

Issues/Programs List

Date Filed: January 9, 2017

Quarter Date: 4th Qtr 2016

Title of Program: Community News Break

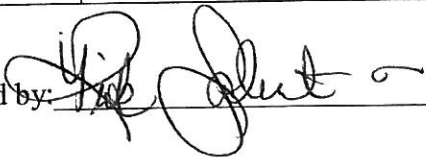
Time of Airing: See Below

Duration Program: 5 minutes

Stations & Airtimes: WZZL-5:30a, WREZ-5:30a, WGKY-5:30a

Program Information

Date	Guest/Topic	Issue
10/02	Lisa Gabbard- Goods Drive	Domestic Violence
10/09	Kate Fowler- Going Youth voice in Rural America	Youth
10/16	Michelle Williams- Funds for Domestic Violence	Domestic Violence
10/23	Chelsea Parsans-Kentucky Rank in Gun Violence	Gun Violence
10/30	Jo Ann Jenkins- How to Live Longer	Health
11/06	Scott Wegenast- Increase Retirement	Retirement
11/13	Amy Carrino-Opinions for Death Penalty in KY	Death Penalty
11/20	Randy Steidi-Death Row	Death Penalty
11/27	James Nostrand-Trump and Climate Change	Climate Change
12/04	Angela Burns-Tax credit for Health Insurance	Health Insurance
12/11	Laura Sudkamp- Victim of Domestic Violence	Domestic Violence
12/18	Josh Golin-Toys can Spy	Child Safety
12/25	Tamara Sandyberry- Helping The Hungry	Poverty

Filed by: 

Date: 1/9/17

*See attached for more information

Aired October 2nd
2016 - 5:30 am

Kentucky News Connection

A statewide news service for Kentucky

Producer: Greg Stotelmyer, 1303 US 127 South Ste. B #359, Frankfort, KY, 40601 Ph: 800-931-1861 Fax: 208-247-1830

E-mail: knc@newsservice.org

**MEDIA PRODUCTS ONLINE: www.newsservice.org Your Web Account ID is: KNC-250
Sound Files on the Phone: (888) 600-9800, ID Code: 37**

September 26, 2016

Available files: mp3 wav jpg

Help Needed for Good Cause: Shop and Share

Frankfort, KY - Shop and Share, the annual goods drive benefiting Kentucky's domestic-violence shelters, is this coming Saturday, and organizers say they need volunteers. Comments from Lisa Gabbard, Shop and Share coordinator; and Pat Geveden, a volunteer from Frankfort.

Intro: Help is needed this coming Saturday across Kentucky - the date for the annual one-day fundraiser that benefits the state's network of 15 domestic-violence shelters. Organizers of Shop and Share - the annual goods drive in 132 grocery stores across the state - say you can help by volunteering, giving or both. Coordinator Lisa Gabbard says they are "very short" of volunteers to hand out the list of needed items to customers.

Cut 11250 :08 *"And if folks don't seem to understand exactly what that means or they don't know where the shelter is, or they're not aware of services, that person can talk to them about those things."*

Tag: Gabbard says Girl Scouts will be among the volunteers again this year at the participating stores, including all Kroger and Food City stores. She says customers can donate goods or money while shopping between nine a-m and five p-m Saturday. To find out more about volunteering or donating go to the initiatives page on First Lady Glenna Bevin's website at First Lady dot K-Y dot gov.

Second Cut: Gabbard says the fundraiser is a huge help to the domestic-violence shelters, because when a survivor flees an abusive partner and arrives at a shelter ...

Cut 12250 :11 *"They need everything. Some folks, literally, get out with the clothes on their back. So they may need clothing, they may need personal-care items, and most people who come to shelter bring children. So, those kids are going to need clothes and food."*

Third Cut: Gabbard says shoppers also can give a gift card or make a cash donation. Pat Geveden of Frankfort has volunteered since Shop and Share's inception. She says she enjoys making community service her focus.

Cut 13250 :08 *"I've seen first-hand the needs of foster-care children and domestic-violence centers, and that sort of thing, and that's just sort of my passion."*

Tag 2: Since the one-day-a-year fundraiser began in 2008, close to four million dollars in goods and money have been donated.

OPTIONAL REPORTER WRAP: uses first soundbite(s)

LEAD: Help is needed this coming Saturday across Kentucky - the date for the annual one-day fundraiser that benefits the state's network of 15 domestic-violence shelters. Greg Stotelmyer has more.

Cut 14250 :50 *Outcue...Stotelmyer reporting*

Note to Editors: Reach Gabbard at 502-209-5382; Geveden at 502-848-9022. Link to Shop and Share:
<http://firstlady.ky.gov/initiatives/Pages/shop-share.aspx>

Aired October 9th
2016 - 5:30 a.m

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October 3, 2016

Available files: mp3 wav jpg

Giving Youth Louder Voice in Rural America

Whitesburg, KY – The National Rural Assembly, a coalition that says it's working to build a more vibrant rural America, says youth involvement is vital to affecting change. Its new, three-pronged focus is "Kids, Climate, Connection." Comments from (Mr.) Dee Davis, chairperson, National Rural Assembly; and Kate Fowler, director, Appalachian Media Institute at Appalshop.

Intro: A nationwide movement aimed at improving the quality of life in rural America, including Kentucky, says it's focused on involving youth. The National Rural Assembly – a coalition of more than 500 organizations – calls its new effort "Kids, Climate, Connection." In a nation with 50-million rural residents, Rural Assembly chair Dee Davis says some families and communities are disenfranchised by isolation and poverty. He notes in many small towns, adults often say, 'I think I'll be O-K, but what about the kids?'

Cut 23250 :09 *"We've got to create a different landscape. We have to create more opportunities for rural kids and we've got to put them in a position where they can create their own opportunities."*

Tag: Davis says the high rate of child poverty has rural America facing, in his words, "a lost generation of kids and families," and addressing that problem is key to creating more opportunities for young people.

Second Cut: Kate Fowler oversees a youth media program in the Appalachian region of Kentucky. She says while teens and young adults are aware of their region's background, they display a "sense of agility."

Cut 24250 :15 *"I see a lot of hopefulness. We talk about hope a lot when we do our programming, and I think that young folks are really looking forward and a lot of the young people we're working with are hoping to stay here. So there's a lot of, like, imagining what is possible, what could come next."*

Third Cut: Davis, who lives in Kentucky, says the big challenge is creating innovative business opportunities that will make a difference.

Cut 25250 :19 *"More and more what we're seeing is, jobs are portable. People are going to live where they want to live. Your employment's going to be in the laptop you carry. It's important that we begin to reimagine rural communities, so that young people have a real opportunity to make a difference there."*

Tag: Thus the Assembly's link between kids, climate and connection. Davis says rural America offers a wealth of climate solutions, including wind and solar energy, while broadband-starved rural communities need better "connection" to the global economy.

Fourth Cut: Fowler believes many young adults, if provided opportunities, may go away to school – but will return to invest in Appalachia.

Cut 26250 :19 *"Because they really feel a sense of cultural identity in their home that they don't feel in other places. (:05) A lot of young people are really engaged in the arts and technology, and there have been a lot of young people who are thinking very strategically about how to build those things here, since the overhead cost is really, really low."*

OPTIONAL REPORTER WRAP: uses first soundbite(s)

LEAD: A nationwide movement aimed at improving the quality of life in rural America, including Kentucky, says it's focused on involving youth. Greg Stotelmeyer reports the National Rural Assembly - a coalition of more than 500 organizations - calls its new effort "Kids, Climate, Connection."

