## JULY - SEPTEMBER 2022 WFSR AM, WHLN AM, WTUK FM

## JULY

THIS MONTH STARTS OFF WITH REMINDER OF THE 4TH OF JULY AND SAFETY REMINDERS FOR EVERYONE ABOUT FIREWORKS, BOATING, SWIMMING AND ALL SUMMER RECREATION EVENTS. BE SAFE WITH FIREWORKS AROUND CHILDREN; BE SURE EVERYONE WEARS A LIFE JACKET WENT BOATING; DO NOT GO SWIMMING AFTER A MEAL AND CHECK SURROUNDINGS FOR OTHER SUMMER EVENTS.

LESLIE COUNTY FARMERS MARKET, RIVERFRONT PARK, OPEN FRIDAY, JULY 1 FROM 11:00-3:00 AND SATURDAY JULY 2 FROM 9:00-2:00. THERE WILL BE VENDORS, YARD SALES, INFO BOOTHS, ROADIES BBQ, SNO ZONE, EATING ROLLS, WITH A SUPPLY DRIVE FOR ZACK SIZEMORE AND HIS PLATOON. ZACK, A TEACHER AT LCHS IS CURRENTLY SERVING OVERSEAS. HIS PLATOON NEEDS SUPPLIES SO ON JULY 1ST, PLEASE BRING ITEMS TO DONATE. ITEMS NEEDED INCLUDE TOOTH PASTE; TOOTH BRUSHES; DEODORANT; WET WIPES, BEEF JERKY; PROTEIN BARS AND POWER DRINK MIXES. BAKED GOODS WILL BE SOLD TO COVER SHIPPING. BE SURE TO TOUR THE DRUG ABUSE AWARENESS TRAILER WITH OFFICER MATT GAYHARD, SPONSORED BY THE KY STATE POLICE.

JOIN HARLAN TOURISM FOR THEIR 4TH FEST IN DOWNTOWN HARLAN ON MONDAY, JULY 4TH. THE FESTIVITIES WILL BEGIN AT 9 AM WITH THE ANNUAL RED, WHITE AND ZOOM 5k HOSTED BY THE HARLAN COUNTY CROSS COUNTRY TEAM FOLLOWED BY ACTIVITIES FROM 4PM TO 10 PM THAT NIGHT. LOTS OF FAMILY FUND, VENDORS, LIVE MUSIC, FOOD, INFLATABLES AND MORE. THE EVENTS WILL CONCLUDE WITH A DISPLAY OF FIREWORKS THAT NIGHT LIGHTING UP OUR INCREDIBLE MOUNTAINS. FOR MORE INFORMATION CALL THE HARLAN CENTER AT 606-573-4156 OR VISIT WEBSITE AT WWW.harlantourism.com.

THE HARLAN COUNTY HUMANE SOCIETY IF HOLDING A BENEFIT CONCERT IN EVARTS ON JULY 2. THE SHOW WILL FEATURE THE MIDNIGHT RIDERS, A LOCAL BAND SPECIALIZING IN COUNTRY, SOUTHERN AND CLASSIC ROCK. THE EVENT IS A FUNDRAISER FOR THE HARLAN COUNTY HUMANE SOCIETY. EVERYONE IS INVITED TO COME OUT AND SUPPORT THE HARLAN COUNTY HUMANE SOCIETY AND MAKE SURE THAT ALL ANIMALS ARE SPAYED AND NEUTERED.

EVERYONE IS ASK TO JOIN IN SUPPORTING RESPONSIBLE RECREATION AND THE PRESERVATION OF OUR LAND BY CELEBRATING NATIONAL FOREST WEEK JULY 11-17 WITH THE NATIONAL FOREST FOUNDATION. THE NATIONAL FOREST FOUNDATION IS CHARTERED BY CONGRESS AND IS A 501(c)3 NONPROFIT ORGANIZATION. VISIT www.nationalforest.org TO FIND OUT ABOUT THEIR WORK AND NATIONAL FOREST WEEK.

THERE ARE MORE THAN 23 MILLIONS VETERANS IN THE UNITED

STATES. AS MANY AS TWO OUT OF EVERY TEN OF THEM HAVE BEEN DIAGNOSED WITH POSTTRAUMATIC STRESS DISORDER OR PTSD. MOST VETERANS WHO HAVE PTSD DON'T GET THE HELP THEN NEED, EVEN THOUGH EFFECTIVE TREATMENTS ARE AVAILABLE. CONTACT THE LOCAL DEPARTMENT TO SEE HOW YOU CAN HELP PROMOTE TREATMENT FOR OUR SERVICE PEOPLE.

WITH COVID-19 RESTRICTIONS LIFTING ACROSS THE COUNTRY, WE MUST REMAIN VIGILANT ABOUT PROTECTING OUR HEALTH AND SAFETY - PARTICULARLY IN OUR HOME ENVIRONMENTS. SAFEGUARDING OUR HEALTH FROM DISEASE-CARRYING PESTS SUCH AS TICKS, MOSQUITDES, COCKROACHES, RATS AND MICE IS PARAMOUNT. BE SAFE AND EDUCATED YOURSELF TO THE RISKS OF SAFEGUARDING THE HEALTH OF YOUR FAMILY.

