

April 3, 2017

The following is a report on Public Affairs Programming for the First Quarter of 2017 during which time the top issues of community interest and concern in New Port Richey, Florida and the surrounding area were found to be:

Health
Economy
Education
Community Relations
Public Safety

In order to meet these issues, WDUV-FM airs a series of public affairs programs on Sunday mornings as well as weekday news updates.

"Radio Health Journal" airs Sunday mornings at 6:30 a.m. "Spectrum" airs Sunday mornings at 7:00 a.m. "Sunday Morning" airs Sunday mornings at 7:30 a.m.

WDUV-FM also helps meet community issues through daily programming. As traffic and transportation are often major issues for residents of Tampa Bay, WDUV-FM airs traffic reports four times hourly on weekdays from 6:00 to 9:00 a.m. and twice hourly from 4:00 to 6:00 p.m.

WDUV-FM also runs a heavy schedule of :60 second Public Service Announcements produced by the Florida Association of Broadcasters throughout all hours of the day.

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Respectfully submitted.

John Larson

Director of Branding and Programming

JL/mlm

#### Health

Sunday, January 1, 2017 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Peter Pronovost, Senior Vice President for Patient Safety and Quality, Johns Hopkins Medicine, and Director, Armstrong Institute for Patient Safety and Quality; and Dr. Brian Pickering, Intensive Care Anesthesiologist, Mayo Clinic, Rochester, Minnesota.

With monitors surveying every part of patients' bodies, hospital Intensive Care Units appear to be a model of high tech. However, systems engineers say ICU's are actually models of inefficiency because few of those high tech devices talk to each other. Mr. Pence, Dr. Pronovost, and Dr. Pickering discussed ways ICU's could be improved to save lives.

#### 2<sup>nd</sup> Segment

Host: Nancy Benson. Guest: Dr. Elizabeth Baxley, Senior Associate Dean for Academic Affairs and Professor of Family Medicine, Brody School of Medicine, East Carolina University.

Most people rely on their primary care doctors first when they need health care. However, the shortage in primary care doctors is continuing to get worse. Some medical schools are striving to keep their graduates in primary care and have been successful. Ms. Benson and Dr. Baxley discussed how they have done it and if other schools can replicate their success.

# Sunday, January 1, 2017 - Sunday Morning 7:30 a.m.

15:00

Host: Mimi Lawson. Guests: Jamie Schanbaum, meningitis survivor and U.S. Paralympian; and Dr. Leonard Friedland, Pediatrician, and Vice President and Director of Scientific Affairs and Public Health, Vaccines North America at GlaskoSmithKline (GSK).

Ms. Lawson, Ms. Schanbaum, and Dr. Friedland discussed the importance of children of all ages being vaccinated. They encouraged the listeners to schedule medical appointments to talk with their doctors about necessary vaccinations. They went into great detail about the vaccines for meningococcal disease, commonly called meningitis. Meningococcal meningitis is a type of bacterial meningitis, which is a rare but potentially life-threatening disease that leads to inflammation of the protective membranes ("meninges") that surround the brain and spinal cord. Bacterial meningitis can progress quickly and can be fatal, sometimes within 24 hours. About one in ten people infected with meningococcal disease will die. While one in five survivors will suffer long-term consequences, including deafness, nervous system problems, brain damage, or loss of limbs. In the U.S., young adults are at greater risk for contracting the disease. Risk factors include being in community settings that promote close contact with people.

# <u>Sunday, January 8, 2017 – Radio Health Journal 6:30 a.m.</u>

30:00

Host: Reed Pence. Guests: Denise Folcik, eating disorder survivor; Lori Ciotti, Site Director, Renfrew Center of Massachusetts; Dr. Margo Maine, Psychologist, Co-Founder of the National Eating Disorders Association, and author of <u>The Body Myth: Women and the Pressure to be Perfect</u>; and Dr. Cynthia Bulik, Founding Director, University of North Carolina Center of Excellence for Eating Disorders, and author of <u>Midlife Eating Disorders</u>: Your Journey to Recovery.