Cut 27250 :37 *Outcue...Stotelmeyer reporting.*

Note to Editors: Reach Davis at 606-632-3244; Fowler at 606-633-0108. Link: <http://ruralassembly.org/> □ □

Aired 10/10/2016
5:30 a.m

Kentucky News Connection

A statewide news service for Kentucky

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October 10, 2016

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Replenishing Emergency Fund for Domestic Violence Survivors

Frankfort, KY – The Kentucky Coalition Against Domestic Violence is participating in a nationwide campaign to help survivors of abuse regain their financial independence. The Allstate Foundation's Purple Purse Challenge assists about 200 organizations across the country. Comments from Michelle Williams, AmeriCorps Program Administrator with the Kentucky Coalition Against Domestic Violence; and LaKisha Torian (La-KEY-sha TORE-e-un), an emergency funds recipient.

Intro: The Kentucky Coalition Against Domestic Violence is counting on a nationwide fundraiser to help refill the emergency fund that its 15 domestic violence shelters use to help survivors leave an abusive partner. While people often think about physical abuse when it comes to domestic violence, the Allstate Foundation's Purple Purse Challenge focuses on addressing the financial aspects. The Coalition's Michelle Williams says finances are often the biggest obstacle survivors face when they seek services from a shelter.

Cut 35250 :10 *"They're coming with no money, some debt, very little assets to their name. And that's why it's scary to leave a lot of times, because they're like, 'I don't have anything when I leave here.'"*

Tag: Experts say financial abuse occurs in all but one-percent of domestic violence cases. Williams says the goal is to raise 15-thousand dollars for the emergency fund – money she says can help survivors with a down payment on a safe place to live, or transportation so they can work or go to school.

Second Cut: LaKisha Torian of Hopkinsville says emergency funds helped her pay her car insurance, which is essential because she works and goes to college.

Cut 36250 :14 *"If I didn't have it, possibly you could get your car taken away, or getting pulled over and getting a \$1,500 fine, and stuff like that. So, they helped me in that way, to keep my car, and that helped me to be able to come to school."*

Third Cut: Around 200 organizations across the country will benefit from this month's Purple Purse Challenge. As Williams explains, the fundraiser's title has special meaning.

Cut 37250 :13 *"Purple is the color of domestic violence awareness. The purse represents a woman's financial domain. That's where she's keeping her wallet, her credit cards, all of her cash – all of those things that she has control over."*

Tag 2: Donations to the fund can be made online at 'kcadv.org.'

OPTIONAL REPORTER WRAP: uses first soundbite(s)

LEAD: The Kentucky Coalition Against Domestic Violence is counting on a nationwide fundraiser to help refill the emergency fund it's 15 domestic violence shelters use to help survivors leave an abusive partner. Greg Stotelmyer has more.

Cut 38250 :48 *Outcue...Stotelmyer reporting.*

Note to Editors: Reach Williams at 502-209-5382; Torian at 270-839-9981. Link to Purple Purse: www.kcadv.org.

Aired October 23rd 2016
5:30 a.m

Kentucky News Connection

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October 18, 2016

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Report: Kentucky 16th Deadliest State for Gun Violence

Frankfort, KY – A new report by the Center for American Progress ranks the Bluegrass State the 16th deadliest for gun violence, and eighth worst for gun-related murders of women by intimate partners. Comments by Chelsea Parsons, vice president of guns and crime policy at the Center for American Progress.

Intro: Kentucky ranks 16th worst in the nation for gun violence according to a new report - with someone killed with a gun every 15 hours in the Commonwealth. Researchers with the Center for American Progress looked at ten different types of gun violence from 2005 to 2014, including suicides, homicides and mass shootings. Report co-author Chelsea Parsons says the states with the strictest gun laws had the lowest levels of violence.

Cut 46250 :09 *"What we found is that the ten states that have the weakest gun laws collectively have rates of violence that are more than three times higher than the ten states with the strongest gun laws."*

Tag: The Law Center to Prevent Gun Violence has given Kentucky an "F" for the strength of its gun laws. The Center for American Progress gave Massachusetts the best score on the gun violence index, Louisiana the worst.

Second Cut: The researchers found that laws requiring background checks, trigger-lock rules and training requirements coincided with lower rates of gun violence. Noting a 2016 poll that showed 79 percent of Kentucky voters support background checks for gun sales, Parsons says passing that law would make people facing domestic abuse safer.

Cut 47250 :09 *"Making sure that all gun sales in the state are required to undergo a background check will help keep guns out of the hands of domestic abusers who are not supposed to be able to buy them."*

Tag: According to the report Kentucky has the eighth-highest rate of women fatally shot by their intimate partners – 119 over the past ten years.

OPTIONAL REPORTER WRAP: uses first soundbite(s)

LEAD: Kentucky ranks 16th worst in the nation for gun violence according to a new report - with someone killed with a gun every 15 hours in the Commonwealth. Greg Stotelmyer has more.

Cut 48250 :42 *Outcue...Stotelmyer reporting.*

Note to Editors: Reach Parsons at 202-741-6362. See the report at <http://pnsne.ws/2e19MAQ>. □ □

Aired October 30th
2016 - 5:30 a.m**Kentucky News Connection**

A statewide news service for Kentucky

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October 24, 2016

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Book Details How to Live Longer, Fuller Life

Louisville, KY – Americans are living longer, and with that comes some challenges: How to save enough money to make it in your twilight years, and how to live life to the fullest. Comments from Jo Ann Jenkins, CEO of AARP and author of the book "Disrupt Aging."

Intro: Life expectancy in the United States is 78-point-8 years, much higher than when the Social Security program began in 1935. At that time it was around 67 years old, and people were expected to retire at 62. A-A-R-P C-E-O Jo Ann Jenkins says that means we need to rethink our finances so they will stretch for a few more years.

Cut 57250 :15 *"To think about the financial needs we're going to have to live in the future. If you're going to live to be 100, then we need to make sure we're saving earlier and longer – regardless of how much that is, or how small is the amount is we're saving – because we certainly don't want to outlive our money."*

Tag: Jenkins is the author of the book "Disrupt Aging." She says many people are skipping retirement and continuing to work because they're healthier than in decades past. She adds older employees shouldn't be judged by their age, but by the skills and experience they bring to the table.

Second Cut: Jenkins also points out that living extra years gives people the opportunity to do the things they've always dreamed of.

Cut 58250 :14 *"How do you use this extra 20 or 30 years of life that's been given to you to do something that you feel passionate around? And people who are passionate about what they're doing and helping others, we know live longer healthier lives."*

Tag: Jenkins says her mission is to challenge people to rethink their perceptions of aging and plan ahead for retirement by thinking of "health, wealth and self."

OPTIONAL REPORTER WRAP: uses first soundbite(s)
LEAD: Americans are living longer, and with that comes some challenges: How to save enough money to make it in your twilight years, and how to live life to the fullest. Greg Stotelmyer has more.
Cut 59250 :51 *Outcue...Stotelmyer reporting.*

Note to Editors: Reach Jenkins at 608-213-2626. More info at
<http://www.aarp.org/disrupt-aging/info-2016/joann-jenkins-disrupt-aging-book.html>

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Available files: mp3 wav jpg

October 31, 2016

Plan Proposed to Increase Workplace Retirement Savings in KY

Frankfort, KY - AARP Kentucky is urging the General Assembly to create a "Work and Save" plan - a framework to make it simpler for small businesses to offer their employees a way to save for retirement. Workplace retirement plans are unavailable to half of the employees who work in the state's private sector. Comments from Scott Wegenast (WEY-guh-ness), associate state director for advocacy and outreach, AARP Kentucky; and Laura Dake, executive director, ITN Bluegrass.