HARLAN COUNTY SAW NEW COVID-19 CASES INCREASE OVER THE WEEK FOLLOWING THE FOURTH OF JULY. THE HARLAN COUNTY HEALTH DEPARTMENT, REPORTED 120 NEW CASES FROM JULY 4 THROUGH JULY 10. GOVERNOR ANDY BESHEAR PROVIDED A COVID-19 UPDATE STATING KENTUCKY IS SEEING A SLIGHT ESCALATION IN NEW CASES. THE HARLAN COUNTY HEALTH DEPARTMENT ASKS FOR HARLAN COUNTDOWNS TO FOLLOW THE GUIDELINES FOR COVID-19 FROM THE KENTUCKY DEPARTMENT OF PUBLIC HEALTH. THESE GUIDELINES ARE TO GET VACCINATED; KEEP UP TO DATE WITH VACCINE BOOSTERS; ISOLATE WHEN SICK OR TESTING POSITIVE FOR COVID-19, AND CONSIDER TARGETED MASK USE IF HIGH RISK OR FOLLOWING EXPOSURE TO THE VIRUS.

THE HARLAN COUNTY SCHOOL DISTRICT WILL AGAIN BE PARTICIPATING IN THE NATIONAL SCHOOL LUNCH PROGRAM AND THE NATIONAL SCHOOL BREAKFAST PROGRAM IN THE UPCOMING SCHOOL YEAR. THIS ALLOWS ALL STUDENTS TO EAT BREAKFAST AND LUNCH AT THE SCHOOL FREE OF CHARGE. THE STUDENTS MAY PARTICIPATE IN THE PROGRAM WITHOUT PAYING A FEE OR SUBMITTING A HOUSEHOLD APPLICATION.

FOOD CITY HOSTS CAMPAIGN TO AID BUCHANAN COUNTY, VIRGINIA FLOOD VICTIMS IN THE WAKE OF THE DEVASTATION CAUSED BY THE RECENT FLOODING. FOOD CITY IS TEAMING UP WITH UNITED WAY OF SOUTHWEST VIRGINIA, WCYB-TV, WJHL, ABC TRI-CITIES, AND FOX TRI-CITIES TO HOST THE FUNDRAISING CAMPAIGN TO BENEFIT FLOOD RELIEF EFFORTS. FOOD CITY HAS PLEDGED A \$10,000 CONTRIBUTION TO KICK OFF THE DRIVE. THE CAMPAIGN WILL RUN SATURDAY, JULY 16 THROUGH FRIDAY, JULY 22. CUSTOMERS WISHING TO PARTICIPATE CAN MAKE A MONETARY DONATION AT THE CHECKOUT. 100% OF THE FUNDS COLLECTED WILL BENEFIT UNITED WAY OF SOUTHWEST VIRGINIA'S BUCHANAN COUNTY 2022 DISASTER FUND.

EVERYONE IS INVITED TO THE HARLAN COUNTY CHRISTIAN SCHOOL'S GRAND OPENING OF ITS NEW FACILITY WHICH WILL INCLUDE KINDERGARTEN THROUGH 12TH GRADE. THIS EVENT WILL TAKE PLACE ON SATURDAY, JULY 23RD AT 2:00 PM IN THE SCHOOL GYMNASIUM.

FROM STAR-STUDDED SKIES TO ROARING WATERFALLS, THE U.S. NATIONAL FOREST SYSTEM IS MADE UP OF 193 MILLION PRISTINE

ACRES OF WILDLANDS. EACH YEAR THE NATIONAL FORESTS HOST 170 MILLION VISITS, ALLOWING PEOPLE TO EMBARK ON SCENIC DRIVES, SEE WILDLIFE IN THEIR NATURAL HABITAT, HIKE ALONG MORE THAN 150,000 MILES OF TRAILS AND PITCH A TENT IN ONE OF THE MANY THOUSANDS OF CAMPGROUNDS ACROSS THE COUNTRY. THESE FORESTS NOT ONLY OFFER OUTDOOR RECREATION BUT PROVIDE CLEAN AIR, FRESHWATER, AND OTHER ESSENTIAL RESOURCES TO MILLIONS OF AMERICANS. WITH THE DRY WEATHER, BE CAREFUL, DO NOT START A FIRE. JOIN US IN SUPPORTING RESPONSIBLE RECREATION AND THE PRESERVATION OF THIS LAND BY CELEBRATING NATIONAL FOREST WEEK FROM JULY 11-17 WITH THE NATIONAL FOREST FOUNDATION.

MONDAY, JULY 18, FOOD CITY TEAMED UP WITH PROCTOR & GAMBLE TO BRING THE TIDE LOADS OF HOPE COMMUNITY PROGRAM TO BUCHANAN COUNTY, VIRGINIA TO AID AREA FLOOD VICTIMS. TIDE LOADS OF HOPE PROVIDES CLEAN CLOTHES FOR FAMILIES IN NEED IN AN EFFORT TO GIVE THEM A SENSE OF NORMALCY. THE MOBILE LAUNDROMAT INCLUDES ONE TRUCK AND A FLEET OF VANS WHICH HOUSE OVER THIRTY-TWO ENERGY-EFFICIENT WASHERS AND DRYERS CAPABLE OF CLEANING MORE THAN 300 LOADS OF LAUNDRY PER DAY. THEY ARE CURRENTLY LOCATED AT GRUNDY BAPTIST CHURCH, 1238 EDGEWATER DRIVE, GRUNDY, VIRGINIA 24614. THE SERVICE IS AVAILABLE FOR AREA FLOOD VICTIMS FROM 9 AM UNTIL 5 PM UNTIL CAPACITY IS REACHED.

SOUTHEAST KENTUCKY COMMUNITY COLLEGE OPEN HOUSE WILL BE AUGUST 1, HARLAN CAMPUS; AUGUST 2, MIDDLESBORO CAMPUS AND AUGUST 4, CUMBERLAND CAMPUS. THE HOURS WILL BE 12:00 TO 3:00 PM. THERE WILL BE STUDENT SERVICES; PROGRAM INFORMATION; TOURS; EXPRESS ENROLLMENT; FOODS; FUN AND SO MUCH MORE. FOR MORE INFORMATION, CONTACT KIM MAYNARD (606) 248-0233 OR kima.maynard@kctcs.edu.

