

COMMUNITY WATCH JUNE 2017
FILED BY: JESSICA HALVERSON

WUSZ WTBX WNMT WDKE WMFG-AM WMFG-FM WEVE

- You're invited to participate in a Memorial Ride for Casey Lantz on Saturday, August 26th rain or shine. Doors open at 9am followed by registration for the ride at 10am at the American Legion in Keewatin, cost is \$20 for single rider, \$35 for double rider. Kick-Stands up at 11am with a stop in Hill City and the ride ending at the Thirsty Moose in Cherry; proceeds from the Casey Lantz memorial ride benefits our local disabled veterans. For more information call Mark Lantz 969-7022. Sponsored in part by Pro Blast, USA Electric, CKRJ Welding, Keyboard Liquor.
-
- Don't miss the Kids Carnival Saturday, July 8th from 10am to 2pm at on the City Hall Lawn in Hibbing with a magic show, stephanie's dance shoppe performance, Zumba with mlk fitness and more. It's a day full of fun for the whole family.
-
- When substance abuse becomes a part of person's life, addictive behavior can become destructive to that person and their loved ones. Minnesota Teen Challenge has an integrated treatment program that compassionately treats the addiction and abuse of alcohol and drugs. Minnesota Teen Challenge is for both teens **and** adults and has an effective and affordable treatment program. Get yourself or someone you love the help they need today log on to mntc dot org or call 612-Freedom.
-
- Runners! Get ready, get set! Go to Bennett Park for the Red Ore Run and taconite trot 1, 5 and 10K Saturday, July 8th. Packet Pickup and registration is Friday, July 7th from 3 to 7pm at the Hibbing Community College. Race day registration begins at 645am, the run begins at 8am Saturday, July 8th. Cost before june 19th is \$25; race day it's \$30.00.
-
- The public is invited to the Kids Kare Fund spaghetti feed fundraiser Friday, July 7th at the Hibbing Community College from 3-7pm. Cost

is \$8 for adults and \$4 for children. Proceeds benefit the Kids Kare Fund helping children and their families offset medical expenses.

-
- The public is invited to a free community concert: Mining for Hope on Saturday, July 7, 6:00 pm on Howard Street in Hibbing. Rock in Roll Attitude, concessions, and evening out for everyone featuring nationally known, 7eventh Time Down and Hannah Kerr. For more information go to [north star hibbing dog org](http://northstarhibbingdog.org)
-
- The public is invited to a Porketta Sandwich meal fundraiser for Bill Hanna Friday, June 23rd at the Range Rec Civic Center in Eveleth from 3 until 9pm. Enjoy food and raffles, live music, kids corner, cash bar and more. Cost is 10 for adults and \$7 for children 10 and under. Proceeds will help offset medical expenses related to Bill's treatment of a heart condition.
- Kids in Chisholm and Hibbing can eat lunch for free – all summer long! Meet Up and Chow Down is United Way of Northeastern Minnesota's free summer lunch program for children. Lunch is served Monday - Thursday, now through August 31st to children ages one to 18. Lunch is served 11:30am to 12:30pm at the Hibbing City Hall east lawn (Hibbing Public Library will be rain site). Lunch in Chisholm is served from 12:30pm to 1:30pm at the Chisholm Kiwanis Park (Chisholm Public Library will be rain site). Lunch is provided on a first-come, first-serve basis.
- It's back! Rampage at the Ridge 5K obstacle course and mud run at Giants Ridge on Saturday, August 19th. All proceeds benefit United for Veterans program, supporting Iron Range veterans and their families. Register to run by going to [rampage run dot org](http://rampage.run.dot.org) or calling United Way at [218-254-3329](tel:218-254-3329).
- The 2nd Annual Quad Cities Courage 5k is on Saturday, August 26, 2017 at 9am at the Essentia Health Virginia Clinic Parking Lot. There will be prizes for 1st-3rd places in various age categories. Sign up now at www.qcc5k.com. Email racedirector@qcc5k.com with questions. Proceeds benefit the Essentia Virginia Clinic Cancer center presented by Wells Fargo and the Essentia Health Foundation
-

