

TRINITY BROADCASTING NETWORK

QUARTERLY PROGRAMMING REPORT

October, November, December 2017

KITU-TV

BEAUMONT, TEXAS

ASCERTAINMENT LIST

LEADING COMMUNITY PROBLEMS

RESULTS OF ASCERTAINMENTS FROM CIVIC LEADERS, RESPONSES BY THE TELEPHONE FROM KDTX VIEWERS, FROM THE PRINTED MEDIA, COMPRISING NEWSPAPERS, MAGAZINES, PUBLICATIONS, AND FROM TELEVISION AND RADIO, WHENEVER POSSIBLE.

**EDUCATION
FAMILY
HEALTH
HOMELESS
HOUSING
MINORITY
UNEMPLOYMENT
YOUTH**

THE FOLLOWING PAGES LIST SUMMARIES OF SOME OF KDTX PROGRAMMING ADDRESSING THE ISSUES / PROBLEMS NAMED ON THE ASCERTAINMENT LIST, AS WELL AS OTHER ISSUES DETERMINED TO BE IMPORTANT, FOLLOWING FCC REQUIREMENTS FOR THE QUARTERLY REPORT TO BE KEPT IN THE PUBLIC FILE FOR THE FOURTH QUARTER.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Education	Joy in Our Town #1744	28:30	14:15	REC	PA/0/E	12/11/2017 12/12/2017	5:30pm 4:00am

Cheri Duckworth opens the show. She tosses to the segment for Communities in Schools. The school dropout rate is a national crisis. Communities in Schools of Cameron County is working to change that in the areas where they are serving. Eva Perez, the Executive Director of Communities in Schools tells us that the mission began in July of 1995. It is an evident based organization, so they have proven success of how their services are reducing the dropout rates and increasing the graduation rates in the schools where they serve. They have also seen an increase in parental involvement. They have a site coordinator in each school. Each coordinator has a case load of between 90-100 students. They work with these students from September to the end of the year, assessing and assisting the students with needs such as clothing and uniforms, school supplies, encouragement, and more. The ultimate goal of Communities in Schools is to help every student graduate. They believe that in order for these students to succeed in life, they need to graduate and continue on to a secondary school. They provide college and educational options for students and encourage them to follow a career. They begin introducing students to different careers as early as the elementary school level. By the middle school level, they are providing college fairs and preparing students for a higher education. Site Coordinators are the hub of activity in the school. They connect students with all of their needs. Eva Perez has been a part of the program for 11 years, starting as a site coordinator. She has seen God's faithfulness throughout the years. Communities in Schools serves 2,664 students throughout Cameron County.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Education	Joy in Our Town #1744	28:30	14:15	REC	PA/0/E	12/11/2017 12/12/2017	5:30pm 4:00am

Cheri Duckworth opens the show. She tosses to Dolly Velasquez, who is at Faithworks of the Inner City with the story. Faithworks began as an afterschool program. Today, it's a place of hope and inspiration to one of the poorest areas of Oklahoma City. Dolly Velasquez is at Shidler Elementary School with Sally Goin, the Director of Faithworks of the Inner City. Sally Goin tells us that public schools are desperate for help in educating children. She believes that when a faith based community comes along and partners with a school, they see good results. Faithworks of the Inner City has been serving in the local community for 30 years. Sally expresses her sadness for seeing only a few changes within the community in all of these years. According to Sally, the community where they serve has always been one of the poorest communities in the state of Oklahoma. Specifically, it is the 2nd poorest community in the state. The resources are not available in the community. Fortunately, through Faithworks of the Inner City, they are seeing lives changed. Dolly Velasquez is in a residential area with Jace Kirk, the Assistant Director of Faith Works of the Inner City. In this community homes are being built and provided by Faithworks of the Inner City. They currently have six homes throughout the neighborhood. Dolly and Jace are in the Thrift Store of Faithworks of the Inner City. It opened in 2013. They provide affordable access to furniture, school uniforms, men and women's clothing and more to families, which in return create jobs for people in the community. At Faithworks of the Inner City, they believe in recycling. They try to have as little waste as possible. They receive clothing donations that are torn or stained, then sell the material to a company that makes rags. Nothing is wasted. Cheri Duckworth closes the show.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Family	Joy in Our Town #1738	28:30	14:15	L	PA/0/E	10/30/2017 10/31/2017	5:30pm 4:00am

Our host Cheri Duckworth introduces Patricia McMann. She pitches to roll-in 1 of the Society of St. Vincent. It tells us the origin of the organization. It started in 1833 by six college students who knew they weren't doing the work of Christ. They were challenged to go to the streets of Paris to hear the stories of the poor. Now they're in 150 countries with 900,000 members around the world. Poverty happens to anybody, one big bad incident can happen to us one day and take everything we have. When the St Vincent team meet people they don't just sit at a desk, they literally go out to them! Our guest says "They're our neighbors, our friends, they're not clients." St. Vincent roll-in 2 reveals testimonies of people who have been helped by the organization. In the video, people talk about the home visits which are the real core of what they do at St. Vincent. They go out to the homes with respect to the people's privacy and they listen to them. It's very relaxed. They supply food or help by paying bills. If it's something they can't do, they'll find other resources. But, over and over again people tell them, no one else has ever listened, we're just a number. At St. Vincent, they look to people to try to see the face of Christ in them and they hope the people they serve can see the face of Christ in them, too. There are many ways in which people are impoverished in their homes. Sometimes an event causes it or they're not eligible for government programs because they've made too much money. Other times, they're families who have lived two or more generations in situational poverty. St. Vincent roll-in 3 talks about all the things they help people with at Society of St. Vincent. People in poverty are everywhere. Just be aware. If you're in a grocery line and somebody's putting stuff back, sometimes they just need 2-3 dollars. You can make a difference by helping them. Don't take for granted what you have today.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Joy in Our Town #1739	28:30	14:15	REC	PA/0/E	10/02/2017 10/03/2017 11/13/2017 11/14/2017	5:30pm 4:00am 5:30pm 4:00am

Cheri opens the show and introduces the first segment by tossing to Mely De Leon. Mely De Leon pitches to Roll-in 1, an overview of Culture of Life Ministries'. Dr. Stephen Robinson explains how he founded Culture of Life Ministries. COLM offers a full range of primary medical care services to anyone in need. Mely De Leon introduces Dr. Stephen Robinson, founder of Culture of Life Ministries. He felt a call from God to quit his private medical practice to offer his services for free. Being a missionary, he is open to seeing anyone for anything relating to their health. The economic barriers are nonexistent. He sees a wide range of patients from mental and surgical to diabetes related and more. He is also the preferred doctor for some patients who have insurance. The Lord has continued to provide the resources and finances for the ministry. Others have come to offer their services for free. They have up to 100 volunteers now including nurses and chefs. Dr. Stephen Robinson plans to continue to be faithful to his ministry and follow the Lords lead on it.