LESLIE COUNTY FARMERS MARKET, RIVERFRONT PARK WILL BE FRIDAY AUGUST 5TH 11:00-3:00 AND SATURDAY, AUGUST 6TH 9:00-2:00. VENDORS; YARD SALES; INFO BOOTHS; PICK UP YOUR BACK TO SCHOOL SUPPLIES AND MANY OTHER BOOTHS. ALSO, WALK OF HOPE, \$100.00 VOUCHERS AND \$20.00 DIABETES VOUCHERS WHILE SUPPLIES LAST. TOUR THE DRUG ABUSE AWARENESS TRAILER WITH OFFICER MATT GAYHARD, SPONSORED BY THE KENTUCKY STATE POLICE. EVERYONE IS INVITED TO ATTEND.

PLEASE BE CAREFUL..THE COVID-19 VIRUS IS ON THE RISE AND WITH EVERYONE BEING ON GUARD, WE CAN KEEP IT UNDER CONTROL. ALWAYS REMEMBER..BE CAREFUL..BE SAFE AND TAKE CARE OF YOURSELF AND OTHERS.

THE HARLAN COUNTY FISCAL COURT HEARD FROM HARLAN COUNTY RESIDENTS DURING A MEETING ON MONDAY REGARDING A PROPERTY THAT HAS NOT BEEN CLEARED OF THE RUBBLE FROM A STRUCTURE FIRE SOME TIME AGO. JUDGE MOSLEY EXPLAINED IT THE COUNTY CLEANED PROPERTY, THEY WOULD HAVE TO BE REIMBURSED. OTHER COURT ACTIVITY THE COURT APPROVED APPLYING FOR FINANCING THROUGH KACO FOR A 2023 MACK TRUCK AND A MEMORANDUM OF UNDERSTANDING

BETWEEN THE HARLAN COUNTY FISCAL COURT AND THE UNITED STATES ARMY CORPS OF ENGINEERS RELATED TO THE LOYALL PONDING PROJECT WAS APPROVED.

THE HARLAN COUNTY PEE-WEE FOOTBALL SIGN-UP SCHEDULE WILL BE HELD SATURDAY, AUGUST 4 FROM 1 AM TO NOON AT HUFF PARK. FOURTH AND FIFTH GRADE WILL BE FULL CONTACT. YOU MUST BE ENROLLED IN HARLAN COUNTY SCHOOLS FOR THIS AGE GROUP AND MUST HAVE AN UP-TO-DATE SPORTS PHYSICAL.

IF YOU ARE 55 YEARS OF AGE OR OLDER, HAVE A LOW INCOME AND WANT TO GET BACK INTO THE WORKFORCE, GOODWILL CAN HELP. IF YOU NEED TRAINING TO RETURN WORK CONTACT GOODWILL SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM. GET PAID WHILE LEARNING NEW SKILLS THROUGH SCSEP AT GOODWILL. CONTACT LOU ANNE AKERS, SCSEP CAREER COACH (HARLAN, BELL AND KNOX COUNTIES AT 1-606-568-5611 OR louanne.akers@goodwillky.org. OR CALL TOLL FREE 1-833-439-7739.

FLASH FLOOD WARNING WAS ANNOUNCED FROM THURSDAY, JULY 28
THROUGH FRIDAY JULY 29 FOR HARLAN COUNTY AND ALL SURROUNDING
COUNTIES. UPDATES WERE GIVEN THROUGHOUT BOTH DAYS REGARDING
RAINFALL AND AREAS NOT TO GO THROUGH. BE SAFE, TURN AROUND,
DON'T DROWN.

ARH IS ORGANIZING A COLLECTION OF ITEMS FOR THE FLOOD AREAS IN EASTERN KENTUCKY. ARH HAS A NETWORK THAT CAN DELIVER ITEMS TO THOSE IN NEED. ARH WILL HAVE A COLLECTION AREA SETUP THIS AFTERNOON (FRIDAY) IN THE HOSPITAL LOBBY. ITEMS NEEDED: BOTTLE WATER; NONE PERISHABLE FOOD; CLEANING SUPPLIES; PERSONAL CARE ITEMS; BATTERIES; FLASHLIGHTS AND GENERATORS. ALL HELP IS NEEDED..JUST TAKE ITEMS TO ARH, HARLAN, THIS AFTERNOON TO HELP WITH THE FLOOD RELIEF.

IN ADDITION TO THESE ANNOUNCEMENTS, COMMUNITY CALENDAR IS UPDATED DAILY AND ANNOUNCED THREE TIMES EACH DAY WITH ALL ANNOUNCEMENTS OF EVENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES. ALSO OBITUARIES ARE UPDATED AND ANNOUNCED AS RECEIVED.

## AUGUST 2022

FLOODING THROUGH KENTUCKY HAS CAUSED HISTORIC FLOOD DAMAGE. HARLAN COUNTY DID DODGE A HISTORIC WEATHER BULLET THAT TORE THROUGH COUNTIES SUCH AS LETCHER, KNOTT, PERRY, CLAY AND BREATHITT COUNTIES. WHILE NOT SPECIFICALLY IN HARLAN COUNTY, COMMUNITIES ALONG US 119 IN THE PARTRIDGE AREA OF LETCHER COUNTY EXPERIENCED MORE SEVER FLOODING. THIS AREA, WHICH IS LOCATED ON THE HARLAN COUNTY SIDE OF PINE MOUNTAIN, IS CLOSE TO THE TRI-CITY AREA. ARH HOSPITAL; SOUTHEAST KENTUCKY COMMUNITY AND TECHNICAL COLLEGE AND SOUTHEAST EDUCATION FOUNDATION; CHURCHES; LOCAL BUSINESS PLACES; INDIVIDUAL PEOPLE AND NUMEROUS OTHER PLACES HAVE BEEN SETTING UP FLOOD

RELIEF FUNDS FOR THE FLOOD VICTIMS OF KENTUCKY. WITH SO MANY PLACES BEING INVOLVED ANYONE WISHING TO BE OF HELP CAN CONTACT THE STATION AT 606-573-1470.

