

Quarterly Issues/Programs List
Station: KBSG
City of License: Raymond Washington
Significate Treatment of Community Issues

01-01-2024 Through 03/31-2024

#	ISSUE	Title/Programming Description	Date/Time Duration
	Children's Issues		
		Parenting Today's Teens--Mark Gregston TEENS WITH SUICIDAL THOUGHTS --When teens feel hopeless and think they have nowhere left to turn, they might start to believe suicide is the only option to end their pain. Mark talked about warning signs and explains how you can walk alongside your teen in the midst of their pain.	Sat 1/20/2024 6:00 pm 00:24:55
		Parenting Today's Teens--Mark Gregston --BOUNDARIES FOR ANGER. Are you tiptoeing around landmines and triggers at home with your teen? Do you have a teen who is lashing out in anger? If so, then it's time to set up boundaries for your teen. Mark Gregston give practical tips for parentson how to train teens to manage their anger well.	Sat 1/72/2024 6:00 pm 00:24:55
		Parenting Today's Teens--Mark Gregston --Teen Deprecation and its Consequences -- The teen years can feel like an emotional roller coaster. Sometimes your teens are friendly and outgoing, and other times they're quiet and withdrawn. How can parents know if their teen is seriously depressed or just feeling sad? Mark Gregston outlined what depression looks like in teens and how to know when it's time to get help.	Sat 2/10/2024 6:00 pm 00:24:55
		Parenting Today's Teens--Mark Gregston--RESPONDING TO A TEEN'S SUBSTANCE ABUSE. The shock of discovering that is using drugs or alcohol leave parents feeling helpless and hopeless. But there are steps that parents can and should take to help their teens address and overcome addiction and rebuild relationships. Mark Gregston gave practical guidance to parents dealing with teen substance abuse.	Sat 2/24/2024 6:00 pm 00:24:55

Children's Issues	<p>Focus on the Family –Jim Daly -- How to Take Your Family Through a Digital Fast --Like most parents of children born after 2010, Molly DeFrank embraced the new digital technologies of smart phones and tablets for her kids. But she grew increasingly alarmed as she observed detrimental effects of “zombified kids,” emotional outbursts, loss of other interests, etc. And she discovered alarming research that the average child spends more than 7 hours per day on a screen for entertainment purposes! As a result, Molly realized she and other parents needed to take control of the technology impact upon her children and instituted a 2-week digital fast – no phones, no tablets, no computer games, no TV, etc. Within few days, Molly's kids were transformed and found plenty of other creative activities to explore. Molly recommended a “U-N-D-O” strategy for families — “Unplug” from digital tech, “Notice” your kids (and their interests), “Develop” screen-free alternatives, and “Open” the books (eg... rediscover the joy of reading). Molly is not anti-tech; she simply wanted to equip families to put technology in its proper place as a tool for our families.</p>	<p>1/2/2024 8:30 pm 00:28:00</p>
	<p>The Point- John Stonestreet— Heather Peterson A year after a middle school in Minnesota banned phones, the principal is reporting students are “happy”. social psychologist Jonathan Haidt recommended “giving only flip phones before high school and delaying the opening of social media accounts until 16.</p>	<p>1/3/2024 6:45 am 00:01:02</p>
Family Relationships	<p>New Life Live On Air Family Relationship advice and counseling from panel of Christian professional. The panel include professionals Hosts of New Life Ministries and guests from the health, medical and social professional community. They answer questions and walk callers through various family and relationship issues, including community issues as they arise in the news</p>	<p>Mon-Thurs 9:00 pm Sun 8:00 pm 00:60:00</p>
	<p>Focus on the Family –Jim Daly--When Lives Collide: Navigating Remarriage and Stepfamily I-II--Sabrina Beasley McDonald and her husband Robbie became widowed by the death of their first spouses. Bringing children from their previous marriages into the relationship, they found that merging their two families was less like the Brady Bunch and more like the Montagues and Capulets from Romeo and Juliet. Together though they were able to build something beautiful from the pain of the past. In this interview, Sabrina help couples and single adults prepare for remarriage and the formation of a stepfamily. She also talked about the unique challenges that couples face in remarriages and stepfamilies</p>	<p>2/27/24 & 2/28/24 8:30 pm 0:55:00</p>
	<p>BreakPoint John Stonestreet--According to the Pew Research Center, 2023 marked a record high of Americans over 40 who have never been married. Another study showed American happiness is at an all-time low and the most consistently happy people in the U.S. are the married ones. Of course, marriage alone cannot make the unhappy happy or the unfulfilled fulfilled, but there's a clear picture in these numbers. Those who live for more than themselves tend to find more satisfaction and more happiness.</p>	<p>1/5/2024 6:45 am 00:01:01</p>