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Cheri Introduces the Good Samaritan Health Services segment. She tosses to Marcus Howard. Marcus Howard pitches to Roll-in 1. Roll-in 1: Dr. John Crouch explains how Good Samaritan Health Services has been contributing to their community. Marcus Howard is on the inside of Riverside Baptist Church with Ben Dodwell, the Administrator for Good Samaritan Health Services. Ben Dodwell says Good Samaritan is unique because it partners with local churches in communities of the greatest needs. The churches provide a venue and volunteers to help them process patients. Ben Dodwell takes our host on a brief tour. One of the goals of Good Samaritan is to provide whole person healthcare, physically, emotionally, and spiritually. He explains the check-in process and insurance screening eligibility. Most patients don't know what they qualify for, so they screen them because they could benefit from other resources. There is no cost to patients. Everything is Free. The tour continues on the mobile truck. The mobile truck has three exam rooms, a small lab, a dispensary and a physician's work area. Roll-in 2: People from all walks of life receives services. Whole person health takes place at Good Samaritan. Marcus Howard introduces Dr. John Crouch, President of Good Samaritan Health Services. Dr. John Crouch explains the medical and spiritual aspects of Good Samaritan Health Services. They address a range of illnesses such as cardiac health, diabetes, arthritis, etc. Chronic disease management is the biggest outreach that they have right now. Good Samaritan began around 1997-98. They wanted to be involved in healthcare for the underserved. They started in one clinic at one site once a month. It continued to grow, so they began to expand and decided to go mobile. Roll-in 3: Testimonies from Volunteers and Patients. They have a weekly prayer meeting. God has provided resources year after year. They've seen patients come in who have been down on their luck having health problems, but they are able to nurse them back to health which allows them to get back to work. Mobile healthcare allows them to go into the communities of need, which provides access that's readily available to patients. They continue to see God open up new avenues. They've started a Women's Health Clinic and they're just looking for the opportunities that God opens up for them. Cheri closes the show.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Joy in Our Town #1741	28:30	14:15	REC	PA/0/E	10/23/2017 10/24/2017 12/04/2017 12/05/2017	5:30pm 4:00am 5:30pm 4:00am

Host, Cheri Duckworth opens the show. Marcus Howard is at The Little Light House, a tuition-free Christian Developmental Center in Tulsa, Oklahoma. The organization opened its doors on October 3, 1972. The mission serves special needs children from birth to age six. The key to what they do is early intervention. Marcus Howard takes a tour of The Little Light House with Guest, Jessica Mardis, Director of Operations. The Little Light House uses a transdisciplinary approach to meet the needs of the kids they serve. A line down the hallway is used as a form of encouragement for following directions that will help the children transition to their next schools with ease. They have developed a curriculum over the course of 20 years that touches developmental milestones that are important to the growth of the children. The sensory room is used to help expand and or calm the sensory needs of the children. It helps manage what is going on in their brains. Cheri pitches to Roll-in 2: Families of The Little Light House. Roll-in 2: A man recounts his experience with his child having a seizure disorder. Jessica Mardis explains that the classrooms serve ten children with special needs. In the classroom, they are given educational tools and therapy goals. They have special chairs in the classrooms designed to meet the unique needs of every child. All of the equipment they use at The Little Light House has been donated. Roll-in 3: Ministering to the families. The Little Light House has an actual modern day lighthouse in their facility as a beacon of hope to the Tulsa community and families of children with special needs. They are looking forward to continuing to spread the good news about Jesus Christ shedding his love for people and kids with special needs and are hoping to one day make a global impact.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Health	Joy in Our Town #1741	28:30	14:15	REC	PA/0/E	10/23/2017 10/24/2017 12/04/2017 12/05/2017	5:30pm 4:00am 5:30pm 4:00am

Host, Cheri Duckworth opens the show. She pitches to Dolly Velasquez, who is on the scene at The Children's Center Rehabilitation Hospital. The Children's Center Rehabilitation Hospital was founded in 1898 by Mattie Mallory, who felt God's call to help the orphans in Oklahoma City. The mission has changed over the years and is now a place of hope for children with complex medical needs and physical disabilities. Roll-in 1: A place where children with special needs can thrive. Dolly Velasquez introduces Melissa Richey, The Communications and Marketing Director of The Children's Center Rehabilitation Hospital. At the hospital they offer a variety of therapies such as: physical therapy, occupational therapy and speech therapy. They also have special therapies such as: Pet Therapy, Art Therapy, and Music Therapy. The main goal behind what they do is to get the kids back home to their families. Every child is individualized, so they adjust their therapies to meet the specific needs of each child. The families come in broken, but they leave feeling renewed. Cheri Pitches to Roll-in 2. Roll-in 2: Families speak out about The Children's Center Rehabilitation Hospital being like an extended family. The Children's Center Rehabilitation Hospital's philosophy is that they treat the family, not just the child. They provide social services to the families and also help with funding when the families return home. They have a chaplain who works with the families to help guide them spiritually if they've been through a traumatic situation. They have relied on their faith with every project and new service they've built and God has miraculously met all of their needs. Roll-in 3 is Declan's Story. In one area of the hospital they provide an RV setup at no cost to the families in that space. They want the parents involved with the care of the children as much as possible, so it can help them as they transition home. The Children's Center Rehabilitation Hospital is a place where miracles happen. Melissa states that she has seen teenagers involved in accidents come in not being able to walk, but leave walking again 3 months later. She states that she has seen babies who weren't able to say their first words until they were 3 years old. Cheri wraps the show.