ON AUGUST 3, PIKEVILLE MEDICAL CENTER ALONG WITH WYMT AIRED A ONE-HOUR TELETHON. PRESIDENT AND CEO, DONOVAN BLACKBURN WAS THE HOST OF THE EVENT. WTUK FM, WHLN AM AND WFSR AM, AIRED THE TELETHON LIVE. THE TELETHON WAS TO HELP PEOPLE OF EASTERN KENTUCKY IN THIS TIME OF NEED.

IN THE WAKE OF THE DEVASTATION CAUSED BY THE FLOODING IN EASTERN KENTUCKY, FOOD CITY IS TEAMING UP WITH WYMT TV, WCYBTV AND FOX TRI-CITIES WJHL-TV AND ABC TRI-CITIES TO HOST A FUNDRAISING CAMPAIGN TO BENEFIT FLOOD RELIEF EFFORTS. FOOD CITY PLEDGED A \$25,000 CONTRIBUTION TO KICK OFF THE DRIVE. THE CAMPAIGN WILL RUN FROM WEDNESDAY, AUGUST 3 THROUGH FRIDAY AUGUST 12 IN ALL KENTUCKY AND TRI-CITY AREA FOOD CITY LOCATIONS. CUSTOMERS WISHING TO PARTICIPATE CAN MAKE A MONETARY DONATION AT THE CHECKOUT. 100% OF THE FUNDS COLLECTED WITH BENEFIT APPALACHIAN KENTUCKY CRISIS FUND.

SCHOOLS WILL BE BACK IN SESSION AND EVERYONE MUST BE LOOKING OUT FOR ALL CHILDREN, REGARDLESS OF AGE. DRIVING CAREFUL, KEEPING YOUR SPEED DOWN FOR SCHOOL ZONES AND BE ON THE LOOKOUT FOR CHILDREN CROSSING THE STREET AND REMEMBER TO STOP WHEN A SCHOOL BUS HAS THEIR RED LIGHT ON. THIS MEANS CHILDREN ARE BOARDING OR LEAVING THE BUS.

YOUR HELP IS NEEDED IN ENDING HUNGER. IN 2020, 1 IN 5 PEOPLE TURNED TO THE CHARITABLE FOOD SECTOR FOR HELP. THE PANDEMIC PRESENTED A PERFECT STORM WITH LONG-LASTING IMPACTS: DISRUPTIONS TO THE SUPPLY CHAIN AND INCREASED NEED FOR HELP. THIS YEAR, 42 MILLION PEOPLE (1 IN 8) INCLUDING 13 MILLION CHILDREN (1 IN 6), MAY EXPERIENCE FOOD INSECURITY. THE LINGERING EFFECTS OF THE PANDEMIC AND INCREASING FOOD PRICES ARE ADDING TO THE STRESS ON FOOD BANKS AND FORCING FAMILIES WHOSE BUDGETS ARE TIGHT TO TURN TO FOOD BANKS TO MAKE ENDS MEET. CONTACT YOUR LOCAL CHURCHES - ASKS HOW YOU CAN HELP.

THE END FAMILY FIRE CAMPAIGN HIGHLIGHTS THE IMPORTANCE OF SAFE GUN STORAGE AND INTRODUCES THE TERM "FAMILY FIRE", GIVING A NAME TO ANY SHOOTING THAT INVOLVES AN IMPROPERLY STORED OR MISUSED GUN FOUND IN THE HOME. UNINTENTIONAL SHOOTINGS, SUICIDE, AND INTENTIONAL SHOOTINGS ARE ALL FORMS OF FAMILY IRE. NOW, MORE THAT EVER, STORING GUNS SAFELY LOCKED, UNLOADED, AND SEPARATELY FROM AMMUNITION - CAN KEEP OUR FAMILIES AND COMMUNITIES SAFE.

THOUSANDS OF KIDS START VAPING EVERY DAY, BUT MANY PARENTS ARE UNAWARE OF THE DANGERS OF YOUR VAPING. NOW CREATIVE WILL ENCOURAGE PARENTS OF KIDS AGES 10-14 TO #DOTHEVAPE TALK, AND PROACTIVELY TALK TO THEIR KIDS ABOUT THE DANGERS AND HEALTH EFFECTS OF YOUTH VAPING. THIS MESSAGING IS ESPECIALLY VITAL DURING THE BACK-TO-SCHOOL PERIOD AS KIDS ARE RETURNING

TO THE PEER PRESSURE ASSOCIATED WITH THE SCHOOL ENVIRONMENT, THAT MIGHT LEAD TO VAPING.

NEW CREATIVE WILL ENCOURAGE BLACK AMERICANS TO CREATE A LEGACY THAT LASTS BY TAKING STEPS TO PREPARE THEMSELVES AND THEIR LOVED ONES FOR NATURAL DISASTERS. THE CREATIVE WILL ALSO HIGHLIGHT THE IMPORTANCE OF STYING CONNECTED AND CREATING A FAMILY COMMUNICATION PLAN FOR WHEN DISASTERS STRIKE.