	Government	US Marines-- Three PSA's presenting public relations and positive recognition of the service personnel in the US Marine Corps, their history and current service. The spots remind listeners that the Marines also have families at home, and they also serve on behalf of all of us. Creating positive public image for the Corps, and in relation to Joint Base Lewis McChord in the KACS coverage area.	January 01 – March 31, 2024 ROS 3x30-second x 28 ROS 60-second x 10
	Health Concerns		
		National Federation of the Blind-- PSA run encouraging more awareness of the challenges faced by those legally blind in our Washington communities, and what the blind have to offer in our communities and workplaces. The spots foster and encourage more interaction and involvement including educational opportunities, NFB resources, and assisting blind persons live more fulfilling lives.	January 01 – March 31, 2024 ROS 30-second x 18
		Stroke Awareness Campaign: Spots from the Ad Council regarding the signs and symptoms of a stroke, how to recognize it, and how to respond to save lives of those suffering a stroke in the moment of the emergency. With the increase of hypertension, highblood pressure, and other caridio diseases, knowing the signs of a stroke, and what to do for the victim can save lives. This is important information among Washington families with aging family members	ROS 60-second x 26
		S.A.D. & Washington winter weather: Described Symptoms of Seasonal Affective Disorder and high incidence of it in Washington due to winter weather conditions. Relayed simple "home remedy" do-it-yourself thins listeners can apply to counteract SAD; Get more regular rest, vitamin D, exercise 20-30 mon a day, meditate/Pray daily, Use Sun lights, and weighted blankets.. Mayo Clinic, John's Hopkins helpguide.org	1/22/24 8:20 am 00:04:22
		Breakpoint John Stonestreet -Timothy D Padgett--Anxious or depressed? Now you can download a digital therapist to your phone. According to The Wall Street Journal, "Chatbots that hold therapist-like conversations and wellness apps that deliver depression and other diagnoses or identify people at risk of self-harm are snowballing across employers' healthcare benefits." The underlying challenge of all AI is that it is programmed by fallible, biased humans.	1/11/2024 6:45am 00:01:03
		Break Point John Stonestreet-U.K.'s National Health Service (NHS) announced a new clinical policy barring the prescription of puberty-blocking drugs for minors-The review found "no statistically significant difference in gender dysphoria, mental health, body image and psychosocial functioning in children and adolescents treated with [puberty blockers]." Review of additional data led the NHS to conclude "that there is not enough evidence to support the safety or clinical effectiveness of [puberty blockers] to make the treatment routinely available at this time."	3/22/024 6:45am 00:01:03

	International Issues		
		Break Point John Stonestreet--Earlier this month, 280 students, aged 8 to 15, were abducted in the Northern Nigerian town of Kuriga. Nigerian government and an all-too-silent global community in the face of what some have called "Nigeria's silent slaughter." ast year, there were 3,600 reported abductions in Nigeria, and according to a 2022 Red Cross report, more than 24,000 Nigerians are registered as missing. The abducted and their families need more than lip service. they need real action from the government and the global community.	3/2024 6:45 am 00:01:03
	Parenting		
		Parenting Today's Teens--Mark Gregston-- WHEN YOUR TEEN TURNS TO POT TO DEAL WITH LIFE Teens need a way to escape from the craziness of their day-to-day lives. If parents don't provide an outlet, teens will find something on their own—and that something just might be marijuana. , Mark talked to parents about what to do when they suspect their teen is using pot to cope and what they can do about it.	Sat 1/6/2024 6:00 pm 00:24:55
		Parenting Today's Teens--Mark Gregston-- TYPES OF PARENTING THAT'LL PUSH TEENS AWAY. Is your teen avoiding home? Do they try to wiggle out of Family time? If your teen is missing in action, you might be the reason they are staying away. if you're not making time to talk to your teen one-on-one, you may cause strain or even lose your relationship with your teen as they become an adult. Mark identifies three common mistakes in parenting that push teens away. And you may be doing one or all of them without even knowing it.	Sat. 1/23 &30/2024 6:00 pm 00:49:10
		Focus on the Family –Jim Daly-- Leading Your Family as a Single Mom I-II--If you're a single parent, you've got the job of two people and doing all you can to keep your family afloat! On this two-day Focus on the Family broadcast, Pam Farrel (raised by a single mom) and Peggy Sue Wells (a single mom of seven!) offered guidance to single moms (and dads!) as they navigate life with their children. They examined some of the best decisions a single mom can make— things like choosing to thrive, creating a nurturing home, introducing your child to Jesus, and learning to respond to situations in healthy ways. It's was an encouraging conversation for the single parent.	2/8/2024 & 2/9/2024 8:30 pm 00:56:00
		Focus on the Family –Jim Daly-- Becoming Screen Savvy as a Family -- What we consume entertainment-wise shapes who we are and what we believe., Adam Holz and Paul Asay from Focus on the Family's Plugged In team equipped listeners to guider there family to make healthy media choices. They explained what the Bible says about entertainment and how to engage with and teach your kids discernment when it comes to what they are watching and playing	3/15/2024 8:30 pm 00:25:00

