

2018-Q2 (April-June) Radio Health Journal Quarterly Report Compliancy Issues covered this quarter:

Addictions and treatment

Adolescents

Alcohol and substance abuse and

treatment

Animal welfare

Anti-trust Autism

Business and industry

Consumer safety Consumerism

Crime and justice system

Disabilities

Drug and substance abuse and

treatment Economics Education

Emergency response

Ethics

Family and parenting issues Federal government, laws, legislation and regulation

First responders Food safety Foreign trade Gifted youth

Government regulation

Harm reduction

Health care Insurance

Interpersonal relationships Legal and justice system

Local government

Medicare

Mental health and suicide

Military
Opioid crisis
Parenting
Patient safety
Public health
Public safety
Religion

Sexual assault and abuse

Social media

Sports, recreation and

entertainment

State government regulation

Underage drinking

Vaccines
Water safety
Women's issues
Workplace issues
Youth at risk



	18-13		lly Hansen, Reed Pence	
Air Wee	ek 4/1 - 4/7/2018	Production Director	Sean Waldron	
	0 .			
	Segment			Dur.
2:33	SEGMENT 1: SEX	UALLY ABUSIVE DOCT	ORS	12:10
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			zed doctors who sexually abuse patients. I doctors are ever punished and their misde	
		•	ficial response to the problem and a phys	
1	-	ssault crisis line discus		siciali wilo
nus wor	neu on u sexuur u	osuurt erisis iiile uiseus	o the issue.	
		s: Dr. Altaf Saadi, neuro tive reporter, Atlanta J	ologist and former sexual assault crisis lingurnal-Constitution	ne worker;
_	ancy issues covere		buse, crime and justice system, women's	issues,
State 90	vernment regulat	.1011		
Links fo	or more informatio	on: https://www.huffingto	onpost.com/author/altaf-saadi,	
1		lanny-robbins/bOyk2t5r6y		
	•	<u> </u>		
15:15	SEGMENT 2: TEA	CHING DOCTORS TO L	ISTEN	7:34
illness		•	don't really listen to their patients, and s xperts discuss how to help doctors consid	
II. at. N	aman Damaan Coo	oto De Coul Iono XA7	simon Duof of Madisina madistrice C Ma	J:1
Educati	on, Univ. of Illino	is and co-author, <i>Lister</i>	einer, Prof. of Medicine, pediatrics & Medicing For What Matters: Avoiding Context	ual Errors
	•	· ·	se Endowed Prof. of Medical Education, U What Matters: Avoiding Contextual Errors	
Care.				
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Compli	ancy issues covere	ed: health care, educati	on, consumerism, patient safety	

Links for more information: http://www.contextualizingcare.org



Program 18-14	Producers	Reed Pence, Polly Ha	nnsen
Air Week 4/8 - 4/14/2018	Production Directo	r Sean Waldron	
Time Segment			Dur.
	PRICE CONSEQUEN	CES OF DOCTOR CO	
12:04			
Synopsis: Hospitals and ve	ery large medical gr	oups are buying up i	ndependent physician practices to
the point that in some are			
		uss the incentives tha	at have prompted consolidation
and moves to eliminate th	em.		
Host: Reed Pence, Guests	: Dr. Laurence Bake	r. Prof. of Health Res	earch and Policy, Stanford Univ.
			logg School of Management,
Northwestern Univ.	1 0,	•	3 ,
C1'	d bealth seem		
Compliancy issues covered	a: neaith care, econd	omics, iederai govern	ment and regulations, anti-trust
Links for more informatio	n: https://profiles.star	nford.edu/laurence-bake	er,
http://www.kellogg.northwes			
2			-
15:10 SEGMENT 2: THE V	VACCINE RACE AND	ETHICS	7:38
Synopsis: Millions of lives	have been saved as	a result of vaccines.	But in the development of
			ouldn't be allowed today. An
expert discusses the balar	ice of need and ethic	cs in science and me	dicine.
Host: Nancy Renson Gues	st· Dr. Meredith Wa	lman renorter Scien	nce magazine and author, <i>The</i>
Vaccine Race: Science, Po			
· accine mace, science, i o	inico, una uno munic	costs of Dejetting	2100400
Compliancy issues covered	d: health care, publi	c health, ethics, relig	jion, vaccines
Links for more informatio	n. http://maradithwad	man com	
Times for more informatio	*** Treb.//Treferriman		



