

# Quarterly Issues 2022 First Quarter

## January-March

**Addictions, Technology and Children, Marital Drift, Human Trafficking, Racial Harmony, Pornography Addiction, Anger Management, Finances, Alzheimer's and Dementia, Stepfamilies, Divorce and Single parenthood**

### First Quarter

#### **Issue: Addictions**

**January 3** At 8:00am for 25 minutes, we carried a discussion with author, Wendy Speake, about overcoming addictions and getting free from controlling substances.

#### **Issue: Technology and Children,**

**January 4** Broadcast a discussion with Dr. Kathy Koch (pronounced Cook), author of *Screens and Teens: Connecting with Our Kids in a Wireless World* on the ever-evolving relationship between teenagers and screen time. How to help parents navigate technology with their children at 9:30 for 25 minutes.

#### **Issue: Marital Drift**

**January 7** We ran an interview with David and Meg Robins about beating the drift that can take place in a marriage over time. 8:30am for 25 minutes

#### **Issue: Human Trafficking**

**January 11** Carried an interview at 9:30 for 25 minutes with Congresswoman Linda Smith who traveled into the brothel district of Mumbai, India on a fact-finding mission. She shared how she quit her political career to found Shared Hope International, to help and heal those who have been exploited or are enslaved, and to assist people in identifying individuals in their communities who are trapped in the dark web of trafficking.

#### **Issue: Racial Harmony**

**January 17** We ran a speech given by Carey Casey at 8:00am for 25 minutes about the legacy from his grandfather on how to build racial harmony in a community.

#### **Issue: Pornography Addiction**

**February 11** We broadcast an interview with Ray Ortland about the increase in pornography addictions, how it is impacting families, and how to combat it. 8:30am for 25 minutes

#### **Issue: Anger Management**

**February 18** Re-broadcast an older interview with Jean Lush about strategies that help defuse anger and help folks better manage anger issues at 9:30 for 25 minutes.

**Issue: Finances**

**February 28** At 6:00pm for 30 minutes, we took phone calls to a panel of financial advisors to field questions about budgeting, debt, retirement, etc

**Issue: Alzheimer's and Dementia**

**March 3** At 9:30 for 25 minutes, we broadcast a discussion with Dr. Richard Furman, author of Defeating Dementia, as he discussed ways to cut its likelihood by 67%

**Issue: Stepfamily**

**March 25** A discussion with Psychologist Danny Huerta at 8:30am for 25 minutes about dealing with a child in stepfamilies who is having difficulties blending or in other areas of life.

**Issue: Divorce and Single Parenthood**

**March 26** We carried an interview with Susan Birdseye at 8:00 am for 25 minutes about moving on after a divorce and surviving single parenthood.