Over the past decade, the number of women over age 30 seeking treatment for anorexia, bulimia, and binge eating disorder has skyrocketed. Mr. Pence, Ms. Folcik, Ms. Ciotti, Dr. Maine, and Dr. Bulik discussed the factors triggering eating disorders in midlife and the factors that bring women in for treatment for long-standing disorders.

#### 2<sup>nd</sup> Segment

Host: Nancy Benson. Guests: Dr. Charles Eaton, hand surgeon and Executive Director of the Dupuytren Foundation; and Tom Knapp, dupuytren patient and Board Member of the Dupuytren Foundation.

Dupuytren disease (pronounced DOO-pah-tren) is the most common disorder which cripples hands that most people have never heard of. It is a genetic condition of the fascia beneath the skin of the palms, and it stubbornly resists treatment. Ms. Benson, Dr. Eaton, and Mr. Knapp discussed the disorder.

### Sunday, January 15, 2017 - Radio Health Journal 6:30 a.m.

15:00

Host: Nancy Benson. Guest: Dr. Susan Sered, Professor of Sociology, Suffolk University, and co-author of <u>Can't Catch a Break: Gender, Jail, Drugs, and the Limits of Personal Responsibility</u>.

Researchers have found that poor health and disabilities can be factors leading to prison. Ms. Benson and Dr. Sered discussed the life cycles that can make this occur.

## Sunday, January 15, 2017 – Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Dr. Latasha Solomon Manning, Physical Therapist at Florida Hospital in Tampa.

Mr. Greene and Dr. Manning discussed new trends in the physical therapy industry. Technology has greatly improved the chances of successful recovery from medical calamities that were once thought irreparable. The importance of attitude and support during physical therapy were also covered.

# Sunday, January 22, 2017 – Radio Health Journal 6:30 a.m. 30:00

Host: Reed Pence. Guests: Dr. Alberto Esquenazi, Chief Medical Officer, Moss Rehabilitation Center; Dr. Peter Gorman, Chief, Division of Rehabilitation Medicine, University of Maryland Rehabilitation and Orthopedic Institute, and Attending Physician at the Baltimore Veterans Administration Medical Center; and Dr. Homayoon Kazerooni.

Professor of Mechanical Engineering, University of California Berkeley, Director, Berkeley Robotics and Human Engineering Laboratory, and Founder and Chief Scientist, Berkeley Bionics.

Motorized, computer-controlled braces and frames are making the concept of the bionic human into a reality. Mr. Pence, Dr. Esquenazi, Dr. Gorman, and Dr. Kazerooni discussed how these exoskeletons work and how they may be used in the future.

#### 2<sup>nd</sup> Segment

Host: Nancy Benson. Guests: Mike King, author of <u>A Spirit of Charity: Restoring the Bond Between America and Its Public Hospitals</u>; and Dr. David Oshinsky, Director, Division of Medical Humanities, New York University Langone Medical Center, and author of <u>Bellevue: Three Centuries of Medicine and Mayhem at America's Most Storied Hospital</u>. Public hospitals have a poor reputation. However, in some fields – especially trauma – they are often among the best hospitals in the U.S. Ms. Benson, Mr. King, and Dr. Oshinsky discussed reputation vs. reality and the threats public hospitals face.

# <u>Sunday, January 29, 2017 – Radio Health Journal 6:30 a.m.</u> 30:00

Host: Reed Pence. Guests: Dr. Thomas Frazier, Director, Center for Autism, Cleveland Clinic; Dr. Rachel Loftin, Clinical Director, Autism Center, Rush University Medical Center; and Dr. Kevin Pelphrey, Carbonnel Professor of Autism and Neurodevelopmental Disorders, George Washington University.

Experts have believed that autism affects four times as many boys as girls, but the ratio may not actually be quite that high. Doctors are learning that autism shows up differently in girls' behavior as a result of brain differences. Dr. Frazier, Dr. Loftin, and Dr. Pelphrey explained why many girls with autism are not diagnosed.