Intro: Kentucky's leading seniors organization says 50-percent of employees in the state's private sector do not have access to a workplace retirement plan. That's 787-thousand Kentuckians, according to A-A-R-P, which is calling on the state Legislature to create a Work and Save plan. A-A-R-P's Scott Wegenast says creating a framework for workplace retirement would make it simpler for more Kentuckians to save through automatic payroll deposits.

Cut 65250 :14 "We want to find a way for small businesses and their employees that's voluntary and it's portable. If workers change jobs, their accounts will go with them. Everybody knows Social Security alone is not enough to retire on. "

Tag: According to The Pew Charitable Trusts, since early 2012, more than half of the states, including Kentucky, have introduced legislation to set up or study options for state-sponsored retirement savings programs. Five states have enacted programs that put a framework in place.

Second Cut: According to A-A-R-P, nearly two-thirds (63 percent) of small businesses in Kentucky want to offer retirement savings plans to their employees but can't afford to do so. Laura Dake is among them. She oversees a nonprofit in Lexington with 15 employees and believes small businesses such as hers would welcome a "low-hassle" savings plan.

Cut 66250 :09 "If it's something that is simple, simple to administer; low cost or no cost; and something that they could present to employees as a positive. "

Third Cut: Wegenast says the Work and Save plan has to avoid creating red tape for businesses while shielding employers and the state from liability.

Cut 67250 :09 "There are some fundamental keys here. The program needs to be voluntary; it has to

Aired 5:30 a.m
11/13/2016**Kentucky News Connection**

A statewide news service for Kentucky

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November 7, 2016

Available files: mp3 wav jpg

Shifting Opinions on Death Penalty in KY

Edgewood, KY - A community-wide reading project in Northern Kentucky and shifting opinions on the death penalty have an interesting link, according to a college professor and her students. Reading about and discussing capital punishment have been a focus in the class this semester. Comments from Amy Carrino (CUH-ree-no), associate criminal justice professor, Gateway Community and Technical College; Shelby Carelock, student from Alexandria; and Bennett Nelson, student from Covington.

Intro: Over the past ten years, eight states have abolished or overturned their death penalties, while governors in four other states have issued a moratorium. So, is the tide turning in Kentucky, one of 30 states that still allows capital punishment? It has for Amy Carrino, who says she was pro-death penalty for a long time. A criminal justice professor at Gateway Community and Technical College, Carrino says too many mistakes are made.

Cut 69250 :10 *"The thought of putting someone to death that is innocent just really got me thinking, and eventually I have come completely to the other side."*

Tag: A 2011 report from the American Bar Association exposed a myriad of problems with Kentucky's death penalty system - including its cost and length. Carrino has organized a panel discussion on the issue for Wednesday night - which she says is an offshoot of a community-wide reading project in eight Northern Kentucky counties.

Second Cut: Carrino says people across the region, including students in her criminal courtroom procedures class, have been reading "A Lesson Before Dying," which is about the execution of an innocent man. Bennett Nelson, a sophomore at Gateway, says it has him rethinking his position in support of the death penalty.

Cut 70250 :07 *"I didn't realize how many people are wrongfully convicted and could possibly die for a reason that they didn't do anything."*

Third Cut: Earlier this year, a poll found that when Kentuckians are informed of problems with the state's death penalty, 72 percent were concerned about executing an innocent person and 64 percent favored making life without parole the maximum sentence. Nelson says he now is leaning in that direction. Gateway sophomore Shelby Carelock says she enjoyed the book, but she remains opposed to abolition of the death penalty.

Cut 71250 :12 *"I still believe that it should be an option. They should get an ample amount time to defend their case with appeals, but I don't believe in providing three meals a day to some of these people that do deserve it."*

Tag 2: The last execution in Kentucky was eight years ago this month.

OPTIONAL REPORTER WRAP: uses first soundbite(s)

LEAD: Over the past ten years, eight states have abolished or overturned their death penalty, while governors in four other states have issued a moratorium. So, is the tide turning in Kentucky, one of 30 states that still allows capital punishment? Greg Stotelmeyer reports.

Cut 72250 :41 *Outcue...Stotelmeyer reporting.*

Note to Editors: Reach Carrino at 859-442-1104; Nelson at 859-609-8302; Carelock at 859-307-7009. For more info: gateway.kctcs.edu/landing/death_penalty_panel

Aired Nov. 20th,
5:30 a.m. 2016

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November 14, 2016

Available files: mp3 wav jpg

Coming to Kentucky: Story of Innocence on Death Row

Pikeville, KY - A man who spent 17 years in prison in Illinois, 12 of them on death row for a crime he did not commit, will tell his story in Kentucky over the next three nights. Randy Steidl is part of the Witness to Innocence project, a nationwide effort to abolish capital punishment. Comments from Randy Steidl (STY-dul).

Intro: He was innocent, but spent 12 years on death row in Illinois for a 1986 double murder. Eventually exonerated - Randy Steidl is now on a crusade to ban capital punishment. Over the next three nights he will speak in Pikeville, Prestonsburg and Whitesburg. Three days in Kentucky, where execution is still legal, after 17 years - three months - and three weeks - behind bars, wrongfully convicted by a system he says is "severely broken."

Cut 84250 :16 *"Well I'm happy that I'm free. I'm happy that I'm able to have an impact on abolishing the death penalty in this country, but I'm still angry as hell. They stole a third of my life. I went in at 35, I didn't get out until I was 54. That was the prime of my life and I lost everything."*

Tag: Steidl says he had an alibi and there was no D-N-A evidence against him. He blames an attorney he labeled "worthless," alleged witnesses who he says "framed him" and shoddy police work. In 2011, seven years after he was freed, his home state abolished capital punishment. Now Steidl travels the country as a key voice in the Witness to Innocence project - where death row survivors push for abolition. Details about his trip to Kentucky are available at A-C-L-U dash KY dot org.

Second Cut: There have been 156 people exonerated from death row since 1973 in the U-S, including Larry Osborne in Kentucky. Granted a new trial by the Kentucky Supreme Court, he was found not guilty. A recent poll found that more than 70-percent of Kentuckians are concerned about the possibility of killing an innocent person. Steidl makes this case for a different maximum sentence.

Cut 85250 :16 *"If you really want to punish a vicious killer, if you really want to make them suffer, you give them life without parole. Make them work while they're in prison and make them pay restitution back to the victim's family members. That's true punishment instead of having these endless appeals."*

Third Cut: Steidl says that eliminates the risk of killing an innocent person and it saves taxpayer dollars.

Cut 86250 :09 *"It costs four times as much to try to execute somebody as it does to give somebody life without parole, which is an average of 40 years."*

Tag 2: There are 32 men and one woman awaiting execution in Kentucky - including several who were sentenced to death in the early 1980s.