- The Iron Range Relay for Life event is Saturday, July 22nd at Bennett Park in Hibbing! The festivities get underway with a 5K. Throughout the event enjoy live music, kids activities, a Zumbathon, a kickball tournament, and ceremonies to recognize and honor cancer survivors and their caregivers, It's a meaningful and important event to help fight cancer with the help of the American Cancer Society, Saturday, July 22nd at Bennett Park in Hibbing
-
- AEOA's 34th Annual Senior Carnival is Wednesday, June 21st from 9am to 1 pm at the Range Recreation Center in Eveleth. The carnival is a fun filled day for seniors with Live music, exhibitors, games and great prizes. BBQ Lunch will be cooked on site and served. Tickets are available in advance only for only \$8 Transportation is available for a small fee. For tickets or more information call Joseph at 748-7323.
-
- There are currently over 700 children in North St. Louis County alone in need of respite or foster care. If you are able and willing to open your heart and your home to a foster child in need or to provide respite care, contact Jessie Schunk at [1-800-450-9777 ext. 7793](tel:1-800-450-9777), or email Child Foster Care at stlouis county mn dot gov
-
- Itasca County Health and Human Services needs more foster homes for children, especially in the Deer River and Bigfork areas. Sometimes because of issues with the family, children need a temporary, safe place to be while the child and the family both receive help working out problems. For more information call 327-55-73.
- Have you or someone you love been diagnosed with Multiple Sclerosis? There are three groups that meet to offer support, information and fellowship. The first Thursday of every month the MS Burger night is held at various eateries for an informal social gathering. Call 218-929-2599 for details and locations, the grand rapids ms group meets the 2nd Thursday of the month at the grand rapids st joseph's church from 1130-1pm and the Hibbing MS group meets the last Thursday of the month at the Open Door Church in Hibbing from 1-3pm.

- Iron Range Boxing of Hibbing wants to Knock Out Bullying. Sign up your group of youth participants to attend a 30 minute presentation on bullying. When complete the students become honorary Pugilists (***Pew-ja-lists***) of Iron Range boxing and receive the free knock out bullying t-shirt For more information on Iron Range Boxing's Knock Out Bullying sessions contact Michael "A.J." Grove 218-966-0846 or check out the IRB Knock out Bullying Facebook page.

COMMUNITY WATCH MAY 2017
FILED BY: JESSICA HALVERSON

WUSZ WTBX WNMT WDKE WMFG-AM WMFG-FM WEVE

- The 2nd Annual Quad Cities Courage 5k is on Saturday, August 26, 2017 at 9am at the Essentia Health Virginia Clinic Parking Lot. There will be prizes for 1st-3rd places in various age categories. Sign up now at www.qcc5k.com. Email racedirector@qcc5k.com with questions. This event is a fund raiser for the Essentia Virginia Clinic Cancer center presented by Wells Fargo and the Essentia Health Foundation.
- Join PORCH, People Offering Renewal, Community and Hope, Wednesday May 24th 5:15 - 7 PM for the conclusion of a great season. Rain or shine enjoy a community picnic, music, games, and more. For details on this free community event visit [peace.unc.edu/forward slash the-porch](http://peace.unc.edu/forward-slash-the-porch) or call [218-741-7739](tel:218-741-7739). The PORCH, people offering renewal, community and hope. Located at 303 South 9th Ave in Virginia, look for the lighted sign across from Silver Lake.
- The Hibbing High School All Night Grad Party committee is seeking donations to make the All Night Grad Party on June 3rd a fun and memorable night for the graduating seniors. Donations of prizes, gift certificates or cash help offset the cost of putting on this chemical free graduation party for the seniors. If you are able to donate please contact Nicole at 969-6979.
- Save the date for the Iron Range Relay for Life event Saturday, July 22nd at Bennett Park in Hibbing! The festivities get underway with a 5K. Throughout the event enjoy live music, kids activities, a Zumbathon, a kickball tournament, and ceremonies to recognize and honor cancer survivors and their caregivers, It's a meaningful and important event to help fight cancer with the help of the American Cancer Society, Saturday, July 22nd at Bennett Park in Hibbing.