#### 2<sup>nd</sup> Segment

Host: Nancy Benson. Guest: Dr. Michael Grandner, Director, Sleep and Health Research Program, University of Arizona.

Most employers believe the workplace is no place to nap. However, research increasingly shows that a short nap in the middle of the day carries many benefits including increased productivity.

# <u>Sunday, February 5, 2017 – Radio Health Journal 6:30 a.m.</u>

15:00

Host: Nancy Benson. Guest: Glenn Cohen, Professor of Law, Harvard University. Injured NFL players are treated by doctors employed by teams. Ms. Benson and Professor Cohen discussed a Harvard study which claims there is an inherent conflict of interest in that arrangement. Too often, it can mean putting players back on the field before they've fully recovered from their injuries.

# Sunday, February 12, 2017 – Radio Health Journal 6:30 a.m. 30:00

Host: Reed Pence. Guest: Dr. Matthew Greenhawt, Assistant Professor of Pediatrics, Allergy and Immunology Section, Children's Hospital Colorado, University of Colorado School of Medicine, and Chair, Food Allergy Committee, American College of Allergy, Asthma, and Immunology.

Peanut allergies in children have skyrocketed to the point that many schools ban foods containing them. Now, studies show previous advice is wrong. Rather than keeping kids away from peanuts to protect them, parents should give most infants peanuts from an early age. Mr. Pence and Dr. Greenhawt discussed the research regarding the peanut controversy.

#### 2<sup>nd</sup> Segment

Host: Nancy Benson. Guests: Tony Pederson, Certified Music Thanotologist, Journeycare, Northbrook, Illinois, and President of the Music Thanatology Association International; and Betsy Haraf, a family member who witnessed a thanatology vigil. Music thanatology is a specialized practice of playing harp music for the dying. Mr. Pederson explained how there is a science to it as well. Ms. Haraf, whose family has used it, described her experience.

# Sunday, February 19, 2017 – Radio Health Journal 6:30 a.m.

Host: Reed Pence. Guests: Dr. David Wallinga, Senior Health Officer, Natural Resources Defense Council; Dr. Ramanan Laxminarayan, Director, Center for Disease Dynamics, Economics, and Policy, and former member of the White House antibiotics panel; Dr. Liz Wagstrom, Chief Veterinarian, National Pork Producers Association; and Katie Roth, dairy farmer, Platteville, Wisconsin.

Antibiotic resistance may mean some infections are untreatable in the future. To combat this bacterial evolution, new federal rules went into effect on January 1, 2017 that restrict use of antibiotics in food animals. Through food is where the majority of U.S. antibiotics are consumed. Critics worry the rules don't go far enough. Mr. Pence, Dr. Wallinga, Dr. Laxminarayan, Dr. Wagstrom, and Ms. Roth discussed the pros and cons of the new federal rules.

#### 2<sup>nd</sup> Segment

Host: Nancy Benson. Guests: Howard Hoffman, Program Director, Epidemiology and Statistics, National Institute on Deafness and Other Communication Disorders; and Barbara Kelley, Executive Director, Hearing Loss Association of America.

A major new study shows hearing loss is decreasing in the U.S. This has surprised some experts who have feared greater use of ear buds would lead to greater hearing loss in young people. Ms. Benson, Mr. Hoffman, and Ms. Kelley discussed why hearing loss is declining in our country and cautioned against complacency.

#### Sunday, February 26, 2017 - Radio Health Journal 6:30 a.m.

15:00

Host: Nancy Benson. Guests: Dr. Joel Schuman, Ophthalmologist, and Director of UMPC Eye Center at the University of Pittsburgh; and Dr. Kia Washington, Assistant Professor of the Department of Plastic Surgery at the University of Pittsburgh.

Eye transplants have long been attempted unsuccessfully. Doctors are taking what they've learned in hand transplants, especially in nerve regeneration, and applying it to eye transplant development. Ms. Benson, Dr. Schuman, and Dr. Washington discussed what needs to be accomplished to make transplants a reality.

#### Sunday, February 26, 2017 – Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Beverly Hartsfield, Registered Nurse, Tampa.