OPTIONAL REPORTER WRAP; uses first soundbite(s)
LEAD: After spending 12 years on Illinois' death row for a 1986 double murder, Randy Steidl was eventually exonerated. Now he's on a crusade to ban capital punishment - a crusade, as Greg Stotelmyer tells us, the wrongfully convicted man is bringing to the Commonwealth.
Cut 87250 :52 *Outcue...Stotelmyer reporting.*

Note to Editors: Reach Steidl through George Eklund at 502-581-1181. Link to Steidl's tour:
<http://www.aclu-ky.org/articles/death-row-exoneree-tour-stops-in-eastern-kentucky-in-november/>

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November 21, 2016

Available files: mp3 wav jpg

Can Trump Hit Brake on Climate Change Regulations?

Frankfort, KY – The Obama administration's regulations designed to slow climate change met an industry and political backlash in coal states like Kentucky. So what's ahead in the Trump administration? Comments from James Van Nostrand (NOST-*rend*), law professor and director, Center for Energy and Sustainable Development, West Virginia University (WVU) College of Law; and Walton Shepherd, staff attorney, Natural Resources Defense Council.

Intro: In Kentucky, where the coal industry and political leaders have railed against Obama air-pollution limits, attention now turns to what the Trump administration will do. James Van Nostrand, who heads the Center for Energy and Sustainable Development at West Virginia University, predicts the Clean Power Plan will be a definite casualty. However, he says when he was in Lexington last month for the Kentucky Mineral Law Conference, there was talk about big companies, like Toyota and Walmart, aggressively pushing sustainability objectives.

Cut 16250 :15 *"You have corporations that are demanding this decarbonization of their electricity supply, and it's not depending upon federal policies or state policies. One, I think it's their corporate image. Two, I think they're also looking at the reality of climate change."*

Tag: Kentucky is among the states that's in court trying to stall implementation of limits on power-plant emissions. However, Van Nostrand says an "energy revolution" is underway, driven by market forces – which he predicts will continue, irrespective of the Clean Power Plan.

Second Cut: Donald Trump has called the E-P-A's new regulations "a disgrace." Walton Shepherd with the Natural Resources Defense Council says even if Trump disregards the international agreement, climate change isn't going to wait – and neither is the move toward clean energy.

Cut 17250 :12 *"Wind and solar are the fastest-growing supply of electricity in the country, and there are now more people employed in solar energy than in the oil and gas or coal-mining industries."*

Third Cut: Shepherd points out that clean-air rules to address climate change are deeply embedded in the law, and very popular across the country. He says that's why George W. Bush could stall but not completely stop regulations to address climate change.

Aired: December 4th
2016... 5:30 a.m**Kentucky News Connection**

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November 28, 2016

Available files: mp3 wav jpg

Tax Credit Softens Health Insurance Sticker Shock**Jackson, KY – Health-care advocates say the Advanced Premium Tax Credit under the Affordable Care Act is softening health-insurance premium increases for those who are eligible in Kentucky. Comments from Angela Burns, HealthCare.gov application assister, Juniper Health; and Scotty Minnix, a Jackson resident.****Intro:** Open enrollment for 2017 health-insurance coverage under the Affordable Care Act is in full swing, and Kentuckians are being advised to shop around. With a switch in governors, Kentucky has moved away from operating its own state-based exchange, and folks must now shop for insurance on 'HealthCare.gov.' The state had warned that individual premiums could increase from eight percent to 65 percent, depending on the provider. Angela Burns, who assists people with their applications in Jackson, says many who receive a subsidy had "sticker shock" at first – in part because of confusing notices from insurers. But once she helped them through the process and the Advanced Premium Tax Credit was factored in, Burns says their fears were eased. □ □**Cut 20250 :13** *"Kind of a mixed bag of it, really. One lady paid \$10 less than her previous plan; one gentleman just paid \$10 more; and then, I had another gentleman, his plan up went up about \$35."***Tag:** Burns says she has seen increases in 2017 deductibles in many of the health plans. She advises people to compare their coverage options by using the price plan tool on 'HealthCare.gov.'**Second Cut:** Scotty Minnix got help from Angela Burns to navigate the system. He's 62 – retired after more than 40 years as a surface miner and mechanic. He now gets insurance through the Affordable Care Act and qualifies for the tax credit subsidy. Yet, Minnix says he supports President-elect Donald Trump's call to repeal and replace the law.**Cut 21250 :11** *"I don't mind 'em getting rid of Obamacare, because I don't think Obamacare was a good thing. I didn't think it was a fair system. Anytime that the government can tell you you have to do something, to me it's not a good idea."***Third Cut:** Trump won by a two-to-one margin over Hillary Clinton in Kentucky, even though more than 500- thousand Kentuckians now get their insurance through the A-C-A. Minnix says after an initial notice that his health insurance would nearly double in 2017, with the subsidy it's actually going to be nine dollars less. Despite his misgivings about the law, Minnix says ...**Cut 22250 :07** *"It helps me a great deal. I can afford what they're charging me now, but if I didn't have the subsidy, I'd be without insurance – because I was for awhile."***OPTIONAL REPORTER WRAP: uses first soundbite(s)**
LEAD: Open enrollment for 2017 health-insurance coverage under the Affordable Care Act is in full swing, and Kentuckians are being advised to shop around. Greg Stotelmyer has more.
Cut 23250 :56 *Outcue...Stotelmyer reporting.***Note to Editors:** Reach Burns at 606-666-9950; Minnix at 606-666-0039. Link to 2017 rate increases:
<http://insurance.ky.gov/ratefil/default.aspx>

12/11/2016 Aired:
5:30 a.m.

Kentucky News Connection

A statewide news service for Kentucky

Producer: Greg Stofelmyer, 1303 US 127 South Ste. B #359, Frankfort, KY, 40601 Ph: 800-931-1861 Fax: 208-247-1830 E-mail: knc@newsservice.org

MEDIA PRODUCTS ONLINE: www.newsservice.org Your Web Account ID is: KNC-250

Sound Files on the Phone: (888) 600-9800, ID Code: 37

Direct login: www.newsservice.org/story

December 5, 2016

Available files: mp3 wav jpg

They are "Champions" to Domestic Violence Victims

Lexington, KY – Two Kentuckians – a long-serving state representative and the head of the state crime lab – have been given the "Champions of Justice" award. The annual recognition honors those who work on behalf of victims of domestic violence and sexual assault. Comments from Rep. Joni Jenkins, D-Shively; and Laura Sudkamp, director, Kentucky State Police Forensic Laboratory System. Additional pronunciation: Sonogo (SAWN-uh-go.)

Intro: To survivors of intimate partner violence and their advocates, Joni Jenkins and Laura Sudkamp are "champions." The two women, who serve Kentucky in different ways, have received the 2016 "Champions of Justice" award. A state representative since 1995, Jenkins has helped secure a variety of domestic violence and sexual assault legal reforms. She feels the most important legislation she sponsored was changing the definition of consent in a rape.

Cut 35250 :09 "Up until that point, you had to prove in court that you physically fought back, that saying 'no' was not sufficient to be considered a victim of sexual assault."

Tag: And Laura Sudkamp, who oversees the state's crime lab, was honored for her work in helping reduce Kentucky's backlog of more than three-thousand untested rape kits.

Second Cut: Sudkamp says the goal is to have the turnaround time down to 90-days for testing rape kits by the summer of 2018.

Cut 36250 :05 "A lot of it is to bring resolution to the victims, who never knew where their kits went, what happened to them."