Health	The Dr. Leaf Show- The Perfect You #34	27:00	27:00	REC	PA/0/E	10/11/2017	5:30pm
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how you are unique. There is a scientific body of research that confirms that you are unique. Scientists have been challenged by the fact that every single person has their own unique way of thinking. The thoughts that you actually build inside your brain are completely unique and different to everyone else. The perfect you concept is that you have a perfect you, that you have this eternal nature that is perfect and it is specific to you and it acts like a filter. It exists because God already created it. However, because we have free will, we go through life using our free will learning about our perfect you nature. So, we literally have to press in to what is actually calling us. Like gravity pulls things toward itself, our perfect you nature is pulling us towards ourselves. The perfect you is how you uniquely think, feel, and choose in your perfect state. It's like this filter that gives you your own unique perception. The result of being out of the perfect you is toxic thinking. When you think correctly, you actually build healthy thoughts. Scripture in the book of Acts says in Him we live, move, and have our being. And that makes so much sense when it comes to the perfect you because to get to know the perfect you, you have to get to know God and vice versa. You're getting to know yourself and you're getting to know God by recognizing that you're perfect you is in Him. We're made in His image.

Health	The Dr. Leaf Show- The Perfect You #31	27:00	27:00	REC	PA/0/E	10/18/2017	5:30pm
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf asks the question, "Do you understand you?" We're not a product of blind, evolutionary forces. We are designed. We're in a world that encourages us to actually try to be like someone else in order to be successful. If we try and be someone else, you make a lousy someone else. We actually cause confusion inside of ourselves; creating conflict because we are going against the natural design of who we are. You are not defined by where you are now, or where you have been, but where you will be. God understands you and if you look at scripture in Ecclesiastes 3:11 it says that God has laid a piece of eternity in us, a divine sense of purpose, and that we're made in God's image. So many scriptures confirm that we have been perfected in Christ and in Him we have our perfection. Dr. Leaf calls it the "Perfect You Concept" where we have this eternal nature made in God's image that is a perfect you nature. There is something you can do that no one else can do because you are unique. "Unique" means: stand alone or set apart. Science shows that this uniqueness is a part of our design. You stand alone. There's no one like you. You have influence over your destiny. Choice is very, very fundamental in activating your perfect you, and it's a lifelong process. The perfect you concept gives you the tools to actually self-examine so that you can learn how to self-reflect, become self-regulatory, and become more aware of your thought life.

Health	The Dr. Leaf Show- The Perfect You #32	27:00	27:00	REC	PA/0/E	10/25/2017	5:30pm
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses what the concept of subjective experience feels like, and this difference between us, and how we can actually mess this up by going down our own pathway, or enhance this by stepping into the perfect you and operating like we should. When we say, "This is how I feel," we also need to check and self-examine the "what you're feeling" because sometimes it's a toxic thing that you've got used to thinking and feeling that way. In science, it is called automatization, which is a fancy word for forming a habit. Increase your awareness of your difference. You're different and that difference is fantastic. Difference is not a value judgment. Difference is something to celebrate. As you celebrate and become interested in someone else's experience, you enhance your own perfect you functioning and your own brain health. You actually grow brain cells. You increase your intelligence.

The figure designated as Topic Segment Duration is based upon our good faith judgment and may not represent exact time.

Health	The Dr. Leaf Show- The Perfect You #33	27:00	27:00	REC	PA/0/E	11/01/2017	5:30pm
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how the brain can change. She shares how, back in the eighties, it was believed that the brain could not change. She and other scientists began researching the fact that the brain can actually change as the result of the mind. The mind is separate from the brain and the mind can change the brain. This whole concept of renewing our mind goes hand in hand with the scientific concept of neuroplasticity. "Neuro" meaning brain." "Plastic" meaning change. So when you are in the perfect you, you are actually changing your brain in the right direction. The converse applies and it's called "the plastic paradox." When you get out of your perfect you, you change your brain the wrong direction and create a lot of confusion and conflict in you because it's supposed to stay in your perfect you. You don't have to get stuck in the toxicity, in the problem, you can get out of them. You can change your brain. The brain simply does what the mind tells it to do.

Health	The Dr. Leaf Show- The Perfect You #35	27:00	27:00	REC	PA/0/E	11/08/2017	5:30pm
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how if you can understand the spark of the divine in you and start getting a glimpse of that, it will transform the way that you actually function. Research shows that there are only two types of emotion; love emotions or fear emotions. We know that in the perfect you, that's where the love emotions are going to be. We know that in the imperfect you, that's the opposite, and it's the fear emotions. Because emotions give things color and flavor and gives it a lot of power and energy, it impacts how you feel and how other people feel. So, the more you think about something and the more you grow that thought, the stronger the attitude of the thought becomes. So, we need to be very careful what we're thinking about all the time. We also need to recognize that attitudes don't control us. We control our biology. We control our attitude. Attitudes are real and no thought is harmless. Mental ill health is not a disease. You actually can change the situation.

Health	The Dr. Leaf Show- The Perfect You #36	27:00	27:00	REC	PA/0/E	11/15/2017	5:30pm
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Today on The Dr. Leaf Show, The Perfect You a Blueprint for Identity, Dr. Caroline Leaf discusses how you can learn to get your emotions under control. Research shows that 75-98% of all illnesses come from our thought life. Our thinking in the perfect you becomes essential in creating the correct environment for our body. Science is actually showing what Philippians 4:8 talks about – think on these things, good, pure, true, -- all that good stuff actually changes the environment. So, epigenetics is literally that Philippians scripture in action. Why should you control your toxic emotions? Because you're causing brain damage. You can fix the brain damage by fixing your thoughts. Why don't you be proactive and actually capture those toxic emotions and toxic thoughts before they become a problem? Be aware of your emotional reactions. Focus on your feelings and evaluate if they are toxic or if they are healthy. Are they in the perfect you or the imperfect you? Evaluate and write down how often you are in a toxic state and how you feel in that state, as well as the positive.