Mr. Greene and Ms. Hartsfield discussed making healthy choices regarding your diet. They also discussed maintaining a personal exercise routine and proper nutrition.

#### Sunday, March 5, 2017 - Radio Health Journal 6:30 a.m.

15:00

Host: Nancy Benson. Guest: Dr. James Hamblin, Senior Editor, <u>Atlantic Magazine</u>, and author of <u>If Our Bodies Could Talk</u>: <u>A Guide to Operating and Maintaining a Human Body</u>.

Many people have questions about their bodies that seem so silly that they never bring them up with their doctors. While the answers are sometimes humorous, often they are more complicated and important than we imagine. Ms. Benson and Dr. Hamblin discussed why we should always feel comfortable about asking our doctors any question we might have about our bodies.

# Sunday, March 12, 2017 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Psyche Loui, Assistant Professor of Psychology and Neuroscience, Wesleyan University; and Dr. Dominique Vuvan, Researcher for the International Laboratory for Brain, Music, and Sound Research.

Many people sing badly and think they're tone deaf. A surprisingly low proportion of them truly can't tell one note from another. They not only can't sing, they also can't enjoy music, may have trouble with certain forms of language, and may be unable to communicate emotion in their speech. Ms. Pence, Dr. Loui, and Dr. Vuvan discussed some of the ways the brain reacts to sound.

#### 2nd Segment

Host: Nancy Benson. Guest: Dr. Laura Veach, licensed clinical addiction specialist and Associate Professor of Surgery, Wake Forest University School of Medicine.

St. Patrick's Day, one of the biggest drinking holidays of the year, will take place this Friday. Ms. Benson and Dr. Veach discussed why hangovers occur, what might work to prevent them, and ways to recover from them.

#### Sunday, March 12, 2017 - Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Dr. Brandon Lee Green, Vice President of Diversity, Public Relations, and Strategic Communications, Moffitt Cancer Center, Tampa.

Mr. Greene and Dr. Green discussed the 17th annual Men's Health Fair which is designed to provide free health care screenings for prevention and early detection of a variety of cancers.

#### Sunday, March 19, 2017 – Radio Health Journal 6:30 a.m.

30:00

Host: Reed Pence. Guests: Dr. Brad Spellberg, Chief Medical Officer, Los Angeles County-University of Southern California Medical Center; Dr. William Schaffner, Infectious Disease Specialist, Vanderbilt University Medical Center; and Dr. Louis Rice, Chairman, Department of Medicine, Warren Alpert Medical School, Brown University.

Since the introduction of antibiotics in World War II, doctors have prescribed courses of treatment that typically ran longer than necessary. Bacterial resistance is forcing a reevaluation, shortening courses sometimes to just a few days and even prompting doctors to advise not using all pills if patients feel better. Mr. Pence, Dr. Spellberg, Dr. Schaffner, and Dr. Rice discussed the pros and cons of antibiotics usage.

#### 2<sup>nd</sup> Segment

Host: Nancy Benson. Guest: Jonathan Starr, author and former hedge fund manager who opened the Abaarso School in Somaliland.

Somaliland, a breakaway region of Somalia, is an impoverished region that isn't officially recognized as a distinct country. Children born there are given very little opportunity, but Mr. Starr is trying to change that. Mr. Starr, a former hedge fund manager, talked about his journey from being a Wall Street money manager to being a Somaliland school runner and how he and his school are changing lives in an area where it is desperately needed.

## Sunday, March 26, 2017 - Spectrum 7:00 a.m.

30:00

Guest: Dayle Greene. Guest: Dr. Jacentha Buggs, General Surgeon at Tampa General Hospital.

Mr. Greene and Dr. Buggs discussed the upcoming Health Fair taking place at Tampa General Hospital. Dr. Buggs explained that the emphasis of the event would be developing and maintaining proper diet and exercise.

#### **Economy**

## Sunday, January 22, 2017 – Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Sarah Combs, Chief Executive Officer of the University Area Community Development Coalition.

Mr. Greene and Ms. Combs gave an overview of how a recent federal grant will provide life skills services to people living in an impoverished area near the University of South Florida in Tampa known as "Suitcase City".