FOR MORE THAN 75 YEARS, SMOKEY BEAR HAS PROTECTED OUR FORESTS AND PROMOTED WILDFIRE PREVENTION. HIS POWERFUL MESSAGE, "ONLY YOU CAN PREVENT WILDFIRES", IS AT THE HEART OF AMERICA'S LONGEST-RUNNING CAMPAIGN. SMOKEY'S MESSAGE REMAINS RELEVANT TODAY, AS NEARLY NINE OUT OF TEN WILDFIRES NATIONWIDE ARE CAUSED BY HUMANS AND CAN BE PREVENTED. ADDITIONALLY, DURING THESE UNPRECEDENTED TIMES, SPENDING TIME OUTDOORS HAS NEVER FELT MORE VALUABLE. WHETHER WE'RE PASSING THE TIME IN PUBLIC LANDS OR IN OUR OWN BACKYARDS, WE ALL HAVE A ROLE TO PLAY IN KEEPING OUR SAFE PLACES SAFE BY ACTING RESPONSIBLY AND DOING OUR PART TO HELP PREVENT WILDFIRES.

DISCOVERING NATURE HIGHLIGHTS THE POWER OF MUSIC TO INSPIRE MEANINGFUL EXPERIENCES IN NATURE, WHERE FAMILIES CAN DEEPEN THEIR CONNECTION WITH EACH OTHER AND THE OUTDOORS. ENCOURAGEMENT FOR PARENTS AND CAREGIVERS, WITH AN EMPHASIS ON REACHING BLACK AND LATINO PARENTS AND CAREGIVERS, TO "FEEL THE BEST OF NATURE" AND EXPERIENCE THE OUTDOORS FIRSTHAND WITH THEIR FAMILIES.

CURRENTLY, MORE THAN 117,000 YOUTH IN THE U.S. FOSTER CARE SYSTEM ARE AWAITING ADOPTION. TEENS NEVER OUTGROW THE NEED FOR FAMILY, BUT ONLY 5% OF ALL CHILDREN ADOPTED IN 2020 WERE BETWEEN THE AGES OF 15 AND 17. NEW CREATIVE IS INSPIRED BY REAL, HEARTWARMING STORIES OF ADOPTION. SHOWCASING THE REWARDS OF ADOPTING A TEEN FROM FOSTER CARE, REMIND PROSPECTIVE ADOPTIVE PARENTS "YOU CAN'T IMAGINE THE REWARD" THAT CAN BE RECEIVED BY ADOPTING A TEEN. CONTACT "ADOPTION" TO LEARN ABOUT THE PROCESS OF ADOPTING TEENAGERS.

THERE ARE 48 MILLION UNPAID FAMILY CAREGIVERS IN THE UNITED STATES. MOST CAREGIVERS ARE FAMILY MEMBERS OR FRIENDS WHO ARE WORKING, MANAGING THEIR OWN FAMILIES AND CARING FOR THEIR LOVED ONE AT THE SAME TIME. FOR MANY, THE CAREGIVING ROLE DOESN'T START ALL AT ONCE - IT STARTS WITH SIMPLE THINGS LIKE SCHEDULING A DOCTOR'S VISIT OR HELPING WITH DAILY ERRANDS, THEN GRADUALLY EXPANDS UNTIL IT BECOMES A MAJOR COMMITMENT. ON AVERAGE, CAREGIVERS PROVIDE 23 HOURS OF CARE A WEEK, THE EQUIVALENT OF A TWO FULL DAYS. CHECK WITH YOUR LOVED ONES AND SEE HOW YOU CAN HELP GIVE SOMEONE A BREAK.

COMMUNITIES ARE BEING ENCOURAGED TO SUPPORT PETS IN THEIR AREA BY DEMONSTRATING THAT THERE IS NO GESTURE TOO SMALL OR TOO BIG - WHETHER IT'S DONATING A BAG OF KIBBLE, SHARING A

POST OF A LOST PET OR WELCOMING A FOSTER PET INTO YOUR HOME. CHECK WITH YOUR ANIMAL SHELTER AND SEE HOW YOUR HELP IS NEEDED TO SUPPORT PETS.

THERE IS A MENTAL HEALTH CRISIS AMOUNT OUR COUNTRY'S YOUTH. YOUNG ADOLESCENTS (10-14) EXPERIENCING INCREASED RATES OF MENTAL HEALTH CHALLENGES AND YOUTH OF COLOR, IN PARTICULAR, FACE THE ADDITIONAL TRAUMA OF SYSTEMIC RACISM AND GREATER CHALLENGES IN ACCESSING THE SUPPORT THEY NEED. CALL YOUR MENTAL HEALTH CLINIC AND SEE HOW YOU CAN BE OF HELP.

SUMMER IS SYNONYMOUS WITH SPENDING TIME OUTDOORS AND SOAKING IN THE SUNSHINE WITH FAMILY AND FRIENDS. THERE ARE ALSO PESTS IN ABUNDANCE AND ALL AROUND US. TICKS, MOSQUITOES, ANTS, BED BUGS, STINGING INSECTS, RATS AND MICE, AND COCKROACHES ARE JUST A FEW OF THE PESTS THAT CAN PUT A DAMPER ON THE SEASON WITH BITES, STINGS AND PROPERTY DAMAGE. ALL OF THESE THREATS UNDERSCORE THE NEED FOR PUBLIC AWARENESS AND EDUCATION TO SAFEGUARD OUR HEALTH AND PROTECT AGAINST PESTS. WTUK FM, WFSR AND WHLN AM WANTS EVERYONE TO BE AWARE OF THE DANGERS AND SAFEGUARD YOURSELF AND FAMILY.