Health	700 Club NewsWatch #10102017	1:00:00	5:00	REC	PA/0/E	10/10/2017	2:00pm
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CBN News Reporter Lorie Johnson Reports: Chances are you or someone you know takes a drug to lower cholesterol. This class of drug is called a statin. They are the most widely prescribed drugs in history. An estimated one-fourth of Americans over the age of 40 takes a statin. These enormously popular drugs are controversial. On one hand, some doctors say they are so beneficial, far more people should be taking them than those who already do. However, on the other hand, there are physicians who say statins should be used by fewer people than those who are currently taking them. In addition to doctors, many patients are weighing-in on statins, based on their own experiences with the drugs. Patients like David Venables, who blames statins for ruining his life and killing his dream of retirement filled with travel. He says taking the drug caused such severe walking and breathing problems, he's now basically homebound. Although David felt great, his doctor prescribed a statin because he felt David's LDL or "bad cholesterol," was too high. Not long after that, David started experiencing problems he'd never encountered before. According to the U.S. Food and Drug Administration, statin side effects include memory loss, confusion, muscle problems, increased blood sugar and diabetes, liver issues and more. Side effects often go away when the patient stops taking the drug. Some statin users, however, say their problems are permanent. David is one of thousands on the web (http://stopped_our_statins.webs.com) and social media (<http://https://www.facebook.com/groups/statins/>) reporting devastating even fatal reactions after taking a statin...to little avail. Cleveland Clinic Cardiologist Leslie Cho told CBN News she worries stories like these might discourage overall statin use. Dr. Cho goes even further by saying not only should patients who have been prescribed statins stick with the drug, but that more people should start taking one. While proponents of cholesterol-lowering statins say scientific evidence proves the drugs save lives, there are others within the medical community who say that research is deeply flawed. In his book, *"Overdosed America,"* Dr. David Abramson claims drug companies pay for the studies. He says a key facet to the drug companies' dissemination of information is their control of the original data. He says they oversee who is chose to participate in the study, who is dropped from the study, the way questions are asked and more. Perhaps most significant, according to Abramson, is that drug companies keep the raw data secret and release to the public only the information they obtained that make their product look good. In short, Dr. Abramson says the medical community is being scammed. To fix the problem, Abramson is calling for transparency in pharmaceutical companies' research. That would mean unbiased outside experts must analyze all of the raw data and draw their own conclusions before the drug companies are allowed to publish their research. An obviously expensive prospect, Abramson suggests paying for it by taxing the billions of dollars drug manufacturers spend on marketing. In addition to overseeing all of the raw data from pharmaceutical research, Abramson says the public should also know whether there is an all-natural solution to medical problems that are just as effective as the drugs being studied. Therefore, he says congress should mandate that the FDA add a "lifestyle arm" to all drug research to determine the results of behavior modifications compared to taking a drug. Finally, Abramson said drug companies aren't properly disclosing the high volume of patients who show no benefit from taking a statin. He says out of 83 users, statins only prevent one cardiovascular death, while the other 82 show no benefit from the drugs. Furthermore, he said out of 23 users, only one avoids a non-fatal cardiovascular event, while the other 22 show no benefit from the drugs. When it comes to preventing heart disease, the focus tends to be on lowering LDL, or "bad cholesterol." However, an increasing number of physicians say there are more important things to look at. Cardiologist Patrick Fratellone (<http://www.fratellonemedical.com/>) is one of them. Dr. Fratellone is one of a growing number of healthcare providers who say a more important heart disease risk factor than high LDL cholesterol is high triglycerides, combined with low HDL, or "good cholesterol." These two measurements are part of a typical blood lipid profile, but are often overlooked. Dr. Fratellone says triglyceride levels should be less than 150. He says lowering triglycerides and raising HDL or "good cholesterol" can be done by eating healthier. So while most doctors agree statins are helpful for some patients, with all these questions, you should feel free to talk to your doctor about whether one is right for you.

Health	700 Club NewsWatch #12052017	1:00:00	5:00	REC	PA/0/E	12/05/2017	2:00pm
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CBN News Reporter Lorie Johnson Reports: New research shows people who consume lots of sugar are more than twice as likely to die from heart disease. Doctors say sugar feeds cancer and Alzheimer's. Then there's sugar's link to diabetes-and the list goes on. That's why making giving up sugar your New Year's Resolution, to include artificial sweeteners, could be the best thing you could do for your health in 2018. When we think of addiction, we tend to focus on drugs and alcohol. But more doctors now say sugar addiction is often overlooked as the destructive and deadly force it actually is. One of those physicians is sugar addiction specialist Dr. Vincent Pedre (<http://pedremd.com/>), Medical Director of Pedre Integrative Health and President of Dr. Pedre Wellness, based in New York, City. Dr. Pedre says sugar includes all sweeteners such as high fructose corn syrup and natural ones like agave. He also points out that to your body, refined carbohydrates are sugars, too. An estimated three-fourths of Americans are addicted to sugar and don't know it. But food manufacturers do. They add sugar to nearly everything, even foods that may not seem sweet, such as crackers, bread, yogurt, pasta sauce and more. This keeps customers coming back for more. There are nearly 60 different names for sugar. Check the list of ingredients. Red flags are any type of syrup and words that end in -ose. Also fruit juice concentrate, fruit juice, molasses, turbinado, maltodextrin, evaporated cane juice, caramel and honey. Most people might be shocked to learn that they consume 100 times more sugar than their ancestors did back in the 1800s. Dr. Pedre says most patients are also unaware that their sugar overload is at the root of their nagging health issues, and that when people give up sugar, these issues disappear. Scientists who tested lab animals discovered sugar is even more addictive than some illicit drugs. He says people who are addicted to sugar can never be satisfied with just a taste. Dr. Pedre points out that alcoholics shouldn't have even one drink and drug addicts should avoid even just one hit. Therefore by extension, sugar addicts shouldn't have even a little. That's why he recommends giving up all sweets. After a number of days, it varies from person to person, the sugar addict generally stops craving it. In the meantime, he says power-through temptation, armed with the knowledge that it's only temporary. Dr. Pedre does offer this safety net: whole fruit. Whole fruit is fruit in its natural form, not fruit juice or fruit products like gummy fruits, dried fruits or fruit rolls. Dr. Pedre says eventually sugar addicts need to avoid the sugar in fruit, but it's an adequate substitute for the more harmful types of sugar. While whole fruit is an acceptable substitute for sugar, Dr. Pedre warns his patients to avoid artificial sweeteners at all costs. Research shows they're actually worse than the real thing. In his book, "Happy Gut," he says artificial sweeteners can harm our immune system by disrupting the bacteria in our digestive tract. Studies show people who regularly consume artificial sweeteners actually gain more weight. Artificial sweeteners, just like sugar, can trigger dangerous insulin resistance. Dr. Pedre says while insulin is a serious condition, it doesn't have to be permanent. He recommends intermittent fasting to help fix the problem. There are many different ways people can fast intermittently. One of the most popular is going without food for a 12 to 16-hour stretch each night. It might not be easy, but giving up sweets in their many forms, including artificial sweeteners, could pay dividends in the long run.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #1740	28:30	14:15	REC	PA/0/E	10/09/2017	5:30pm
						10/10/2017	4:00am
						11/27/2017	5:30pm
						11/28/2017	4:00am