- AEOA's 34th Annual Senior Carnival is Wednesday, June 21st from 9am to 1 pm at the Range Recreation Center in Eveleth. The carnival is a fun filled day for seniors with Live music, exhibitors, games and great prizes. BBQ Lunch will be cooked on site and served. Tickets are available in advance only for only \$8. Transportation is available for a small fee. For tickets or more information call Joseph at 748-7323.
- There are currently over 700 children in North St. Louis County alone in need of respite or foster care. Sometimes, through no fault of their own, their biological parents need help working through problems and the child, or children need a stable, loving environment to thrive while they wait for their families to get the much needed help they need. If you are able and willing to open your heart and your home to a foster child in need or to provide respite care, contact Jessie Schunk at [1-800-450-9777](tel:1-800-450-9777) ext. 7793, or email Child Foster Care at stlouis county mn dot gov
- Give your child a Head Start! Head start is a preschool program for pregnant mothers and children ages birth through 4 years old. AEOA is currently taking applications for the 2017-2018 school year. Call [800-662-5711](tel:800-662-5711) to register your child today.
-
- You're invited to the 1st annual Children's Discovery Museum 5K Run/Walk; The ***Dash for the Ruby Slippers*** is Saturday, June 10th at 8:30 a.m., starting in front of the Judy Garland/Children's Discovery Museum. Early Bird sign-up for adults is \$20 until May 19th. Children under 3 are free with paid adult. Ages 4 through 12 just \$10. Register at: [sign me up dot com back slash eleven, nine, eight, fifty \(119850\)](http://signmeupdotcombackslash eleven, nine, eight, fifty (119850)) or call (218) 326-1900 for more information.

- The All Night Grad Party committee for Northeast Range (Babbitt) is seeking donations to make the all night grad party a fun and memorable experience for the graduating seniors. Donations of prizes, gift certificates or cash help offset the cost of putting on this chemical free graduation party for the seniors. If you are able to donate please contact Nissa at 218-827-3597.
- You're invited to a benefit for Jen Adolfs Saturday, June 3rd at Jim's Sports Club in Chisholm. Enjoy a beer pong Volleyball tourney, pork sandwiches, raffles and more! Proceeds will help offset medical expenses for Jen and her family. For more information contact Michelle at 218-966-1239.
-
- Itasca County Health and Human Services needs more foster homes for children, especially in the Deer River and Bigfork areas. Sometimes because of issues with the family, children need a temporary, safe place to be while the child and the family both receive help working out problems. For more information call 327-55-73.
- Have you or someone you love been diagnosed with Multiple Sclerosis? There are three groups that meet to offer support, information and fellowship. The first Thursday of every month the MS Burger night is held at various eateries for an informal social gathering. Call 218-929-2599 for details and locations, the grand rapids ms group meets the 2nd thursday of the month at the grand rapids st joseph's church from 1130-1pm and the Hibbing MS group meets the last Thursday of the month at the Open Door Church in Hibbing from 1-3pm.
- Iron Range Boxing of Hibbing wants to Knock Out Bullying. Sign up your group of youth participants to attend a 30 minute presentation on bullying. When complete the students become honorary Pugilists (**Pew-ja-lists**) of Iron Range boxing and receive the free knock out bullying t-shirt For more information on Iron Range Boxing's Knock Out Bullying sessions contact Michael "A.J." Grove 218-966-0846 or check out the IRB Knock out Bullying Facebook page.

