



Weekly Public Affairs Program

Call Letters: _WZFM-FM_

QUARTERLY ISSUES REPORT, APRIL-JUNE, 2021

Show # 2021-14

Date aired: _4/4/21_ Time Aired: _7AM_

Eric Sussman, PhD, adjunct real estate professor at the University of California Los Angeles

Prof. Sussman explained the recent trend of "We buy houses" and "Cash for homes" signs on roadsides and other forms of advertising. He explained what types of real estate investors are behind the signs and how the transactions typically are structured. He also outlined the pluses and minuses for home sellers.

Issues covered:
Consumer Matters
Real Estate

Length: 7:16

Shanna H. Swan, PhD, Professor of Environmental Medicine and Public Health at the Icahn School of Medicine at Mount Sinai in New York City, author of *"Count Down: How Our Modern World Is Threatening Sperm Counts, Altering Male and Female Reproductive Development, and Imperiling the Future of the Human Race"*

Prof. Swan's research has found that sperm counts among men in the industrialized world fell nearly 60 percent from 1973 to 2011, in part because of the hormonal effects of chemicals widely used in consumer products. She said if trends continue at the current rate, most couples may have to seek assisted reproduction by the year 2045. She believes that the chemical industry urgently needs to develop chemicals that can be used in everyday products that are non-hormonally active.

Issues covered:
Personal Health
Reproduction
Consumer Matters
Environment

Length: 9:55

Matthew E. Rossheim, PhD, MPH, CPH, Assistant Professor in the Department of Global and Community Health at George Mason University

Supersized alcopops are ready-to-drink flavored beverages that taste like energy drinks, but contain up to five standard alcohol drinks in a single serving. Prof. Rossheim led a recent study that found that 46% of all calls to U.S. poison control centers involving supersized alcopop consumption were made for consumers below the legal drinking age. He explained what regulatory and policy changes might help to address the problem.

Issues covered:
Underage Drinking
Youth at Risk

Length: 5:11

Show # 2021-15

Date aired: 4/11/21 **Time Aired:** 7AM

Richard Watts, personal advisor and legal counsel to the super wealthy, author of *"Entitlement: How Not to Spoil Your Kids, and What to Do if You Have"*

Mr. Watts said well-intentioned parents are creating a "me" generation of children who lack the wisdom and satisfaction of accomplishment that can only be learned through struggle and adversity. He offered examples of parental decisions that create a sense of entitlement in children in families of all income levels. He also outlined simple ways for parents to be a good example for children.

Issues covered:

Length: 9:53

Parenting

Education

Matt Schulz, Senior Industry Analyst at CreditCards.com

It pays for consumers to reach out to a credit card provider when faced with unwanted fees and high interest rates. Mr. Schulz said 87% of credit cardholders who asked for a late fee waiver were successful and 69% who requested a lower interest rate received one. His organization's study found that only about half of consumers have made any request at all for credit card leniency.

Issues covered:

Length: 7:22

Personal Finance

Dana King, MD, MS, Professor and Chair of the Department of Family Medicine at the West Virginia University School of Medicine

Dr. King led a study that examined whether retired, late middle-aged adults led a healthier lifestyle than those who were still in the workforce. He found that the spare time found in retirement did not translate to healthier lifestyle choices. He said that 90% of Americans of any age are not making healthy choices. He explained discussed the possible reasons why.

Issues covered:

Length: 4:38

Senior Citizens

Personal Health

Retirement Planning

Show # 2021-16

Date aired: 4/18/21 **Time Aired:** 7AM

Ravi Hutheesing, Founder of Ravi Unites Schools, a school network that enables teachers to have groups of students participate in online real-time audio-video interactions with peers around the world, author of *"Pivot: Empowering Students Today to Succeed in an Unpredictable Tomorrow"*

Mr. Hutheesing outlined the ways that the COVID-19 lockdowns exposed the strengths and weaknesses of America's education system. He explained how cultural connections with other students around the world can be a great tool to help a student reach his learning potential. He also discussed the best ways to address the high dropout rate among minority students.

Issues covered:

Length: 8:50

Education

Technology

Minority Concerns

Francisco Lopez-Jimenez, MD, Preventive Cardiologist at the Mayo Clinic

People with coronary artery disease are often prescribed a statin, the cholesterol-lowering drug that reduces the risk of a heart attack or stroke. Dr. Francisco Lopez-Jimenez, discussed whether are statins used enough, who should be taking them, and why some patients refuse to take them.

Issues covered:
Personal Health

Length: 8:31

Holly Wade, Executive Director of the National Federation of Independent Business Research Center

Data from the U.S. Bureau of Labor Statistics shows that over 100 million Americans are out of the labor force and a record 94 million are not looking for a job. Ms. Wade said that 91% of small businesses said they had few or no qualified applicants for job openings in the past three months. She discussed the reasons behind this trend and what it will take for it to reverse.

Issues covered:
Employment
Economy
Government

Length: 5:02

Show # 2021-17

Date aired: 4/25/21 **Time Aired:** 7AM

Chris Carosa, Certified Trust & Fiduciary Advisor, author of *"The Parent's Guide to Turning Your Teen into A Millionaire"*

Less than 15 years from now, the Social Security program will only be able to pay 77% of its obligations to retirees. Mr. Carosa explained how parents can help their children retire with a sizable nest egg, through what he calls a "Child IRA." He said teenagers and parents can contribute to Roth IRA accounts to take advantage of decades that could accrue to \$2 million or more.

