

**WBTZ RADIO STATION**

**QUARTERLY ISSUES/PROGRAM LIST**

**JULY 1, 2020 THROUGH SEPTEMBER 30, 2020**

AGING

ECONOMY

EDUCATION/SAFETY

ENVIRONMENT

FUND RAISING/VOLUNTEERISM

HEALTH

The following pages list programs aired on WBTZ during the third quarter of 2020. The 15 minute programs, *In Touch, Health Source and Aging Matters*, address a variety of issues of concern in our area. They run for a half hour on Sundays from 6:30am to 7am.

GINNY McGEHEE  
WBTZ RADIO  
HALL COMMUNICATIONS  
SEPTEMBER 30, 2020

## ***AGING***

**PROGRAM:** Aging Matters

**DATE:** 7/12/2020

**GUEST:** Jonah Milliken, administrator of the Samuel F. Vilas Home in Plattsburgh

**DESCRIPTION:** a discussion about the services offered at the residence

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 7/26/2020

**GUEST:** Julie Stocker, outreach director for the Senior Citizens Council of Clinton County

**DESCRIPTION:** the challenges of outreach to seniors during COVID 19

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 8/9/2020

**GUEST:** Patty Colleen of NCCI Ombudsmen program

**DESCRIPTION:** a discussion about long term care and the role the program plays in the North Country community

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 8/23/2020

**GUEST:** Marjorie Bardo, public health coordinator

**DESCRIPTION:** a discussion about the Healthy Neighborhood Program in Clinton County

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 9/6/2020

**GUESTS:** Cathleen Lamatee, director of Development Hospice of the North Country and Lisa Sousci, director of patient services

**DESCRIPTION:** a discussion about the hospice program and how it helps clients mentally and physically

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 9/20/2020

**GUEST:** Sandy Geddes, community relations director for Meadowbrook Health

**DESCRIPTION:** a discussion about what Meadowbrook offers to seniors and the community

**HOST:** Maria Alexander, SCCCC

## ***ECONOMY***

**PROGRAM:** In Touch

**DATE:** 9/27/2020

**GUEST:** Andrew Jope, Training director for Resource Vermont

**DESCRIPTION:** a discussion about the job training programs at Resource as part of its three fold mission and about a new program to train in weatherization and helping those individuals to get jobs in the field

**HOST:** Ginny McGehee

## ***EDUCATION/SAFETY***

**PROGRAM:** In Touch

**DATE:** 8/16/2020

**GUEST:** Hal Cohen, executive director for Vermont Adult Learning

**DESCRIPTION:** a discussion about the in-person one-on-one learning to help Vermonters from teens to seniors get GEDs, help with a variety of subjects and English for those who speak another language and how these lessons are going during COVID19

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 8/30/2020

**GUEST:** U.S. Navy Commander Charles W. Phillips, III

**DESCRIPTION:** a discussion about the new U.S.S. Vermont submarine, built in Groton, Ct., its training, crew (includes 2 Vermonters), and its ability to submerge and travel for many months

**HOST:** Ginny McGehee

## ***ENVIRONMENT***

**PROGRAM:** In Touch

**DATE:** 7/19/2020

**GUEST:** Emma Stuhl, environmental analyst for Vermont's Solid Waste Program

**DESCRIPTION:** a discussion about composting of yard waste and now food waste (law took effect July 1<sup>st</sup>, best practices. Food composting has already been a law for restaurants, hospitals, schools and other large institutions

**HOST:** Ginny McGehee

## ***FUNDRAISING/VOLUNTEERISM***

**PROGRAM:** In Touch

**DATE:** 7/5/2020

**GUEST:** Rob Meehan, executive director for Feeding Chittenden

**DESCRIPTION:** a discussion about the organizations programs to feed people of Chittenden County, its job training and cooking programs, how the way they do things have changed during the pandemic and the increased demand for their services

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 8/2/2020

**GUEST:** Nina Atkinson, executive director for Dragonheart Vermont

**DESCRIPTION:** a discussion about the organization's work to help those with breast cancer and other cancers and their families, their network in Vermont and how they are handling their huge annual fundraiser in Burlington cancelled due to COVID 19

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 9/13/2020

**GUEST:** Wanda Hines, director of JUMP (Joint Urban Ministries Project

**DESCRIPTION:** a discussion about the program started by several churches in Burlington over 30 years ago, how it has changed to fill the needs of those in need from toiletries, to bicycles, bus passes and gas cards and how they are fundraising and connecting during COVID19

**HOST:** Ginny McGehee

## ***HEALTH***

**PROGRAM:** Health Source

**DATE:** 7/5/2020

**GUEST:** Dr. Matthew Alef

**DESCRIPTION:** a discussion about varicose veins, painful and unsightly affecting 40-million Americans

**HOST:** Gina Brittain, UVMMC

**PROGRAM:** Health Source

**DATE:** 7/12/2020

**GUEST:** Dr. Thomas Delaney

**DESCRIPTION:** a discussion about suicide. signs and prevention and that it ranks as the 10<sup>th</sup> leading cause of death in the U.S.

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 7/19/2020

**GUESTS:** Nicole Hawko and Timothy Bissonette

**DESCRIPTION:** a discussion about concussions, the different forms and symptoms and how they are treated

**HOST:** Annie Mackin, UVMMC

**PROGRAM:** Health Source

**DATE:** 7/26/2020

**GUEST:** Jennifer Leavy

**DESCRIPTION:** a discussion about opioids and physical therapy as an alternative to them

**HOST:** Annie Mackin, UVMMC

**PROGRAM:** Health Source

**DATE:** 8/2/2020

**GUEST:** Bridget Shea

**DESCRIPTION:** a discussion about Celiac and a diet of Gluten Free foods for those with the autoimmune disease

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 8/9/2020

**GUEST:** Michelle Shepherd

**DESCRIPTION:** a discussion about Alzheimer's disease, its various symptoms in different people and how our childhood experiences impact it

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 8/16/2020

**GUEST:** Dr. Ross Colgate

**DESCRIPTION:** a discussion about vaccines, the myths and facts surrounding them

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 8/23/2020

**GUESTS:** Bridget Shea and Audrey Moore

**DESCRIPTION:** a discussion about the Psychology of Eating, mind over matter and how what we eat affects how we feel

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 8/30/2020

**GUEST:** Robert Davis

**DESCRIPTION:** a discussion about acupuncture, its costs and solutions for chronic pain

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 9/6/2020

**GUEST:** Emily Claremont

**DESCRIPTION:** a discussion about chronic pain and how what you eat can affect pain and inflammation

**HOST:** Geri Ann Higgins, UVMMC

**PROGRAM:** Health Source

**DATE:** 9/13/2020

**GUEST:** Andrew Soloman

**DESCRIPTION:** a discussion about Multiple Sclerosis, what it is and how it is misdiagnosed

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 9/20/2020

**GUEST:** Dr. Benjamin Lee

**DESCRIPTION:** a discussion about flu shots, the importance of getting it and that how deadly it is especially older adults and those with pre-existing conditions

**HOST:** Alex Tursi, UVMMC

**PROGRAM:** Health Source

**DATE:** 9/27/2020

**GUEST:** Peter Jackson

**DESCRIPTION:** a discussion about the positive and negative impact of cannabis

**HOST:** Alex Tursi, UVMMC