COMMUNITY WATCH APRIL 2017
FILED BY: JESSICA HALVERSON

WUSZ WTBX WNMT WDKE WMFG-AM WMFG-FM WEVE

- You're invited to the 1st annual Children's Discovery Museum 5K Run/Walk during the annual *Wizard of Oz Festival* in Grand Rapids June 8th – 10th. The ***Dash for the Ruby Slippers*** will be on Saturday, June 10th at 8:30 a.m., starting in front of the Judy Garland/Children's Discovery Museum. Early Bird sign-up for adults is \$20 until May 19th, after that it's \$30. Children under 3 free with a paid adult. Ages 4 through 12 just \$10. Register at: [sign me up dot com back slash eleven, nine, eight, fifty \(119850\)](http://signmeupdot.com/backslash/eleven,nine,eight,fifty/119850) or call (218) 326-1900 for more information.
-
- The All Night Grad Party committee for Northeast Range (Babbitt) is seeking donations to make the all night grad party a fun and memorable experience for the graduating seniors. Donations of prizes, gift certificates or cash help offset the cost of putting on this chemical free graduation party for the seniors. If you are able to donate please contact Nissa at 218-827-3597.
-
- You're invited to the 19th Annual Children's Fair Saturday, April 29 from 9:00 am to 1:00 pm at the IRA Civic Center in Gr. Rapids. Enjoy the Kiwanis Pancake Breakfast .The event is free and open to children of all ages. Families can explore educational booths, visit with service providers in the county, participate in hands on activities, play at the carnival, tour the BIG vehicles, listen to music, and much more. For more information call Itasca Area Community Education at 218-327-5730 or visit [get learning dot org](http://getlearningdotorg).
-
- Cook's Friends of the Parks will be hosting Wings and Things at the Cook VFW Post 1757 Saturday, April 29, 2017 from Noon until 8:00 p.m. Proceeds benefit the Cook area parks. Bingo, Wings, basket raffles and more! Main Raffle Tickets are available at Cook Businesses. First Prize is \$1000 Cash, Second Prize: \$200 Gift Card from Zup's in Cook, Third Prize is \$100 Gift Card from Cook's Country Store and Vermilion Motel. Jeannie Taylor at 218 780-5167

-
- The Solid Rock Church in LaPrairie is having a fund raiser for local law enforcement on Sunday, April 23rd from 1130 to 2pm at the Solid Rock Church, one block north of highway 2 on the corner of LaPrairie Avenue and Frazier. All proceeds benefit the Grand Rapids Local Law Enforcement Agencies. Call Karen for more information at 999-73-39.
-
- You're invited to a Duke Skorich BBQ fundraiser for the Eveleth Fire Department on Saturday, May 6th from 10am to 3pm at the Eveleth IGA parkinglot. Duke Skorich sandwiches and beverages available for purchase until sold out. Proceeds benefit the Eveleth Fire Department.
- United Way of Northeastern Minnesota's 8th annual Flavor of the North is Thursday, April 27th at the Range Rec Civic Center in Eveleth starting at 530pm! Vote on your favorite in appetizer, entrée and dessert categories. There's also a live and silent auction, raffles and wine, beer and spirits tasting. All proceeds benefit the Buddy Backpack program, providing weekend meal kits to children in need on the Iron Range. Tickets are \$50 each and can be purchased at [united way ne mn dot org](http://unitedwayne.mn.org), by calling [218-254-3329](tel:218-254-3329) or by stopping in at United Way in Chisholm. Limited tickets are available so get yours today!
- The Mesabi Community Band will be performing Thursday, May 4th at 7pm celebrating the 100th anniversary of the Eveleth Municipal Band! You'll also enjoy performances by the Downtown Dance Academy and Northern Twisters Gymnastics in addition to the concert. Admission is \$ 5 students under 18 free. The event will be held at the historic Eveleth City Auditorium.
-
- When facing the end of life, an individual and those caring for them have many questions and concerns. Learn more about how to make this difficult time easier for all involved as presenters Dr. Keith Peterson and Laura Bergman from East Range Hospice answer questions about the many forms of hospice services provided on the Iron Range Wednesday, April 19th at 6pm 303 south 9th avenue in Virginia. Come early for a free meal starting at 5:15PM. Free nursery,

children and teen activities available as well. The PORCH; People Offering Renewal, Community, and Hope