Program 18-15 Producers Pat Reuter, Reed Pence
Air Week 4/15 - 4/21/2018 Production Director Sean Waldron
Time Segment Dur.
2:05 SEGMENT 1: ADVENTURES OF A PARAMEDIC
11:46
Synopsis: Paramedics and EMTs are the first responders of the health system and often find violent, confusing situations on their arrival. A former paramedic describes the "inside story" of the job, its dangers and rewards.
Host: Reed Pence. Guests: Kevin Hazzard, author, A Thousand Naked Strangers: A Paramedic's Wild Ride to the Edge and Back
Compliancy issues covered: health care, emergency response, public safety
Links for more information: http://udayjanimd.com, http://glenvillemedicalconciergecare.com
14:53 SEGMENT 2: THE MYSTERY OF MENIERE'S DISEASE 7:49
Synopsis: Experts discuss symptoms and treatments of Meniere's disease, an often-misdiagnosed disorder producing loss of hearing and crippling vertigo.
Host: Nancy Benson. Guest: James Raath, business consultant and author, <i>Love Mondays</i> ; Dr. David Friedland, Prof. and Vice Chair, Otolaryngology and Communication Sciences, Medical College of Wisconsin
Compliancy issues covered: health care, disabilities
Links for more information: https://www.nidcd.nih.gov/health/menieres-disease,
http://www.lovemondays.global/#!blog/iphv2, http://www.mcw.edu/ear-nose-throat/faculty/david-friedland.htm





Prog	ram 18-16	Proc	lucer	R	eed Pence				
Air W	/eek 4/22 - 4	/28/2018 Prod	luction Dire	ector	Sean Waldro	on			
Time	Segment								Dur.
2:05		1: DIAGNOSI	NG PERINA	TAL I	DEPRESSION				
	12:56								
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Comp	oliancy issue	s covered: hea	alth care, w	omen	's issues, yout	h at risk, pu	blic healt	h and safety	
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https:	//profiles.uma	<u>ıssmed.edu/dis</u> p	<u>play/129886</u>						
16:03	SEGMENT	2: FOREIGN A	ACCENT SY	NDRO	OME				6:56
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recov	•	oke or otner	trauma. Exj	perts	discuss the sy	mptoms tne	synarome	and chance	es or
Tecov	ery.								
Host	Nancy Bens	on Guests D	r Sheila Bl	umst	ein, Albert D. I	Mead Prof. o	f Cognitiv	ze Linguistic	rs and
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		of Central Flor			-3 ,				
Comp	oliancy issue	s covered: hea	alth care, di	isabil	ities				
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Link	for more info								
		ormation: <u>http</u> ucf.edu/directo			u/Departments/	CLPS/people/	<mark>/sheila-blu</mark> 1	nstein,	