#### Sunday, January 22, 2017 – Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guest: Sherry Harris, Director of Affordable Housing for Pinellas County.

Ms. Harris explained how tax money like the "Pennies for Pinellas" (the 1% sales tax for "Building a Better Pinellas") initiative is contributing towards building new communities in the County. Ms. Lawson and Ms. Harris discussed how these new housing projects strengthen the neighborhoods around them and help stabilize the lives of our citizens. New projects were outlined and resources were mentioned that can help families access the help that is available.

#### Sunday, January 29, 2017 – Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Paula Scott, Director of Public Relations for the Children's Board of Hillsborough County.

Mr. Greene and Ms. Scott discussed a variety of Tampa Bay area nonprofit agencies that are given grants to provide dozens of social services for those in poverty.

### Sunday, February 5, 2017 - Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Judi Dorcy, Director of Youth Programs at Career Source Tampa Bay.

Mr. Greene and Ms. Dorcy told the listeners about the upcoming Youth Resource Fair. It will be a huge event where fifty local employers will be hiring youth between the ages of 18-24. It will be a great opportunity for 18-24 men and women to receive job skills training and permanent employment.

## <u>Sunday, February 19, 2017 – Spectrum 7:00 a.m.</u>

30:00

Host: Dayle Greene. Guest: Paul Davis, General Manager of the Florida Strawberry Festival in Plant City.

Mr. Greene and Mr. Davis talked about the economic impact the 11-day Florida Strawberry Festival has on the City of Plant City. They also discussed some of the special events occurring during the festival such as "Safety and Security Day" and "Farmworker Appreciation Day".

# Sunday, February 19, 2017 - Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guest: Sarah Combs, Chief Executive Officer of the University Area Community Development Coalition.

Ms. Lawson and Ms. Combs discussed the new grant received by the University Area Community Development Coalition and the continuing growth of the project to refine and

redevelop the area surrounding the University of South Florida in Tampa. Ms. Lawson and Ms. Combs elaborated on the various learning programs available. They also spoke about the opening of Harvest Park and the Community Garden project. These are both Prodigy programs for underserved school-age children in the eleven counties surrounding the Tampa Bay area. Their discussion included new job programs, working in the non-profit sector, and what educational opportunities fit well with this kind of a career.

Sunday, March 5, 2017 - Sunday Morning 7:45 a.m.

15:00

Host: Mimi Lawson. Guest: Anna Marie Millet, Investigator and Outreach Coordinator for the Pinellas County Department of Justice and Consumer Services.

Pinellas County residents have a week long opportunity to get important information about avoiding identity theft, protecting their privacy, managing money and debt, and steering clear of frauds and scams.

Pinellas County is inviting its residents to take part in National Consumer Protection Week – Monday, March 6, through Friday, March 10. The Consumer Services office will hold events the entire week throughout Pinellas County. Consumer Protection Week is an annual, national campaign designed to inform residents about individual consumer rights and provide the knowledge to make informed decisions on various consumer-related topics such as avoiding identity theft when filing taxes. Events will include public presentations and information booths with resources for protecting online privacy, managing personal finances, and avoiding scams.

#### **Education**

Sunday, January 1, 2017 - Sunday Morning 7:45 a.m.

15:00

Host: Mimi Lawson. Guests: Margaret and Carl Hollar, Program Coordinators for "Blessings in a Backpack".

"Blessings in a Backpack" is a program that supplements the "Free Lunch" program in Tampa Bay area schools by providing meals for underserved children over the weekend when they are not in school. Ms. Lawson and Mr. and Mrs. Hollar discussed the problems kids have in school when they are hungry. It affects their concentration as well as their ability to process information and mood. The "Blessings in a Backpack" program gathers, collates, and delivers backpacks full of food to the schools for children they know will not get enough to eat between Friday afternoon when they leave school and Monday morning when they return.

Sunday, January 8, 2017 - Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guests: Major Scott Mackman, U.S. Army, Retired; and William "B" Taylor, Navy Veteran and rap singer.