Issues covered:
Retirement Planning
Parenting

Length: 9:24

Paul Greenberg, James Beard Award-winning author

Mr. Greenberg discussed a "Climate Diet," a list of steps anyone can take to shrink their carbon footprint. He outlined changes in travel, commuting, diet, investing, and other ways to reduce the use of energy and resources.

Issues covered:
Environment
Consumer Matters

Length: 7:58

Steve G. Jones, EdD, clinical hypnotherapist, President of the American Alliance of Hypnotists, author of 22 books on hypnotherapy

Dr. Jones discussed the most common misconceptions about clinical hypnotherapy. He outlined the problems that hypnotherapy can solve, and he explained why self-hypnosis may be useful. He said everyone can be hypnotized, although some are more suggestible than others.

Issues covered:
Hypnosis
Mental Health

Length: 4:54

Show # 2021-18

Date aired: 5/2/21 **Time Aired:** 7AM

Reynold Henry, MD, MPH, General Surgery Chief Resident at Los Angeles County and USC Medical Center

Uncontrolled bleeding continues to be one of the most common causes of preventable death from a traumatic injury. Dr. Henry led a recent study that found that the use of tourniquets before patients arrive at a hospital has increased significantly in recent years. He said the trend has improved survival rates and decreased the need for blood transfusions. He explained the basic steps for applying a tourniquet.

Issues covered:
Personal Health
Emergency Preparedness

Length: 9:24

Katherine May, author of *"Wintering: The Power of Rest and Retreat in Difficult Times"*

Ms. May discussed how to deal with difficult times of life when unforeseen circumstances derail a person, such as an abrupt illness, the death of a loved one, a job loss, or a divorce. She calls these periods of dislocation "wintering." She explained what nature can teach us about slowing down, and how to use rest and retreat to cope with life's darkest moments

Issues covered:
Mental Health

Length: 7:58

Daniel Hartung, Pharm.D., M.P.H., Professor in the Oregon State University College of Pharmacy

More than 70,000 American lives were lost to drug overdoses in 2019, according to the National Institute on Drug Abuse, and the problem grew even worse during the pandemic. Prof. Hartung led a study that found that 20% of pharmacies refuse to dispense a key medication, buprenorphine, to treat the addiction. He explained possible reasons behind the problem, and why the availability of this drug is so important in the battle against the opioid epidemic.

Issues covered:
Substance Addiction
Government Policies

Length: 4:54

Show # 2021-19

Date aired: 5/9/21 Time Aired: 7AM

Christy Kane, PhD, Trauma Psychologist, Licensed Mental Health Counselor, CEO of 360 Focus Mental Health, author of *"Fractured Souls and Splintered Memories: Unlocking the 'Boxes' of Trauma"*

Dr. Kane said America suffered from a mental illness pandemic even before COVID-19 appeared, but the problem greatly accelerated from 2019 to 2020. She said data indicates that the need for mental health services for children increased by 98% in the past year. She also estimated that 90% of the overall population is struggling mentally to deal with changes related to COVID-19.

Issues covered:
Mental Illness
Pandemic

Length: 8:53

Jennie Romer, Recycling Expert, author of *"Can I Recycle This? A Guide to Better Recycling and How to Reduce Single-Use Plastics"*

Americans love to recycle but Ms. Romer said many are misinformed when it comes to what items are recyclable and what are not. She outlined the most common items that consumers incorrectly believe can be recycled and why. She explained why only 9% of the plastic ever produced has been recycled.

Issues covered:
Recycling
Environment
Government Policies

Length: 8:22

Thomas Beckman, MD, Fellow in Advanced General Internal Medicine at the Mayo Clinic

Many patients seek a second opinion before treatment for a complex medical condition. Dr. Beckman led a study at Mayo that found that only 12 percent of second opinions confirm that the original diagnosis was complete and correct. He explained what illnesses should merit the pursuit of a second opinion.

Issues covered:
Personal Health

Length: 4:58

Show # 2021-20

Date aired: 5/16/21 Time Aired: 7AM

Jeff Korzenik, Chief Investment Strategist for Fifth Third Bank, author of *"Untapped Talent: How Second Chance Hiring Works for Your Business and the Community"*

Mr. Korzeniak believes that businesses have overlooked a historically untapped talent pool: former convicts. He explained why recruiting ex-cons, also known as "second chance hiring," will be a crucial part of successful leadership in coming decades, and why it is crucial to overcoming racial inequality, injustice, family dysfunction, and intergenerational poverty.

Issues covered:
Employment
Prison Reform
Racism

Length: 8:39

Dima Mazen Qato, PharmD, MPH, PhD, Hygeia Centennial Chair and Director for the Program on Medicines and Public Health at the USC School of Pharmacy, Senior Fellow at the USC Schaeffer Center for Health Policy & Economics

33% of neighborhoods in the nation's largest cities are "pharmacy deserts," according to a study led by Prof. Qato. She explained why the problem is a greater concern than similar shortages of pharmacies in rural areas. She suggested that taxpayers should pay pharmacies more for Medicare and Medicaid prescription reimbursements and that pharmacies should be placed in community health centers in low-income areas.

Issues covered:

Length: 8:36

**Minority Concerns
Personal Health
Government Policies
Poverty**

Bill Westrom, consumer finance expert, co-author of *"Master Your Debt: Slash Your Monthly Payments and Become Debt Free"*

The typical American carries thousands of dollars of credit card debt, personal loans, car loans and student loans. Mr. Westrom outlined several easy strategies to save money and retire debt as quickly as possible.