Program 18-17 Producer Reed Pence
Air Week 4/29 - 5/5/2018 Production Director Sean Waldron
Time Segment Dur.
2:03 SEGMENT 1: MEDICARE TACKLES THE OPIOID EPIDEMIC
12:55
Synopsis: New limits on Medicare prescriptions of opioids are controversial, as some doctors believe
patients could suffer more pain. Others believe the limits will achieve a much-needed brake on the
temptation to overprescribe while allowing legitimate treatment. Experts discuss.
Host: Reed Pence. Guests: Dr. Anna Lembke, Assoc. Prof. and Chief, Addiction Medicine, Stanford
Univ. School of Medicine; Dr. Sally Satel, addiction psychiatrist and lecturer, Yale Univ. School of
Medicine & Resident Scholar, American Enterprise Institute
Compliancy issues covered: health care, drug addiction, Medicare, federal government and
regulation
Links for more information, https://profiles.stanford.edu/opps.lembks_https://eell-restalmd.eem/sheart/
Links for more information: https://profiles.stanford.edu/anna-lembke, https://sallysatelmd.com/about/
16:00 SEGMENT 2: CURING CHRONIC SINUSITIS 7:02
16:00 SEGMENT 2: CURING CHRONIC SINUSITIS 7:02
Synopsis: Many people confuse allergies, colds, and sinus infections. A physician specializing in
these maladies describes the differences, and the new ways sinusitis can be treated.
mese maiaules describes the unierences, and the new ways smusicis can be treated.
Host: Nancy Benson. Guests: Dr. Lisa Liberatore, otolaryngologist specializing in sinus and sleep
issues, Totum Health, New York
155UC5, 10tum Meatin, New 10tk
Compliance losses around health company at the
Compliancy issues covered: health care, consumerism
Links for more information: http://livetotum.com



	ram 18-18	Producer		eed Pence				
Air W	⁷ eek 5/6 - 5/12/201	8 Production Dir	ector	Sean Wal	dron			
Time	Segment						Du	ır.
1:54		NG ANIMALS TO S	SNIFF	OUT DISEAS	SE			
	12:39							
Crmor	nois. Diseases anno	rently have distin	atiro e	dows that h	umana san	t detect De	coonchone one	
		arently have disting and other animals t						
		Vorld, rats are used						
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Host:	Reed Pence. Gues	ts: Dr. Cindy Otto,	Exec.	Director. P	enn Vet Wo	orking Dog (Center, Univ. of	
		Beauchamp, Emer						
		Mulder, Director, T						
Comp	oliancy issues cove	red: health care, p	ublic	health, anin	ial welfare	, consumeris	sm, economics,	
feder	al government reg	ulation						
Links	for more informa	t ion: <u>http://pennvety</u>	wdc.or	g, <u>http://www</u>	<u>r.monell.org</u>	, https://www	<u>apopo.org/en/</u>	
15.25	SECMENT 2. DD	OCESSED FOOD A	DDICT	TON			7:2	20
13:33	SEGMENT 2: FRO	JCESSED FOOD A	DDICI	ION			/:4	20
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		s addiction and its			rugo. mi en	ipert discuss	jes now dictary	
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Host:	Nancy Benson. G	ıests: Dr. Joan Ifla	nd, le	ad editor. Pi	rocessed Fo	ood Addictio	n: Foundations.	
	sment and Recove		,					
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Comp	oliancy issues cove	red: addictions an	d trea	tment, publi	ic health, c	onsumerism	, food safety	
_	<u> </u>				•			
Links	for more informa	tion: https://www.fo	odaddi	ctionreset.co	<u>om</u>			
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Program 18-19 Producers Reed Pence, Polly Hansen
Air Week 5/13 - 5/19/2018 Production Director Sean Waldron
Time Segment Dur
2:04 SEGMENT 1: FIREFIGHTERS AND PTSD
12:20
Synopsis: Firefighters have extremely high rates of PTSD, similar to combat soldiers, yet are very reluctant to seek help. Experts discuss reasons for this reluctance, results of it, and how new efforts
at peer counseling may help ease the psychological strain.
Host: Reed Pence. Guests: Dan Robertson, Oakland CA fire lieutenant and President, Local 55, International Assn. of Firefighters; Dr. Suzy Bird Gulliver, Director and Chief, Warriors Research Institute, Baylor Scott & White health, Dallas, and Prof. of Psychiatry, Texas A&M College of Medicine Health Science Center
Compliancy issues covered: health care, first responders, public safety, local government, military
Links for more information: https://twitter.com/ofd20dr?lang=en, http://researchers.sw.org/wri/team
15:26 SEGMENT 2: AUTISM AND PRODIGIES 7:30
Synopsis: Behavioral similarities between prodigies and some people with autism have long been noted. Now some researchers are beginning to find genetic links between the two phenomena. Experts discuss findings and their implications for autism treatment.
Host: Nancy Benson. Guest: Dr. Joanne Ruthsatz, Asst. Prof. of Psychology, The Ohio State Univ. and author, The Prodigy's Cousin: The Family Link Between Autism and Extraordinary Talent; Dr. Jennifer Gerdts, Asst. Prof. of Psychiatry and Behavioral Sciences, Univ. of Washington and attending psychologist, Seattle Children's Autism Center
Compliancy issues covered: youth at risk, gifted youth, health care