Third Cut: The state has increased funding to address the problem and Sudkamp says just last week, 11 new biologists began working at the central lab - increasing the number of people testing D-N-A to around 30. She says even if a victim no longer wants to prosecute or a case is weak, eliminating the backlog is vital.

Cut 37250 :14 "When you find out through all these kits having to come in and having to be tested, and quickly, you find out that the same guy has done this six times. Does that not make a case that is prosecutable? And that's where they go. 'Yes, definitely.'"

Aired 12/18/2016
5:30 a.m.**Kentucky News Connection**

A statewide news service for Kentucky

Producer: Greg Stotelmyer, 1303 US 127 South Ste. B #359, Frankfort, KY, 40601 Ph: 800-931-1861 Fax: 208-247-1830

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December 12, 2016

Available files: mp3 wav jpg

Consumer Watchdog Cautions Toys Can "Spy" on Kids

Louisville, KY – A new report from a consumer watchdog group cautions holiday shoppers to beware of toys that collect Web data on kids, as well as toys that market violence and precocious sexuality. A complaint was filed last week with the Federal Trade Commission alleging that some companies are basically spying on kids online. Comments from Josh Golin, executive director, Campaign for a Commercial-Free Childhood.

Intro: A new report from a consumer watchdog group has some tips for holiday shoppers who want to avoid toys that collect Internet data on kids and more. Josh Golin with the Campaign for a Commercial-Free Childhood, a New England-based group, says its 2016 report shines a spotlight on toys that, in effect, spy on very young children on the web.

Cut 47250 :14 *"We try and look at some of the troubling trends that happen in the toy industry – whether it's trying to connect toys to the Internet so the toys are collecting data from children; or whether it's marketing violence to children, or precocious sexuality."*

Tag: Consumer groups last week filed a lawsuit with the Federal Trade Commission alleging that some toys now on the market are threatening a child's privacy and security. According to published reports and federal filings, Genesis and Nuance are the two companies named in the complaint. Neither has responded to a request for comment.

Second Cut: Golin says shoppers play a major role in determining which toy gets the group's TOADY award - and for 2016, they singled out a toy for the negative review, called "Lulu's 11-Piece Makeup Set" by Pink Fizz..

Cut 48250 :17 *"Which is marketed for children as young as three, and encourages very young children to play at being much more manure than they actually are, and focus on their appearance. And to make things even worse, the makeup itself contains chemicals which may be toxic."*

Tag 1: The TOADY awards were created to call attention to Toys Oppressive And Destructive to Young children.

OPTIONAL REPORTER WRAP: uses first soundbite(s)**LEAD:** A new report from a consumer watchdog group has some tips for holiday shoppers who want to avoid toys that collect Internet data on kids, and more. Greg Stotelmyer has more.**Cut 49250 :47** *Outcue...Stotelmyer reporting.*

Note to Editors: Reach Golin at 617-896-9369. List of TOADY Toy nominees at <http://bit.ly/2gf0ZKi>.
Complaint on web <http://bit.ly/2gNpdOb>. □ □

Hired 5:50
12/25/2016

Kentucky News Connection

A statewide news service for Kentucky

Producer: Greg Stotelmyer , 1303 US 127 South Ste. B #359, Frankfort, KY, 40601 Ph: 800-931-1861 Fax: 208-247-1830

E-mail: knc@newsservice.org

**MEDIA PRODUCTS ONLINE: www.newsservice.org Your Web Account ID is: KNC-250
Sound Files on the Phone: (888) 600-9800, ID Code: 37**

December 19, 2016

Available files: mp3 wav jpg

A Holiday Gift Idea: Helping the Hungry

Berea, Ky - Kentucky has one of the highest food-insecurity rates in the nation and those who help feed the hungry say a wonderful gift would be a donation to your local food pantry. The Kentucky Association of Food Banks has some tips on how you can help. Comments from Tamara Sandberg, executive director, KAFB.

Intro: It's the season of giving - the perfect time, says Tamara Sandberg, to help fellow Kentuckians who struggle to put food on their table. Executive director of the Kentucky Association of Food Banks, Sandberg says "hunger knows no season," but this holiday season you can help reduce hunger in the Bluegrass State.

Cut 58250 :14 *"By donating food or funds to your local food pantry, offering to volunteer to help stack the shelves and repack donated food, or just spreading the word and letting people know that hunger is a problem in Kentucky but it's a problem with a solution."*

Tag: Sandberg says financial donations have the biggest impact because the state's seven regional food banks can then use their purchasing power to get "more bang for the buck." Sandberg says to give, go to K-A-F-B dot org, then click on "donate now." She says you can designate which local food pantry you want your donation to go to.

Second Cut: According to the U-S Department of Agriculture, the Commonwealth has the fifth highest food-insecurity rate in the nation - with more than 700-thousand Kentuckians at risk of hunger. Sandberg says when you look at your Christmas tree, think for a moment about the electricity that keeps the lights twinkling.

Cut 59250 :13 *"Sixty-seven percent of households served by food banks in Kentucky have to chose between paying utilities or paying for food in the past year. So these are families that are making agonizing choices that nobody should ever have to face."*

Third Cut: When you watch kids open their presents, ponder this fact - the food banks, in partnership with 800 charitable food pantries, help feed more than 600-thousand people, including 170-thousand children. Sandberg says food insecurity is highest among kids and it's especially tough when they're not in school.

Cut 60250 :13 *"Families tell us that the holidays, which are supposed to be such a joyful time, can be some of the most stressful times for the families that we serve because they don't have that support from the school meals program to help make sure their kids have healthy food."*

OPTIONAL REPORTER WRAP: uses first soundbite(s)

LEAD: It's the season of giving - the perfect time to help fellow Kentuckians who struggle to put food on their table. Greg Stotelmyer has more.

Cut 61250 :47 *Outcue...Stotelmyer reporting.*

Note to Editors: Reach Sandberg at 859-986-7422. Link to Kentucky Association of Food Banks: kafb.org.