Issues covered:

Length: 4:54

Personal Finance

Show # 2021-21

Date aired: 5/23/21 **Time Aired:** 7AM

Julie Broderick, BSc, MSc, PhD, Assistant Professor of Physiotherapy, Trinity College Dublin, the University of Dublin

Dr. Broderick led a study that found that the physical condition of homeless people in their twenties, thirties and forties is similar to 70 and 80-year-olds in the general population. She found that only 31% could attempt to climb one flight of stairs, and only 38% could walk for 6 minutes. She discussed the possible reasons behind this finding, and potential solutions to address it.

Issues covered:

Length: 8:39

**Homelessness
Substance Abuse
Government**

Jeffrey Michael, EdD, Distinguished Scholar in the Department of Health Policy and Management and the Leon S. Robertson Faculty Development Chair in Injury Prevention at the Johns Hopkins University Bloomberg School of Public Health, former senior official at the National Highway Traffic Safety Administration

There's been little change in the number of traffic deaths in the United States for many years. Dr. Michael was the co-author of a report that recommends the adoption of the "Safe System" approach to road design. The "Safe System" utilizes things like roundabouts and lane designs intended to slow traffic near pedestrians, to significantly reduce the chances for mistakes by drivers, pedestrians, and bicyclists, and reduce the intensity of crashes when they do occur.

Issues covered:

Length: 8:36

**Traffic Safety
Government**

Roy Remme, Ph.D., postdoctoral scholar with the Natural Capital Project at Stanford University at the time of the research

Dr. Remme led a Stanford study that demonstrated that city parks and green spaces lead to measurable improvements in health. He said the study offers proof for city planners and other officials of the importance of green spaces for promoting physical activities, particularly for elderly, minority and low-income populations.

Issues covered:

**Urban Planning
Personal Health
Minority Concerns**

Length: 4:54

Show # 2021-22

Date aired: 5/30/21 Time Aired: 7AM

Robert T. Kiyosaki, investor, entrepreneur, author of *"Rich Dad Poor Dad: What the Rich Teach Their Kids About Money That the Poor and Middle Class Do Not"*

Mr. Kiyosaki discussed the difference in how wealthy people view and use money, compared to middle- and lower-income Americans. He said it is not necessary to earn a high income to become rich. He explained why he thinks it is such a problem that few students receive any financial education in school. He also discussed the best job categories for young people who are ready to choose a career.

Issues covered:

**Personal Finance
Parenting
Education**

Length: 10:03

Thomas Beckman, MD, Fellow in Advanced General Internal Medicine at the Mayo Clinic

Many patients seek a second opinion before treatment for a complex medical condition. Dr. Beckman led a study at Mayo that found that only 12 percent of second opinions confirm that the original diagnosis was complete and correct. He explained what illnesses should merit the pursuit of a second opinion.

Issues covered:

Personal Health

Length: 7:03

Dennis C. Miller, businessman, former CEO of a New Jersey hospital, author of *"Moppin' Floors to CEO"*

Mentors often make a huge difference in a young person's career. Mr. Miller explained why older generations may be key to enhancing the career prospects of Millennials. He offered ideas for how to locate a mentor. He also explained why volunteering may be a wise career move for older members of the workforce.

Issues covered:

**Career
Senior Citizens
Volunteering**

Length: 4:40

Show # 2021-23

Date aired: _6/6/21_ Time Aired: _7AM_

Irwin Redlener, PhD, Director of Columbia University's National Center for Disaster Preparedness

Dr. Redlener said that a limited nuclear attack can be survivable. He said sheltering in place is the best way to avoid the radiation that would follow a nuclear detonation. He outlined emergency supplies that every household should have on hand, and he discussed the reasons that public officials are reluctant to discuss the topic.

Issues covered:

Disaster Preparedness

Length: 8:41

Olympia LePoint, mathematician, rocket scientist, author of *"Mathaphobia: How You Can Overcome Your Math Fears and Become a Rocket Scientist"*

Ms. LePoint was a professional rocket scientist for NASA programs from 1998 to 2007, and was involved in 28 successful shuttle launches. She discussed the shortage of females in STEM (Science, Technology, Engineering & Math) careers and why it is important to encourage young women to enter these fields.

Issues covered:

Women's Issues

Education

Career

Length: 8:36

David M. Neyens, PhD, Assistant Professor in the Department of Industrial Engineering at Clemson University

In a future filled with self-driving cars, how quickly will human drivers be able regain control in the event of a system failure or sudden emergency? Dr. Neyens led a study that found that driver reaction times were poor. He said car designers will need to find ways to give drivers much earlier warnings. He added that driver education programs will also need to change significantly, once driverless cars hit the mass market

Issues covered:

Automotive Safety

Driver Education

Length: 5:08

Show # 2021-24

Date aired: _6/13/21_ Time Aired: _7AM_

Kimberly Mehlman-Orozco, PhD, human trafficking expert, author of *"Hidden in Plain Sight: America's Slaves of the New Millennium"*

Dr. Mehlman-Orozco discussed the most common scenarios in human trafficking cases and why the pandemic lockdowns made the problem worse. She said jurors and judges often are unaware that human trafficking victims are typically controlled by coercion and mental manipulation, rather than via physical kidnapping or other means of force. She explained what to do if someone suspects they know a person who is a victim of human trafficking.

Issues covered:

Human Trafficking

Crime

Length: 8:59

Wayne Applewhite, business leadership expert, author of *"You Know it's a Verb, Right?"*

Mr. Applewhite explained how someone can avoid career burn-out and find a balance between work and life. He talked about the importance of notetaking, schedules and lists in maintaining a productive work environment. He said clear communication from bosses is the key for organizations transitioning back to work in the aftermath of the pandemic.