Cheri Duckworth opens the show. Introduces the first segment. Tosses to Dolly Velasquez. Dolly Velasquez pitches to Roll-in 1 for City Rescue Mission. Roll-in 1: Essential Ingredients for Life & meeting basic needs of people in Oklahoma. Dolly Velasquez talks to Tom Jones, President/CEO of City Rescue Mission about poverty in America and specifically Oklahoma City. Tom Jones: "43 million live below the poverty line right now in America." Instead of putting a Band-Aid on the issue, City Rescue Mission works with people in the community to identify what it is going to take to help them become self-sufficient. Cheri pitches to Roll-in 2: Breaking misconceptions about homeless people. Roll-in 2: When you look in the mirror what do you see? Do you see beauty or scars? Q: How are you able to take these broken women and turn it around so that they are able to see themselves as victorious? A: The enemies' number one objective is to get you to doubt yourself. We try to get them to realize that the way god feels about them is powerful, real, and true. City Rescue Mission offers help through a lot of different programs. Some people that visit the mission are recently unemployed. They offer a safe place to stay while helping them put their resumes together. This helps them save money until they can move out and feel strong again. Tom Jones, "About 35% of our population have mental illness diagnosis. They're allowed to stay with us as long as it takes us to find them alternative places to go that are safe." Every person who walks through the door is assigned a case manager who walks the journey to end their homelessness with them. They have a school program and a state licensed daycare center. 97% of people that leave the mission find homes. Dolly introduces Roll-in 3. Roll-in 3: Testimonies-Lives that have been changed through City Rescue Mission. Our host and guest visits the dining hall where people have just finished eating their meal. At City Rescue Mission, they believe that connecting with the people they serve is the most important component to what they do. They feed about 1100 meals a day. It's more than just food in their bellies, it gives them the opportunity to see that someone loves and cares for them. It then reflects back to God. They have services for addiction recovery, parenting and life skills, as well.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #1740	28:30	14:15	REC	PA/0/E	10/09/2017 10/10/2017 11/27/2017 11/28/2017	5:30pm 4:00am 5:30pm 4:00am

Cheri Duckworth opens the show. Introduces the second segment. She tosses to Pastor Z. Pastor Z pitches to Roll-in 1 of SAM Ministries. Pastor Z and Navarra Williams, President/CEO of SAM Ministries discuss the issue of homelessness in San Antonio. Every year across the country, there is a count that's done by the major cities called "The Point in Time Count". This pass year, they counted 2743 homeless people. This number includes people who are already in shelters, transitional facilities, and/or found on the streets. SAM Ministries has been providing there services for over 35 years. To combat homelessness, they have programs to help keep families, seniors and veterans in their homes. The filming of this segment takes place in SAM Ministries "Transitional Living & Learning Center". Families get to stay in the facility for up to two years. They focus on work skills and education of the parents and children. Navarra Williams says homeless children tend to fall behind in school. They typically read below grade level. They also test lower in math and science. Cheri pitches to Roll-in 2: Jessica's Story. Jessica talks about her rough childhood and how going to SAM Ministries changed her life. Navarra discusses how Jessica blossomed over her eighteen months stay with SAM Ministries. She went from being closed and shy to being on a panel for overcoming homelessness hosted by SAM Ministries. She studies at Texas A & M. Navarra Williams explains some of the misconceptions of homelessness. It affects everyone. His biggest hope is that the people they serve end up with sustainable housing. They don't want someone who goes through one of their programs to becoming homeless again. They have an effective rate of about 94% across all of their programs. Roll-in 3 is Roxana's Story. Roxana discusses her past of an abusive marriage. Upon divorcing, she found herself struggling and unable to pay rent. She was referred to SAM Ministries and they came to her rescue at perfect timing, just as she was being evicted. Through Roxana's story and living situation, SAM Ministries learned that there may be others like her. Navarra says about 65% of homeless people have some kind of trauma. For this reason, they've changed how they help them. They now use a model called "Trauma Informed Care". Over 700 families have successfully transitioned out of the "Transitional Living & Learning" facility since its inception. Cheri Duckworth closes the show.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Homeless	Joy in Our Town #1737	28:30	14:15	REC	PA/0/E	10/16/2017 10/17/2017	5:30pm 4:00am

Host, Cheri Duckworth opens the show by introducing the first segment about feeding the homeless, then she tosses to Pastor Adam Z. Pastor Adam Z introduces Roll-in 1 for CAM Ministry. 39 years ago 9 downtown churches took a risk and a leap of faith to create CAM Ministry. CAM is almost completely volunteer run. They will help anyone who meets the criteria for needing assistance. Armando tells his story about being incarcerated for 2 years and losing everything, but finding a fresh start through CAM Ministry. He is now the owner of a plumbing company. Next, Pastor Z introduces Dawn Fosdick, Executive Director of CAM Ministry. Dawn tells us about the day to day operation of CAM Ministry. No one has to have an appointment or prove that they're worthy. CAM addresses the needs of short time and long term crisis'. People are coming in getting groceries, toiletry needs, clothing, and assistance with administrative needs of being a citizen such as I.D.'s, food stamps, social security cards, etc. Dawn says they see children who have been in the foster care system who have aged out and they don't know what to do. They see individuals who have escaped abusive situations, so they've had to leave those things behind. Cheri re-opens the show, then pitches to Roll-in 2. In this Roll-in, clients of CAM Ministry tell their stories. Dawn talks about how Christ's love shines through. CAM Ministry has over 80 churches that formally supports them. People bring donated clothing, they donate their time, and they also repair things. CAM has other nonprofits that partners with them. CAM helps with utility assistance, so their clients can focus on getting a job. In the final Roll-in Roy and Annie tell their stories. Pastor Z makes a point about how ministering to other people becomes ministering to ourselves. Dawn agrees, then tells a story about helping a sweet older lady with swollen feet down the stairs, but the lady responded to her questions despite her condition by saying "I'm just so blessed!"