Issues/Programs List

Date Filed: January 8, 2018

Quarter Date: 4th Quarter 2017

Title of Program: Info Track

Time of Airing: See Below

Duration Program: 25 minutes

Stations & Airtime: WREZ - 5:00a; WZZL - 5:00a; WGKY - 10:00a; WRJJ - 5:00a

Program Information

10/01	Roby Greenwald-Traffic; Rebekah Nagler-Risk of Breast Cancer; Meghan Busse-Women	Pollution; Cancer; Women's Issues
10/08	Suzzane Bouffard-Pre-School; Robert Stern-Playing Football; Julia Leonard-Challenging Tasks	Education; Youth at Risk; Parenting
10/15	Michael Schmidt-Social Media; Daniel Leffler-Gluten Free; Eric Finkelstein-Overweight Awareness	Employment; Personal Health
10/22	Elliott Haut-Gunshot Victims; Vicki Bogan-Mental Health Problems; May McCarthy-Owning a Business	First Aid; Mental Health; Career
10/29	Abby Eisenkraft-Data Breach; Gita Johar-Fake News; Christopher Smith-Defibrillators	ID Theft; Media Issue; Emergency Prep
11/05	Tim Larkin-Violence; Gail Heyman-Reduce Racial Bias; Doug Abrams-Topic of Joy	Crime; Mental Health; Economy
11/12	Scott Galloway-Companies Dominance; Katreena Scott-Domestic Violence Issues; Lawrence Cheskin-Obesity	Economy; Domestic Violence; Personal Health
11/19	Ashley Kendall-Prevent Juvenile Delinquents; Martin Gibala-Workouts; Daniel McGuinn-Work Hours	Juvenile Crime; Physical Fitness; Careers
11/26	Jamin Brahmhatt-Men's Checkups; Lori LaCivita-Older Workers; Ted Labuza-Food Labels	Men's Issues; Senior Citizens; Food Safety
12/03	Sean Covey-Today's Teens; Carol Janney-Mental Health; Adam Barry-Drunk Driving	Teenage Concerns; Physical Fitness; Drunk Driving
12/10	Amy Morin-Protect Kids; Marion McGovern-World of Work; Nadia Lopez-Public School	Parenting; Career; Poverty
12/17	Laura Adams-Auto Ins. Rates; Miriam Boeri-Illicit Drugs; John Thyfault-Cholesterol Drugs	Consumer Matters; Substance Abuse; Personal Health
12/24	Nicholas Tatonetti-Health Problems; Michael Shuman-Cimmunity; Bill Bishop-Diversity	Personal Health; Employment; Diversity Issues
12/31	Sheal Nielsen-Search for a Job; Jennifer Suor-Stunted Cognitive Function; Andy Cohen-Elderly Drivers	Career; Education; Senior Citizens

*Please see attached

Filed by: 

Date: 1/9/18



Weekly Public Affairs Program

Call Letters: _____

QUARTERLY ISSUES REPORT, OCTOBER-DECEMBER, 2017

Show # 2017-40

Date aired: 10/1/17 Time Aired: _____

Roby Greenwald, PhD, Assistant Professor from the School of Public Health, Georgia State University

Traffic pollution research has traditionally been conducted with outdoor roadside sensors. Dr. Greenwald led a study with sensors mounted inside the passenger compartments of cars, and found that interior pollution levels were twice as high as previously thought. He talked about the various forms of pollution he found and their potential health effects.

Issues covered:

Length: 8:54

**Pollution
Personal Health**

Rebekah H. Nagler, PhD, Assistant Professor in the Hubbard School of Journalism & Mass Communication, University of Minnesota

Dr. Nagler led a study that found that most American women aren't aware of the risks of over diagnosis and overtreatment in regards to breast cancer screening. She discussed the challenges of educating women about these risks so they can make informed decisions about mammograms and breast cancer screening.

Issues covered:

Length: 8:18

**Cancer
Women's Issues**

Meghan Busse, PhD, Associate Professor of Management and Strategy at the Kellogg School of Management at Northwestern University

Dr. Busse was the co-author of a study that found women frequently are quoted higher prices for car repairs than men. The research also found that consumers (of any gender) who do their homework about the cost of repairs usually pay less. She offered advice on how to avoid being ripped off

Issues covered:

Length: 4:50

**Consumer Matters
Gender Discrimination
Women's Issues**

Show # 2017-41

Date aired: 10/8/17 Time Aired: _____

Suzanne Bouffard, PhD, expert in child development and education, author of *"The Most Important Year: Pre-Kindergarten and the Future of Our Children"*

Dr. Bouffard discussed the critical importance of pre-school programs. She noted that children who attend quality pre-K programs have a host of positive outcomes including better language, literacy, problem-solving and math skills later in school. She said also they have a leg up on the most essential skill: self-control. She offered advice for parents on how to choose a quality pre-school.

Issues covered:

Length: 8:41

**Education
Parenting**

Robert Stern, Ph.D., Professor of Neurology, Neurosurgery, and Anatomy and Neurobiology at Boston University School of Medicine, Director of the Clinical Core of the Boston University Alzheimer's Disease Center, Director of Clinical Research for the Boston University Chronic Traumatic Encephalopathy (CTE) Center

Dr. Stern led a study that found that athletes who began playing tackle football before the age of 12 had more behavioral and cognitive problems later in life than those who started playing after they turned 12. He outlined the symptoms of CTE, and discussed the factors that parents should consider before allowing their child to participate in contact sports.

Issues covered:

Length: 8:32

**Youth at Risk
Personal Health
Parenting**

Julia Leonard, graduate student in Brain and Cognitive Sciences at the Massachusetts Institute of Technology

Ms. Leonard was the first author of a study that found that when 1 year olds observe an adult persisting at a challenging task, they themselves try harder when faced with a problem. She explained why developing perseverance in early childhood pays off later in school and other pursuits.

Issues covered:

Length: 5:02

**Child Development
Parenting**

Show # 2017-42

Date aired: 10/15/17 Time Aired: _____

Michael Schmidt, Vice Chair of Cozen O'Connor's Labor & Employment Department in New York, publisher and editor of a blog devoted to the interplay between social media and employment law

Social media blunders can cost people their jobs. Mr. Schmidt talked about 1st Amendment rights in the workplace. He explained how to decide if a social media posting may be permissible. He said it's important for employers to formulate clear rules and policies regarding social media, to protect the interests of the company while not infringing on the rights of the employee.

Issues covered:

Length: 7:39

**1st Amendment
Employment**

Daniel Leffler, MD, Director of Clinical Research at the Celiac Center at Beth Israel Deaconess Medical Center in Boston

Gluten-free diets are popular today, but how many people should be concerned? Dr. Leffler discussed gluten sensitivity and its close cousin, Celiac disease. He said there is no benefit if a healthy person avoids gluten and, in fact, gluten free-diets may cause nutritional deficiencies. He outlined the symptoms of gluten sensitivity and explained how it can be diagnosed and treated.

Issues covered:
Personal Health

Length: 9:20

Eric Finkelstein, PhD, health economist, co-author of "*The Fattening of America*"

Over two-thirds of Americans are overweight or obese. Dr. Finkelstein believes that America's growing waistline is a by-product of our long-term economic and technological success. He said that business and policy makers need to devise strategies to make it cheaper and easier to be thin.

Issues covered:
Personal Health
Government Policies

Length: 5:00

Show # 2017-43

Date aired: 12/22/17 Time Aired: _____

Elliott Haut, MD, FACS, Associate Professor of Surgery and Anesthesiology & Critical Care Medicine, Johns Hopkins University School of Medicine

Dr. Haut led a study that found that victims of gunshots or stabbings taken to a trauma center by private vehicle were 62% less likely to die compared to victims transported by an ambulance or EMS vehicle. He talked about the possible reasons behind this finding. He also explained why it is so important for the average person to be taught how to use direct pressure to stop bleeding.

Issues covered:
Emergency Preparedness
First Aid
Personal Health

Length: 9:00

Vicki Bogan, PhD, Associate Professor at the Charles H. Dyson School of Applied Economics and Management at Cornell University, founder and director of the Institute for Behavioral and Household Finance

Mental health problems can have a large negative effect on retirement savings, according to Dr. Bogan's research. She discussed her study, which found that people with anxiety and depression are nearly 25 percent less likely to have a retirement savings account, and their savings are dramatically smaller than those without psychological distress.

Issues covered:
Mental Health
Retirement Planning

Length: 8:08

May McCarthy, serial entrepreneur, author of "*The Path to Wealth: Seven Spiritual Steps to Financial Abundance*"

Ms. McCarthy talked about the biggest surprises encountered by people who start their own business. She described the characteristics of successful entrepreneurs, and why owning a business can be very rewarding.