The Veterans Arts Center of Tampa Bay (VACTB) has announced that William "B" Taylor is now its official Ambassador. The position is part of the Pentagon's Global Ambassador

for Music and Entertainment program. The VACTB appointment is in recognition of B's military service as well as his work as a performing artist. Ms. Lawson, Major Mackman, and B discussed the work the VACTB does to educate, cultivate, and help to heal veterans and their families through the power of art. The Veterans Art Center of Tampa Bay is dedicated to providing therapy and healing educational programs in order to eradicate suicides and strengthen mental health for our military veterans and their families. The VACTB provides classes at the Morean Arts Center and the Dunedin Arts Center for active serving military as well as those who have been honorably discharged. They also host art shows and book signings for those individuals.

## Sunday, January 15, 2017 – Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guests: Cindy Burham, Director of The Virginia and David Baldwin Women's Residence and the St. Petersburg Free Clinic; Katrina Evans from Salon 111; and Tammie Hooper, Mentor.

Ms. Lawson and Ms. Burham talked about an event to benefit the Free Clinic and Women's Residence at Salon 111 that will take place on Wednesday night. Ms. Burham discussed all the services the clinic and the residence provide for single women from ages 18-80. Ms. Lawson, Ms. Burham, Ms. Evans, and Ms. Hooper discussed who uses the facilities and what they are trying to do to get these women back into society. Ms. Burham quoted a success rate of nearly 86% for the people who complete the program and shared many success stories of women who have been housed, educated, and placed in the workforce.

## Sunday, February 12, 2017 - Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Dr. Joan Holmes, Special Assistant to the President for Equality and Special Programs and Title IX, Hillsborough Community College.

Mr. Greene and Dr. Holmes discussed the initiative known as "Black, Brown, and College Bound". The purpose of the program is to increase the number of African American and Hispanic male students going to and graduating from college.

## Sunday, March 19, 2017 - Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Casey Curry, author and creative writing teacher at Blake High School, Tampa.

Mr. Greene and Ms. Curry discussed various ways that parents can work with their children from an early age to improve their writing skills.

# Sunday, March 19, 2017 – Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guest: Dr. Paul Dosal, Vice President of Student Affairs and Student Success at the University of South Florida.

Ms. Lawson and Dr. Dosal discussed the success rate of graduating Seniors among minorities at the University of South Florida. USF was named the nation's top performer in "Overall Student Success" among public research and doctoral universities in the 2016

Eduventures Student Success Ratings. Eduventures analyzed graduation and first-year retention data, two key indicators of student success, from 2004 to 2014 from more than 1,100 colleges and universities in the United States to develop the ranking. "Over the last ten years, USF has significantly improved its six-year graduation rate from 47 to 67 percent and First Time in College student retention rates from 81 to 89 percent, a rate of growth that few institutions can match" said Dr. Dosal. He further said that "These gains are the result of a thoughtful and deliberate culture change as the university transformed the way we approach the student experience and committed to improve graduation and first-year retention rates. We created a student success movement designed to embed the responsibility of our students' success in every individual on campus." As a result of these efforts, USF has also eliminated the achievement gap between racial and ethnic minorities. Black and Hispanic students graduate at rates equal or superior to the rates of White students. The same is true for limited income students.

#### **Community Relations**

Sunday, January 8, 2017 – Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Tim Marks, President of Metropolitan Ministries.

Mr. Greene and Mr. Marks discussed the success of Metropolitan Ministries' 2016 Holiday Tent and the need for continued community support for the array of programs Metropolitan Ministries provides for the Tampa Bay community all year long.

Sunday, January 29, 2017 – Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guest: Dr. Vincent Monticciolo, Founder of Dentistry from the Heart.

Ms. Lawson and Dr. Monticciolo discussed the upcoming "Free Dentistry Day" that Dr. Monticciolo and his staff present every year. People who cannot afford dental work can get a procedure done at no cost. Dr. Monticciolo discussed dental health, the affect poor hygiene has on the rest of the human body, and how people can mitigate health issues with proper dental care. Ms. Lawson and Dr. Monticciolo explained to the listeners how they can become involved with this event and the outcomes they can expect.