Issues covered:

Length: 8:12

**Employment
Career**

Mike Kucharski, Co-Owner and Vice President of JKC Trucking, one of America's largest refrigerated trucking companies

Mr. Kucharski said 25% of needed truck drivers are no longer on the nation's highways. He explained how such a severe shortage affects consumers. He also outlined the attractive aspects of a career in truck driving, and how much training and time is required to become licensed.

Issues covered:

Length: 4:58

**Consumer Matters
Employment
Supply Chain**

Show # 2021-25

Date aired: 6/20/21 Time Aired: 7AM

Ira D. Glick, MD, Professor of Psychiatry and Behavioral Sciences at the Stanford University Medical Center, Emeritus

Most mass shooters die during the crime, but Prof. Glick led the first study that closely examined medical and court records of the perpetrators who survived. He found that a large majority of perpetrators had psychiatric disorders for which they had received no medication or other treatment. He believes that mental health providers, lawyers, and the public should be made aware that some unmedicated patients do pose an increased risk of violence and should receive treatment, whether they want it or not.

Issues covered:

Length: 8:02

**Mental Health
Crime**

Michael J. Barry, M.D., Professor of Medicine at Harvard Medical School, Director of the Informed Medical Decisions Program within the Health Decision Sciences Center at Massachusetts General Hospital, Vice Chair of the U.S. Preventive Services Task Force

An alarming rise in colorectal cancer cases among young people has led the US Preventive Services Task Force to establish new guidelines. Dr. Barry co-wrote the revised standards and explained why screenings for colorectal cancer should begin at age 45 — five years earlier than was previously recommended. He also discussed the importance of screening for African Americans, who have the highest rates of colorectal cancer incidence and deaths.

Issues covered:

Length: 9:07

**Cancer
Personal Health
Minority Concerns**

Daniela Viana Costa, PhD, Public Policy Economist at the Penn Wharton Public Policy Initiative

Dr. Viana Costa was the co-author of a study that examined the long-term economic effects of school closures/remote learning during the pandemic lockdowns. She found that the reduced education will create productivity losses, leading to a 3.6% decrease in GDP and a 3.5% decrease in hourly wages by 2050. She explained why younger students were hit hardest by the lack of learning, and possible steps that schools may take to reduce the decline.

Issues covered:

Education

Economy

Length: 5:04

Show # 2021-26

Date aired: _6/27/21_ Time Aired: _7AM_

Melvin J. Gravely, II, PhD, civic leader, President and CEO of TriVersity Construction Company, author of *"Dear White Friend: The Realities of Race, the Power of Relationships and Our Path to Equity"*

The racial divide in America appears to have expanded significantly in the past year or so. Mr. Gravely said the great majority of white Americans are not racists, but they are "benefiting bystanders." He believes that Americans can solve racial problems together. He explained how he defines equality versus equity, and suggested that people should expose themselves to new friends and ideas to expand their understanding of why others feel as they do.

Issues covered:

Racism

Minority Concerns

Length: 9:50

David E. Fisher, MD, PhD, Director of the Mass General Cancer Center's Melanoma Program, Director of Massachusetts General Hospital's Cutaneous Biology Research Center

Dr. Fisher led a recent study that found that vitamin D deficiency strongly exaggerates the craving for and effects of opioids, potentially increasing the risk for dependence and addiction. He said that his findings suggest that addressing the common problem of vitamin D deficiency with inexpensive supplements could play a part in combating the ongoing scourge of opioid addiction.

Issues covered:

Opioid Addiction

Nutrition

Length: 7:27

M. Granger Morgan, PhD, Hamerschlag University Professor of Engineering at Carnegie Mellon University and co-director of the National Science Foundation's Center for Climate and Energy Decision Making

Prof. Morgan discussed his recent study that compared strategies for providing emergency power to residents during a large, long-duration power outage, particularly in rural and suburban communities. He said cooperative strategies such as sharing a higher capacity generator among multiple homes cost 10 to 40 times less than if each household used its own generator. He discussed the regulatory hurdles that currently block these solutions.

Issues covered:

Disaster Preparedness

Infrastructure

Length: 5:06

Affiliate Relations: 847-583-9000 email: info@syndication.net

Quarterly Report of Compliancy Issues & Programs List 2021-Q2 (April - June) Radio Health Journal

- Air pollution
- Alcohol abuse
- Charities
- Childcare
- Child safety
- Consumerism
- Contraception
- COVID-19 Pandemic
- Diet and nutrition
- Disabilities
- Discrimination
- Drinking water safety
- Economics
- Education
- Employment and workforce issues
- EMS and emergency response
- Environmental science
- Ethics
- Family issues
- Federal government and regulation
- Fraud
- Guns and gun violence
- Healthcare
- Homelessness
- Housing
- Informed consent
- Infrastructure
- Insurance
- Local government
- Manufacturing and industry
- Mass shootings
- Mental health
- Minority issues
- Parenting
- Patient Safety
- Pets and people
- Police and law enforcement
- Politics
- Poverty
- Prevention
- Public health
- Public safety
- Rehabilitation
- Research ethics
- Self-help
- Sexual abuse
- Unemployment
- Vaccination
- Vulnerable populations
- Women's issues