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Housing	Joy in Our Town #1743	28:30	14:15	REC	PA/0/E	11/20/2017	5:30pm
						11/21/2017	4:00am
						12/26/2017	4:00am

Host, Cheri Duckworth opens the show. We're exploring how Habitat for Humanity responds to local housing needs in communities around the country. Mely De Leon is at a Habitat for Humanity home with Wayne Lowry, Executive Director of Habitat for Humanity of Rio Grande Valley. Habitat for Humanity partners with low-income families that are hardworking, but simply need a hand up to help them further their lives. They help people who want to help themselves. In doing so, they believe they are building strength, stability and self-reliance through shelter. Habitat for Humanity gives families the opportunity to own a home of their own, where the children can grow up in a stable environment. They have a very thorough qualification process. About 5% of the people that apply complete the entire process. There is a pre-screening questionnaire on the Habitat for Humanity website that people can take to see if they are eligible for furthering the process. They encourage families to apply and accepts applications year round. Wayne talks about the problems he sees in the communities throughout the Rio Grande Valley. He explains that rent is so high that families get stuck in a cycle of poverty. Families are unable to save up to buy a house, so instead they get stuck trying to make high payments for rent. At Habitat for Humanity, they want to be part of the solution. Wayne explains how his region has been blessed and through it they have recently expanded into more cities within the Rio Grande Valley. Ultimately, Wayne would like to see his region partner with more well deserving people, as well as aging seniors who have mobility issues. They do home modifications for the seniors by adding ramps, rails, and making their bathrooms more accessible. Habitat for Humanity started in the 1950's by missionaries who traveled to Africa and witnessed how the communities were building huts. They eventually brought the concept back to the states and established Habitat for Humanity in 1976. In 1988, Habitat for Humanity of the Rio Grande Valley was established by Rev. Ernest Miller. From the roots, Habitat for Humanity has been a Christian nonprofit, but they serve people from all backgrounds of all communities. At their core, their goal is to show God's love.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Housing	Joy in Our Town #1743	28:30	14:15	REC	PA/0/E	11/20/2017	5:30pm
						11/21/2017	4:00am
						12/26/2017	4:00am

Host, Cheri Duckworth opens the show. She tosses to Marcus Howard, who is at Tulsa's Habitat for Humanity's Restore. Marcus Howard is inside Tulsa's Habitat for Humanity's restore with the CEO and Executive Director, Cameron Walker. Habitat for Humanity works with a spectrum of people. To combat the misconceptions about the people they serve, Cameron Walker talks about how a teacher in Oklahoma qualifies for a Habitat for Humanity home due to teacher's salaries in the state. He expresses how that was not what Habitat for Humanity was intended for, but because of the circumstances the organization has evolved to serve a wide range of people. One of the qualifying factors is that an applicant has to be a first time homeowner, but they also have to be willing to partner with Habitat for Humanity. They volunteer in the restore and help work on the construction of their own home and potentially other homeowner's houses. They go through an extensive homeowner's education program that gives them financial literacy training and establishes a banking relationship. The Habitat for Humanity homeowner's college takes about 18 to 24 months to complete. In the restore, they are trying to become more eco-friendly. The restore is a discount, home building supply store. According to Cameron, the restore is the engine that runs the organization. About half of the items in the restore have been donated to the mission from the general public. Tulsa's Habitat for Humanity manufactures all of the cabinets in their woodshop. They are one of the only Habitats in the country that actually builds all of the cabinets to go into the homes they build. The Tuesday Morning Miracle Workers take raw wood and turn it into cabinets for kitchens, bathrooms, vanities for bathrooms and more, all voluntarily. Cameron Walker states that due to a tornado that hit Tulsa, a company that sells granite donated their slightly damaged granite to them. In Tulsa, they build about 25 homes a year. They are hoping to expand that number in the near future. Cheri closes the show.

Minority	700 Club NewsWatch #12212017	1:00:00	5:00	REC	PA/0/E	12/21/2017	2:00pm
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CBN News Reporter Mark Martin Reports: Imagine not having a Bible in your language. That's a reality for around 2,000 languages across the globe. Now in its 75th year, the world renowned Wycliffe Bible Translators continues its work at reducing that number. One of their newest missions is reaching the deaf. While the numbers are also encouraging, much work still needs to be done. The organization says up to 160 million people need the Bible translated in their languages. One new frontier is the deaf community, and Wycliffe is working with Deaf Bible Society to reach this often overlooked group. The need is great. Deaf Bible Society estimates there are 70 million deaf people worldwide, and less than two percent have interacted with the Bible in a language that they can understand. It doesn't stop there. Of the more than 350 sign languages, Pagan tells CBN News not one has a complete Bible translation – even American Sign Language or ASL. Some may wonder, "Why doesn't the deaf community just read a printed Bible?" Pagan calls sign language the heart language of the deaf. Director of operations Adan Burke talked with us about the importance of this translation effort through interpreter Mistie Suhr. He's encouraged by recent progress, specifically for ASL. Once a translation is complete, the Scripture engagement department steps in. CBN News caught up with Brandon, a Deaf Bible Society employee, who demonstrated the Deaf Bible app. Computer technology is essential to the process. Shawn Collins oversees the software program known as Chameleon. All this helps Wycliffe reach deaf people around the world with the Word of God. CBN News watched field coordinator Severa Trevino make contact with a deaf translation team from Tanzania in East Africa, for the first time. Burke, who was CBN News' tour guide of Deaf Bible Society, agreed that the Holy Spirit ordered that contact right as the crew from CBN News walked by. Deaf Bible Society says so far 30 sign languages have portions of the Bible translated. The organization and Wycliffe hope in the next three years that 100 more will be added to that list. Stuart Thiessen, a consultant for the organization, says deaf people are usually the last people to learn what's happening the world. Wycliffe and Deaf Bible Society are taking God's Word to people from all walks of life and helping to usher in the return of Jesus Christ.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Unemployment	Joy in Our Town #1737	28:30	14:15	REC	PA/0	10/16/17 10/17/17	5:30pm 4:00am