THE PAST FEW YEARS HAVE TAKEN A TOLL, LEAVING MANY OF US WITH STRESS AND ANXIETY. MENTAL HEALTH HAS NEVER BEEN MORE IMPORTANT. THAT'S WHY THE RECREATIONAL BOATING AND FISHING FOUNDATION TAKE ME FISHING CAMPAIGN IS ENCOURAGING AMERICANS TO LEAVE STRESS IN THEIR WAKE AND EXPERIENCE THE RESTORATIVE POWER OF BOATING AND FISHING. ENJOY BOATING ON THE WATER, JUST WEAR LIFE JACKETS AND USE PROTECTION AGAINST HARM.

SKCTC IS OFFERING EMT TRAINING FOR THOSE LOOKING FOR A CHANGE IN THEIR CAREER. ERICA FARMER MILLER OF THE SOUTHEAST KENTUCKY COMMUNIST AND TECHNICAL COLLEGE TOOK THE TIME TO SHARE INFORMATION ON THE PROGRAM. EMT CLASSES ARE NOW BEING OFFERED ON THE MIDDLESBORO CAMPUS AND THE HARLAN CAMPUS. TO GET THE WORK READY SCHOLARSHIP, GO TO https://studentaid.gov/ AND APPLY YOURSELF OF GO TO ONE OF THE CAMPUSES AND SOMEBODY WILL HELP YOU APPLY.TO BE CERTIFIED AS AN EMT, STUDENTS MUST BE 18 YEARS OR OLDER AND HAVE A HIGH SCHOOL DIPLOMA OR GED. IF YOU DO NOT HAVE A HIGH SCHOOL DIPLOMA OR GED, YOU CAN ENROLL IN THE PROGRAM AND START THE CLASS AT THE SAME TIME GET YOUR GED. FOR MORE INFORMATION, CALL MILLER AT 606-273-8099 OR 606-248-2180.

LABOR DAY HOLIDAY IS COMING UP SOON. THIS IS THE LAST BIG HOLIDAY FOR THE SUMMER, THEREFORE, IT IS TIME TO PLAN YOUR EVENTS TO CELEBRATE. BE SURE TO INCLUDE CAUTION WITH BOATING, SWIMMING AND ALL ACTIVITIES. PLAN A SAFE AND ENJOYABLE HOLIDAY.

EVERY STUDENT DESERVES A GREAT EDUCATION. TODAY, MORE THAN EVER, WE NEED GREAT TEACHERS TO HELP REINVENT OUR EDUCATION SYSTEM AND INSPIRE STUDENTS, WHO WILL LEAD US TO A BETTER FUTURE. HOWEVER, AFTER YEARS OF DECLINING INTEREST IN THE

TEACHING PROFESSION, THE NATION IS FACING ITS WORSET-EVER SHORTAGE OF TEACHERS, WHICH HAS BEEN COMPOUNDED BY THE PANDEMIC AND ACCOMPANYING FISCAL CRISIS. THIS YEAR, ALL 50 STATES REPORTED THAT THEY ARE FACING A TEACHER SHORTAGE. TO ADDRESS THE CRITICAL NEED FOR TEACHERS ACROSS THE COUNTRY, THE US DEPARTMENT OF EDUCATION LAUNCHED "TEACH" TO PARTNER WITH THE K-12 PUBLIC SCHOOL SYSTEM. THE INVITATION TO LEARN MORE ABOUT TEACHING AT Tech.org, A ONE-STOP-SHOP ONLINE PORTAL, WHERE AUDIENCES CAN EXPLORE WHETHER TEACHING IS A GOOD FIT FOR THEM, ACCESS ONE-ON-ONE ADVISING, COMPARE TEACHER TRAINING PROGRAMS, FIND FINANCIAL AND OPPORTUNITIES, AND TAKE ADVANTAGE OF OTHER VALUABLE RESOURCES TO HELP THEM. THE FUTURE DEPENDS OF TEACHERS.

THE HARLAN COUNTY FISCAL COURT VOTED TO LEAVE HARLAN COUNTY'S TAX RATES FOR TANGIBLE AND REAL PROPERTY UNCHANGED FOR THE NEXT FISCAL YEAR. THE COURT ALSO HEARD REQUEST FOR MONEY NEEDED TO UPGRADE THE SHRINER'S PARK FACILITIES AT PUTNEY. JUDGE EXECUTIVE DAN MOSLEY STATED THE COURT WOULD RESEARCH THE SITUATION FURTHER TO DETERMINE WHAT ACTION MAY BE TAKEN.

SATURDAY, AUGUST 27TH THE FIRST ANNUAL CHRIS B. (TANK) THOMPSON MEMORIAL SCHOLARSHIP RIDE WILL BE HELD AT THE VFW POST 11139 ON 28TH STREET IN MIDDLESBORO, KENTUCKY, BEGINNING AT 11 AM AND ENDING AT THE VFW POST 1178 IN HARLAN, KENTUCKY. MEALS WILL BE SERVED RIGHT OFF THE GRILL WITH ALL PROCEEDS GOING DIRECTLY INTO THE CHRIS B. THOMPSON MEMORIAL SCHOLARSHIP FUND. THE RIDE IS SPONSORED BY MIDDLESBORO VFW POST 11139 AND HARLAN VFW POST 1178. FOR MORE INFORMATION, CALL THE HARLAN VFW AT 606-573-9115.