Program 21-14	Writers/Producers:	Reed Pence
Air Week: 4/4/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	ASSESSING THE PSYCHOLOGICAL WRECKAGE OF THE PANDEMIC	Time	Duration
Synopsis:	Many people are relieved that, thanks to vaccines, the COVID-19 pandemic seems to be waning. But the mental health wreckage of the last year will take longer to overcome. Experts discuss how it's showing up and what people can do to get back on track.	1:50	12:14
Host & Producer:	Reed Pence		
Guests:	Dr. Anna Glassman-Pines, Associate Professor of Public Policy, Psychology and Neuroscience, Duke University; Dr. Robin Gurwitsch, Professor of Psychiatry and Behavioral Sciences, Duke University; Dr. Jennifer Plumb-Villardaga, clinical psychologist, Duke University School of Medicine; Dr. Judith Orloff, Los Angeles psychiatrist and author, <i>The Empath Survival Guide</i>		
Compliance issues:	healthcare; public health; mental health; consumerism; self-help; youth at risk; COVID-19 Pandemic		
Links:	Duke University Faculty Profile: Dr. Anna Glassman-Pines Duke University School of Psychiatry and Behavioral Sciences profile: Dr. Robin Gurwitsch Health Care 6: Dr. Jennifer Carolyn Plumb Villardaga Judith Orloff M.D. Website		
SEGMENT 2:	THE BENEFITS OF WRITING BY HAND	Time	Duration
Synopsis:	Today's students often type their assignments, no matter the grade level. Writing by hand is done less frequently, and some students are barely able to produce cursive writing. However, studies show that writing by hand creates a better connection to the brain for learning content. Experts discuss how we might tap this connection in an increasingly tech world.	15:06	7:42
Host:	Nancy Benson		
Producer:	Libby Foster		
Guests:	Dr. Danny Oppenheimer, Professor of Decision Sciences, Carnegie Mellon University; Dr. Virginia Wise Berninger, Professor Emerita of Learning Sciences and Human Development, University of Washington.		
Compliance issues:	healthcare; prevention; consumerism; education; technology; neuroscience		
Links:	Carnegie Mellon University Profile: Dr. Danny Oppenheimer Pearson Assessments: Dr. Virginia Wise Berninger		

Program 21-15	Writers/Producers:	Reed Pence
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Air Week: 4/11/21

Studio Production: Jason Dickey

Air Time: 7:30am

SEGMENT 1:	SURVIVING AN ACTIVE SHOOTER	Time	Duration
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Synopsis:

With the recent active shooter incidents in Atlanta and Boulder, Colorado, experts are concerned about a return of mass shootings that had disappeared during the pandemic. Two experts discuss the changing theory of how to survive an active shooter incident through what's called "run, hide, and fight."

1:50

12:24

Host & Producer:

Reed Pence

Guests:

Dr. Cheryl Lero Jonson, Associate Professor of Criminal Justice, Xavier University; Dr. Park Dietz, founder and President, Threat Assessment Group

Compliance issues:

mass shootings; public health; public safety; guns and gun violence; police and law enforcement; youth at risk; education

Links:

[Google Scholar Profile for Dr. Cheryl Lero Jonson](#)

[Threat Assessment Group \(TAG\) profile for Dr. Park Dietz](#)

SEGMENT 2:	THE PANDEMIC IN HISTORICAL PERSPECTIVE	Time	Duration
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Synopsis:

Plagues such as COVID-19 are nothing new, and this pandemic is far from the worst the world has ever faced. A physician and historian examines COVID in comparison to other pandemics and discusses the lessons that will serve us well in the future.

15:16

7:21

Host:

Nancy Benson

Producer:

Polly Hansen

Guests:

Dr. Richard Gunderman, John. A. Campbell Professor of Radiology, Indiana University and author, *Contagion: Plagues, Pandemics, and Cures From the Black Death to COVID-19 and Beyond*

Compliance issues:

history, COVID-19 Pandemic; public health

Links:

[Allen & Unwin Book Publishers: Contagion](#)

Program 21-16	Writers/Producers:	Reed Pence
Air Week: 4/18/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	GIVING CASH TO THE HOMELESS	Time	Duration
Synopsis:	Homelessness continues to be a stubborn problem despite many well-intentioned programs. A new experimental study finds that giving homeless people thousands of dollars in cash helps get many of them off the streets for good, calling into question many assumptions about the homeless and how they got that way. Experts discuss the new program and its implications for ending homelessness.	1:50	12:56
Host & Producer:	Reed Pence		
Guests:	Nan Roman, President, National Alliance to End Homelessness; Dr. Jiaying Zhou, Canada Research Chair and Associate Professor of Psychology and Institute for Resources, Environment and Sustainability, University of British Columbia; Rutger Bregman, historian and author, <i>Human Kind: A Hopeful History</i>		
Compliance issues:	homelessness; economics; poverty; charities; unemployment; alcohol abuse; government; housing		
Links:	National Alliance to End Homelessness: Our People Rutger Bregman Books University of British Columbia Profile: Dr. Jiaying Zhou		
SEGMENT 2:	TRACING COVID IN ANIMALS & WATER	Time	Duration
Synopsis:	Scientists are testing hundreds of different kinds of animals as well as waste and storm water for COVID-19, looking for reservoirs for possible mutation. They've learned even pets can possibly harbor the virus but probably aren't a threat. An expert discusses how the knowledge will combat COVID variants.	15:48	7:06
Host:	Nancy Benson		
Writer:	Libby Foster		
Guests:	Dr. Vanessa Hale, Assistant Professor of Veterinary Preventive Medicine, The Ohio State University		
Compliance issues:	prevention; public health; pets and people; environmental science; COVID-19 pandemic		
Links:	The Ohio State University Profile: Dr. Vanessa Hale		

Program 21-17	Writers/Producers:	Reed Pence
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Air Week: 4/25/21

Studio Production:

Jason Dickey

Air Time: 7:30am

SEGMENT 1:	HOW HIGH DRUG PRICES LEAD TO DRUG MISUSE	Time	Duration
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Synopsis:

Millions of Americans cannot afford the medications they've been prescribed. Many skip doses, split pills or don't fill prescriptions at all as a result, with sometimes even fatal consequences. But doctors are often unable to consider cost very well in prescribing, as the same drug often costs patients vastly different amounts due to insurance differences. Experts discuss the problem and what patients can do to save.