Links for more information: http://www.prodigyscousin.com, http://theautismblog.seattlechildrens.org/author/jgerdts/

Program 18-20 Producer Reed Pence	
Air Week 5/20 - 5/26/2018 Production Director Sean Waldron	
Time Segment	Dur.
2:04 SEGMENT 1: PRESENTEEISM	
11:45	
11;43	
Companying Descents size in subsequently as to sweet at least they we	
Synopsis: Presenteeism is when people go to work at less than pe	
or distraction. Experts discuss the huge cost to the economy, the	
most cost, and the accommodations that could save businesses by	llions of dollars.
Host: Reed Pence. Guests: Rob Hosking, Senior Vice President, R	anstad USA: Todd Whitthorne
President, ACAP Health; Michael Klachevsky, Practice Consultan	
Standard Insurance Co.	, for Absence Management,
Standard insurance Co.	
Compliancy issues covered: economy, business and industry, work	colace issues, public health.
disabilities, employment	place issues, public liculon,
districtes, employment	
Links for more information: https://www.randstadusa.com/staffing-ar	id-solutions/staffing/,
http://www.acaphealth.com/leadership/, http://www.workplace-gps.com/	about.htm
14:51 SEGMENT 2: COPING WITH THE EMPTY NEST	8:05
THOI GEOTIER E. COLLEGE WITH THE EMILIT MEDI	0.03
Companie. Deposite who have enough 10 years or more reiging children	on often feel lost when the lost
Synopsis: Parents who have spent 18 years or more raising childr	en often feet fost when the last

child leaves home for college or their own place. A psychotherapist discusses common reactions and



strategies for renewing purpose living in the empty nest.

Host: Nancy Benson. Guests: Wendy Aronssen, psychotherapist and author, *Refeathering the Empty Nest: Life After the Children Leave*

Compliancy issues covered: interpersonal relationships, family and parenting issues, youth at risk

Links for more information: http://www.wendyaronssonlcsw.com

Program 18-21	Producer R	eed Pence					
Air Week 5/27 - 6/2/2018	Production Director	Sean Waldron					
Time Segment		Dur.					
2:03 SEGMENT 1: AUT	ISM AND SUBSTANCE	ABUSE					
12:26							
Synopsis: Recent studies show that people with autism are twice as likely as others to engage in substance abuse, contrary to previous belief that they are extremely unlikely to use drugs or alcohol. An expert and an author who has used alcohol to cope with his autism discuss the developments and their impact.							
Host: Reed Pence. Guest	s: Elizabeth Kunreuthe	r, Clinical Instructor, Univ. of North Carolina					
Wakebrook Addiction Tr	eatment Center and co-	author, Drinking, Drug Use and Addiction in the					
Autism Community; Mat	thew Tinsley, Asperger	syndrome patient and co-author, Asperger Syndrome					
and Alcohol: Drinking to	Cope						

Compliancy issues covered: autism, disabilities, alcohol and substance abuse and treatment, education

Links for more information: https://www.med.unc.edu/psych/directories/faculty/elizabeth-kunreuther,



http://www.asperger-training.com/matthew-tinsley/

15:31 SEGMENT 2: DROWNING: IT DOESN'T LOOK LIKE YOU THINK

8:05

Synopsis: Seven hundred children under age 15 drown in the US each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so are unaware the child is in trouble.