FOOD CITY ANNOUNCED THAT THE COMPANY IS HOSTING A FUNDRAISING CAMPAIGN TO BENEFIT THE 2022 MEDAL OF HONOR CONVENTION. THE CAMPAIGN WILL BEGIN AUGUST 31 AND CONTINUE THROUGH SEPTEMBER 9 IN ALL FOOD CITY LOCATIONS. SHOPPERS CAN MAKE A \$1, \$3, OR \$5 MONETARY DONATION AT THE CHECKOUT. 100% OF THE FUNDS COLLECTED WILL BENEFIT THE 2022 MEDAL OF HONOR CELEBRATION IN KNOXVILLE, TN. FOOD CITY HAS COMMITTED TO MAKING A \$100,000 CONTRIBUTION. FOOD CITY IS PROUD TO SUPPORT OUR NATION'S VETERANS AND THEY INVITE EVERYONE TO JOIN THEM IN CELEBRATING OUR COUNTRY'S FREEDOM AND THOSE WHO PROVIDE OUR FREEDOM.

IN ADDITION TO THESE ANNOUNCEMENTS, COMMUNITY CALENDAR IS UPDATED DAILY AND ANNOUNCED THREE TIMES EACH DAY WITH ALL ANNOUNCEMENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES. ALSO OBITUARIES ARE UPDATED AND ANNOUNCED AS RECEIVED.

## SEPTEMBER

THE LAST BIG HOLIDAY BEFORE FALL IS LABOR DAY, SEPTEMBER 5. WHETHER BOATING, DRIVING, ENJOYING COOKOUTS OR OTHER ACTIVITIES DURING THE HOLIDAY..BE SAFE..DON'T DRINK AND DRIVE OR WHILE BOATING. ENJOY FAMILY AND FRIENDS IN A SAFE WAY.

EVARTS HIGH SCHOOL REUNION WILL BE SATURDAY, SEPTEMBER 3. THERE WILL BE AWARDS HONORING PAST ALUMNI, SCHOLARSHIPS AND UPDATE ON THE PROGRESS OF THE SCHOOL AND STATUS OF THE ORGANIZATION. INDIVIDUAL CLASS REUNIONS WILL BEING AT 1:00 PM, FOLLOWED BY LUNCH, A SILENT AUCTION AND DANCE/SOCIAL GATHERING WILL BEGIN AT 8:00 PM. REGISTRATION FEES, ETC. GO DIRECTLY TOWARD SCHOLARSHIPS FOR CLOVERFORK STUDENTS.

EVARTS COUNCIL APPROVED FIRST READING OF WATER ORDINANCE CONCERNING DISCONNECT OF WATER SERVICE DUE TO LACK OF PAYMENT. THE COUNCIL DECIDED IF APPROVED, THE ORDINANCE SHOULD GO INTO EFFECT ON OCTOBER 1.

THE HARLAN COUNTY SCHOOL BOARD DISTRICT'S TAX RATES WERE DISCUSSED DURING THE PANEL'S MEETING, LEAVING THE DISTRICT'S RATES UNCHANGED FOR BOTH MOTOR VEHICLE AND PROPERTY TAXES.

THE CITY OF EVARTS WILL BE THE LOCATION FOR A LABOR DAY WEEKEND CELEBRATION, WITH EVARTS TOURISM'S ROCK AND BLOCK EVENT SET FOR SATURDAY, SEPTEMBER 3. EVARTS CITY CLERK KRISTI LAMB, SAID THE LABOR DAY BLOCK PARTY WILL START AT 11 AM

THERE WILL BE FOOD VENDORS AND CRAFT VENDORS; GAMES FOR THE CHILDREN TO PLAY WITH PRIZES AND THE EVARTS FIRE DEPARTMENT WILL BE SELLING TICKETS FOR A CHANCE OF WINNING AT 65-INCH TELEVISION. LAMB SAID "WE WANT THE WHOLE COMMUNITY INVOLVED." PEOPLE VISITING FROM OUT OF SATE TO RIDE ATVS ALONG WITH EVERYONE IS WELCOME TO COME OUT AND ENJOY THE FUN.

COVID-19 RISK IN KENTUCKY REMAINS ABOUT THE SAME. THE NEW-CASE RATE IS SECOND HIGHEST AMONG THE STATES. GOVERNOR BESHEAR ENCOURAGES KENTUCKIANS WHO TEST POSITIVE FOR THE CORNOAVIRUS TO SEEK MEDICAL CARE AND TREATMENT, WHICH IS BETTER NOW THAN THEY HAVE EVER BEEN. IF YOU ARE SICK, BESHEAR SAID, STAY HOME..TAKE CARE AND PROTEST OTHERS.

THE SOUTHERN BROTHERS MOTORCYCLE CLUB IS BRING THEIR 5TH ANNUAL CAR AND BIKE SHOW AND SWAP MEET BACK FOR ANOTHER INSTALLMENT HIS MONTH, WITH THE EVENT SET TO TAKE PLACE IN THE PARKING LOT AT THE FAMILY DOLLAR AND HARDEE'S IN HARLAN ON SEPTEMBER 24-25. THE CAR AND BIKE SHOW IS SCHEDULED FOR SEPTEMBER 24, WITH THE SWAP MEET TAKING PLACE ON SEPTEMBER 25 AT THE SAME LOCATION. THE EVENT WILL START AT NOON AND RUN UNTIL 5 PM. THE ENTRY FEE IS \$10 PER VEHICLE. STALLARD SAID A PORTION OF THE PROCEEDS WILL GO TO SUPPORT THE CAWOOD LEDFORD BOYS AND GIRLS, AS HAS BEEN THE CASE FOR THE LAST THREE YEARS OF THE SHOW.

THERE WILL BE A BRUSH HARBOR MEETING ON OCTOBER 2, 3, 4 AND 5 AT VICTORY BAPTIST CHURCH, UNDER THE SHELTER, AT 6:30 PM IN EVARTS. EVERYONE IS INVITED TO ATTEND.