1:50

12:51

Host & Producer:

Reed Pence

Guests:

David Mitchell, cancer patient, founder and President, Patients for Affordable Drugs; Dr. Stacie Dusetzina, Associate Professor of Health Policy, Vanderbilt University

Compliance issues:

healthcare; economics; insurance; federal government and regulation

Links:

[Patients for Affordable Drugs - Our Team](#)

[Stacie B. Dusetzina, Ph.D. - Vanderbilt University Medical Center](#)

SEGMENT 2:	BRAIN ANEURYSM THROUGH THE EYES OF A SURVIVOR	Time	Duration
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Synopsis:

Brain aneurysms—bulging in a brain blood vessel, like an inflated balloon—affect 1 in 50 people and are generally without symptoms until they burst. This occurs in about 30,000 people per year in the US, accounting for 3-5 percent of all new strokes. Here is the story of one survivor in her own words.

15:43

7:08

Host:

Nancy Benson

Producer:

Reed Pence.

Guests:

Janet Sutherland-Madden, brain aneurysm rupture survivor and author, *Nose Over Toes*

Compliance issues:

healthcare; public health; EMS and emergency response; rehabilitation

Links:

[Eckhartz Press - Janet Sutherland-Madden](#)

[Brain Aneurysm Foundation](#)

Program 21-18	Writers/Producers:	Reed Pence
Air Week: 5/2/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	BOTTLED WATER AND TRUST IN OUR INSTITUTIONS	Time	Duration
Synopsis:	Bottled water sales have skyrocketed, in part because many people believe it is safer than tap water. Actually, bottled water faces few of the safety regulations that tap water does. The disconnect, according to a new study, comes from society's pervasive distrust in all governmental institutions. The lead researcher discusses how restoring faith in water could begin to restore faith in all American institutions.	1:49	13:17
Host & Producer:	Reed Pence		
Guests:	Dr. Manny Teodoro, Associate Professor of Public Affairs, University of Wisconsin, Madison		
Compliance issues:	public health; local government; infrastructure; drinking water safety; federal government and regulation; politics; environmental science		
Links:	Manny Teodoro's Website		
SEGMENT 2:	COVID AND PTSD	Time	Duration
Synopsis:	Studies show that as many as a third of people who were very ill with COVID-19 later develop PTSD. Caregivers and healthcare workers may be afflicted as well. An expert discusses how this develops and what people can do to get better.	16:08	6:45
Host:	Nancy Benson		
Producer:	Libby Foster		
Guests:	Dr. Sanam Hafeez, clinical psychologist, Columbia University		
Compliance issues:	healthcare; public health; mental health; consumerism; COVID-19 pandemic		
Links:	Comprehend the Mind: Sanam Hafeez, Psy.D		

Program 21-19	Writers/Producers:	Reed Pence
Air Week: 5/9/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	THE DISTORTED SMELL OF COVID-19	Time	Duration
Synopsis:	Many of those who've had COVID-19 have suffered from a temporary loss of their sense of smell, but some have had what seems to be an even worse symptom weeks or months later—a distorted sense of smell, where everything, from coffee to flowers, smells sickeningly awful. An expert and a former sufferer discuss how disruptive to life this can be and what people can do to make it through to recovery.	1:52	12:40
Host & Producer:	Reed Pence		
Guests:	Duika Burges-Watson, researcher and Lecturer in Medical Sciences, Newcastle University; Chrissi Kelly, founder, Abscent.org		
Compliance issues:	public health; consumerism; mental health; family issues; COVID-19 pandemic		
Links:	Newcastle University Staff Profile: Dr Duika Burges Watson Life Kitchen: Taste & Flavour Book Abscent.org		
SEGMENT 2:	RESEARCH ETHICS NOW VS. THEN: A CASE STUDY	Time	Duration
Synopsis:	In the mid-1960's, many Ivy League and Seven Sister colleges as well as prestigious prep schools allowed researchers to photograph incoming students naked as part of work on a now-discredited theory linking physical characteristics to leadership potential. A former student who went through it, now a physician and writer, discusses how research ethics have changed in the last 50 years.	15:34	7:12
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. David Sklar, Emeritus Professor of Emergency Medicine, University of New Mexico, and author, <i>Atlas of Men</i>		
Compliance issues:	education; research ethics; sexual abuse; informed consent		
Links:	David Sklar's website		

Program 21-20	Writers/Producers:	Reed Pence
Air Week: 5/16/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	THE COVID BABY BUST	Time	Duration
Synopsis:	The US birth rate has been declining since the Crash of 2008, but it took an even larger decline during the pandemic to levels unseen since the Great Depression. Today fertility rates are below replacement levels, which could have big impacts on education, employment, and the tax base years down the road. Experts discuss how people make fertility decisions and the impacts they can have on the nation.	1:50	12:26
Host & Producer:	Reed Pence		
Guests:	Nell Frizzell, author, <i>The Panic Years: Dates, Doubts, and the Mother of All Decisions</i> ; Dr. Philip Cohen, Professor of Sociology, University of Maryland; Dr. Laura Lindberg, Principal Research Scientist, Guttmacher Institute		
Compliance issues:	women's issues; family issues; contraception; economics; poverty; education; public health; employment and workforce issues; taxes; federal government; parenting government; childcare; COVID-19 pandemic		
Links:	Nell Frizzell's Website University of Maryland Profile: Dr. Philip Cohen Guttmacher Institute: Laura D. Lindberg		
SEGMENT 2:	THE CHANGING FACE OF COLON CANCER	Time	Duration
Synopsis:	Colon cancer is striking much younger people than it used to, leading experts to lower the age on screening recommendations. A noted colon surgeon discusses screening and treatment options, and the way Covid-19 has changed patients' approach to getting screened.	15:18	7:35
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. James McClane, Chief of Colorectal Surgery, Norwalk Hospital, Norwalk, CT		
Compliance issues:	healthcare; public health; education		
Links:	Castle Connolly Top Doctors: Dr. James M. McClane, MD		