Host: Nancy Benson. Guest: Dr. Francesco Pia, water safety educator; Mario Vittone, Retired Marine Safety Specialist, US Coast Guard.

Compliancy issues covered: public health, public safety, youth at risk, water safety, consumerism

Links for more information: http://poolsafely.gov, https://www.youtube.com/watch?v=-dmYka7jLiA

Program 18-22	Producer Re	ed Pence
Air Week 6/3 - 6/9/2018	Production Director	Sean Waldron

Time Segment Dur.

2:04 SEGMENT 1: DOCTOR SUICIDE 12:13

Synopsis: Doctors are attempting suicide in high numbers, and are much more likely than the general population to complete it. Experts discuss the coverup of doctor suicides, the reasons behind depression in doctors, and why doctors who are depressed are less likely than normal to get help.

Host: Reed Pence. Guests: Dr. Pamela Wible, founder, Ideal Medical Care movement and author, *Physician Suicide Letters, Answered*; Dr. Louise Andrew, founder, MD Mentor

 $Compliancy\ issues\ covered:\ health\ care,\ public\ health,\ mental\ health\ and\ suicide,\ education,\ government\ regulation$



 $\textbf{Links for more information:} \ \underline{\text{http://www.idealmedicalcare.org/blog, http://www.mdmentor.com/who-we-are/leases} \\ \textbf{Attack for more information:} \ \underline{\text{http://www.mdmentor.com/who-we-are/leases} \\ \textbf{Attack for more information$

15:20 SEGMENT 2: ENHANCING FOOD SAFETY

7:27

Synopsis: Increasing recalls for food contamination have scared many Americans. A noted expert discusses why contamination scares are becoming more common, what government and producers are doing to protect us, and what we can do in our own kitchens to make foods safer.

Host: Nancy Benson. Guest: Dr. Mark Tamplin, former food safety adviser, World Health Organization and US Centers for Disease Control and Prevention and author, *Phage*.

Compliancy issues covered: food safety, consumer safety, health care, public health, government regulation, agriculture, business and industry

Links for more information: http://marktamplin.com/index.html

Program 18-23	Producer	Re	ed Pence
Air Week 6/10 - 6/16/201	8 Production	Director	Sean Waldron

Time Segment Dur.

2:05 SEGMENT 1: TACKLING HIGH DRUG PRICES 12:13

Synopsis: The White House has rolled out a plan to reduce the cost of prescription drugs nationally. Experts and those involved discuss elements of the plan and how it might work.

Host: Reed Pence. Guests: Donald Trump, President of the United States; Eric Hargan, Deputy Secretary, US Dept. of Health and Human Services; Dr. David Hyman, Prof. of Law, Georgetown Univ. Law Center and co-author, Overcharged: Why Americans Pay Too Much for Healthcare; Alex Azar, Secretary, US Department of Health and Human Services



Compliancy issues covered: health care, public health, Medicare, federal government, laws, legislation and regulation, economics, foreign trade, insurance

Links for more information: https://www.whitehouse.gov, https://www.hhs.gov/about/leadership/eric-d-hargan/index.html, https://www.law.georgetown.edu/faculty/david-hyman/, https://www.hhs.gov/about/leadership/secretary/alex-m-azar/index.html

15:20 SEGMENT 2: THE "BASEBALL RULE"

7:35

Synopsis: People injured by foul balls at major league baseball games have little chance of recovering damages against teams because of a more-than century old judicial rule that essentially says fans know the risk they're taking by attending. Experts explain the rule and recent moves by teams to play it safe.