- Everyone is invited to the St. Joseph's School Spring Thaw – an evening of fun for a great cause on Friday, May 5, at the St. Joseph's social hall in Grand Rapids beginning at 5:30. Dinner, games, raffles and silent auction all happening in a festive atmosphere. All proceeds go to the St. Joseph's School.
-
- The public is invited to the Show and Tell Variety of Wheels event at the Hibbing Memorial Building from 11am to 4pm Sunday, May 7th. This event is free and open to the public. Check out the classic cars and race cars, motorcycles and rat rods. This event is giving special recognition to our local DAV, VFW, American Legion and Auxileries; There will also be an indoor craft sale and food vendors. This free event is sponsored by the Hibbing Community Senior Citizen Center
-
- The Eveleth / Mt. Iron Lions Club is holding their annual Pancake Day Tuesday, April 11th from 11am to 7pm at the Iron Range Recreation Civic Center. Free will donation for the pancakes! If you have old eyeglasses you are not using please donate them at this event, they will be used to provide services for those in need.
- You're invited to a spaghetti and meatball dinner fundraiser for the Special Olympics RoadRunners team on Friday, April 28th from 4-7pm at Our Saviors Luthern in Virginia. Cost is \$8.00; 10 and under just \$5 dollars. Take out available.
-
- You're invited to a benefit for Jen Adolfs Saturday, June 3rd at Jim's Sports Club in Chisholm. Enjoy a beer pong Volleyball tourney, pork sandwiches, raffles and more! Proceeds will help offset medical expenses for Jen and her family. For more information contact Michelle at 218-966-1239.
-
- The Annual white Elephant Sale is coming Saturday, May 6th from 10am to 3pm at the Hibbing Memorial Arena. The Annual white elephant sale is Hibbing's largest sale of used items for every need, lunch served all day! If you'd like to donate items call 263-7422.

- United Way of NE Mn invites all women veterans to be recognized for your service and a to enjoy a day all for you. Enjoy breakfast and lunch provided a long with Yoga for Warriors, chair and hand massages, foot soaks, health and wellness, veteran's resource information, networking and more. The invite is April 22nd from 9am to 3pm. At Our Saviors Lutheran church in Hibbing. Call 254-3329 to register and for more information.
-
- You're invited to the Relay for Life Community Kick Off Event Thursday, April 13th from 6 until 8 at Binsters in Hibbing! It's an opportunity for previous teams and new members to be able to sign up. Luminaries will be available to purchase in advance. Relay for Life will be at Bennett Park on July 22nd. Check out the Relayfor Life of the Iron Range Facebook page for more details!
- You're invited to participate in the annual HopeSprings 5K on April 22, 2017 at the Hibbing Memorial Building, 400 E 23 Street , All proceeds go to Hibbing Essentia Health cancer patients. The race is limited to the first 700 runners . New this year is the Spaghetti Feed, which will be on April 21 from 3- 7 pm at the Memorial building during packet pick up. Tickets can be purchased at time of registration, in advance or at the door for \$10.00.. Each participant will receive a long sleeve tech t-shirt. Registration will close at midnight on April 17 and no registration at packet pick up and no same day registration as in the past.
- Itasca County Health and Human Services needs more foster homes for children, especially in the Deer River and Bigfork areas. Sometimes because of issues with the family, children need a temporary, safe place to be while the child and the family both receive help working out problems. There will be an information and orientation program for prospective foster parents on April 3th, 10th and on May 1st. Call 327-55-73 to register.

- The Hibbing High School All Night Grad Party is seeking donations to make the night a fun and memorable experience for the graduating seniors. Donations of prizes, gift certificates or cash help offset the cost of putting on this chemical free graduation party for the seniors. If you are able to donate please contact Nicole at 969-6979.
- Have you or someone you love been diagnosed with Multiple Sclerosis? There are three groups that meet to offer support, information and fellowship. The first Thursday of every month the MS Burger night is held at various eateries for an informal social gathering. Call 218-929-2599 for details and locations, the grand rapids ms group meets the 2nd thursday of the month at the grand rapids st joseph's church from 1130-1pm and the Hibbing MS group meets the last Thursday of the month at the Open Door Church in Hibbing from 1-3pm.
- Iron Range Boxing of Hibbing wants to Knock Out Bullying. Sign up your group of students; whether they be a church group, scout troop, or sports team to attend a 30 minute presentation on the topic of bullying. When the group finishes the class they will become honorary Pugilists (**Pew-ja-list**) of Iron Range boxing and receive the free knock out bullying t-shirt and a membership card when they sign a contract agreeing to join Iron Range boxing in the quest to knock out bullying. For more information on Iron Range Boxing's Knock Out Bullying sessions contact Michael "A.J." Grove 218-966-0846 or check out the IRB Knock out Bullying Facebook page.