Program 21-21		Writers/Producers:	Reed Pence
Air Week: 5/23/21		Studio Production:	Jason Dickey
Air Time: 7:30 am			
SEGMENT 1:	KEEPING GENERIC DRUGS SAFE	Time	Duration
Synopsis:	Since the 1980's, almost all production of generic drugs has moved overseas, where FDA inspectors have a much tougher time making sure they're following rules for safety. An investigative journalist describes the ways she's found that many drugmakers cut corners, putting safety at risk, and details what consumers can do to protect themselves.	1:50	12:49
Host & Producer:	Reed Pence		
Guests:	Katherine Eban, author, <i>Bottle of Lies: The Inside Story of the Generic Drug Boom</i>		
Compliance issues:	healthcare; public health; fraud; federal government and regulation; patient safety; consumerism; consumer safety		
Links:	Katherine Eban's Website		
SEGMENT 2:	COVID AND KIDNEY DISEASE	Time	Duration
Synopsis:	Covid-19 is usually a respiratory disease, but it can affect virtually any organ in the body. The nation's top kidney disease expert discusses how Covid can prompt life-threatening kidney effects in the previously healthy, and how those with kidney disease are more susceptible to severe Covid infection.	15:11	6:25
Host:	Nancy Benson		
Producer:	Libby Foster		
Guests:	Dr. Griffin Rodgers, Director, National Institute of Diabetes, Digestive and Kidney Diseases.		
Compliance issues:	healthcare; public health; education; COVID-19 pandemic		
Links:	Dr. Griffin Rodgers - Staff Profile		

Program 21-22	Writers/Producers:	Reed Pence
Air Week: 5/30/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	MISSING THE GOAL OF HERD IMMUNITY	Time	Duration
Synopsis:	Since the Covid-19 pandemic began, public health experts have looked to vaccines with the goal of creating “herd immunity,” where so many people are vaccinated that the virus stalls out. Now it is clear we will not reach that goal, meaning the threat of the pandemic may drag on for years. One of the nation’s leading infectious disease experts discusses how we are missing the target and what it means.	1:49	12:21
Host & Producer:	Reed Pence		
Guests:	Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University Medical School		
Compliance issues:	healthcare; public health; ethics; consumerism; vulnerable populations; COVID-19 pandemic		
Links:	Vanderbilt University Medical School profile: Dr. William Schaffner		
SEGMENT 2:	CLINICAL TRIALS AND TRUST IN UNDERSERVED COMMUNITIES	Time	Duration
Synopsis:	People of color are less likely than others to receive timely treatment for medical issues. This is reflected in Covid-19 vaccination numbers, in cancer treatment, and in clinical trial participation. Experts discuss ways to increase participation, especially in clinical trials that might ultimately raise trust in medicine.	15:12	7:36
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Lance Okeke, Assistant Professor of Medicine and Infectious Diseases, Duke University; Dana Dornsife, founder and CEO, Lazarex Cancer Foundation; Mike McDaniel, participant in ACTIV-2 clinical trial		
Compliance issues:	healthcare; public health; education; discrimination; minority issues; vaccination; COVID-19 pandemic		
Links:	Department of Medicine, Duke University School of Medicine: Dr. Lance Okeke Lazarex Cancer Foundation riseabovecovid.org		

Program 21-23	Writers/Producers:	Reed Pence
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Air Week: 6/6/21

Studio Production:

Jason Dickey

Air Time: 7:30am

SEGMENT 1:	UNDIAGNOSED MYSTERY DISEASES	Time	Duration
Synopsis:	Hundreds of patients nationally have diseases that have confounded doctors and yielded no diagnosis and no reliable treatment. Today the Undiagnosed Diseases Network, founded and funded by the NIH, helps these patients, but its funding is uncertain beyond 2022. Patients and a physician leader of the UDN discuss the lonely plight of these patients and the hope UDN provides.	1:50	12:32
Host:	Reed Pence		
Producer:	Polly Hansen		
Guests:	Meghan Halley, mother of child with unidentified illness; Troy Evans, patient with unidentified illness; Kimberly LeBlanc, genetic counselor and Associate Dir. of Research Operations, Undiagnosed Diseases Coordinating Center, Harvard Medical School		
Compliance issues:	healthcare; public health; ethics; consumerism; federal government and regulation		
Links:	Undiagnosed Disease Network - Harvard University UDN Peer		
SEGMENT 2:	TASTY FOOD VS. HEALTHY FOOD: FINDING A BALANCE	Time	Duration
Synopsis:	Many Americans believe that healthy food doesn't taste good, and tasty food isn't healthy. A chef who is also a cardiologist discusses how to find a balance by seeking out healthy ingredients rather than whole categories of foods.	15:24	6:57
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Michael Fenster, Professor of Health Professions and Biomedical Sciences, University of Montana and author, <i>Food Shaman: The Art of Quantum Food</i>		
Compliance issues:	healthcare; public health; consumerism; diet and nutrition		
Links:	Chef Dr. Mike - website		