THE FOOD CITY PHARMACY LOCATIONS WILL ONCE AGAIN BE PROVIDING THE FLU VACCINE THIS IMMUNIZATION SEASON. VACCINATIONS ARE

AVAILABLE ON A WALK-UP BASIS AT FOOD CITY IMMUNIZING PHARMACIES AND WILL CONTINUE THROUGH FLU SEASON, BASED UPON VACCINE AVAILABILITY.

WORLD WAR II PRISONER OF WAR NOBLE BAZEL COLLINS WILL BE HONORED DURING A BRIDGE DEDICATION IN HARLAN COUNTY. THE PUBLIC MEMORIAL CEREMONY WILL BE HELD SATURDAY, SEPTEMBER 17, AT 12 NOON. THE SSGT NOBLE B. COLLINS BRIDGE LOCATION IS US 421 AT 14.2 MILE MARKER IN THE CITY LIMITS OF HARLAN.

NOW, MORE THAN 115,000 CHILDREN ARE WAITING TO BE ADOPTED FROM FOSTER CARE IN THE UNITED STATES. THEY NEED A PERMANENT, LOVING HOME BEFORE THE CLOCK RUNS OUT ON THEIR CHILDHOOD. CONTACT YOUR LOCAL FOSTER CARE CENTER FOR INFORMATION ON BECOMING A FOSTER PARENT.

THE HARLAN COUNTY FISCAL COURT WILL MEET IN THEIR REGULAR SESSION, TUESDAY, SEPTEMBER 20, 2022, AT 10:00 AM. THE MEETING WILL BE HELD IN THE OLD CIRCUIT COURTROOM OF THE HARLAN COUNTY COURTHOUSE.

THE HARLAN COUNTY SHRINER'S AND HARLAN COUNTY CHRISTIAN SCHOOL WILL HAVE THEIR 1ST ANNUAL CHALLENGE AND FUN EVENT ON OCTOBER 1ST, STARTING AT 2:00 PM AT THE HARLAN COUNTY SHRINE GROUNDS IN PUTNEY, KENTUCKY. ANYONE WITH SPECIAL NEEDS, BETWEEN THE AGES OF 6-99 CAN PARTICIPATE, BUT MUST HAVE ONE FAMILY MEMBER PRESENT THE ENTIRE EVENT. THERE IS NO FEE AND AWARDS, FOR EACH EVENT, WILL BE PRESENTED TO 1ST, 2ND AND 3RD PLACE WINNERS. ALL PARTICIPANTS WILL RECEIVE A FREE T-SHIRT AND PARTICIPATION AWARD PAID FOR BY SPONSORS OF THE EVENT. YOU CAN REGISTER BY GOING TO HARLAN COUNTY CHRISTIAN SCHOOL FACEBOOK PAGE AND SEND A MESSAGE WITH THE FOLLOWING INFORMATION: PARTICIPANT NAME, AGE AND CHOOSE OF EVENTS UP TO THREE EVENTS.

THE 40TH ANNUAL MARY BRECKINRIDGE FESTIVAL SK IS SEPTEMBER 14 AT 7:30 AM AT RIVERFRONT PARK IN THE CITY OF HYDEN. CHOOSE NOT TO DO THE RUN/WALK IN PERSON, YOU MAY PARTICIPATE CONTACT MOLLIE SIZEMORE FOR MORE INFORMATION. THE HOMECOMING WILL BE AT WENDOVER LIVERY WITH A 1:00 PM PERFORMANCE BY JANET SCOTT; 2:00 PM PAINTING WITH NORA. COOKIES AND DRINKS WILL BE SERVED. SEPTEMBER 27 AT 6:00 PM WILL BE LITERARY NIGHT AT EAGLE'S LANDING WITH RENOWNED AUTHOR MAURICE MANNING DO READINGS. THE CARNIVAL WILL BEGAN THERE WILL ALSO BE STORY TRAIL IN WEDNESDAY, SEPTEMBER 28. THE PARK AT 5:00 PM. THE FRIDAY AND SATURDAY NIGHT FANTASTIC MUSIC PLAN IS NOT COMPLETE YET, BUT WILL BE ANNOUNCED LATER. HYDEN CITIZENS BANK IS CO-SPONSORING EVENTS AND THE BETTERMENT COMMITTEE IS PROVIDING THE VENDOVER HOMECOMING VENUE. EVERYONE IS WELCOME TO ATTEND.

THE HARLAN COUNTY CLERKS OFFICE FOR RECORDING DEEDS, ETC. WILL BE CLOSED SEPTEMBER 26 AND 27, DUE TO RECONSTRUCTION OF INFORMATION.

HARLAN COUNTY EXTENSION SERVICE AND HARLAN COUNTY EMERGENCY MANAGEMENT WILL HOLD A DISASTER PREPAREDNESS AND SKYWARN WEATHER PROGRAM ON SEPTEMBER 29, 2022 AT THE HARLAN COUNTY EXTENSION DEPOT. THE PROGRAM WILL BEGIN AT 6:00 PM. THE FIRST 20 FAMILIES IN ATTENDANCE WILL RECEIVE SOME STARTER ITEMS TO BEING BUILDING THEIR PREPAREDNESS KIT. DURING THIS PROGRAM, IDEAS WILL BE PRESENTED TO GET YOUR PLAN OFF THE GROUND AND DISCUSS THE BASIC NEEDS FOR THE PREPAREDNESS KIT. IF YOU CAN ATTEND, CONTACT THE OFFICE AT 573-4464.

COMMUNITY CALENDAR IS UPDATED DAILY AND ANNOUNCED THREE TIMES EACH DAY WITH ALL ANNOUNCEMENTS OF EVENTS FOR HARLAN, BELL, LESLIE, LEE AND SURROUNDING COUNTIES. OBITUARIES ARE ALSO UPDATED AND ANNOUNCED DAILY AS RECEIVED.