Issues covered:
Entrepreneurism
Career

Length: 4:51

Show # 2017-44

Date aired: 10/27/18 **Time Aired:** _____

Abby Eisenkraft, tax and financial expert, author of "*101 Ways to Stay Off the IRS Radar*"

In all the discussions about the Equifax data breach, here's one danger many Americans probably haven't heard about yet: tax fraud. For years to come, thieves may be able to use data from the breach to file fraudulent tax returns and steal refunds. Ms. Eisenkraft outlined the warning signs and explained what consumers can do to protect themselves.

Issues covered:
Tax Fraud
Identity Theft

Length: 7:58

Gita Johar, PhD, Meyer Feldberg Professor of Business, Columbia Business School

Fake news is common on social media sites. Dr. Johar led a study that found that the comfort of being part of a group on social media seemed to influence people's willingness to verify information. She offered theories on why social media users fact-checked fewer statements when they perceived that others were present. She offered suggestions of how Americans can try to stay informed but still recognize dubious information.

Issues covered:
Media Issues

Length: 9:12

Dr. Christopher M. Smith, PhD Student in Health Sciences, Warwick Medical School, Coventry, England

Automated external defibrillators might be increasingly available for use in the event of a cardiac arrest, but Dr. Smith led a study that found that they aren't being used nearly as much as they should be. He talked about the reasons that bystanders are reluctant to use AEDs and what government officials can do to help.

Issues covered:
First Aid
Emergency Preparedness
Personal Health

Length: 5:05

Show # 2017-45

Date aired: 11/5/18 Time Aired: _____

Tim Larkin, self defense expert, author of "*When Violence Is the Answer: Learning How to Do What It Takes When Your Life Is at Stake*"

Mr. Larkin discussed the use of violence in self-defensive situations. He discussed ways to prevent, prepare for, and survive violent encounters with criminals. He said that violence is a tool equally effective in the hands of the "bad guy" or the "good guy" and that the person who acts first, fastest and with the full force of their body is the one who typically survives a violent incident.

Issues covered:
Personal Defense
Crime

Length: 9:21

Gail Heyman, PhD, Professor of Psychology, University of California, San Diego

Dr. Heyman led a study that sought to find ways to reduce racial bias in children. She noted that racial bias can be measured in children as young as age 3. She said the key to her research was in repetitively teaching kids to identify people of another race as individuals. She hopes to develop a consumer-friendly version of her findings for eventual use in schools and at home.

Issues covered:
Racial Bias
Diversity

Length: 7:50

Doug Abrams, author of "*The Book of Joy Journal*"

Mr. Abrams discussed a conversation he moderated between Archbishop Desmond Tutu and His Holiness the Dalai Lama, on the topic of joy. He explained how these two men have intentionally found joy in their lives, despite the hardships they have faced and the many atrocities they have witnessed.

Issues covered:
Mental Health

Length: 4:54

Show # 2017-46

Date aired: 11/12/18 Time Aired: _____

Scott Galloway, PhD, Professor of Marketing in the Stern School of Business, New York University, author of "*The Four: The Hidden DNA of Amazon, Apple, Facebook, and Google*"

Amazon, Apple, Facebook, and Google are the four most influential companies on the planet. Dr. Galloway discussed the concerns in allowing individual companies to have such dominance over American consumers and whether these companies are playing by the rules applied to other businesses.

Issues covered:
Government Regulations
Consumer Matters
Economy

Length: 8:56

Katreena Scott, PhD, Associate Professor in the Department of Applied Psychology and Human Development, University of Toronto

Dr. Scott led a study that examined how the workplace is affected by an employee who is involved in domestic violence. She said not only does it result in lowered productivity, but a third of the men reported that they used workplace time and resources to continue to engage in emotionally abusive behavior. She explained how employers can assist employees who have domestic violence issues.

Issues covered:
Domestic Violence
Workplace Matters
Mental Health

Length: 8:17

Lawrence J. Cheskin, M.D., F.A.C.P., Associate Professor of Health, Behavior & Society, Johns Hopkins University School of Medicine

Almost 40 percent of American adults and nearly 20 percent of adolescents are obese. Dr. Cheskin led a study that examined the financial costs of being overweight at various stages of life. He said lost productivity on the job accounted for at least 50% of the expense of being overweight, even more than direct medical expenditures.

Issues covered:
Personal Health
Workplace Matters

Length: 4:53

Show # 2017-47

Date aired: 11/2/19 Time Aired: _____

Ashley Kendall, PhD, postdoctoral fellow in the University of Illinois at Chicago School of Public Health

Dr. Kendall led a study that examined ways to prevent juvenile delinquents from returning to the criminal justice system. She found that clinically aggressive juvenile offenders on probation, who participated in a two-week intervention program designed to reduce risky behavior, were four times less likely to be incarcerated in the following 12 months. She also discussed the variety of costs incurred by communities as a result of youth crime.

Issues covered:
Youth at Risk
Juvenile Crime

Length: 8:46

Martin Gibala, PhD, Professor and Chair of the Department of Kinesiology, McMaster University in Ontario, author of "*The One-Minute Workout: Science Shows a Way to Get Fit That's Smarter, Faster, Shorter*"

Dr. Gibala discussed the value of high intensity workouts. He led a study that found that bursts of short but very intense exercise appear to be just as beneficial as traditional endurance training. He explained why this type of exercise works, and how it can be a good occasional substitute for a conventional workout.

Issues covered:
Physical Fitness
Personal Health

Length: 8:29

Daniel McGuinn, editor at Harvard Business Review, author of "*Psyched Up: How the Science of Mental Preparation Can Help You Succeed*"

Of the 2,000 hours we work every year, our success or failure is often determined in the couple of dozen crucial hours when we need to bring our absolute best in a meeting or presentation. Mr. McGuinn discussed the importance of mental preparation in the last few minutes before a major challenge, and offered tips on how to channel nervous jitters into useful emotions.

Issues covered:

Length: 4:59

**Career
Mental Health**

Show # 2017-48

Date aired: 11/26/17 **Time Aired:** _____

Jamin Brahmhatt, MD, Urologist, co-director of the Personalized Urology & Robotics Clinic at South Lake Hospital, in affiliation with Orlando Health

Dr. Brahmhatt's organization commissioned a survey that found that far more men can remember their first car than those who can remember when they had their most recent health checkup. He discussed the reasons why an annual checkup is so important and the reasons that men avoid trips to the doctor. He also offered advice to wives who want to encourage their husbands to make health a greater priority.

Issues covered:

Length: 7:26

**Personal Health
Men's Issues**

Lori LaCivita, PhD, industrial and organizational psychologist

Thanks in part to older workers working past the traditional retirement age, four generations of workers are in the workforce at once for the first time. Dr. LaCivita said each generation prefers different leadership and communication styles, which can trigger challenges in the workplace. She outlined strategies for managers to build strong and effective teams with a diverse pool of employees.

Issues covered:

Length: 9:47

**Workplace Matters
Senior Citizens**

Ted Labuza, PhD, Ph.D., expert in food safety, Professor in the Department of Food Science and Nutrition at the University of Minnesota

Professor Labuza discussed how to interpret the expiration dates on food labels. Many of the dates don't mean what consumers think they do. He explained how to determine whether a package of food with a past expiration date is safe to eat.