Host, Cheri Duckworth introduces the segment for The WorkFaith Connection. She tosses to Coppelia Acevedo. Coppelia pitches to Roll-in 1: More than a job a new life. It's an introduction of The WorkFaith Connection & client testimonials. One client says "Most of us that work here from The WorkFaith Connection have checkered pasts. We know what it's like to be at the bottom." An employer exclaims, "When you hire WorkFaith guys it's "What's can I do for you?" Next, Coppelia introduces Sandy Schultz, the President and CEO of The WorkFaith Connection. The WorkFaith Connection provides an eight day boot camp so that people can get the skills they need to get a job. In addition, they restore hope by reminding people how deeply they are loved by God and helping them to see the person God created them to be. About 50% of people The WorkFaith Connection helps are coming out of prison or have struggled with addiction. The other half may be stay-at-home moms who are returning to work or older people who are back on the job search after a long time and are feeling discouraged. The minimum age for the program is 18 years old, but there is no maximum age. They have a variety of people in the classroom who are all there for the same purpose. There's a bonding that happens in the classroom where the Holy Spirit brings together a very diverse group of people from all economic and background levels into a common room. They call it "The Redemption Room". Coppelia says, "When you bring God into the mix with The WorkFaith Connection the Faith part is definitely life changing." People do not have to be followers of Christ to come to The WorkFaith Connection. The staff is trained to love people with the spirit of Christ. They read from scripture every morning, but they let people be drawn to the holiness of God in them. Cheri re-opens the show, then introduces Roll-in 2. Roll-in 2 is about being in the classroom at The WorkFaith Connection. After the Roll-in, Sandy tells us about the success story from the video that is near and dear to her heart. It doesn't cost anything to go to The WorkFaith Connection. Coppelia -"People can go through this incredible program and land jobs for free." Coppelia thanks Sandy for sacrificing so people can have a better life in the future. Cheri closes the show.

Unemployment	700 Club NewsWatch #11102017	1:00:00	5:00	REC	PA/0/E	11/10/2017	2:00pm
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CBN News Reporter Erik Rosales Reports: From the battlefield to the business world, more and more military veterans are reentering the civilian workforce. But many struggle to successfully make the transition. What are some of the business strategies used to empower and employ veterans? U.S. Army veteran Erick Girard has been looking for full-time work for the past six years since leaving the military. After five years serving our country, the second lieutenant left the military with an honorable discharge after an injury. Since then he's been looking for a career. He says the military taught him discipline, loyalty, and honor. But not self-promotion or self-marketing. Lida Citroen spent 25 years in the corporate arena, helping CEOs of leading edge businesses define their brand, understanding their target marketplace and creating strategies to drive production. Now her books such as *"Your Next Mission, A Personal Branding Guide for The Military to Civilian Transition"* and her blog, *"LIDA 360"* (<http://www.unleashingyourbrand.com/>), are helping veterans realize the importance of creating a powerful personal brand and selling that brand to a potential employer. She adds veterans have to go the extra mile, like creating a resume that's easy to understand. She says veterans need to explain what they did and how those skills relate to the job they're applying for, without using military jargon or abbreviations. Citroen says she believes God led her to help veterans. She says a spiritual awakening took place, of all places during the halftime show of a Denver Bronco's football game on Veterans Day. The team did a tribute to soldiers returning home and what it's like to take off the uniform. Since then she's been running her business to help vets. The same is true for former veteran and military transition advisor Patricia Frame. Frame runs Strategies for Human Resources, out of Washington, D.C. As for that interview, Frame says it's important for vets to talk about success stories from their military experience. Frame adds new veterans can learn about the civilian world by talking to other vets already in the workforce. She adds veterans need to join or start employee resource groups in their area or online. Meanwhile, veteran Erick Girard says he will use another virtue the army taught him, that is to never give up. Another reminder from employment experts, what goes online is never private. Employers often check out social media pages, to get a better understanding of a person's character often before any offer is ever made. If you would like more information, click here to go to Lida Citroen's website (<http://www.lida360.com/veterans/>). The U.S. Department of Homeland Security is hiring, to check out their website, click Department of Homeland Security. (<http://www1.cbn.com/cbnnews/us/2017/november/tough-transition-why-veterans-struggle-to-find-civilian-jobs>). Veterans help is out there, don't be afraid to ask for it. Happy job hunting!

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Youth	Joy in Our Town #1738	28:30	14:15	REC	PA/0/E	10/30/2017 10/31/2017	5:30pm 4:00am

