

- **CRIME:** An anti- violence resource fair, showing alternatives to violence such as mediation and negotiation
 - **CULTURE:** The guest is the founder of Essence Magazine. The annual Essence Festival is coming to New Orleans, with musical acts and empowerment seminars
 - **ECONOMIC DEVELOPMENT:** A small business event which will help small business owners make contacts and network with others that can help them do business
 - **EDUCATION:** The McDonald's scholarship program. How students can apply and the qualities that make up those who win the scholarships
 - **EMPLOYEMENT:** Segment on identifying and pursuing a career path that is right for you. How to find a career and not just a job
 - **FAMILY ISSUES:** Tips for mediating disputes. Alternatives to violence that more young people should embrace
 - **FINANACES:** Tips for making a family budget and living within it. How to prioritize and learning to live without things you don't really need
 - **FINANCES:** The guest is a personal money management consultant. How anyone can save for their future with just a little effort and discipline
 - **HEALTH:** Segment on women's health. What are the main issues facing women today and simple choices that can lead to better overall health
 - **MILITARY AND VETERANS:** Money making and saving tips for veterans. Special services that are available for returning men and women from overseas
 - **RACE RELATIONS:** Discussion of the Donald Sterling situation; the owner of the NBA's Clippers caught on tape making racist statements
 - **SAFETY:** Emergency preparedness for children. Simple steps for getting children involved in the formulation of emergency plans
 - **SUBSTANCE ABUSE:** Author of "Beyond Addiction", which focuses on former addicts who have a successful story to tell. Why can some people kick the habit but others can't
 - **VOLUNTEERING:** The Link's community service event. Finding volunteer projects that fit with the individual
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