Issues covered:

Length: 5:09

**Food Safety
Consumer Matters**

Show # 2017-49

Date aired: 10/3/17 Time Aired: _____

Sean Covey, author of *"The 6 Most Important Decisions You'll Ever Make: A Guide for Teens: Updated for the Digital Age"*

Mr. Covey outlined what he believes are the six largest challenges faced by today's teens. He said the top challenge is dealing with the pressures of school. He also said parents have a far greater impact on their teens than they realize, much more than friends or others. He also explained why it is important for teens to learn to serve others, and to be willing to accept help from others, as well.

Issues covered:

Teenage Concerns
Parenting
Education
Volunteerism

Length: 8:51

Carol Janney, PhD, Assistant Professor of Epidemiology, Michigan State University

Dr. Janney led a study that suggested that it may be wise for mental health providers to add exercise to their patients' treatment plans. In her survey, a large majority of mental health patients said they wanted to exercise more and believed exercise helped improve their moods and anxiety much of the time. She said psychiatrists and other providers may discuss exercise with patients in generalities, but rarely create a comprehensive exercise plan for them or regularly make sure they are adhering to a specific goal.

Issues covered:

Mental Health
Physical Fitness

Length: 8:21

Adam Barry, PhD, Assistant Professor of Health Education, University of Florida

Dr. Barry conducted a study that found that two in five designated drivers had been drinking before getting behind the wheel and that 18% had blood-alcohol levels high enough to impair their driving skills. He outlined the potential reasons that designated driver education campaigns have been less than successful.

Issues covered:

Drunk Driving

Length: 4:56

Show # 2017-50

Date aired: 10/10/17 Time Aired: _____

Amy Morin, PhD, licensed clinical social worker, college psychology instructor and psychotherapist, author of *"13 Things Mentally Strong Parents Don't Do: Raising Self-Assured Children and Training Their Brains for a Life of Happiness, Meaning, and Success"*

With safe spaces and trigger warnings designed to "protect" kids, many adults worry that today's kids don't have the resilience to reach their greatest potential. Dr. Morin explained why she believes parents must strive to raise mentally strong and resilient children, and offered suggestions on how to do it.

Issues covered:

Parenting
Mental Health

Length: 7:31

Marion McGovern, founder and CEO of M Squared Consulting, one of the first gig-economy talent intermediaries, author of "*Thriving in the Gig Economy*"

The world of work has changed dramatically in the past few years, as evidenced by tech companies such as Uber and Airbnb. Ms. McGovern noted that while most media attention is on the low end of the skill and income spectrum, little attention is being paid to the best-in-class professionals who have chosen an independent path. She discussed the biggest misconceptions regarding the gig economy and explained the reasons behind its rapid growth.

Issues covered:

Length: 9:38

**Career
Economy**

Nadia Lopez, founding principal of Mott Hall Bridges Academy in Brooklyn, NY, author of "*The Bridge to Brilliance: How One Woman and One Community Are Inspiring the World*"

As part of a pilot program in New York City, Ms. Lopez started a middle-grade public school in one of America's poorest communities. She talked about the risks and challenges faced by students in a high crime, low income neighborhood, and how she devised programs to address them.

Issues covered:

Length: 4:54

**Education
Poverty
Government Policies**

Show # 2017-51

Date aired: 10/17/17 **Time Aired:** _____

Laura Adams, Senior Insurance Analyst at insuranceQuotes

Life isn't fair, and neither are auto insurance rates. Ms. Adams said that while some factors that influence insurance prices are within consumers' control, such as the vehicle they drive and their annual mileage, many others are not. She outlined the little-known factors that can have a big impact on the price of insurance.

Issues covered:

Length: 8:17

Consumer Matters

Miriam Boeri, PhD, Associate Professor of Sociology, Bentley University, author of "*Hurt: Chronicles of the Drug War Generation*"

Dr. Boeri interviewed dozens of Baby Boomers who are hooked on illicit drugs. She explained why she believes the War on Drugs has not only failed, but has exacerbated the problem. She said that in the past, once someone reached the age of 35 or so, they would typically quit using hard drugs, but the Baby Boom generation has done the opposite: drug abuse among older Americans is skyrocketing.

Issues covered:

Length: 8:52

**Substance Abuse
Government Policies
Senior Citizens
Criminal Justice**

John P. Thyfault, PhD, Professor of Nutrition and Exercise Physiology, Director of the Health Activity Center at the University of Missouri

Statins, the most widely prescribed type of cholesterol-lowering drugs, have prevented millions of heart attacks and saved countless lives. But Dr. Thyfault conducted a study that found that statins may also counteract the benefits of exercise, the other tried-and-true way to boost cardiac health. He explained why doctors usually prescribe drugs, rather than recommending exercise or dietary change. He also talked about how much exercise can be effective for people dealing with high cholesterol.

Issues covered:
Personal Health

Length: 5:13

Show # 2017-52

Date aired: 10/24/17 Time Aired: _____

Nicholas Tatonetti, PhD, Assistant Professor of Biomedical Informatics, Director of Clinical Informatics at the Herbert Irving Comprehensive Cancer Center at Columbia University

Dr. Tatonetti's research uncovered a surprising correlation between the month a person is born and their risk of developing various health problems, including heart disease, viral infections and ADHD. His study found 55 diseases that correlated with the season of birth. He explained the time of year a person is born dictates many of the environmental factors they are exposed to during birth and early development.

Issues covered:
Personal Health

Length: 6:54

Michael H. Shuman, economist, attorney, author, and entrepreneur, experts on community economics, author of "*The Local Economy Solution*"

Mr. Shuman believes the entire process of local economic development has become ineffective and unaffordable. He said the traditional method of chasing large companies with huge taxpayer subsidies creates very few new jobs. He is a proponent of alternative approaches in which states and cities encourage private ventures that help local businesses launch and grow.

Issues covered:
Economic Development
Employment

Length: 10:12

Bill Bishop, author of "*The Big Sort*"

America may be more diverse than ever, but Mr. Bishop believes that the nation's neighborhoods are becoming too divided—culturally, economically and politically. He said that the places where Americans live are becoming increasingly populated with people who live, think, and vote as they do. He explained what is behind this movement and why it is not a positive development.

Issues covered:
Community
Diversity Issues

Length: 5:03

Show # 2017-53

Date aired: 10/31/17 Time Aired: _____

Sheila Markin Nielsen, career counselor with more than 25 years of experience, author of "*Job Quest: How to Become the Insider Who Gets Hired*"

The search for a job can seem intimidating and frustrating for most people. Ms. Markin Nielsen said the most critical component in any successful job search is to establish personal relationships. She outlined strategies to create personal connections and trust with key people. She discussed the usefulness of online tools such as LinkedIn, along with the value of resumes in today's employment environment.

Issues covered:

Employment
Career

Length: 10:25

Jennifer Suor, researcher, PhD candidate in clinical psychology at the University of Rochester

Ms. Suor's research found that children from low-income families are at risk of stunted cognitive functioning before they even start kindergarten. Her team found that young children with emotionally distant caregivers and who lived in an unstable home also had high levels of the stress hormone cortisol, which appears to significantly affect their cognitive abilities.

Issues covered:

Education
Parenting

Length: 6:44

Andy Cohen, CEO, Caring.com

In the past year, approximately 14 million drivers have been in a road incident caused by an elderly driver, according to a survey by Mr. Cohen's organization. He discussed how other motorists view the safety and competence of senior drivers. He also explained how to determine whether an older loved one is no longer fit to drive, and how to approach the topic with them.

Issues covered:

Senior Citizens
Traffic Safety

Length: 5:10