Sunday, February 5, 2017 - Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guest: Ken Page, Psychotherapist in private practice, blogger on "Psychology Today", and author of <u>Deeper Dating: How to Drop the Games of Seduction and Discover the Power of Intimacy.</u>

Today, more than half of American adults are single. Many are still looking for love. More than 40 million are members of online dating sites which have their busiest time of the year between now and Valentine's Day. Mr. Pence and Mr. Page discussed the research which has shown that most users take the wrong approach when seeking a good match online, and they elaborated on how they can better their odds of finding true love.

# Sunday, February 5, 2017 – Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guest: Jessica Muroff, Chief Executive Officer of Girl Scouts of West Central Florida (GSWCF); Melanie Griffin, "Woman of Promise" recipient; and Dr. Catherine Lynch Buckhorn, "Woman of Distinction" recipient.

The Girls Scouts of West Central Florida have announced their choices for the 2017 "Woman of Promise" and "Woman of Distinction" titles. The honorees have achieved success in their chosen fields and served as inspiring role models for girls in our local communities, each exemplifying ethical leadership and a commitment to making a difference in the lives of their fellow citizens through community service. Ms. Lawson, Ms. Muroff, Ms. Griffin, and Dr. Buckhorn discussed how the role of the Girl Scouts has changed over the past several decades. They also elaborated on the services and the role the organization has taken on to mentor young women as professionals in addition to the heritage of the organization in women's rights.

# Sunday, February 26, 2017 – Sunday Morning 7:30 a.m.

Host: Mimi Lawson. Guests: Ned Ginsburg, composer of "Boynton Beach Club"; and Rick Kerby, Artistic Director for the Manatee Performing Arts Center.

The world premiere of the heartwarming romantic comedy "Boynton Beach Club" will take place on Thursday, March 16, at 8 p.m. at the Manatee Performing Arts Center. "Boynton Beach Club" explores our amazing capacity to rebound and fall in love again — at any age. It's the story of aging South Florida Baby Boomers whose lives intersect at a local bereavement club where some have gone to find emotional support and companionship after the loss of a loved one. Soon, they find themselves back in the dating game after decades of married life, only to discover that all the rules have changed. "Boynton Beach Club" offers an honest and optimistic look towards aging. Ms. Lawson, Mr. Ginsburg, and Mr. Kerby discussed how listeners can get involved in the <u>business</u> of "Show Business" and what educational opportunities they need to pursue while in school.

# Sunday, March 5, 2017 – Sunday Morning 7:45 a.m.

15:00

Host: Mimi Lawson. Guests: Monique Levy, Public Relations Representative for "Moving Day" (A Walk for Parkinson's); and Monica Monaco, a participant in the event walking in memory of her father.

Each year, the money raised during Moving Day supports life-enhancing local programs that invest in health, wellness, and education programs. Moving Day is an annual fundraiser that helps this grass roots effort provide free resources for patients and families. Ms. Monaco shared her personal story of living with her father's disease and how this fundraiser is a great clearing house of resources and help. The money they raise at this year's event on April 1st will be targeted towards expanding current successful programs, addressing unmet needs in the Parkinson community, and exercise programs that have been found to mitigate some symptoms.

Sunday, March 12, 2017 - Sunday Morning 7:30 a.m.

30:00

Host: Mimi Lawson. Guest: Ramona Madhosingh-Hector, Regional Specialized Agent, Urban Sustainability/Institute of Food and Agricultural Sciences (IFAS) for Pinellas County.

Ms. Lawson and Ms. Madhosing-Hector discussed the upcoming series of classes offered at the University of Florida to teach residents, students, and University faculty the skills and information they need to become a "Sustainable Floridian". Ms. Madhosingh-Hector talked about waste, garbage, wasteful practices, and the pollution that we engage in on a daily basis by virtue of living. This set of classes shows how to live cleaner as well as ways to keep some of the personal waste out of our landfills. Ms. Madhosing-Hector also discussed the local measures being taken to reclaim some of the dumps and turn them into productive living spaces.