Host, Cheri Duckworth opens the show. She tosses to local host, Coppelia Acevedo. Coppelia Acevedo pitches to Roll-in 1 which explains how Change Happens was founded. Next, Coppelia Acevedo introduces Rev. Leslie Smith, CEO and Founder of Change Happens. Our guest explains how God gave him the dream to buy old crack houses which he built into the "Change Happens" building. Change Happens is all about people walking out different from the way they walked in. They empower people to help themselves. They work to help people reach their full potential. They have a library where kids can go to read. They also have an after school program. They have educational classrooms, counseling, and case management for teaching life skills, mentoring, helping with homework, and more. Cheri re-opens the show, then pitches to Roll-in 2. In Roll-in 2, students are thanking Leslie Smith for giving them a chance to have a better life. The video explains the positive effects of having an after school program. A confident child today becomes an engaged adult tomorrow. Leslie Smith tells us that Change Happens has helped so many kids by empowering them with life skills, anger management, and life choices so they can go out and make good decisions. On the adult side, they work with adults who are hanging out on corners. They also do HIV testing. People are able to find out their status in five minutes. They have a homeless program that moves people from the streets to shelters, then from shelters to permanent living. Leslie Smith also tells us about their program for affordable housing. Coppelia pitches to Roll-in 3. Roll-in 3 shows how Change Happens hold events for healthcare such as "Children Health Day" which provides access to free services including immunizations, hearing, dental, and vision screenings. Change Happens provides HIV prevention education, testing, abstinence, STD and pregnancy prevention programs. They also have the support of mentors as part of the Rescue Youth program. Kids University offers an interactive learning experience that promotes the merits of higher education. The video ends by showing the progress of a youth participant named Zack. Coppelia references the video by saying there is so much hope for the future after watching Zack's story. Leslie Smith talks about where and how Zack grew up. Zack started in the program when he was six years old and is now in college and working for the organization. He is one of many success stories. Knowledge is power. What these kids need is information that can help them make good strong life choices. Coppelia thanks Rev. Smith for being the inspiration to those kids and to her personally. Rev. Smith's closing statement is, "Do dreams come true? Absolutely!"

The figure designated as Topic Segment Duration is based upon our good faith judgment and may not represent exact time.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Youth	Joy in Our Town #1742	28:30	14:15	REC	PA/0/E	11/06/2017 11/07/2017 12/18/2017 12/19/2017	5:30pm 4:00am 5:30pm 4:00am

Host, Cheri Duckworth opens the show. Millions of Children worldwide are living without parents. In Texas, thousands of children are still waiting to be adopted. We're hearing from an organization that engages churches in the full foster adopt continuum to make sure every child in Texas has a loving home to go home to. Roll-in 1: Families of South Texas Alliance. Becky Spieth sits down with Jennifer Smith, Founder of South Texas Alliance for Orphans. In Texas there are approximately 35,000 kids in state custody. South Texas Alliance for Orphans is serving its purpose by making churches aware of the orphan crisis. They give churches a step by step guide of ways they can become involved in solving this crisis. Churches can get involved in three different aspects of this mission. One aspect is prevention, which essentially is keeping the children from entering into the foster care system. The next aspect is capacity, which involves the children that are already in the system. Every year, 1,000's of kids are moved out of the community because there are not enough foster homes. The third aspect is the kids that have been missed, who are aging out of the foster care system. They help churches use their gifts, talents and resources to serve in their space. Through the Alliance the churches are all connected to one another, so that one church doesn't have to do everything. They only have to fulfill their piece of the puzzle. Jennifer says that if we don't step up, the statistics are horrible. She states that in regards to prison ministry, sex trafficking, and homelessness, some of those kids come from foster care. She explains that if we don't start addressing the root of it, such as foster care, the end result will never change. Cheri pitches to Roll-in 2: How to solve the orphan crisis. Being built on the Body of Christ, churches are the hands and feet of the foster children and to their families in house that are fostering and adopting. South Texas Alliance for Orphans is the bridge that connects the state's need and how the churches can respond. God has been faithful every step of the way by continually opening doors for the organization. Roll-in 3: A family shares their story and call to adopt. Jennifer gives advice on how churches can get involved and expresses her views on the future for the Alliance. She states that the lord is going to provide, if you would just be courageous enough to take that first step.

Issues	Program Title	Program Duration	Segment Duration	Source	Type	Air Date	Time
Youth	Joy in Our Town #1742	28:30	14:15	REC	PA/0/E	11/06/2017 11/07/2017 12/18/2017 12/19/2017	5:30pm 4:00am 5:30pm 4:00am

Host, Cheri Duckworth opens the segment. Our next mission is healing the wounds of abused and neglected children. Cheri tosses to Dolly Velasquez, who introduces the first roll-in. Roll-in 1: Introduction to Pepper's Ranch. Pepper's Ranch is a one of a kind community that sits on over 300 acres. There are 13 homes, sheltering 110 children and 13 families dedicated to helping neglected children find their forever home. Dolly Velasquez is at the ranch with Tonya Ratliff, Executive Director of Pepper's Ranch. After God provided the land, Pepper's Ranch became a vision of turning orphans into sons and daughters. As well as, breaking the cycles of child abuse and neglect, while ensuring every child in Oklahoma has a home to go home to. Their goal is to create 3 homes every 18 months, bringing around 25 children out of foster care and into the arms of a forever family. At Pepper's Ranch, they have a wraparound method of ensuring their families are supported by families. They strive for high capacity living, which means a big family with a lot of love to go around. Tonya states that she is a mother of ten. She and her husband live at Pepper's Ranch. They have five adopted children that came out of foster care, two biological children, and three children that are currently in foster care. There are 27 sibling groups at Pepper's Ranch. They want to ensure that the sibling groups stay together. Roll-in 2: Hope of a Family for Children and Limiting Reproduction of Statistics. Tonya states that her 9 year old son is fourth generation foster care. When she looks at him she knows that the cycle is broken. They all come to Pepper's Ranch broken, but healing begins through the support of the families at Pepper's Ranch. Currently in the state of Oklahoma there are over 10,000 children in DHS custody. At Pepper's Ranch, they are always searching for families that are able and willing to meet the needs of children in Oklahoma, who at no fault of their own are victims who unfortunately become foster children. They ensure that the parents at Pepper's Ranch are supported in many areas from services to therapies and community interactions. There's a connection in the community. The children know that a hope of healing is available at Pepper's Ranch. Cheri pitches to Roll-in 2, A Network of Caring Foster Parents & Mentors. The horses are an important part of their program. When the children enter into Pepper's Ranch there are a lot of trust issues and abandonment barriers that will keep them from truly impacting their successes in academics and more. The children learn to heal through the horse therapy program. It allows them to build trust and relationships. Callie's Corral is a 20,000 square feet riding arena at Pepper's Ranch, allowing the horse program to take place year round. An anonymous donor blessed the organization with the Pepper's Ranch community. Callie's Corral was a huge part of it and exist through that one donor and was named after her horse. The horse, Callie helped her owner heal through trauma, pain, and suffering. Cheri closes the show.