

People & Perspectives

Airs Sundays at 6 AM
Program length: 20 minutes

Date: July 3, 2016

Issue: Summer Safety. Maryanne McGerty-Sieber spoke about some of the summertime activities that require some special attention. Some of the topics included pool safety in regards to fences and alarms, playground equipment, lawn equipment, and any kind of bikes, skates or in-line gear. The CPSC also has a database and hotline so people can file a complaint on a product they find faulty.

Guest: Maryanne McGerty-Sieber, Product Safety Investigator, Consumer Product Safety Commission

Date July 10, 2016

Issue: Hamilton Health Center's Healthy Start Program. Hamilton Health Center was established to provide healthcare services to individuals regardless of their financial and insurance status. Hamilton provides primary care for adults and programs for children in Harrisburg. They offer a variety of initiatives including the Baby Buggy Walk in September on City Island and the Healthy Start Program for pregnancy.

Guest: Judith McCrea, Director of Social Service for Hamilton Health Center

Date: July 17, 2016

Issue: How stress at work can affect family bonding. A new survey finds 48% of Americans say work stress negatively impacts their personal life, while 35% stress out about how much their job actually interferes with family time. Dr. Woodward talked about the importance of rebuilding family bonds during time off of work and how completely unplugging, even for a short time, benefits your health.

Guest: Dr. Michael Woodward, Organizational Psychologist

Date: July 24, 2016

Issue: Susquehanna Service Dogs. Susquehanna Service Dogs trains dogs to act as helpers to people with disabilities. They are trained by foster parents who go through training and help shape the dog to its owner's needs. Kerry is not only involved in the organization, but is also fostering Breeze. SSD holds several events throughout the year to raise money and awareness of their organization. Anyone who is interested in volunteering is urged to contact SSD.

Guest: Kerry Wevodau, Susquehanna Service Dogs

Date: July 31, 2016

Issue: Rock Run. Jody is the owner of the Rock Run Animal Rescue, which is a no kill animal shelter. She has a variety of animals including dogs, cats, chickens and horses. The rescue is always in need of volunteers, even people who just want to come and spend time with the animals. In August, Rock Run will hold a fundraiser called "Whinny for Wine" at Buddy Boys Winery in Duncannon. All proceeds will help keep the rescue operating.

Guest: Jody Kelley, Owner, Rock Run Animal Rescue

Date: August 7, 2016

Issue: Hospice of Central PA. Stephanie came in to recruit for their volunteer program. They offer patient care including vet-to-vet care, which is a special service that allows veterans to talk with another veteran as they enter hospice. This often gives them a chance to get things off their chest that only another vet can understand. Hospice of Central PA is offering Fall training.

Guest: Stephanie Schaefer, Volunteer Coordinator, Hospice of Central PA

Date: August 14, 2016

Issue: Men's Health and Chronic Migraines. Dr. Klein talked about men's health and "Bromance Day" coming up in August. This is a day when guys can finally drop the machismo and open up to each other about anything including their health. Health problems such as prostate cancer and erectile dysfunction are common, but are often not a topic of conversation for men. That means many men don't know when they should be screened or other information that could be helpful in treatments. Dr. Ashina and Lauri talked about the difference between a headache and a migraine as well as what treatments are available for people who experience chronic migraines.

Guest: Dr. Eric Klein, urologist; Dr. Sait Ashina, headache specialist and Laurie Jennings, editor

Date August 21, 2016

Issue: Concussions & Kids. Dr. Osborn spoke about protecting kids from concussions. Many kids play sports and there are tens of thousands of them that sustain concussions. A concussion is a serious, traumatic brain injury, which usually has temporary effects but can lead to permanent damage such as chronic traumatic encephalopathy (CTE), a degenerative brain disease with symptoms similar to Alzheimer's. Dr. Osborn talked about the importance of helmets and also how to detect a concussion.

Guest: Dr. Brett Osborn, board-certified neurological surgeon and father

Date: August 28, 2016

Issue: Sickle Cell. It's time for the 5th annual golf outing for the South Central PA Sickle Cell Council. Joe talked about the disease and how the Sickle Cell Council is helping to make more people aware of it. The Council works closely with the community to deal with the problems associated with the disease. The Council has a 3 person staff that covers 26 Pennsylvania counties.

Guest: Joseph Robinson, Jr., Executive Director SCPSCC

Date: September 4, 2016

Issue: Bethany Christian Services. Bethany is a global, non-profit organization working to keep families together and to serve children through foster care and adoption. They work to raise awareness of the need for children to be adopted, including children with special needs. They also provide training for those adopting and the community.

Guest: Elaine Shenk, Satellite Office Director for Harrisburg Office

Date: September 11, 2016

Issue: Making Strides Against Breast Cancer. This is a walk that helps raise awareness and funds to fight breast cancer on behalf of the American Cancer Society. This year's walk will happen on October 15th on City Island. Money raised helps the ACS invest in research, provide free information and support to those who need it and gives people resources to take steps to reduce their breast cancer risk or find it early when it's most treatable.

Guest: Kimberly Hernandez, Co-Chair Making Strides Against Breast Cancer

Date: September 18, 2016

Issue: DVI of Lebanon County. October is Domestic Violence Awareness Month. DVI of Lebanon County uses this opportunity to reach out to the community with free screenings of "Paper Tigers" which follows a year in the life of an alternative high school that has radically changed its approach to disciplining its students, becoming a promising model for how to break the cycles of poverty, violence, and disease that affect families.

Guest: Michael Ritter, Public Education Coordinator & Volunteer Coordinator, Domestic Violence Intervention of Lebanon County

Date: September 25, 2016

Issue: Dauphin County Library System. Rob talked about becoming the new Executive Director and his plans for the future of the library system in Dauphin County which includes going into the community with an outreach van. The library offers lots of programs for adults and children. Rob also talked about how the library continues to be an important part of the community in the digital age and how it is adapting.

Guest: Rob Leshner, Executive Director, Dauphin County Library System