Personal Finance		Focus on the Family –Jim Daly-- When Your Money and Marriage Clash. Money is one of the top reasons why couples experience conflict in marriage. Taylor and Megan Kovar believe the conflict isn't about money but about a lack of communication about money. Most couples the Kovars have counseled have a form of "financial infidelity" where they have hidden accounts or fail to tell their spouse about their spending. The Kovars review the five money personalities — saver, spender, risk taker, security seeker, and flyer. They explained how to be more content with financial situation and trust God for the future. They shared how couples can get on the same page, financially, through a "money dump" — a once per year discussion of money fears and dreams, and through a "money huddle," where couples do a monthly assessment of their financial situation.	1/24/2024 8:30 pm 00:26:00
		Free Tax prep aid available across WA—AARP Foundation's Tax Aid program is available to everyone regardless of age or income level.	3/11/28 am 8:28 am 00:03:41
Public Safety			
		National weather service advice for preparing your winter weather & storm survival kit. Provided listeners with list of items to include, and preparations for storm weather. All related to current extreme cold winter storm weather advisory for coverage area impacting Friday thru Monday	1/12/2024 6:20am 02:09
		NWA winter weather terminology explanation & impacts Explained what is meant by and what to expect in a: Blizzard, Snow Squall, Snow Shower, Flurries, Blowing Snow, Avalanche--noted all of these may be components of storm arriving through the day and over the weekend	1/12/2024 6:49 am 00:02:40
		School closures/ Late Starts throughout network coverage area.	2/15 & 16/2024 X4 per day
		Washington News Service—FBI warns of tragic results from "sextortion" targeting teens. --'With a missing Western Washington teen possibly a victim of similar online grooming and exploitation it's important parents of youth workers or their concerned caregiver to be aware and to have conversations with young teens on these issues	1/25/2024 6:35am, 9:00am 00:03:52
Religion & Religious Instruction		KACS Network--- Prayer Time. Addressing the prayer requests of listeners throughout SW Washington coverage area. Responding to e-mails, letters, phone calls and office visits of listener expressing spiritual concern, physical needs, and praying with them for answers.	Daily on- going 5:40am 12:20pm 11:30pm 3X20:00 M-F

	Religion & Religious Instruction	National Day of Prayer public service announcement run ROS January 01 – March 31, 2024. Spot encourages all area residents to consider the issues of our day, and those in elected and appointed positions of leadership from the local to the national level, and pray for God’s blessing and guidance. Reminds listeners of the National Day of Prayer, and encourages an active prayer life year round	January 01 – March 31, 2024 ROS 30-Seconds x 15
	Social Concerns		
		Washington News Service—Mental Health concerns grow over social media impact on youth—Health professionals have raised alarms about social media and its impact on young people’s mental health—Parents can play a role in protecting their kids from some of these harms. Limiting screen time, creating a system accountability and keeping commutation open.	1/29/2024 8:28Am 00:05:25
		Break Point John Stronestreet, Jared Hayden--Last year, a Vermont high school snowboard coach was fired for stating that boys tend to have an advantage over girls in sports. David Bloch made the comments in an attempt to defuse a heated argument between two students about whether it was fair to let trans-identifying male athletes compete against girls. This month, almost a year later, Vermont school officials agreed to pay the former coach \$75,000 in damages, acknowledging that he, in fact, “did not violate a state-mandated policy prohibiting harassment, hazing, and bullying.” Bloch’s lawyer, Tyson Langhofer of the Alliance Defending Freedom, said that the settlement isn’t about the money. It’s about “stand[ing] up” for the right to say what’s true.	3/27/2024 6:45 am 00:01:00