2<sup>nd</sup> Segment

Host: Mimi Lawson. Guest: Heather Burt, Executive Director of Bethany Christian Services.

Many are unware of the benefits and services a pregnancy counselor can provide. Pregnancy counselors provide critical support and resources for women facing an extremely difficult decision. To show their appreciation for the women and men offering their remarkable services, Bethany Christian Services, a global nonprofit adoption and child welfare agency, is inviting individuals and other organizations to join in celebrating Pregnancy Counselor's Appreciation Day on March 7<sup>th</sup>. By celebrating Pregnancy Counselor Appreciation Day, we raise awareness for the resources available to mothers and couples everywhere. This day of celebration allows society to foster a better appreciation for a job that might otherwise go unnoticed. Ms. Lawson and Ms. Burt also discussed:

- · What services do pregnancy counselors offer?
- What options do women have?
- Approximately how many births in the United States are unintended?
- What type of support do these mothers receive throughout the process?
- Where can women or couples who wish to talk with a pregnancy counselor find more information?

# Public Safety

Sunday, January 1, 2017 - Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Nanci Palacios, Tampa Organizer for Faith in Florida, Inc. Mr. Greene and Ms. Palacios discussed the anxiety of many undocumented workers who fear being deported by the Trump Administration because of the ever-changing immigration policies, stop and frisk practices of law enforcement, the mass incarceration issue, and holding elected officials responsible once they are in office.

#### Sunday, January 15, 2017 - Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guests: Dr. Marilyn Huestis, Professor of Toxicology, University of Maryland School of Medicine; and Dr. Tom Marcotte, Associate Professor of Psychiatry, and Co-Director of the Center for Medicinal Cannabis, University of California, San Diego. With recreational marijuana use legal in eight states and 29 permitting medical pot use, there will be more drivers on the road who are potentially under the influence of marijuana. However, police have no way to determine who is dangerous and who is not, as blood levels of marijuana's active ingredient are often meaningless. Mr. Pence, Dr. Huestis, and Dr. Marcotte discussed this rapidly growing problem as well as new scientific discoveries about marijuana impairment.

#### Sunday, February 26, 2017 – Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guests: Dr. John Tanner, Medical Director, Florida Intervention Project for Nurses; and Dr. Alan Schwartzstein, Family Practitioner, and Vice Speaker, American Academy of Family Physicians.

The opioid epidemic has reached into nearly every community in America. Surveys show that approximately one-third of our population knows someone who has abused or been addicted to prescription pain killers. Almost 20% of us know someone who has died of an overdose. Unfortunately, these numbers will likely increase. Mr. Pence, Dr. Tanner, and Dr. Schwartzstein discussed the epidemic and how it is a potential threat to everyone.

#### Sunday, March 5, 2017 - Radio Health Journal 6:45 a.m.

15:00

Host: Reed Pence. Guests: Peter Pitts, President, Center for Medicine in the Public Interest, and former Associate Commissioner of the Food and Drug Administration; and Dr. David Gortler, a Professor of Pharmacology and a former Food and Drug Administration senior medical officer. He was also the FDA/health care policy and Obamacare/ACA repeal and replacement advisor for the 2016 Ted Cruz Presidential Campaign.

The Trump Administration has signaled it intends to revamp the Food and Drug Administration to speed up the approval of drugs. Some FDA commissioner candidates have proposed radical reform, including an end to the requirement that drugs must be effective to be approved. Mr. Pence, Mr. Pitts, and Dr. Gortler discussed what reform might look like and what the FDA needs to better succeed.

# Sunday, March 5, 2017 - Spectrum 7:00 a.m.

30:00

Host: Dayle Greene. Guest: Officer Gig Brown of the Tampa Police Department.

Officer Brown elaborated on the details and goals of the "Community Conversations" program. It is a series of meetings between officers of the Tampa Police Department and the citizens of Tampa which are designed to improve the trust and relations between the Police Department and the community. The ultimate goal of the program is to make Tampa a safer city for its citizens.