Host: Nancy Benson. Guests: Eldon Ham, sports attorney and faculty member, Chicago-Kent College of Law; Nathaniel Grow, Assoc. Prof. of Business Law and Ethics, Kelley School of Business, Indiana Univ.

Compliancy issues covered: sports, recreation and entertainment, legal and justice system, youth at risk

Links for more information: https://kelley.iu.edu/faculty-research/faculty-directory/profile.cshtml?id=GROWN

Progr	ram 18-24	Producer	Polly Hansen and Reed Pence	
Air W	eek 6/17 - 6/23/	2018 Production Dia	rector Sean Waldron	
Time	Segment			Dur.
2:05	SEGMENT 1: D	RUG ABUSE AND H	IARM REDUCTION	
	12:21			



Synopsis: As the opioid crisis continues, the city of Vancouver, BC, has found that a harm reduction approach helps addicts move to safer drug use and eventually getting clean. An author who's watched the process discusses the controversial approach of officially allowing drug use, but in safer conditions.

Host: Reed Pence. Guest: Travis Lupick, author, Fighting for Space: How a Group of Drug Users Transformed One City's Struggle With Addiction

Compliancy issues covered: drug and substance abuse and treatment, opioid crisis, local government, harm reduction

Links for more information: https://www.fightingforspace.com

15:28 SEGMENT 2: LIVING THROUGH EXCRUCIATING PAIN

6:59

Synopsis: Pain is an often misunderstood reality for millions of people. A noted university professor who became a quadriplegic in a bicycle accident discusses her constant pain and the way it changes life.

Host: Nancy Benson. Guest: Dr. Christina Crosby, Prof. of English and Feminist, Gender and Sexuality Studies, Wesleyan Univ. and author, A Body, Undone: Living On After Great Pain

Compliancy issues covered: consumerism, health care

Links for more information: http://magazine.wesleyan.edu/2016/04/05/christina-crosby-a-body-undone/



Program 18-25 Producer Reed Pence	
Air Week 6/24 - 6/30/2018 Production Director Sean Waldron	
Time Segment	Dur.
2:05 SEGMENT 1: VANISHING TEEN RITES OF PASSAGE 12:39	
Synopsis: Teenagers used to experience rites of passage including getting a driver's license, gout on dates, drinking, having sex, & getting a job. They're engaging in these activities much often today. It means less risk, but may leave adolescents less ready for adulthood and independence. Experts discuss.	
Host: Reed Pence. Guests: Dr. Jean Tweenge, Prof. of Psychology, San Diego State Univ. & aut Gen: Why Today's Superconnected Kids Are Growing Up Less Rebellious, More Tolerant, Less and Completely Unprepared for Adulthood; Rachel Simmons, Leadership Development Specia Smith College and author, Enough As She Is: How to Help Girls Move Beyond Impossible Stand of Success to Live Happy, Healthy and Fulfilling Lives; Dr. Dan Siegel, Clinical Prof. of Psychia UCLA School of Medicine, Exec. Director, Mindsight Institute and author, Brainstorm: The Poland Purpose of the Teenage Brain	Happy list, dards atry,
Compliancy issues covered: youth at risk, adolescents, parenting, education, underage drinking social media	ıg,
Links for more information: http://www.jeantwenge.com, https://www.rachelsimmons.com, http://www.drdansiegel.com	
15:42 SEGMENT 2: BABIES AND THEIR GUT BACTERIA	7:22
	-
Synopsis: Children have up to five times as much asthma and allergies as their grandparents, and a new study shows that an imbalance of gut bacteria in the first year of life may be why. An expert pediatrician discusses why this occurs and ways to address the problem.	
Host: Nancy Benson. Guest: Dr. Tanya Altmann, Asst. Clinical Prof. of Pediatrics, UCLA Mattel Children's Hospital and Editor In Chief, American Academy of Pediatrics parenting book series	
Compliancy issues covered: youth at risk, public health, consumerism	
Links for more information: https://www.drtanya.com	

