THIS FATHER'S DAY



Synopsis: Whether you lost your father ten days ago or ten years ago, Father's Day can be a hard time of the month. Dr. Sanam Hafeez, a clinical neuropsychologist, says it doesn't have to be something to dread. Dr. Sanam Hafeez offers advice on how to turn this time of year into an experience of healing and growth.

Host: Nancy Benson **Producer:** Kristen Farrah

Guests: Dr. Sanam Hafeez, Clinical Neuropsychologist, Founder, Comprehensive Consultation Psychology, Professor, Teachers College

Columbia University

Compliancy issues: Mental Health, Psychology, Public Health, Bereaved Parents, Bereavement Support, Father's Day, Grief, Loss of a Child, Loss of a Parent

Links for more info:

<u>Dr. Sanam Hafeez - Comprehensive Consultation Psychological Services</u>
<u>Sanam Hafeez - Faculty; Ph.D program - Teachers College, Columbia</u>
University | LinkedIn

<u>Sanam Hafeez (@drsanamhafeez) | Instagram</u> <u>Sanam Hafeez (@ComprehendMind) / Twitter</u>

Issue:	Healthcare
Program Name:	Radio Health Journal
Date Aired:	6/25/23
Time and Duration:	6 a.m. – 30 min
Description:	Talk program covering various health issues of the day
	SEGMENT 1: MENOPAUSE: WHAT TO EXPECT WHEN YOU'RE FINISHED
	<u>EXPECTING</u>
Narrative:	Synopsis: Every female on earth will eventually go through menopause,
	so why don't women know more about the process? If you've been
	suffering with menopausal symptoms or are confused about this life
	transition, our experts are here to help. They discuss how you can stay
	in control of your body and feel like yourself again during this time.
	Host: Elizabeth Westfield



Producer: Kristen Farrah

Guests: Dr. Mary Jane Minkin, Clinical Professor, Yale School of

Medicine, Podcast Host, Madame Ovary; Jancee Dunn, Author, Hot and

Bothered

Compliancy issues: Diagnoses, Neurology, Patient Safety, Psychiatry, Psychology, Public Health, Supplements, Human Physiology, Medical

Myths, Vitamins

Links for more info:

Mary Jane Minkin, MD

Madame Ovary About Dr. Minkin

Jancee Dunn

Jancee Dunn (@janceedunn) • Instagram photos and videos

SEGMENT 2: HAVE YOU BEEN FOOLED BY THESE COMMON MEDICAL MYTHS?

Synopsis: Can you take too many vitamins? Does everyone need eight hours of sleep? Dr. James Hamblin answers these common questions and many more on this week's segment. He explains how to tell if a persistent itch or bothersome joint pain has a simple fix or needs to be checked by a professional.

Host: Nancy Benson

Producer: Kristen Farrah, Reed Pence

Guests: Dr. James Hamblin, Lecturer in Public Health, Yale School of

Public Health, Author, If Our Bodies Could Talk

Compliancy issues: Breast Cancer, Gender Issues, Patient Safety, Estrogen, Gender Research Bias, Hormone Therapy, Hot Flashes, Incontinence, Menopause, Non-hormonal Therapy, Perimenopause,

Progestin, Vaginal Dryness

Links for more info:

James Hamblin, MD, MPH

<u>James Hamblin (@jameshamblin) • Instagram photos and videos</u> <u>James Hamblin (@jameshamblin) / Twitter</u>

If Our Bodies Could Talk: A Guide to Operating and Maintaining a Human

Body: Hamblin, James