Program 21-24	Writers/Producers:	Reed Pence
Air Week: 6/13/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	HOW COVID MASKS HAVE AFFECTED CHILDREN'S LANGUAGE DEVELOPMENT	Time	Duration
Synopsis:	Infants, toddlers, and grade school children use many cues to learn language. Some of them are visual, involving seeing the mouth move. Some depend on clearly hearing speech. Both have been impacted by mask wearing during the pandemic. Experts now studying how far behind children are as a result discuss how language develops in children and how it's been affected in the pandemic.	1:50	12:31
Host:	Reed Pence		
Producer:	Libby Foster		
Guests:	Dr. Stephen Camarata, Professor of Hearing and Speech Sciences, Psychiatry, Psychology, Human Development and Special Education, Vanderbilt University and author, <i>The Intuitive Parent: Why the Best Thing For Your Child Is You</i> ; Sara Charney, speech pathologist, Mayo Clinic Arizona		
Compliance issues:	education; public health; consumerism; youth at risk; disabilities		
Links:	Stephen Camarata Vanderbilt Profile Health Care For People: Sara Charney		
SEGMENT 2:	REFINERIES AND THEIR NEIGHBORS: HOW SAFE IS THE AIR?	Time	Duration
Synopsis:	A recent report shows that more than a dozen refineries around the US are emitting benzene pollution into the air at higher levels than allowed by the EPA. An activist discusses this newly labeled problem and what the agency can do to curb it.	15:23	7:06
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Eric Schaeffer, Exec. Director, Environmental Integrity Project		
Compliance issues:	air pollution; environmental science; federal government and regulation; public health; manufacturing and industry; minority issues		
Links:	Environmental Integrity Project		

Program 21-25	Writers/Producers:	Reed Pence
Air Week: 6/20/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	SUDC—SUDDEN UNEXPLAINED DEATH OF A CHILD	Time	Duration
Synopsis:	Each year, some 400 US children over age 1, most of them toddlers, die overnight for no known reason. Families, longing for answers, often find that their families, friends, and even pediatricians are unfamiliar with this classification of death, or that they even occur. Family members who have lost a child, a medical examiner, and a research expert who has lost a child discuss SUDC.	2:01	12:23
Host:	Reed Pence		
Producer:	Regan Huston		
Guests:	Estuardo Torres, father of SUDC victim; Dr. Eric Eason, Assistant Medical Examiner, Cook County, IL; Laura Gould Crandall, research scientist, Dept. of Neurology, NYU Langone Comprehensive Epilepsy Center and mother of SUDC victim; Ron and Jordana Zachara, parents of SUDC victim		
Compliance issues:	youth at risk; public health; parenting; healthcare; child safety		
Links:	SUDC Foundation Cook County Medical Examiner Website Laura Gould Crandall profile at sudc.org		
SEGMENT 2:	"TONSIL STONES"	Time	Duration
Synopsis:	Some people find that small “stones” are growing on their tonsils. They’re an accumulation of skin cells, food, and other debris. While they are not medically dangerous or painful, they often produce bad breath or sometimes pain. Two expert physicians discuss tonsil stones’ formation and treatment.	15:26	6:31
Host:	Nancy Benson		
Producer:	Morgan Kelly		
Guests:	Dr. Alter Peerless, otolaryngologist, Mercy Health, Cincinnati; Dr. Lauren Bohm, Assistant Professor of Otolaryngology, University of Michigan		
Compliance issues:	healthcare		
Links:	Dr. Alter Peerless profile at Merck Health Dr. Lauren Bohm info at Michigan Medicine		

Program 21-26	Writers/Producers:	Reed Pence
Air Week: 6/27/21	Studio Production:	Jason Dickey
Air Time: 7:30am		

SEGMENT 1:	GROWTH HORMONE FOR SHORT KIDS	Time	Duration
Synopsis:	Thousands of parents take their children to doctors each year seeking synthetic growth hormone to cure their relatively short stature, even though most of these children are merely late bloomers and have nothing wrong with them. Growth hormone also makes less difference in height than parents often imagine. Studies show that short stature generally does not create psychological damage. Experts discuss the issue.	1:50	12:23
Host:	Reed Pence		
Guests:	Dr. Laurie Cohen, Director Growth and Neuroendocrine Programs, Boston Children's Hospital and Associate Professor of Pediatrics, Harvard Medical School; Dr. David Sandberg, Professor of Pediatrics, University of Michigan Medical School and C.S. Mott Children's Hospital		
Compliance issues:	youth at risk; parenting; healthcare; consumerism; child safety; education		
Links:	Boston Children's Hospital - Dr. Laurie Cohen Mott Children's Hospital - Dr. David Sandberg		
SEGMENT 2:	MARFAN SYNDROME	Time	Duration
Synopsis:	Marfan syndrome produces obvious physical symptoms such as extreme height, but its hidden symptoms, especially in the heart and eyes, can be much more serious. Experts discuss its diagnosis and treatment.	15:26	6:31
Host:	Nancy Benson		
Producer:	Scarlett O'Hara		
Guests:	Dr. Gregory Perens, Professor of Pediatrics, UCLA Mattel Children's Hospital; Dr. Simon Fung, Assistant Professor of Ophthalmology, UCLA Medical Center		
Compliance issues:	healthcare; consumerism; youth at risk		
Links:	UCLA Health: Gregory Perens, MD UCLA Health: Simon Fung, MD		